

Coaches Report August 18, 2011: Christine D. Maki

- SPMA is looking to host a Masters Coaches Clinic, for the Coaches within the SPMA section, on Sunday, October 2, 2011 from 9:00 AM - 3:00 PM.

The basic premise of the SPMA Coaches Clinic is to have a day, away from work and swim meets, for the SPMA coaches to get together and visit, learn from each other, and create an inclusive and diverse support network among our coaches. The outreach to our coaches is to also aid in bringing SPMA and USMS to them, in order for the SPMA coaches to be well informed and well-rounded representatives to their clubs and U. S. Masters Swimming.

I have been in touch with La Mirada about the SPMA Coaches Clinic, but I have not heard back from them. The gentleman at the La Mirada facility may be researching a request for me about how close to the actual clinic date I can give him about the quantity of people that will be in attendance, so I will give him one more week before I find another location.

I have put a request in for some help to locate another facility to Rebekah Olsen, via e-mail.

The basic components of the clinic are as follows: (Schedule times are a rough estimate until I can confirm all participants)

9:00 AM Arrival/Meet and greet for the coaches with coffee and continental breakfast items/begin clinic

9:15 AM - 11: 45 AM Begin the presentations by coaches and club development

Presenting Coaches:

1. Chad Durieux – the Masters workout
2. Nancy Reno – Running the USMS & USAT swim team
3. Kim Thornton – A New Coach's perspective
4. Michael Collins (not confirmed, as of yet) – Utilizing Social Media for Marketing and Advertising your Masters Swim Team
5. **Still looking for a 5th coach (would like to see a coach from Nevada or from San Louis Obispo County present.)**

Additional subjects, presented to the SPMA committee in 2010, include, but are not limited to, the following:

Dry Side Responsibilities:

Preparing monthly reports

Plans or helps develop budgets

Members of nominating committee of team officers

Assisting in fundraising

Maintain office hours

Attends/Organizes pertinent meeting (team, LMSC, etc.)

Oversees communication

Oversees purchase of equipment

Runs education programs

Manages financial accounts, as authorized

ETC.

Additional Presentations:

- Jacque Cole/Club Development
- Suzy Degazon/Hammer Nutrition Ambassador, Masters Swimmer and Ultra Triathlete

11:45 AM - 12:00 Break/changing time

12:00 - 1:00 Coaches swim practice

1:00 PM - 1:15 PM Break/changing time

1:15 - 2:30 Catered coaches networking lunch

2:30 - 3:00 Closing statements to the coaches/end clinic

Hammer Nutrition “goody bags”, raffles, and other items will be given to each of the attending coaches.

Until I can confirm a location I can not submit a budget. However, in the past SPMA did set aside funds to put towards this clinic. (Information provided by the former SPMA registrar in 2010.)

- Also, for the USMS/ASCA cert class, I have put a request out to Michael Collins to see if we can book a date for the ASCA certification courses on the Irvine NOVA calendar, provided Irvine NOVA is still an interested and viable host. The rest of the details need to be arranged by the facility according to the specs that Scott Bay (USMS Coaches Committee) forwarded to me. I can help answer questions or direct the facilitator to the appropriate contact in order to continue getting the ASCA/USMS courses brought to the Southern California area for our Masters courses.

PLEASE NOTE: ALL COACHES LOOKING TO PARTICIPATE IN THE ASCA/USMS COURSES MUST BE REGISTERED ASCA MEMBERS.

Please see the ASCA Regional Clinic Spec Sheet

- Please note that I have been sick for the past year and I have been trying to get the few things done for SPMA that I can. I could use all of the help I can get. If anyone would like to volunteer to aid in coordinating these two events, please let me know. Thank you for your time.