

UCLA Bruin Masters

SCY Swim Meet

Sunday, April 18th, 2010

Sanction number: 330-007

Facility: UCLA's new Spieker Aquatics Center is a state-of-the-art, outdoor, all-deep water, 8-lane competition pool. Eight additional lanes available for warm-up.

Directions & Parking: Take the 405 Freeway to Sunset Blvd. Take Sunset east approximately 3/4 mile to Bellagio Road (just after the light at Veteran Blvd. and across from the Bel Air gate). Turn right into campus. Go to stop sign and turn left, pool will be on your right. Continue on down the hill for 1/4 block to SV Parking Lot. Pay the parking attendant (\$10.00). There is no parking in the pool lot, it is for UCLA permits only. NOTE: Parking enforcement *does* ticket on weekends!

Entries: The pre-entry postmark deadline is Saturday, April 10th. On deck registration is permitted. Online entries are available, check www.spma.net for the link. Deck entries for the 1000 yd. Freestyle will close at 8:30 a.m. and at 10:30 a.m. for all other events. Age on April 18th determines age group for the meet. Swimmers are limited to *four* events plus relays. There will be a limit of 8 heats for the 1000 yd. Freestyle.

Seeding: All events will be deck seeded slowest to fastest by entered time, ages and sexes combined. Swimmers in the 1000 yd. Freestyle *must* check in to be seeded.

Relays: No Charge - Fun Event! 4 x 50 "T-shirt" relay. Each team member must swim with a T-shirt on. The shirt is exchanged from one swimmer to the next. Bring a T-shirt to use. This is quite a comical event and loads of fun. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: SPMA ribbons for places 1 to 3. Relay: SPMA ribbons for first place.

Snack Bar: Food and swimming equipment vendors will be available close to the pool.

Entry Fees: \$25.00 per swimmer flat fee. Deck entries allowed for a total of \$35.00.

Checks payable to: UC Regents

Mail consolidated entry card, a copy of your 2010 USMS card, and check to: Bruin Masters Meet, P.O. Box 204, Lake Forest, CA 92609.

Questions: Christie Ciraulo, swimcap@roadrunner.com; Steve Najera, snajera@recreation.ucla.edu, (310) 206-1787. Robert Mitchell, mitchellrobert@cox.net, (949) 689-7946.

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1000 warm-up at 8:00 a.m.

1000 starts at 9:00 a.m.

1 . 1000 yd. Freestyle

Additional warm-up after the 1000

Event #2 starts at 11:00 a.m.

2. 200 yd. Butterfly

3. 200 yd. Individual Medley

4. 50 yd. Backstroke

5. 200 yd. Freestyle Relay (Men, Women, Mixed; deck enter)

6. 100 yd. Breaststroke

7. 200 yd. Freestyle

8. 50 yd. Butterfly

9. 100 yd. Individual Medley

10. 200 yd. Backstroke

11. 50 yd. Breaststroke

12. 50 yd. Freestyle

13. 100 yd. Butterfly

14. 200 yd. Medley Relay (Men, Women, Mixed; deck enter)

15. 400 yd. Individual Medley

16. 100 yd. Backstroke

17. 200 yd. Breaststroke

18. 100 yd. Freestyle

19. 4 x 50 yd. T-shirt Relay (deck enter)