

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

Results

Women 18-24 50 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Taylor, Morgan	21	Long Beach Grunions-CA	31.79

Women 18-24 100 SC Meter Freestyle

1 Oliver, Dianna	22	Ucla Bruin Masters-CA	1:08.00
33.20	1:08.00 (34.80)		
2 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:08.71
33.40	1:08.71 (35.31)		
3 Taylor, Morgan	21	Long Beach Grunions-CA	1:10.11
32.94	1:10.11 (37.17)		

Women 18-24 200 SC Meter Freestyle

1 Cole, Jacqueline	24	Long Beach Grunions-CA	2:26.13
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	2:30.52
3 Taylor, Morgan	21	Long Beach Grunions-CA	2:32.55

Women 18-24 400 SC Meter Freestyle

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	5:12.55
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	5:29.31

Women 18-24 50 SC Meter Backstroke

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	32.99
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	35.66
3 Cole, Jacqueline	24	Long Beach Grunions-CA	37.23
4 Rosselli, Desiree	20	Ucla Bruin Masters-CA	39.14
5 Taylor, Morgan	21	Long Beach Grunions-CA	40.95

Women 18-24 100 SC Meter Backstroke

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:11.28
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	1:17.14
3 Cole, Jacqueline	24	Long Beach Grunions-CA	1:20.67

Women 18-24 200 SC Meter Backstroke

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	2:32.10
36.57	1:15.00 (38.43)	1:54.14 (39.14)	2:32.10 (37.96)
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	2:46.08
41.50	1:24.48 (42.98)	2:05.83 (41.35)	2:46.08 (40.25)
3 Rosselli, Desiree	20	Ucla Bruin Masters-CA	2:51.82
40.90	1:23.91 (43.01)	2:07.23 (43.32)	2:51.82 (44.59)

Women 18-24 50 SC Meter Breaststroke

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	41.02
2 Cole, Jacqueline	24	Long Beach Grunions-CA	41.72
3 Taylor, Morgan	21	Long Beach Grunions-CA	42.73

Women 18-24 100 SC Meter Breaststroke

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:28.29
2 Cole, Jacqueline	24	Long Beach Grunions-CA	1:33.57

Women 18-24 200 SC Meter Breaststroke

1 Rosselli, Desiree	20	Ucla Bruin Masters-CA	3:19.59
46.48	1:37.09 (50.61)	2:27.67 (50.58)	3:19.59 (51.92)

Women 18-24 50 SC Meter Butterfly

1 Hovsepian, Leslie	22	Mission Viejo Nadadores-CA	32.38
2 Taylor, Morgan	21	Long Beach Grunions-CA	33.88

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Women 18-24 100 SC Meter Butterfly

1 Taylor, Morgan	21 Long Beach Grunions-CA	1:21.62
37.98	1:21.62 (43.64)	
--- Cole, Jacqueline	24 Long Beach Grunions-CA	DQ
35.55	DQ (42.05)	

Women 18-24 200 SC Meter Butterfly

1 Oliver, Dianna	22 UCLA Bruin Masters-CA	3:16.23
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Women 18-24 100 SC Meter IM

1 Hovsepian, Leslie	22 Mission Viejo Nadadores-CA	1:11.75
2 Rogers, Xan	21 Santa Clarita Masters Club-CA	1:15.50
3 Cole, Jacqueline	24 Long Beach Grunions-CA	1:17.76
4 Taylor, Morgan	21 Long Beach Grunions-CA	1:21.79

Women 18-24 200 SC Meter IM

1 Cole, Jacqueline	24 Long Beach Grunions-CA	2:46.98
36.60	1:20.81 (44.21) 2:10.54 (49.73)	2:46.98 (36.44)
2 Rosselli, Desiree	20 UCLA Bruin Masters-CA	2:56.99
38.79	1:23.33 (44.54) 2:17.29 (53.96)	2:56.99 (39.70)

Women 25-29 50 SC Meter Freestyle

1 Ballard, Gretchen	26 South Coast Aquatics-CA	31.32
2 Clarke, Cindy	29 Heartland Swim Association-CA	32.64
3 Gajoli, Christine	25 Heartland Swim Association-CA	36.54
4 Marthell, Yvette	28 Long Beach Grunions-CA	45.73

Women 25-29 100 SC Meter Freestyle

1 Ballard, Gretchen	26 South Coast Aquatics-CA	1:08.05
32.56	1:08.05 (35.49)	
2 Marthell, Yvette	28 Long Beach Grunions-CA	1:41.47
50.77	1:41.47 (50.70)	

Women 25-29 200 SC Meter Freestyle

1 Thompson, Hilliary	29 San Diego Swim Masters-SI	2:25.02
2 Ballard, Gretchen	26 South Coast Aquatics-CA	2:28.56
3 Clarke, Cindy	29 Heartland Swim Association-CA	2:34.02

Women 25-29 400 SC Meter Freestyle

1 Ballard, Gretchen	26 South Coast Aquatics-CA	5:18.53
2 Gajoli, Christine	25 Heartland Swim Association-CA	5:40.51
3 Thomas, Kelly	29 UCLA Bruin Masters-CA	6:16.27

Women 25-29 50 SC Meter Backstroke

1 Schuldt, Jana	27 Long Beach Grunions-CA	1:07.58
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Women 25-29 100 SC Meter Backstroke

1 Thompson, Hilliary	29 San Diego Swim Masters-SI	1:09.48
2 Gajoli, Christine	25 Heartland Swim Association-CA	1:29.40
3 Thomas, Kelly	29 UCLA Bruin Masters-CA	1:32.78

Women 25-29 50 SC Meter Breaststroke

1 Gajoli, Christine	25 Heartland Swim Association-CA	47.03
2 Marthell, Yvette	28 Long Beach Grunions-CA	59.07
3 Schuldt, Jana	27 Long Beach Grunions-CA	59.14

Women 25-29 100 SC Meter Breaststroke

1 Clarke, Cindy	29 Heartland Swim Association-CA	1:28.14
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 25-29 100 SC Meter Breaststroke)**

2	Gajoli, Christine	25	Heartland Swim Association-CA	1:39.24
3	Marthell, Yvette	28	Long Beach Grunions-CA	2:12.80
---	Schuldt, Jana	27	Long Beach Grunions-CA	DQ

Women 25-29 200 SC Meter Breaststroke

1	Gajoli, Christine	25	Heartland Swim Association-CA	3:25.39
	47.61	1:39.54 (51.93)	2:32.06 (52.52)	3:25.39 (53.33)
2	Marthell, Yvette	28	Long Beach Grunions-CA	4:37.87
	1:05.36	2:15.49 (1:10.13)	3:27.34 (1:11.85)	4:37.87 (1:10.53)
3	Schuldt, Jana	27	Long Beach Grunions-CA	4:39.18
	1:03.76	2:15.48 (1:11.72)	3:26.51 (1:11.03)	4:39.18 (1:12.67)

Women 25-29 50 SC Meter Butterfly

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	29.85
2	Thompson, Hilliary	29	San Diego Swim Masters-SI	32.45

Women 25-29 200 SC Meter Butterfly

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	2:34.87
2	Thomas, Kelly	29	Ucla Bruin Masters-CA	3:45.55

Women 25-29 100 SC Meter IM

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	1:12.28
2	Thompson, Hilliary	29	San Diego Swim Masters-SI	1:13.21
3	Clarke, Cindy	29	Heartland Swim Association-CA	1:19.96
4	Gajoli, Christine	25	Heartland Swim Association-CA	1:29.15
5	Thomas, Kelly	29	Ucla Bruin Masters-CA	1:36.16
6	Marthell, Yvette	28	Long Beach Grunions-CA	2:00.16

Women 25-29 200 SC Meter IM

1	Burch, Katie	27	Santa Barbara Masters-CA	2:59.08
	40.29	1:23.69 (43.40)	2:17.10 (53.41)	2:59.08 (41.98)
2	Gajoli, Christine	25	Heartland Swim Association-CA	3:07.59
	43.57	1:32.14 (48.57)	2:24.78 (52.64)	3:07.59 (42.81)

Women 30-34 50 SC Meter Freestyle

1	Day, Nadine	34	Illinois Masters-IL	27.88
2	Martinez, Edna	33	San Diego Swim Masters-SI	32.17
3	Kijak, Lisa	33	Long Beach Grunions-CA	46.12

Women 30-34 100 SC Meter Freestyle

1	Day, Nadine	34	Illinois Masters-IL	1:00.93
	29.96	1:00.93 (30.97)		
2	Dodd, Laurie	32	Ucla Bruin Masters-CA	1:07.83
	33.37	1:07.83 (34.46)		
3	Coe, Alyssa	31	Heartland Swim Association-CA	1:14.34
	36.74	1:14.34 (37.60)		
4	Kijak, Lisa	33	Long Beach Grunions-CA	1:50.36
	56.47	1:50.36 (53.89)		

Women 30-34 200 SC Meter Freestyle

1	Day, Nadine	34	Illinois Masters-IL	2:09.69
2	Dodd, Laurie	32	Ucla Bruin Masters-CA	2:22.01
3	Martinez, Edna	33	San Diego Swim Masters-SI	2:30.47
4	Coe, Alyssa	31	Heartland Swim Association-CA	2:41.22
5	Helmen, Nicole	32	Different Strokes Swim Team-SI	2:56.55

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 30-34 200 SC Meter Freestyle)**

6 Misuraca, Molly	31 UCLA Bruin Masters-CA	3:13.37
7 Kijak, Lisa	33 Long Beach Grunions-CA	4:13.72

Women 30-34 400 SC Meter Freestyle

1 Dodd, Laurie	32 UCLA Bruin Masters-CA	4:55.78
2 Martinez, Edna	33 San Diego Swim Masters-SI	5:19.45
3 Helmen, Nicole	32 Different Strokes Swim Team-SI	5:54.93
4 Misuraca, Molly	31 UCLA Bruin Masters-CA	6:52.47
5 Kijak, Lisa	33 Long Beach Grunions-CA	8:37.45

Women 30-34 800 SC Meter Freestyle

1 Coe, Alyssa	31 Heartland Swim Association-CA	12:07.86	
41.18	1:25.94 (44.76)	2:11.61 (45.67)	2:57.80 (46.19)
3:43.43 (45.63)	4:29.84 (46.41)	5:16.07 (46.23)	6:02.02 (45.95)
6:47.97 (45.95)	7:33.87 (45.90)	8:19.63 (45.76)	9:05.48 (45.85)
9:51.03 (45.55)	10:37.81 (46.78)	11:24.67 (46.86)	12:07.86 (43.19)

Women 30-34 100 SC Meter Backstroke

1 Helmen, Nicole	32 Different Strokes Swim Team-SI	1:24.97
2 Coe, Alyssa	31 Heartland Swim Association-CA	1:29.63
3 Misuraca, Molly	31 UCLA Bruin Masters-CA	1:44.07

Women 30-34 200 SC Meter Backstroke

1 Coe, Alyssa	31 Heartland Swim Association-CA	3:15.53	
46.39	1:35.47 (49.08)	2:25.68 (50.21)	3:15.53 (49.85)

Women 30-34 50 SC Meter Breaststroke

1 Day, Nadine	34 Illinois Masters-IL	35.26
2 Kijak, Lisa	33 Long Beach Grunions-CA	1:09.69

Women 30-34 100 SC Meter Breaststroke

1 Kijak, Lisa	33 Long Beach Grunions-CA	2:29.67
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Women 30-34 50 SC Meter Butterfly

1 Day, Nadine	34 Illinois Masters-IL	29.32
2 Coe, Alyssa	31 Heartland Swim Association-CA	35.60
3 Martinez, Edna	33 San Diego Swim Masters-SI	35.74
4 Moon, Grace	33 South Coast Aquatics-CA	35.97
5 Helmen, Nicole	32 Different Strokes Swim Team-SI	37.69

Women 30-34 100 SC Meter Butterfly

1 Day, Nadine	34 Illinois Masters-IL	1:05.56
30.96	1:05.56 (34.60)	
2 Dodd, Laurie	32 UCLA Bruin Masters-CA	1:14.94
34.98	1:14.94 (39.96)	
3 Coe, Alyssa	31 Heartland Swim Association-CA	1:29.66
42.08	1:29.66 (47.58)	

Women 30-34 200 SC Meter Butterfly

1 Day, Nadine	34 Illinois Masters-IL	2:24.91
2 Dodd, Laurie	32 UCLA Bruin Masters-CA	2:45.53
3 Misuraca, Molly	31 UCLA Bruin Masters-CA	4:34.99

Women 30-34 100 SC Meter IM

1 Day, Nadine	34 Illinois Masters-IL	1:07.55
2 Moon, Grace	33 South Coast Aquatics-CA	1:19.60

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(Women 30-34 100 SC Meter IM)

3	Dodd, Laurie	32	Ucla Bruin Masters-CA	1:19.88
4	Misuraca, Molly	31	Ucla Bruin Masters-CA	1:46.64

Women 30-34 400 SC Meter IM

1	Coe, Alyssa	31	Heartland Swim Association-CA	6:45.37
	43.19	1:35.22 (52.03)	2:27.24 (52.02)	3:17.61 (50.37)
	4:17.04 (59.43)	5:15.94 (58.90)	6:02.59 (46.65)	6:45.37 (42.78)

Women 35-39 50 SC Meter Freestyle

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	29.73
2	Finley, Linda	39	Academy Masters Swim Team-HI	30.03
3	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	31.36
4	Cassidy, Anne	38	Unattached	31.48
5	Page, Erin	38	Heartland Swim Association-CA	38.43

Women 35-39 100 SC Meter Freestyle

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:02.37
	29.98	1:02.37 (32.39)		
2	Finley, Linda	39	Academy Masters Swim Team-HI	1:04.70
	30.91	1:04.70 (33.79)		
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:05.71
	31.96	1:05.71 (33.75)		
4	Cassidy, Anne	38	Unattached	1:07.95
	32.48	1:07.95 (35.47)		
5	Page, Erin	38	Heartland Swim Association-CA	1:28.37
	41.61	1:28.37 (46.76)		
6	Barrett, Connie	35	Mission Viejo Nadadores-CA	1:34.98
	44.25	1:34.98 (50.73)		

Women 35-39 200 SC Meter Freestyle

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	2:12.98
2	North, Nancy	36	Heartland Swim Association-CA	2:19.55
3	Finley, Linda	39	Academy Masters Swim Team-HI	2:21.68
4	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	2:26.41
5	Cassidy, Anne	38	Unattached	2:38.35
6	Page, Erin	38	Heartland Swim Association-CA	3:00.83
7	Barrett, Connie	35	Mission Viejo Nadadores-CA	3:22.59

Women 35-39 400 SC Meter Freestyle

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	4:45.36
2	North, Nancy	36	Heartland Swim Association-CA	4:50.33
3	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	5:02.43
4	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	6:31.41
5	Richter, Jennifer	36	Mission Viejo Nadadores-CA	6:33.60
6	Barrett, Connie	35	Mission Viejo Nadadores-CA	7:14.79

Women 35-39 800 SC Meter Freestyle

---	Richter, Jennifer	36	Mission Viejo Nadadores-CA	DQ
	46.69	1:38.01 (51.32)	2:30.60 (52.59)	3:22.51 (51.91)
	4:14.62 (52.11)	5:06.47 (51.85)	6:00.25 (53.78)	6:51.25 (51.00)
	7:44.82 (53.57)	8:35.86 (51.04)	9:24.40 (48.54)	10:14.87 (50.47)
	11:05.64 (50.77)	11:55.20 (49.56)	12:47.64 (52.44)	DQ (17.52)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 35-39 1500 SC Meter Freestyle**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	19:00.48
	34.76	1:12.03 (37.27)	1:49.83 (37.80)	2:27.12 (37.29)
	3:04.32 (37.20)	3:41.74 (37.42)	4:19.27 (37.53)	4:57.14 (37.87)
	5:34.62 (37.48)	6:12.18 (37.56)	6:50.01 (37.83)	7:27.90 (37.89)
	8:05.76 (37.86)	8:43.86 (38.10)	9:22.40 (38.54)	10:00.77 (38.37)
	10:39.67 (38.90)	11:18.62 (38.95)	11:57.03 (38.41)	12:35.62 (38.59)
	13:14.61 (38.99)	13:53.01 (38.40)	14:31.99 (38.98)	15:10.87 (38.88)
	15:49.64 (38.77)	16:28.25 (38.61)	17:07.10 (38.85)	17:45.31 (38.21)
	18:23.30 (37.99)	19:00.48 (37.18)		
2	Reilly, Margaret	35	Irvine Novaquatics-CA	19:31.91
	36.37	1:14.20 (37.83)	1:52.90 (38.70)	2:31.60 (38.70)
	3:10.03 (38.43)	3:48.95 (38.92)	4:28.37 (39.42)	5:07.17 (38.80)
	5:46.18 (39.01)	6:25.52 (39.34)	7:04.86 (39.34)	7:44.53 (39.67)
	8:23.64 (39.11)	9:03.30 (39.66)	9:42.54 (39.24)	10:22.19 (39.65)
	11:01.70 (39.51)	11:41.16 (39.46)	12:20.61 (39.45)	12:59.40 (38.79)
	13:39.36 (39.96)	14:18.39 (39.03)	14:58.43 (40.04)	15:38.02 (39.59)
	16:17.32 (39.30)	16:56.76 (39.44)	17:36.59 (39.83)	18:15.63 (39.04)
	18:54.78 (39.15)	19:31.91 (37.13)		
3	Finley, Linda	39	Academy Masters Swim Team-HI	20:07.40
	37.00	1:16.83 (39.83)	1:57.33 (40.50)	2:38.01 (40.68)
	3:18.44 (40.43)	3:58.57 (40.13)	4:39.05 (40.48)	5:19.95 (40.90)
	6:00.40 (40.45)	6:40.58 (40.18)	7:19.96 (39.38)	7:59.22 (39.26)
	8:38.53 (39.31)	9:17.84 (39.31)	9:57.61 (39.77)	10:37.42 (39.81)
	11:17.68 (40.26)	11:57.57 (39.89)	12:37.77 (40.20)	13:18.21 (40.44)
	13:58.66 (40.45)	14:39.40 (40.74)	15:20.14 (40.74)	16:01.18 (41.04)
	16:42.34 (41.16)	17:23.87 (41.53)	18:04.75 (40.88)	18:45.91 (41.16)
	19:27.30 (41.39)	20:07.40 (40.10)		
4	Barrett, Connie	35	Mission Viejo Nadadores-CA	27:21.35
	47.05	1:39.23 (52.18)	2:31.28 (52.05)	3:24.05 (52.77)
	4:17.95 (53.90)	5:10.97 (53.02)	6:04.81 (53.84)	6:58.43 (53.62)
	7:52.89 (54.46)	8:48.07 (55.18)	9:43.14 (55.07)	10:38.13 (54.99)
	11:33.99 (55.86)	12:29.42 (55.43)	13:24.52 (55.10)	14:19.64 (55.12)
	15:15.66 (56.02)	16:12.34 (56.68)	17:09.00 (56.66)	18:06.08 (57.08)
	19:01.64 (55.56)	19:57.45 (55.81)	20:52.65 (55.20)	21:48.42 (55.77)
	22:44.26 (55.84)	23:40.74 (56.48)	24:35.88 (55.14)	25:32.16 (56.28)
	26:28.52 (56.36)	27:21.35 (52.83)		

Women 35-39 50 SC Meter Backstroke

1	Cassidy, Anne	38	Unattached	40.80
2	Page, Erin	38	Heartland Swim Association-CA	47.28
3	Barrett, Connie	35	Mission Viejo Nadadores-CA	1:01.81

Women 35-39 100 SC Meter Backstroke

1	North, Nancy	36	Heartland Swim Association-CA	1:16.01
2	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	1:18.34
3	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	1:27.34
4	Page, Erin	38	Heartland Swim Association-CA	1:36.56
5	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	1:39.13
6	Stern, Laurie	37	Ucla Bruin Masters-CA	1:51.54
7	Barrett, Connie	35	Mission Viejo Nadadores-CA	2:11.53

Women 35-39 200 SC Meter Backstroke

1	North, Nancy	36	Heartland Swim Association-CA	2:37.41
	39.23	1:19.39 (40.16)	1:58.57 (39.18)	2:37.41 (38.84)
2	Finley, Linda	39	Academy Masters Swim Team-HI	2:43.23
	39.81	1:19.84 (40.03)	2:01.47 (41.63)	2:43.23 (41.76)

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3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:43.07
	52.75		2:48.43 ()	3:43.07 (54.64)
4	Page, Erin	38	Heartland Swim Association-CA	3:43.68
	52.14	1:51.15 (59.01)	2:48.57 (57.42)	3:43.68 (55.11)
5	Barrett, Connie	35	Mission Viejo Nadadores-CA	4:26.64
	1:01.92	2:08.31 (1:06.39)	3:17.23 (1:08.92)	4:26.64 (1:09.41)

Women 35-39 50 SC Meter Breaststroke

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	40.56
2	Cassidy, Anne	38	Unattached	41.56
3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	47.43

Women 35-39 100 SC Meter Breaststroke

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:30.12
2	Cassidy, Anne	38	Unattached	1:31.24
3	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:33.57
4	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	1:40.62

Women 35-39 200 SC Meter Breaststroke

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	3:13.14
	43.08	1:32.26 (49.18)	2:22.70 (50.44)	3:13.14 (50.44)
2	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:39.90
	51.68	1:47.93 (56.25)	2:43.98 (56.05)	3:39.90 (55.92)

Women 35-39 50 SC Meter Butterfly

1	North, Nancy	36	Heartland Swim Association-CA	32.53
2	Finley, Linda	39	Academy Masters Swim Team-HI	32.88
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	33.70
4	Reilly, Margaret	35	Irvine Novaquatics-CA	34.49
5	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	41.45
6	Page, Erin	38	Heartland Swim Association-CA	44.28
7	Richter, Jennifer	36	Mission Viejo Nadadores-CA	49.10
8	Hyatt, Beth	38	Ucla Bruin Masters-CA	1:05.76

Women 35-39 100 SC Meter Butterfly

1	North, Nancy	36	Heartland Swim Association-CA	1:11.18
	33.98	1:11.18 (37.20)		
2	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:13.38
	34.49	1:13.38 (38.89)		
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:20.58
	37.46	1:20.58 (43.12)		
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	1:42.40
	48.10	1:42.40 (54.30)		

Women 35-39 200 SC Meter Butterfly

1	North, Nancy	36	Heartland Swim Association-CA	2:38.80
2	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	2:45.55
3	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	3:22.32
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	3:38.81
5	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:55.04
6	Stern, Laurie	37	Ucla Bruin Masters-CA	4:36.42
7	Hyatt, Beth	38	Ucla Bruin Masters-CA	6:51.25

Women 35-39 100 SC Meter IM

1	Finley, Linda	39	Academy Masters Swim Team-HI	1:15.62
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 35-39 100 SC Meter IM)**

2	Reilly, Margaret	35	Irvine Novaquatics-CA	1:15.63
3	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:15.70
4	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	1:17.23
5	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:17.58
6	Cassidy, Anne	38	Unattached	1:20.28
7	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	1:27.01
8	Stern, Laurie	37	Ucla Bruin Masters-CA	1:42.92
9	Richter, Jennifer	36	Mission Viejo Nadadores-CA	1:45.57
---	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	DQ

Women 35-39 200 SC Meter IM

1	North, Nancy	36	Heartland Swim Association-CA	2:42.83
	33.92	1:15.66 (41.74)	2:07.21 (51.55)	2:42.83 (35.62)
2	Cassidy, Anne	38	Unattached	2:53.96
	41.04	1:27.11 (46.07)	2:16.27 (49.16)	2:53.96 (37.69)
3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:19.71
	46.95	1:39.24 (52.29)	2:35.12 (55.88)	3:19.71 (44.59)
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	3:35.32
	49.50	1:46.60 (57.10)	2:46.89 (1:00.29)	3:35.32 (48.43)
5	Page, Erin	38	Heartland Swim Association-CA	3:56.53
	48.98	1:49.92 (1:00.94)	3:03.26 (1:13.34)	3:56.53 (53.27)

Women 35-39 400 SC Meter IM

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	5:53.61
	36.70	1:18.89 (42.19)	2:06.23 (47.34)	2:52.97 (46.74)
	3:45.38 (52.41)	4:37.30 (51.92)	5:15.97 (38.67)	5:53.61 (37.64)
2	Richter, Jennifer	36	Mission Viejo Nadadores-CA	7:35.81
	49.99	1:49.87 (59.88)	2:49.56 (59.69)	3:49.05 (59.49)
	4:52.19 (1:03.14)	5:55.02 (1:02.83)	6:46.62 (51.60)	7:35.81 (49.19)

Women 40-44 50 SC Meter Freestyle

1	Shannon, Heather	42	Ucla Bruin Masters-CA	28.95
2	Engel, Tami	41	Mission Viejo Nadadores-CA	29.22
3	Winslow, Laura	44	Arizona Masters-AZ	30.55
4	Starks, Patty	44	Heartland Swim Association-CA	34.30
5	Roberts, Vicki	41	Long Beach Grunions-CA	36.32
6	Stanford, Kimberly	40	Long Beach Grunions-CA	52.09

Women 40-44 100 SC Meter Freestyle

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	58.86
	28.30	58.86 (30.56)		
2	Engel, Tami	41	Mission Viejo Nadadores-CA	1:05.10
	31.40	1:05.10 (33.70)		
3	Winslow, Laura	44	Arizona Masters-AZ	1:06.29
	32.21	1:06.29 (34.08)		
4	Roberts, Vicki	41	Long Beach Grunions-CA	1:19.16
	37.60	1:19.16 (41.56)		

Women 40-44 200 SC Meter Freestyle

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:05.64
2	Engel, Tami	41	Mission Viejo Nadadores-CA	2:22.83
3	Winslow, Laura	44	Arizona Masters-AZ	2:24.28

Women 40-44 400 SC Meter Freestyle

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	4:24.94
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 40-44 400 SC Meter Freestyle)**

2	Starks, Patty	44	Heartland Swim Association-CA	5:47.07
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Women 40-44 800 SC Meter Freestyle

1	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	15:57.80
	56.56	1:56.95 (1:00.39)	2:57.47 (1:00.52)	3:56.71 (59.24)
	4:59.17 (1:02.46)	5:57.81 (58.64)	6:57.85 (1:00.04)	7:58.20 (1:00.35)
	8:58.17 (59.97)	9:59.62 (1:01.45)	10:59.99 (1:00.37)	12:00.58 (1:00.59)
	13:01.34 (1:00.76)	14:01.14 (59.80)	15:01.00 (59.86)	15:57.80 (56.80)

Women 40-44 50 SC Meter Backstroke

1	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	50.63
---	Stanford, Kimberly	40	Long Beach Grunions-CA	DQ

Women 40-44 100 SC Meter Backstroke

1	Starks, Patty	44	Heartland Swim Association-CA	1:22.13
2	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	1:49.99

Women 40-44 200 SC Meter Backstroke

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:25.16
	34.85	1:11.63 (36.78)	1:48.92 (37.29)	2:25.16 (36.24)
2	Engel, Tami	41	Mission Viejo Nadadores-CA	2:49.30
	41.33	1:23.63 (42.30)	2:06.96 (43.33)	2:49.30 (42.34)
3	Starks, Patty	44	Heartland Swim Association-CA	2:53.57
	43.64	1:28.09 (44.45)	2:11.59 (43.50)	2:53.57 (41.98)
4	Winslow, Laura	44	Arizona Masters-AZ	2:54.86
	41.61	1:25.77 (44.16)	2:10.86 (45.09)	2:54.86 (44.00)
5	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	3:53.09
	54.29	1:53.74 (59.45)	2:54.54 (1:00.80)	3:53.09 (58.55)

Women 40-44 50 SC Meter Breaststroke

1	Roberts, Vicki	41	Long Beach Grunions-CA	47.66
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Women 40-44 100 SC Meter Breaststroke

1	Roberts, Vicki	41	Long Beach Grunions-CA	1:45.59
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Women 40-44 200 SC Meter Breaststroke

1	Roberts, Vicki	41	Long Beach Grunions-CA	3:51.28
	53.67	1:52.57 (58.90)	2:51.44 (58.87)	3:51.28 (59.84)

Women 40-44 50 SC Meter Butterfly

1	Shannon, Heather	42	Ucla Bruin Masters-CA	34.26
2	Roberts, Vicki	41	Long Beach Grunions-CA	37.20

Women 40-44 100 SC Meter Butterfly

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	1:05.22
	30.59	1:05.22 (34.63)		
2	Engel, Tami	41	Mission Viejo Nadadores-CA	1:12.60
	34.61	1:12.60 (37.99)		
3	Starks, Patty	44	Heartland Swim Association-CA	1:16.21
	37.99	1:16.21 (38.22)		
4	Roberts, Vicki	41	Long Beach Grunions-CA	1:41.76
	44.12	1:41.76 (57.64)		
5	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	2:08.68
	1:02.32	2:08.68 (1:06.36)		

Women 40-44 200 SC Meter Butterfly

1	Engel, Tami	41	Mission Viejo Nadadores-CA	2:50.06
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 40-44 200 SC Meter Butterfly)**

2	Shannon, Heather	42	Ucla Bruin Masters-CA	3:16.87
3	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	4:20.95

Women 40-44 100 SC Meter IM

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	1:06.91
2	Shannon, Heather	42	Ucla Bruin Masters-CA	1:16.21
3	Roberts, Vicki	41	Long Beach Grunions-CA	1:35.74

Women 40-44 200 SC Meter IM

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:26.95
	31.85	1:10.08 (38.23)	1:53.81 (43.73)	2:26.95 (33.14)
2	Starks, Patty	44	Heartland Swim Association-CA	2:54.11
	37.58	1:21.27 (43.69)	2:14.35 (53.08)	2:54.11 (39.76)
3	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	4:03.89
	1:01.97	2:00.91 (58.94)	3:12.32 (1:11.41)	4:03.89 (51.57)

Women 40-44 400 SC Meter IM

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	5:02.65
	32.11	1:08.05 (35.94)	1:46.90 (38.85)	2:25.33 (38.43)
	3:09.82 (44.49)	3:54.63 (44.81)	4:29.10 (34.47)	5:02.65 (33.55)
2	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	8:20.31
	1:03.14	2:09.02 (1:05.88)	3:08.16 (59.14)	4:09.02 (1:00.86)
	5:21.52 (1:12.50)	6:30.13 (1:08.61)	7:26.61 (56.48)	8:20.31 (53.70)

Women 45-49 50 SC Meter Freestyle

1	Granger, Traci	46	LA Peninsula Swimmers-CA	28.94
2	Sing, Karen	47	Carlsbad Swim Masters-CA	32.97
3	Heather, Julie	46	Unattached	33.63
4	Wallace, Marcy	47	Ucla Bruin Masters-CA	33.73

Women 45-49 100 SC Meter Freestyle

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:04.09
	31.26	1:04.09 (32.83)		
2	Leutner, Joy	46	Mission Viejo Nadadores-CA	1:08.79
	33.27	1:08.79 (35.52)		
3	Ball, Jennifer	45	Irvine Novaquatics-CA	1:37.88
	47.06	1:37.88 (50.82)		

Women 45-49 200 SC Meter Freestyle

1	Granger, Traci	46	LA Peninsula Swimmers-CA	2:28.08
2	Wallace, Marcy	47	Ucla Bruin Masters-CA	2:42.62
3	Heather, Julie	46	Unattached	2:50.76
4	Powers, Patricia	47	Long Beach Grunions-CA	3:01.49
5	Barish, Rory	48	Ucla Bruin Masters-CA	3:10.51

Women 45-49 400 SC Meter Freestyle

1	Powers, Patricia	47	Long Beach Grunions-CA	6:32.93
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Women 45-49 800 SC Meter Freestyle

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	10:35.91
	35.59	1:14.36 (38.77)	1:53.89 (39.53)	2:33.83 (39.94)
	3:13.48 (39.65)	3:53.33 (39.85)	4:33.79 (40.46)	5:13.96 (40.17)
	5:54.03 (40.07)	6:34.33 (40.30)	7:14.33 (40.00)	7:54.68 (40.35)
	8:35.13 (40.45)	9:15.73 (40.60)	9:56.35 (40.62)	10:35.91 (39.56)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 45-49 100 SC Meter Backstroke**

1	McCall, Jane	45	LA Peninsula Swimmers-CA	1:16.99
2	Sing, Karen	47	Carlsbad Swim Masters-CA	1:22.20

Women 45-49 200 SC Meter Backstroke

1	McCall, Jane	45	LA Peninsula Swimmers-CA	2:50.16
2	Leutner, Joy	46	Mission Viejo Nadadores-CA	2:55.78
				41.51 1:26.10 (44.59) 2:11.10 (45.00) 2:55.78 (44.68)
3	Ball, Jennifer	45	Irvine Novaquatics-CA	4:24.01
				1:04.42 2:10.50 (1:06.08) 3:18.79 (1:08.29) 4:24.01 (1:05.22)

Women 45-49 50 SC Meter Breaststroke

1	Melick, Karen	47	South Coast Aquatics-CA	37.07
2	Barish, Rory	48	Ucla Bruin Masters-CA	48.52

Women 45-49 100 SC Meter Breaststroke

1	Sing, Karen	47	Carlsbad Swim Masters-CA	1:35.48
2	Barish, Rory	48	Ucla Bruin Masters-CA	1:44.89

Women 45-49 200 SC Meter Breaststroke

1	Melick, Karen	47	South Coast Aquatics-CA	2:57.19
				40.92 1:25.84 (44.92) 2:11.67 (45.83) 2:57.19 (45.52)
2	Barish, Rory	48	Ucla Bruin Masters-CA	3:46.41
				51.89 1:48.09 (56.20) 2:47.59 (59.50) 3:46.41 (58.82)

Women 45-49 50 SC Meter Butterfly

1	Granger, Traci	46	LA Peninsula Swimmers-CA	30.74
2	McCall, Jane	45	LA Peninsula Swimmers-CA	32.16
3	Sing, Karen	47	Carlsbad Swim Masters-CA	34.69
4	Heather, Julie	46	Unattached	38.78

Women 45-49 100 SC Meter Butterfly

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:10.47
				32.87 1:10.47 (37.60)
2	McCall, Jane	45	LA Peninsula Swimmers-CA	1:12.66
				34.30 1:12.66 (38.36)
3	Leutner, Joy	46	Mission Viejo Nadadores-CA	1:19.91
				37.32 1:19.91 (42.59)

Women 45-49 200 SC Meter Butterfly

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	2:54.04
2	Heather, Julie	46	Unattached	3:27.94

Women 45-49 100 SC Meter IM

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:16.79
2	Sing, Karen	47	Carlsbad Swim Masters-CA	1:19.84
3	Barish, Rory	48	Ucla Bruin Masters-CA	1:38.60
4	Buhl, Annette	47	Ucla Bruin Masters-CA	1:41.74

Women 45-49 200 SC Meter IM

1	Granger, Traci	46	LA Peninsula Swimmers-CA	2:47.41
				33.40 1:19.40 (46.00) 2:08.43 (49.03) 2:47.41 (38.98)

Women 45-49 400 SC Meter IM

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	6:03.31
				38.72 1:23.48 (44.76) 2:09.11 (45.63) 2:57.23 (48.12)
				3:50.18 (52.95) 4:44.82 (54.64) 5:23.97 (39.15) 6:03.31 (39.34)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

Results

Women 50-54 50 SC Meter Freestyle

1	Kay, Mary-Chris	51	Unattached	34.65
2	Calder, Barbara	51	Unattached	36.20
3	Uthus, Gwen	50	Mission Viejo Nadadores-CA	36.95
4	Blake, Mary	54	Unattached	39.44
5	Jacobus, Anne	54	Long Beach Grunions-CA	43.42
6	Proffitt, Marion	51	Unattached	45.24

Women 50-54 100 SC Meter Freestyle

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	1:17.95
	37.90		1:17.95 (40.05)	
2	Blake, Mary	54	Unattached	1:22.70
	40.79		1:22.70 (41.91)	
3	Calder, Barbara	51	Unattached	1:23.02
	39.64		1:23.02 (43.38)	
4	Proffitt, Marion	51	Unattached	1:47.90
	49.11		1:47.90 (58.79)	

Women 50-54 200 SC Meter Freestyle

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:29.11
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	2:56.77
3	Blake, Mary	54	Unattached	3:04.87
4	Emerich, Patricia	51	Heartland Swim Association-CA	3:21.07
5	Harding, Nancy	52	Ucla Bruin Masters-CA	3:52.30

Women 50-54 400 SC Meter Freestyle

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	5:09.91
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	6:13.49
3	Blake, Mary	54	Unattached	6:21.53
4	Emerich, Patricia	51	Heartland Swim Association-CA	6:59.13

Women 50-54 800 SC Meter Freestyle

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	12:45.62
	41.81		1:27.44 (45.63) 2:15.31 (47.87) 3:02.54 (47.23)	
	3:51.25 (48.71)		4:40.29 (49.04) 5:29.39 (49.10) 6:18.75 (49.36)	
	7:08.02 (49.27)		7:56.76 (48.74) 8:45.47 (48.71) 9:34.41 (48.94)	
	10:22.56 (48.15)		11:10.92 (48.36) 11:59.36 (48.44) 12:45.62 (46.26)	

Women 50-54 1500 SC Meter Freestyle

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	23:35.44
	42.48		1:27.68 (45.20) 2:14.48 (46.80) 3:01.88 (47.40)	
	3:49.41 (47.53)		4:36.87 (47.46) 5:24.76 (47.89) 6:13.01 (48.25)	
	7:01.34 (48.33)		7:49.70 (48.36) 8:37.70 (48.00) 9:25.66 (47.96)	
	10:13.93 (48.27)		11:02.29 (48.36) 11:49.66 (47.37) 12:37.57 (47.91)	
	13:25.55 (47.98)		14:13.82 (48.27) 15:01.59 (47.77) 15:49.24 (47.65)	
	16:36.10 (46.86)		17:22.83 (46.73) 18:10.21 (47.38) 18:57.58 (47.37)	
	19:44.40 (46.82)		20:31.93 (47.53) 21:19.20 (47.27) 22:05.58 (46.38)	
	22:51.21 (45.63)		23:35.44 (44.23)	
2	Blake, Mary	54	Unattached	24:40.14
	48.10		1:36.88 (48.78) 2:27.16 (50.28) 3:17.73 (50.57)	
	4:08.16 (50.43)		4:58.78 (50.62) 5:49.42 (50.64) 6:39.61 (50.19)	
	7:29.79 (50.18)		8:20.05 (50.26) 9:10.55 (50.50) 10:00.83 (50.28)	
	10:51.11 (50.28)		11:41.21 (50.10) 12:31.74 (50.53) 13:21.86 (50.12)	
	14:12.25 (50.39)		15:02.30 (50.05) 15:51.82 (49.52) 16:41.27 (49.45)	
	17:29.17 (47.90)		18:17.30 (48.13) 19:06.06 (48.76) 19:54.95 (48.89)	
	20:43.42 (48.47)		21:31.95 (48.53) 22:19.99 (48.04) 23:07.96 (47.97)	
	23:54.68 (46.72)		24:40.14 (45.46)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 50-54 50 SC Meter Backstroke**

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	39.97
2	Blake, Mary	54	Unattached	47.64
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	51.23

Women 50-54 100 SC Meter Backstroke

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	1:24.45
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	1:41.14
3	Emerich, Patricia	51	Heartland Swim Association-CA	1:51.46

Women 50-54 200 SC Meter Backstroke

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:53.59
	41.79	1:25.11 (43.32)	2:53.59 (1:28.48)	
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:02.29
	44.51	1:30.86 (46.35)	2:16.74 (45.88)	3:02.29 (45.55)
3	Emerich, Patricia	51	Heartland Swim Association-CA	3:47.67
	54.22	1:52.03 (57.81)	2:50.92 (58.89)	3:47.67 (56.75)

Women 50-54 50 SC Meter Breaststroke

1	Calder, Barbara	51	Unattached	44.58
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	49.02
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	53.31
4	Jacobus, Anne	54	Long Beach Grunions-CA	55.08
5	Proffitt, Marion	51	Unattached	55.62

Women 50-54 100 SC Meter Breaststroke

1	Calder, Barbara	51	Unattached	1:43.71
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	1:48.94
3	Emerich, Patricia	51	Heartland Swim Association-CA	2:03.21
4	Proffitt, Marion	51	Unattached	2:03.89
5	Jacobus, Anne	54	Long Beach Grunions-CA	2:04.69
---	Serianni, Vicki	53	Ucla Bruin Masters-CA	DQ

Women 50-54 200 SC Meter Breaststroke

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:58.75
	55.37	1:56.20 (1:00.83)	2:57.78 (1:01.58)	3:58.75 (1:00.97)
2	Emerich, Patricia	51	Heartland Swim Association-CA	4:22.12
	1:01.21	2:07.56 (1:06.35)	3:15.44 (1:07.88)	4:22.12 (1:06.68)

Women 50-54 50 SC Meter Butterfly

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	33.10
2	Kay, Mary-Chris	51	Unattached	39.82
3	Proffitt, Marion	51	Unattached	51.39
4	Harding, Nancy	52	Ucla Bruin Masters-CA	1:04.46

Women 50-54 100 SC Meter Butterfly

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	1:16.40
	35.63	1:16.40 (40.77)		
2	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	1:41.94
	47.64	1:41.94 (54.30)		

Women 50-54 200 SC Meter Butterfly

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:55.85
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:44.85

Women 50-54 100 SC Meter IM

1	Kay, Mary-Chris	51	Unattached	1:32.40
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 50-54 200 SC Meter IM**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	3:01.83
	36.12	1:22.04 (45.92)	2:20.98 (58.94)	3:01.83 (40.85)
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:27.33
	51.80	1:41.68 (49.88)	2:41.53 (59.85)	3:27.33 (45.80)
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	3:36.62
	48.92	1:47.45 (58.53)	2:50.72 (1:03.27)	3:36.62 (45.90)

Women 55-59 50 SC Meter Freestyle

1	Brodeur, Carol	57	Heartland Swim Association-CA	41.05
2	Brassy, Sue	57	Heartland Swim Association-CA	41.91
3	Spatz, Barbara	56	Long Beach Grunions-CA	45.64

Women 55-59 100 SC Meter Freestyle

1	Menard, Joanne	56	Arizona Masters-AZ	1:15.95
	37.07	1:15.95 (38.88)		
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:28.47
	41.76	1:28.47 (46.71)		
3	Brassy, Sue	57	Heartland Swim Association-CA	1:35.78
	45.34	1:35.78 (50.44)		

Women 55-59 200 SC Meter Freestyle

1	Menard, Joanne	56	Arizona Masters-AZ	2:51.55
2	Spatz, Barbara	56	Long Beach Grunions-CA	3:38.06

Women 55-59 400 SC Meter Freestyle

1	Menard, Joanne	56	Arizona Masters-AZ	5:56.06
2	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	6:42.15
3	Spatz, Barbara	56	Long Beach Grunions-CA	7:45.02

Women 55-59 1500 SC Meter Freestyle

1	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	25:13.61
	45.66	1:34.29 (48.63)	2:25.20 (50.91)	3:16.45 (51.25)
	4:07.02 (50.57)	4:57.67 (50.65)	5:47.87 (50.20)	6:38.62 (50.75)
	7:29.23 (50.61)	8:19.79 (50.56)	9:10.73 (50.94)	10:01.81 (51.08)
	10:52.53 (50.72)	11:42.72 (50.19)	12:33.48 (50.76)	13:23.37 (49.89)
	14:14.48 (51.11)	15:05.52 (51.04)	15:56.84 (51.32)	16:47.63 (50.79)
	17:38.53 (50.90)	18:29.13 (50.60)	19:19.88 (50.75)	20:10.04 (50.16)
	21:01.20 (51.16)	21:51.98 (50.78)	22:42.52 (50.54)	23:33.90 (51.38)
	24:24.88 (50.98)	25:13.61 (48.73)		

Women 55-59 50 SC Meter Backstroke

1	Brodeur, Carol	57	Heartland Swim Association-CA	50.62
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Women 55-59 100 SC Meter Backstroke

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:36.50
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:48.69

Women 55-59 50 SC Meter Breaststroke

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	40.86
2	Brassy, Sue	57	Heartland Swim Association-CA	50.71
3	Brodeur, Carol	57	Heartland Swim Association-CA	52.49

Women 55-59 100 SC Meter Breaststroke

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:32.93
2	Brassy, Sue	57	Heartland Swim Association-CA	1:55.01
3	Brodeur, Carol	57	Heartland Swim Association-CA	1:58.59

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 55-59 200 SC Meter Breaststroke**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:22.90
	45.55	1:36.08 (50.53)	2:29.89 (53.81)	3:22.90 (53.01)
2	Brodeur, Carol	57	Heartland Swim Association-CA	4:17.78
	56.23	2:01.65 (1:05.42)	3:10.38 (1:08.73)	4:17.78 (1:07.40)

Women 55-59 50 SC Meter Butterfly

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	41.25
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Women 55-59 200 SC Meter Butterfly

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:22.26
2	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	4:49.61

Women 55-59 100 SC Meter IM

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:30.32
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:44.73
3	Brassy, Sue	57	Heartland Swim Association-CA	1:46.15
4	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	1:55.12

Women 55-59 200 SC Meter IM

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:21.49
	45.80	1:40.60 (54.80)	2:33.84 (53.24)	3:21.49 (47.65)

Women 60-64 50 SC Meter Freestyle

1	Lund, Lynne	64	San Diego Swim Masters-SI	37.01
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Women 60-64 200 SC Meter Freestyle

1	Valderhaug, Marlee	63	Heartland Swim Association-CA	3:39.85
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Women 60-64 400 SC Meter Freestyle

1	Valderhaug, Marlee	63	Heartland Swim Association-CA	7:27.97
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Women 60-64 1500 SC Meter Freestyle

1	Ramey, Marilyn	64	Heartland Swim Association-CA	28:45.85
	54.14	1:49.67 (55.53)	2:46.52 (56.85)	3:43.08 (56.56)
	4:40.54 (57.46)	5:38.08 (57.54)	6:35.78 (57.70)	7:33.18 (57.40)
	8:30.26 (57.08)	9:28.39 (58.13)	10:26.93 (58.54)	11:25.13 (58.20)
	12:22.50 (57.37)	13:19.82 (57.32)	14:17.18 (57.36)	15:14.35 (57.17)
	16:12.00 (57.65)	17:10.03 (58.03)	18:07.72 (57.69)	19:05.79 (58.07)
	20:03.66 (57.87)	21:01.47 (57.81)	21:59.71 (58.24)	22:58.07 (58.36)
	23:56.27 (58.20)	24:54.68 (58.41)	25:52.49 (57.81)	26:50.76 (58.27)
	27:49.41 (58.65)	28:45.85 (56.44)		
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	29:37.90
	50.50	1:46.40 (55.90)	2:43.89 (57.49)	3:41.17 (57.28)
	4:39.32 (58.15)	5:36.64 (57.32)	6:34.38 (57.74)	7:32.17 (57.79)
	8:30.76 (58.59)	9:29.46 (58.70)	10:28.52 (59.06)	11:27.33 (58.81)
	12:27.62 (1:00.29)	13:27.51 (59.89)	14:27.31 (59.80)	15:26.88 (59.57)
	16:26.48 (59.60)	17:26.86 (1:00.38)	18:26.63 (59.77)	19:29.44 (1:02.81)
	20:30.47 (1:01.03)	21:31.14 (1:00.67)	22:31.39 (1:00.25)	23:32.95 (1:01.56)
	24:34.63 (1:01.68)	25:37.00 (1:02.37)	26:38.53 (1:01.53)	27:37.76 (59.23)
	28:39.65 (1:01.89)	29:37.90 (58.25)		

Women 60-64 50 SC Meter Backstroke

1	Lund, Lynne	64	San Diego Swim Masters-SI	46.34
2	Ramey, Marilyn	64	Heartland Swim Association-CA	52.50
3	Valderhaug, Marlee	63	Heartland Swim Association-CA	57.76

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 60-64 100 SC Meter Backstroke**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:28.81
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	2:13.26

Women 60-64 200 SC Meter Backstroke

1	Lund, Lynne	64	San Diego Swim Masters-SI	3:26.39
	48.02	1:41.31 (53.29)	2:35.73 (54.42)	3:26.39 (50.66)
2	Ramey, Marilyn	64	Heartland Swim Association-CA	3:58.25
	56.12	3:00.17 (2:04.05)	3:58.25 (58.08)	

Women 60-64 50 SC Meter Breaststroke

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	42.54
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	54.48

Women 60-64 100 SC Meter Breaststroke

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:31.87
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	2:04.74

Women 60-64 200 SC Meter Breaststroke

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	3:21.28
	45.07	1:37.17 (52.10)	2:30.38 (53.21)	3:21.28 (50.90)
2	Ramey, Marilyn	64	Heartland Swim Association-CA	4:12.82
	58.54	2:02.90 (1:04.36)	3:08.13 (1:05.23)	4:12.82 (1:04.69)

Women 60-64 50 SC Meter Butterfly

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	39.03
2	Lund, Lynne	64	San Diego Swim Masters-SI	42.09

Women 60-64 100 SC Meter Butterfly

1	Lund, Lynne	64	San Diego Swim Masters-SI	1:34.29
	42.92	1:34.29 (51.37)		
2	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:35.78
	43.63	1:35.78 (52.15)		
3	Ramey, Marilyn	64	Heartland Swim Association-CA	1:58.87
	2:00.16	1:58.87 ()		

Women 60-64 100 SC Meter IM

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:27.62
2	Lund, Lynne	64	San Diego Swim Masters-SI	1:35.00

Women 60-64 200 SC Meter IM

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	3:12.05
	43.92	1:34.10 (50.18)	2:27.02 (52.92)	3:12.05 (45.03)
2	Lund, Lynne	64	San Diego Swim Masters-SI	3:23.24
	43.11	1:35.94 (52.83)	2:40.66 (1:04.72)	3:23.24 (42.58)
3	Ramey, Marilyn	64	Heartland Swim Association-CA	3:56.95
	54.73	1:55.53 (1:00.80)	2:59.63 (1:04.10)	3:56.95 (57.32)

Women 60-64 400 SC Meter IM

1	Ramey, Marilyn	64	Heartland Swim Association-CA	8:25.54
	1:00.26	2:06.48 (1:06.22)	3:11.92 (1:05.44)	4:14.85 (1:02.93)
	5:19.69 (1:04.84)	6:26.09 (1:06.40)	7:26.78 (1:00.69)	8:25.54 (58.76)

Women 65-69 50 SC Meter Freestyle

1	Winkler, Renate	66	Ucla Bruin Masters-CA	51.73
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Women 65-69 200 SC Meter Freestyle

1	Glenn, Sylvia	67	Santa Barbara Masters-CA	3:51.28
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 65-69 400 SC Meter Freestyle**

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	7:39.21
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Women 65-69 800 SC Meter Freestyle

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	15:20.12
49.21	1:46.73 (57.52)	2:45.55 (58.82)
3:44.66 (59.11)	4:43.68 (59.02)	5:42.90 (59.22)
6:42.25 (59.35)	7:40.60 (58.35)	8:39.37 (58.77)
9:38.19 (58.82)	10:36.60 (58.41)	11:34.38 (57.78)
12:33.59 (59.21)	13:30.93 (57.34)	14:26.97 (56.04)
15:20.12 (53.15)		

Women 65-69 1500 SC Meter Freestyle

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	29:39.06
51.70	1:51.10 (59.40)	2:49.94 (58.84)
3:49.85 (59.91)	4:50.15 (1:00.30)	5:50.20 (1:00.05)
6:48.93 (58.73)	7:49.20 (1:00.27)	8:49.08 (59.88)
9:48.91 (59.83)	10:48.13 (59.22)	11:47.60 (59.47)
12:47.71 (1:00.11)	13:47.64 (59.93)	14:48.00 (1:00.36)
15:47.64 (59.64)	16:47.01 (59.37)	17:47.27 (1:00.26)
18:47.12 (59.85)	19:46.68 (59.56)	20:46.19 (59.51)
21:45.91 (59.72)	22:45.25 (59.34)	23:44.63 (59.38)
24:43.93 (59.30)	25:43.47 (59.54)	26:42.53 (59.06)
27:41.93 (59.40)	28:42.67 (1:00.74)	29:39.06 (56.39)

Women 65-69 100 SC Meter Backstroke

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	2:05.34
--- Winkler, Renate	66 Ucla Bruin Masters-CA	DQ

Women 65-69 200 SC Meter Backstroke

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	4:18.68
1:01.56	2:09.04 (1:07.48)	3:16.11 (1:07.07)
4:18.68 (1:02.57)		

Women 65-69 50 SC Meter Breaststroke

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	52.30
2 Glenn, Sylvia	67 Santa Barbara Masters-CA	1:01.72

Women 65-69 100 SC Meter Breaststroke

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	1:58.39
2 Glenn, Sylvia	67 Santa Barbara Masters-CA	2:13.48

Women 65-69 200 SC Meter Breaststroke

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	4:26.21
59.15	2:09.05 (1:09.90)	3:19.66 (1:10.61)
4:26.21 (1:06.55)	2 Glenn, Sylvia	67 Santa Barbara Masters-CA
4:47.62	1:04.69	2:19.74 (1:15.05)
3:34.50 (1:14.76)	4:47.62 (1:13.12)	

Women 65-69 200 SC Meter Butterfly

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	4:45.77
2 Winkler, Renate	66 Ucla Bruin Masters-CA	5:53.96

Women 65-69 100 SC Meter IM

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	1:55.24
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Women 65-69 400 SC Meter IM

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	8:31.30
58.61	2:09.68 (1:11.07)	3:17.76 (1:08.08)
4:21.83 (1:04.07)	5:29.46 (1:07.63)	6:38.93 (1:09.47)
7:36.99 (58.06)	8:31.30 (54.31)	

Women 70-74 50 SC Meter Freestyle

1 Collins, Gay	74 Santa Barbara Masters-CA	45.25
2 Nielson, Patricia	72 Long Beach Grunions-CA	1:00.57

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 70-74 100 SC Meter Freestyle**

1 Collins, Gay	74 Santa Barbara Masters-CA	1:52.22
50.68	1:52.22 (1:01.54)	

Women 70-74 200 SC Meter Freestyle

1 Collins, Gay	74 Santa Barbara Masters-CA	3:58.34
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Women 70-74 400 SC Meter Freestyle

1 Collins, Gay	74 Santa Barbara Masters-CA	8:23.78
2 Nielson, Patricia	72 Long Beach Grunions-CA	10:03.97

Women 70-74 50 SC Meter Backstroke

1 Nielson, Patricia	72 Long Beach Grunions-CA	1:01.70
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Women 70-74 100 SC Meter Backstroke

1 Nielson, Patricia	72 Long Beach Grunions-CA	2:14.74
2 Collins, Gay	74 Santa Barbara Masters-CA	2:15.01

Women 70-74 200 SC Meter Backstroke

1 Nielson, Patricia	72 Long Beach Grunions-CA	4:46.40	
1:03.56	2:15.80 (1:12.24)	3:32.08 (1:16.28)	4:46.40 (1:14.32)
2 Collins, Gay	74 Santa Barbara Masters-CA	4:47.35	

Women 70-74 100 SC Meter IM

1 Collins, Gay	74 Santa Barbara Masters-CA	2:11.09
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Women 75-79 100 SC Meter Freestyle

1 Reed, Nancy	77 Heartland Swim Association-CA	2:12.07
1:00.74	2:12.07 (1:11.33)	

Women 75-79 200 SC Meter Freestyle

1 Reed, Nancy	77 Heartland Swim Association-CA	4:41.25
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Women 75-79 400 SC Meter Freestyle

1 Roper, Gail	75 Arizona Masters-AZ	6:54.68
2 Reed, Nancy	77 Heartland Swim Association-CA	9:08.40

Women 75-79 1500 SC Meter Freestyle

1 Roper, Gail	75 Arizona Masters-AZ	27:02.62	
47.98	1:41.23 (53.25)	2:36.12 (54.89)	3:31.85 (55.73)
4:27.43 (55.58)	5:20.75 (53.32)	6:15.18 (54.43)	7:09.55 (54.37)
8:03.98 (54.43)	8:57.99 (54.01)	9:52.12 (54.13)	10:46.17 (54.05)
11:40.79 (54.62)	12:34.82 (54.03)	13:29.76 (54.94)	14:25.37 (55.61)
15:18.72 (53.35)	16:12.41 (53.69)	17:07.63 (55.22)	18:02.54 (54.91)
18:57.26 (54.72)	19:52.66 (55.40)	20:47.12 (54.46)	21:41.17 (54.05)
22:36.40 (55.23)	23:30.98 (54.58)	24:25.24 (54.26)	25:19.13 (53.89)
26:12.23 (53.10)	27:02.62 (50.39)		
2 Reed, Nancy	77 Heartland Swim Association-CA	37:02.69	
	2:19.36 ()	3:32.24 (1:12.88)	4:44.64 (1:12.40)
5:59.32 (1:14.68)		8:27.27 ()	9:41.48 (1:14.21)
10:56.84 (1:15.36)		13:26.17 ()	
15:55.24 ()	17:10.30 (1:15.06)	18:25.51 (1:15.21)	19:39.17 (1:13.66)
20:55.34 (1:16.17)	22:13.20 (1:17.86)	23:27.83 (1:14.63)	24:43.36 (1:15.53)
25:56.97 (1:13.61)		28:26.92 ()	29:41.78 (1:14.86)
30:55.73 (1:13.95)		33:25.69 ()	34:39.28 (1:13.59)
37:02.69 (2:23.41)			

Women 75-79 50 SC Meter Backstroke

1 Reed, Nancy	77 Heartland Swim Association-CA	1:11.33
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 75-79 100 SC Meter Backstroke**

1	Reed, Nancy	77	Heartland Swim Association-CA	2:33.73
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Women 75-79 50 SC Meter Breaststroke

1	Reed, Nancy	77	Heartland Swim Association-CA	1:27.01
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Women 75-79 100 SC Meter Breaststroke

1	Roper, Gail	75	Arizona Masters-AZ	1:52.35
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Women 75-79 200 SC Meter Breaststroke

1	Roper, Gail	75	Arizona Masters-AZ	4:03.79
				56.08 1:58.99 (1:02.91) 3:01.92 (1:02.93) 4:03.79 (1:01.87)

Women 75-79 50 SC Meter Butterfly

1	Roper, Gail	75	Arizona Masters-AZ	49.98
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Women 75-79 200 SC Meter IM

1	Roper, Gail	75	Arizona Masters-AZ	3:44.32
				52.80 1:55.32 (1:02.52) 3:00.04 (1:04.72) 3:44.32 (44.28)

Women 80-84 50 SC Meter Freestyle

1	Altus, Grace	80	Santa Barbara Masters-CA	59.70
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Women 80-84 100 SC Meter Freestyle

1	Altus, Grace	80	Santa Barbara Masters-CA	1:58.26
				56.91 1:58.26 (1:01.35)
2	Kornfeld, Maurine	83	Coast Masters-CA	2:05.92
				1:00.25 2:05.92 (1:05.67)

Women 80-84 200 SC Meter Freestyle

1	Kornfeld, Maurine	83	Coast Masters-CA	4:22.22
2	Altus, Grace	80	Santa Barbara Masters-CA	4:33.50

Women 80-84 400 SC Meter Freestyle

1	Kornfeld, Maurine	83	Coast Masters-CA	8:54.62
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Women 80-84 100 SC Meter Backstroke

1	Kornfeld, Maurine	83	Coast Masters-CA	2:30.04
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Women 80-84 200 SC Meter Backstroke

1	Kornfeld, Maurine	83	Coast Masters-CA	5:04.01
				1:11.88 2:29.79 (1:17.91) 3:47.19 (1:17.40) 5:04.01 (1:16.82)
2	Altus, Grace	80	Santa Barbara Masters-CA	5:29.48
				1:17.10 2:41.34 (1:24.24) 4:05.01 (1:23.67) 5:29.48 (1:24.47)

Women 80-84 50 SC Meter Breaststroke

1	Kornfeld, Maurine	83	Coast Masters-CA	1:45.44
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Women 80-84 50 SC Meter Butterfly

1	Altus, Grace	80	Santa Barbara Masters-CA	1:17.56
2	Kornfeld, Maurine	83	Coast Masters-CA	1:32.67

Women 80-84 100 SC Meter IM

1	Altus, Grace	80	Santa Barbara Masters-CA	2:44.23
2	Kornfeld, Maurine	83	Coast Masters-CA	2:55.46

Women 85-89 50 SC Meter Backstroke

1	Glusac, Edith	86	Michigan Masters-MI	1:15.59
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Women 85-89 100 SC Meter Backstroke

1	Glusac, Edith	86	Michigan Masters-MI	2:39.11
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Women 85-89 200 SC Meter Backstroke

1	Glusac, Edith	86	Michigan Masters-MI	6:19.29
	1:30.67		6:19.29 (4:48.62)	

Women 85-89 50 SC Meter Breaststroke

1	Glusac, Edith	86	Michigan Masters-MI	1:22.26
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Women 85-89 50 SC Meter Butterfly

1	Glusac, Edith	86	Michigan Masters-MI	1:34.29
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Women 85-89 100 SC Meter Butterfly

1	Glusac, Edith	86	Michigan Masters-MI	3:46.74
	1:41.36		3:46.74 (2:05.38)	

Women 85-89 100 SC Meter IM

1	Glusac, Edith	86	Michigan Masters-MI	3:04.26
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Men 18-24 50 SC Meter Freestyle

1	Wood, Rusty	24	Unattached	24.96
2	Smith, Kyle	24	Ucla Bruin Masters-CA	25.83
3	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	26.13
4	Ochoa, Enrique	22	Long Beach Grunions-CA	28.52
5	Realubit, Howie	24	Long Beach Grunions-CA	29.33
6	Bartley, Ted	24	Santa Barbara Masters-CA	29.57
7	Spicer, Bryon	24	Heartland Swim Association-CA	29.64
8	Pelton, Doug	20	Phoenix Sunfish-AZ	38.55

Men 18-24 100 SC Meter Freestyle

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	57.74
	27.81		57.74 (29.93)	
2	Smith, Kyle	24	Ucla Bruin Masters-CA	57.90
	28.14		57.90 (29.76)	
3	Ochoa, Enrique	22	Long Beach Grunions-CA	1:03.02
	30.14		1:03.02 (32.88)	
4	Spicer, Bryon	24	Heartland Swim Association-CA	1:05.63
	31.72		1:05.63 (33.91)	
5	Bartley, Ted	24	Santa Barbara Masters-CA	1:05.72
	31.91		1:05.72 (33.81)	

Men 18-24 200 SC Meter Freestyle

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	2:06.13
2	Bartley, Ted	24	Santa Barbara Masters-CA	2:31.09

Men 18-24 800 SC Meter Freestyle

1	Ochoa, Enrique	22	Long Beach Grunions-CA	10:46.35	
	36.50		1:17.40 (40.90)	1:58.68 (41.28)	2:40.03 (41.35)
	3:20.78 (40.75)		4:01.08 (40.30)	4:42.67 (41.59)	5:22.86 (40.19)
	6:03.54 (40.68)		6:44.11 (40.57)	7:25.20 (41.09)	8:05.38 (40.18)
	8:47.17 (41.79)		9:27.50 (40.33)	10:08.76 (41.26)	10:46.35 (37.59)

Men 18-24 50 SC Meter Backstroke

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	30.92
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Men 18-24 100 SC Meter Backstroke

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	1:08.62
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 18-24 100 SC Meter Backstroke)**

2	Smith, Kyle	24	Ucla Bruin Masters-CA	1:11.35
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Men 18-24 200 SC Meter Backstroke

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	2:24.48
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34.66	1:11.61 (36.95)	1:49.58 (37.97)	2:24.48 (34.90)
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2	Smith, Kyle	24	Ucla Bruin Masters-CA	2:35.36
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36.91	1:15.67 (38.76)	1:55.76 (40.09)	2:35.36 (39.60)
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Men 18-24 50 SC Meter Breaststroke

1	Gamboa, George	22	South Coast Aquatics-CA	30.90
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2	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	35.09
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3	Spicer, Bryon	24	Heartland Swim Association-CA	42.30
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Men 18-24 100 SC Meter Breaststroke

1	Gamboa, George	22	South Coast Aquatics-CA	1:06.76
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2	Realubit, Howie	24	Long Beach Grunions-CA	1:22.41
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3	Spicer, Bryon	24	Heartland Swim Association-CA	1:28.70
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4	Pelton, Doug	20	Phoenix Sunfish-AZ	1:33.53
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Men 18-24 200 SC Meter Breaststroke

1	Realubit, Howie	24	Long Beach Grunions-CA	3:10.75
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45.87	1:34.78 (48.91)	2:24.28 (49.50)	3:10.75 (46.47)
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Men 18-24 50 SC Meter Butterfly

1	Wood, Rusty	24	Unattached	26.96
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2	Gamboa, George	22	South Coast Aquatics-CA	27.75
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3	Smith, Kyle	24	Ucla Bruin Masters-CA	28.21
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4	Ochoa, Enrique	22	Long Beach Grunions-CA	30.98
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5	Realubit, Howie	24	Long Beach Grunions-CA	31.41
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6	Spicer, Bryon	24	Heartland Swim Association-CA	34.43
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Men 18-24 100 SC Meter Butterfly

1	Wood, Rusty	24	Unattached	1:02.24
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28.85	1:02.24 (33.39)
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2	Smith, Kyle	24	Ucla Bruin Masters-CA	1:04.47
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31.06	1:04.47 (33.41)
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3	Ochoa, Enrique	22	Long Beach Grunions-CA	1:10.75
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32.89	1:10.75 (37.86)
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4	Realubit, Howie	24	Long Beach Grunions-CA	1:11.87
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33.34	1:11.87 (38.53)
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5	Spicer, Bryon	24	Heartland Swim Association-CA	1:21.91
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Men 18-24 200 SC Meter Butterfly

1	Smith, Kyle	24	Ucla Bruin Masters-CA	2:38.89
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Men 18-24 100 SC Meter IM

1	Gamboa, George	22	South Coast Aquatics-CA	1:01.56
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2	Wood, Rusty	24	Unattached	1:05.90
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3	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	1:07.04
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4	Realubit, Howie	24	Long Beach Grunions-CA	1:15.30
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5	Spicer, Bryon	24	Heartland Swim Association-CA	1:21.31
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---	Ochoa, Enrique	22	Long Beach Grunions-CA	DQ
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Men 18-24 200 SC Meter IM

1	Spicer, Bryon	24	Heartland Swim Association-CA	2:52.74
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38.40	1:26.10 (47.70)	2:15.63 (49.53)	2:52.74 (37.11)
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 18-24 200 SC Meter IM)**

2	Realubit, Howie	24	Long Beach Grunions-CA	2:53.65
	33.68	1:20.78 (47.10)	2:14.15 (53.37)	2:53.65 (39.50)

Men 18-24 400 SC Meter IM

1	Realubit, Howie	24	Long Beach Grunions-CA	6:36.82
	36.64	1:16.73 (40.09)	2:11.38 (54.65)	3:05.25 (53.87)
	4:04.93 (59.68)	5:01.96 (57.03)	5:50.72 (48.76)	6:36.82 (46.10)

Men 25-29 50 SC Meter Freestyle

1	Lawson, Brian	28	Uci Masters-CA	25.10
2	Elder, Richard	29	Mission Viejo Nadadores-CA	26.75
3	Capasso, Michael	28	Long Beach Grunions-CA	27.20
4	Schmidt, Matt	25	Team Masters-CA	30.18
5	Andrieux, Alain	29	Unattached	31.99

Men 25-29 100 SC Meter Freestyle

1	Lawson, Brian	28	Uci Masters-CA	55.77
	25.91	55.77 (29.86)		
2	Capasso, Michael	28	Long Beach Grunions-CA	1:00.24
	28.58	1:00.24 (31.66)		
3	Ochoa, Rolando	28	Long Beach Grunions-CA	1:00.89
	28.97	1:00.89 (31.92)		
4	Schmidt, Matt	25	Team Masters-CA	1:07.88
	32.44	1:07.88 (35.44)		
5	Andrieux, Alain	29	Unattached	1:13.89
	33.98	1:13.89 (39.91)		

Men 25-29 200 SC Meter Freestyle

1	Elder, Richard	29	Mission Viejo Nadadores-CA	2:07.76
2	Capasso, Michael	28	Long Beach Grunions-CA	2:14.55
3	Johansen, Nick	25	Unattached	2:16.55

Men 25-29 400 SC Meter Freestyle

1	Elder, Richard	29	Mission Viejo Nadadores-CA	4:32.87
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Men 25-29 800 SC Meter Freestyle

1	Elder, Richard	29	Mission Viejo Nadadores-CA	9:34.76
	33.01	1:09.58 (36.57)	1:46.67 (37.09)	2:23.51 (36.84)
	3:00.11 (36.60)	3:36.91 (36.80)	4:13.71 (36.80)	4:50.31 (36.60)
	5:26.43 (36.12)	6:02.65 (36.22)	6:38.59 (35.94)	7:14.63 (36.04)
	7:50.38 (35.75)	8:26.29 (35.91)	9:01.81 (35.52)	9:34.76 (32.95)

Men 25-29 1500 SC Meter Freestyle

1	Elder, Richard	29	Mission Viejo Nadadores-CA	18:38.57
	34.27	1:12.00 (37.73)	1:50.50 (38.50)	2:28.51 (38.01)
	3:06.92 (38.41)	3:45.26 (38.34)	4:23.44 (38.18)	5:01.49 (38.05)
	5:38.65 (37.16)	6:16.18 (37.53)	6:53.63 (37.45)	7:31.11 (37.48)
	8:08.17 (37.06)	8:45.47 (37.30)	9:23.20 (37.73)	10:00.74 (37.54)
	10:37.90 (37.16)	11:15.09 (37.19)	11:52.89 (37.80)	12:30.10 (37.21)
	13:07.17 (37.07)	13:44.17 (37.00)	14:20.75 (36.58)	14:58.21 (37.46)
	15:35.11 (36.90)	16:12.02 (36.91)	16:49.49 (37.47)	17:26.30 (36.81)
	18:03.01 (36.71)	18:38.57 (35.56)		

Men 25-29 50 SC Meter Backstroke

1	Capasso, Michael	28	Long Beach Grunions-CA	30.81
2	Schmidt, Matt	25	Team Masters-CA	38.36

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 25-29 50 SC Meter Backstroke)**

3	Andrieux, Alain	29	Unattached	44.33
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Men 25-29 100 SC Meter Backstroke

1	Capasso, Michael	28	Long Beach Grunions-CA	1:07.44
2	Umbach, Mark	27	West Hollywood Aquatics-CA	1:07.95
3	Schmidt, Matt	25	Team Masters-CA	1:23.39
4	Mantz, Michael	26	Long Beach Grunions-CA	2:07.59

Men 25-29 200 SC Meter Backstroke

1	Capasso, Michael	28	Long Beach Grunions-CA	2:29.49
	34.93	1:11.79 (36.86)	1:49.54 (37.75)	2:29.49 (39.95)
2	Umbach, Mark	27	West Hollywood Aquatics-CA	2:29.57
	35.03	1:12.16 (37.13)	1:50.81 (38.65)	2:29.57 (38.76)

Men 25-29 50 SC Meter Breaststroke

1	Ochoa, Rolando	28	Long Beach Grunions-CA	34.23
---	Andrieux, Alain	29	Unattached	DQ

Men 25-29 100 SC Meter Breaststroke

1	Ochoa, Rolando	28	Long Beach Grunions-CA	1:13.83
2	Umbach, Mark	27	West Hollywood Aquatics-CA	1:16.97

Men 25-29 50 SC Meter Butterfly

1	Ochoa, Rolando	28	Long Beach Grunions-CA	31.16
2	Schmidt, Matt	25	Team Masters-CA	35.00
3	Andrieux, Alain	29	Unattached	36.85

Men 25-29 100 SC Meter Butterfly

1	Schmidt, Matt	25	Team Masters-CA	1:18.73
	36.96	1:18.73 (41.77)		

Men 25-29 100 SC Meter IM

1	Umbach, Mark	27	West Hollywood Aquatics-CA	1:07.58
2	Capasso, Michael	28	Long Beach Grunions-CA	1:08.57
3	Ochoa, Rolando	28	Long Beach Grunions-CA	1:09.15
4	Johansen, Nick	25	Unattached	1:12.12
5	Schmidt, Matt	25	Team Masters-CA	1:18.38
6	Andrieux, Alain	29	Unattached	1:25.89

Men 25-29 200 SC Meter IM

1	Umbach, Mark	27	West Hollywood Aquatics-CA	2:30.82
	33.00	1:11.28 (38.28)	1:56.81 (45.53)	2:30.82 (34.01)
2	Capasso, Michael	28	Long Beach Grunions-CA	2:34.57
	32.60	1:10.33 (37.73)	1:58.51 (48.18)	2:34.57 (36.06)

Men 30-34 50 SC Meter Freestyle

1	Marceau, Paul	30	Unattached	25.74
2	Giacobe, Drew	30	Long Beach Grunions-CA	26.59
3	Bishop, Jon	33	Santa Barbara Masters-CA	27.41
4	Swank, Dieter	34	Carlsbad Swim Masters-CA	27.42
5	Murphy, Liam	32	Irvine Novaquatics-CA	27.59
6	Kienitz, Mike	34	Long Beach Grunions-CA	27.90
7	McKenna, Joel	34	West Hollywood Aquatics-CA	29.33
8	Wen, Patrick	32	Ucla Bruin Masters-CA	29.64
9	Dawes, Kevin	34	San Diego Swim Masters-SI	38.07

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 30-34 100 SC Meter Freestyle**

1	Scollon, Erik	33	Long Beach Grunions-CA	56.25
	27.31		56.25 (28.94)	
2	Giacobe, Drew	30	Long Beach Grunions-CA	58.52
	28.26		58.52 (30.26)	
3	Kienitz, Mike	34	Long Beach Grunions-CA	1:02.28
	30.04		1:02.28 (32.24)	
4	Wen, Patrick	32	Ucla Bruin Masters-CA	1:03.51
	30.63		1:03.51 (32.88)	
5	McKenna, Joel	34	West Hollywood Aquatics-CA	1:03.76
	32.58		1:03.76 (31.18)	
6	Saldana, Rich	34	Long Beach Grunions-CA	1:04.18
	31.35		1:04.18 (32.83)	
7	Dawes, Kevin	34	San Diego Swim Masters-SI	1:32.76
	43.85		1:32.76 (48.91)	
---	Murphy, Liam	32	Irvine Novaquatics-CA	DQ
	29.11		DQ (32.67)	

Men 30-34 200 SC Meter Freestyle

1	Zeruhn, Bernie	33	Irvine Novaquatics-CA	1:57.29
2	Sule, Zoltan	33	Santa Barbara Masters-CA	2:13.70
3	Kremers, Brian	31	Long Beach Grunions-CA	2:14.21
4	McKenna, Joel	34	West Hollywood Aquatics-CA	2:17.49
5	Murphy, Liam	32	Irvine Novaquatics-CA	2:20.15
6	Daniels, Gary	32	San Diego-Imperial Masters-SI	2:35.42
7	Dawes, Kevin	34	San Diego Swim Masters-SI	3:53.72

Men 30-34 400 SC Meter Freestyle

1	Reed, Scott	34	Santa Barbara Masters-CA	4:15.53
2	Kremers, Brian	31	Long Beach Grunions-CA	4:48.92
3	Zayac, John	30	UC Santa Barbara-CA	4:51.66
4	Murphy, Liam	32	Irvine Novaquatics-CA	5:01.31

Men 30-34 800 SC Meter Freestyle

1	Scollon, Erik	33	Long Beach Grunions-CA	9:29.39
	32.94		1:08.47 (35.53) 1:43.75 (35.28) 2:19.47 (35.72)	
	2:54.95 (35.48)		3:30.61 (35.66) 4:06.26 (35.65) 4:42.47 (36.21)	
	5:18.75 (36.28)		5:55.00 (36.25) 6:32.07 (37.07) 7:09.26 (37.19)	
	7:44.85 (35.59)		8:21.42 (36.57) 8:55.56 (34.14) 9:29.39 (33.83)	
2	Kremers, Brian	31	Long Beach Grunions-CA	10:08.23
	33.42		1:09.36 (35.94) 1:46.00 (36.64) 2:22.77 (36.77)	
	2:59.79 (37.02)		3:37.55 (37.76) 4:16.06 (38.51) 4:55.83 (39.77)	
	5:35.37 (39.54)		6:14.24 (38.87) 6:52.96 (38.72) 7:32.32 (39.36)	
	8:11.64 (39.32)		8:50.27 (38.63) 9:27.56 (37.29) 10:08.23 (40.67)	
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	10:18.16
	34.21		1:11.84 (37.63) 1:50.77 (38.93) 2:30.26 (39.49)	
	3:09.13 (38.87)		3:48.18 (39.05) 4:27.70 (39.52) 5:06.72 (39.02)	
	5:45.93 (39.21)		6:24.68 (38.75) 7:03.76 (39.08) 7:42.90 (39.14)	
	8:21.96 (39.06)		9:01.06 (39.10) 9:39.63 (38.57) 10:18.16 (38.53)	
4	Giacobe, Drew	30	Long Beach Grunions-CA	11:15.43
	38.74		1:22.50 (43.76) 2:05.81 (43.31) 2:48.51 (42.70)	
	3:30.79 (42.28)		4:12.84 (42.05) 4:55.61 (42.77) 5:37.83 (42.22)	
	6:19.46 (41.63)		7:00.95 (41.49) 7:43.24 (42.29) 8:25.29 (42.05)	
	9:07.20 (41.91)		9:50.66 (43.46) 10:34.63 (43.97) 11:15.43 (40.80)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 30-34 800 SC Meter Freestyle)**

5	Kienitz, Mike	34	Long Beach Grunions-CA	11:18.57
	39.38	1:21.33 (41.95)	2:04.74 (43.41)	2:48.13 (43.39)
	3:32.11 (43.98)	4:15.51 (43.40)	4:59.21 (43.70)	5:43.06 (43.85)
	6:26.39 (43.33)	7:09.19 (42.80)	7:52.20 (43.01)	8:35.56 (43.36)
	9:18.36 (42.80)	9:59.80 (41.44)	10:41.89 (42.09)	11:18.57 (36.68)

Men 30-34 50 SC Meter Backstroke

1	Reed, Scott	34	Santa Barbara Masters-CA	29.33
2	Scollon, Erik	33	Long Beach Grunions-CA	30.69
3	Giacobe, Drew	30	Long Beach Grunions-CA	32.41
4	Zayac, John	30	UC Santa Barbara-CA	33.56
5	Saldana, Rich	34	Long Beach Grunions-CA	33.76
6	Kolarov, Michael	32	Mission Viejo Nadadores-CA	34.76
7	Murphy, Liam	32	Irvine Novaquatics-CA	40.20
---	McKenna, Joel	34	West Hollywood Aquatics-CA	DQ

Men 30-34 100 SC Meter Backstroke

1	Reed, Scott	34	Santa Barbara Masters-CA	1:01.31
2	Scollon, Erik	33	Long Beach Grunions-CA	1:03.68
3	Kremers, Brian	31	Long Beach Grunions-CA	1:09.37
4	Saldana, Rich	34	Long Beach Grunions-CA	1:14.55
5	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:15.23
6	Larsen, Peder	34	Long Beach Grunions-CA	1:18.32

Men 30-34 200 SC Meter Backstroke

1	Reed, Scott	34	Santa Barbara Masters-CA	2:13.91
	32.50	1:06.95 (34.45)	1:40.90 (33.95)	2:13.91 (33.01)
2	Kremers, Brian	31	Long Beach Grunions-CA	2:26.23
	36.19	1:13.51 (37.32)	1:50.12 (36.61)	2:26.23 (36.11)
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	2:38.70
	38.20	1:18.59 (40.39)	1:59.55 (40.96)	2:38.70 (39.15)
4	Zayac, John	30	UC Santa Barbara-CA	2:41.68
	39.09	1:19.95 (40.86)	2:01.11 (41.16)	2:41.68 (40.57)

Men 30-34 50 SC Meter Breaststroke

1	Scollon, Erik	33	Long Beach Grunions-CA	33.85
2	Kolarov, Michael	32	Mission Viejo Nadadores-CA	35.01
3	Marceau, Paul	30	Unattached	35.11
4	Bishop, Jon	33	Santa Barbara Masters-CA	35.94

Men 30-34 100 SC Meter Breaststroke

1	Scollon, Erik	33	Long Beach Grunions-CA	1:14.76
2	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:16.29
3	Larsen, Peder	34	Long Beach Grunions-CA	1:24.88
4	Giacobe, Drew	30	Long Beach Grunions-CA	1:29.67

Men 30-34 200 SC Meter Breaststroke

1	Scollon, Erik	33	Long Beach Grunions-CA	2:40.73
	38.02	1:18.83 (40.81)	1:59.89 (41.06)	2:40.73 (40.84)
2	Kremers, Brian	31	Long Beach Grunions-CA	2:52.15
	39.63	1:24.43 (44.80)	2:06.93 (42.50)	2:52.15 (45.22)
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	2:52.55
	39.24	1:23.17 (43.93)	2:08.62 (45.45)	2:52.55 (43.93)
4	Larsen, Peder	34	Long Beach Grunions-CA	3:01.20
	41.59	1:27.82 (46.23)	2:14.65 (46.83)	3:01.20 (46.55)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 30-34 200 SC Meter Breaststroke)**

5	Wen, Patrick	32	Ucla Bruin Masters-CA	3:03.08
	42.95	1:29.51 (46.56)	2:15.74 (46.23)	3:03.08 (47.34)

Men 30-34 50 SC Meter Butterfly

1	Zeruhn, Bernie	33	Irvine Novaquatics-CA	26.21
2	Bishop, Jon	33	Santa Barbara Masters-CA	27.58
3	Swank, Dieter	34	Carlsbad Swim Masters-CA	29.01
4	Giacobe, Drew	30	Long Beach Grunions-CA	29.11
5	Larsen, Peder	34	Long Beach Grunions-CA	30.38
6	Zayac, John	30	UC Santa Barbara-CA	30.55
7	Saldana, Rich	34	Long Beach Grunions-CA	31.85
8	Kienitz, Mike	34	Long Beach Grunions-CA	32.03
9	Wen, Patrick	32	Ucla Bruin Masters-CA	32.67
---	Murphy, Liam	32	Irvine Novaquatics-CA	DQ

Men 30-34 100 SC Meter Butterfly

1	Swank, Dieter	34	Carlsbad Swim Masters-CA	1:03.53
	30.13	1:03.53 (33.40)		
2	Sule, Zoltan	33	Santa Barbara Masters-CA	1:03.94
	30.09	1:03.94 (33.85)		
3	Kremers, Brian	31	Long Beach Grunions-CA	1:06.26
	31.04	1:06.26 (35.22)		
4	Zayac, John	30	UC Santa Barbara-CA	1:07.82
	31.81	1:07.82 (36.01)		
5	Murphy, Liam	32	Irvine Novaquatics-CA	1:10.29
	32.53	1:10.29 (37.76)		
6	Wen, Patrick	32	Ucla Bruin Masters-CA	1:13.60
	34.19	1:13.60 (39.41)		
7	Kienitz, Mike	34	Long Beach Grunions-CA	1:14.86
	34.87	1:14.86 (39.99)		

Men 30-34 200 SC Meter Butterfly

1	Zayac, John	30	UC Santa Barbara-CA	2:41.31
2	Wen, Patrick	32	Ucla Bruin Masters-CA	2:57.22

Men 30-34 100 SC Meter IM

1	Reed, Scott	34	Santa Barbara Masters-CA	1:04.76
2	Swank, Dieter	34	Carlsbad Swim Masters-CA	1:06.92
3	Giacobe, Drew	30	Long Beach Grunions-CA	1:08.78
4	Bishop, Jon	33	Santa Barbara Masters-CA	1:09.10
5	Saldana, Rich	34	Long Beach Grunions-CA	1:11.62
6	Larsen, Peder	34	Long Beach Grunions-CA	1:12.50
7	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:13.23
8	Wen, Patrick	32	Ucla Bruin Masters-CA	1:13.57

Men 30-34 200 SC Meter IM

1	Kremers, Brian	31	Long Beach Grunions-CA	2:24.82
	31.36	1:08.45 (37.09)	1:50.28 (41.83)	2:24.82 (34.54)
2	Larsen, Peder	34	Long Beach Grunions-CA	2:41.82
	33.33	1:18.13 (44.80)	2:05.60 (47.47)	2:41.82 (36.22)
3	Wen, Patrick	32	Ucla Bruin Masters-CA	2:49.41
	35.43	2:10.59 (1:35.16)	2:49.41 (38.82)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 30-34 400 SC Meter IM**

1	Scollon, Erik	33	Long Beach Grunions-CA		4:53.41
	30.81	1:05.42 (34.61)	1:44.94 (39.52)	2:22.31 (37.37)	
	3:05.69 (43.38)	3:47.03 (41.34)	4:20.04 (33.01)	4:53.41 (33.37)	

Men 35-39 50 SC Meter Freestyle

1	Emeka, Amon	36	Unattached		24.87
2	Prior, Jeff	37	Carlsbad Swim Masters-CA		24.98
3	Klebahn, Perry	38	Santa Barbara Masters-CA		25.87
4	Ferguson, Dan	38	West Hollywood Aquatics-CA		27.00
5	Nielson, Erik	37	Long Beach Grunions-CA		27.01
6	Murdoch, Kurt	38	Long Beach Grunions-CA		27.13
7	Salvinski, Gregory	38	Unattached		27.75
8	Hjorth, John	37	South Coast Aquatics-CA		28.97
9	Gonzalez, Andrew	38	West Hollywood Aquatics-CA		29.31
10	Behrens, Michael	35	Ucla Bruin Masters-CA		29.61
11	Lalley, Christopher	35	Long Beach Grunions-CA		29.75
12	Erickson, Stephen	35	Ucla Bruin Masters-CA		29.82
13	Noyes, David	37	Long Beach Grunions-CA		31.16
14	Brisbin, Kenny	39	Long Beach Grunions-CA		32.60
15	Tapper, Christopher	37	Long Beach Grunions-CA		37.95

Men 35-39 100 SC Meter Freestyle

1	Prior, Jeff	37	Carlsbad Swim Masters-CA		54.15
	26.00	54.15 (28.15)			
2	Headley, Kevin	35	Santa Barbara Masters-CA		54.47
	26.32	54.47 (28.15)			
3	Emeka, Amon	36	Unattached		54.51
	26.39	54.51 (28.12)			
4	Hefner, Joel	37	Unattached		1:02.09
	28.64	1:02.09 (33.45)			
5	Noyes, David	37	Long Beach Grunions-CA		1:10.25
	34.00	1:10.25 (36.25)			
6	Brisbin, Kenny	39	Long Beach Grunions-CA		1:12.15
	34.57	1:12.15 (37.58)			
7	Dillon, Matthew	35	Long Beach Grunions-CA		1:15.81
	37.09	1:15.81 (38.72)			

Men 35-39 200 SC Meter Freestyle

1	Prior, Jeff	37	Carlsbad Swim Masters-CA		1:58.96
2	Eickhoff, Randy	39	Ucla Bruin Masters-CA		2:03.44
3	Klebahn, Perry	38	Santa Barbara Masters-CA		2:10.67
4	Millar, Simon	38	Ucla Bruin Masters-CA		2:12.48
5	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA		2:15.13
6	Behrens, Michael	35	Ucla Bruin Masters-CA		2:21.37
7	Hefner, Joel	37	Unattached		2:22.20
8	Muth, Daniel	38	Unattached		2:27.53
9	Noyes, David	37	Long Beach Grunions-CA		2:43.04
10	Dillon, Matthew	35	Long Beach Grunions-CA		2:52.75

Men 35-39 400 SC Meter Freestyle

1	Eickhoff, Randy	39	Ucla Bruin Masters-CA		4:19.82
2	Klebahn, Perry	38	Santa Barbara Masters-CA		4:40.49
3	Millar, Simon	38	Ucla Bruin Masters-CA		4:45.38
4	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA		4:58.46

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 35-39 400 SC Meter Freestyle)**

5	Salvinski, Gregory	38	Unattached	5:03.14
6	Gardner, Nick	39	Ucla Bruin Masters-CA	5:27.85
7	Lalley, Christopher	35	Long Beach Grunions-CA	5:40.14
8	Noyes, David	37	Long Beach Grunions-CA	5:57.02

Men 35-39 1500 SC Meter Freestyle

1	Shaffer, Mike	39	Ventura County Masters-CA	16:37.67
	29.17	1:01.20 (32.03)	1:34.04 (32.84)	2:07.10 (33.06)
	2:40.32 (33.22)	3:13.70 (33.38)	3:47.18 (33.48)	4:21.11 (33.93)
	4:54.92 (33.81)	5:28.78 (33.86)	6:02.45 (33.67)	6:36.09 (33.64)
	7:09.51 (33.42)	7:42.92 (33.41)	8:16.62 (33.70)	8:50.24 (33.62)
	9:24.04 (33.80)	9:57.82 (33.78)	10:31.39 (33.57)	11:04.87 (33.48)
	11:38.51 (33.64)	12:12.15 (33.64)	12:45.92 (33.77)	13:19.55 (33.63)
	13:53.27 (33.72)	14:26.72 (33.45)	15:00.21 (33.49)	15:33.42 (33.21)
	16:06.20 (32.78)	16:37.67 (31.47)		

Men 35-39 50 SC Meter Backstroke

1	Murdoch, Kurt	38	Long Beach Grunions-CA	30.06
2	Emeka, Amon	36	Unattached	30.24
3	Hefner, Joel	37	Unattached	33.69
4	Tapper, Christopher	37	Long Beach Grunions-CA	48.96
5	Iacononi, Joe	39	Long Beach Grunions-CA	50.78

Men 35-39 100 SC Meter Backstroke

1	Murdoch, Kurt	38	Long Beach Grunions-CA	1:05.80
2	Lucas, Glenn	38	South Coast Aquatics-CA	1:14.41
3	Muth, Daniel	38	Unattached	1:17.66
4	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:19.92
---	Hefner, Joel	37	Unattached	DQ

Men 35-39 200 SC Meter Backstroke

1	Murdoch, Kurt	38	Long Beach Grunions-CA	2:25.96
	35.79	1:13.15 (37.36)	1:50.58 (37.43)	2:25.96 (35.38)
2	Hefner, Joel	37	Unattached	2:42.52
	37.45	1:18.92 (41.47)	2:00.58 (41.66)	2:42.52 (41.94)

Men 35-39 50 SC Meter Breaststroke

1	Murdoch, Kurt	38	Long Beach Grunions-CA	34.35
2	Hefner, Joel	37	Unattached	36.29
3	Thomaidis, Steve	37	Long Beach Grunions-CA	36.98
4	Hjorth, John	37	South Coast Aquatics-CA	38.25
5	Lalley, Christopher	35	Long Beach Grunions-CA	40.34
6	Iacononi, Joe	39	Long Beach Grunions-CA	40.39
7	Tapper, Christopher	37	Long Beach Grunions-CA	44.95

Men 35-39 100 SC Meter Breaststroke

1	Emeka, Amon	36	Unattached	1:11.87
2	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:24.07
3	Lalley, Christopher	35	Long Beach Grunions-CA	1:32.11

Men 35-39 200 SC Meter Breaststroke

1	Lalley, Christopher	35	Long Beach Grunions-CA	3:20.87
	46.47	1:38.71 (52.24)	2:30.27 (51.56)	3:20.87 (50.60)
2	Iacononi, Joe	39	Long Beach Grunions-CA	3:29.84
	45.25	1:37.30 (52.05)	2:33.87 (56.57)	3:29.84 (55.97)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 35-39 50 SC Meter Butterfly**

1	Emeka, Amon	36	Unattached	26.22
2	Prior, Jeff	37	Carlsbad Swim Masters-CA	26.86
3	Eickhoff, Randy	39	Ucla Bruin Masters-CA	27.96
4	Ferguson, Dan	38	West Hollywood Aquatics-CA	29.25
5	Murdoch, Kurt	38	Long Beach Grunions-CA	29.75
6	Hefner, Joel	37	Unattached	31.64
7	Thomaidis, Steve	37	Long Beach Grunions-CA	31.83
8	Hjorth, John	37	South Coast Aquatics-CA	32.45
9	Erickson, Stephen	35	Ucla Bruin Masters-CA	32.48
10	Noyes, David	37	Long Beach Grunions-CA	35.10
11	Brisbin, Kenny	39	Long Beach Grunions-CA	35.60
12	Dillon, Matthew	35	Long Beach Grunions-CA	41.81
13	Tapper, Christopher	37	Long Beach Grunions-CA	43.75

Men 35-39 100 SC Meter Butterfly

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	58.40
	27.65	58.40 (30.75)		
2	Emeka, Amon	36	Unattached	58.47
	27.68	58.47 (30.79)		
3	Salvinski, Gregory	38	Unattached	1:08.56
	31.83	1:08.56 (36.73)		
4	Dillon, Matthew	35	Long Beach Grunions-CA	1:34.68
	44.67	1:34.68 (50.01)		

Men 35-39 200 SC Meter Butterfly

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	2:15.07
2	Eickhoff, Randy	39	Ucla Bruin Masters-CA	2:25.19
3	Behrens, Michael	35	Ucla Bruin Masters-CA	3:02.45
4	Gardner, Nick	39	Ucla Bruin Masters-CA	3:23.64
---	Erickson, Stephen	35	Ucla Bruin Masters-CA	DQ

Men 35-39 100 SC Meter IM

1	Emeka, Amon	36	Unattached	1:00.35
2	Prior, Jeff	37	Carlsbad Swim Masters-CA	1:01.94
3	Murdoch, Kurt	38	Long Beach Grunions-CA	1:06.10
4	Eickhoff, Randy	39	Ucla Bruin Masters-CA	1:06.55
5	Ferguson, Dan	38	West Hollywood Aquatics-CA	1:09.48
6	Salvinski, Gregory	38	Unattached	1:11.23
7	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA	1:12.34
8	Klebahn, Perry	38	Santa Barbara Masters-CA	1:15.06
9	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:15.24
10	Behrens, Michael	35	Ucla Bruin Masters-CA	1:16.48
11	Hjorth, John	37	South Coast Aquatics-CA	1:16.71
12	Gonzalez, Andrew	38	West Hollywood Aquatics-CA	1:17.07
13	Brisbin, Kenny	39	Long Beach Grunions-CA	1:22.98
14	Tapper, Christopher	37	Long Beach Grunions-CA	1:42.32

Men 35-39 200 SC Meter IM

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	2:14.02
	28.43	1:03.44 (35.01)	1:43.02 (39.58)	2:14.02 (31.00)
2	Emeka, Amon	36	Unattached	2:19.56
	28.79	1:06.86 (38.07)	1:46.81 (39.95)	2:19.56 (32.75)
3	Murdoch, Kurt	38	Long Beach Grunions-CA	2:26.90
	32.64	1:09.49 (36.85)	1:51.96 (42.47)	2:26.90 (34.94)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 35-39 400 SC Meter IM**

1 Shaffer, Mike		39 Ventura County Masters-CA		4:51.05
	29.91	1:02.98 (33.07)	1:42.69 (39.71)	2:21.14 (38.45)
	3:06.69 (45.55)	3:50.45 (43.76)	4:22.26 (31.81)	4:51.05 (28.79)

Men 40-44 50 SC Meter Freestyle

1 Stone, Wes		42 Irvine Novaquatics-CA		27.44
2 Engelhart, Chris		42 Team Masters-CA		27.73
3 Highnote, Allen		40 Long Beach Grunions-CA		28.66
4 Barbrick, Pete		41 Irvine Novaquatics-CA		29.11
5 Shaughnessy, Jim		44 Long Beach Grunions-CA		29.88
6 Long, Douglas		41 Phoenix Sunfish-AZ		31.61
7 Grubb, Eric		40 Long Beach Grunions-CA		33.64
8 Bahamon, Luis		43 West Hollywood Aquatics-CA		35.56
9 Reis, Raul		40 Long Beach Grunions-CA		36.26
10 Panero, Richard		40 Long Beach Grunions-CA		42.32

Men 40-44 100 SC Meter Freestyle

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		55.65
	27.11	55.65 (28.54)		
2 Leutner, Gerry		40 Mission Viejo Nadadores-CA		57.35
	27.91	57.35 (29.44)		
3 Engelhart, Chris		42 Team Masters-CA		1:01.07
	29.45	1:01.07 (31.62)		
4 Barbrick, Pete		41 Irvine Novaquatics-CA		1:06.61
	31.85	1:06.61 (34.76)		
5 Grubb, Eric		40 Long Beach Grunions-CA		1:14.85
	34.64	1:14.85 (40.21)		
6 Bahamon, Luis		43 West Hollywood Aquatics-CA		1:16.70
	37.24	1:16.70 (39.46)		
7 Reis, Raul		40 Long Beach Grunions-CA		1:21.39
	39.47	1:21.39 (41.92)		
8 Merchant, Guy		41 UCLA Bruin Masters-CA		1:33.37
	46.60	1:33.37 (46.77)		
9 Panero, Richard		40 Long Beach Grunions-CA		1:34.74
	46.65	1:34.74 (48.09)		

Men 40-44 200 SC Meter Freestyle

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		2:06.80
2 Nalli, Lyle		44 South Coast Aquatics-CA		2:09.41
3 Fegan, Jim		40 San Diego Swim Masters-SI		2:15.96
4 Engelhart, Chris		42 Team Masters-CA		2:16.24
5 Zamora, Anthony		43 Unattached		2:19.24
6 Shaughnessy, Jim		44 Long Beach Grunions-CA		2:35.03
7 Bahamon, Luis		43 West Hollywood Aquatics-CA		2:53.88
8 Grubb, Eric		40 Long Beach Grunions-CA		3:04.96

Men 40-44 400 SC Meter Freestyle

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		4:18.59
2 Nalli, Lyle		44 South Coast Aquatics-CA		4:31.60
3 Zamora, Anthony		43 Unattached		4:58.09
4 Given, Michael		40 San Diego Swim Masters-SI		5:19.70
5 Bahamon, Luis		43 West Hollywood Aquatics-CA		6:14.70

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 40-44 800 SC Meter Freestyle**

1 Hedrick, Tim	41 Ventura County Masters-CA	9:10.19
32.06	1:06.08 (34.02) 1:40.42 (34.34) 2:15.04 (34.62)	
2:50.08 (35.04)	3:24.80 (34.72) 3:59.69 (34.89) 4:34.35 (34.66)	
5:09.06 (34.71)	5:43.71 (34.65) 6:18.10 (34.39) 6:53.02 (34.92)	
7:27.87 (34.85)	8:02.32 (34.45) 8:36.71 (34.39) 9:10.19 (33.48)	
2 Nalli, Lyle	44 South Coast Aquatics-CA	9:27.12
32.70	1:08.42 (35.72) 1:44.64 (36.22) 2:20.90 (36.26)	
2:57.13 (36.23)	3:33.35 (36.22) 4:09.09 (35.74) 4:44.88 (35.79)	
5:20.57 (35.69)	5:56.29 (35.72) 6:31.96 (35.67) 7:07.43 (35.47)	
7:42.57 (35.14)	8:17.69 (35.12) 8:52.70 (35.01) 9:27.12 (34.42)	
3 Crosson, Jeff	43 Uci Masters-CA	9:35.77
33.64	1:09.95 (36.31) 1:46.24 (36.29) 2:22.43 (36.19)	
2:58.95 (36.52)	3:35.40 (36.45) 4:12.08 (36.68) 4:48.57 (36.49)	
5:24.82 (36.25)	6:01.08 (36.26) 6:37.47 (36.39) 7:13.52 (36.05)	
7:49.25 (35.73)	8:25.31 (36.06) 9:01.19 (35.88) 9:35.77 (34.58)	
4 Given, Michael	40 San Diego Swim Masters-SI	11:01.43
37.82	1:18.02 (40.20) 1:59.13 (41.11) 2:40.38 (41.25)	
3:21.51 (41.13)	4:03.18 (41.67) 4:44.88 (41.70) 5:26.70 (41.82)	
6:09.56 (42.86)	6:52.19 (42.63) 7:34.68 (42.49) 8:16.52 (41.84)	
8:58.66 (42.14)	9:38.71 (40.05) 10:21.46 (42.75) 11:01.43 (39.97)	

Men 40-44 1500 SC Meter Freestyle

1 Nalli, Lyle	44 South Coast Aquatics-CA	18:00.44
32.91	1:08.98 (36.07) 1:45.58 (36.60) 2:21.76 (36.18)	
2:58.03 (36.27)	3:34.41 (36.38) 4:10.44 (36.03) 4:46.47 (36.03)	
5:22.61 (36.14)	5:58.69 (36.08) 6:34.85 (36.16) 7:10.34 (35.49)	
7:46.27 (35.93)	8:22.65 (36.38) 8:58.62 (35.97) 9:34.84 (36.22)	
10:10.93 (36.09)	10:47.18 (36.25) 11:23.44 (36.26) 11:59.53 (36.09)	
12:35.73 (36.20)	13:11.65 (35.92) 13:47.48 (35.83) 14:24.08 (36.60)	
15:00.37 (36.29)	15:36.54 (36.17) 16:12.98 (36.44) 16:49.16 (36.18)	
17:25.64 (36.48)	18:00.44 (34.80)	
2 Crosson, Jeff	43 Uci Masters-CA	18:04.41
34.20	1:10.35 (36.15) 1:46.85 (36.50) 2:23.39 (36.54)	
2:59.81 (36.42)	3:36.30 (36.49) 4:12.79 (36.49) 4:49.04 (36.25)	
5:25.24 (36.20)	6:01.52 (36.28) 6:38.04 (36.52) 7:14.59 (36.55)	
7:50.90 (36.31)	8:26.97 (36.07) 9:03.23 (36.26) 9:39.58 (36.35)	
10:15.71 (36.13)	10:51.97 (36.26) 11:28.16 (36.19) 12:04.54 (36.38)	
12:40.87 (36.33)	13:16.98 (36.11) 13:53.47 (36.49) 14:29.64 (36.17)	
15:05.78 (36.14)	15:41.85 (36.07) 16:18.09 (36.24) 16:54.12 (36.03)	
17:29.90 (35.78)	18:04.41 (34.51)	
3 Zamora, Anthony	43 Unattached	20:23.54
37.34	1:17.71 (40.37) 1:58.29 (40.58) 2:37.96 (39.67)	
3:17.00 (39.04)	3:56.49 (39.49) 4:35.98 (39.49) 5:15.90 (39.92)	
5:56.20 (40.30)	6:36.91 (40.71) 7:17.50 (40.59) 7:58.35 (40.85)	
8:39.26 (40.91)	9:20.19 (40.93) 10:01.52 (41.33) 10:43.49 (41.97)	
11:25.51 (42.02)	12:08.03 (42.52) 12:50.07 (42.04) 13:31.94 (41.87)	
14:14.07 (42.13)	14:55.76 (41.69) 15:38.46 (42.70) 16:20.66 (42.20)	
17:02.66 (42.00)	17:44.12 (41.46) 18:25.76 (41.64) 19:07.65 (41.89)	
19:48.09 (40.44)	20:23.54 (35.45)	

Men 40-44 50 SC Meter Backstroke

1 Wasko, Frank	44 Irvine Novaquatics-CA	31.07
2 Highnote, Allen	40 Long Beach Grunions-CA	31.98
3 Barker, Douglas	41 Mission Viejo Nadadores-CA	32.45
4 Stone, Wes	42 Irvine Novaquatics-CA	34.07
5 Holmen, Robert	41 Uci Masters-CA	35.86

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 40-44 50 SC Meter Backstroke)**

6	Pottie, Greg	43	Ucla Bruin Masters-CA	36.85
7	Shaughnessy, Jim	44	Long Beach Grunions-CA	39.18
8	Bahamon, Luis	43	West Hollywood Aquatics-CA	43.41
9	Long, Douglas	41	Phoenix Sunfish-AZ	45.72
10	Reis, Raul	40	Long Beach Grunions-CA	50.67
11	Grubb, Eric	40	Long Beach Grunions-CA	51.63

Men 40-44 100 SC Meter Backstroke

1	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:11.80
2	Highnote, Allen	40	Long Beach Grunions-CA	1:13.08
3	Bahamon, Luis	43	West Hollywood Aquatics-CA	1:42.04
4	Richards, Steve	40	Long Beach Grunions-CA	1:46.46
5	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	2:08.76
6	Grubb, Eric	40	Long Beach Grunions-CA	2:13.37
---	Reis, Raul	40	Long Beach Grunions-CA	DQ

Men 40-44 200 SC Meter Backstroke

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:25.01
	35.31	1:12.02 (36.71)	1:49.06 (37.04)	2:25.01 (35.95)
2	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:34.60
	37.93	1:17.11 (39.18)	2:34.60 (1:17.49)	2:34.60 ()
3	Holmen, Robert	41	Uci Masters-CA	2:39.81
	37.70	1:17.61 (39.91)	1:58.54 (40.93)	2:39.81 (41.27)
4	Pottie, Greg	43	Ucla Bruin Masters-CA	2:46.82
	40.14	1:22.48 (42.34)	2:04.56 (42.08)	2:46.82 (42.26)
5	Richards, Steve	40	Long Beach Grunions-CA	3:41.52
	53.94	1:50.88 (56.94)	2:48.36 (57.48)	3:41.52 (53.16)

Men 40-44 50 SC Meter Breaststroke

1	Tongate, Terry	44	Mission Viejo Nadadores-CA	33.88
2	Barker, Douglas	41	Mission Viejo Nadadores-CA	34.20
3	Harden, Jimmy	41	San Diego Swim Masters-SI	36.94
4	Barbrick, Pete	41	Irvine Novaquatics-CA	37.96
5	Pottie, Greg	43	Ucla Bruin Masters-CA	38.21
6	Mayhew, Douglas	40	Long Beach Grunions-CA	39.58
7	Abrami, John	44	Carlsbad Swim Masters-CA	40.38
8	Long, Douglas	41	Phoenix Sunfish-AZ	40.95
9	Stone, Wes	42	Irvine Novaquatics-CA	41.09
10	Werner, John	41	Long Beach Grunions-CA	42.33
11	Panero, Richard	40	Long Beach Grunions-CA	59.53

Men 40-44 100 SC Meter Breaststroke

1	Tongate, Terry	44	Mission Viejo Nadadores-CA	1:15.11
2	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:18.90
3	Harden, Jimmy	41	San Diego Swim Masters-SI	1:20.52
4	Given, Michael	40	San Diego Swim Masters-SI	1:24.12
5	Barbrick, Pete	41	Irvine Novaquatics-CA	1:28.08
6	Abrami, John	44	Carlsbad Swim Masters-CA	1:29.21
7	Mayhew, Douglas	40	Long Beach Grunions-CA	1:30.81
8	LaFianza, Bernard	42	West Hollywood Aquatics-CA	1:32.54
9	Orosz, Michael	44	Ucla Bruin Masters-CA	1:32.76
10	Werner, John	41	Long Beach Grunions-CA	1:33.14
11	Richards, Steve	40	Long Beach Grunions-CA	1:37.14

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 40-44 100 SC Meter Breaststroke)**

12	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	1:55.73
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Men 40-44 200 SC Meter Breaststroke

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:51.01
	38.60	1:23.06 (44.46)	2:07.24 (44.18)	2:51.01 (43.77)
2	Harden, Jimmy	41	San Diego Swim Masters-SI	2:54.36
	39.70	1:23.86 (44.16)	2:09.67 (45.81)	2:54.36 (44.69)
3	Tongate, Terry	44	Mission Viejo Nadadores-CA	3:00.98
	42.16	1:27.63 (45.47)	2:14.59 (46.96)	3:00.98 (46.39)
4	Pottie, Greg	43	Ucla Bruin Masters-CA	3:02.22
	41.47	1:28.13 (46.66)	2:15.74 (47.61)	3:02.22 (46.48)
5	Barbrick, Pete	41	Irvine Novaquatics-CA	3:16.46
	43.95	1:35.21 (51.26)	2:26.73 (51.52)	3:16.46 (49.73)
6	Abrami, John	44	Carlsbad Swim Masters-CA	3:16.92
	46.40	1:36.91 (50.51)	2:27.88 (50.97)	3:16.92 (49.04)
7	Mayhew, Douglas	40	Long Beach Grunions-CA	3:23.52
	43.09	1:33.18 (50.09)	2:27.65 (54.47)	3:23.52 (55.87)
8	Richards, Steve	40	Long Beach Grunions-CA	3:30.94
	49.92	1:43.70 (53.78)	2:38.37 (54.67)	3:30.94 (52.57)
9	Merchant, Guy	41	Ucla Bruin Masters-CA	4:48.46
	1:08.90	2:23.20 (1:14.30)	3:38.92 (1:15.72)	4:48.46 (1:09.54)

Men 40-44 50 SC Meter Butterfly

1	Fegan, Jim	40	San Diego Swim Masters-SI	28.63
2	Segreto, Stephen	41	Long Beach Grunions-CA	28.96
3	Engelhart, Chris	42	Team Masters-CA	30.93
4	Stone, Wes	42	Irvine Novaquatics-CA	30.99
5	Highnote, Allen	40	Long Beach Grunions-CA	32.32
6	Barbrick, Pete	41	Irvine Novaquatics-CA	34.01
7	Harden, Jimmy	41	San Diego Swim Masters-SI	34.86
8	Shaughnessy, Jim	44	Long Beach Grunions-CA	35.54
9	LaFianza, Bernard	42	West Hollywood Aquatics-CA	37.95
10	Long, Douglas	41	Phoenix Sunfish-AZ	37.98
11	Richards, Steve	40	Long Beach Grunions-CA	44.79
12	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	49.55

Men 40-44 100 SC Meter Butterfly

1	Leutner, Gerry	40	Mission Viejo Nadadores-CA	1:05.76
	30.72	1:05.76 (35.04)		
2	Pottie, Greg	43	Ucla Bruin Masters-CA	1:08.46
	32.00	1:08.46 (36.46)		
3	Given, Michael	40	San Diego Swim Masters-SI	1:14.96
	34.48	1:14.96 (40.48)		
4	Harden, Jimmy	41	San Diego Swim Masters-SI	1:20.93
	36.73	1:20.93 (44.20)		
5	Shaughnessy, Jim	44	Long Beach Grunions-CA	1:36.85
	45.81	1:36.85 (51.04)		
6	Merchant, Guy	41	Ucla Bruin Masters-CA	1:55.09
	52.79	1:55.09 (1:02.30)		

Men 40-44 200 SC Meter Butterfly

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:33.29
2	Fegan, Jim	40	San Diego Swim Masters-SI	2:35.71
3	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:42.27

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 40-44 200 SC Meter Butterfly)**

4	Given, Michael	40	San Diego Swim Masters-SI	2:50.85
5	Harden, Jimmy	41	San Diego Swim Masters-SI	3:07.84
6	Orosz, Michael	44	Ucla Bruin Masters-CA	3:24.14
7	Merchant, Guy	41	Ucla Bruin Masters-CA	4:13.17
8	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	4:19.10

Men 40-44 100 SC Meter IM

1	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:08.79
2	Given, Michael	40	San Diego Swim Masters-SI	1:12.39
3	Tongate, Terry	44	Mission Viejo Nadadores-CA	1:17.99
4	Barbrick, Pete	41	Irvine Novaquatics-CA	1:19.68
5	Shaughnessy, Jim	44	Long Beach Grunions-CA	1:20.43
6	Abrami, John	44	Carlsbad Swim Masters-CA	1:23.97
7	Long, Douglas	41	Phoenix Sunfish-AZ	1:29.10
8	Richards, Steve	40	Long Beach Grunions-CA	1:36.34
9	Bahamon, Luis	43	West Hollywood Aquatics-CA	1:42.56
10	Grubb, Eric	40	Long Beach Grunions-CA	1:42.80
11	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	1:47.50

Men 40-44 200 SC Meter IM

1	Leutner, Gerry	40	Mission Viejo Nadadores-CA	2:26.69
	30.48	1:08.85 (38.37)	1:54.92 (46.07)	2:26.69 (31.77)
2	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:36.39
	32.78	1:14.31 (41.53)	2:00.71 (46.40)	2:36.39 (35.68)
3	Pottie, Greg	43	Ucla Bruin Masters-CA	2:39.78
	32.99	1:15.66 (42.67)	2:02.87 (47.21)	2:39.78 (36.91)
4	Given, Michael	40	San Diego Swim Masters-SI	2:40.43
	34.56	1:17.58 (43.02)	2:04.11 (46.53)	2:40.43 (36.32)
5	Holmen, Robert	41	Uci Masters-CA	2:46.24
	36.76	1:19.21 (42.45)	2:07.18 (47.97)	2:46.24 (39.06)
6	Tongate, Terry	44	Mission Viejo Nadadores-CA	3:22.52
	37.59	1:39.34 (1:01.75)	2:36.53 (57.19)	3:22.52 (45.99)
7	Richards, Steve	40	Long Beach Grunions-CA	3:31.83
	48.97	1:45.54 (56.57)	2:41.05 (55.51)	3:31.83 (50.78)
8	Bahamon, Luis	43	West Hollywood Aquatics-CA	3:45.97
	47.21	1:46.00 (58.79)	2:58.70 (1:12.70)	3:45.97 (47.27)

Men 40-44 400 SC Meter IM

1	Hedrick, Tim	41	Ventura County Masters-CA	5:05.32
	32.19	1:08.04 (35.85)	1:46.89 (38.85)	2:25.13 (38.24)
	3:10.04 (44.91)	3:55.64 (45.60)	4:31.10 (35.46)	5:05.32 (34.22)
2	Nalli, Lyle	44	South Coast Aquatics-CA	5:09.25
	32.60	1:10.26 (37.66)	1:51.53 (41.27)	2:31.93 (40.40)
	3:15.99 (44.06)	3:59.75 (43.76)	4:34.96 (35.21)	5:09.25 (34.29)
3	Given, Michael	40	San Diego Swim Masters-SI	5:54.31
	36.46	1:18.31 (41.85)	2:06.18 (47.87)	2:51.92 (45.74)
	3:41.02 (49.10)	4:31.62 (50.60)	5:14.16 (42.54)	5:54.31 (40.15)
4	Shaughnessy, Jim	44	Long Beach Grunions-CA	6:53.54
	46.78	1:41.22 (54.44)	3:24.74 (1:43.52)	4:23.25 (58.51)
	5:22.45 (59.20)	6:08.96 (46.51)	6:53.75 (44.79)	6:53.54 ()

Men 45-49 50 SC Meter Freestyle

1	Freeman, David	47	Eastlake Eagle Rays-CA	26.86
2	Ward, Wayne	45	UC Santa Barbara-CA	27.05

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3	Caron, Louis	47	Rose Bowl-CA	27.97
4	Barton, Jim	49	Carlsbad Swim Masters-CA	28.11
5	Carlsen, Richard	45	Mission Viejo Nadadores-CA	29.16
6	Graham, Errol	45	West Hollywood Aquatics-CA	29.51
7	Adams, Dan	48	West Hollywood Aquatics-CA	30.00
8	Levy, Aaron	45	West Hollywood Aquatics-CA	30.30
9	Berebitsky, Gary	47	Arizona Masters-AZ	33.06
11	Blasco, John	46	Long Beach Grunions-CA	47.61

Men 45-49 100 SC Meter Freestyle

1	Boyd, Tom	48	Long Beach Grunions-CA	1:00.03
	29.14		1:00.03 (30.89)	
2	Freeman, David	47	Eastlake Eagle Rays-CA	1:00.60
	28.57		1:00.60 (32.03)	
3	Carlsen, Richard	45	Mission Viejo Nadadores-CA	1:06.57
	31.49		1:06.57 (35.08)	
4	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	1:07.01
	30.54		1:07.01 (36.47)	
5	Murray, Steve	49	San Francisco Tsunami-PC	1:07.31
	32.45		1:07.31 (34.86)	
6	Graham, Errol	45	West Hollywood Aquatics-CA	1:09.47
	32.41		1:09.47 (37.06)	
7	Blasco, John	46	Long Beach Grunions-CA	1:54.62
	53.70		1:54.62 (1:00.92)	

Men 45-49 200 SC Meter Freestyle

1	Caron, Louis	47	Rose Bowl-CA	2:16.45
2	Schafer, Ron	47	Heartland Swim Association-CA	2:24.38
3	Litchmann, John	48	Ucla Bruin Masters-CA	3:03.78
4	Blasco, John	46	Long Beach Grunions-CA	4:17.58

Men 45-49 400 SC Meter Freestyle

1	Kanzler, Matthew	47	Stanford Masters-PC	4:33.95
2	Caron, Louis	47	Rose Bowl-CA	4:44.55
3	Adams, Dan	48	West Hollywood Aquatics-CA	5:07.21
4	Schafer, Ron	47	Heartland Swim Association-CA	5:14.12
5	Murray, Steve	49	San Francisco Tsunami-PC	6:18.96

Men 45-49 800 SC Meter Freestyle

1	Buckley, Tim	49	Eastlake Eagle Rays-CA	9:35.91	
	33.72		1:09.94 (36.22)	1:46.46 (36.52)	2:23.46 (37.00)
	3:00.15 (36.69)		3:36.89 (36.74)	4:13.59 (36.70)	4:50.08 (36.49)
	5:26.58 (36.50)		6:02.93 (36.35)	6:39.25 (36.32)	7:15.11 (35.86)
	7:51.09 (35.98)		8:26.95 (35.86)	9:02.42 (35.47)	9:35.91 (33.49)

Men 45-49 50 SC Meter Backstroke

1	Benner, Tord	45	Irvine Novaquatics-CA	31.63
2	Boyd, Tom	48	Long Beach Grunions-CA	34.10
3	Westergren, John	46	Eastlake Eagle Rays-CA	35.20
4	Graham, Errol	45	West Hollywood Aquatics-CA	39.52
5	Butler, Bill	48	Long Beach Grunions-CA	41.23
6	Parnes, Barton	48	Long Beach Grunions-CA	47.78
7	Zion, Michael	49	Long Beach Grunions-CA	51.74

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 45-49 100 SC Meter Backstroke**

1	Benner, Tord	45	Irvine Novaquatics-CA	1:14.28
2	Graham, Errol	45	West Hollywood Aquatics-CA	1:27.17
3	Butler, Bill	48	Long Beach Grunions-CA	1:35.95
4	Parnes, Barton	48	Long Beach Grunions-CA	1:48.30

Men 45-49 200 SC Meter Backstroke

1	Adams, Dan	48	West Hollywood Aquatics-CA	2:49.97
	39.99	1:23.10 (43.11)	2:06.69 (43.59)	2:49.97 (43.28)
2	Benner, Tord	45	Irvine Novaquatics-CA	2:54.03
	37.71	1:20.53 (42.82)	2:06.37 (45.84)	2:54.03 (47.66)
3	Parnes, Barton	48	Long Beach Grunions-CA	4:03.67
	51.57	1:51.20 (59.63)	2:56.72 (1:05.52)	4:03.67 (1:06.95)
---	Murray, Steve	49	San Francisco Tsunami-PC	DQ
		1:36.05 ()	2:27.76 (51.71)	DQ (51.96)

Men 45-49 50 SC Meter Breaststroke

1	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	33.63
2	Freeman, David	47	Eastlake Eagle Rays-CA	34.12
3	Schafer, Ron	47	Heartland Swim Association-CA	34.58
4	Boyd, Tom	48	Long Beach Grunions-CA	36.39
5	Benner, Tord	45	Irvine Novaquatics-CA	36.89
6	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	37.10
7	Butler, Bill	48	Long Beach Grunions-CA	38.48
8	Adams, Dan	48	West Hollywood Aquatics-CA	39.25
9	Carlsen, Richard	45	Mission Viejo Nadadores-CA	39.45
10	Parnes, Barton	48	Long Beach Grunions-CA	46.57
11	Blasco, John	46	Long Beach Grunions-CA	1:07.55

Men 45-49 100 SC Meter Breaststroke

1	Schafer, Ron	47	Heartland Swim Association-CA	1:13.49
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	1:13.79
3	Kanzler, Matthew	47	Stanford Masters-PC	1:17.34
4	Freeman, David	47	Eastlake Eagle Rays-CA	1:17.41
5	Butler, Bill	48	Long Beach Grunions-CA	1:26.55
6	Adams, Dan	48	West Hollywood Aquatics-CA	1:27.40
7	Murray, Steve	49	San Francisco Tsunami-PC	1:29.14
8	Parnes, Barton	48	Long Beach Grunions-CA	1:44.60
9	Blasco, John	46	Long Beach Grunions-CA	2:42.29

Men 45-49 200 SC Meter Breaststroke

1	Kanzler, Matthew	47	Stanford Masters-PC	2:41.81
	38.33	1:19.96 (41.63)	2:01.15 (41.19)	2:41.81 (40.66)
2	Schafer, Ron	47	Heartland Swim Association-CA	2:42.00
	37.92	1:20.13 (42.21)	2:01.89 (41.76)	2:42.00 (40.11)
3	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	2:43.21
	37.60	1:19.06 (41.46)	2:01.20 (42.14)	2:43.21 (42.01)
4	Adams, Dan	48	West Hollywood Aquatics-CA	3:06.07
	41.83	1:28.40 (46.57)	2:16.99 (48.59)	3:06.07 (49.08)
5	Butler, Bill	48	Long Beach Grunions-CA	3:11.85
	42.96	1:30.58 (47.62)	2:21.35 (50.77)	3:11.85 (50.50)
6	Murray, Steve	49	San Francisco Tsunami-PC	3:21.39
	47.79	1:38.39 (50.60)	2:31.52 (53.13)	3:21.39 (49.87)
7	Parnes, Barton	48	Long Beach Grunions-CA	3:49.97
	51.14	1:48.13 (56.99)	2:48.83 (1:00.70)	3:49.97 (1:01.14)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 45-49 50 SC Meter Butterfly**

1	Carter, Paul	47	Irvine Novaquatics-CA	26.72
2	Dixon, Chris	47	San Diego Swim Masters-SI	28.36
3	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	28.73
4	Freeman, David	47	Eastlake Eagle Rays-CA	29.59
5	Ward, Wayne	45	UC Santa Barbara-CA	29.94
6	Caron, Louis	47	Rose Bowl-CA	30.09
7	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	30.90
8	Carlsen, Richard	45	Mission Viejo Nadadores-CA	32.23
9	Graham, Errol	45	West Hollywood Aquatics-CA	32.65
10	Murray, Steve	49	San Francisco Tsunami-PC	33.00
11	Barton, Jim	49	Carlsbad Swim Masters-CA	33.45
12	Small, Kent	48	Ucla Bruin Masters-CA	34.95
13	Levy, Aaron	45	West Hollywood Aquatics-CA	35.98
14	Berebitsky, Gary	47	Arizona Masters-AZ	36.72
---	Westergren, John	46	Eastlake Eagle Rays-CA	DQ

Men 45-49 100 SC Meter Butterfly

1	Kanzler, Matthew	47	Stanford Masters-PC	1:04.88
	30.64		1:04.88 (34.24)	
2	Westergren, John	46	Eastlake Eagle Rays-CA	1:10.35
	31.77		1:10.35 (38.58)	
3	Schafer, Ron	47	Heartland Swim Association-CA	1:20.34
	37.94		1:20.34 (42.40)	
4	Graham, Errol	45	West Hollywood Aquatics-CA	1:21.22
	37.64		1:21.22 (43.58)	

Men 45-49 200 SC Meter Butterfly

1	Kanzler, Matthew	47	Stanford Masters-PC	2:23.79
2	Murray, Steve	49	San Francisco Tsunami-PC	3:22.89
3	Litchmann, John	48	Ucla Bruin Masters-CA	3:29.86
4	Small, Kent	48	Ucla Bruin Masters-CA	3:33.45

Men 45-49 100 SC Meter IM

1	Carter, Paul	47	Irvine Novaquatics-CA	1:04.31
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	1:07.67
3	Kanzler, Matthew	47	Stanford Masters-PC	1:09.97
4	Freeman, David	47	Eastlake Eagle Rays-CA	1:10.01
5	Boyd, Tom	48	Long Beach Grunions-CA	1:10.73
6	Benner, Tord	45	Irvine Novaquatics-CA	1:13.11
7	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	1:13.14
8	Westergren, John	46	Eastlake Eagle Rays-CA	1:13.28
9	Caron, Louis	47	Rose Bowl-CA	1:13.80
10	Schafer, Ron	47	Heartland Swim Association-CA	1:14.42
11	Barton, Jim	49	Carlsbad Swim Masters-CA	1:14.44
12	Adams, Dan	48	West Hollywood Aquatics-CA	1:14.62
13	Small, Kent	48	Ucla Bruin Masters-CA	1:20.92
14	Butler, Bill	48	Long Beach Grunions-CA	1:24.06
15	Litchmann, John	48	Ucla Bruin Masters-CA	1:35.15

Men 45-49 200 SC Meter IM

1	Kanzler, Matthew	47	Stanford Masters-PC	2:26.15
	31.17		1:12.20 (41.03) 1:53.81 (41.61) 2:26.15 (32.34)	
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	2:31.19
	31.92		1:13.13 (41.21) 1:55.50 (42.37) 2:31.19 (35.69)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 45-49 200 SC Meter IM)**

3	Boyd, Tom	48	Long Beach Grunions-CA	2:40.91
	34.43	1:17.98 (43.55)	2:05.37 (47.39)	2:40.91 (35.54)
4	Benner, Tord	45	Irvine Novaquatics-CA	2:44.66
	34.78	1:18.70 (43.92)	2:07.12 (48.42)	2:44.66 (37.54)
5	Schafer, Ron	47	Heartland Swim Association-CA	2:44.78
	36.87	1:23.11 (46.24)	2:05.93 (42.82)	2:44.78 (38.85)
6	Adams, Dan	48	West Hollywood Aquatics-CA	2:47.30
	36.38	1:19.10 (42.72)	2:09.40 (50.30)	2:47.30 (37.90)

Men 45-49 400 SC Meter IM

1	Carter, Paul	47	Irvine Novaquatics-CA	4:56.40
	30.34	1:03.45 (33.11)	1:43.19 (39.74)	2:22.42 (39.23)
	3:05.71 (43.29)	3:48.89 (43.18)	4:23.25 (34.36)	4:56.40 (33.15)

Men 50-54 50 SC Meter Freestyle

1	Mench, Lee	52	Heartland Swim Association-CA	26.87
2	McBride, Duncan	50	LA Peninsula Swimmers-CA	28.70
3	Buckley, Mark	51	Unattached	29.76
4	Carbuto, Michael	51	Long Beach Grunions-CA	41.85
5	Mitchell, R. A	50	Phoenix Sunfish-AZ	45.51

Men 50-54 100 SC Meter Freestyle

1	Mench, Lee	52	Heartland Swim Association-CA	58.31
	28.73	58.31 (29.58)		
2	O'Keeffe, Peter	50	Ucla Bruin Masters-CA	1:00.43
	28.94	1:00.43 (31.49)		
3	Risley, Martin	50	South Bay Swim Team-CA	1:10.35
	33.61	1:10.35 (36.74)		
4	Larson, Charles	52	West Hollywood Aquatics-CA	1:11.88
	35.42	1:11.88 (36.46)		
5	Carbuto, Michael	51	Long Beach Grunions-CA	1:37.82
	47.23	1:37.82 (50.59)		

Men 50-54 200 SC Meter Freestyle

1	Mench, Lee	52	Heartland Swim Association-CA	2:07.94
2	Phillips, Rick	50	South Coast Aquatics-CA	2:13.23

Men 50-54 400 SC Meter Freestyle

1	Mench, Lee	52	Heartland Swim Association-CA	4:36.26
2	Phillips, Rick	50	South Coast Aquatics-CA	4:40.71
3	Larson, Charles	52	West Hollywood Aquatics-CA	5:23.61

Men 50-54 800 SC Meter Freestyle

1	Phillips, Rick	50	South Coast Aquatics-CA	9:52.79
	34.25	1:12.91 (38.66)	1:51.49 (38.58)	2:29.54 (38.05)
	3:07.39 (37.85)	3:45.24 (37.85)	4:22.94 (37.70)	5:00.56 (37.62)
	5:38.72 (38.16)	6:16.97 (38.25)	6:54.41 (37.44)	7:31.65 (37.24)
	8:07.33 (35.68)	8:43.30 (35.97)	9:18.89 (35.59)	9:52.79 (33.90)

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Men 50-54 1500 SC Meter Freestyle

1	Phillips, Rick	50	South Coast Aquatics-CA	18:40.93
	34.35	1:11.53 (37.18)	1:48.75 (37.22)	2:26.41 (37.66)
	3:03.86 (37.45)	3:41.13 (37.27)	4:18.96 (37.83)	4:56.82 (37.86)
	5:34.73 (37.91)	6:12.52 (37.79)	6:49.95 (37.43)	7:27.52 (37.57)
	8:05.51 (37.99)	8:43.33 (37.82)	9:21.49 (38.16)	9:59.63 (38.14)
	10:37.70 (38.07)	11:15.32 (37.62)	11:53.17 (37.85)	12:31.05 (37.88)
	13:08.58 (37.53)	13:46.20 (37.62)	14:24.05 (37.85)	15:01.02 (36.97)
	15:38.39 (37.37)	16:15.86 (37.47)	16:53.26 (37.40)	17:30.27 (37.01)
	18:06.87 (36.60)	18:40.93 (34.06)		
2	Ferguson, Howard	50	Long Beach Grunions-CA	26:05.61
	1:38.37	2:34.59 (56.22)	3:26.03 (51.44)	4:17.18 (51.15)
	6:03.04 (1:45.86)	6:54.68 (51.64)	7:47.24 (52.56)	
				10:26.21 ()
	11:18.39 (52.18)	12:11.65 (53.26)	13:04.03 (52.38)	13:56.34 (52.31)
	14:49.20 (52.86)	15:40.10 (50.90)	16:33.34 (53.24)	
		19:16.55 ()		21:00.11 ()
	21:53.06 (52.95)		23:40.10 ()	24:29.96 (49.86)
	25:19.63 (49.67)	26:05.61 (45.98)		

Men 50-54 50 SC Meter Backstroke

1	Mench, Lee	52	Heartland Swim Association-CA	34.51
2	Buckley, Mark	51	Unattached	36.66
3	Carbuto, Michael	51	Long Beach Grunions-CA	56.07
---	Mitchell, R. A	50	Phoenix Sunfish-AZ	DQ

Men 50-54 100 SC Meter Backstroke

1	Carbuto, Michael	51	Long Beach Grunions-CA	2:02.66
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Men 50-54 200 SC Meter Backstroke

1	O'Keeffe, Peter	50	Ucla Bruin Masters-CA	2:35.22
	36.65	1:15.33 (38.68)	1:55.48 (40.15)	2:35.22 (39.74)
2	Larson, Charles	52	West Hollywood Aquatics-CA	3:16.68
	48.17	1:37.93 (49.76)	2:28.82 (50.89)	3:16.68 (47.86)

Men 50-54 50 SC Meter Breaststroke

1	Mench, Lee	52	Heartland Swim Association-CA	35.80
2	Trowbridge, Val	50	Mission Viejo Nadadores-CA	39.52
3	Buckley, Mark	51	Unattached	40.62
4	Mossay, Moze	51	Heartland Swim Association-CA	41.20

Men 50-54 100 SC Meter Breaststroke

1	Reudy, Tom	50	West Hollywood Aquatics-CA	1:14.42
2	Mossay, Moze	51	Heartland Swim Association-CA	1:28.95
3	Trowbridge, Val	50	Mission Viejo Nadadores-CA	1:29.18

Men 50-54 200 SC Meter Breaststroke

1	Mossay, Moze	51	Heartland Swim Association-CA	3:17.20
	44.16	1:34.42 (50.26)	2:27.55 (53.13)	3:17.20 (49.65)
2	Ferguson, Howard	50	Long Beach Grunions-CA	3:20.56
	47.56	1:36.97 (49.41)	2:29.86 (52.89)	3:20.56 (50.70)
3	Trowbridge, Val	50	Mission Viejo Nadadores-CA	3:24.26
	44.76	1:36.90 (52.14)	2:30.63 (53.73)	3:24.26 (53.63)

Men 50-54 50 SC Meter Butterfly

1	Graham, Donald	50	Pacific Northwest-PN	28.95
2	McBride, Duncan	50	LA Peninsula Swimmers-CA	30.31

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 50-54 50 SC Meter Butterfly)**

3	Phillips, Rick	50	South Coast Aquatics-CA	30.98
4	Mench, Lee	52	Heartland Swim Association-CA	31.42
5	Ferguson, Howard	50	Long Beach Grunions-CA	35.57
6	Rapp, Dieter	51	Mission Viejo Nadadores-CA	38.06

Men 50-54 100 SC Meter Butterfly

1	Heather, Michael	50	Unattached	1:11.18
	33.07		1:11.18 (38.11)	
2	Larson, Charles	52	West Hollywood Aquatics-CA	1:19.32
	37.43		1:19.32 (41.89)	

Men 50-54 200 SC Meter Butterfly

1	Larson, Charles	52	West Hollywood Aquatics-CA	2:59.33
2	Ferguson, Howard	50	Long Beach Grunions-CA	3:33.50

Men 50-54 100 SC Meter IM

1	Reudy, Tom	50	West Hollywood Aquatics-CA	1:05.19
2	Mench, Lee	52	Heartland Swim Association-CA	1:10.51
3	Phillips, Rick	50	South Coast Aquatics-CA	1:13.35
4	McBride, Duncan	50	LA Peninsula Swimmers-CA	1:18.45
5	Buckley, Mark	51	Unattached	1:18.94
6	Mossay, Moze	51	Heartland Swim Association-CA	1:26.64

Men 50-54 400 SC Meter IM

1	Phillips, Rick	50	South Coast Aquatics-CA	5:33.95
	35.30		1:15.49 (40.19)	2:00.61 (45.12)
	3:34.68 (50.84)		4:25.38 (50.70)	5:00.54 (35.16)
				5:33.95 (33.41)

Men 55-59 50 SC Meter Freestyle

1	Bowers, George	56	Ucla Bruin Masters-CA	27.80
2	Gruber, Glenn	55	Caltech Masters-CA	28.08
3	Ryan, Gary	55	Hawaii Masters-HI	28.20
4	Campbell, John	57	Mission Viejo Nadadores-CA	29.44
5	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	30.37
6	Dann, Francis	58	Ucla Bruin Masters-CA	33.38
10	Spencer, William	58	Santa Barbara Masters-CA	39.74

Men 55-59 100 SC Meter Freestyle

1	Bowers, George	56	Ucla Bruin Masters-CA	1:03.78
	31.40		1:03.78 (32.38)	
2	Ryan, Gary	55	Hawaii Masters-HI	1:04.81
	31.74		1:04.81 (33.07)	
3	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	1:13.12
	35.85		1:13.12 (37.27)	
4	Spencer, William	58	Santa Barbara Masters-CA	1:34.50
	43.25		1:34.50 (51.25)	

Men 55-59 200 SC Meter Freestyle

1	Gruber, Glenn	55	Caltech Masters-CA	2:17.90
2	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	2:41.87
3	Dann, Francis	58	Ucla Bruin Masters-CA	2:53.85

Men 55-59 400 SC Meter Freestyle

1	Gruber, Glenn	55	Caltech Masters-CA	4:55.43
2	Bowers, George	56	Ucla Bruin Masters-CA	5:02.24

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 55-59 400 SC Meter Freestyle)**

3	Figueiredo, Paulo	58	West Hollywood Aquatics-CA	5:22.41
4	Olson, Jay	55	West Hollywood Aquatics-CA	5:56.09
5	Dann, Francis	58	Ucla Bruin Masters-CA	5:56.18
6	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	5:58.05

Men 55-59 800 SC Meter Freestyle

1	Gruber, Glenn	55	Caltech Masters-CA	10:29.30
	37.12	1:16.29 (39.17)	1:54.59 (38.30)	2:33.94 (39.35)
	3:13.01 (39.07)	3:52.41 (39.40)	4:32.19 (39.78)	5:11.66 (39.47)
	5:51.26 (39.60)	6:31.18 (39.92)	7:11.54 (40.36)	7:51.58 (40.04)
	8:31.14 (39.56)	9:11.21 (40.07)	9:51.29 (40.08)	10:29.30 (38.01)
2	Greenberg, Henry	56	Irvine Novaquatics-CA	12:50.92
	46.68	1:36.17 (49.49)	2:26.94 (50.77)	3:17.01 (50.07)
	4:07.04 (50.03)	4:56.40 (49.36)	5:45.37 (48.97)	6:34.12 (48.75)
	7:21.66 (47.54)	8:09.75 (48.09)	8:57.72 (47.97)	9:45.05 (47.33)
	10:32.51 (47.46)	11:19.80 (47.29)	12:06.16 (46.36)	12:50.92 (44.76)

Men 55-59 1500 SC Meter Freestyle

1	Greenberg, Henry	56	Irvine Novaquatics-CA	23:23.28
	43.52	1:31.02 (47.50)	2:18.94 (47.92)	3:08.15 (49.21)
	3:56.26 (48.11)	4:46.42 (50.16)	5:34.99 (48.57)	6:21.95 (46.96)
	7:09.14 (47.19)	7:57.08 (47.94)	8:44.54 (47.46)	9:32.02 (47.48)
	10:18.90 (46.88)	11:05.77 (46.87)	11:51.91 (46.14)	12:37.78 (45.87)
	13:24.82 (47.04)	14:11.40 (46.58)	14:57.97 (46.57)	15:43.59 (45.62)
	16:28.86 (45.27)	17:14.08 (45.22)	18:00.11 (46.03)	18:46.02 (45.91)
	19:32.33 (46.31)	20:20.15 (47.82)	21:06.81 (46.66)	21:53.27 (46.46)
	22:39.31 (46.04)	23:23.28 (43.97)		

Men 55-59 50 SC Meter Backstroke

1	Campbell, John	57	Mission Viejo Nadadores-CA	36.16
2	Spencer, William	58	Santa Barbara Masters-CA	47.72

Men 55-59 100 SC Meter Backstroke

1	Campbell, John	57	Mission Viejo Nadadores-CA	1:26.96
2	Greenberg, Henry	56	Irvine Novaquatics-CA	1:33.83
5	Spencer, William	58	Santa Barbara Masters-CA	1:48.93

Men 55-59 200 SC Meter Backstroke

1	Figueiredo, Paulo	58	West Hollywood Aquatics-CA	3:04.41
	44.37	1:31.28 (46.91)	2:18.36 (47.08)	3:04.41 (46.05)
2	Campbell, John	57	Mission Viejo Nadadores-CA	3:09.84
	1:29.38	2:20.06 (50.68)	3:09.84 (49.78)	3:09.84 ()
3	Greenberg, Henry	56	Irvine Novaquatics-CA	3:26.42
	51.97	1:44.60 (52.63)	2:36.93 (52.33)	3:26.42 (49.49)

Men 55-59 50 SC Meter Breaststroke

1	Stark, Allen	55	Unattached	33.97
2	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	41.77
3	Olson, Jay	55	West Hollywood Aquatics-CA	44.06
4	Spencer, William	58	Santa Barbara Masters-CA	1:00.42

Men 55-59 100 SC Meter Breaststroke

1	Strand, Robert	58	The Olympic Club-CA	1:13.94
2	Stark, Allen	55	Unattached	1:15.69
3	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	1:34.98
4	Olson, Jay	55	West Hollywood Aquatics-CA	1:36.82

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 55-59 200 SC Meter Breaststroke**

1	Strand, Robert	58	The Olympic Club-CA		2:45.61
	37.83	1:20.35 (42.52)	2:02.66 (42.31)	2:45.61 (42.95)	
2	Stark, Allen	55	Unattached		2:50.35
	39.60	1:23.65 (44.05)	2:07.40 (43.75)	2:50.35 (42.95)	
3	Olson, Jay	55	West Hollywood Aquatics-CA		3:29.40
	47.17	1:39.80 (52.63)	2:34.27 (54.47)	3:29.40 (55.13)	
4	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA		3:31.12
	48.99	1:42.68 (53.69)	2:38.13 (55.45)	3:31.12 (52.99)	

Men 55-59 50 SC Meter Butterfly

1	Bowers, George	56	Ucla Bruin Masters-CA		30.60
2	Dann, Francis	58	Ucla Bruin Masters-CA		33.75
3	Campbell, John	57	Mission Viejo Nadadores-CA		34.05
4	Greenberg, Henry	56	Irvine Novaquatics-CA		34.06
5	Ryan, Gary	55	Hawaii Masters-HI		35.71

Men 55-59 100 SC Meter Butterfly

1	Bowers, George	56	Ucla Bruin Masters-CA		1:15.11
	37.38	1:15.11 (37.73)			
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		1:16.25
	35.81	1:16.25 (40.44)			
3	Greenberg, Henry	56	Irvine Novaquatics-CA		1:19.27
	38.44	1:19.27 (40.83)			

Men 55-59 200 SC Meter Butterfly

1	Bowers, George	56	Ucla Bruin Masters-CA		3:04.70
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		3:05.57
3	Greenberg, Henry	56	Irvine Novaquatics-CA		3:06.32
4	Dann, Francis	58	Ucla Bruin Masters-CA		3:12.45
5	Lee, Roy	58	Ucla Bruin Masters-CA		5:00.55

Men 55-59 100 SC Meter IM

1	Gruber, Glenn	55	Caltech Masters-CA		1:13.29
2	Bowers, George	56	Ucla Bruin Masters-CA		1:13.71
3	Campbell, John	57	Mission Viejo Nadadores-CA		1:15.97
4	Olson, Jay	55	West Hollywood Aquatics-CA		1:30.97

Men 55-59 200 SC Meter IM

1	Bowers, George	56	Ucla Bruin Masters-CA		2:52.39
	38.67	1:25.72 (47.05)	2:15.59 (49.87)	2:52.39 (36.80)	
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		2:57.04
	36.14	1:23.20 (47.06)	2:17.72 (54.52)	2:57.04 (39.32)	
3	Ryan, Gary	55	Hawaii Masters-HI		3:02.81
	36.44	1:21.71 (45.27)	2:18.29 (56.58)	3:02.81 (44.52)	
4	Greenberg, Henry	56	Irvine Novaquatics-CA		3:04.28
	38.37	2:24.56 (1:46.19)	3:04.28 (39.72)	3:04.28 ()	
5	Olson, Jay	55	West Hollywood Aquatics-CA		3:22.65
	44.99	1:40.78 (55.79)	2:36.63 (55.85)	3:22.65 (46.02)	

Men 60-64 50 SC Meter Freestyle

1	van Baalen, Vinus	62	San Diego Swim Masters-SI		27.77
2	Viguie, George	60	Rolling Hills Mus Sharks-CC		29.62
3	Armstrong, Bill	62	Long Beach Grunions-CA		42.20

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 60-64 100 SC Meter Freestyle**

1	van Baalen, Vinus	62	San Diego Swim Masters-SI	1:05.19
	31.44		1:05.19 (33.75)	
2	Viguie, George	60	Rolling Hills Mus Sharks-CC	1:05.46
	31.39		1:05.46 (34.07)	
3	Freshley, Mike	63	San Diego Swim Masters-SI	1:07.89
	32.26		1:07.89 (35.63)	

Men 60-64 200 SC Meter Freestyle

1	Freshley, Mike	63	San Diego Swim Masters-SI	2:27.41
2	Viguie, George	60	Rolling Hills Mus Sharks-CC	2:30.19
3	Anderson, Eric	60	South Bay Swim Team-CA	2:39.59
4	van Baalen, Vinus	62	San Diego Swim Masters-SI	2:42.69
5	Armstrong, Bill	62	Long Beach Grunions-CA	4:11.39

Men 60-64 400 SC Meter Freestyle

1	Anderson, Eric	60	South Bay Swim Team-CA	5:35.81
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Men 60-64 1500 SC Meter Freestyle

1	Hahm, Martin	63	Brophy Swim Masters-AZ	30:49.05
	54.45		1:52.43 (57.98)	2:52.70 (1:00.27)
	4:53.97 (1:00.33)		5:53.67 (59.70)	6:55.32 (1:01.65)
	9:01.04 (1:03.52)		10:03.28 (1:02.24)	11:07.46 (1:04.18)
	13:12.95 (1:02.67)		14:15.60 (1:02.65)	15:17.41 (1:01.81)
	17:21.86 (1:02.06)		18:23.81 (1:01.95)	19:27.07 (1:03.26)
	21:33.53 (1:03.41)		22:36.62 (1:03.09)	23:39.68 (1:03.06)
	25:46.50 (1:03.67)		26:48.26 (1:01.76)	27:48.19 (59.93)
	29:51.26 (59.49)		30:49.05 (57.79)	28:51.77 (1:03.58)

Men 60-64 100 SC Meter Backstroke

1	Anderson, Eric	60	South Bay Swim Team-CA	1:26.48
2	Szuch, David	61	Heartland Swim Association-CA	1:31.91

Men 60-64 200 SC Meter Backstroke

1	Szuch, David	61	Heartland Swim Association-CA	3:17.40
	45.64		1:33.81 (48.17)	2:26.08 (52.27)
				3:17.40 (51.32)
2	Hahm, Martin	63	Brophy Swim Masters-AZ	4:05.27
	58.28		2:01.78 (1:03.50)	3:05.00 (1:03.22)
				4:05.27 (1:00.27)

Men 60-64 100 SC Meter Breaststroke

1	Szuch, David	61	Heartland Swim Association-CA	1:40.00
2	Hahm, Martin	63	Brophy Swim Masters-AZ	1:46.42

Men 60-64 200 SC Meter Breaststroke

1	Szuch, David	61	Heartland Swim Association-CA	3:38.81
	47.96		1:41.84 (53.88)	2:39.37 (57.53)
				3:38.81 (59.44)
2	Hahm, Martin	63	Brophy Swim Masters-AZ	3:54.59
	53.79		1:53.92 (1:00.13)	2:55.17 (1:01.25)
				3:54.59 (59.42)

Men 60-64 50 SC Meter Butterfly

1	Freshley, Mike	63	San Diego Swim Masters-SI	31.04
2	van Baalen, Vinus	62	San Diego Swim Masters-SI	33.10

Men 60-64 100 SC Meter Butterfly

1	Hahm, Martin	63	Brophy Swim Masters-AZ	1:41.82
	49.54		1:41.82 (52.28)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 60-64 200 SC Meter Butterfly**

1 Hahm, Martin	63 Brophy Swim Masters-AZ	3:46.24
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Men 60-64 100 SC Meter IM

1 Freshley, Mike	63 San Diego Swim Masters-SI	1:14.42
2 Anderson, Eric	60 South Bay Swim Team-CA	1:24.25
3 Szuch, David	61 Heartland Swim Association-CA	1:28.67
4 Hahm, Martin	63 Brophy Swim Masters-AZ	1:45.42

Men 60-64 200 SC Meter IM

1 Szuch, David	61 Heartland Swim Association-CA	3:18.65
40.95	1:32.66 (51.71)	2:31.10 (58.44)
		3:18.65 (47.55)

Men 60-64 400 SC Meter IM

1 Hahm, Martin	63 Brophy Swim Masters-AZ	8:15.32
53.37	1:53.23 (59.86)	3:01.40 (1:08.17)
5:11.31 (1:02.55)	6:16.00 (1:04.69)	7:18.15 (1:02.15)
		8:15.32 (57.17)

Men 65-69 50 SC Meter Freestyle

1 Farrell, Jeff	67 Santa Barbara Masters-CA	27.90
2 Smethurst, Everett	69 Irvine Novaquatics-CA	37.02

Men 65-69 100 SC Meter Freestyle

1 Farrell, Jeff	67 Santa Barbara Masters-CA	1:02.05
30.00	1:02.05 (32.05)	

Men 65-69 200 SC Meter Freestyle

1 Farrell, Jeff	67 Santa Barbara Masters-CA	2:25.08
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Men 65-69 50 SC Meter Backstroke

1 Farrell, Jeff	67 Santa Barbara Masters-CA	36.73
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Men 65-69 100 SC Meter Backstroke

1 Smethurst, Everett	69 Irvine Novaquatics-CA	1:37.74
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Men 65-69 200 SC Meter Backstroke

1 Smethurst, Everett	69 Irvine Novaquatics-CA	3:34.58
49.74	1:42.77 (53.03)	2:37.98 (55.21)
		3:34.58 (56.60)

Men 65-69 50 SC Meter Butterfly

1 Farrell, Jeff	67 Santa Barbara Masters-CA	33.67
2 Smethurst, Everett	69 Irvine Novaquatics-CA	41.69

Men 65-69 100 SC Meter IM

1 Farrell, Jeff	67 Santa Barbara Masters-CA	1:15.18
2 Smethurst, Everett	69 Irvine Novaquatics-CA	1:38.29

Men 65-69 200 SC Meter IM

1 Farrell, Jeff	67 Santa Barbara Masters-CA	2:49.24
35.32	1:20.06 (44.74)	2:11.38 (51.32)
		2:49.24 (37.86)

Men 70-74 50 SC Meter Freestyle

1 O'Brien, Parry	72 Southwest Aquatic Masters-CA	40.63
2 Grohe, William E	71 University of San Francisco-PC	40.89
3 Rolph, Robert	73 Mission Viejo Nadadores-CA	42.12
4 McMeekin, Robert	70 Santa Clarita Masters Club-CA	44.80

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 70-74 100 SC Meter Freestyle**

1	Baker, Donald	73	San Diego Swim Masters-SI	1:16.06
	36.29		1:16.06 (39.77)	
2	Mitchell, Tom	71	Unattached	1:24.57
	40.25		1:24.57 (44.32)	
3	Grohe, William E	71	Universirty of San Francisco-PC	1:27.46
	40.52		1:27.46 (46.94)	
4	Rolph, Robert	73	Mission Viejo Nadadores-CA	1:36.66
5	McMeekin, Robert	70	Santa Clarita Masters Club-CA	1:54.72
	49.81		1:54.72 (1:04.91)	

Men 70-74 200 SC Meter Freestyle

1	Baker, Donald	73	San Diego Swim Masters-SI	3:02.62
2	Mitchell, Tom	71	Unattached	3:17.95
3	O'Brien, Parry	72	Southwest Aquatic Masters-CA	3:23.37
4	Grohe, William E	71	Universirty of San Francisco-PC	3:28.09
5	Rolph, Robert	73	Mission Viejo Nadadores-CA	3:33.46

Men 70-74 400 SC Meter Freestyle

1	Mitchell, Tom	71	Unattached	6:50.33
2	Grohe, William E	71	Universirty of San Francisco-PC	7:18.59
3	Rolph, Robert	73	Mission Viejo Nadadores-CA	7:50.39

Men 70-74 800 SC Meter Freestyle

1	Rolph, Robert	73	Mission Viejo Nadadores-CA	15:50.69
	54.67		1:52.04 (57.37) 2:52.44 (1:00.40) 3:51.66 (59.22)	
	4:52.41 (1:00.75)		5:52.67 (1:00.26) 6:52.84 (1:00.17) 7:52.65 (59.81)	
	8:53.85 (1:01.20)		9:54.85 (1:01.00) 10:54.72 (59.87) 11:55.78 (1:01.06)	
	12:55.09 (59.31)		13:55.19 (1:00.10) 14:54.25 (59.06) 15:50.69 (56.44)	

Men 70-74 1500 SC Meter Freestyle

1	Mitchell, Tom	71	Unattached	27:47.93
	44.82		1:36.34 (51.52) 2:31.63 (55.29) 3:27.01 (55.38)	
	4:23.77 (56.76)		5:19.46 (55.69) 6:14.54 (55.08) 7:08.94 (54.40)	
	8:03.89 (54.95)		8:58.97 (55.08) 9:54.16 (55.19) 10:50.99 (56.83)	
	11:47.59 (56.60)		12:44.87 (57.28) 13:40.63 (55.76) 14:38.08 (57.45)	
	15:34.32 (56.24)		16:31.47 (57.15) 17:27.98 (56.51) 18:25.13 (57.15)	
	19:21.94 (56.81)		20:19.23 (57.29) 21:16.60 (57.37) 22:13.86 (57.26)	
	23:11.56 (57.70)		24:09.44 (57.88) 25:06.21 (56.77) 26:01.38 (55.17)	
	26:55.79 (54.41)		27:47.93 (52.14)	

Men 70-74 50 SC Meter Backstroke

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	41.57
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Men 70-74 100 SC Meter Backstroke

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	1:33.45
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Men 70-74 200 SC Meter Backstroke

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	3:22.69
	48.83		1:40.43 (51.60) 2:32.28 (51.85) 3:22.69 (50.41)	
2	Grohe, William E	71	Universirty of San Francisco-PC	4:13.28
	57.03		1:59.74 (1:02.71) 3:07.91 (1:08.17) 4:13.28 (1:05.37)	

Men 70-74 200 SC Meter Breaststroke

1	Mitchell, Tom	71	Unattached	3:58.66
	53.24		1:54.71 (1:01.47) 2:57.98 (1:03.27) 3:58.66 (1:00.68)	
2	Grohe, William E	71	Universirty of San Francisco-PC	4:58.62
	1:07.69		2:23.61 (1:15.92) 3:41.66 (1:18.05) 4:58.62 (1:16.96)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 70-74 50 SC Meter Butterfly**

1	O'Brien, Parry	72	Southwest Aquatic Masters-CA	43.02
2	McConnell, Stan	73	Huntington Beach Swim Club-CA	44.62
3	Mitchell, Tom	71	Unattached	47.32

Men 70-74 100 SC Meter Butterfly

1	Baker, Donald	73	San Diego Swim Masters-SI	1:58.39
	50.99		1:58.39 (1:07.40)	

Men 70-74 200 SC Meter Butterfly

1	Mitchell, Tom	71	Unattached	4:15.93
2	Grohe, William E	71	Universirty of San Francisco-PC	5:03.54

Men 70-74 100 SC Meter IM

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	1:36.71
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Men 70-74 200 SC Meter IM

1	Baker, Donald	73	San Diego Swim Masters-SI	3:38.70
	50.29		1:48.28 (57.99) 2:49.47 (1:01.19) 3:38.70 (49.23)	
2	Mitchell, Tom	71	Unattached	3:42.04
	51.75		1:51.06 (59.31) 2:55.04 (1:03.98) 3:42.04 (47.00)	
3	Grohe, William E	71	Universirty of San Francisco-PC	4:04.29
	1:02.66		2:05.17 (1:02.51) 3:26.75 (1:21.58) 4:04.29 (37.54)	

Men 75-79 50 SC Meter Freestyle

1	Piemme, Frank	79	Santa Barbara Masters-CA	32.95
2	Hubbard, Donald	77	San Diego Swim Masters-SI	40.54
3	Arth, Lee	79	Unattached	47.01

Men 75-79 100 SC Meter Freestyle

1	Piemme, Frank	79	Santa Barbara Masters-CA	1:18.39
	37.05		1:18.39 (41.34)	
2	Draves, Duane	78	San Diego Swim Masters-SI	1:24.32
	40.21		1:24.32 (44.11)	
3	Arth, Lee	79	Unattached	1:44.06
	48.84		1:44.06 (55.22)	

Men 75-79 200 SC Meter Freestyle

1	Piemme, Frank	79	Santa Barbara Masters-CA	2:58.33
2	Hubbard, Donald	77	San Diego Swim Masters-SI	3:40.23
3	Silverstein, Lou	78	Arizona Masters-AZ	4:25.04

Men 75-79 400 SC Meter Freestyle

1	Piemme, Frank	79	Santa Barbara Masters-CA	6:34.29
2	Silverstein, Lou	78	Arizona Masters-AZ	8:48.04

Men 75-79 50 SC Meter Backstroke

1	Draves, Duane	78	San Diego Swim Masters-SI	43.78
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Men 75-79 100 SC Meter Backstroke

1	Draves, Duane	78	San Diego Swim Masters-SI	1:34.87
2	Silverstein, Lou	78	Arizona Masters-AZ	2:01.59

Men 75-79 200 SC Meter Backstroke

1	Draves, Duane	78	San Diego Swim Masters-SI	3:31.36
	47.50		1:39.93 (52.43) 2:35.36 (55.43) 3:31.36 (56.00)	
2	Arth, Lee	79	Unattached	4:10.74
	58.78		2:02.66 (1:03.88) 3:07.08 (1:04.42) 4:10.74 (1:03.66)	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 75-79 50 SC Meter Breaststroke**

1	Piemme, Frank	79	Santa Barbara Masters-CA	44.89
2	Sapper, Gene	75	Heartland Swim Association-CA	50.76

Men 75-79 100 SC Meter Breaststroke

1	Hubbard, Donald	77	San Diego Swim Masters-SI	2:01.11
2	Sapper, Gene	75	Heartland Swim Association-CA	2:01.76
3	Arth, Lee	79	Unattached	2:17.79

Men 75-79 200 SC Meter Breaststroke

1	Sapper, Gene	75	Heartland Swim Association-CA	4:40.67	
	1:01.75	2:15.33	(1:13.58)	3:32.19 (1:16.86)	4:40.67 (1:08.48)
2	Arth, Lee	79	Unattached	4:41.55	
	1:05.92	2:18.13	(1:12.21)	3:31.25 (1:13.12)	4:41.55 (1:10.30)

Men 75-79 50 SC Meter Butterfly

1	Piemme, Frank	79	Santa Barbara Masters-CA	39.51
2	Draves, Duane	78	San Diego Swim Masters-SI	43.29
3	Hubbard, Donald	77	San Diego Swim Masters-SI	52.41
4	Sapper, Gene	75	Heartland Swim Association-CA	57.89

Men 75-79 100 SC Meter Butterfly

1	Sapper, Gene	75	Heartland Swim Association-CA	2:18.75
	1:07.87	2:18.75	(1:10.88)	

Men 75-79 200 SC Meter Butterfly

1	Sapper, Gene	75	Heartland Swim Association-CA	5:10.67
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Men 75-79 100 SC Meter IM

1	Draves, Duane	78	San Diego Swim Masters-SI	1:33.35
2	Piemme, Frank	79	Santa Barbara Masters-CA	1:34.40
3	Arth, Lee	79	Unattached	1:58.83

Men 75-79 200 SC Meter IM

1	Piemme, Frank	79	Santa Barbara Masters-CA	3:32.03	
	47.66	1:47.74	(1:00.08)	2:47.59 (59.85)	3:32.03 (44.44)
2	Arth, Lee	79	Unattached	4:20.63	
	1:04.64	2:09.90	(1:05.26)	3:24.41 (1:14.51)	4:20.63 (56.22)

Men 80-84 50 SC Meter Freestyle

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	40.01
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Men 80-84 100 SC Meter Freestyle

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	1:29.29
	43.40	1:29.29	(45.89)	

Men 80-84 400 SC Meter Freestyle

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	6:51.46
				3:24.07 ()
	6:51.46	(3:27.39)		

Men 80-84 50 SC Meter Backstroke

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	50.94
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Men 80-84 100 SC Meter Backstroke

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	1:54.58
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SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 80-84 200 SC Meter Backstroke**

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 4:18.33
 59.84 2:06.37 (1:06.53) 3:13.67 (1:07.30) 4:18.33 (1:04.66)

Men 80-84 50 SC Meter Breaststroke

1 Cao, XingKang 80 Unattached 53.96

Men 80-84 100 SC Meter Breaststroke

1 Cao, XingKang 80 Unattached 2:05.10

Men 80-84 100 SC Meter IM

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 1:47.15

Men 80-84 200 SC Meter IM

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 4:13.15
 1:00.70 2:09.93 (1:09.23) 3:21.88 (1:11.95) 4:13.15 (51.27)

Men 85-89 50 SC Meter Freestyle

1 Haver, Tom 86 San Diego Swim Masters-SI 55.60

Men 85-89 100 SC Meter Freestyle

1 Haver, Tom 86 San Diego Swim Masters-SI 2:13.88
 1:00.31 2:13.88 (1:13.57)

Men 85-89 200 SC Meter Freestyle

1 Haver, Tom 86 San Diego Swim Masters-SI 5:05.10

Men 85-89 50 SC Meter Backstroke

1 Haver, Tom 86 San Diego Swim Masters-SI 59.99

Men 85-89 100 SC Meter Backstroke

1 Haver, Tom 86 San Diego Swim Masters-SI 2:17.37

Men 85-89 200 SC Meter Backstroke

1 Haver, Tom 86 San Diego Swim Masters-SI 5:08.23
 1:08.79 2:27.78 (1:18.99) 3:48.32 (1:20.54) 5:08.23 (1:19.91)
 2 Johnson, William H 86 Walnut Creek Masters-PC 5:54.83
 2:57.05 () 4:35.50 (1:38.45) 5:54.83 (1:19.33)

Men 85-89 200 SC Meter Breaststroke

1 Johnson, William H 86 Walnut Creek Masters-PC 5:43.10
 1:17.81 2:47.20 (1:29.39) 4:21.85 (1:34.65) 5:43.10 (1:21.25)

Men 85-89 200 SC Meter Butterfly

1 Johnson, William H 86 Walnut Creek Masters-PC 6:52.38

Men 85-89 100 SC Meter IM

1 Johnson, William H 86 Walnut Creek Masters-PC 2:13.11

Women 120-159 200 SC Meter Freestyle Relay

1 Ucla Bruin Masters-CA A 2:03.29
 1) Dodd, Laurie W32 2) Ciraulo, Christie W51 3) Oliver, Dianna W22 4) Shannon, Heather W42
 2 Mission Viejo Nadadores-CA A 2:12.33
 1) Hovsepian, Leslie W22 2) Batcheller, Jennifer W36 3) Barrett, Connie W35 4) Engel, Tami W41
 3 Long Beach Grunions-CA A 2:56.60
 1) Powers, Patricia W47 2) Ball, Liz W39 3) Kijak, Lisa W33 4) Marthell, Yvette W28

Women 120-159 400 SC Meter Freestyle Relay

1 Heartland Swim Association-CA A 4:49.01
 1) North, Nancy W36 2) Clarke, Cindy W29 3) Coe, Alyssa W31 4) Gajoli, Christine W25

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Women 120-159 400 SC Meter Freestyle Relay)**

2	Ucla Bruin Masters-CA	A		4:58.30
	1) Dodd, Laurie W32	2) Shannon, Heather W42	3) Voitovitsch, Julia W28	4) Ciraulo, Christie W51
3	Long Beach Grunions-CA	A		5:01.71
	1) Powers, Patricia W47	2) Taylor, Morgan W21	3) Roberts, Vicki W41	4) Cole, Jacqueline W24
4	Long Beach Grunions-CA	B		7:25.71
	1) Kijak, Lisa W33	2) Schuldt, Jana W27	3) Marthell, Yvette W28	4) Spatz, Barbara W56

Women 120-159 800 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A		11:06.61
	1) Powers, Patricia W47	2) Roberts, Vicki W41	3) Cole, Jacqueline W24	4) Taylor, Morgan W21
	40.28	1:25.69 (1:25.69)	2:13.98 (2:13.98)	3:05.36 (3:05.36)
	3:41.98 (36.62)	4:28.01 (1:22.65)	5:16.71 (2:11.35)	6:04.93 (2:59.57)
	6:39.56 (34.63)	7:17.64 (1:12.71)	7:56.45 (1:51.52)	8:34.51 (2:29.58)
	9:09.90 (35.39)	9:49.33 (1:14.82)	10:28.74 (1:54.23)	11:06.61 (2:32.10)
2	Heartland Swim Association-CA	A		11:06.77
	1) North, Nancy W36	2) Page, Erin W38	3) Gajoli, Christine W25	4) Coe, Alyssa W31
	34.59	1:11.61 (1:11.61)	1:47.64 (1:47.64)	2:22.06 (2:22.06)
	3:06.57 (44.51)	3:55.86 (1:33.80)	4:48.24 (2:26.18)	5:39.38 (3:17.32)
	6:18.96 (39.58)	7:01.17 (1:21.79)	7:43.33 (2:03.95)	8:24.90 (2:45.52)
	9:01.46 (36.56)	9:44.05 (1:19.15)	10:26.06 (2:01.16)	11:06.77 (2:41.87)

Women 120-159 200 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	A		2:47.83
	1) Sheehan, J. Bridget W43	2) Barish, Rory W48	3) Rosselli, Desiree W20	4) Oliver, Dianna W22
	52.52	1:40.70 (48.18)	2:16.03 (35.33)	2:47.83 (31.80)
2	Long Beach Grunions-CA	A		3:17.48
	1) Schuldt, Jana W27	2) Kijak, Lisa W33	3) Cole, Jacqueline W24	4) Taylor, Morgan W21
	1:04.36	2:18.49 (1:14.13)	2:45.94 (27.45)	3:17.48 (31.54)

Women 120-159 400 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	A		5:21.89
	1) Ciraulo, Christie W51	2) Nakamatsu, Judith W37	3) Voitovitsch, Julia W28	4) Shannon, Heather W42
2	Heartland Swim Association-CA	A		5:30.08
	1) Coe, Alyssa W31	2) Gajoli, Christine W25	3) North, Nancy W36	4) Clarke, Cindy W29
3	Mission Viejo Nadadores-CA	A		5:39.77
	1) Engel, Tami W41	2) Uthus, Gwen W50	3) Hovsepian, Leslie W22	4) Batcheller, Jennifer W36
4	Long Beach Grunions-CA	A		6:15.37
	1) Cole, Jacqueline W24	2) Jacobus, Anne W54	3) Taylor, Morgan W21	4) Powers, Patricia W47

Women 160-199 200 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A		2:20.08
	1) Serianni, Vicki W53	2) Lasarenko, Lisa W39	3) Nakamatsu, Judith W37	4) Wallace, Marcy W47
2	Long Beach Grunions-CA	A		3:07.82
	1) Stanford, Kimberly W40	2) Spatz, Barbara W56	3) Schuldt, Jana W27	4) Jacobus, Anne W54

Women 160-199 400 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A		5:54.94
	1) Wallace, Marcy W47	2) Sheehan, J. Bridget W43	3) Hyatt, Beth W38	4) Nakamatsu, Judith W37

Women 160-199 200 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	A		2:35.15
	1) Serianni, Vicki W53	2) Nakamatsu, Judith W37	3) Ciraulo, Christie W51	4) Dodd, Laurie W32
	39.94	1:28.06 (48.12)	2:02.32 (34.26)	2:35.15 (32.83)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Women 160-199 400 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A	6:02.89
	1) Lasarenko, Lisa W39	2) Buhl, Annette W47	3) Serianni, Vicki W53
			4) Wallace, Marcy W47

Women 200-239 200 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A	2:17.65
	1) Winkler, Renate W66	2) Jarmakani, Brenda W57	3) Barish, Rory W48
			4) Thomas, Kelly W29

Women 200-239 400 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A	6:02.19
	1) Barish, Rory W48	2) Stern, Laurie W37	3) Harding, Nancy W52
			4) Winkler, Renate W66

Women 200-239 800 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A	12:13.71
	1) Ciraulo, Christie W51	2) Serianni, Vicki W53	3) Geoffrion, Helen W65
			4) Barish, Rory W48
	36.18	1:15.42 (1:15.42)	1:55.65 (1:55.65)
	2:33.51 (2:33.51)	3:15.18 (41.67)	4:01.97 (1:28.46)
	4:48.83 (2:15.32)	5:33.25 (2:59.74)	6:20.44 (47.19)
	7:14.89 (1:41.64)	8:10.41 (2:37.16)	9:03.80 (3:30.55)
	9:47.99 (44.19)	10:35.77 (1:31.97)	11:25.70 (2:21.90)
			12:13.71 (3:09.91)

Women 200-239 200 SC Meter Medley Relay

1	Long Beach Grunions-CA	A	3:26.69
	1) Nielson, Patricia W72	2) Jacobus, Anne W54	3) Roberts, Vicki W41
			4) Stanford, Kimberly W40
	1:02.31	1:56.63 (54.32)	2:35.91 (39.28)
			3:26.69 (50.78)

Women 240-279 400 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A	6:39.82
	1) Starks, Patty W44	2) Brodeur, Carol W57	3) Valderhaug, Marlee W63
			4) Reed, Nancy W77

Women 240-279 800 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A	14:30.90
	1) Brodeur, Carol W57	2) Brassy, Sue W57	3) Valderhaug, Marlee W63
			4) Ramey, Marilyn W64
	45.74	2:35.31 (2:35.31)	3:30.71 (3:30.71)
	4:21.89 (4:21.89)	5:17.38 (55.49)	6:14.98 (1:53.09)
	7:12.02 (2:50.13)	8:01.74 (49.72)	8:58.69 (1:46.67)
	9:56.83 (2:44.81)	10:50.72 (3:38.70)	11:41.59 (50.87)
	12:37.66 (1:46.94)	13:35.15 (2:44.43)	14:30.90 (3:40.18)

Women 240-279 400 SC Meter Medley Relay

1	Heartland Swim Association-CA	A	7:34.35
	1) Valderhaug, Marlee W63	2) Brodeur, Carol W57	3) Starks, Patty W44
			4) Reed, Nancy W77

Men 100-119 200 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A	1:48.21
	1) Kienitz, Mike M34	2) Capasso, Michael M28	3) Realubit, Howie M24
			4) Giacobe, Drew M30

Men 100-119 400 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A	4:10.32
	1) Ochoa, Rolando M28	2) Ochoa, Enrique M22	3) Kienitz, Mike M34
			4) Saldana, Rich M34

Men 100-119 800 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A	9:39.62
	1) Ochoa, Rolando M28	2) Ochoa, Enrique M22	3) Saldana, Rich M34
			4) Giacobe, Drew M30
	34.39	1:10.73 (1:10.73)	1:46.08 (1:46.08)
	2:19.29 (2:19.29)	2:57.46 (38.17)	3:33.86 (1:14.57)
	4:11.15 (1:51.86)	4:47.87 (2:28.58)	5:20.65 (32.78)
	5:57.81 (1:09.94)	6:37.16 (1:49.29)	7:15.56 (2:27.69)
	7:49.62 (34.06)	8:26.88 (1:11.32)	9:03.76 (1:48.20)
			9:39.62 (2:24.06)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 100-119 200 SC Meter Medley Relay**

1	Long Beach Grunions-CA	B	2:00.26
	1) Capasso, Michael M28	2) Ochoa, Rolando M28	3) Kremers, Brian M31
	31.62	1:05.81 (34.19)	1:34.29 (28.48)
			2:00.26 (25.97)
2	Long Beach Grunions-CA	A	2:09.91
	1) Saldana, Rich M34	2) Realubit, Howie M24	3) Ochoa, Enrique M22
	33.83	1:10.69 (36.86)	1:42.56 (31.87)
			2:09.91 (27.35)

Men 100-119 400 SC Meter Medley Relay

1	Long Beach Grunions-CA	A	4:31.99
	1) Kremers, Brian M31	2) Ochoa, Rolando M28	3) Ochoa, Enrique M22
			4) Giacobe, Drew M30

Men 120-159 200 SC Meter Freestyle Relay

1	Mission Viejo Nadadores-CA	A	1:48.26
	1) Hayashi, Kyle M19	2) Barker, Douglas M41	3) Kolarov, Michael M32
			4) Elder, Richard M29
2	Ucla Bruin Masters-CA	A	1:49.54
	1) Millar, Simon M38	2) Eickhoff, Randy M39	3) Smith, Kyle M24
			4) Wen, Patrick M32
3	West Hollywood Aquatics-CA	A	1:50.50
	1) Umbach, Mark M27	2) Gonzalez, Andrew M38	3) Ogorzelec, Gregg M38
			4) Ferguson, Dan M38
4	Long Beach Grunions-CA	A	1:51.00
	1) Thomaidis, Steve M37	2) Segreto, Stephen M41	3) Larsen, Peder M34
			4) Highnote, Allen M40
5	Long Beach Grunions-CA	B	2:02.58
	1) Brisbin, Kenny M39	2) Lalley, Christopher M35	3) Noyes, David M37
			4) Shaughnessy, Jim M44
6	Phoenix Sunfish-AZ	A	2:26.84
	1) Mitchell, R. A M50	2) Long, Douglas M41	3) Pelton, Doug M20
7	Long Beach Grunions-CA	C	2:28.67
	1) Miranda, Mike M42	2) Rodriguez, Sergio M37	3) Grubb, Eric M40
			4) Reis, Raul M40

Men 120-159 400 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A	3:57.31
	1) Scollon, Erik M33	2) Capasso, Michael M28	3) Kremers, Brian M31
			4) Segreto, Stephen M41
2	West Hollywood Aquatics-CA	A	4:07.66
	1) Ogorzelec, Gregg M38	2) McKenna, Joel M34	3) Umbach, Mark M27
			4) Ferguson, Dan M38
3	Long Beach Grunions-CA	B	4:10.70
	1) Thomaidis, Steve M37	2) Larsen, Peder M34	3) Murdoch, Kurt M38
			4) Giacobe, Drew M30
4	Long Beach Grunions-CA	D	4:42.88
	1) Brisbin, Kenny M39	2) Realubit, Howie M24	3) Shaughnessy, Jim M44
			4) Junk, Scott M43
5	Long Beach Grunions-CA	C	4:46.18
	1) Lalley, Christopher M35	2) Nielson, Erik M37	3) Noyes, David M37
			4) Dillon, Matthew M35
6	Ucla Bruin Masters-CA	A	4:57.11
	1) Wen, Patrick M32	2) Erickson, Stephen M35	3) Orosz, Michael M44
			4) Pomerantz, Andrew M44
7	Long Beach Grunions-CA	E	5:28.30
	1) Reis, Raul M40	2) Hess, Hans M32	3) Tapper, Christopher M37
			4) Grubb, Eric M40

Men 120-159 800 SC Meter Freestyle Relay

1	Santa Barbara Masters-CA	A	8:46.51
	1) Headley, Kevin M35	2) Reed, Scott M34	3) Sule, Zoltan M33
	28.80	57.91 (57.91)	1:28.93 (1:28.93)
	2:28.71 (27.77)	2:59.57 (58.63)	3:31.47 (1:30.53)
	4:33.33 (29.98)	5:06.20 (1:02.85)	5:41.16 (1:37.81)
	6:50.31 (33.86)	7:28.47 (1:12.02)	8:07.33 (1:50.88)
			2:00.94 (2:00.94)
			4:03.35 (2:02.41)
			6:16.45 (2:13.10)
			8:46.51 (2:30.06)
2	Long Beach Grunions-CA	A	9:02.70
	1) Kremers, Brian M31	2) Capasso, Michael M28	3) Larsen, Peder M34
	29.09	1:00.17 (1:00.17)	1:32.53 (1:32.53)
	2:35.69 (30.01)	3:11.37 (1:05.69)	3:49.75 (1:44.07)
	4:59.52 (31.12)	5:34.50 (1:06.10)	6:11.22 (1:42.82)
	7:19.79 (32.02)	7:54.70 (1:06.93)	8:28.82 (1:41.05)
			2:05.68 (2:05.68)
			4:28.40 (2:22.72)
			6:47.77 (2:19.37)
			9:02.70 (2:14.93)

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 120-159 800 SC Meter Freestyle Relay)**

3 Long Beach Grunions-CA	B			11:11.64
1) Realubit, Howie M24	2) Kienitz, Mike M34	3) Thomaidis, Steve M37	4) Lalley, Christopher M35	
31.12	1:07.27 (1:07.27)	1:45.47 (1:45.47)	2:21.97 (2:21.97)	
3:00.04 (38.07)	3:40.09 (1:18.12)	4:22.96 (2:00.99)	5:03.54 (2:41.57)	
5:41.59 (38.05)	6:25.54 (1:22.00)	7:09.15 (2:05.61)	7:47.60 (2:44.06)	
8:20.77 (33.17)	8:57.92 (1:10.32)	9:36.06 (1:48.46)	10:11.64 (2:24.04)	
4 Long Beach Grunions-CA	C			11:09.99
1) Dillon, Matthew M35	2) Iacoponi, Joe M39	3) Noyes, David M37	4) Shaughnessy, Jim M44	
40.33	1:24.59 (1:24.59)	2:09.42 (2:09.42)	2:53.29 (2:53.29)	
3:31.28 (37.99)	4:15.98 (1:22.69)	5:04.15 (2:10.86)	5:50.33 (2:57.04)	
6:10.20 (19.87)	7:08.63 (1:18.30)	7:51.91 (2:01.58)	8:33.53 (2:43.20)	
9:10.23 (36.70)	9:51.52 (1:17.99)	10:31.19 (1:57.66)	11:09.99 (2:36.46)	
5 Long Beach Grunions-CA	D			12:04.89
1) Richards, Steve M40	2) Brisbin, Kenny M39	3) Grubb, Eric M40	4) Hess, Hans M32	
42.76	1:30.02 (1:30.02)	2:20.31 (2:20.31)	3:09.60 (3:09.60)	
3:47.20 (37.60)	4:28.64 (1:19.04)	5:12.60 (2:03.00)	6:33.39 (3:23.79)	
	7:19.95 (46.56)	8:12.40 (1:39.01)	9:04.35 (2:30.96)	
9:46.26 (41.91)	10:31.49 (1:27.14)	11:18.13 (2:13.78)	12:04.89 (3:00.54)	

Men 120-159 200 SC Meter Medley Relay

1 Mission Viejo Nadadores-CA	A			2:09.16
1) Hayashi, Kyle M19	2) Kolarov, Michael M32	3) Barker, Douglas M41	4) Carlsen, Richard M45	
33.13	1:09.41 (36.28)	1:42.13 (32.72)	2:09.16 (27.03)	
2 West Hollywood Aquatics-CA	A			2:20.93
1) Umbach, Mark M27	2) Adams, Dan M48	3) Figueiredo, Paulo M58	4) Bahamon, Luis M43	
33.74	1:12.36 (38.62)	1:46.57 (34.21)	2:20.93 (34.36)	
3 Long Beach Grunions-CA	D			2:21.29
1) Highnote, Allen M40	2) Iacoponi, Joe M39	3) Brisbin, Kenny M39	4) Larsen, Peder M34	
32.77	1:12.77 (40.00)	1:48.80 (36.03)	2:21.29 (32.49)	
--- Long Beach Grunions-CA	C			DQ
1) Junk, Scott M43	2) Lalley, Christopher M35	3) Dillon, Matthew M35	4) Noyes, David M37	
37.86	1:18.81 (40.95)	2:00.81 (42.00)	DQ (29.76)	

Men 120-159 400 SC Meter Medley Relay

1 Santa Barbara Masters-CA	B			4:27.85
1) Reed, Scott M34	2) Bishop, Jon M33	3) Sule, Zoltan M33	4) Klebahn, Perry M38	
2 Long Beach Grunions-CA	A			4:36.89
1) Capasso, Michael M28	2) Murdoch, Kurt M38	3) Larsen, Peder M34	4) Kienitz, Mike M34	
3 Mission Viejo Nadadores-CA	A			4:38.59
1) Hayashi, Kyle M19	2) Tongate, Terry M44	3) Leutner, Gerry M40	4) Barker, Douglas M41	
4 West Hollywood Aquatics-CA	A			4:50.35
1) Umbach, Mark M27	2) Gonzalez, Andrew M38	3) Adams, Dan M48	4) Ferguson, Dan M38	
5 Long Beach Grunions-CA	B			5:13.30
1) Saldana, Rich M34	2) Mayhew, Douglas M40	3) Brisbin, Kenny M39	4) Lalley, Christopher M35	
6 Long Beach Grunions-CA	C			6:00.50
1) Junk, Scott M43	2) Miranda, Mike M42	3) Dillon, Matthew M35	4) Noyes, David M37	

Men 160-199 200 SC Meter Freestyle Relay

1 Carlsbad Swim Masters-CA	A			1:46.19
1) Thornhill, Don M47	2) Barton, Jim M49	3) Swank, Dieter M34	4) Prior, Jeff M37	
2 Irvine Novaquatics-CA	A			1:48.66
1) Stone, Wes M42	2) Barbrick, Pete M41	3) Murphy, Liam M32	4) Carter, Paul M47	
3 UCLA Bruin Masters-CA	A			1:53.66
1) Bowers, George M56	2) Gardner, Nick M39	3) Rodrigues, Gerry M42	4) Erickson, Stephen M35	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****(Men 160-199 200 SC Meter Freestyle Relay)**

4 West Hollywood Aquatics-CA	A		2:01.40
1) Adams, Dan M48		2) Stratte-McClure, Joel M56	4) McKenna, Joel M34
5 West Hollywood Aquatics-CA	B		2:14.53
1) Figueiredo, Paulo M58		2) LaFianza, Bernard M42	4) Graham, Errol M45
6 UCLA Bruin Masters-CA	B		2:16.28
1) Dann, Francis M58		2) Pomerantz, Andrew M44	4) Behrens, Michael M35
7 Long Beach Grunions-CA	A		2:35.71
1) Tapper, Christopher M37		2) Carbuto, Michael M51	4) Mayhew, Douglas M40
		3) Larson, Charles M52	
		3) Bahamon, Luis M43	
		3) Small, Kent M48	
		3) Parnes, Barton M48	

Men 160-199 400 SC Meter Freestyle Relay

1 Carlsbad Swim Masters-CA	A		3:55.97
1) Thornhill, Don M47		2) Barton, Jim M49	4) Prior, Jeff M37
2 UCLA Bruin Masters-CA	A		3:58.29
1) Rodrigues, Gerry M42		2) Eickhoff, Randy M39	4) Bowers, George M56
3 Long Beach Grunions-CA	A		4:38.04
1) Boyd, Tom M48		2) Highnote, Allen M40	4) Ferguson, Howard M50
4 West Hollywood Aquatics-CA	A		4:54.18
1) Levy, Aaron M45		2) Olson, Jay M55	4) Graham, Errol M45
5 Long Beach Grunions-CA	B		6:29.22
1) Andersen, David M33		2) Miranda, Mike M42	4) Parnes, Barton M48
		3) Swank, Dieter M34	
		3) Smith, Kyle M24	
		3) Butler, Bill M48	
		3) Larson, Charles M52	
		3) Mayhew, Douglas M40	

Men 160-199 800 SC Meter Freestyle Relay

1 Long Beach Grunions-CA	A		9:50.57
1) Boyd, Tom M48		2) Murdoch, Kurt M38	4) Highnote, Allen M40
33.26	1:09.53 (1:09.53)	1:49.43 (1:49.43)	2:31.09 (2:31.09)
3:06.06 (34.97)	3:46.99 (1:15.90)	4:27.80 (1:56.71)	5:08.31 (2:37.22)
5:41.69 (33.38)	6:17.23 (1:08.92)	6:53.99 (1:45.68)	7:30.38 (2:22.07)
8:03.21 (32.83)	8:38.68 (1:08.30)	9:14.85 (1:44.47)	9:50.57 (2:20.19)
2 Irvine Novaquatics-CA	A		9:52.45
1) Murphy, Liam M32		2) Greenberg, Henry M56	4) Benner, Tord M45
32.41	1:08.23 (1:08.23)	1:44.88 (1:44.88)	2:20.62 (2:20.62)
2:58.92 (38.30)	3:41.48 (1:20.86)	4:24.66 (2:04.04)	5:05.51 (2:44.89)
5:38.45 (32.94)	6:18.27 (1:12.76)	6:59.39 (1:53.88)	7:37.42 (2:31.91)
8:09.12 (31.70)	8:43.19 (1:05.77)	9:18.34 (1:40.92)	9:52.45 (2:15.03)
3 West Hollywood Aquatics-CA	A		10:02.18
1) McKenna, Joel M34		2) Figueiredo, Paulo M58	4) Umbach, Mark M27
33.00	1:07.60 (1:07.60)	1:42.96 (1:42.96)	2:17.54 (2:17.54)
2:52.78 (35.24)	3:31.90 (1:14.36)	4:11.52 (1:53.98)	4:50.50 (2:32.96)
5:29.86 (39.36)	6:14.05 (1:23.55)	6:58.95 (2:08.45)	7:42.84 (2:52.34)
8:14.64 (31.80)	8:49.55 (1:06.71)	9:25.97 (1:43.13)	10:02.18 (2:19.34)
		3) Olson, Jay M55	
		3) von Hoffmann, Gerard M48	
		3) Wasko, Frank M44	
		3) Bowers, George M56	
		3) Boyd, Tom M48	
		3) Larson, Charles M52	

Men 160-199 200 SC Meter Medley Relay

1 Irvine Novaquatics-CA	A		1:59.57
1) Benner, Tord M45		2) von Hoffmann, Gerard M48	4) Murphy, Liam M32
32.45	1:05.37 (32.92)	1:32.56 (27.19)	1:59.57 (27.01)
2 UCLA Bruin Masters-CA	A		2:06.85
1) O'Keefe, Peter M50		2) Pottie, Greg M43	4) Rodrigues, Gerry M42
32.58	1:10.32 (37.74)	1:39.54 (29.22)	2:06.85 (27.31)
3 Long Beach Grunions-CA	A		2:09.15
1) Murdoch, Kurt M38		2) Nielson, Erik M37	4) Thomaidis, Steve M37
33.93	1:09.74 (35.81)	1:41.91 (32.17)	2:09.15 (27.24)
4 West Hollywood Aquatics-CA	A		2:25.56
1) Graham, Errol M45		2) Stratte-McClure, Joel M56	4) McKenna, Joel M34
40.30	1:21.90 (41.60)	1:57.55 (35.65)	2:25.56 (28.01)
		3) Wasko, Frank M44	
		3) Bowers, George M56	
		3) Boyd, Tom M48	
		3) Larson, Charles M52	

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Men 160-199 400 SC Meter Medley Relay**

1 Long Beach Grunions-CA	A		4:46.45
1) Highnote, Allen M40	2) Boyd, Tom M48	3) Segreto, Stephen M41	4) Thomaidis, Steve M37
2 Carlsbad Swim Masters-CA	A		4:47.29
1) Swank, Dieter M34	2) Abrami, John M44	3) Barton, Jim M49	4) Thornhill, Don M47
3 UCLA Bruin Masters-CA	A		4:51.50
1) Rodrigues, Gerry M42	2) Small, Kent M48	3) Eickhoff, Randy M39	4) Wen, Patrick M32
4 West Hollywood Aquatics-CA	A		5:00.29
1) McKenna, Joel M34	2) Ogorzelec, Gregg M38	3) Figueiredo, Paulo M58	4) Graham, Errol M45
5 UCLA Bruin Masters-CA	B		5:46.16
1) Millar, Simon M38	2) Orosz, Michael M44	3) Dann, Francis M58	4) Bowers, George M56

Men 200-239 200 SC Meter Freestyle Relay

1 Mission Viejo Nadadores-CA	A		2:05.72
1) Carlsen, Richard M45	2) Trowbridge, Val M50	3) Rapp, Dieter M51	4) Campbell, John M57

Men 200-239 400 SC Meter Freestyle Relay

1 Mission Viejo Nadadores-CA	A		4:59.87
1) Carlsen, Richard M45	2) Trowbridge, Val M50	3) Rolph, Robert M73	4) Tongate, Terry M44

Men 200-239 800 SC Meter Freestyle Relay

1 Mission Viejo Nadadores-CA	A		12:08.59
1) Trowbridge, Val M50	2) Carlsen, Richard M45	3) Rolph, Robert M73	4) Tongate, Terry M44
38.12	1:22.01 (1:22.01)	2:08.60 (2:08.60)	2:55.19 (2:55.19)
3:29.67 (34.48)	4:09.71 (1:14.52)	4:51.89 (1:56.70)	5:32.43 (2:37.24)
6:24.92 (52.49)	7:22.90 (1:50.47)	8:23.90 (2:51.47)	9:19.47 (3:47.04)
9:52.93 (33.46)	10:40.57 (1:21.10)	11:26.07 (2:06.60)	12:08.59 (2:49.12)

Men 200-239 200 SC Meter Medley Relay

1 Irvine Novaquatics-CA	A		2:23.77
1) Smethurst, Everett M69	2) Barbrick, Pete M41	3) Greenberg, Henry M56	4) Stone, Wes M42
44.28	1:22.52 (38.24)	1:56.84 (34.32)	2:23.77 (26.93)
2 Mission Viejo Nadadores-CA	A		2:33.09
1) Campbell, John M57	2) Trowbridge, Val M50	3) Leutner, Gerry M40	4) Rolph, Robert M73
41.11	1:21.42 (40.31)	1:51.28 (29.86)	2:33.09 (41.81)

Men 200-239 400 SC Meter Medley Relay

1 Long Beach Grunions-CA	A		6:26.46
1) Shaughnessy, Jim M44	2) Parnes, Barton M48	3) Ferguson, Howard M50	4) Armstrong, Bill M62

Mixed 72-99 200 SC Meter Medley Relay

1 Long Beach Grunions-CA	A		2:13.13
1) Kremers, Brian M31	2) Taylor, Morgan W21	3) Ochoa, Enrique M22	4) Cole, Jacqueline W24

Mixed 100-119 200 SC Meter Freestyle Relay

1 UCLA Bruin Masters-CA	A		2:01.38
1) Smith, Kyle M24	2) Rodrigues, Gerry M42	3) Rosselli, Desiree W20	4) Dodd, Laurie W32
26.00	51.74 (25.74)	1:31.07 (39.33)	2:01.38 (30.31)

Mixed 100-119 200 SC Meter Medley Relay

1 Mission Viejo Nadadores-CA	A		2:08.47
1) Hayashi, Kyle M19	2) Hovsepian, Leslie W22	3) Engel, Tami W41	4) Elder, Richard M29
2 UCLA Bruin Masters-CA	A		2:36.13
1) Misuraca, Molly W31	2) Smith, Kyle M24	3) Thomas, Kelly W29	4) Wen, Patrick M32
3 Long Beach Grunions-CA	A		3:08.35
1) Schuldt, Jana W27	2) Marthell, Yvette W28	3) Realubit, Howie M24	4) Grubb, Eric M40

SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**Results****Mixed 120-159 200 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A		2:48.87
	1) Richards, Steve M40	2) Ball, Liz W39	3) Kijak, Lisa W33	4) Reis, Raul M40
	37.32	1:27.84 (50.52)	2:13.02 (45.18)	2:48.87 (35.85)

Mixed 120-159 800 SC Meter Freestyle Relay

1	Mission Viejo Nadadores-CA	A		9:48.43
	1) Leutner, Joy W46	2) Richter, Jennifer W36	3) Leutner, Gerry M40	4) Hayashi, Kyle M19
	34.49	1:11.39 (1:11.39)	1:49.66 (1:49.66)	2:27.27 (2:27.27)
	3:09.75 (42.48)	3:56.71 (1:29.44)	4:44.01 (2:16.74)	5:31.33 (3:04.06)
	6:01.77 (30.44)	6:35.66 (1:04.33)	7:09.41 (1:38.08)	7:40.56 (2:09.23)
	8:09.40 (28.84)	8:41.25 (1:00.69)	9:14.68 (1:34.12)	9:48.43 (2:07.87)

Mixed 120-159 200 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	B		2:12.75
	1) Rodrigues, Gerry M42	2) Orosz, Michael M44	3) Voitovitsch, Julia W28	4) Shannon, Heather W42
2	Ucla Bruin Masters-CA	A		2:17.23
	1) Eickhoff, Randy M39	2) Millar, Simon M38	3) Oliver, Dianna W22	4) Dodd, Laurie W32

Mixed 120-159 400 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	A		5:22.59
	1) Smith, Kyle M24	2) Barish, Rory W48	3) Behrens, Michael M35	4) Dodd, Laurie W32
2	Ucla Bruin Masters-CA	B		6:55.81
	1) Stern, Laurie W37	2) Misuraca, Molly W31	3) Erickson, Stephen M35	4) Pomerantz, Andrew M44

Mixed 160-199 200 SC Meter Freestyle Relay

1	Ucla Bruin Masters-CA	A		1:58.89
	1) Bowers, George M56	2) Pottie, Greg M43	3) Oliver, Dianna W22	4) Ciraulo, Christie W51
	27.93	58.85 (30.92)	1:30.76 (31.91)	1:58.89 (28.13)
2	Ucla Bruin Masters-CA	B		2:22.90
	1) Wen, Patrick M32	2) Merchant, Guy M41	3) Serianni, Vicki W53	4) Nakamatsu, Judith W37
	37.12	1:17.83 (40.71)	1:54.40 (36.57)	2:22.90 (28.50)

Mixed 160-199 400 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A		4:36.62
	1) Page, Erin W38	2) Schafer, Ron M47	3) Mench, Lee M52	4) Lovell-Hampton, Surrena W38
2	Mission Viejo Nadadores-CA	A		5:11.34
	1) Kolarov, Michael M32	2) Richter, Jennifer W36	3) Barrett, Connie W35	4) Hayashi, Kyle M19

Mixed 160-199 800 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A		9:53.16
	1) Mench, Lee M52	2) Lovell-Hampton, Surrena W38	3) Starks, Patty W44	4) Schafer, Ron M47
	31.50	1:05.16 (1:05.16)	1:39.42 (1:39.42)	2:13.16 (2:13.16)
	2:46.49 (33.33)	3:24.38 (1:11.22)	4:02.43 (1:49.27)	4:38.75 (2:25.59)
	5:15.14 (36.39)	5:55.97 (1:17.22)	6:37.85 (1:59.10)	7:18.80 (2:40.05)
	7:54.01 (35.21)	8:33.37 (1:14.57)	9:13.93 (1:55.13)	9:53.16 (2:34.36)

Mixed 160-199 200 SC Meter Medley Relay

1	Carlsbad Swim Masters-CA	A		2:17.70
	1) Sing, Karen W47	2) Lutzker, Kerry W38	3) Swank, Dieter M34	4) Thornhill, Don M47
2	Mission Viejo Nadadores-CA	A		2:31.01
	1) Richter, Jennifer W36	2) Tongate, Terry M44	3) Carlsen, Richard M45	4) Batcheller, Jennifer W36
3	Ucla Bruin Masters-CA	A		2:32.96
	1) Ciraulo, Christie W51	2) Nakamatsu, Judith W37	3) Dann, Francis M58	4) Behrens, Michael M35
4	Long Beach Grunions-CA	A		2:37.32
	1) Scollon, Erik M33	2) Richards, Steve M40	3) Roberts, Vicki W41	4) Spatz, Barbara W56
5	Ucla Bruin Masters-CA	B		2:37.62
	1) Lasarenko, Lisa W39	2) Buhl, Annette W47	3) Gardner, Nick M39	4) Erickson, Stephen M35

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(Mixed 160-199 200 SC Meter Medley Relay)

---	Long Beach Grunions-CA	B		DQ			
1)	Stanford, Kimberly W40	2)	Werner, John M41	3)	Blasco, John M46	4)	Ball, Liz W39

Mixed 160-199 400 SC Meter Medley Relay

1	Heartland Swim Association-CA	A		5:17.25			
1)	Page, Erin W38	2)	Schafer, Ron M47	3)	Mench, Lee M52	4)	Lovell-Hampton, Surrena W38
2	Ucla Bruin Masters-CA	A		7:05.36			
1)	Thomas, Kelly W29	2)	Gardner, Nick M39	3)	Litchmann, John M48	4)	Harding, Nancy W52

Mixed 200-239 200 SC Meter Freestyle Relay

1	Irvine Novaquatics-CA	A		2:20.14			
1)	Greenberg, Henry M56	2)	Deschenes, Elizabeth W51	3)	von Hoffmann, Gerard M48	4)	Ball, Jennifer W45
	32.32	1:08.91 (36.59)	1:36.31 (27.40)	2:20.14 (43.83)			
2	Long Beach Grunions-CA	A		2:33.37			
1)	Powers, Patricia W47	2)	Carbuto, Michael M51	3)	Jacobus, Anne W54	4)	Butler, Bill M48
	38.37	1:20.08 (41.71)	2:01.06 (40.98)	2:33.37 (32.31)			
3	Mission Viejo Nadadores-CA	A		2:36.72			
1)	Campbell, John M57	2)	Barrett, Connie W35	3)	Richter, Jennifer W36	4)	Rolph, Robert M73
	32.15	1:14.67 (42.52)	1:53.91 (39.24)	2:36.72 (42.81)			

Mixed 200-239 400 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A		8:12.20			
1)	Nielson, Patricia W72	2)	Carbuto, Michael M51	3)	Stanford, Kimberly W40	4)	Armstrong, Bill M62

Mixed 200-239 800 SC Meter Freestyle Relay

1	Long Beach Grunions-CA	A		16:25.19			
1)	Nielson, Patricia W72	2)	Carbuto, Michael M51	3)	Marthell, Yvette W28	4)	Ferguson, Howard M50
	1:05.43	2:18.48 (2:18.48)	3:35.72 (3:35.72)	4:53.27 (4:53.27)			
	5:45.11 (51.84)	6:44.15 (1:50.88)	7:48.58 (2:55.31)	8:52.38 (3:59.11)			
	9:48.68 (56.30)	10:47.98 (1:55.60)	11:50.70 (2:58.32)				
	13:36.50 ()	14:31.18 ()	15:29.28 ()	16:25.19 ()			

Mixed 200-239 200 SC Meter Medley Relay

1	Ucla Bruin Masters-CA	A		2:22.21			
1)	Serianni, Vicki W53	2)	Small, Kent M48	3)	Bowers, George M56	4)	Wallace, Marcy W47
2	Mission Viejo Nadadores-CA	A		2:32.08			
1)	Uthus, Gwen W50	2)	Trowbridge, Val M50	3)	Campbell, John M57	4)	Leutner, Joy W46
3	Long Beach Grunions-CA	A		3:15.46			
1)	Nielson, Patricia W72	2)	Jacobus, Anne W54	3)	Ferguson, Howard M50	4)	Armstrong, Bill M62

Mixed 240-279 200 SC Meter Freestyle Relay

1	San Diego Swim Masters-SI	A		2:04.52			
1)	Pipes-Neilsen, Karlyn W42	2)	Baker, Donald M73	3)	Lund, Lynne W64	4)	van Baalen, Vinus M62
	27.55	1:00.72 (33.17)	1:52.85 (52.13)	2:04.52 (11.67)			

Mixed 240-279 400 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A		6:27.90			
1)	Szuch, David M61	2)	Emerich, Patricia W51	3)	Sapper, Gene M75	4)	Brassy, Sue W57

Mixed 240-279 800 SC Meter Freestyle Relay

1	Heartland Swim Association-CA	A		15:40.52			
1)	Szuch, David M61	2)	Sapper, Gene M75	3)	Reed, Nancy W77	4)	Emerich, Patricia W51
	42.43	1:29.76 (1:29.76)	2:18.31 (2:18.31)	3:05.13 (3:05.13)			
	3:53.68 (48.55)	4:46.40 (1:41.27)	5:41.78 (2:36.65)	6:31.81 (3:26.68)			
	6:51.40 (19.59)	7:31.34 (59.53)	8:43.01 (2:11.20)	9:55.16 (3:23.35)			
	12:08.36 (2:13.20)	13:21.04 (3:25.88)	14:31.31 (4:36.15)	15:40.52 (5:45.36)			

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Mixed 240-279 200 SC Meter Medley Relay

1 San Diego Swim Masters-SI	A		2:25.60
1) Pipes-Neilsen, Karlyn W42	2) Baker, Donald M73	3) Lund, Lynne W64	4) van Baalen, Vinus M62

Mixed 240-279 400 SC Meter Medley Relay

1 San Diego Swim Masters-SI	A		5:26.79
1) Pipes-Neilsen, Karlyn W42	2) Freshley, Mike M63	3) Lund, Lynne W64	4) Baker, Donald M73