

CSA LCM Regional & Zone Championships, Sanction #: 339-017
Cal Lutheran University, Thousand Oaks, CA
Session Report

IMPORTANT NOTE ON MEET TIMELINE:

Due to the popularity and number of entrants in the 1500 (Friday night) and 800 (Sunday morning), SPMA has determined that all entrants will be allowed to swim and will be eligible for awards. Please note that the timeline for the meet is estimated, and does include all the entrants for the 1500 and 800. The timeline does not include scratches or additional heats of relays. The meet will not be held to meet the timeline.

Session: 1 Friday

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats Starts at
Finals	1 Mixed 1500 Freestyle	84	11 u 03:00 PM _____
	Swimmer Count for Warm-ups: 84	=====	=====
	Entry / Heat Totals:	84	11
	Finish Time		07:31 PM _____

Session: 2 Saturday

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats Starts at
Finals	2 Mixed 400 Freestyle	120	15 u 09:00 AM _____
Finals	3 Women 50 Butterfly	50	7 u 10:42 AM _____
Finals	4 Men 50 Butterfly	90	12 u 10:51 AM _____
Finals	5 Mixed 400 Freestyle Relay	1	1 u 11:05 AM _____
Finals	6 Women 100 Breaststroke	45	6 u 11:13 AM _____
Finals	7 Men 100 Breaststroke	47	6 u 11:27 AM _____
Finals	8 Women 200 Butterfly	11	2 u 11:40 AM _____
Finals	9 Men 200 Butterfly	25	4 u 11:49 AM _____
Finals	10 Women 100 Freestyle	84	11 u 12:04 PM _____
Finals	11 Men 100 Freestyle	116	15 u 12:26 PM _____
Finals	12 Women 100 Backstroke	35	5 u 12:53 PM _____
Finals	13 Men 100 Backstroke	51	7 u 01:06 PM _____
Finals	14 Women 200 IM	33	5 u 01:22 PM _____
Finals	15 Men 200 IM	67	9 u 01:41 PM _____
Finals	16 Women 50 Breaststroke	52	7 u 02:12 PM _____
Finals	17 Men 50 Breaststroke	68	9 u 02:23 PM _____
Finals	18 Mixed 400 Medley Relay	1	1 u 02:34 PM _____
Finals	19 Mixed 800 Freestyle Relay	1	1 u 02:42 PM _____
	Swimmer Count for Warm-ups: 297	=====	=====
	Entry / Heat Totals:	897	123
	Finish Time		02:56 PM _____

ESTIMATED TIMELINE – MEET WILL NOT BE HELD TO MEET THE TIMELINE

CSA LCM Regional & Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

Session Report

Session: 3 Sunday

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats Starts at
Finals	20 Mixed 800 Freestyle	83	11 u 09:00 AM _____
Finals	21 Women 200 Backstroke	21	3 u 11:30 AM _____
Finals	22 Men 200 Backstroke	30	4 u 11:44 AM _____
Finals	23 Women 50 Freestyle	61	8 u 12:00 PM _____
Finals	24 Men 50 Freestyle	108	14 u 12:10 PM _____
Finals	25 Mixed 400 IM	37	5 u 12:26 PM _____
Finals	26 Women 100 Butterfly	17	3 u 01:01 PM _____
Finals	27 Men 100 Butterfly	43	6 u 01:07 PM _____
Finals	28 Women 50 Backstroke	50	7 u 01:17 PM _____
Finals	29 Men 50 Backstroke	68	9 u 01:29 PM _____
Finals	30 Women 200 Freestyle	49	7 u 01:42 PM _____
Finals	31 Men 200 Freestyle	87	11 u 02:09 PM _____
Finals	32 Women 200 Breaststroke	27	4 u 02:44 PM _____
Finals	33 Men 200 Breaststroke	30	4 u 03:00 PM _____
Finals	34 Mixed 200 Medley Relay	1	1 u 03:16 PM _____
Finals	35 Mixed 200 Freestyle Relay	1	1 u 03:20 PM _____
Finals	36 Mixed 200 Medley Relay	1	1 u 03:23 PM _____
Finals	37 Mixed 200 Freestyle Relay	1	1 u 03:27 PM _____
	Swimmer Count for Warm-ups: 268	=====	=====
	Entry / Heat Totals:	715	100
	Finish Time		03:31 PM _____

ESTIMATED TIMELINE – MEET WILL NOT BE HELD TO MEET THE TIMELINE