

Semana Nautica Sports Festival

Santa Barbara 6-mile Swim

Sunday, July 12th, 2009

Sanction number: 339-025

Distance: 6 miles

Location: Goleta Beach to Arroyo Burro Beach, Santa Barbara. Start on the west side of Goleta pier. There is no charge for parking at either beach, carpooling from finishing beach will be arranged the morning of the swim. Water temperature varies from 58-65°F in June and July. This swim is for experienced swimmers *only!* Participants must bring board/kayak and paddler to accompany them in the ocean swim. No wetsuits.

Check-in: Registration begins at 7:30 a.m. The swim starts at 9:00 a.m.

Entries: Pre-registration is \$40.00 and entries must be received by Friday, July 3rd. No beach entries. T-shirts are \$15.00.

To enter, print and complete the entry form at www.semananautica.com or send a copy of your 2009 USMS card, an SPMA consolidated card, and your T-shirt size with your check payable to: Jane Cairns, 5094 Cathedral Oaks Rd, Santa Barbara, CA 93111. Include a list of recent ocean swims completed.

Additional Information: Jane Cairns, (805) 886-8123, janeswims@juno.com