



2011 Southern Pacific Masters Swimming Long Course Championship Meet Marguerite Aquatic Complex, Mission Viejo



Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 331-015

Dates of Meet: August 12-14, 2011
Entries Due: Friday, July 29, 2011

Warm-up: 12:00pm on Friday, 7:30am on Sat/Sun
Meet Start Time: 1:00pm on Friday, 9:00am on Sat/Sun

- POOL:** Lower Marguerite Aquatic Complex, 27474 Casta Del Sol, Mission Viejo, CA 92692. Take I-5 to the La Paz exit. Turn east on La Paz, left on Marguerite, and right on Casta Del Sol. Turn right at the first driveway. The swim parking lot is behind the tennis courts on the right with the exit being at the upper lot. Do not park in the tennis lot on Marguerite.
- COURSE:** The **MARGUERITE AQUATIC COMPLEX POOL** is an outdoor, 25 yard x 50 meter pool with 8 long course swimming lanes. Daktronics Timing system will be in place for electronic timing with touchpads at both ends of the pool. Restrooms with showers are available.
- RULES:** USMS rules will govern. Current SPMA meet procedures will be enforced and take precedence over any errors or omissions on this entry form. All events are timed final. Swimmers are limited to a total of 7 individual events, not including relays for the entire meet, no more than 5 per day. Age on December 31, 2011 determines the age group of the swimmer for the entire meet.
- WARM-UP:** USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during these times except into the designated sprint lane(s). **Warm-up rules will be announced and posted.** Warm-up in the competition pool will be available for one hour prior to the start of each session. There will be warm-up/warm-down lanes available throughout the meet in the adjacent 25 yard pool, 5 lanes.
- ELIGIBILITY:** All competitors must hold current USMS registrations or have other acceptable proof of current Masters swimming registration (i.e. FINA Masters). Competitors must be 18 years of age or over with age calculated on December 31, 2011.
- AFFILIATION:** A swimmer's club affiliation as stated on their USMS registration card will apply throughout the meet, except that a swimmer may unattach at any time.
- SEEDING:** All events (except the 1500, 800, 400 free and 400 IM), will be pre-seeded, men and women separately, slowest to fastest. **Absolutely, positively no individual deck entries or late entries will be accepted.**
- CHECK-IN EVENTS:** The 1500 and the 800 events will be limited to the first 75 entries for each event and will run slowest to fastest, ages and sexes combined. Positive check-in is required for the 1500, 800, 400, and the 400 IM. Check-in will close at 12:30pm Friday for the 1500, 7:30am Saturday for the 400 free, 8:00am Sunday for the 800 free and 9:00am Sunday for the 400 IM. Online check-in may become available. Go to SPMA.net in early August to find links to online check-in for this meet.
- RELAYS:** A swimmer may swim only once in each relay event (400 and 800 Free Relay, and 400 Medley Relay). Relay fees (\$10.00) are payable at time the relays are entered, either by cash or by check (payable to MVN). All relays must be submitted on a SPMS relay form. (Incomplete, incorrect, or illegible relay forms will be rejected.) A USMS-registered swimmer may enter the meet to swim only relays **before the start of the meet** (event 1), by paying the \$10.00 relay-only entry fee, and by signing the meet entry form. Check-in deadlines for relays will be announced at the meet.
- AWARDS:** SPMS medals for individual places 1st – 3rd, SPMS ribbons for places 4th – 6th, for each age group and gender will be awarded. 1st place relay teams will receive custom medals, SPMS ribbons for 2nd and 3rd places. Male and female high point awards for each age group will be awarded. Team awards for each team finishing 1-8 will be awarded.
- SCORING:** 9-7-6-5-4-3-2-1 points for places 1-8 in each age group. Double points for relays.
- ENTRIES:**
- **Online registration is encouraged.** Online registration is available at https://www.clubassistant.com/club/meet_information.cfm?c=964&smid=3133. Online entries completed by 11:59pm on July 29, 2011 are a flat \$40 entry fee. Online entries completed July 30 through 8pm on August 5 are a flat \$50 entry fee.
 - **Paper/mailed entries** that are postmarked July 29, 2011 are a flat \$40 entry fee. Paper/mailed entries received between July 30 and 8pm on Friday, August 5 are a flat \$50 entry fee. Use the official paper meet entry form. Read all instructions and fill out the form completely.
 - **ALL ENTRIES WILL BE REJECTED IF NOT RECEIVED BY 8:00pm, Friday, August 5.**
 - All events must include an entry time. "NT" is not accepted.
- FEES:**
- **Entries by July 29, 2011 are a flat entry fee of \$40.00.** Late entries by August 5, 2011 are a flat entry fee of \$50. Relay fees are \$5.00 per relay (payable upon relay entry submission). Relay-only swimmer entry fee is \$10.00.
 - Online registration fees are paid by Visa, MasterCard or Discover and are charged by "ClubAssistant.com Event Billing."
 - Paper/mailed entry fees are payable by check to Mission Viejo Nadadores. Mail check, meet entry form with copy of USMS card to:

Mission Viejo Nadadores Masters/Mark Moore
PMB #391 25108-A Marguerite Parkway
Mission Viejo, CA 92692

- QUESTIONS:** Contact Coach Mark at 949-489-1847 or email at coachmark@mastersmvnswim.org.
SNACK BAR: A complete hot and cold snack bar will be available.

www.mastersmvnswim.org

Event Number	Event	Event Number
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Warm-up 12:00 noon Friday, August 12, 2011 Meet Starts 1:00pm

1	Mixed 1500 Freestyle	2
3	Mixed 400 Individual Medley	4
5	400 Free Relay (W, M, X)	5

Warm-up 7:30am Saturday, August 13, 2011 Meet Starts 9:00am

6	Mixed 400 Freestyle	7
8	200 Butterfly	9
10	800 Free Relay (W, M, X)	10
11	50 Freestyle	12
13	200 Breaststroke	14
15	Mixed 200 Free Relay	15
16	100 Backstroke	17
18	50 Butterfly	19
20	200 Medley Relay (W, M)	20
21	100 Breaststroke	22
23	200 Freestyle	24

Warm-up 7:30am Sunday, August 14, 2011 Meet Starts 9:00am

25	Mixed 800 Freestyle	26
27	200 Individual Medley	28
29	400 Medley Relay (W, M, X)	29
30	100 Freestyle	31
32	50 Backstroke	33
34	200 Freestyle Relay (W, M)	34
35	100 Butterfly	36
37	50 Breaststroke	38
39	Mixed 200 Medley Relay	39
40	200 Backstroke	41

HOTEL INFORMTION

Hilton Garden Inn - Lake Forest
 26328 Oso Pkwy, Mission Viejo
 (949) 859-4000
 \$99.00

Fairfield Inn by Marriott Mission Viejo
 27082 Towne Centre Dr, Foothill Ranch, CA 92610
 (949) 582-7100
 \$99.00