

## SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

## Results

**Women 18-24 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Taylor, Morgan	21	Long Beach Grunions-CA	31.79

**Women 18-24 100 SC Meter Freestyle**

1 Oliver, Dianna	22	Ucla Bruin Masters-CA	1:08.00
33.20	1:08.00 (34.80)		
2 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:08.71
33.40	1:08.71 (35.31)		
3 Taylor, Morgan	21	Long Beach Grunions-CA	1:10.11
32.94	1:10.11 (37.17)		

**Women 18-24 200 SC Meter Freestyle**

1 Cole, Jacqueline	24	Long Beach Grunions-CA	2:26.13
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	2:30.52
3 Taylor, Morgan	21	Long Beach Grunions-CA	2:32.55

**Women 18-24 400 SC Meter Freestyle**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	5:12.55
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	5:29.31

**Women 18-24 50 SC Meter Backstroke**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	32.99
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	35.66
3 Cole, Jacqueline	24	Long Beach Grunions-CA	37.23
4 Rosselli, Desiree	20	Ucla Bruin Masters-CA	39.14
5 Taylor, Morgan	21	Long Beach Grunions-CA	40.95

**Women 18-24 100 SC Meter Backstroke**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:11.28
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	1:17.14
3 Cole, Jacqueline	24	Long Beach Grunions-CA	1:20.67

**Women 18-24 200 SC Meter Backstroke**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	2:32.10
36.57	1:15.00 (38.43)	1:54.14 (39.14)	2:32.10 (37.96)
2 Oliver, Dianna	22	Ucla Bruin Masters-CA	2:46.08
41.50	1:24.48 (42.98)	2:05.83 (41.35)	2:46.08 (40.25)
3 Rosselli, Desiree	20	Ucla Bruin Masters-CA	2:51.82
40.90	1:23.91 (43.01)	2:07.23 (43.32)	2:51.82 (44.59)

**Women 18-24 50 SC Meter Breaststroke**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	41.02
2 Cole, Jacqueline	24	Long Beach Grunions-CA	41.72
3 Taylor, Morgan	21	Long Beach Grunions-CA	42.73

**Women 18-24 100 SC Meter Breaststroke**

1 Rogers, Xan	21	Santa Clarita Masters Club-CA	1:28.29
2 Cole, Jacqueline	24	Long Beach Grunions-CA	1:33.57

**Women 18-24 200 SC Meter Breaststroke**

1 Rosselli, Desiree	20	Ucla Bruin Masters-CA	3:19.59
46.48	1:37.09 (50.61)	2:27.67 (50.58)	3:19.59 (51.92)

**Women 18-24 50 SC Meter Butterfly**

1 Hovsepian, Leslie	22	Mission Viejo Nadadores-CA	32.38
2 Taylor, Morgan	21	Long Beach Grunions-CA	33.88

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**Women 18-24 100 SC Meter Butterfly**

1 Taylor, Morgan	21 Long Beach Grunions-CA	1:21.62
37.98	1:21.62 (43.64)	
--- Cole, Jacqueline	24 Long Beach Grunions-CA	DQ
35.55	DQ (42.05)	

**Women 18-24 200 SC Meter Butterfly**

1 Oliver, Dianna	22 UCLA Bruin Masters-CA	3:16.23
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**Women 18-24 100 SC Meter IM**

1 Hovsepian, Leslie	22 Mission Viejo Nadadores-CA	1:11.75
2 Rogers, Xan	21 Santa Clarita Masters Club-CA	1:15.50
3 Cole, Jacqueline	24 Long Beach Grunions-CA	1:17.76
4 Taylor, Morgan	21 Long Beach Grunions-CA	1:21.79

**Women 18-24 200 SC Meter IM**

1 Cole, Jacqueline	24 Long Beach Grunions-CA	2:46.98
36.60	1:20.81 (44.21) 2:10.54 (49.73)	2:46.98 (36.44)
2 Rosselli, Desiree	20 UCLA Bruin Masters-CA	2:56.99
38.79	1:23.33 (44.54) 2:17.29 (53.96)	2:56.99 (39.70)

**Women 25-29 50 SC Meter Freestyle**

1 Ballard, Gretchen	26 South Coast Aquatics-CA	31.32
2 Clarke, Cindy	29 Heartland Swim Association-CA	32.64
3 Gajoli, Christine	25 Heartland Swim Association-CA	36.54
4 Marthell, Yvette	28 Long Beach Grunions-CA	45.73

**Women 25-29 100 SC Meter Freestyle**

1 Ballard, Gretchen	26 South Coast Aquatics-CA	1:08.05
32.56	1:08.05 (35.49)	
2 Marthell, Yvette	28 Long Beach Grunions-CA	1:41.47
50.77	1:41.47 (50.70)	

**Women 25-29 200 SC Meter Freestyle**

1 Thompson, Hilliary	29 San Diego Swim Masters-SI	2:25.02
2 Ballard, Gretchen	26 South Coast Aquatics-CA	2:28.56
3 Clarke, Cindy	29 Heartland Swim Association-CA	2:34.02

**Women 25-29 400 SC Meter Freestyle**

1 Ballard, Gretchen	26 South Coast Aquatics-CA	5:18.53
2 Gajoli, Christine	25 Heartland Swim Association-CA	5:40.51
3 Thomas, Kelly	29 UCLA Bruin Masters-CA	6:16.27

**Women 25-29 50 SC Meter Backstroke**

1 Schuldt, Jana	27 Long Beach Grunions-CA	1:07.58
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**Women 25-29 100 SC Meter Backstroke**

1 Thompson, Hilliary	29 San Diego Swim Masters-SI	1:09.48
2 Gajoli, Christine	25 Heartland Swim Association-CA	1:29.40
3 Thomas, Kelly	29 UCLA Bruin Masters-CA	1:32.78

**Women 25-29 50 SC Meter Breaststroke**

1 Gajoli, Christine	25 Heartland Swim Association-CA	47.03
2 Marthell, Yvette	28 Long Beach Grunions-CA	59.07
3 Schuldt, Jana	27 Long Beach Grunions-CA	59.14

**Women 25-29 100 SC Meter Breaststroke**

1 Clarke, Cindy	29 Heartland Swim Association-CA	1:28.14
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 25-29 100 SC Meter Breaststroke)**

2	Gajoli, Christine	25	Heartland Swim Association-CA	1:39.24
3	Marthell, Yvette	28	Long Beach Grunions-CA	2:12.80
---	Schuldt, Jana	27	Long Beach Grunions-CA	DQ

**Women 25-29 200 SC Meter Breaststroke**

1	Gajoli, Christine	25	Heartland Swim Association-CA	3:25.39
	47.61	1:39.54 (51.93)	2:32.06 (52.52)	3:25.39 (53.33)
2	Marthell, Yvette	28	Long Beach Grunions-CA	4:37.87
	1:05.36	2:15.49 (1:10.13)	3:27.34 (1:11.85)	4:37.87 (1:10.53)
3	Schuldt, Jana	27	Long Beach Grunions-CA	4:39.18
	1:03.76	2:15.48 (1:11.72)	3:26.51 (1:11.03)	4:39.18 (1:12.67)

**Women 25-29 50 SC Meter Butterfly**

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	29.85
2	Thompson, Hilliary	29	San Diego Swim Masters-SI	32.45

**Women 25-29 200 SC Meter Butterfly**

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	2:34.87
2	Thomas, Kelly	29	Ucla Bruin Masters-CA	3:45.55

**Women 25-29 100 SC Meter IM**

1	Voitovitsch, Julia	28	Ucla Bruin Masters-CA	1:12.28
2	Thompson, Hilliary	29	San Diego Swim Masters-SI	1:13.21
3	Clarke, Cindy	29	Heartland Swim Association-CA	1:19.96
4	Gajoli, Christine	25	Heartland Swim Association-CA	1:29.15
5	Thomas, Kelly	29	Ucla Bruin Masters-CA	1:36.16
6	Marthell, Yvette	28	Long Beach Grunions-CA	2:00.16

**Women 25-29 200 SC Meter IM**

1	Burch, Katie	27	Santa Barbara Masters-CA	2:59.08
	40.29	1:23.69 (43.40)	2:17.10 (53.41)	2:59.08 (41.98)
2	Gajoli, Christine	25	Heartland Swim Association-CA	3:07.59
	43.57	1:32.14 (48.57)	2:24.78 (52.64)	3:07.59 (42.81)

**Women 30-34 50 SC Meter Freestyle**

1	Day, Nadine	34	Illinois Masters-IL	27.88
2	Martinez, Edna	33	San Diego Swim Masters-SI	32.17
3	Kijak, Lisa	33	Long Beach Grunions-CA	46.12

**Women 30-34 100 SC Meter Freestyle**

1	Day, Nadine	34	Illinois Masters-IL	1:00.93
	29.96	1:00.93 (30.97)		
2	Dodd, Laurie	32	Ucla Bruin Masters-CA	1:07.83
	33.37	1:07.83 (34.46)		
3	Coe, Alyssa	31	Heartland Swim Association-CA	1:14.34
	36.74	1:14.34 (37.60)		
4	Kijak, Lisa	33	Long Beach Grunions-CA	1:50.36
	56.47	1:50.36 (53.89)		

**Women 30-34 200 SC Meter Freestyle**

1	Day, Nadine	34	Illinois Masters-IL	2:09.69
2	Dodd, Laurie	32	Ucla Bruin Masters-CA	2:22.01
3	Martinez, Edna	33	San Diego Swim Masters-SI	2:30.47
4	Coe, Alyssa	31	Heartland Swim Association-CA	2:41.22
5	Helmen, Nicole	32	Different Strokes Swim Team-SI	2:56.55

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 30-34 200 SC Meter Freestyle)**

6 Misuraca, Molly	31 UCLA Bruin Masters-CA	3:13.37
7 Kijak, Lisa	33 Long Beach Grunions-CA	4:13.72

**Women 30-34 400 SC Meter Freestyle**

1 Dodd, Laurie	32 UCLA Bruin Masters-CA	4:55.78
2 Martinez, Edna	33 San Diego Swim Masters-SI	5:19.45
3 Helmen, Nicole	32 Different Strokes Swim Team-SI	5:54.93
4 Misuraca, Molly	31 UCLA Bruin Masters-CA	6:52.47
5 Kijak, Lisa	33 Long Beach Grunions-CA	8:37.45

**Women 30-34 800 SC Meter Freestyle**

1 Coe, Alyssa	31 Heartland Swim Association-CA	12:07.86	
41.18	1:25.94 (44.76)	2:11.61 (45.67)	2:57.80 (46.19)
3:43.43 (45.63)	4:29.84 (46.41)	5:16.07 (46.23)	6:02.02 (45.95)
6:47.97 (45.95)	7:33.87 (45.90)	8:19.63 (45.76)	9:05.48 (45.85)
9:51.03 (45.55)	10:37.81 (46.78)	11:24.67 (46.86)	12:07.86 (43.19)

**Women 30-34 100 SC Meter Backstroke**

1 Helmen, Nicole	32 Different Strokes Swim Team-SI	1:24.97
2 Coe, Alyssa	31 Heartland Swim Association-CA	1:29.63
3 Misuraca, Molly	31 UCLA Bruin Masters-CA	1:44.07

**Women 30-34 200 SC Meter Backstroke**

1 Coe, Alyssa	31 Heartland Swim Association-CA	3:15.53	
46.39	1:35.47 (49.08)	2:25.68 (50.21)	3:15.53 (49.85)

**Women 30-34 50 SC Meter Breaststroke**

1 Day, Nadine	34 Illinois Masters-IL	35.26
2 Kijak, Lisa	33 Long Beach Grunions-CA	1:09.69

**Women 30-34 100 SC Meter Breaststroke**

1 Kijak, Lisa	33 Long Beach Grunions-CA	2:29.67
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**Women 30-34 50 SC Meter Butterfly**

1 Day, Nadine	34 Illinois Masters-IL	29.32
2 Coe, Alyssa	31 Heartland Swim Association-CA	35.60
3 Martinez, Edna	33 San Diego Swim Masters-SI	35.74
4 Moon, Grace	33 South Coast Aquatics-CA	35.97
5 Helmen, Nicole	32 Different Strokes Swim Team-SI	37.69

**Women 30-34 100 SC Meter Butterfly**

1 Day, Nadine	34 Illinois Masters-IL	1:05.56
30.96	1:05.56 (34.60)	
2 Dodd, Laurie	32 UCLA Bruin Masters-CA	1:14.94
34.98	1:14.94 (39.96)	
3 Coe, Alyssa	31 Heartland Swim Association-CA	1:29.66
42.08	1:29.66 (47.58)	

**Women 30-34 200 SC Meter Butterfly**

1 Day, Nadine	34 Illinois Masters-IL	2:24.91
2 Dodd, Laurie	32 UCLA Bruin Masters-CA	2:45.53
3 Misuraca, Molly	31 UCLA Bruin Masters-CA	4:34.99

**Women 30-34 100 SC Meter IM**

1 Day, Nadine	34 Illinois Masters-IL	1:07.55
2 Moon, Grace	33 South Coast Aquatics-CA	1:19.60

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**(Women 30-34 100 SC Meter IM)**

3	Dodd, Laurie	32	Ucla Bruin Masters-CA	1:19.88
4	Misuraca, Molly	31	Ucla Bruin Masters-CA	1:46.64

**Women 30-34 400 SC Meter IM**

1	Coe, Alyssa	31	Heartland Swim Association-CA	6:45.37
	43.19	1:35.22 (52.03)	2:27.24 (52.02)	3:17.61 (50.37)
	4:17.04 (59.43)	5:15.94 (58.90)	6:02.59 (46.65)	6:45.37 (42.78)

**Women 35-39 50 SC Meter Freestyle**

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	29.73
2	Finley, Linda	39	Academy Masters Swim Team-HI	30.03
3	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	31.36
4	Cassidy, Anne	38	Unattached	31.48
5	Page, Erin	38	Heartland Swim Association-CA	38.43

**Women 35-39 100 SC Meter Freestyle**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:02.37
	29.98	1:02.37 (32.39)		
2	Finley, Linda	39	Academy Masters Swim Team-HI	1:04.70
	30.91	1:04.70 (33.79)		
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:05.71
	31.96	1:05.71 (33.75)		
4	Cassidy, Anne	38	Unattached	1:07.95
	32.48	1:07.95 (35.47)		
5	Page, Erin	38	Heartland Swim Association-CA	1:28.37
	41.61	1:28.37 (46.76)		
6	Barrett, Connie	35	Mission Viejo Nadadores-CA	1:34.98
	44.25	1:34.98 (50.73)		

**Women 35-39 200 SC Meter Freestyle**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	2:12.98
2	North, Nancy	36	Heartland Swim Association-CA	2:19.55
3	Finley, Linda	39	Academy Masters Swim Team-HI	2:21.68
4	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	2:26.41
5	Cassidy, Anne	38	Unattached	2:38.35
6	Page, Erin	38	Heartland Swim Association-CA	3:00.83
7	Barrett, Connie	35	Mission Viejo Nadadores-CA	3:22.59

**Women 35-39 400 SC Meter Freestyle**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	4:45.36
2	North, Nancy	36	Heartland Swim Association-CA	4:50.33
3	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	5:02.43
4	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	6:31.41
5	Richter, Jennifer	36	Mission Viejo Nadadores-CA	6:33.60
6	Barrett, Connie	35	Mission Viejo Nadadores-CA	7:14.79

**Women 35-39 800 SC Meter Freestyle**

---	Richter, Jennifer	36	Mission Viejo Nadadores-CA	DQ
	46.69	1:38.01 (51.32)	2:30.60 (52.59)	3:22.51 (51.91)
	4:14.62 (52.11)	5:06.47 (51.85)	6:00.25 (53.78)	6:51.25 (51.00)
	7:44.82 (53.57)	8:35.86 (51.04)	9:24.40 (48.54)	10:14.87 (50.47)
	11:05.64 (50.77)	11:55.20 (49.56)	12:47.64 (52.44)	DQ (17.52)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 35-39 1500 SC Meter Freestyle**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	19:00.48
	34.76	1:12.03 (37.27)	1:49.83 (37.80)	2:27.12 (37.29)
	3:04.32 (37.20)	3:41.74 (37.42)	4:19.27 (37.53)	4:57.14 (37.87)
	5:34.62 (37.48)	6:12.18 (37.56)	6:50.01 (37.83)	7:27.90 (37.89)
	8:05.76 (37.86)	8:43.86 (38.10)	9:22.40 (38.54)	10:00.77 (38.37)
	10:39.67 (38.90)	11:18.62 (38.95)	11:57.03 (38.41)	12:35.62 (38.59)
	13:14.61 (38.99)	13:53.01 (38.40)	14:31.99 (38.98)	15:10.87 (38.88)
	15:49.64 (38.77)	16:28.25 (38.61)	17:07.10 (38.85)	17:45.31 (38.21)
	18:23.30 (37.99)	19:00.48 (37.18)		
2	Reilly, Margaret	35	Irvine Novaquatics-CA	19:31.91
	36.37	1:14.20 (37.83)	1:52.90 (38.70)	2:31.60 (38.70)
	3:10.03 (38.43)	3:48.95 (38.92)	4:28.37 (39.42)	5:07.17 (38.80)
	5:46.18 (39.01)	6:25.52 (39.34)	7:04.86 (39.34)	7:44.53 (39.67)
	8:23.64 (39.11)	9:03.30 (39.66)	9:42.54 (39.24)	10:22.19 (39.65)
	11:01.70 (39.51)	11:41.16 (39.46)	12:20.61 (39.45)	12:59.40 (38.79)
	13:39.36 (39.96)	14:18.39 (39.03)	14:58.43 (40.04)	15:38.02 (39.59)
	16:17.32 (39.30)	16:56.76 (39.44)	17:36.59 (39.83)	18:15.63 (39.04)
	18:54.78 (39.15)	19:31.91 (37.13)		
3	Finley, Linda	39	Academy Masters Swim Team-HI	20:07.40
	37.00	1:16.83 (39.83)	1:57.33 (40.50)	2:38.01 (40.68)
	3:18.44 (40.43)	3:58.57 (40.13)	4:39.05 (40.48)	5:19.95 (40.90)
	6:00.40 (40.45)	6:40.58 (40.18)	7:19.96 (39.38)	7:59.22 (39.26)
	8:38.53 (39.31)	9:17.84 (39.31)	9:57.61 (39.77)	10:37.42 (39.81)
	11:17.68 (40.26)	11:57.57 (39.89)	12:37.77 (40.20)	13:18.21 (40.44)
	13:58.66 (40.45)	14:39.40 (40.74)	15:20.14 (40.74)	16:01.18 (41.04)
	16:42.34 (41.16)	17:23.87 (41.53)	18:04.75 (40.88)	18:45.91 (41.16)
	19:27.30 (41.39)	20:07.40 (40.10)		
4	Barrett, Connie	35	Mission Viejo Nadadores-CA	27:21.35
	47.05	1:39.23 (52.18)	2:31.28 (52.05)	3:24.05 (52.77)
	4:17.95 (53.90)	5:10.97 (53.02)	6:04.81 (53.84)	6:58.43 (53.62)
	7:52.89 (54.46)	8:48.07 (55.18)	9:43.14 (55.07)	10:38.13 (54.99)
	11:33.99 (55.86)	12:29.42 (55.43)	13:24.52 (55.10)	14:19.64 (55.12)
	15:15.66 (56.02)	16:12.34 (56.68)	17:09.00 (56.66)	18:06.08 (57.08)
	19:01.64 (55.56)	19:57.45 (55.81)	20:52.65 (55.20)	21:48.42 (55.77)
	22:44.26 (55.84)	23:40.74 (56.48)	24:35.88 (55.14)	25:32.16 (56.28)
	26:28.52 (56.36)	27:21.35 (52.83)		

**Women 35-39 50 SC Meter Backstroke**

1	Cassidy, Anne	38	Unattached	40.80
2	Page, Erin	38	Heartland Swim Association-CA	47.28
3	Barrett, Connie	35	Mission Viejo Nadadores-CA	1:01.81

**Women 35-39 100 SC Meter Backstroke**

1	North, Nancy	36	Heartland Swim Association-CA	1:16.01
2	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	1:18.34
3	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	1:27.34
4	Page, Erin	38	Heartland Swim Association-CA	1:36.56
5	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	1:39.13
6	Stern, Laurie	37	Ucla Bruin Masters-CA	1:51.54
7	Barrett, Connie	35	Mission Viejo Nadadores-CA	2:11.53

**Women 35-39 200 SC Meter Backstroke**

1	North, Nancy	36	Heartland Swim Association-CA	2:37.41
	39.23	1:19.39 (40.16)	1:58.57 (39.18)	2:37.41 (38.84)
2	Finley, Linda	39	Academy Masters Swim Team-HI	2:43.23
	39.81	1:19.84 (40.03)	2:01.47 (41.63)	2:43.23 (41.76)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 35-39 200 SC Meter Backstroke)**

3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:43.07
	52.75		2:48.43 ( )	3:43.07 (54.64)
4	Page, Erin	38	Heartland Swim Association-CA	3:43.68
	52.14	1:51.15 (59.01)	2:48.57 (57.42)	3:43.68 (55.11)
5	Barrett, Connie	35	Mission Viejo Nadadores-CA	4:26.64
	1:01.92	2:08.31 (1:06.39)	3:17.23 (1:08.92)	4:26.64 (1:09.41)

**Women 35-39 50 SC Meter Breaststroke**

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	40.56
2	Cassidy, Anne	38	Unattached	41.56
3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	47.43

**Women 35-39 100 SC Meter Breaststroke**

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:30.12
2	Cassidy, Anne	38	Unattached	1:31.24
3	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:33.57
4	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	1:40.62

**Women 35-39 200 SC Meter Breaststroke**

1	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	3:13.14
	43.08	1:32.26 (49.18)	2:22.70 (50.44)	3:13.14 (50.44)
2	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:39.90
	51.68	1:47.93 (56.25)	2:43.98 (56.05)	3:39.90 (55.92)

**Women 35-39 50 SC Meter Butterfly**

1	North, Nancy	36	Heartland Swim Association-CA	32.53
2	Finley, Linda	39	Academy Masters Swim Team-HI	32.88
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	33.70
4	Reilly, Margaret	35	Irvine Novaquatics-CA	34.49
5	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	41.45
6	Page, Erin	38	Heartland Swim Association-CA	44.28
7	Richter, Jennifer	36	Mission Viejo Nadadores-CA	49.10
8	Hyatt, Beth	38	Ucla Bruin Masters-CA	1:05.76

**Women 35-39 100 SC Meter Butterfly**

1	North, Nancy	36	Heartland Swim Association-CA	1:11.18
	33.98	1:11.18 (37.20)		
2	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:13.38
	34.49	1:13.38 (38.89)		
3	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:20.58
	37.46	1:20.58 (43.12)		
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	1:42.40
	48.10	1:42.40 (54.30)		

**Women 35-39 200 SC Meter Butterfly**

1	North, Nancy	36	Heartland Swim Association-CA	2:38.80
2	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	2:45.55
3	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	3:22.32
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	3:38.81
5	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:55.04
6	Stern, Laurie	37	Ucla Bruin Masters-CA	4:36.42
7	Hyatt, Beth	38	Ucla Bruin Masters-CA	6:51.25

**Women 35-39 100 SC Meter IM**

1	Finley, Linda	39	Academy Masters Swim Team-HI	1:15.62
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 35-39 100 SC Meter IM)**

2	Reilly, Margaret	35	Irvine Novaquatics-CA	1:15.63
3	Hagadorn, Heather	39	Rocky Mountain Masters-CO	1:15.70
4	Pursell, Kirsten	37	Carlsbad Swim Masters-CA	1:17.23
5	Lovell-Hampton, Surrena	38	Heartland Swim Association-CA	1:17.58
6	Cassidy, Anne	38	Unattached	1:20.28
7	Lasarenko, Lisa	39	Ucla Bruin Masters-CA	1:27.01
8	Stern, Laurie	37	Ucla Bruin Masters-CA	1:42.92
9	Richter, Jennifer	36	Mission Viejo Nadadores-CA	1:45.57
---	Batcheller, Jennifer	36	Mission Viejo Nadadores-CA	DQ

**Women 35-39 200 SC Meter IM**

1	North, Nancy	36	Heartland Swim Association-CA	2:42.83
	33.92	1:15.66 (41.74)	2:07.21 (51.55)	2:42.83 (35.62)
2	Cassidy, Anne	38	Unattached	2:53.96
	41.04	1:27.11 (46.07)	2:16.27 (49.16)	2:53.96 (37.69)
3	Nakamatsu, Judith	37	Ucla Bruin Masters-CA	3:19.71
	46.95	1:39.24 (52.29)	2:35.12 (55.88)	3:19.71 (44.59)
4	Richter, Jennifer	36	Mission Viejo Nadadores-CA	3:35.32
	49.50	1:46.60 (57.10)	2:46.89 (1:00.29)	3:35.32 (48.43)
5	Page, Erin	38	Heartland Swim Association-CA	3:56.53
	48.98	1:49.92 (1:00.94)	3:03.26 (1:13.34)	3:56.53 (53.27)

**Women 35-39 400 SC Meter IM**

1	Hagadorn, Heather	39	Rocky Mountain Masters-CO	5:53.61
	36.70	1:18.89 (42.19)	2:06.23 (47.34)	2:52.97 (46.74)
	3:45.38 (52.41)	4:37.30 (51.92)	5:15.97 (38.67)	5:53.61 (37.64)
2	Richter, Jennifer	36	Mission Viejo Nadadores-CA	7:35.81
	49.99	1:49.87 (59.88)	2:49.56 (59.69)	3:49.05 (59.49)
	4:52.19 (1:03.14)	5:55.02 (1:02.83)	6:46.62 (51.60)	7:35.81 (49.19)

**Women 40-44 50 SC Meter Freestyle**

1	Shannon, Heather	42	Ucla Bruin Masters-CA	28.95
2	Engel, Tami	41	Mission Viejo Nadadores-CA	29.22
3	Winslow, Laura	44	Arizona Masters-AZ	30.55
4	Starks, Patty	44	Heartland Swim Association-CA	34.30
5	Roberts, Vicki	41	Long Beach Grunions-CA	36.32
6	Stanford, Kimberly	40	Long Beach Grunions-CA	52.09

**Women 40-44 100 SC Meter Freestyle**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	58.86
	28.30	58.86 (30.56)		
2	Engel, Tami	41	Mission Viejo Nadadores-CA	1:05.10
	31.40	1:05.10 (33.70)		
3	Winslow, Laura	44	Arizona Masters-AZ	1:06.29
	32.21	1:06.29 (34.08)		
4	Roberts, Vicki	41	Long Beach Grunions-CA	1:19.16
	37.60	1:19.16 (41.56)		

**Women 40-44 200 SC Meter Freestyle**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:05.64
2	Engel, Tami	41	Mission Viejo Nadadores-CA	2:22.83
3	Winslow, Laura	44	Arizona Masters-AZ	2:24.28

**Women 40-44 400 SC Meter Freestyle**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	4:24.94
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 40-44 400 SC Meter Freestyle)**

2	Starks, Patty	44	Heartland Swim Association-CA	5:47.07
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**Women 40-44 800 SC Meter Freestyle**

1	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	15:57.80
	56.56	1:56.95 (1:00.39)	2:57.47 (1:00.52)	3:56.71 (59.24)
	4:59.17 (1:02.46)	5:57.81 (58.64)	6:57.85 (1:00.04)	7:58.20 (1:00.35)
	8:58.17 (59.97)	9:59.62 (1:01.45)	10:59.99 (1:00.37)	12:00.58 (1:00.59)
	13:01.34 (1:00.76)	14:01.14 (59.80)	15:01.00 (59.86)	15:57.80 (56.80)

**Women 40-44 50 SC Meter Backstroke**

1	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	50.63
---	Stanford, Kimberly	40	Long Beach Grunions-CA	DQ

**Women 40-44 100 SC Meter Backstroke**

1	Starks, Patty	44	Heartland Swim Association-CA	1:22.13
2	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	1:49.99

**Women 40-44 200 SC Meter Backstroke**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:25.16
	34.85	1:11.63 (36.78)	1:48.92 (37.29)	2:25.16 (36.24)
2	Engel, Tami	41	Mission Viejo Nadadores-CA	2:49.30
	41.33	1:23.63 (42.30)	2:06.96 (43.33)	2:49.30 (42.34)
3	Starks, Patty	44	Heartland Swim Association-CA	2:53.57
	43.64	1:28.09 (44.45)	2:11.59 (43.50)	2:53.57 (41.98)
4	Winslow, Laura	44	Arizona Masters-AZ	2:54.86
	41.61	1:25.77 (44.16)	2:10.86 (45.09)	2:54.86 (44.00)
5	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	3:53.09
	54.29	1:53.74 (59.45)	2:54.54 (1:00.80)	3:53.09 (58.55)

**Women 40-44 50 SC Meter Breaststroke**

1	Roberts, Vicki	41	Long Beach Grunions-CA	47.66
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**Women 40-44 100 SC Meter Breaststroke**

1	Roberts, Vicki	41	Long Beach Grunions-CA	1:45.59
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**Women 40-44 200 SC Meter Breaststroke**

1	Roberts, Vicki	41	Long Beach Grunions-CA	3:51.28
	53.67	1:52.57 (58.90)	2:51.44 (58.87)	3:51.28 (59.84)

**Women 40-44 50 SC Meter Butterfly**

1	Shannon, Heather	42	Ucla Bruin Masters-CA	34.26
2	Roberts, Vicki	41	Long Beach Grunions-CA	37.20

**Women 40-44 100 SC Meter Butterfly**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	1:05.22
	30.59	1:05.22 (34.63)		
2	Engel, Tami	41	Mission Viejo Nadadores-CA	1:12.60
	34.61	1:12.60 (37.99)		
3	Starks, Patty	44	Heartland Swim Association-CA	1:16.21
	37.99	1:16.21 (38.22)		
4	Roberts, Vicki	41	Long Beach Grunions-CA	1:41.76
	44.12	1:41.76 (57.64)		
5	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	2:08.68
	1:02.32	2:08.68 (1:06.36)		

**Women 40-44 200 SC Meter Butterfly**

1	Engel, Tami	41	Mission Viejo Nadadores-CA	2:50.06
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 40-44 200 SC Meter Butterfly)**

2	Shannon, Heather	42	Ucla Bruin Masters-CA	3:16.87
3	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	4:20.95

**Women 40-44 100 SC Meter IM**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	1:06.91
2	Shannon, Heather	42	Ucla Bruin Masters-CA	1:16.21
3	Roberts, Vicki	41	Long Beach Grunions-CA	1:35.74

**Women 40-44 200 SC Meter IM**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	2:26.95
	31.85	1:10.08 (38.23)	1:53.81 (43.73)	2:26.95 (33.14)
2	Starks, Patty	44	Heartland Swim Association-CA	2:54.11
	37.58	1:21.27 (43.69)	2:14.35 (53.08)	2:54.11 (39.76)
3	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	4:03.89
	1:01.97	2:00.91 (58.94)	3:12.32 (1:11.41)	4:03.89 (51.57)

**Women 40-44 400 SC Meter IM**

1	Pipes-Neilsen, Karlyn	42	San Diego Swim Masters-SI	5:02.65
	32.11	1:08.05 (35.94)	1:46.90 (38.85)	2:25.33 (38.43)
	3:09.82 (44.49)	3:54.63 (44.81)	4:29.10 (34.47)	5:02.65 (33.55)
2	Sheehan, J. Bridget	43	Ucla Bruin Masters-CA	8:20.31
	1:03.14	2:09.02 (1:05.88)	3:08.16 (59.14)	4:09.02 (1:00.86)
	5:21.52 (1:12.50)	6:30.13 (1:08.61)	7:26.61 (56.48)	8:20.31 (53.70)

**Women 45-49 50 SC Meter Freestyle**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	28.94
2	Sing, Karen	47	Carlsbad Swim Masters-CA	32.97
3	Heather, Julie	46	Unattached	33.63
4	Wallace, Marcy	47	Ucla Bruin Masters-CA	33.73

**Women 45-49 100 SC Meter Freestyle**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:04.09
	31.26	1:04.09 (32.83)		
2	Leutner, Joy	46	Mission Viejo Nadadores-CA	1:08.79
	33.27	1:08.79 (35.52)		
3	Ball, Jennifer	45	Irvine Novaquatics-CA	1:37.88
	47.06	1:37.88 (50.82)		

**Women 45-49 200 SC Meter Freestyle**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	2:28.08
2	Wallace, Marcy	47	Ucla Bruin Masters-CA	2:42.62
3	Heather, Julie	46	Unattached	2:50.76
4	Powers, Patricia	47	Long Beach Grunions-CA	3:01.49
5	Barish, Rory	48	Ucla Bruin Masters-CA	3:10.51

**Women 45-49 400 SC Meter Freestyle**

1	Powers, Patricia	47	Long Beach Grunions-CA	6:32.93
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**Women 45-49 800 SC Meter Freestyle**

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	10:35.91
	35.59	1:14.36 (38.77)	1:53.89 (39.53)	2:33.83 (39.94)
	3:13.48 (39.65)	3:53.33 (39.85)	4:33.79 (40.46)	5:13.96 (40.17)
	5:54.03 (40.07)	6:34.33 (40.30)	7:14.33 (40.00)	7:54.68 (40.35)
	8:35.13 (40.45)	9:15.73 (40.60)	9:56.35 (40.62)	10:35.91 (39.56)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 45-49 100 SC Meter Backstroke**

1	McCall, Jane	45	LA Peninsula Swimmers-CA	1:16.99
2	Sing, Karen	47	Carlsbad Swim Masters-CA	1:22.20

**Women 45-49 200 SC Meter Backstroke**

1	McCall, Jane	45	LA Peninsula Swimmers-CA	2:50.16
2	Leutner, Joy	46	Mission Viejo Nadadores-CA	2:55.78
				41.51 1:26.10 (44.59) 2:11.10 (45.00) 2:55.78 (44.68)
3	Ball, Jennifer	45	Irvine Novaquatics-CA	4:24.01
				1:04.42 2:10.50 (1:06.08) 3:18.79 (1:08.29) 4:24.01 (1:05.22)

**Women 45-49 50 SC Meter Breaststroke**

1	Melick, Karen	47	South Coast Aquatics-CA	37.07
2	Barish, Rory	48	Ucla Bruin Masters-CA	48.52

**Women 45-49 100 SC Meter Breaststroke**

1	Sing, Karen	47	Carlsbad Swim Masters-CA	1:35.48
2	Barish, Rory	48	Ucla Bruin Masters-CA	1:44.89

**Women 45-49 200 SC Meter Breaststroke**

1	Melick, Karen	47	South Coast Aquatics-CA	2:57.19
				40.92 1:25.84 (44.92) 2:11.67 (45.83) 2:57.19 (45.52)
2	Barish, Rory	48	Ucla Bruin Masters-CA	3:46.41
				51.89 1:48.09 (56.20) 2:47.59 (59.50) 3:46.41 (58.82)

**Women 45-49 50 SC Meter Butterfly**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	30.74
2	McCall, Jane	45	LA Peninsula Swimmers-CA	32.16
3	Sing, Karen	47	Carlsbad Swim Masters-CA	34.69
4	Heather, Julie	46	Unattached	38.78

**Women 45-49 100 SC Meter Butterfly**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:10.47
				32.87 1:10.47 (37.60)
2	McCall, Jane	45	LA Peninsula Swimmers-CA	1:12.66
				34.30 1:12.66 (38.36)
3	Leutner, Joy	46	Mission Viejo Nadadores-CA	1:19.91
				37.32 1:19.91 (42.59)

**Women 45-49 200 SC Meter Butterfly**

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	2:54.04
2	Heather, Julie	46	Unattached	3:27.94

**Women 45-49 100 SC Meter IM**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	1:16.79
2	Sing, Karen	47	Carlsbad Swim Masters-CA	1:19.84
3	Barish, Rory	48	Ucla Bruin Masters-CA	1:38.60
4	Buhl, Annette	47	Ucla Bruin Masters-CA	1:41.74

**Women 45-49 200 SC Meter IM**

1	Granger, Traci	46	LA Peninsula Swimmers-CA	2:47.41
				33.40 1:19.40 (46.00) 2:08.43 (49.03) 2:47.41 (38.98)

**Women 45-49 400 SC Meter IM**

1	Leutner, Joy	46	Mission Viejo Nadadores-CA	6:03.31
				38.72 1:23.48 (44.76) 2:09.11 (45.63) 2:57.23 (48.12)
				3:50.18 (52.95) 4:44.82 (54.64) 5:23.97 (39.15) 6:03.31 (39.34)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 50-54 50 SC Meter Freestyle**

1	Kay, Mary-Chris	51	Unattached	34.65
2	Calder, Barbara	51	Unattached	36.20
3	Uthus, Gwen	50	Mission Viejo Nadadores-CA	36.95
4	Blake, Mary	54	Unattached	39.44
5	Jacobus, Anne	54	Long Beach Grunions-CA	43.42
6	Proffitt, Marion	51	Unattached	45.24

**Women 50-54 100 SC Meter Freestyle**

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	1:17.95
	37.90		1:17.95 (40.05)	
2	Blake, Mary	54	Unattached	1:22.70
	40.79		1:22.70 (41.91)	
3	Calder, Barbara	51	Unattached	1:23.02
	39.64		1:23.02 (43.38)	
4	Proffitt, Marion	51	Unattached	1:47.90
	49.11		1:47.90 (58.79)	

**Women 50-54 200 SC Meter Freestyle**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:29.11
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	2:56.77
3	Blake, Mary	54	Unattached	3:04.87
4	Emerich, Patricia	51	Heartland Swim Association-CA	3:21.07
5	Harding, Nancy	52	Ucla Bruin Masters-CA	3:52.30

**Women 50-54 400 SC Meter Freestyle**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	5:09.91
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	6:13.49
3	Blake, Mary	54	Unattached	6:21.53
4	Emerich, Patricia	51	Heartland Swim Association-CA	6:59.13

**Women 50-54 800 SC Meter Freestyle**

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	12:45.62
	41.81		1:27.44 (45.63) 2:15.31 (47.87) 3:02.54 (47.23)	
	3:51.25 (48.71)		4:40.29 (49.04) 5:29.39 (49.10) 6:18.75 (49.36)	
	7:08.02 (49.27)		7:56.76 (48.74) 8:45.47 (48.71) 9:34.41 (48.94)	
	10:22.56 (48.15)		11:10.92 (48.36) 11:59.36 (48.44) 12:45.62 (46.26)	

**Women 50-54 1500 SC Meter Freestyle**

1	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	23:35.44
	42.48		1:27.68 (45.20) 2:14.48 (46.80) 3:01.88 (47.40)	
	3:49.41 (47.53)		4:36.87 (47.46) 5:24.76 (47.89) 6:13.01 (48.25)	
	7:01.34 (48.33)		7:49.70 (48.36) 8:37.70 (48.00) 9:25.66 (47.96)	
	10:13.93 (48.27)		11:02.29 (48.36) 11:49.66 (47.37) 12:37.57 (47.91)	
	13:25.55 (47.98)		14:13.82 (48.27) 15:01.59 (47.77) 15:49.24 (47.65)	
	16:36.10 (46.86)		17:22.83 (46.73) 18:10.21 (47.38) 18:57.58 (47.37)	
	19:44.40 (46.82)		20:31.93 (47.53) 21:19.20 (47.27) 22:05.58 (46.38)	
	22:51.21 (45.63)		23:35.44 (44.23)	
2	Blake, Mary	54	Unattached	24:40.14
	48.10		1:36.88 (48.78) 2:27.16 (50.28) 3:17.73 (50.57)	
	4:08.16 (50.43)		4:58.78 (50.62) 5:49.42 (50.64) 6:39.61 (50.19)	
	7:29.79 (50.18)		8:20.05 (50.26) 9:10.55 (50.50) 10:00.83 (50.28)	
	10:51.11 (50.28)		11:41.21 (50.10) 12:31.74 (50.53) 13:21.86 (50.12)	
	14:12.25 (50.39)		15:02.30 (50.05) 15:51.82 (49.52) 16:41.27 (49.45)	
	17:29.17 (47.90)		18:17.30 (48.13) 19:06.06 (48.76) 19:54.95 (48.89)	
	20:43.42 (48.47)		21:31.95 (48.53) 22:19.99 (48.04) 23:07.96 (47.97)	
	23:54.68 (46.72)		24:40.14 (45.46)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 50-54 50 SC Meter Backstroke**

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	39.97
2	Blake, Mary	54	Unattached	47.64
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	51.23

**Women 50-54 100 SC Meter Backstroke**

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	1:24.45
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	1:41.14
3	Emerich, Patricia	51	Heartland Swim Association-CA	1:51.46

**Women 50-54 200 SC Meter Backstroke**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:53.59
	41.79	1:25.11 (43.32)	2:53.59 (1:28.48)	
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:02.29
	44.51	1:30.86 (46.35)	2:16.74 (45.88)	3:02.29 (45.55)
3	Emerich, Patricia	51	Heartland Swim Association-CA	3:47.67
	54.22	1:52.03 (57.81)	2:50.92 (58.89)	3:47.67 (56.75)

**Women 50-54 50 SC Meter Breaststroke**

1	Calder, Barbara	51	Unattached	44.58
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	49.02
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	53.31
4	Jacobus, Anne	54	Long Beach Grunions-CA	55.08
5	Proffitt, Marion	51	Unattached	55.62

**Women 50-54 100 SC Meter Breaststroke**

1	Calder, Barbara	51	Unattached	1:43.71
2	Uthus, Gwen	50	Mission Viejo Nadadores-CA	1:48.94
3	Emerich, Patricia	51	Heartland Swim Association-CA	2:03.21
4	Proffitt, Marion	51	Unattached	2:03.89
5	Jacobus, Anne	54	Long Beach Grunions-CA	2:04.69
---	Serianni, Vicki	53	Ucla Bruin Masters-CA	DQ

**Women 50-54 200 SC Meter Breaststroke**

1	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:58.75
	55.37	1:56.20 (1:00.83)	2:57.78 (1:01.58)	3:58.75 (1:00.97)
2	Emerich, Patricia	51	Heartland Swim Association-CA	4:22.12
	1:01.21	2:07.56 (1:06.35)	3:15.44 (1:07.88)	4:22.12 (1:06.68)

**Women 50-54 50 SC Meter Butterfly**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	33.10
2	Kay, Mary-Chris	51	Unattached	39.82
3	Proffitt, Marion	51	Unattached	51.39
4	Harding, Nancy	52	Ucla Bruin Masters-CA	1:04.46

**Women 50-54 100 SC Meter Butterfly**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	1:16.40
	35.63	1:16.40 (40.77)		
2	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	1:41.94
	47.64	1:41.94 (54.30)		

**Women 50-54 200 SC Meter Butterfly**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	2:55.85
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:44.85

**Women 50-54 100 SC Meter IM**

1	Kay, Mary-Chris	51	Unattached	1:32.40
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 50-54 200 SC Meter IM**

1	Ciraulo, Christie	51	Ucla Bruin Masters-CA	3:01.83
	36.12	1:22.04 (45.92)	2:20.98 (58.94)	3:01.83 (40.85)
2	Serianni, Vicki	53	Ucla Bruin Masters-CA	3:27.33
	51.80	1:41.68 (49.88)	2:41.53 (59.85)	3:27.33 (45.80)
3	Deschenes, Elizabeth	51	Irvine Novaquatics-CA	3:36.62
	48.92	1:47.45 (58.53)	2:50.72 (1:03.27)	3:36.62 (45.90)

**Women 55-59 50 SC Meter Freestyle**

1	Brodeur, Carol	57	Heartland Swim Association-CA	41.05
2	Brassy, Sue	57	Heartland Swim Association-CA	41.91
3	Spatz, Barbara	56	Long Beach Grunions-CA	45.64

**Women 55-59 100 SC Meter Freestyle**

1	Menard, Joanne	56	Arizona Masters-AZ	1:15.95
	37.07	1:15.95 (38.88)		
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:28.47
	41.76	1:28.47 (46.71)		
3	Brassy, Sue	57	Heartland Swim Association-CA	1:35.78
	45.34	1:35.78 (50.44)		

**Women 55-59 200 SC Meter Freestyle**

1	Menard, Joanne	56	Arizona Masters-AZ	2:51.55
2	Spatz, Barbara	56	Long Beach Grunions-CA	3:38.06

**Women 55-59 400 SC Meter Freestyle**

1	Menard, Joanne	56	Arizona Masters-AZ	5:56.06
2	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	6:42.15
3	Spatz, Barbara	56	Long Beach Grunions-CA	7:45.02

**Women 55-59 1500 SC Meter Freestyle**

1	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	25:13.61
	45.66	1:34.29 (48.63)	2:25.20 (50.91)	3:16.45 (51.25)
	4:07.02 (50.57)	4:57.67 (50.65)	5:47.87 (50.20)	6:38.62 (50.75)
	7:29.23 (50.61)	8:19.79 (50.56)	9:10.73 (50.94)	10:01.81 (51.08)
	10:52.53 (50.72)	11:42.72 (50.19)	12:33.48 (50.76)	13:23.37 (49.89)
	14:14.48 (51.11)	15:05.52 (51.04)	15:56.84 (51.32)	16:47.63 (50.79)
	17:38.53 (50.90)	18:29.13 (50.60)	19:19.88 (50.75)	20:10.04 (50.16)
	21:01.20 (51.16)	21:51.98 (50.78)	22:42.52 (50.54)	23:33.90 (51.38)
	24:24.88 (50.98)	25:13.61 (48.73)		

**Women 55-59 50 SC Meter Backstroke**

1	Brodeur, Carol	57	Heartland Swim Association-CA	50.62
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**Women 55-59 100 SC Meter Backstroke**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:36.50
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:48.69

**Women 55-59 50 SC Meter Breaststroke**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	40.86
2	Brassy, Sue	57	Heartland Swim Association-CA	50.71
3	Brodeur, Carol	57	Heartland Swim Association-CA	52.49

**Women 55-59 100 SC Meter Breaststroke**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:32.93
2	Brassy, Sue	57	Heartland Swim Association-CA	1:55.01
3	Brodeur, Carol	57	Heartland Swim Association-CA	1:58.59

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 55-59 200 SC Meter Breaststroke**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:22.90
	45.55	1:36.08 (50.53)	2:29.89 (53.81)	3:22.90 (53.01)
2	Brodeur, Carol	57	Heartland Swim Association-CA	4:17.78
	56.23	2:01.65 (1:05.42)	3:10.38 (1:08.73)	4:17.78 (1:07.40)

**Women 55-59 50 SC Meter Butterfly**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	41.25
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**Women 55-59 200 SC Meter Butterfly**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:22.26
2	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	4:49.61

**Women 55-59 100 SC Meter IM**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	1:30.32
2	Brodeur, Carol	57	Heartland Swim Association-CA	1:44.73
3	Brassy, Sue	57	Heartland Swim Association-CA	1:46.15
4	Jarmakani, Brenda	57	Ucla Bruin Masters-CA	1:55.12

**Women 55-59 200 SC Meter IM**

1	Pierson, Ginger	58	Multnomah Athletic Club-OR	3:21.49
	45.80	1:40.60 (54.80)	2:33.84 (53.24)	3:21.49 (47.65)

**Women 60-64 50 SC Meter Freestyle**

1	Lund, Lynne	64	San Diego Swim Masters-SI	37.01
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**Women 60-64 200 SC Meter Freestyle**

1	Valderhaug, Marlee	63	Heartland Swim Association-CA	3:39.85
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**Women 60-64 400 SC Meter Freestyle**

1	Valderhaug, Marlee	63	Heartland Swim Association-CA	7:27.97
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**Women 60-64 1500 SC Meter Freestyle**

1	Ramey, Marilyn	64	Heartland Swim Association-CA	28:45.85
	54.14	1:49.67 (55.53)	2:46.52 (56.85)	3:43.08 (56.56)
	4:40.54 (57.46)	5:38.08 (57.54)	6:35.78 (57.70)	7:33.18 (57.40)
	8:30.26 (57.08)	9:28.39 (58.13)	10:26.93 (58.54)	11:25.13 (58.20)
	12:22.50 (57.37)	13:19.82 (57.32)	14:17.18 (57.36)	15:14.35 (57.17)
	16:12.00 (57.65)	17:10.03 (58.03)	18:07.72 (57.69)	19:05.79 (58.07)
	20:03.66 (57.87)	21:01.47 (57.81)	21:59.71 (58.24)	22:58.07 (58.36)
	23:56.27 (58.20)	24:54.68 (58.41)	25:52.49 (57.81)	26:50.76 (58.27)
	27:49.41 (58.65)	28:45.85 (56.44)		
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	29:37.90
	50.50	1:46.40 (55.90)	2:43.89 (57.49)	3:41.17 (57.28)
	4:39.32 (58.15)	5:36.64 (57.32)	6:34.38 (57.74)	7:32.17 (57.79)
	8:30.76 (58.59)	9:29.46 (58.70)	10:28.52 (59.06)	11:27.33 (58.81)
	12:27.62 (1:00.29)	13:27.51 (59.89)	14:27.31 (59.80)	15:26.88 (59.57)
	16:26.48 (59.60)	17:26.86 (1:00.38)	18:26.63 (59.77)	19:29.44 (1:02.81)
	20:30.47 (1:01.03)	21:31.14 (1:00.67)	22:31.39 (1:00.25)	23:32.95 (1:01.56)
	24:34.63 (1:01.68)	25:37.00 (1:02.37)	26:38.53 (1:01.53)	27:37.76 (59.23)
	28:39.65 (1:01.89)	29:37.90 (58.25)		

**Women 60-64 50 SC Meter Backstroke**

1	Lund, Lynne	64	San Diego Swim Masters-SI	46.34
2	Ramey, Marilyn	64	Heartland Swim Association-CA	52.50
3	Valderhaug, Marlee	63	Heartland Swim Association-CA	57.76

## SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

## Results

**Women 60-64 100 SC Meter Backstroke**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:28.81
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	2:13.26

**Women 60-64 200 SC Meter Backstroke**

1	Lund, Lynne	64	San Diego Swim Masters-SI	3:26.39
	48.02	1:41.31 (53.29)	2:35.73 (54.42)	3:26.39 (50.66)
2	Ramey, Marilyn	64	Heartland Swim Association-CA	3:58.25
	56.12	3:00.17 (2:04.05)	3:58.25 (58.08)	

**Women 60-64 50 SC Meter Breaststroke**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	42.54
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	54.48

**Women 60-64 100 SC Meter Breaststroke**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:31.87
2	Valderhaug, Marlee	63	Heartland Swim Association-CA	2:04.74

**Women 60-64 200 SC Meter Breaststroke**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	3:21.28
	45.07	1:37.17 (52.10)	2:30.38 (53.21)	3:21.28 (50.90)
2	Ramey, Marilyn	64	Heartland Swim Association-CA	4:12.82
	58.54	2:02.90 (1:04.36)	3:08.13 (1:05.23)	4:12.82 (1:04.69)

**Women 60-64 50 SC Meter Butterfly**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	39.03
2	Lund, Lynne	64	San Diego Swim Masters-SI	42.09

**Women 60-64 100 SC Meter Butterfly**

1	Lund, Lynne	64	San Diego Swim Masters-SI	1:34.29
	42.92	1:34.29 (51.37)		
2	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:35.78
	43.63	1:35.78 (52.15)		
3	Ramey, Marilyn	64	Heartland Swim Association-CA	1:58.87
	2:00.16	1:58.87 ( )		

**Women 60-64 100 SC Meter IM**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	1:27.62
2	Lund, Lynne	64	San Diego Swim Masters-SI	1:35.00

**Women 60-64 200 SC Meter IM**

1	Pronk, Bonnie	62	Masters Swimming British Colum-ZZ	3:12.05
	43.92	1:34.10 (50.18)	2:27.02 (52.92)	3:12.05 (45.03)
2	Lund, Lynne	64	San Diego Swim Masters-SI	3:23.24
	43.11	1:35.94 (52.83)	2:40.66 (1:04.72)	3:23.24 (42.58)
3	Ramey, Marilyn	64	Heartland Swim Association-CA	3:56.95
	54.73	1:55.53 (1:00.80)	2:59.63 (1:04.10)	3:56.95 (57.32)

**Women 60-64 400 SC Meter IM**

1	Ramey, Marilyn	64	Heartland Swim Association-CA	8:25.54
	1:00.26	2:06.48 (1:06.22)	3:11.92 (1:05.44)	4:14.85 (1:02.93)
	5:19.69 (1:04.84)	6:26.09 (1:06.40)	7:26.78 (1:00.69)	8:25.54 (58.76)

**Women 65-69 50 SC Meter Freestyle**

1	Winkler, Renate	66	Ucla Bruin Masters-CA	51.73
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**Women 65-69 200 SC Meter Freestyle**

1	Glenn, Sylvia	67	Santa Barbara Masters-CA	3:51.28
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 65-69 400 SC Meter Freestyle**

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	7:39.21
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**Women 65-69 800 SC Meter Freestyle**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	15:20.12
49.21	1:46.73 (57.52)	2:45.55 (58.82)
3:44.66 (59.11)	4:43.68 (59.02)	5:42.90 (59.22)
6:42.25 (59.35)	7:40.60 (58.35)	8:39.37 (58.77)
9:38.19 (58.82)	10:36.60 (58.41)	11:34.38 (57.78)
12:33.59 (59.21)	13:30.93 (57.34)	14:26.97 (56.04)
15:20.12 (53.15)		

**Women 65-69 1500 SC Meter Freestyle**

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	29:39.06
51.70	1:51.10 (59.40)	2:49.94 (58.84)
3:49.85 (59.91)	4:50.15 (1:00.30)	5:50.20 (1:00.05)
6:48.93 (58.73)	7:49.20 (1:00.27)	8:49.08 (59.88)
9:48.91 (59.83)	10:48.13 (59.22)	11:47.60 (59.47)
12:47.71 (1:00.11)	13:47.64 (59.93)	14:48.00 (1:00.36)
15:47.64 (59.64)	16:47.01 (59.37)	17:47.27 (1:00.26)
18:47.12 (59.85)	19:46.68 (59.56)	20:46.19 (59.51)
21:45.91 (59.72)	22:45.25 (59.34)	23:44.63 (59.38)
24:43.93 (59.30)	25:43.47 (59.54)	26:42.53 (59.06)
27:41.93 (59.40)	28:42.67 (1:00.74)	29:39.06 (56.39)

**Women 65-69 100 SC Meter Backstroke**

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	2:05.34
--- Winkler, Renate	66 Ucla Bruin Masters-CA	DQ

**Women 65-69 200 SC Meter Backstroke**

1 Glenn, Sylvia	67 Santa Barbara Masters-CA	4:18.68
1:01.56	2:09.04 (1:07.48)	3:16.11 (1:07.07)
4:18.68 (1:02.57)		

**Women 65-69 50 SC Meter Breaststroke**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	52.30
2 Glenn, Sylvia	67 Santa Barbara Masters-CA	1:01.72

**Women 65-69 100 SC Meter Breaststroke**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	1:58.39
2 Glenn, Sylvia	67 Santa Barbara Masters-CA	2:13.48

**Women 65-69 200 SC Meter Breaststroke**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	4:26.21
59.15	2:09.05 (1:09.90)	3:19.66 (1:10.61)
4:26.21 (1:06.55)	2 Glenn, Sylvia	67 Santa Barbara Masters-CA
4:47.62	1:04.69	2:19.74 (1:15.05)
3:34.50 (1:14.76)	4:47.62 (1:13.12)	

**Women 65-69 200 SC Meter Butterfly**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	4:45.77
2 Winkler, Renate	66 Ucla Bruin Masters-CA	5:53.96

**Women 65-69 100 SC Meter IM**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	1:55.24
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**Women 65-69 400 SC Meter IM**

1 Geoffrion, Helen	65 Ucla Bruin Masters-CA	8:31.30
58.61	2:09.68 (1:11.07)	3:17.76 (1:08.08)
4:21.83 (1:04.07)	5:29.46 (1:07.63)	6:38.93 (1:09.47)
7:36.99 (58.06)	8:31.30 (54.31)	

**Women 70-74 50 SC Meter Freestyle**

1 Collins, Gay	74 Santa Barbara Masters-CA	45.25
2 Nielson, Patricia	72 Long Beach Grunions-CA	1:00.57

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 70-74 100 SC Meter Freestyle**

1 Collins, Gay	74 Santa Barbara Masters-CA	1:52.22
50.68	1:52.22 (1:01.54)	

**Women 70-74 200 SC Meter Freestyle**

1 Collins, Gay	74 Santa Barbara Masters-CA	3:58.34
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**Women 70-74 400 SC Meter Freestyle**

1 Collins, Gay	74 Santa Barbara Masters-CA	8:23.78
2 Nielson, Patricia	72 Long Beach Grunions-CA	10:03.97

**Women 70-74 50 SC Meter Backstroke**

1 Nielson, Patricia	72 Long Beach Grunions-CA	1:01.70
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**Women 70-74 100 SC Meter Backstroke**

1 Nielson, Patricia	72 Long Beach Grunions-CA	2:14.74
2 Collins, Gay	74 Santa Barbara Masters-CA	2:15.01

**Women 70-74 200 SC Meter Backstroke**

1 Nielson, Patricia	72 Long Beach Grunions-CA	4:46.40	
1:03.56	2:15.80 (1:12.24)	3:32.08 (1:16.28)	4:46.40 (1:14.32)
2 Collins, Gay	74 Santa Barbara Masters-CA	4:47.35	

**Women 70-74 100 SC Meter IM**

1 Collins, Gay	74 Santa Barbara Masters-CA	2:11.09
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**Women 75-79 100 SC Meter Freestyle**

1 Reed, Nancy	77 Heartland Swim Association-CA	2:12.07
1:00.74	2:12.07 (1:11.33)	

**Women 75-79 200 SC Meter Freestyle**

1 Reed, Nancy	77 Heartland Swim Association-CA	4:41.25
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**Women 75-79 400 SC Meter Freestyle**

1 Roper, Gail	75 Arizona Masters-AZ	6:54.68
2 Reed, Nancy	77 Heartland Swim Association-CA	9:08.40

**Women 75-79 1500 SC Meter Freestyle**

1 Roper, Gail	75 Arizona Masters-AZ	27:02.62	
47.98	1:41.23 (53.25)	2:36.12 (54.89)	3:31.85 (55.73)
4:27.43 (55.58)	5:20.75 (53.32)	6:15.18 (54.43)	7:09.55 (54.37)
8:03.98 (54.43)	8:57.99 (54.01)	9:52.12 (54.13)	10:46.17 (54.05)
11:40.79 (54.62)	12:34.82 (54.03)	13:29.76 (54.94)	14:25.37 (55.61)
15:18.72 (53.35)	16:12.41 (53.69)	17:07.63 (55.22)	18:02.54 (54.91)
18:57.26 (54.72)	19:52.66 (55.40)	20:47.12 (54.46)	21:41.17 (54.05)
22:36.40 (55.23)	23:30.98 (54.58)	24:25.24 (54.26)	25:19.13 (53.89)
26:12.23 (53.10)	27:02.62 (50.39)		
2 Reed, Nancy	77 Heartland Swim Association-CA	37:02.69	
	2:19.36 ( )	3:32.24 (1:12.88)	4:44.64 (1:12.40)
5:59.32 (1:14.68)		8:27.27 ( )	9:41.48 (1:14.21)
10:56.84 (1:15.36)		13:26.17 ( )	
15:55.24 ( )	17:10.30 (1:15.06)	18:25.51 (1:15.21)	19:39.17 (1:13.66)
20:55.34 (1:16.17)	22:13.20 (1:17.86)	23:27.83 (1:14.63)	24:43.36 (1:15.53)
25:56.97 (1:13.61)		28:26.92 ( )	29:41.78 (1:14.86)
30:55.73 (1:13.95)		33:25.69 ( )	34:39.28 (1:13.59)
37:02.69 (2:23.41)			

**Women 75-79 50 SC Meter Backstroke**

1 Reed, Nancy	77 Heartland Swim Association-CA	1:11.33
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 75-79 100 SC Meter Backstroke**

1	Reed, Nancy	77	Heartland Swim Association-CA	2:33.73
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**Women 75-79 50 SC Meter Breaststroke**

1	Reed, Nancy	77	Heartland Swim Association-CA	1:27.01
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**Women 75-79 100 SC Meter Breaststroke**

1	Roper, Gail	75	Arizona Masters-AZ	1:52.35
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**Women 75-79 200 SC Meter Breaststroke**

1	Roper, Gail	75	Arizona Masters-AZ	4:03.79
				56.08    1:58.99 (1:02.91)    3:01.92 (1:02.93)    4:03.79 (1:01.87)

**Women 75-79 50 SC Meter Butterfly**

1	Roper, Gail	75	Arizona Masters-AZ	49.98
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**Women 75-79 200 SC Meter IM**

1	Roper, Gail	75	Arizona Masters-AZ	3:44.32
				52.80    1:55.32 (1:02.52)    3:00.04 (1:04.72)    3:44.32 (44.28)

**Women 80-84 50 SC Meter Freestyle**

1	Altus, Grace	80	Santa Barbara Masters-CA	59.70
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**Women 80-84 100 SC Meter Freestyle**

1	Altus, Grace	80	Santa Barbara Masters-CA	1:58.26
				56.91    1:58.26 (1:01.35)
2	Kornfeld, Maurine	83	Coast Masters-CA	2:05.92
				1:00.25    2:05.92 (1:05.67)

**Women 80-84 200 SC Meter Freestyle**

1	Kornfeld, Maurine	83	Coast Masters-CA	4:22.22
2	Altus, Grace	80	Santa Barbara Masters-CA	4:33.50

**Women 80-84 400 SC Meter Freestyle**

1	Kornfeld, Maurine	83	Coast Masters-CA	8:54.62
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**Women 80-84 100 SC Meter Backstroke**

1	Kornfeld, Maurine	83	Coast Masters-CA	2:30.04
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**Women 80-84 200 SC Meter Backstroke**

1	Kornfeld, Maurine	83	Coast Masters-CA	5:04.01
				1:11.88    2:29.79 (1:17.91)    3:47.19 (1:17.40)    5:04.01 (1:16.82)
2	Altus, Grace	80	Santa Barbara Masters-CA	5:29.48
				1:17.10    2:41.34 (1:24.24)    4:05.01 (1:23.67)    5:29.48 (1:24.47)

**Women 80-84 50 SC Meter Breaststroke**

1	Kornfeld, Maurine	83	Coast Masters-CA	1:45.44
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**Women 80-84 50 SC Meter Butterfly**

1	Altus, Grace	80	Santa Barbara Masters-CA	1:17.56
2	Kornfeld, Maurine	83	Coast Masters-CA	1:32.67

**Women 80-84 100 SC Meter IM**

1	Altus, Grace	80	Santa Barbara Masters-CA	2:44.23
2	Kornfeld, Maurine	83	Coast Masters-CA	2:55.46

**Women 85-89 50 SC Meter Backstroke**

1	Glusac, Edith	86	Michigan Masters-MI	1:15.59
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## SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

## Results

**Women 85-89 100 SC Meter Backstroke**

1	Glusac, Edith	86	Michigan Masters-MI	2:39.11
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**Women 85-89 200 SC Meter Backstroke**

1	Glusac, Edith	86	Michigan Masters-MI	6:19.29
	1:30.67		6:19.29 (4:48.62)	

**Women 85-89 50 SC Meter Breaststroke**

1	Glusac, Edith	86	Michigan Masters-MI	1:22.26
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**Women 85-89 50 SC Meter Butterfly**

1	Glusac, Edith	86	Michigan Masters-MI	1:34.29
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**Women 85-89 100 SC Meter Butterfly**

1	Glusac, Edith	86	Michigan Masters-MI	3:46.74
	1:41.36		3:46.74 (2:05.38)	

**Women 85-89 100 SC Meter IM**

1	Glusac, Edith	86	Michigan Masters-MI	3:04.26
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**Men 18-24 50 SC Meter Freestyle**

1	Wood, Rusty	24	Unattached	24.96
2	Smith, Kyle	24	Ucla Bruin Masters-CA	25.83
3	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	26.13
4	Ochoa, Enrique	22	Long Beach Grunions-CA	28.52
5	Realubit, Howie	24	Long Beach Grunions-CA	29.33
6	Bartley, Ted	24	Santa Barbara Masters-CA	29.57
7	Spicer, Bryon	24	Heartland Swim Association-CA	29.64
8	Pelton, Doug	20	Phoenix Sunfish-AZ	38.55

**Men 18-24 100 SC Meter Freestyle**

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	57.74
	27.81		57.74 (29.93)	
2	Smith, Kyle	24	Ucla Bruin Masters-CA	57.90
	28.14		57.90 (29.76)	
3	Ochoa, Enrique	22	Long Beach Grunions-CA	1:03.02
	30.14		1:03.02 (32.88)	
4	Spicer, Bryon	24	Heartland Swim Association-CA	1:05.63
	31.72		1:05.63 (33.91)	
5	Bartley, Ted	24	Santa Barbara Masters-CA	1:05.72
	31.91		1:05.72 (33.81)	

**Men 18-24 200 SC Meter Freestyle**

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	2:06.13
2	Bartley, Ted	24	Santa Barbara Masters-CA	2:31.09

**Men 18-24 800 SC Meter Freestyle**

1	Ochoa, Enrique	22	Long Beach Grunions-CA	10:46.35	
	36.50		1:17.40 (40.90)	1:58.68 (41.28)	2:40.03 (41.35)
	3:20.78 (40.75)		4:01.08 (40.30)	4:42.67 (41.59)	5:22.86 (40.19)
	6:03.54 (40.68)		6:44.11 (40.57)	7:25.20 (41.09)	8:05.38 (40.18)
	8:47.17 (41.79)		9:27.50 (40.33)	10:08.76 (41.26)	10:46.35 (37.59)

**Men 18-24 50 SC Meter Backstroke**

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	30.92
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**Men 18-24 100 SC Meter Backstroke**

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	1:08.62
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 18-24 100 SC Meter Backstroke)**

2	Smith, Kyle	24	Ucla Bruin Masters-CA	1:11.35
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**Men 18-24 200 SC Meter Backstroke**

1	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	2:24.48
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34.66	1:11.61 (36.95)	1:49.58 (37.97)	2:24.48 (34.90)
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2	Smith, Kyle	24	Ucla Bruin Masters-CA	2:35.36
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36.91	1:15.67 (38.76)	1:55.76 (40.09)	2:35.36 (39.60)
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**Men 18-24 50 SC Meter Breaststroke**

1	Gamboa, George	22	South Coast Aquatics-CA	30.90
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2	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	35.09
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3	Spicer, Bryon	24	Heartland Swim Association-CA	42.30
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**Men 18-24 100 SC Meter Breaststroke**

1	Gamboa, George	22	South Coast Aquatics-CA	1:06.76
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2	Realubit, Howie	24	Long Beach Grunions-CA	1:22.41
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3	Spicer, Bryon	24	Heartland Swim Association-CA	1:28.70
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4	Pelton, Doug	20	Phoenix Sunfish-AZ	1:33.53
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**Men 18-24 200 SC Meter Breaststroke**

1	Realubit, Howie	24	Long Beach Grunions-CA	3:10.75
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45.87	1:34.78 (48.91)	2:24.28 (49.50)	3:10.75 (46.47)
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**Men 18-24 50 SC Meter Butterfly**

1	Wood, Rusty	24	Unattached	26.96
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2	Gamboa, George	22	South Coast Aquatics-CA	27.75
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3	Smith, Kyle	24	Ucla Bruin Masters-CA	28.21
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4	Ochoa, Enrique	22	Long Beach Grunions-CA	30.98
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5	Realubit, Howie	24	Long Beach Grunions-CA	31.41
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6	Spicer, Bryon	24	Heartland Swim Association-CA	34.43
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**Men 18-24 100 SC Meter Butterfly**

1	Wood, Rusty	24	Unattached	1:02.24
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28.85	1:02.24 (33.39)
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2	Smith, Kyle	24	Ucla Bruin Masters-CA	1:04.47
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31.06	1:04.47 (33.41)
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3	Ochoa, Enrique	22	Long Beach Grunions-CA	1:10.75
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32.89	1:10.75 (37.86)
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4	Realubit, Howie	24	Long Beach Grunions-CA	1:11.87
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33.34	1:11.87 (38.53)
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5	Spicer, Bryon	24	Heartland Swim Association-CA	1:21.91
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**Men 18-24 200 SC Meter Butterfly**

1	Smith, Kyle	24	Ucla Bruin Masters-CA	2:38.89
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**Men 18-24 100 SC Meter IM**

1	Gamboa, George	22	South Coast Aquatics-CA	1:01.56
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2	Wood, Rusty	24	Unattached	1:05.90
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3	Hayashi, Kyle	19	Mission Viejo Nadadores-CA	1:07.04
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4	Realubit, Howie	24	Long Beach Grunions-CA	1:15.30
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5	Spicer, Bryon	24	Heartland Swim Association-CA	1:21.31
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---	Ochoa, Enrique	22	Long Beach Grunions-CA	DQ
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**Men 18-24 200 SC Meter IM**

1	Spicer, Bryon	24	Heartland Swim Association-CA	2:52.74
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38.40	1:26.10 (47.70)	2:15.63 (49.53)	2:52.74 (37.11)
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 18-24 200 SC Meter IM)**

2	Realubit, Howie	24	Long Beach Grunions-CA	2:53.65
	33.68	1:20.78 (47.10)	2:14.15 (53.37)	2:53.65 (39.50)

**Men 18-24 400 SC Meter IM**

1	Realubit, Howie	24	Long Beach Grunions-CA	6:36.82
	36.64	1:16.73 (40.09)	2:11.38 (54.65)	3:05.25 (53.87)
	4:04.93 (59.68)	5:01.96 (57.03)	5:50.72 (48.76)	6:36.82 (46.10)

**Men 25-29 50 SC Meter Freestyle**

1	Lawson, Brian	28	Uci Masters-CA	25.10
2	Elder, Richard	29	Mission Viejo Nadadores-CA	26.75
3	Capasso, Michael	28	Long Beach Grunions-CA	27.20
4	Schmidt, Matt	25	Team Masters-CA	30.18
5	Andrieux, Alain	29	Unattached	31.99

**Men 25-29 100 SC Meter Freestyle**

1	Lawson, Brian	28	Uci Masters-CA	55.77
	25.91	55.77 (29.86)		
2	Capasso, Michael	28	Long Beach Grunions-CA	1:00.24
	28.58	1:00.24 (31.66)		
3	Ochoa, Rolando	28	Long Beach Grunions-CA	1:00.89
	28.97	1:00.89 (31.92)		
4	Schmidt, Matt	25	Team Masters-CA	1:07.88
	32.44	1:07.88 (35.44)		
5	Andrieux, Alain	29	Unattached	1:13.89
	33.98	1:13.89 (39.91)		

**Men 25-29 200 SC Meter Freestyle**

1	Elder, Richard	29	Mission Viejo Nadadores-CA	2:07.76
2	Capasso, Michael	28	Long Beach Grunions-CA	2:14.55
3	Johansen, Nick	25	Unattached	2:16.55

**Men 25-29 400 SC Meter Freestyle**

1	Elder, Richard	29	Mission Viejo Nadadores-CA	4:32.87
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**Men 25-29 800 SC Meter Freestyle**

1	Elder, Richard	29	Mission Viejo Nadadores-CA	9:34.76
	33.01	1:09.58 (36.57)	1:46.67 (37.09)	2:23.51 (36.84)
	3:00.11 (36.60)	3:36.91 (36.80)	4:13.71 (36.80)	4:50.31 (36.60)
	5:26.43 (36.12)	6:02.65 (36.22)	6:38.59 (35.94)	7:14.63 (36.04)
	7:50.38 (35.75)	8:26.29 (35.91)	9:01.81 (35.52)	9:34.76 (32.95)

**Men 25-29 1500 SC Meter Freestyle**

1	Elder, Richard	29	Mission Viejo Nadadores-CA	18:38.57
	34.27	1:12.00 (37.73)	1:50.50 (38.50)	2:28.51 (38.01)
	3:06.92 (38.41)	3:45.26 (38.34)	4:23.44 (38.18)	5:01.49 (38.05)
	5:38.65 (37.16)	6:16.18 (37.53)	6:53.63 (37.45)	7:31.11 (37.48)
	8:08.17 (37.06)	8:45.47 (37.30)	9:23.20 (37.73)	10:00.74 (37.54)
	10:37.90 (37.16)	11:15.09 (37.19)	11:52.89 (37.80)	12:30.10 (37.21)
	13:07.17 (37.07)	13:44.17 (37.00)	14:20.75 (36.58)	14:58.21 (37.46)
	15:35.11 (36.90)	16:12.02 (36.91)	16:49.49 (37.47)	17:26.30 (36.81)
	18:03.01 (36.71)	18:38.57 (35.56)		

**Men 25-29 50 SC Meter Backstroke**

1	Capasso, Michael	28	Long Beach Grunions-CA	30.81
2	Schmidt, Matt	25	Team Masters-CA	38.36

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 25-29 50 SC Meter Backstroke)**

3	Andrieux, Alain	29	Unattached	44.33
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**Men 25-29 100 SC Meter Backstroke**

1	Capasso, Michael	28	Long Beach Grunions-CA	1:07.44
2	Umbach, Mark	27	West Hollywood Aquatics-CA	1:07.95
3	Schmidt, Matt	25	Team Masters-CA	1:23.39
4	Mantz, Michael	26	Long Beach Grunions-CA	2:07.59

**Men 25-29 200 SC Meter Backstroke**

1	Capasso, Michael	28	Long Beach Grunions-CA	2:29.49
	34.93	1:11.79 (36.86)	1:49.54 (37.75)	2:29.49 (39.95)
2	Umbach, Mark	27	West Hollywood Aquatics-CA	2:29.57
	35.03	1:12.16 (37.13)	1:50.81 (38.65)	2:29.57 (38.76)

**Men 25-29 50 SC Meter Breaststroke**

1	Ochoa, Rolando	28	Long Beach Grunions-CA	34.23
---	Andrieux, Alain	29	Unattached	DQ

**Men 25-29 100 SC Meter Breaststroke**

1	Ochoa, Rolando	28	Long Beach Grunions-CA	1:13.83
2	Umbach, Mark	27	West Hollywood Aquatics-CA	1:16.97

**Men 25-29 50 SC Meter Butterfly**

1	Ochoa, Rolando	28	Long Beach Grunions-CA	31.16
2	Schmidt, Matt	25	Team Masters-CA	35.00
3	Andrieux, Alain	29	Unattached	36.85

**Men 25-29 100 SC Meter Butterfly**

1	Schmidt, Matt	25	Team Masters-CA	1:18.73
	36.96	1:18.73 (41.77)		

**Men 25-29 100 SC Meter IM**

1	Umbach, Mark	27	West Hollywood Aquatics-CA	1:07.58
2	Capasso, Michael	28	Long Beach Grunions-CA	1:08.57
3	Ochoa, Rolando	28	Long Beach Grunions-CA	1:09.15
4	Johansen, Nick	25	Unattached	1:12.12
5	Schmidt, Matt	25	Team Masters-CA	1:18.38
6	Andrieux, Alain	29	Unattached	1:25.89

**Men 25-29 200 SC Meter IM**

1	Umbach, Mark	27	West Hollywood Aquatics-CA	2:30.82
	33.00	1:11.28 (38.28)	1:56.81 (45.53)	2:30.82 (34.01)
2	Capasso, Michael	28	Long Beach Grunions-CA	2:34.57
	32.60	1:10.33 (37.73)	1:58.51 (48.18)	2:34.57 (36.06)

**Men 30-34 50 SC Meter Freestyle**

1	Marceau, Paul	30	Unattached	25.74
2	Giacobe, Drew	30	Long Beach Grunions-CA	26.59
3	Bishop, Jon	33	Santa Barbara Masters-CA	27.41
4	Swank, Dieter	34	Carlsbad Swim Masters-CA	27.42
5	Murphy, Liam	32	Irvine Novaquatics-CA	27.59
6	Kienitz, Mike	34	Long Beach Grunions-CA	27.90
7	McKenna, Joel	34	West Hollywood Aquatics-CA	29.33
8	Wen, Patrick	32	Ucla Bruin Masters-CA	29.64
9	Dawes, Kevin	34	San Diego Swim Masters-SI	38.07

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 30-34 100 SC Meter Freestyle**

1	Scollon, Erik	33	Long Beach Grunions-CA	56.25
	27.31		56.25 (28.94)	
2	Giacobe, Drew	30	Long Beach Grunions-CA	58.52
	28.26		58.52 (30.26)	
3	Kienitz, Mike	34	Long Beach Grunions-CA	1:02.28
	30.04		1:02.28 (32.24)	
4	Wen, Patrick	32	Ucla Bruin Masters-CA	1:03.51
	30.63		1:03.51 (32.88)	
5	McKenna, Joel	34	West Hollywood Aquatics-CA	1:03.76
	32.58		1:03.76 (31.18)	
6	Saldana, Rich	34	Long Beach Grunions-CA	1:04.18
	31.35		1:04.18 (32.83)	
7	Dawes, Kevin	34	San Diego Swim Masters-SI	1:32.76
	43.85		1:32.76 (48.91)	
---	Murphy, Liam	32	Irvine Novaquatics-CA	DQ
	29.11		DQ (32.67)	

**Men 30-34 200 SC Meter Freestyle**

1	Zeruhn, Bernie	33	Irvine Novaquatics-CA	1:57.29
2	Sule, Zoltan	33	Santa Barbara Masters-CA	2:13.70
3	Kremers, Brian	31	Long Beach Grunions-CA	2:14.21
4	McKenna, Joel	34	West Hollywood Aquatics-CA	2:17.49
5	Murphy, Liam	32	Irvine Novaquatics-CA	2:20.15
6	Daniels, Gary	32	San Diego-Imperial Masters-SI	2:35.42
7	Dawes, Kevin	34	San Diego Swim Masters-SI	3:53.72

**Men 30-34 400 SC Meter Freestyle**

1	Reed, Scott	34	Santa Barbara Masters-CA	4:15.53
2	Kremers, Brian	31	Long Beach Grunions-CA	4:48.92
3	Zayac, John	30	UC Santa Barbara-CA	4:51.66
4	Murphy, Liam	32	Irvine Novaquatics-CA	5:01.31

**Men 30-34 800 SC Meter Freestyle**

1	Scollon, Erik	33	Long Beach Grunions-CA	9:29.39
	32.94		1:08.47 (35.53) 1:43.75 (35.28) 2:19.47 (35.72)	
	2:54.95 (35.48)		3:30.61 (35.66) 4:06.26 (35.65) 4:42.47 (36.21)	
	5:18.75 (36.28)		5:55.00 (36.25) 6:32.07 (37.07) 7:09.26 (37.19)	
	7:44.85 (35.59)		8:21.42 (36.57) 8:55.56 (34.14) 9:29.39 (33.83)	
2	Kremers, Brian	31	Long Beach Grunions-CA	10:08.23
	33.42		1:09.36 (35.94) 1:46.00 (36.64) 2:22.77 (36.77)	
	2:59.79 (37.02)		3:37.55 (37.76) 4:16.06 (38.51) 4:55.83 (39.77)	
	5:35.37 (39.54)		6:14.24 (38.87) 6:52.96 (38.72) 7:32.32 (39.36)	
	8:11.64 (39.32)		8:50.27 (38.63) 9:27.56 (37.29) 10:08.23 (40.67)	
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	10:18.16
	34.21		1:11.84 (37.63) 1:50.77 (38.93) 2:30.26 (39.49)	
	3:09.13 (38.87)		3:48.18 (39.05) 4:27.70 (39.52) 5:06.72 (39.02)	
	5:45.93 (39.21)		6:24.68 (38.75) 7:03.76 (39.08) 7:42.90 (39.14)	
	8:21.96 (39.06)		9:01.06 (39.10) 9:39.63 (38.57) 10:18.16 (38.53)	
4	Giacobe, Drew	30	Long Beach Grunions-CA	11:15.43
	38.74		1:22.50 (43.76) 2:05.81 (43.31) 2:48.51 (42.70)	
	3:30.79 (42.28)		4:12.84 (42.05) 4:55.61 (42.77) 5:37.83 (42.22)	
	6:19.46 (41.63)		7:00.95 (41.49) 7:43.24 (42.29) 8:25.29 (42.05)	
	9:07.20 (41.91)		9:50.66 (43.46) 10:34.63 (43.97) 11:15.43 (40.80)	



**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 30-34 800 SC Meter Freestyle)**

5	Kienitz, Mike	34	Long Beach Grunions-CA	11:18.57
	39.38	1:21.33 (41.95)	2:04.74 (43.41)	2:48.13 (43.39)
	3:32.11 (43.98)	4:15.51 (43.40)	4:59.21 (43.70)	5:43.06 (43.85)
	6:26.39 (43.33)	7:09.19 (42.80)	7:52.20 (43.01)	8:35.56 (43.36)
	9:18.36 (42.80)	9:59.80 (41.44)	10:41.89 (42.09)	11:18.57 (36.68)

**Men 30-34 50 SC Meter Backstroke**

1	Reed, Scott	34	Santa Barbara Masters-CA	29.33
2	Scollon, Erik	33	Long Beach Grunions-CA	30.69
3	Giacobe, Drew	30	Long Beach Grunions-CA	32.41
4	Zayac, John	30	UC Santa Barbara-CA	33.56
5	Saldana, Rich	34	Long Beach Grunions-CA	33.76
6	Kolarov, Michael	32	Mission Viejo Nadadores-CA	34.76
7	Murphy, Liam	32	Irvine Novaquatics-CA	40.20
---	McKenna, Joel	34	West Hollywood Aquatics-CA	DQ

**Men 30-34 100 SC Meter Backstroke**

1	Reed, Scott	34	Santa Barbara Masters-CA	1:01.31
2	Scollon, Erik	33	Long Beach Grunions-CA	1:03.68
3	Kremers, Brian	31	Long Beach Grunions-CA	1:09.37
4	Saldana, Rich	34	Long Beach Grunions-CA	1:14.55
5	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:15.23
6	Larsen, Peder	34	Long Beach Grunions-CA	1:18.32

**Men 30-34 200 SC Meter Backstroke**

1	Reed, Scott	34	Santa Barbara Masters-CA	2:13.91
	32.50	1:06.95 (34.45)	1:40.90 (33.95)	2:13.91 (33.01)
2	Kremers, Brian	31	Long Beach Grunions-CA	2:26.23
	36.19	1:13.51 (37.32)	1:50.12 (36.61)	2:26.23 (36.11)
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	2:38.70
	38.20	1:18.59 (40.39)	1:59.55 (40.96)	2:38.70 (39.15)
4	Zayac, John	30	UC Santa Barbara-CA	2:41.68
	39.09	1:19.95 (40.86)	2:01.11 (41.16)	2:41.68 (40.57)

**Men 30-34 50 SC Meter Breaststroke**

1	Scollon, Erik	33	Long Beach Grunions-CA	33.85
2	Kolarov, Michael	32	Mission Viejo Nadadores-CA	35.01
3	Marceau, Paul	30	Unattached	35.11
4	Bishop, Jon	33	Santa Barbara Masters-CA	35.94

**Men 30-34 100 SC Meter Breaststroke**

1	Scollon, Erik	33	Long Beach Grunions-CA	1:14.76
2	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:16.29
3	Larsen, Peder	34	Long Beach Grunions-CA	1:24.88
4	Giacobe, Drew	30	Long Beach Grunions-CA	1:29.67

**Men 30-34 200 SC Meter Breaststroke**

1	Scollon, Erik	33	Long Beach Grunions-CA	2:40.73
	38.02	1:18.83 (40.81)	1:59.89 (41.06)	2:40.73 (40.84)
2	Kremers, Brian	31	Long Beach Grunions-CA	2:52.15
	39.63	1:24.43 (44.80)	2:06.93 (42.50)	2:52.15 (45.22)
3	Kolarov, Michael	32	Mission Viejo Nadadores-CA	2:52.55
	39.24	1:23.17 (43.93)	2:08.62 (45.45)	2:52.55 (43.93)
4	Larsen, Peder	34	Long Beach Grunions-CA	3:01.20
	41.59	1:27.82 (46.23)	2:14.65 (46.83)	3:01.20 (46.55)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 30-34 200 SC Meter Breaststroke)**

5	Wen, Patrick	32	Ucla Bruin Masters-CA	3:03.08
	42.95	1:29.51 (46.56)	2:15.74 (46.23)	3:03.08 (47.34)

**Men 30-34 50 SC Meter Butterfly**

1	Zeruhn, Bernie	33	Irvine Novaquatics-CA	26.21
2	Bishop, Jon	33	Santa Barbara Masters-CA	27.58
3	Swank, Dieter	34	Carlsbad Swim Masters-CA	29.01
4	Giacobe, Drew	30	Long Beach Grunions-CA	29.11
5	Larsen, Peder	34	Long Beach Grunions-CA	30.38
6	Zayac, John	30	UC Santa Barbara-CA	30.55
7	Saldana, Rich	34	Long Beach Grunions-CA	31.85
8	Kienitz, Mike	34	Long Beach Grunions-CA	32.03
9	Wen, Patrick	32	Ucla Bruin Masters-CA	32.67
---	Murphy, Liam	32	Irvine Novaquatics-CA	DQ

**Men 30-34 100 SC Meter Butterfly**

1	Swank, Dieter	34	Carlsbad Swim Masters-CA	1:03.53
	30.13	1:03.53 (33.40)		
2	Sule, Zoltan	33	Santa Barbara Masters-CA	1:03.94
	30.09	1:03.94 (33.85)		
3	Kremers, Brian	31	Long Beach Grunions-CA	1:06.26
	31.04	1:06.26 (35.22)		
4	Zayac, John	30	UC Santa Barbara-CA	1:07.82
	31.81	1:07.82 (36.01)		
5	Murphy, Liam	32	Irvine Novaquatics-CA	1:10.29
	32.53	1:10.29 (37.76)		
6	Wen, Patrick	32	Ucla Bruin Masters-CA	1:13.60
	34.19	1:13.60 (39.41)		
7	Kienitz, Mike	34	Long Beach Grunions-CA	1:14.86
	34.87	1:14.86 (39.99)		

**Men 30-34 200 SC Meter Butterfly**

1	Zayac, John	30	UC Santa Barbara-CA	2:41.31
2	Wen, Patrick	32	Ucla Bruin Masters-CA	2:57.22

**Men 30-34 100 SC Meter IM**

1	Reed, Scott	34	Santa Barbara Masters-CA	1:04.76
2	Swank, Dieter	34	Carlsbad Swim Masters-CA	1:06.92
3	Giacobe, Drew	30	Long Beach Grunions-CA	1:08.78
4	Bishop, Jon	33	Santa Barbara Masters-CA	1:09.10
5	Saldana, Rich	34	Long Beach Grunions-CA	1:11.62
6	Larsen, Peder	34	Long Beach Grunions-CA	1:12.50
7	Kolarov, Michael	32	Mission Viejo Nadadores-CA	1:13.23
8	Wen, Patrick	32	Ucla Bruin Masters-CA	1:13.57

**Men 30-34 200 SC Meter IM**

1	Kremers, Brian	31	Long Beach Grunions-CA	2:24.82
	31.36	1:08.45 (37.09)	1:50.28 (41.83)	2:24.82 (34.54)
2	Larsen, Peder	34	Long Beach Grunions-CA	2:41.82
	33.33	1:18.13 (44.80)	2:05.60 (47.47)	2:41.82 (36.22)
3	Wen, Patrick	32	Ucla Bruin Masters-CA	2:49.41
	35.43	2:10.59 (1:35.16)	2:49.41 (38.82)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 30-34 400 SC Meter IM**

1	Scollon, Erik	33	Long Beach Grunions-CA	4:53.41
	30.81	1:05.42 (34.61)	1:44.94 (39.52)	2:22.31 (37.37)
	3:05.69 (43.38)	3:47.03 (41.34)	4:20.04 (33.01)	4:53.41 (33.37)

**Men 35-39 50 SC Meter Freestyle**

1	Emeka, Amon	36	Unattached	24.87
2	Prior, Jeff	37	Carlsbad Swim Masters-CA	24.98
3	Klebahn, Perry	38	Santa Barbara Masters-CA	25.87
4	Ferguson, Dan	38	West Hollywood Aquatics-CA	27.00
5	Nielson, Erik	37	Long Beach Grunions-CA	27.01
6	Murdoch, Kurt	38	Long Beach Grunions-CA	27.13
7	Salvinski, Gregory	38	Unattached	27.75
8	Hjorth, John	37	South Coast Aquatics-CA	28.97
9	Gonzalez, Andrew	38	West Hollywood Aquatics-CA	29.31
10	Behrens, Michael	35	Ucla Bruin Masters-CA	29.61
11	Lalley, Christopher	35	Long Beach Grunions-CA	29.75
12	Erickson, Stephen	35	Ucla Bruin Masters-CA	29.82
13	Noyes, David	37	Long Beach Grunions-CA	31.16
14	Brisbin, Kenny	39	Long Beach Grunions-CA	32.60
15	Tapper, Christopher	37	Long Beach Grunions-CA	37.95

**Men 35-39 100 SC Meter Freestyle**

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	54.15
	26.00	54.15 (28.15)		
2	Headley, Kevin	35	Santa Barbara Masters-CA	54.47
	26.32	54.47 (28.15)		
3	Emeka, Amon	36	Unattached	54.51
	26.39	54.51 (28.12)		
4	Hefner, Joel	37	Unattached	1:02.09
	28.64	1:02.09 (33.45)		
5	Noyes, David	37	Long Beach Grunions-CA	1:10.25
	34.00	1:10.25 (36.25)		
6	Brisbin, Kenny	39	Long Beach Grunions-CA	1:12.15
	34.57	1:12.15 (37.58)		
7	Dillon, Matthew	35	Long Beach Grunions-CA	1:15.81
	37.09	1:15.81 (38.72)		

**Men 35-39 200 SC Meter Freestyle**

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	1:58.96
2	Eickhoff, Randy	39	Ucla Bruin Masters-CA	2:03.44
3	Klebahn, Perry	38	Santa Barbara Masters-CA	2:10.67
4	Millar, Simon	38	Ucla Bruin Masters-CA	2:12.48
5	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA	2:15.13
6	Behrens, Michael	35	Ucla Bruin Masters-CA	2:21.37
7	Hefner, Joel	37	Unattached	2:22.20
8	Muth, Daniel	38	Unattached	2:27.53
9	Noyes, David	37	Long Beach Grunions-CA	2:43.04
10	Dillon, Matthew	35	Long Beach Grunions-CA	2:52.75

**Men 35-39 400 SC Meter Freestyle**

1	Eickhoff, Randy	39	Ucla Bruin Masters-CA	4:19.82
2	Klebahn, Perry	38	Santa Barbara Masters-CA	4:40.49
3	Millar, Simon	38	Ucla Bruin Masters-CA	4:45.38
4	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA	4:58.46

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 35-39 400 SC Meter Freestyle)**

5	Salvinski, Gregory	38	Unattached	5:03.14
6	Gardner, Nick	39	Ucla Bruin Masters-CA	5:27.85
7	Lalley, Christopher	35	Long Beach Grunions-CA	5:40.14
8	Noyes, David	37	Long Beach Grunions-CA	5:57.02

**Men 35-39 1500 SC Meter Freestyle**

1	Shaffer, Mike	39	Ventura County Masters-CA	16:37.67
	29.17	1:01.20 (32.03)	1:34.04 (32.84)	2:07.10 (33.06)
	2:40.32 (33.22)	3:13.70 (33.38)	3:47.18 (33.48)	4:21.11 (33.93)
	4:54.92 (33.81)	5:28.78 (33.86)	6:02.45 (33.67)	6:36.09 (33.64)
	7:09.51 (33.42)	7:42.92 (33.41)	8:16.62 (33.70)	8:50.24 (33.62)
	9:24.04 (33.80)	9:57.82 (33.78)	10:31.39 (33.57)	11:04.87 (33.48)
	11:38.51 (33.64)	12:12.15 (33.64)	12:45.92 (33.77)	13:19.55 (33.63)
	13:53.27 (33.72)	14:26.72 (33.45)	15:00.21 (33.49)	15:33.42 (33.21)
	16:06.20 (32.78)	16:37.67 (31.47)		

**Men 35-39 50 SC Meter Backstroke**

1	Murdoch, Kurt	38	Long Beach Grunions-CA	30.06
2	Emeka, Amon	36	Unattached	30.24
3	Hefner, Joel	37	Unattached	33.69
4	Tapper, Christopher	37	Long Beach Grunions-CA	48.96
5	Iacononi, Joe	39	Long Beach Grunions-CA	50.78

**Men 35-39 100 SC Meter Backstroke**

1	Murdoch, Kurt	38	Long Beach Grunions-CA	1:05.80
2	Lucas, Glenn	38	South Coast Aquatics-CA	1:14.41
3	Muth, Daniel	38	Unattached	1:17.66
4	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:19.92
---	Hefner, Joel	37	Unattached	DQ

**Men 35-39 200 SC Meter Backstroke**

1	Murdoch, Kurt	38	Long Beach Grunions-CA	2:25.96
	35.79	1:13.15 (37.36)	1:50.58 (37.43)	2:25.96 (35.38)
2	Hefner, Joel	37	Unattached	2:42.52
	37.45	1:18.92 (41.47)	2:00.58 (41.66)	2:42.52 (41.94)

**Men 35-39 50 SC Meter Breaststroke**

1	Murdoch, Kurt	38	Long Beach Grunions-CA	34.35
2	Hefner, Joel	37	Unattached	36.29
3	Thomaidis, Steve	37	Long Beach Grunions-CA	36.98
4	Hjorth, John	37	South Coast Aquatics-CA	38.25
5	Lalley, Christopher	35	Long Beach Grunions-CA	40.34
6	Iacononi, Joe	39	Long Beach Grunions-CA	40.39
7	Tapper, Christopher	37	Long Beach Grunions-CA	44.95

**Men 35-39 100 SC Meter Breaststroke**

1	Emeka, Amon	36	Unattached	1:11.87
2	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:24.07
3	Lalley, Christopher	35	Long Beach Grunions-CA	1:32.11

**Men 35-39 200 SC Meter Breaststroke**

1	Lalley, Christopher	35	Long Beach Grunions-CA	3:20.87
	46.47	1:38.71 (52.24)	2:30.27 (51.56)	3:20.87 (50.60)
2	Iacononi, Joe	39	Long Beach Grunions-CA	3:29.84
	45.25	1:37.30 (52.05)	2:33.87 (56.57)	3:29.84 (55.97)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 35-39 50 SC Meter Butterfly**

1	Emeka, Amon	36	Unattached	26.22
2	Prior, Jeff	37	Carlsbad Swim Masters-CA	26.86
3	Eickhoff, Randy	39	Ucla Bruin Masters-CA	27.96
4	Ferguson, Dan	38	West Hollywood Aquatics-CA	29.25
5	Murdoch, Kurt	38	Long Beach Grunions-CA	29.75
6	Hefner, Joel	37	Unattached	31.64
7	Thomaidis, Steve	37	Long Beach Grunions-CA	31.83
8	Hjorth, John	37	South Coast Aquatics-CA	32.45
9	Erickson, Stephen	35	Ucla Bruin Masters-CA	32.48
10	Noyes, David	37	Long Beach Grunions-CA	35.10
11	Brisbin, Kenny	39	Long Beach Grunions-CA	35.60
12	Dillon, Matthew	35	Long Beach Grunions-CA	41.81
13	Tapper, Christopher	37	Long Beach Grunions-CA	43.75

**Men 35-39 100 SC Meter Butterfly**

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	58.40
	27.65	58.40 (30.75)		
2	Emeka, Amon	36	Unattached	58.47
	27.68	58.47 (30.79)		
3	Salvinski, Gregory	38	Unattached	1:08.56
	31.83	1:08.56 (36.73)		
4	Dillon, Matthew	35	Long Beach Grunions-CA	1:34.68
	44.67	1:34.68 (50.01)		

**Men 35-39 200 SC Meter Butterfly**

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	2:15.07
2	Eickhoff, Randy	39	Ucla Bruin Masters-CA	2:25.19
3	Behrens, Michael	35	Ucla Bruin Masters-CA	3:02.45
4	Gardner, Nick	39	Ucla Bruin Masters-CA	3:23.64
---	Erickson, Stephen	35	Ucla Bruin Masters-CA	DQ

**Men 35-39 100 SC Meter IM**

1	Emeka, Amon	36	Unattached	1:00.35
2	Prior, Jeff	37	Carlsbad Swim Masters-CA	1:01.94
3	Murdoch, Kurt	38	Long Beach Grunions-CA	1:06.10
4	Eickhoff, Randy	39	Ucla Bruin Masters-CA	1:06.55
5	Ferguson, Dan	38	West Hollywood Aquatics-CA	1:09.48
6	Salvinski, Gregory	38	Unattached	1:11.23
7	Ogorzelec, Gregg	38	West Hollywood Aquatics-CA	1:12.34
8	Klebahn, Perry	38	Santa Barbara Masters-CA	1:15.06
9	Brouillette, Timothy	39	San Diego Swim Masters-SI	1:15.24
10	Behrens, Michael	35	Ucla Bruin Masters-CA	1:16.48
11	Hjorth, John	37	South Coast Aquatics-CA	1:16.71
12	Gonzalez, Andrew	38	West Hollywood Aquatics-CA	1:17.07
13	Brisbin, Kenny	39	Long Beach Grunions-CA	1:22.98
14	Tapper, Christopher	37	Long Beach Grunions-CA	1:42.32

**Men 35-39 200 SC Meter IM**

1	Prior, Jeff	37	Carlsbad Swim Masters-CA	2:14.02
	28.43	1:03.44 (35.01)	1:43.02 (39.58)	2:14.02 (31.00)
2	Emeka, Amon	36	Unattached	2:19.56
	28.79	1:06.86 (38.07)	1:46.81 (39.95)	2:19.56 (32.75)
3	Murdoch, Kurt	38	Long Beach Grunions-CA	2:26.90
	32.64	1:09.49 (36.85)	1:51.96 (42.47)	2:26.90 (34.94)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 35-39 400 SC Meter IM**

1 Shaffer, Mike		39 Ventura County Masters-CA		4:51.05
	29.91	1:02.98 (33.07)	1:42.69 (39.71)	2:21.14 (38.45)
	3:06.69 (45.55)	3:50.45 (43.76)	4:22.26 (31.81)	4:51.05 (28.79)

**Men 40-44 50 SC Meter Freestyle**

1 Stone, Wes		42 Irvine Novaquatics-CA		27.44
2 Engelhart, Chris		42 Team Masters-CA		27.73
3 Highnote, Allen		40 Long Beach Grunions-CA		28.66
4 Barbrick, Pete		41 Irvine Novaquatics-CA		29.11
5 Shaughnessy, Jim		44 Long Beach Grunions-CA		29.88
6 Long, Douglas		41 Phoenix Sunfish-AZ		31.61
7 Grubb, Eric		40 Long Beach Grunions-CA		33.64
8 Bahamon, Luis		43 West Hollywood Aquatics-CA		35.56
9 Reis, Raul		40 Long Beach Grunions-CA		36.26
10 Panero, Richard		40 Long Beach Grunions-CA		42.32

**Men 40-44 100 SC Meter Freestyle**

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		55.65
	27.11	55.65 (28.54)		
2 Leutner, Gerry		40 Mission Viejo Nadadores-CA		57.35
	27.91	57.35 (29.44)		
3 Engelhart, Chris		42 Team Masters-CA		1:01.07
	29.45	1:01.07 (31.62)		
4 Barbrick, Pete		41 Irvine Novaquatics-CA		1:06.61
	31.85	1:06.61 (34.76)		
5 Grubb, Eric		40 Long Beach Grunions-CA		1:14.85
	34.64	1:14.85 (40.21)		
6 Bahamon, Luis		43 West Hollywood Aquatics-CA		1:16.70
	37.24	1:16.70 (39.46)		
7 Reis, Raul		40 Long Beach Grunions-CA		1:21.39
	39.47	1:21.39 (41.92)		
8 Merchant, Guy		41 UCLA Bruin Masters-CA		1:33.37
	46.60	1:33.37 (46.77)		
9 Panero, Richard		40 Long Beach Grunions-CA		1:34.74
	46.65	1:34.74 (48.09)		

**Men 40-44 200 SC Meter Freestyle**

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		2:06.80
2 Nalli, Lyle		44 South Coast Aquatics-CA		2:09.41
3 Fegan, Jim		40 San Diego Swim Masters-SI		2:15.96
4 Engelhart, Chris		42 Team Masters-CA		2:16.24
5 Zamora, Anthony		43 Unattached		2:19.24
6 Shaughnessy, Jim		44 Long Beach Grunions-CA		2:35.03
7 Bahamon, Luis		43 West Hollywood Aquatics-CA		2:53.88
8 Grubb, Eric		40 Long Beach Grunions-CA		3:04.96

**Men 40-44 400 SC Meter Freestyle**

1 Rodrigues, Gerry		42 UCLA Bruin Masters-CA		4:18.59
2 Nalli, Lyle		44 South Coast Aquatics-CA		4:31.60
3 Zamora, Anthony		43 Unattached		4:58.09
4 Given, Michael		40 San Diego Swim Masters-SI		5:19.70
5 Bahamon, Luis		43 West Hollywood Aquatics-CA		6:14.70

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 40-44 800 SC Meter Freestyle**

1 Hedrick, Tim	41 Ventura County Masters-CA	9:10.19
32.06	1:06.08 (34.02) 1:40.42 (34.34) 2:15.04 (34.62)	
2:50.08 (35.04)	3:24.80 (34.72) 3:59.69 (34.89) 4:34.35 (34.66)	
5:09.06 (34.71)	5:43.71 (34.65) 6:18.10 (34.39) 6:53.02 (34.92)	
7:27.87 (34.85)	8:02.32 (34.45) 8:36.71 (34.39) 9:10.19 (33.48)	
2 Nalli, Lyle	44 South Coast Aquatics-CA	9:27.12
32.70	1:08.42 (35.72) 1:44.64 (36.22) 2:20.90 (36.26)	
2:57.13 (36.23)	3:33.35 (36.22) 4:09.09 (35.74) 4:44.88 (35.79)	
5:20.57 (35.69)	5:56.29 (35.72) 6:31.96 (35.67) 7:07.43 (35.47)	
7:42.57 (35.14)	8:17.69 (35.12) 8:52.70 (35.01) 9:27.12 (34.42)	
3 Crosson, Jeff	43 Uci Masters-CA	9:35.77
33.64	1:09.95 (36.31) 1:46.24 (36.29) 2:22.43 (36.19)	
2:58.95 (36.52)	3:35.40 (36.45) 4:12.08 (36.68) 4:48.57 (36.49)	
5:24.82 (36.25)	6:01.08 (36.26) 6:37.47 (36.39) 7:13.52 (36.05)	
7:49.25 (35.73)	8:25.31 (36.06) 9:01.19 (35.88) 9:35.77 (34.58)	
4 Given, Michael	40 San Diego Swim Masters-SI	11:01.43
37.82	1:18.02 (40.20) 1:59.13 (41.11) 2:40.38 (41.25)	
3:21.51 (41.13)	4:03.18 (41.67) 4:44.88 (41.70) 5:26.70 (41.82)	
6:09.56 (42.86)	6:52.19 (42.63) 7:34.68 (42.49) 8:16.52 (41.84)	
8:58.66 (42.14)	9:38.71 (40.05) 10:21.46 (42.75) 11:01.43 (39.97)	

**Men 40-44 1500 SC Meter Freestyle**

1 Nalli, Lyle	44 South Coast Aquatics-CA	18:00.44
32.91	1:08.98 (36.07) 1:45.58 (36.60) 2:21.76 (36.18)	
2:58.03 (36.27)	3:34.41 (36.38) 4:10.44 (36.03) 4:46.47 (36.03)	
5:22.61 (36.14)	5:58.69 (36.08) 6:34.85 (36.16) 7:10.34 (35.49)	
7:46.27 (35.93)	8:22.65 (36.38) 8:58.62 (35.97) 9:34.84 (36.22)	
10:10.93 (36.09)	10:47.18 (36.25) 11:23.44 (36.26) 11:59.53 (36.09)	
12:35.73 (36.20)	13:11.65 (35.92) 13:47.48 (35.83) 14:24.08 (36.60)	
15:00.37 (36.29)	15:36.54 (36.17) 16:12.98 (36.44) 16:49.16 (36.18)	
17:25.64 (36.48)	18:00.44 (34.80)	
2 Crosson, Jeff	43 Uci Masters-CA	18:04.41
34.20	1:10.35 (36.15) 1:46.85 (36.50) 2:23.39 (36.54)	
2:59.81 (36.42)	3:36.30 (36.49) 4:12.79 (36.49) 4:49.04 (36.25)	
5:25.24 (36.20)	6:01.52 (36.28) 6:38.04 (36.52) 7:14.59 (36.55)	
7:50.90 (36.31)	8:26.97 (36.07) 9:03.23 (36.26) 9:39.58 (36.35)	
10:15.71 (36.13)	10:51.97 (36.26) 11:28.16 (36.19) 12:04.54 (36.38)	
12:40.87 (36.33)	13:16.98 (36.11) 13:53.47 (36.49) 14:29.64 (36.17)	
15:05.78 (36.14)	15:41.85 (36.07) 16:18.09 (36.24) 16:54.12 (36.03)	
17:29.90 (35.78)	18:04.41 (34.51)	
3 Zamora, Anthony	43 Unattached	20:23.54
37.34	1:17.71 (40.37) 1:58.29 (40.58) 2:37.96 (39.67)	
3:17.00 (39.04)	3:56.49 (39.49) 4:35.98 (39.49) 5:15.90 (39.92)	
5:56.20 (40.30)	6:36.91 (40.71) 7:17.50 (40.59) 7:58.35 (40.85)	
8:39.26 (40.91)	9:20.19 (40.93) 10:01.52 (41.33) 10:43.49 (41.97)	
11:25.51 (42.02)	12:08.03 (42.52) 12:50.07 (42.04) 13:31.94 (41.87)	
14:14.07 (42.13)	14:55.76 (41.69) 15:38.46 (42.70) 16:20.66 (42.20)	
17:02.66 (42.00)	17:44.12 (41.46) 18:25.76 (41.64) 19:07.65 (41.89)	
19:48.09 (40.44)	20:23.54 (35.45)	

**Men 40-44 50 SC Meter Backstroke**

1 Wasko, Frank	44 Irvine Novaquatics-CA	31.07
2 Highnote, Allen	40 Long Beach Grunions-CA	31.98
3 Barker, Douglas	41 Mission Viejo Nadadores-CA	32.45
4 Stone, Wes	42 Irvine Novaquatics-CA	34.07
5 Holmen, Robert	41 Uci Masters-CA	35.86

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 40-44 50 SC Meter Backstroke)**

6	Pottie, Greg	43	Ucla Bruin Masters-CA	36.85
7	Shaughnessy, Jim	44	Long Beach Grunions-CA	39.18
8	Bahamon, Luis	43	West Hollywood Aquatics-CA	43.41
9	Long, Douglas	41	Phoenix Sunfish-AZ	45.72
10	Reis, Raul	40	Long Beach Grunions-CA	50.67
11	Grubb, Eric	40	Long Beach Grunions-CA	51.63

**Men 40-44 100 SC Meter Backstroke**

1	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:11.80
2	Highnote, Allen	40	Long Beach Grunions-CA	1:13.08
3	Bahamon, Luis	43	West Hollywood Aquatics-CA	1:42.04
4	Richards, Steve	40	Long Beach Grunions-CA	1:46.46
5	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	2:08.76
6	Grubb, Eric	40	Long Beach Grunions-CA	2:13.37
---	Reis, Raul	40	Long Beach Grunions-CA	DQ

**Men 40-44 200 SC Meter Backstroke**

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:25.01
	35.31	1:12.02 (36.71)	1:49.06 (37.04)	2:25.01 (35.95)
2	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:34.60
	37.93	1:17.11 (39.18)	2:34.60 (1:17.49)	2:34.60 ( )
3	Holmen, Robert	41	Uci Masters-CA	2:39.81
	37.70	1:17.61 (39.91)	1:58.54 (40.93)	2:39.81 (41.27)
4	Pottie, Greg	43	Ucla Bruin Masters-CA	2:46.82
	40.14	1:22.48 (42.34)	2:04.56 (42.08)	2:46.82 (42.26)
5	Richards, Steve	40	Long Beach Grunions-CA	3:41.52
	53.94	1:50.88 (56.94)	2:48.36 (57.48)	3:41.52 (53.16)

**Men 40-44 50 SC Meter Breaststroke**

1	Tongate, Terry	44	Mission Viejo Nadadores-CA	33.88
2	Barker, Douglas	41	Mission Viejo Nadadores-CA	34.20
3	Harden, Jimmy	41	San Diego Swim Masters-SI	36.94
4	Barbrick, Pete	41	Irvine Novaquatics-CA	37.96
5	Pottie, Greg	43	Ucla Bruin Masters-CA	38.21
6	Mayhew, Douglas	40	Long Beach Grunions-CA	39.58
7	Abrami, John	44	Carlsbad Swim Masters-CA	40.38
8	Long, Douglas	41	Phoenix Sunfish-AZ	40.95
9	Stone, Wes	42	Irvine Novaquatics-CA	41.09
10	Werner, John	41	Long Beach Grunions-CA	42.33
11	Panero, Richard	40	Long Beach Grunions-CA	59.53

**Men 40-44 100 SC Meter Breaststroke**

1	Tongate, Terry	44	Mission Viejo Nadadores-CA	1:15.11
2	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:18.90
3	Harden, Jimmy	41	San Diego Swim Masters-SI	1:20.52
4	Given, Michael	40	San Diego Swim Masters-SI	1:24.12
5	Barbrick, Pete	41	Irvine Novaquatics-CA	1:28.08
6	Abrami, John	44	Carlsbad Swim Masters-CA	1:29.21
7	Mayhew, Douglas	40	Long Beach Grunions-CA	1:30.81
8	LaFianza, Bernard	42	West Hollywood Aquatics-CA	1:32.54
9	Orosz, Michael	44	Ucla Bruin Masters-CA	1:32.76
10	Werner, John	41	Long Beach Grunions-CA	1:33.14
11	Richards, Steve	40	Long Beach Grunions-CA	1:37.14



**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 40-44 100 SC Meter Breaststroke)**

12	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	1:55.73
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**Men 40-44 200 SC Meter Breaststroke**

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:51.01
	38.60	1:23.06 (44.46)	2:07.24 (44.18)	2:51.01 (43.77)
2	Harden, Jimmy	41	San Diego Swim Masters-SI	2:54.36
	39.70	1:23.86 (44.16)	2:09.67 (45.81)	2:54.36 (44.69)
3	Tongate, Terry	44	Mission Viejo Nadadores-CA	3:00.98
	42.16	1:27.63 (45.47)	2:14.59 (46.96)	3:00.98 (46.39)
4	Pottie, Greg	43	Ucla Bruin Masters-CA	3:02.22
	41.47	1:28.13 (46.66)	2:15.74 (47.61)	3:02.22 (46.48)
5	Barbrick, Pete	41	Irvine Novaquatics-CA	3:16.46
	43.95	1:35.21 (51.26)	2:26.73 (51.52)	3:16.46 (49.73)
6	Abrami, John	44	Carlsbad Swim Masters-CA	3:16.92
	46.40	1:36.91 (50.51)	2:27.88 (50.97)	3:16.92 (49.04)
7	Mayhew, Douglas	40	Long Beach Grunions-CA	3:23.52
	43.09	1:33.18 (50.09)	2:27.65 (54.47)	3:23.52 (55.87)
8	Richards, Steve	40	Long Beach Grunions-CA	3:30.94
	49.92	1:43.70 (53.78)	2:38.37 (54.67)	3:30.94 (52.57)
9	Merchant, Guy	41	Ucla Bruin Masters-CA	4:48.46
	1:08.90	2:23.20 (1:14.30)	3:38.92 (1:15.72)	4:48.46 (1:09.54)

**Men 40-44 50 SC Meter Butterfly**

1	Fegan, Jim	40	San Diego Swim Masters-SI	28.63
2	Segreto, Stephen	41	Long Beach Grunions-CA	28.96
3	Engelhart, Chris	42	Team Masters-CA	30.93
4	Stone, Wes	42	Irvine Novaquatics-CA	30.99
5	Highnote, Allen	40	Long Beach Grunions-CA	32.32
6	Barbrick, Pete	41	Irvine Novaquatics-CA	34.01
7	Harden, Jimmy	41	San Diego Swim Masters-SI	34.86
8	Shaughnessy, Jim	44	Long Beach Grunions-CA	35.54
9	LaFianza, Bernard	42	West Hollywood Aquatics-CA	37.95
10	Long, Douglas	41	Phoenix Sunfish-AZ	37.98
11	Richards, Steve	40	Long Beach Grunions-CA	44.79
12	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	49.55

**Men 40-44 100 SC Meter Butterfly**

1	Leutner, Gerry	40	Mission Viejo Nadadores-CA	1:05.76
	30.72	1:05.76 (35.04)		
2	Pottie, Greg	43	Ucla Bruin Masters-CA	1:08.46
	32.00	1:08.46 (36.46)		
3	Given, Michael	40	San Diego Swim Masters-SI	1:14.96
	34.48	1:14.96 (40.48)		
4	Harden, Jimmy	41	San Diego Swim Masters-SI	1:20.93
	36.73	1:20.93 (44.20)		
5	Shaughnessy, Jim	44	Long Beach Grunions-CA	1:36.85
	45.81	1:36.85 (51.04)		
6	Merchant, Guy	41	Ucla Bruin Masters-CA	1:55.09
	52.79	1:55.09 (1:02.30)		

**Men 40-44 200 SC Meter Butterfly**

1	Nalli, Lyle	44	South Coast Aquatics-CA	2:33.29
2	Fegan, Jim	40	San Diego Swim Masters-SI	2:35.71
3	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:42.27

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 40-44 200 SC Meter Butterfly)**

4	Given, Michael	40	San Diego Swim Masters-SI	2:50.85
5	Harden, Jimmy	41	San Diego Swim Masters-SI	3:07.84
6	Orosz, Michael	44	Ucla Bruin Masters-CA	3:24.14
7	Merchant, Guy	41	Ucla Bruin Masters-CA	4:13.17
8	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	4:19.10

**Men 40-44 100 SC Meter IM**

1	Barker, Douglas	41	Mission Viejo Nadadores-CA	1:08.79
2	Given, Michael	40	San Diego Swim Masters-SI	1:12.39
3	Tongate, Terry	44	Mission Viejo Nadadores-CA	1:17.99
4	Barbrick, Pete	41	Irvine Novaquatics-CA	1:19.68
5	Shaughnessy, Jim	44	Long Beach Grunions-CA	1:20.43
6	Abrami, John	44	Carlsbad Swim Masters-CA	1:23.97
7	Long, Douglas	41	Phoenix Sunfish-AZ	1:29.10
8	Richards, Steve	40	Long Beach Grunions-CA	1:36.34
9	Bahamon, Luis	43	West Hollywood Aquatics-CA	1:42.56
10	Grubb, Eric	40	Long Beach Grunions-CA	1:42.80
11	Pomerantz, Andrew	44	Ucla Bruin Masters-CA	1:47.50

**Men 40-44 200 SC Meter IM**

1	Leutner, Gerry	40	Mission Viejo Nadadores-CA	2:26.69
	30.48	1:08.85 (38.37)	1:54.92 (46.07)	2:26.69 (31.77)
2	Rodrigues, Gerry	42	Ucla Bruin Masters-CA	2:36.39
	32.78	1:14.31 (41.53)	2:00.71 (46.40)	2:36.39 (35.68)
3	Pottie, Greg	43	Ucla Bruin Masters-CA	2:39.78
	32.99	1:15.66 (42.67)	2:02.87 (47.21)	2:39.78 (36.91)
4	Given, Michael	40	San Diego Swim Masters-SI	2:40.43
	34.56	1:17.58 (43.02)	2:04.11 (46.53)	2:40.43 (36.32)
5	Holmen, Robert	41	Uci Masters-CA	2:46.24
	36.76	1:19.21 (42.45)	2:07.18 (47.97)	2:46.24 (39.06)
6	Tongate, Terry	44	Mission Viejo Nadadores-CA	3:22.52
	37.59	1:39.34 (1:01.75)	2:36.53 (57.19)	3:22.52 (45.99)
7	Richards, Steve	40	Long Beach Grunions-CA	3:31.83
	48.97	1:45.54 (56.57)	2:41.05 (55.51)	3:31.83 (50.78)
8	Bahamon, Luis	43	West Hollywood Aquatics-CA	3:45.97
	47.21	1:46.00 (58.79)	2:58.70 (1:12.70)	3:45.97 (47.27)

**Men 40-44 400 SC Meter IM**

1	Hedrick, Tim	41	Ventura County Masters-CA	5:05.32
	32.19	1:08.04 (35.85)	1:46.89 (38.85)	2:25.13 (38.24)
	3:10.04 (44.91)	3:55.64 (45.60)	4:31.10 (35.46)	5:05.32 (34.22)
2	Nalli, Lyle	44	South Coast Aquatics-CA	5:09.25
	32.60	1:10.26 (37.66)	1:51.53 (41.27)	2:31.93 (40.40)
	3:15.99 (44.06)	3:59.75 (43.76)	4:34.96 (35.21)	5:09.25 (34.29)
3	Given, Michael	40	San Diego Swim Masters-SI	5:54.31
	36.46	1:18.31 (41.85)	2:06.18 (47.87)	2:51.92 (45.74)
	3:41.02 (49.10)	4:31.62 (50.60)	5:14.16 (42.54)	5:54.31 (40.15)
4	Shaughnessy, Jim	44	Long Beach Grunions-CA	6:53.54
	46.78	1:41.22 (54.44)	3:24.74 (1:43.52)	4:23.25 (58.51)
	5:22.45 (59.20)	6:08.96 (46.51)	6:53.75 (44.79)	6:53.54 ( )

**Men 45-49 50 SC Meter Freestyle**

1	Freeman, David	47	Eastlake Eagle Rays-CA	26.86
2	Ward, Wayne	45	UC Santa Barbara-CA	27.05

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 45-49 50 SC Meter Freestyle)**

3	Caron, Louis	47	Rose Bowl-CA	27.97
4	Barton, Jim	49	Carlsbad Swim Masters-CA	28.11
5	Carlsen, Richard	45	Mission Viejo Nadadores-CA	29.16
6	Graham, Errol	45	West Hollywood Aquatics-CA	29.51
7	Adams, Dan	48	West Hollywood Aquatics-CA	30.00
8	Levy, Aaron	45	West Hollywood Aquatics-CA	30.30
9	Berebitsky, Gary	47	Arizona Masters-AZ	33.06
11	Blasco, John	46	Long Beach Grunions-CA	47.61

**Men 45-49 100 SC Meter Freestyle**

1	Boyd, Tom	48	Long Beach Grunions-CA	1:00.03
	29.14		1:00.03 (30.89)	
2	Freeman, David	47	Eastlake Eagle Rays-CA	1:00.60
	28.57		1:00.60 (32.03)	
3	Carlsen, Richard	45	Mission Viejo Nadadores-CA	1:06.57
	31.49		1:06.57 (35.08)	
4	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	1:07.01
	30.54		1:07.01 (36.47)	
5	Murray, Steve	49	San Francisco Tsunami-PC	1:07.31
	32.45		1:07.31 (34.86)	
6	Graham, Errol	45	West Hollywood Aquatics-CA	1:09.47
	32.41		1:09.47 (37.06)	
7	Blasco, John	46	Long Beach Grunions-CA	1:54.62
	53.70		1:54.62 (1:00.92)	

**Men 45-49 200 SC Meter Freestyle**

1	Caron, Louis	47	Rose Bowl-CA	2:16.45
2	Schafer, Ron	47	Heartland Swim Association-CA	2:24.38
3	Litchmann, John	48	Ucla Bruin Masters-CA	3:03.78
4	Blasco, John	46	Long Beach Grunions-CA	4:17.58

**Men 45-49 400 SC Meter Freestyle**

1	Kanzler, Matthew	47	Stanford Masters-PC	4:33.95
2	Caron, Louis	47	Rose Bowl-CA	4:44.55
3	Adams, Dan	48	West Hollywood Aquatics-CA	5:07.21
4	Schafer, Ron	47	Heartland Swim Association-CA	5:14.12
5	Murray, Steve	49	San Francisco Tsunami-PC	6:18.96

**Men 45-49 800 SC Meter Freestyle**

1	Buckley, Tim	49	Eastlake Eagle Rays-CA	9:35.91	
	33.72		1:09.94 (36.22)	1:46.46 (36.52)	2:23.46 (37.00)
	3:00.15 (36.69)		3:36.89 (36.74)	4:13.59 (36.70)	4:50.08 (36.49)
	5:26.58 (36.50)		6:02.93 (36.35)	6:39.25 (36.32)	7:15.11 (35.86)
	7:51.09 (35.98)		8:26.95 (35.86)	9:02.42 (35.47)	9:35.91 (33.49)

**Men 45-49 50 SC Meter Backstroke**

1	Benner, Tord	45	Irvine Novaquatics-CA	31.63
2	Boyd, Tom	48	Long Beach Grunions-CA	34.10
3	Westergren, John	46	Eastlake Eagle Rays-CA	35.20
4	Graham, Errol	45	West Hollywood Aquatics-CA	39.52
5	Butler, Bill	48	Long Beach Grunions-CA	41.23
6	Parnes, Barton	48	Long Beach Grunions-CA	47.78
7	Zion, Michael	49	Long Beach Grunions-CA	51.74

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 45-49 100 SC Meter Backstroke**

1	Benner, Tord	45	Irvine Novaquatics-CA	1:14.28
2	Graham, Errol	45	West Hollywood Aquatics-CA	1:27.17
3	Butler, Bill	48	Long Beach Grunions-CA	1:35.95
4	Parnes, Barton	48	Long Beach Grunions-CA	1:48.30

**Men 45-49 200 SC Meter Backstroke**

1	Adams, Dan	48	West Hollywood Aquatics-CA	2:49.97
	39.99	1:23.10 (43.11)	2:06.69 (43.59)	2:49.97 (43.28)
2	Benner, Tord	45	Irvine Novaquatics-CA	2:54.03
	37.71	1:20.53 (42.82)	2:06.37 (45.84)	2:54.03 (47.66)
3	Parnes, Barton	48	Long Beach Grunions-CA	4:03.67
	51.57	1:51.20 (59.63)	2:56.72 (1:05.52)	4:03.67 (1:06.95)
---	Murray, Steve	49	San Francisco Tsunami-PC	DQ
		1:36.05 ( )	2:27.76 (51.71)	DQ (51.96)

**Men 45-49 50 SC Meter Breaststroke**

1	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	33.63
2	Freeman, David	47	Eastlake Eagle Rays-CA	34.12
3	Schafer, Ron	47	Heartland Swim Association-CA	34.58
4	Boyd, Tom	48	Long Beach Grunions-CA	36.39
5	Benner, Tord	45	Irvine Novaquatics-CA	36.89
6	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	37.10
7	Butler, Bill	48	Long Beach Grunions-CA	38.48
8	Adams, Dan	48	West Hollywood Aquatics-CA	39.25
9	Carlsen, Richard	45	Mission Viejo Nadadores-CA	39.45
10	Parnes, Barton	48	Long Beach Grunions-CA	46.57
11	Blasco, John	46	Long Beach Grunions-CA	1:07.55

**Men 45-49 100 SC Meter Breaststroke**

1	Schafer, Ron	47	Heartland Swim Association-CA	1:13.49
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	1:13.79
3	Kanzler, Matthew	47	Stanford Masters-PC	1:17.34
4	Freeman, David	47	Eastlake Eagle Rays-CA	1:17.41
5	Butler, Bill	48	Long Beach Grunions-CA	1:26.55
6	Adams, Dan	48	West Hollywood Aquatics-CA	1:27.40
7	Murray, Steve	49	San Francisco Tsunami-PC	1:29.14
8	Parnes, Barton	48	Long Beach Grunions-CA	1:44.60
9	Blasco, John	46	Long Beach Grunions-CA	2:42.29

**Men 45-49 200 SC Meter Breaststroke**

1	Kanzler, Matthew	47	Stanford Masters-PC	2:41.81
	38.33	1:19.96 (41.63)	2:01.15 (41.19)	2:41.81 (40.66)
2	Schafer, Ron	47	Heartland Swim Association-CA	2:42.00
	37.92	1:20.13 (42.21)	2:01.89 (41.76)	2:42.00 (40.11)
3	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	2:43.21
	37.60	1:19.06 (41.46)	2:01.20 (42.14)	2:43.21 (42.01)
4	Adams, Dan	48	West Hollywood Aquatics-CA	3:06.07
	41.83	1:28.40 (46.57)	2:16.99 (48.59)	3:06.07 (49.08)
5	Butler, Bill	48	Long Beach Grunions-CA	3:11.85
	42.96	1:30.58 (47.62)	2:21.35 (50.77)	3:11.85 (50.50)
6	Murray, Steve	49	San Francisco Tsunami-PC	3:21.39
	47.79	1:38.39 (50.60)	2:31.52 (53.13)	3:21.39 (49.87)
7	Parnes, Barton	48	Long Beach Grunions-CA	3:49.97
	51.14	1:48.13 (56.99)	2:48.83 (1:00.70)	3:49.97 (1:01.14)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 45-49 50 SC Meter Butterfly**

1	Carter, Paul	47	Irvine Novaquatics-CA	26.72
2	Dixon, Chris	47	San Diego Swim Masters-SI	28.36
3	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	28.73
4	Freeman, David	47	Eastlake Eagle Rays-CA	29.59
5	Ward, Wayne	45	UC Santa Barbara-CA	29.94
6	Caron, Louis	47	Rose Bowl-CA	30.09
7	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	30.90
8	Carlsen, Richard	45	Mission Viejo Nadadores-CA	32.23
9	Graham, Errol	45	West Hollywood Aquatics-CA	32.65
10	Murray, Steve	49	San Francisco Tsunami-PC	33.00
11	Barton, Jim	49	Carlsbad Swim Masters-CA	33.45
12	Small, Kent	48	Ucla Bruin Masters-CA	34.95
13	Levy, Aaron	45	West Hollywood Aquatics-CA	35.98
14	Berebitsky, Gary	47	Arizona Masters-AZ	36.72
---	Westergren, John	46	Eastlake Eagle Rays-CA	DQ

**Men 45-49 100 SC Meter Butterfly**

1	Kanzler, Matthew	47	Stanford Masters-PC	1:04.88
	30.64		1:04.88 (34.24)	
2	Westergren, John	46	Eastlake Eagle Rays-CA	1:10.35
	31.77		1:10.35 (38.58)	
3	Schafer, Ron	47	Heartland Swim Association-CA	1:20.34
	37.94		1:20.34 (42.40)	
4	Graham, Errol	45	West Hollywood Aquatics-CA	1:21.22
	37.64		1:21.22 (43.58)	

**Men 45-49 200 SC Meter Butterfly**

1	Kanzler, Matthew	47	Stanford Masters-PC	2:23.79
2	Murray, Steve	49	San Francisco Tsunami-PC	3:22.89
3	Litchmann, John	48	Ucla Bruin Masters-CA	3:29.86
4	Small, Kent	48	Ucla Bruin Masters-CA	3:33.45

**Men 45-49 100 SC Meter IM**

1	Carter, Paul	47	Irvine Novaquatics-CA	1:04.31
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	1:07.67
3	Kanzler, Matthew	47	Stanford Masters-PC	1:09.97
4	Freeman, David	47	Eastlake Eagle Rays-CA	1:10.01
5	Boyd, Tom	48	Long Beach Grunions-CA	1:10.73
6	Benner, Tord	45	Irvine Novaquatics-CA	1:13.11
7	Johnson, Jon	46	Henderson Southern Nevada Mast-ZZ	1:13.14
8	Westergren, John	46	Eastlake Eagle Rays-CA	1:13.28
9	Caron, Louis	47	Rose Bowl-CA	1:13.80
10	Schafer, Ron	47	Heartland Swim Association-CA	1:14.42
11	Barton, Jim	49	Carlsbad Swim Masters-CA	1:14.44
12	Adams, Dan	48	West Hollywood Aquatics-CA	1:14.62
13	Small, Kent	48	Ucla Bruin Masters-CA	1:20.92
14	Butler, Bill	48	Long Beach Grunions-CA	1:24.06
15	Litchmann, John	48	Ucla Bruin Masters-CA	1:35.15

**Men 45-49 200 SC Meter IM**

1	Kanzler, Matthew	47	Stanford Masters-PC	2:26.15
	31.17		1:12.20 (41.03) 1:53.81 (41.61) 2:26.15 (32.34)	
2	von Hoffmann, Gerard	48	Irvine Novaquatics-CA	2:31.19
	31.92		1:13.13 (41.21) 1:55.50 (42.37) 2:31.19 (35.69)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 45-49 200 SC Meter IM)**

3	Boyd, Tom	48	Long Beach Grunions-CA	2:40.91
	34.43	1:17.98 (43.55)	2:05.37 (47.39)	2:40.91 (35.54)
4	Benner, Tord	45	Irvine Novaquatics-CA	2:44.66
	34.78	1:18.70 (43.92)	2:07.12 (48.42)	2:44.66 (37.54)
5	Schafer, Ron	47	Heartland Swim Association-CA	2:44.78
	36.87	1:23.11 (46.24)	2:05.93 (42.82)	2:44.78 (38.85)
6	Adams, Dan	48	West Hollywood Aquatics-CA	2:47.30
	36.38	1:19.10 (42.72)	2:09.40 (50.30)	2:47.30 (37.90)

**Men 45-49 400 SC Meter IM**

1	Carter, Paul	47	Irvine Novaquatics-CA	4:56.40
	30.34	1:03.45 (33.11)	1:43.19 (39.74)	2:22.42 (39.23)
	3:05.71 (43.29)	3:48.89 (43.18)	4:23.25 (34.36)	4:56.40 (33.15)

**Men 50-54 50 SC Meter Freestyle**

1	Mench, Lee	52	Heartland Swim Association-CA	26.87
2	McBride, Duncan	50	LA Peninsula Swimmers-CA	28.70
3	Buckley, Mark	51	Unattached	29.76
4	Carbuto, Michael	51	Long Beach Grunions-CA	41.85
5	Mitchell, R. A	50	Phoenix Sunfish-AZ	45.51

**Men 50-54 100 SC Meter Freestyle**

1	Mench, Lee	52	Heartland Swim Association-CA	58.31
	28.73	58.31 (29.58)		
2	O'Keeffe, Peter	50	Ucla Bruin Masters-CA	1:00.43
	28.94	1:00.43 (31.49)		
3	Risley, Martin	50	South Bay Swim Team-CA	1:10.35
	33.61	1:10.35 (36.74)		
4	Larson, Charles	52	West Hollywood Aquatics-CA	1:11.88
	35.42	1:11.88 (36.46)		
5	Carbuto, Michael	51	Long Beach Grunions-CA	1:37.82
	47.23	1:37.82 (50.59)		

**Men 50-54 200 SC Meter Freestyle**

1	Mench, Lee	52	Heartland Swim Association-CA	2:07.94
2	Phillips, Rick	50	South Coast Aquatics-CA	2:13.23

**Men 50-54 400 SC Meter Freestyle**

1	Mench, Lee	52	Heartland Swim Association-CA	4:36.26
2	Phillips, Rick	50	South Coast Aquatics-CA	4:40.71
3	Larson, Charles	52	West Hollywood Aquatics-CA	5:23.61

**Men 50-54 800 SC Meter Freestyle**

1	Phillips, Rick	50	South Coast Aquatics-CA	9:52.79
	34.25	1:12.91 (38.66)	1:51.49 (38.58)	2:29.54 (38.05)
	3:07.39 (37.85)	3:45.24 (37.85)	4:22.94 (37.70)	5:00.56 (37.62)
	5:38.72 (38.16)	6:16.97 (38.25)	6:54.41 (37.44)	7:31.65 (37.24)
	8:07.33 (35.68)	8:43.30 (35.97)	9:18.89 (35.59)	9:52.79 (33.90)

## SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004

## Results

**Men 50-54 1500 SC Meter Freestyle**

1	Phillips, Rick	50	South Coast Aquatics-CA	18:40.93
	34.35	1:11.53 (37.18)	1:48.75 (37.22)	2:26.41 (37.66)
	3:03.86 (37.45)	3:41.13 (37.27)	4:18.96 (37.83)	4:56.82 (37.86)
	5:34.73 (37.91)	6:12.52 (37.79)	6:49.95 (37.43)	7:27.52 (37.57)
	8:05.51 (37.99)	8:43.33 (37.82)	9:21.49 (38.16)	9:59.63 (38.14)
	10:37.70 (38.07)	11:15.32 (37.62)	11:53.17 (37.85)	12:31.05 (37.88)
	13:08.58 (37.53)	13:46.20 (37.62)	14:24.05 (37.85)	15:01.02 (36.97)
	15:38.39 (37.37)	16:15.86 (37.47)	16:53.26 (37.40)	17:30.27 (37.01)
	18:06.87 (36.60)	18:40.93 (34.06)		
2	Ferguson, Howard	50	Long Beach Grunions-CA	26:05.61
	1:38.37	2:34.59 (56.22)	3:26.03 (51.44)	4:17.18 (51.15)
	6:03.04 (1:45.86)	6:54.68 (51.64)	7:47.24 (52.56)	
				10:26.21 ( )
	11:18.39 (52.18)	12:11.65 (53.26)	13:04.03 (52.38)	13:56.34 (52.31)
	14:49.20 (52.86)	15:40.10 (50.90)	16:33.34 (53.24)	
		19:16.55 ( )		21:00.11 ( )
	21:53.06 (52.95)		23:40.10 ( )	24:29.96 (49.86)
	25:19.63 (49.67)	26:05.61 (45.98)		

**Men 50-54 50 SC Meter Backstroke**

1	Mench, Lee	52	Heartland Swim Association-CA	34.51
2	Buckley, Mark	51	Unattached	36.66
3	Carbuto, Michael	51	Long Beach Grunions-CA	56.07
---	Mitchell, R. A	50	Phoenix Sunfish-AZ	DQ

**Men 50-54 100 SC Meter Backstroke**

1	Carbuto, Michael	51	Long Beach Grunions-CA	2:02.66
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**Men 50-54 200 SC Meter Backstroke**

1	O'Keeffe, Peter	50	Ucla Bruin Masters-CA	2:35.22
	36.65	1:15.33 (38.68)	1:55.48 (40.15)	2:35.22 (39.74)
2	Larson, Charles	52	West Hollywood Aquatics-CA	3:16.68
	48.17	1:37.93 (49.76)	2:28.82 (50.89)	3:16.68 (47.86)

**Men 50-54 50 SC Meter Breaststroke**

1	Mench, Lee	52	Heartland Swim Association-CA	35.80
2	Trowbridge, Val	50	Mission Viejo Nadadores-CA	39.52
3	Buckley, Mark	51	Unattached	40.62
4	Mossay, Moze	51	Heartland Swim Association-CA	41.20

**Men 50-54 100 SC Meter Breaststroke**

1	Reudy, Tom	50	West Hollywood Aquatics-CA	1:14.42
2	Mossay, Moze	51	Heartland Swim Association-CA	1:28.95
3	Trowbridge, Val	50	Mission Viejo Nadadores-CA	1:29.18

**Men 50-54 200 SC Meter Breaststroke**

1	Mossay, Moze	51	Heartland Swim Association-CA	3:17.20
	44.16	1:34.42 (50.26)	2:27.55 (53.13)	3:17.20 (49.65)
2	Ferguson, Howard	50	Long Beach Grunions-CA	3:20.56
	47.56	1:36.97 (49.41)	2:29.86 (52.89)	3:20.56 (50.70)
3	Trowbridge, Val	50	Mission Viejo Nadadores-CA	3:24.26
	44.76	1:36.90 (52.14)	2:30.63 (53.73)	3:24.26 (53.63)

**Men 50-54 50 SC Meter Butterfly**

1	Graham, Donald	50	Pacific Northwest-PN	28.95
2	McBride, Duncan	50	LA Peninsula Swimmers-CA	30.31

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 50-54 50 SC Meter Butterfly)**

3	Phillips, Rick	50	South Coast Aquatics-CA	30.98
4	Mench, Lee	52	Heartland Swim Association-CA	31.42
5	Ferguson, Howard	50	Long Beach Grunions-CA	35.57
6	Rapp, Dieter	51	Mission Viejo Nadadores-CA	38.06

**Men 50-54 100 SC Meter Butterfly**

1	Heather, Michael	50	Unattached	1:11.18
	33.07	1:11.18	(38.11)	
2	Larson, Charles	52	West Hollywood Aquatics-CA	1:19.32
	37.43	1:19.32	(41.89)	

**Men 50-54 200 SC Meter Butterfly**

1	Larson, Charles	52	West Hollywood Aquatics-CA	2:59.33
2	Ferguson, Howard	50	Long Beach Grunions-CA	3:33.50

**Men 50-54 100 SC Meter IM**

1	Reudy, Tom	50	West Hollywood Aquatics-CA	1:05.19
2	Mench, Lee	52	Heartland Swim Association-CA	1:10.51
3	Phillips, Rick	50	South Coast Aquatics-CA	1:13.35
4	McBride, Duncan	50	LA Peninsula Swimmers-CA	1:18.45
5	Buckley, Mark	51	Unattached	1:18.94
6	Mossay, Moze	51	Heartland Swim Association-CA	1:26.64

**Men 50-54 400 SC Meter IM**

1	Phillips, Rick	50	South Coast Aquatics-CA	5:33.95
	35.30	1:15.49 (40.19)	2:00.61 (45.12)	2:43.84 (43.23)
	3:34.68 (50.84)	4:25.38 (50.70)	5:00.54 (35.16)	5:33.95 (33.41)

**Men 55-59 50 SC Meter Freestyle**

1	Bowers, George	56	Ucla Bruin Masters-CA	27.80
2	Gruber, Glenn	55	Caltech Masters-CA	28.08
3	Ryan, Gary	55	Hawaii Masters-HI	28.20
4	Campbell, John	57	Mission Viejo Nadadores-CA	29.44
5	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	30.37
6	Dann, Francis	58	Ucla Bruin Masters-CA	33.38
10	Spencer, William	58	Santa Barbara Masters-CA	39.74

**Men 55-59 100 SC Meter Freestyle**

1	Bowers, George	56	Ucla Bruin Masters-CA	1:03.78
	31.40	1:03.78	(32.38)	
2	Ryan, Gary	55	Hawaii Masters-HI	1:04.81
	31.74	1:04.81	(33.07)	
3	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	1:13.12
	35.85	1:13.12	(37.27)	
4	Spencer, William	58	Santa Barbara Masters-CA	1:34.50
	43.25	1:34.50	(51.25)	

**Men 55-59 200 SC Meter Freestyle**

1	Gruber, Glenn	55	Caltech Masters-CA	2:17.90
2	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	2:41.87
3	Dann, Francis	58	Ucla Bruin Masters-CA	2:53.85

**Men 55-59 400 SC Meter Freestyle**

1	Gruber, Glenn	55	Caltech Masters-CA	4:55.43
2	Bowers, George	56	Ucla Bruin Masters-CA	5:02.24



**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 55-59 400 SC Meter Freestyle)**

3	Figueiredo, Paulo	58	West Hollywood Aquatics-CA	5:22.41
4	Olson, Jay	55	West Hollywood Aquatics-CA	5:56.09
5	Dann, Francis	58	Ucla Bruin Masters-CA	5:56.18
6	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	5:58.05

**Men 55-59 800 SC Meter Freestyle**

1	Gruber, Glenn	55	Caltech Masters-CA	10:29.30
	37.12	1:16.29 (39.17)	1:54.59 (38.30)	2:33.94 (39.35)
	3:13.01 (39.07)	3:52.41 (39.40)	4:32.19 (39.78)	5:11.66 (39.47)
	5:51.26 (39.60)	6:31.18 (39.92)	7:11.54 (40.36)	7:51.58 (40.04)
	8:31.14 (39.56)	9:11.21 (40.07)	9:51.29 (40.08)	10:29.30 (38.01)
2	Greenberg, Henry	56	Irvine Novaquatics-CA	12:50.92
	46.68	1:36.17 (49.49)	2:26.94 (50.77)	3:17.01 (50.07)
	4:07.04 (50.03)	4:56.40 (49.36)	5:45.37 (48.97)	6:34.12 (48.75)
	7:21.66 (47.54)	8:09.75 (48.09)	8:57.72 (47.97)	9:45.05 (47.33)
	10:32.51 (47.46)	11:19.80 (47.29)	12:06.16 (46.36)	12:50.92 (44.76)

**Men 55-59 1500 SC Meter Freestyle**

1	Greenberg, Henry	56	Irvine Novaquatics-CA	23:23.28
	43.52	1:31.02 (47.50)	2:18.94 (47.92)	3:08.15 (49.21)
	3:56.26 (48.11)	4:46.42 (50.16)	5:34.99 (48.57)	6:21.95 (46.96)
	7:09.14 (47.19)	7:57.08 (47.94)	8:44.54 (47.46)	9:32.02 (47.48)
	10:18.90 (46.88)	11:05.77 (46.87)	11:51.91 (46.14)	12:37.78 (45.87)
	13:24.82 (47.04)	14:11.40 (46.58)	14:57.97 (46.57)	15:43.59 (45.62)
	16:28.86 (45.27)	17:14.08 (45.22)	18:00.11 (46.03)	18:46.02 (45.91)
	19:32.33 (46.31)	20:20.15 (47.82)	21:06.81 (46.66)	21:53.27 (46.46)
	22:39.31 (46.04)	23:23.28 (43.97)		

**Men 55-59 50 SC Meter Backstroke**

1	Campbell, John	57	Mission Viejo Nadadores-CA	36.16
2	Spencer, William	58	Santa Barbara Masters-CA	47.72

**Men 55-59 100 SC Meter Backstroke**

1	Campbell, John	57	Mission Viejo Nadadores-CA	1:26.96
2	Greenberg, Henry	56	Irvine Novaquatics-CA	1:33.83
5	Spencer, William	58	Santa Barbara Masters-CA	1:48.93

**Men 55-59 200 SC Meter Backstroke**

1	Figueiredo, Paulo	58	West Hollywood Aquatics-CA	3:04.41
	44.37	1:31.28 (46.91)	2:18.36 (47.08)	3:04.41 (46.05)
2	Campbell, John	57	Mission Viejo Nadadores-CA	3:09.84
	1:29.38	2:20.06 (50.68)	3:09.84 (49.78)	3:09.84 ( )
3	Greenberg, Henry	56	Irvine Novaquatics-CA	3:26.42
	51.97	1:44.60 (52.63)	2:36.93 (52.33)	3:26.42 (49.49)

**Men 55-59 50 SC Meter Breaststroke**

1	Stark, Allen	55	Unattached	33.97
2	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	41.77
3	Olson, Jay	55	West Hollywood Aquatics-CA	44.06
4	Spencer, William	58	Santa Barbara Masters-CA	1:00.42

**Men 55-59 100 SC Meter Breaststroke**

1	Strand, Robert	58	The Olympic Club-CA	1:13.94
2	Stark, Allen	55	Unattached	1:15.69
3	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA	1:34.98
4	Olson, Jay	55	West Hollywood Aquatics-CA	1:36.82

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 55-59 200 SC Meter Breaststroke**

1	Strand, Robert	58	The Olympic Club-CA		2:45.61
	37.83	1:20.35 (42.52)	2:02.66 (42.31)	2:45.61 (42.95)	
2	Stark, Allen	55	Unattached		2:50.35
	39.60	1:23.65 (44.05)	2:07.40 (43.75)	2:50.35 (42.95)	
3	Olson, Jay	55	West Hollywood Aquatics-CA		3:29.40
	47.17	1:39.80 (52.63)	2:34.27 (54.47)	3:29.40 (55.13)	
4	Stratte-McClure, Joel	56	West Hollywood Aquatics-CA		3:31.12
	48.99	1:42.68 (53.69)	2:38.13 (55.45)	3:31.12 (52.99)	

**Men 55-59 50 SC Meter Butterfly**

1	Bowers, George	56	Ucla Bruin Masters-CA		30.60
2	Dann, Francis	58	Ucla Bruin Masters-CA		33.75
3	Campbell, John	57	Mission Viejo Nadadores-CA		34.05
4	Greenberg, Henry	56	Irvine Novaquatics-CA		34.06
5	Ryan, Gary	55	Hawaii Masters-HI		35.71

**Men 55-59 100 SC Meter Butterfly**

1	Bowers, George	56	Ucla Bruin Masters-CA		1:15.11
	37.38	1:15.11 (37.73)			
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		1:16.25
	35.81	1:16.25 (40.44)			
3	Greenberg, Henry	56	Irvine Novaquatics-CA		1:19.27
	38.44	1:19.27 (40.83)			

**Men 55-59 200 SC Meter Butterfly**

1	Bowers, George	56	Ucla Bruin Masters-CA		3:04.70
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		3:05.57
3	Greenberg, Henry	56	Irvine Novaquatics-CA		3:06.32
4	Dann, Francis	58	Ucla Bruin Masters-CA		3:12.45
5	Lee, Roy	58	Ucla Bruin Masters-CA		5:00.55

**Men 55-59 100 SC Meter IM**

1	Gruber, Glenn	55	Caltech Masters-CA		1:13.29
2	Bowers, George	56	Ucla Bruin Masters-CA		1:13.71
3	Campbell, John	57	Mission Viejo Nadadores-CA		1:15.97
4	Olson, Jay	55	West Hollywood Aquatics-CA		1:30.97

**Men 55-59 200 SC Meter IM**

1	Bowers, George	56	Ucla Bruin Masters-CA		2:52.39
	38.67	1:25.72 (47.05)	2:15.59 (49.87)	2:52.39 (36.80)	
2	Figueiredo, Paulo	58	West Hollywood Aquatics-CA		2:57.04
	36.14	1:23.20 (47.06)	2:17.72 (54.52)	2:57.04 (39.32)	
3	Ryan, Gary	55	Hawaii Masters-HI		3:02.81
	36.44	1:21.71 (45.27)	2:18.29 (56.58)	3:02.81 (44.52)	
4	Greenberg, Henry	56	Irvine Novaquatics-CA		3:04.28
	38.37	2:24.56 (1:46.19)	3:04.28 (39.72)	3:04.28 ( )	
5	Olson, Jay	55	West Hollywood Aquatics-CA		3:22.65
	44.99	1:40.78 (55.79)	2:36.63 (55.85)	3:22.65 (46.02)	

**Men 60-64 50 SC Meter Freestyle**

1	van Baalen, Vinus	62	San Diego Swim Masters-SI		27.77
2	Viguie, George	60	Rolling Hills Mus Sharks-CC		29.62
3	Armstrong, Bill	62	Long Beach Grunions-CA		42.20

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 60-64 100 SC Meter Freestyle**

1	van Baalen, Vinus	62	San Diego Swim Masters-SI	1:05.19
	31.44		1:05.19 (33.75)	
2	Viguie, George	60	Rolling Hills Mus Sharks-CC	1:05.46
	31.39		1:05.46 (34.07)	
3	Freshley, Mike	63	San Diego Swim Masters-SI	1:07.89
	32.26		1:07.89 (35.63)	

**Men 60-64 200 SC Meter Freestyle**

1	Freshley, Mike	63	San Diego Swim Masters-SI	2:27.41
2	Viguie, George	60	Rolling Hills Mus Sharks-CC	2:30.19
3	Anderson, Eric	60	South Bay Swim Team-CA	2:39.59
4	van Baalen, Vinus	62	San Diego Swim Masters-SI	2:42.69
5	Armstrong, Bill	62	Long Beach Grunions-CA	4:11.39

**Men 60-64 400 SC Meter Freestyle**

1	Anderson, Eric	60	South Bay Swim Team-CA	5:35.81
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**Men 60-64 1500 SC Meter Freestyle**

1	Hahm, Martin	63	Brophy Swim Masters-AZ	30:49.05
	54.45		1:52.43 (57.98)	2:52.70 (1:00.27)
	4:53.97 (1:00.33)		5:53.67 (59.70)	6:55.32 (1:01.65)
	9:01.04 (1:03.52)		10:03.28 (1:02.24)	11:07.46 (1:04.18)
	13:12.95 (1:02.67)		14:15.60 (1:02.65)	15:17.41 (1:01.81)
	17:21.86 (1:02.06)		18:23.81 (1:01.95)	19:27.07 (1:03.26)
	21:33.53 (1:03.41)		22:36.62 (1:03.09)	23:39.68 (1:03.06)
	25:46.50 (1:03.67)		26:48.26 (1:01.76)	27:48.19 (59.93)
	29:51.26 (59.49)		30:49.05 (57.79)	28:51.77 (1:03.58)

**Men 60-64 100 SC Meter Backstroke**

1	Anderson, Eric	60	South Bay Swim Team-CA	1:26.48
2	Szuch, David	61	Heartland Swim Association-CA	1:31.91

**Men 60-64 200 SC Meter Backstroke**

1	Szuch, David	61	Heartland Swim Association-CA	3:17.40
	45.64		1:33.81 (48.17)	2:26.08 (52.27)
				3:17.40 (51.32)
2	Hahm, Martin	63	Brophy Swim Masters-AZ	4:05.27
	58.28		2:01.78 (1:03.50)	3:05.00 (1:03.22)
				4:05.27 (1:00.27)

**Men 60-64 100 SC Meter Breaststroke**

1	Szuch, David	61	Heartland Swim Association-CA	1:40.00
2	Hahm, Martin	63	Brophy Swim Masters-AZ	1:46.42

**Men 60-64 200 SC Meter Breaststroke**

1	Szuch, David	61	Heartland Swim Association-CA	3:38.81
	47.96		1:41.84 (53.88)	2:39.37 (57.53)
				3:38.81 (59.44)
2	Hahm, Martin	63	Brophy Swim Masters-AZ	3:54.59
	53.79		1:53.92 (1:00.13)	2:55.17 (1:01.25)
				3:54.59 (59.42)

**Men 60-64 50 SC Meter Butterfly**

1	Freshley, Mike	63	San Diego Swim Masters-SI	31.04
2	van Baalen, Vinus	62	San Diego Swim Masters-SI	33.10

**Men 60-64 100 SC Meter Butterfly**

1	Hahm, Martin	63	Brophy Swim Masters-AZ	1:41.82
	49.54		1:41.82 (52.28)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 60-64 200 SC Meter Butterfly**

1 Hahm, Martin	63 Brophy Swim Masters-AZ	3:46.24
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**Men 60-64 100 SC Meter IM**

1 Freshley, Mike	63 San Diego Swim Masters-SI	1:14.42
2 Anderson, Eric	60 South Bay Swim Team-CA	1:24.25
3 Szuch, David	61 Heartland Swim Association-CA	1:28.67
4 Hahm, Martin	63 Brophy Swim Masters-AZ	1:45.42

**Men 60-64 200 SC Meter IM**

1 Szuch, David	61 Heartland Swim Association-CA	3:18.65
40.95	1:32.66 (51.71)	2:31.10 (58.44)
		3:18.65 (47.55)

**Men 60-64 400 SC Meter IM**

1 Hahm, Martin	63 Brophy Swim Masters-AZ	8:15.32
53.37	1:53.23 (59.86)	3:01.40 (1:08.17)
5:11.31 (1:02.55)	6:16.00 (1:04.69)	7:18.15 (1:02.15)
		8:15.32 (57.17)

**Men 65-69 50 SC Meter Freestyle**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	27.90
2 Smethurst, Everett	69 Irvine Novaquatics-CA	37.02

**Men 65-69 100 SC Meter Freestyle**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	1:02.05
30.00	1:02.05 (32.05)	

**Men 65-69 200 SC Meter Freestyle**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	2:25.08
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**Men 65-69 50 SC Meter Backstroke**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	36.73
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**Men 65-69 100 SC Meter Backstroke**

1 Smethurst, Everett	69 Irvine Novaquatics-CA	1:37.74
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**Men 65-69 200 SC Meter Backstroke**

1 Smethurst, Everett	69 Irvine Novaquatics-CA	3:34.58
49.74	1:42.77 (53.03)	2:37.98 (55.21)
		3:34.58 (56.60)

**Men 65-69 50 SC Meter Butterfly**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	33.67
2 Smethurst, Everett	69 Irvine Novaquatics-CA	41.69

**Men 65-69 100 SC Meter IM**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	1:15.18
2 Smethurst, Everett	69 Irvine Novaquatics-CA	1:38.29

**Men 65-69 200 SC Meter IM**

1 Farrell, Jeff	67 Santa Barbara Masters-CA	2:49.24
35.32	1:20.06 (44.74)	2:11.38 (51.32)
		2:49.24 (37.86)

**Men 70-74 50 SC Meter Freestyle**

1 O'Brien, Parry	72 Southwest Aquatic Masters-CA	40.63
2 Grohe, William E	71 University of San Francisco-PC	40.89
3 Rolph, Robert	73 Mission Viejo Nadadores-CA	42.12
4 McMeekin, Robert	70 Santa Clarita Masters Club-CA	44.80

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1	Baker, Donald	73	San Diego Swim Masters-SI	1:16.06
	36.29		1:16.06 (39.77)	
2	Mitchell, Tom	71	Unattached	1:24.57
	40.25		1:24.57 (44.32)	
3	Grohe, William E	71	Universirty of San Francisco-PC	1:27.46
	40.52		1:27.46 (46.94)	
4	Rolph, Robert	73	Mission Viejo Nadadores-CA	1:36.66
5	McMeekin, Robert	70	Santa Clarita Masters Club-CA	1:54.72
	49.81		1:54.72 (1:04.91)	

**Men 70-74 200 SC Meter Freestyle**

1	Baker, Donald	73	San Diego Swim Masters-SI	3:02.62
2	Mitchell, Tom	71	Unattached	3:17.95
3	O'Brien, Parry	72	Southwest Aquatic Masters-CA	3:23.37
4	Grohe, William E	71	Universirty of San Francisco-PC	3:28.09
5	Rolph, Robert	73	Mission Viejo Nadadores-CA	3:33.46

**Men 70-74 400 SC Meter Freestyle**

1	Mitchell, Tom	71	Unattached	6:50.33
2	Grohe, William E	71	Universirty of San Francisco-PC	7:18.59
3	Rolph, Robert	73	Mission Viejo Nadadores-CA	7:50.39

**Men 70-74 800 SC Meter Freestyle**

1	Rolph, Robert	73	Mission Viejo Nadadores-CA	15:50.69
	54.67		1:52.04 (57.37) 2:52.44 (1:00.40) 3:51.66 (59.22)	
	4:52.41 (1:00.75)		5:52.67 (1:00.26) 6:52.84 (1:00.17) 7:52.65 (59.81)	
	8:53.85 (1:01.20)		9:54.85 (1:01.00) 10:54.72 (59.87) 11:55.78 (1:01.06)	
	12:55.09 (59.31)		13:55.19 (1:00.10) 14:54.25 (59.06) 15:50.69 (56.44)	

**Men 70-74 1500 SC Meter Freestyle**

1	Mitchell, Tom	71	Unattached	27:47.93
	44.82		1:36.34 (51.52) 2:31.63 (55.29) 3:27.01 (55.38)	
	4:23.77 (56.76)		5:19.46 (55.69) 6:14.54 (55.08) 7:08.94 (54.40)	
	8:03.89 (54.95)		8:58.97 (55.08) 9:54.16 (55.19) 10:50.99 (56.83)	
	11:47.59 (56.60)		12:44.87 (57.28) 13:40.63 (55.76) 14:38.08 (57.45)	
	15:34.32 (56.24)		16:31.47 (57.15) 17:27.98 (56.51) 18:25.13 (57.15)	
	19:21.94 (56.81)		20:19.23 (57.29) 21:16.60 (57.37) 22:13.86 (57.26)	
	23:11.56 (57.70)		24:09.44 (57.88) 25:06.21 (56.77) 26:01.38 (55.17)	
	26:55.79 (54.41)		27:47.93 (52.14)	

**Men 70-74 50 SC Meter Backstroke**

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	41.57
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**Men 70-74 100 SC Meter Backstroke**

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	1:33.45
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**Men 70-74 200 SC Meter Backstroke**

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	3:22.69
	48.83		1:40.43 (51.60) 2:32.28 (51.85) 3:22.69 (50.41)	
2	Grohe, William E	71	Universirty of San Francisco-PC	4:13.28
	57.03		1:59.74 (1:02.71) 3:07.91 (1:08.17) 4:13.28 (1:05.37)	

**Men 70-74 200 SC Meter Breaststroke**

1	Mitchell, Tom	71	Unattached	3:58.66
	53.24		1:54.71 (1:01.47) 2:57.98 (1:03.27) 3:58.66 (1:00.68)	
2	Grohe, William E	71	Universirty of San Francisco-PC	4:58.62
	1:07.69		2:23.61 (1:15.92) 3:41.66 (1:18.05) 4:58.62 (1:16.96)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 70-74 50 SC Meter Butterfly**

1	O'Brien, Parry	72	Southwest Aquatic Masters-CA	43.02
2	McConnell, Stan	73	Huntington Beach Swim Club-CA	44.62
3	Mitchell, Tom	71	Unattached	47.32

**Men 70-74 100 SC Meter Butterfly**

1	Baker, Donald	73	San Diego Swim Masters-SI	1:58.39
	50.99		1:58.39 (1:07.40)	

**Men 70-74 200 SC Meter Butterfly**

1	Mitchell, Tom	71	Unattached	4:15.93
2	Grohe, William E	71	Universirty of San Francisco-PC	5:03.54

**Men 70-74 100 SC Meter IM**

1	McConnell, Stan	73	Huntington Beach Swim Club-CA	1:36.71
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**Men 70-74 200 SC Meter IM**

1	Baker, Donald	73	San Diego Swim Masters-SI	3:38.70
	50.29		1:48.28 (57.99) 2:49.47 (1:01.19) 3:38.70 (49.23)	
2	Mitchell, Tom	71	Unattached	3:42.04
	51.75		1:51.06 (59.31) 2:55.04 (1:03.98) 3:42.04 (47.00)	
3	Grohe, William E	71	Universirty of San Francisco-PC	4:04.29
	1:02.66		2:05.17 (1:02.51) 3:26.75 (1:21.58) 4:04.29 (37.54)	

**Men 75-79 50 SC Meter Freestyle**

1	Piemme, Frank	79	Santa Barbara Masters-CA	32.95
2	Hubbard, Donald	77	San Diego Swim Masters-SI	40.54
3	Arth, Lee	79	Unattached	47.01

**Men 75-79 100 SC Meter Freestyle**

1	Piemme, Frank	79	Santa Barbara Masters-CA	1:18.39
	37.05		1:18.39 (41.34)	
2	Draves, Duane	78	San Diego Swim Masters-SI	1:24.32
	40.21		1:24.32 (44.11)	
3	Arth, Lee	79	Unattached	1:44.06
	48.84		1:44.06 (55.22)	

**Men 75-79 200 SC Meter Freestyle**

1	Piemme, Frank	79	Santa Barbara Masters-CA	2:58.33
2	Hubbard, Donald	77	San Diego Swim Masters-SI	3:40.23
3	Silverstein, Lou	78	Arizona Masters-AZ	4:25.04

**Men 75-79 400 SC Meter Freestyle**

1	Piemme, Frank	79	Santa Barbara Masters-CA	6:34.29
2	Silverstein, Lou	78	Arizona Masters-AZ	8:48.04

**Men 75-79 50 SC Meter Backstroke**

1	Draves, Duane	78	San Diego Swim Masters-SI	43.78
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**Men 75-79 100 SC Meter Backstroke**

1	Draves, Duane	78	San Diego Swim Masters-SI	1:34.87
2	Silverstein, Lou	78	Arizona Masters-AZ	2:01.59

**Men 75-79 200 SC Meter Backstroke**

1	Draves, Duane	78	San Diego Swim Masters-SI	3:31.36
	47.50		1:39.93 (52.43) 2:35.36 (55.43) 3:31.36 (56.00)	
2	Arth, Lee	79	Unattached	4:10.74
	58.78		2:02.66 (1:03.88) 3:07.08 (1:04.42) 4:10.74 (1:03.66)	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 75-79 50 SC Meter Breaststroke**

1	Piemme, Frank	79	Santa Barbara Masters-CA	44.89
2	Sapper, Gene	75	Heartland Swim Association-CA	50.76

**Men 75-79 100 SC Meter Breaststroke**

1	Hubbard, Donald	77	San Diego Swim Masters-SI	2:01.11
2	Sapper, Gene	75	Heartland Swim Association-CA	2:01.76
3	Arth, Lee	79	Unattached	2:17.79

**Men 75-79 200 SC Meter Breaststroke**

1	Sapper, Gene	75	Heartland Swim Association-CA	4:40.67	
	1:01.75	2:15.33	(1:13.58)	3:32.19 (1:16.86)	4:40.67 (1:08.48)
2	Arth, Lee	79	Unattached	4:41.55	
	1:05.92	2:18.13	(1:12.21)	3:31.25 (1:13.12)	4:41.55 (1:10.30)

**Men 75-79 50 SC Meter Butterfly**

1	Piemme, Frank	79	Santa Barbara Masters-CA	39.51
2	Draves, Duane	78	San Diego Swim Masters-SI	43.29
3	Hubbard, Donald	77	San Diego Swim Masters-SI	52.41
4	Sapper, Gene	75	Heartland Swim Association-CA	57.89

**Men 75-79 100 SC Meter Butterfly**

1	Sapper, Gene	75	Heartland Swim Association-CA	2:18.75
	1:07.87	2:18.75	(1:10.88)	

**Men 75-79 200 SC Meter Butterfly**

1	Sapper, Gene	75	Heartland Swim Association-CA	5:10.67
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**Men 75-79 100 SC Meter IM**

1	Draves, Duane	78	San Diego Swim Masters-SI	1:33.35
2	Piemme, Frank	79	Santa Barbara Masters-CA	1:34.40
3	Arth, Lee	79	Unattached	1:58.83

**Men 75-79 200 SC Meter IM**

1	Piemme, Frank	79	Santa Barbara Masters-CA	3:32.03	
	47.66	1:47.74	(1:00.08)	2:47.59 (59.85)	3:32.03 (44.44)
2	Arth, Lee	79	Unattached	4:20.63	
	1:04.64	2:09.90	(1:05.26)	3:24.41 (1:14.51)	4:20.63 (56.22)

**Men 80-84 50 SC Meter Freestyle**

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	40.01
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**Men 80-84 100 SC Meter Freestyle**

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	1:29.29
	43.40	1:29.29	(45.89)	

**Men 80-84 400 SC Meter Freestyle**

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	6:51.46
				3:24.07 ( )
	6:51.46	(3:27.39)		

**Men 80-84 50 SC Meter Backstroke**

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	50.94
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**Men 80-84 100 SC Meter Backstroke**

1	Schmidt, Jurgen	81	Santa Barbara Masters-CA	1:54.58
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**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 80-84 200 SC Meter Backstroke**

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 4:18.33  
 59.84 2:06.37 (1:06.53) 3:13.67 (1:07.30) 4:18.33 (1:04.66)

**Men 80-84 50 SC Meter Breaststroke**

1 Cao, XingKang 80 Unattached 53.96

**Men 80-84 100 SC Meter Breaststroke**

1 Cao, XingKang 80 Unattached 2:05.10

**Men 80-84 100 SC Meter IM**

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 1:47.15

**Men 80-84 200 SC Meter IM**

1 Schmidt, Jurgen 81 Santa Barbara Masters-CA 4:13.15  
 1:00.70 2:09.93 (1:09.23) 3:21.88 (1:11.95) 4:13.15 (51.27)

**Men 85-89 50 SC Meter Freestyle**

1 Haver, Tom 86 San Diego Swim Masters-SI 55.60

**Men 85-89 100 SC Meter Freestyle**

1 Haver, Tom 86 San Diego Swim Masters-SI 2:13.88  
 1:00.31 2:13.88 (1:13.57)

**Men 85-89 200 SC Meter Freestyle**

1 Haver, Tom 86 San Diego Swim Masters-SI 5:05.10

**Men 85-89 50 SC Meter Backstroke**

1 Haver, Tom 86 San Diego Swim Masters-SI 59.99

**Men 85-89 100 SC Meter Backstroke**

1 Haver, Tom 86 San Diego Swim Masters-SI 2:17.37

**Men 85-89 200 SC Meter Backstroke**

1 Haver, Tom 86 San Diego Swim Masters-SI 5:08.23  
 1:08.79 2:27.78 (1:18.99) 3:48.32 (1:20.54) 5:08.23 (1:19.91)  
 2 Johnson, William H 86 Walnut Creek Masters-PC 5:54.83  
 2:57.05 ( ) 4:35.50 (1:38.45) 5:54.83 (1:19.33)

**Men 85-89 200 SC Meter Breaststroke**

1 Johnson, William H 86 Walnut Creek Masters-PC 5:43.10  
 1:17.81 2:47.20 (1:29.39) 4:21.85 (1:34.65) 5:43.10 (1:21.25)

**Men 85-89 200 SC Meter Butterfly**

1 Johnson, William H 86 Walnut Creek Masters-PC 6:52.38

**Men 85-89 100 SC Meter IM**

1 Johnson, William H 86 Walnut Creek Masters-PC 2:13.11

**Women 120-159 200 SC Meter Freestyle Relay**

1 Ucla Bruin Masters-CA A 2:03.29  
 1) Dodd, Laurie W32 2) Ciraulo, Christie W51 3) Oliver, Dianna W22 4) Shannon, Heather W42  
 2 Mission Viejo Nadadores-CA A 2:12.33  
 1) Hovsepian, Leslie W22 2) Batcheller, Jennifer W36 3) Barrett, Connie W35 4) Engel, Tami W41  
 3 Long Beach Grunions-CA A 2:56.60  
 1) Powers, Patricia W47 2) Ball, Liz W39 3) Kijak, Lisa W33 4) Marthell, Yvette W28

**Women 120-159 400 SC Meter Freestyle Relay**

1 Heartland Swim Association-CA A 4:49.01  
 1) North, Nancy W36 2) Clarke, Cindy W29 3) Coe, Alyssa W31 4) Gajoli, Christine W25



**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Women 120-159 400 SC Meter Freestyle Relay)**

2	Ucla Bruin Masters-CA	A		4:58.30
	1) Dodd, Laurie W32	2) Shannon, Heather W42	3) Voitovitsch, Julia W28	4) Ciraulo, Christie W51
3	Long Beach Grunions-CA	A		5:01.71
	1) Powers, Patricia W47	2) Taylor, Morgan W21	3) Roberts, Vicki W41	4) Cole, Jacqueline W24
4	Long Beach Grunions-CA	B		7:25.71
	1) Kijak, Lisa W33	2) Schuldt, Jana W27	3) Marthell, Yvette W28	4) Spatz, Barbara W56

**Women 120-159 800 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A		11:06.61
	1) Powers, Patricia W47	2) Roberts, Vicki W41	3) Cole, Jacqueline W24	4) Taylor, Morgan W21
	40.28	1:25.69 (1:25.69)	2:13.98 (2:13.98)	3:05.36 (3:05.36)
	3:41.98 (36.62)	4:28.01 (1:22.65)	5:16.71 (2:11.35)	6:04.93 (2:59.57)
	6:39.56 (34.63)	7:17.64 (1:12.71)	7:56.45 (1:51.52)	8:34.51 (2:29.58)
	9:09.90 (35.39)	9:49.33 (1:14.82)	10:28.74 (1:54.23)	11:06.61 (2:32.10)
2	Heartland Swim Association-CA	A		11:06.77
	1) North, Nancy W36	2) Page, Erin W38	3) Gajoli, Christine W25	4) Coe, Alyssa W31
	34.59	1:11.61 (1:11.61)	1:47.64 (1:47.64)	2:22.06 (2:22.06)
	3:06.57 (44.51)	3:55.86 (1:33.80)	4:48.24 (2:26.18)	5:39.38 (3:17.32)
	6:18.96 (39.58)	7:01.17 (1:21.79)	7:43.33 (2:03.95)	8:24.90 (2:45.52)
	9:01.46 (36.56)	9:44.05 (1:19.15)	10:26.06 (2:01.16)	11:06.77 (2:41.87)

**Women 120-159 200 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A		2:47.83
	1) Sheehan, J. Bridget W43	2) Barish, Rory W48	3) Rosselli, Desiree W20	4) Oliver, Dianna W22
	52.52	1:40.70 (48.18)	2:16.03 (35.33)	2:47.83 (31.80)
2	Long Beach Grunions-CA	A		3:17.48
	1) Schuldt, Jana W27	2) Kijak, Lisa W33	3) Cole, Jacqueline W24	4) Taylor, Morgan W21
	1:04.36	2:18.49 (1:14.13)	2:45.94 (27.45)	3:17.48 (31.54)

**Women 120-159 400 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A		5:21.89
	1) Ciraulo, Christie W51	2) Nakamatsu, Judith W37	3) Voitovitsch, Julia W28	4) Shannon, Heather W42
2	Heartland Swim Association-CA	A		5:30.08
	1) Coe, Alyssa W31	2) Gajoli, Christine W25	3) North, Nancy W36	4) Clarke, Cindy W29
3	Mission Viejo Nadadores-CA	A		5:39.77
	1) Engel, Tami W41	2) Uthus, Gwen W50	3) Hovsepian, Leslie W22	4) Batcheller, Jennifer W36
4	Long Beach Grunions-CA	A		6:15.37
	1) Cole, Jacqueline W24	2) Jacobus, Anne W54	3) Taylor, Morgan W21	4) Powers, Patricia W47

**Women 160-199 200 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A		2:20.08
	1) Serianni, Vicki W53	2) Lasarenko, Lisa W39	3) Nakamatsu, Judith W37	4) Wallace, Marcy W47
2	Long Beach Grunions-CA	A		3:07.82
	1) Stanford, Kimberly W40	2) Spatz, Barbara W56	3) Schuldt, Jana W27	4) Jacobus, Anne W54

**Women 160-199 400 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A		5:54.94
	1) Wallace, Marcy W47	2) Sheehan, J. Bridget W43	3) Hyatt, Beth W38	4) Nakamatsu, Judith W37

**Women 160-199 200 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A		2:35.15
	1) Serianni, Vicki W53	2) Nakamatsu, Judith W37	3) Ciraulo, Christie W51	4) Dodd, Laurie W32
	39.94	1:28.06 (48.12)	2:02.32 (34.26)	2:35.15 (32.83)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Women 160-199 400 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A	6:02.89
	1) Lasarenko, Lisa W39	2) Buhl, Annette W47	3) Serianni, Vicki W53
			4) Wallace, Marcy W47

**Women 200-239 200 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A	2:17.65
	1) Winkler, Renate W66	2) Jarmakani, Brenda W57	3) Barish, Rory W48
			4) Thomas, Kelly W29

**Women 200-239 400 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A	6:02.19
	1) Barish, Rory W48	2) Stern, Laurie W37	3) Harding, Nancy W52
			4) Winkler, Renate W66

**Women 200-239 800 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A	12:13.71
	1) Ciraulo, Christie W51	2) Serianni, Vicki W53	3) Geoffrion, Helen W65
			4) Barish, Rory W48
	36.18	1:15.42 (1:15.42)	1:55.65 (1:55.65)
	2:33.51 (2:33.51)	3:15.18 (41.67)	4:01.97 (1:28.46)
	4:48.83 (2:15.32)	5:33.25 (2:59.74)	6:20.44 (47.19)
	7:14.89 (1:41.64)	8:10.41 (2:37.16)	9:03.80 (3:30.55)
	9:47.99 (44.19)	10:35.77 (1:31.97)	11:25.70 (2:21.90)
			12:13.71 (3:09.91)

**Women 200-239 200 SC Meter Medley Relay**

1	Long Beach Grunions-CA	A	3:26.69
	1) Nielson, Patricia W72	2) Jacobus, Anne W54	3) Roberts, Vicki W41
			4) Stanford, Kimberly W40
	1:02.31	1:56.63 (54.32)	2:35.91 (39.28)
			3:26.69 (50.78)

**Women 240-279 400 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A	6:39.82
	1) Starks, Patty W44	2) Brodeur, Carol W57	3) Valderhaug, Marlee W63
			4) Reed, Nancy W77

**Women 240-279 800 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A	14:30.90
	1) Brodeur, Carol W57	2) Brassy, Sue W57	3) Valderhaug, Marlee W63
			4) Ramey, Marilyn W64
	45.74	2:35.31 (2:35.31)	3:30.71 (3:30.71)
	4:21.89 (4:21.89)	5:17.38 (55.49)	6:14.98 (1:53.09)
	7:12.02 (2:50.13)	8:01.74 (49.72)	8:58.69 (1:46.67)
	9:56.83 (2:44.81)	10:50.72 (3:38.70)	11:41.59 (50.87)
	12:37.66 (1:46.94)	13:35.15 (2:44.43)	14:30.90 (3:40.18)

**Women 240-279 400 SC Meter Medley Relay**

1	Heartland Swim Association-CA	A	7:34.35
	1) Valderhaug, Marlee W63	2) Brodeur, Carol W57	3) Starks, Patty W44
			4) Reed, Nancy W77

**Men 100-119 200 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A	1:48.21
	1) Kienitz, Mike M34	2) Capasso, Michael M28	3) Realubit, Howie M24
			4) Giacobe, Drew M30

**Men 100-119 400 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A	4:10.32
	1) Ochoa, Rolando M28	2) Ochoa, Enrique M22	3) Kienitz, Mike M34
			4) Saldana, Rich M34

**Men 100-119 800 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A	9:39.62
	1) Ochoa, Rolando M28	2) Ochoa, Enrique M22	3) Saldana, Rich M34
			4) Giacobe, Drew M30
	34.39	1:10.73 (1:10.73)	1:46.08 (1:46.08)
	2:19.29 (2:19.29)	2:57.46 (38.17)	3:33.86 (1:14.57)
	4:11.15 (1:51.86)	4:47.87 (2:28.58)	5:20.65 (32.78)
	5:57.81 (1:09.94)	6:37.16 (1:49.29)	7:15.56 (2:27.69)
	7:49.62 (34.06)	8:26.88 (1:11.32)	9:03.76 (1:48.20)
			9:39.62 (2:24.06)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 100-119 200 SC Meter Medley Relay**

1	Long Beach Grunions-CA	B	2:00.26
	1) Capasso, Michael M28	2) Ochoa, Rolando M28	3) Kremers, Brian M31
	31.62	1:05.81 (34.19)	1:34.29 (28.48)
			2:00.26 (25.97)
2	Long Beach Grunions-CA	A	2:09.91
	1) Saldana, Rich M34	2) Realubit, Howie M24	3) Ochoa, Enrique M22
	33.83	1:10.69 (36.86)	1:42.56 (31.87)
			2:09.91 (27.35)

**Men 100-119 400 SC Meter Medley Relay**

1	Long Beach Grunions-CA	A	4:31.99
	1) Kremers, Brian M31	2) Ochoa, Rolando M28	3) Ochoa, Enrique M22
			4) Giacobe, Drew M30

**Men 120-159 200 SC Meter Freestyle Relay**

1	Mission Viejo Nadadores-CA	A	1:48.26
	1) Hayashi, Kyle M19	2) Barker, Douglas M41	3) Kolarov, Michael M32
			4) Elder, Richard M29
2	Ucla Bruin Masters-CA	A	1:49.54
	1) Millar, Simon M38	2) Eickhoff, Randy M39	3) Smith, Kyle M24
			4) Wen, Patrick M32
3	West Hollywood Aquatics-CA	A	1:50.50
	1) Umbach, Mark M27	2) Gonzalez, Andrew M38	3) Ogorzelec, Gregg M38
			4) Ferguson, Dan M38
4	Long Beach Grunions-CA	A	1:51.00
	1) Thomaidis, Steve M37	2) Segreto, Stephen M41	3) Larsen, Peder M34
			4) Highnote, Allen M40
5	Long Beach Grunions-CA	B	2:02.58
	1) Brisbin, Kenny M39	2) Lalley, Christopher M35	3) Noyes, David M37
			4) Shaughnessy, Jim M44
6	Phoenix Sunfish-AZ	A	2:26.84
	1) Mitchell, R. A M50	2) Long, Douglas M41	3) Pelton, Doug M20
7	Long Beach Grunions-CA	C	2:28.67
	1) Miranda, Mike M42	2) Rodriguez, Sergio M37	3) Grubb, Eric M40
			4) Reis, Raul M40

**Men 120-159 400 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A	3:57.31
	1) Scollon, Erik M33	2) Capasso, Michael M28	3) Kremers, Brian M31
			4) Segreto, Stephen M41
2	West Hollywood Aquatics-CA	A	4:07.66
	1) Ogorzelec, Gregg M38	2) McKenna, Joel M34	3) Umbach, Mark M27
			4) Ferguson, Dan M38
3	Long Beach Grunions-CA	B	4:10.70
	1) Thomaidis, Steve M37	2) Larsen, Peder M34	3) Murdoch, Kurt M38
			4) Giacobe, Drew M30
4	Long Beach Grunions-CA	D	4:42.88
	1) Brisbin, Kenny M39	2) Realubit, Howie M24	3) Shaughnessy, Jim M44
			4) Junk, Scott M43
5	Long Beach Grunions-CA	C	4:46.18
	1) Lalley, Christopher M35	2) Nielson, Erik M37	3) Noyes, David M37
			4) Dillon, Matthew M35
6	Ucla Bruin Masters-CA	A	4:57.11
	1) Wen, Patrick M32	2) Erickson, Stephen M35	3) Orosz, Michael M44
			4) Pomerantz, Andrew M44
7	Long Beach Grunions-CA	E	5:28.30
	1) Reis, Raul M40	2) Hess, Hans M32	3) Tapper, Christopher M37
			4) Grubb, Eric M40

**Men 120-159 800 SC Meter Freestyle Relay**

1	Santa Barbara Masters-CA	A	8:46.51
	1) Headley, Kevin M35	2) Reed, Scott M34	3) Sule, Zoltan M33
	28.80	57.91 (57.91)	1:28.93 (1:28.93)
	2:28.71 (27.77)	2:59.57 (58.63)	3:31.47 (1:30.53)
	4:33.33 (29.98)	5:06.20 (1:02.85)	5:41.16 (1:37.81)
	6:50.31 (33.86)	7:28.47 (1:12.02)	8:07.33 (1:50.88)
			2:00.94 (2:00.94)
			4:03.35 (2:02.41)
			6:16.45 (2:13.10)
			8:46.51 (2:30.06)
2	Long Beach Grunions-CA	A	9:02.70
	1) Kremers, Brian M31	2) Capasso, Michael M28	3) Larsen, Peder M34
	29.09	1:00.17 (1:00.17)	1:32.53 (1:32.53)
	2:35.69 (30.01)	3:11.37 (1:05.69)	3:49.75 (1:44.07)
	4:59.52 (31.12)	5:34.50 (1:06.10)	6:11.22 (1:42.82)
	7:19.79 (32.02)	7:54.70 (1:06.93)	8:28.82 (1:41.05)
			2:05.68 (2:05.68)
			4:28.40 (2:22.72)
			6:47.77 (2:19.37)
			9:02.70 (2:14.93)

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 120-159 800 SC Meter Freestyle Relay)**

3 Long Beach Grunions-CA	B			11:11.64
1) Realubit, Howie M24	2) Kienitz, Mike M34	3) Thomaidis, Steve M37	4) Lalley, Christopher M35	
31.12	1:07.27 (1:07.27)	1:45.47 (1:45.47)	2:21.97 (2:21.97)	
3:00.04 (38.07)	3:40.09 (1:18.12)	4:22.96 (2:00.99)	5:03.54 (2:41.57)	
5:41.59 (38.05)	6:25.54 (1:22.00)	7:09.15 (2:05.61)	7:47.60 (2:44.06)	
8:20.77 (33.17)	8:57.92 (1:10.32)	9:36.06 (1:48.46)	10:11.64 (2:24.04)	
4 Long Beach Grunions-CA	C			11:09.99
1) Dillon, Matthew M35	2) Iacoponi, Joe M39	3) Noyes, David M37	4) Shaughnessy, Jim M44	
40.33	1:24.59 (1:24.59)	2:09.42 (2:09.42)	2:53.29 (2:53.29)	
3:31.28 (37.99)	4:15.98 (1:22.69)	5:04.15 (2:10.86)	5:50.33 (2:57.04)	
6:10.20 (19.87)	7:08.63 (1:18.30)	7:51.91 (2:01.58)	8:33.53 (2:43.20)	
9:10.23 (36.70)	9:51.52 (1:17.99)	10:31.19 (1:57.66)	11:09.99 (2:36.46)	
5 Long Beach Grunions-CA	D			12:04.89
1) Richards, Steve M40	2) Brisbin, Kenny M39	3) Grubb, Eric M40	4) Hess, Hans M32	
42.76	1:30.02 (1:30.02)	2:20.31 (2:20.31)	3:09.60 (3:09.60)	
3:47.20 (37.60)	4:28.64 (1:19.04)	5:12.60 (2:03.00)	6:33.39 (3:23.79)	
	7:19.95 (46.56)	8:12.40 (1:39.01)	9:04.35 (2:30.96)	
9:46.26 (41.91)	10:31.49 (1:27.14)	11:18.13 (2:13.78)	12:04.89 (3:00.54)	

**Men 120-159 200 SC Meter Medley Relay**

1 Mission Viejo Nadadores-CA	A			2:09.16
1) Hayashi, Kyle M19	2) Kolarov, Michael M32	3) Barker, Douglas M41	4) Carlsen, Richard M45	
33.13	1:09.41 (36.28)	1:42.13 (32.72)	2:09.16 (27.03)	
2 West Hollywood Aquatics-CA	A			2:20.93
1) Umbach, Mark M27	2) Adams, Dan M48	3) Figueiredo, Paulo M58	4) Bahamon, Luis M43	
33.74	1:12.36 (38.62)	1:46.57 (34.21)	2:20.93 (34.36)	
3 Long Beach Grunions-CA	D			2:21.29
1) Highnote, Allen M40	2) Iacoponi, Joe M39	3) Brisbin, Kenny M39	4) Larsen, Peder M34	
32.77	1:12.77 (40.00)	1:48.80 (36.03)	2:21.29 (32.49)	
--- Long Beach Grunions-CA	C			DQ
1) Junk, Scott M43	2) Lalley, Christopher M35	3) Dillon, Matthew M35	4) Noyes, David M37	
37.86	1:18.81 (40.95)	2:00.81 (42.00)	DQ (29.76)	

**Men 120-159 400 SC Meter Medley Relay**

1 Santa Barbara Masters-CA	B			4:27.85
1) Reed, Scott M34	2) Bishop, Jon M33	3) Sule, Zoltan M33	4) Klebahn, Perry M38	
2 Long Beach Grunions-CA	A			4:36.89
1) Capasso, Michael M28	2) Murdoch, Kurt M38	3) Larsen, Peder M34	4) Kienitz, Mike M34	
3 Mission Viejo Nadadores-CA	A			4:38.59
1) Hayashi, Kyle M19	2) Tongate, Terry M44	3) Leutner, Gerry M40	4) Barker, Douglas M41	
4 West Hollywood Aquatics-CA	A			4:50.35
1) Umbach, Mark M27	2) Gonzalez, Andrew M38	3) Adams, Dan M48	4) Ferguson, Dan M38	
5 Long Beach Grunions-CA	B			5:13.30
1) Saldana, Rich M34	2) Mayhew, Douglas M40	3) Brisbin, Kenny M39	4) Lalley, Christopher M35	
6 Long Beach Grunions-CA	C			6:00.50
1) Junk, Scott M43	2) Miranda, Mike M42	3) Dillon, Matthew M35	4) Noyes, David M37	

**Men 160-199 200 SC Meter Freestyle Relay**

1 Carlsbad Swim Masters-CA	A			1:46.19
1) Thornhill, Don M47	2) Barton, Jim M49	3) Swank, Dieter M34	4) Prior, Jeff M37	
2 Irvine Novaquatics-CA	A			1:48.66
1) Stone, Wes M42	2) Barbrick, Pete M41	3) Murphy, Liam M32	4) Carter, Paul M47	
3 UCLA Bruin Masters-CA	A			1:53.66
1) Bowers, George M56	2) Gardner, Nick M39	3) Rodrigues, Gerry M42	4) Erickson, Stephen M35	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Men 160-199 200 SC Meter Freestyle Relay)**

4 West Hollywood Aquatics-CA	A		2:01.40
1) Adams, Dan M48		2) Stratte-McClure, Joel M56	4) McKenna, Joel M34
5 West Hollywood Aquatics-CA	B		2:14.53
1) Figueiredo, Paulo M58		2) LaFianza, Bernard M42	4) Graham, Errol M45
6 UCLA Bruin Masters-CA	B		2:16.28
1) Dann, Francis M58		2) Pomerantz, Andrew M44	4) Behrens, Michael M35
7 Long Beach Grunions-CA	A		2:35.71
1) Tapper, Christopher M37		2) Carbuto, Michael M51	4) Mayhew, Douglas M40
		3) Larson, Charles M52	
		3) Bahamon, Luis M43	
		3) Small, Kent M48	
		3) Parnes, Barton M48	

**Men 160-199 400 SC Meter Freestyle Relay**

1 Carlsbad Swim Masters-CA	A		3:55.97
1) Thornhill, Don M47		2) Barton, Jim M49	4) Prior, Jeff M37
2 UCLA Bruin Masters-CA	A		3:58.29
1) Rodrigues, Gerry M42		2) Eickhoff, Randy M39	4) Bowers, George M56
3 Long Beach Grunions-CA	A		4:38.04
1) Boyd, Tom M48		2) Highnote, Allen M40	4) Ferguson, Howard M50
4 West Hollywood Aquatics-CA	A		4:54.18
1) Levy, Aaron M45		2) Olson, Jay M55	4) Graham, Errol M45
5 Long Beach Grunions-CA	B		6:29.22
1) Andersen, David M33		2) Miranda, Mike M42	4) Parnes, Barton M48
		3) Swank, Dieter M34	
		3) Smith, Kyle M24	
		3) Butler, Bill M48	
		3) Larson, Charles M52	
		3) Mayhew, Douglas M40	

**Men 160-199 800 SC Meter Freestyle Relay**

1 Long Beach Grunions-CA	A		9:50.57
1) Boyd, Tom M48		2) Murdoch, Kurt M38	4) Highnote, Allen M40
33.26	1:09.53 (1:09.53)	1:49.43 (1:49.43)	2:31.09 (2:31.09)
3:06.06 (34.97)	3:46.99 (1:15.90)	4:27.80 (1:56.71)	5:08.31 (2:37.22)
5:41.69 (33.38)	6:17.23 (1:08.92)	6:53.99 (1:45.68)	7:30.38 (2:22.07)
8:03.21 (32.83)	8:38.68 (1:08.30)	9:14.85 (1:44.47)	9:50.57 (2:20.19)
2 Irvine Novaquatics-CA	A		9:52.45
1) Murphy, Liam M32		2) Greenberg, Henry M56	4) Benner, Tord M45
32.41	1:08.23 (1:08.23)	1:44.88 (1:44.88)	2:20.62 (2:20.62)
2:58.92 (38.30)	3:41.48 (1:20.86)	4:24.66 (2:04.04)	5:05.51 (2:44.89)
5:38.45 (32.94)	6:18.27 (1:12.76)	6:59.39 (1:53.88)	7:37.42 (2:31.91)
8:09.12 (31.70)	8:43.19 (1:05.77)	9:18.34 (1:40.92)	9:52.45 (2:15.03)
3 West Hollywood Aquatics-CA	A		10:02.18
1) McKenna, Joel M34		2) Figueiredo, Paulo M58	4) Umbach, Mark M27
33.00	1:07.60 (1:07.60)	1:42.96 (1:42.96)	2:17.54 (2:17.54)
2:52.78 (35.24)	3:31.90 (1:14.36)	4:11.52 (1:53.98)	4:50.50 (2:32.96)
5:29.86 (39.36)	6:14.05 (1:23.55)	6:58.95 (2:08.45)	7:42.84 (2:52.34)
8:14.64 (31.80)	8:49.55 (1:06.71)	9:25.97 (1:43.13)	10:02.18 (2:19.34)
		3) Olson, Jay M55	
		3) von Hoffmann, Gerard M48	
		3) Wasko, Frank M44	

**Men 160-199 200 SC Meter Medley Relay**

1 Irvine Novaquatics-CA	A		1:59.57
1) Benner, Tord M45		2) von Hoffmann, Gerard M48	4) Murphy, Liam M32
32.45	1:05.37 (32.92)	1:32.56 (27.19)	1:59.57 (27.01)
2 UCLA Bruin Masters-CA	A		2:06.85
1) O'Keefe, Peter M50		2) Pottie, Greg M43	4) Rodrigues, Gerry M42
32.58	1:10.32 (37.74)	1:39.54 (29.22)	2:06.85 (27.31)
3 Long Beach Grunions-CA	A		2:09.15
1) Murdoch, Kurt M38		2) Nielson, Erik M37	4) Thomaidis, Steve M37
33.93	1:09.74 (35.81)	1:41.91 (32.17)	2:09.15 (27.24)
4 West Hollywood Aquatics-CA	A		2:25.56
1) Graham, Errol M45		2) Stratte-McClure, Joel M56	4) McKenna, Joel M34
40.30	1:21.90 (41.60)	1:57.55 (35.65)	2:25.56 (28.01)
		3) Larson, Charles M52	

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Men 160-199 400 SC Meter Medley Relay**

1 Long Beach Grunions-CA	A		4:46.45
1) Highnote, Allen M40	2) Boyd, Tom M48	3) Segreto, Stephen M41	4) Thomaidis, Steve M37
2 Carlsbad Swim Masters-CA	A		4:47.29
1) Swank, Dieter M34	2) Abrami, John M44	3) Barton, Jim M49	4) Thornhill, Don M47
3 UCLA Bruin Masters-CA	A		4:51.50
1) Rodrigues, Gerry M42	2) Small, Kent M48	3) Eickhoff, Randy M39	4) Wen, Patrick M32
4 West Hollywood Aquatics-CA	A		5:00.29
1) McKenna, Joel M34	2) Ogorzelec, Gregg M38	3) Figueiredo, Paulo M58	4) Graham, Errol M45
5 UCLA Bruin Masters-CA	B		5:46.16
1) Millar, Simon M38	2) Orosz, Michael M44	3) Dann, Francis M58	4) Bowers, George M56

**Men 200-239 200 SC Meter Freestyle Relay**

1 Mission Viejo Nadadores-CA	A		2:05.72
1) Carlsen, Richard M45	2) Trowbridge, Val M50	3) Rapp, Dieter M51	4) Campbell, John M57

**Men 200-239 400 SC Meter Freestyle Relay**

1 Mission Viejo Nadadores-CA	A		4:59.87
1) Carlsen, Richard M45	2) Trowbridge, Val M50	3) Rolph, Robert M73	4) Tongate, Terry M44

**Men 200-239 800 SC Meter Freestyle Relay**

1 Mission Viejo Nadadores-CA	A		12:08.59
1) Trowbridge, Val M50	2) Carlsen, Richard M45	3) Rolph, Robert M73	4) Tongate, Terry M44
38.12	1:22.01 (1:22.01)	2:08.60 (2:08.60)	2:55.19 (2:55.19)
3:29.67 (34.48)	4:09.71 (1:14.52)	4:51.89 (1:56.70)	5:32.43 (2:37.24)
6:24.92 (52.49)	7:22.90 (1:50.47)	8:23.90 (2:51.47)	9:19.47 (3:47.04)
9:52.93 (33.46)	10:40.57 (1:21.10)	11:26.07 (2:06.60)	12:08.59 (2:49.12)

**Men 200-239 200 SC Meter Medley Relay**

1 Irvine Novaquatics-CA	A		2:23.77
1) Smethurst, Everett M69	2) Barbrick, Pete M41	3) Greenberg, Henry M56	4) Stone, Wes M42
44.28	1:22.52 (38.24)	1:56.84 (34.32)	2:23.77 (26.93)
2 Mission Viejo Nadadores-CA	A		2:33.09
1) Campbell, John M57	2) Trowbridge, Val M50	3) Leutner, Gerry M40	4) Rolph, Robert M73
41.11	1:21.42 (40.31)	1:51.28 (29.86)	2:33.09 (41.81)

**Men 200-239 400 SC Meter Medley Relay**

1 Long Beach Grunions-CA	A		6:26.46
1) Shaughnessy, Jim M44	2) Parnes, Barton M48	3) Ferguson, Howard M50	4) Armstrong, Bill M62

**Mixed 72-99 200 SC Meter Medley Relay**

1 Long Beach Grunions-CA	A		2:13.13
1) Kremers, Brian M31	2) Taylor, Morgan W21	3) Ochoa, Enrique M22	4) Cole, Jacqueline W24

**Mixed 100-119 200 SC Meter Freestyle Relay**

1 UCLA Bruin Masters-CA	A		2:01.38
1) Smith, Kyle M24	2) Rodrigues, Gerry M42	3) Rosselli, Desiree W20	4) Dodd, Laurie W32
26.00	51.74 (25.74)	1:31.07 (39.33)	2:01.38 (30.31)

**Mixed 100-119 200 SC Meter Medley Relay**

1 Mission Viejo Nadadores-CA	A		2:08.47
1) Hayashi, Kyle M19	2) Hovsepian, Leslie W22	3) Engel, Tami W41	4) Elder, Richard M29
2 UCLA Bruin Masters-CA	A		2:36.13
1) Misuraca, Molly W31	2) Smith, Kyle M24	3) Thomas, Kelly W29	4) Wen, Patrick M32
3 Long Beach Grunions-CA	A		3:08.35
1) Schuldt, Jana W27	2) Marthell, Yvette W28	3) Realubit, Howie M24	4) Grubb, Eric M40

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****Mixed 120-159 200 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A		2:48.87
	1) Richards, Steve M40	2) Ball, Liz W39	3) Kijak, Lisa W33	4) Reis, Raul M40
	37.32	1:27.84 (50.52)	2:13.02 (45.18)	2:48.87 (35.85)

**Mixed 120-159 800 SC Meter Freestyle Relay**

1	Mission Viejo Nadadores-CA	A		9:48.43
	1) Leutner, Joy W46	2) Richter, Jennifer W36	3) Leutner, Gerry M40	4) Hayashi, Kyle M19
	34.49	1:11.39 (1:11.39)	1:49.66 (1:49.66)	2:27.27 (2:27.27)
	3:09.75 (42.48)	3:56.71 (1:29.44)	4:44.01 (2:16.74)	5:31.33 (3:04.06)
	6:01.77 (30.44)	6:35.66 (1:04.33)	7:09.41 (1:38.08)	7:40.56 (2:09.23)
	8:09.40 (28.84)	8:41.25 (1:00.69)	9:14.68 (1:34.12)	9:48.43 (2:07.87)

**Mixed 120-159 200 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	B		2:12.75
	1) Rodrigues, Gerry M42	2) Orosz, Michael M44	3) Voitovitsch, Julia W28	4) Shannon, Heather W42
2	Ucla Bruin Masters-CA	A		2:17.23
	1) Eickhoff, Randy M39	2) Millar, Simon M38	3) Oliver, Dianna W22	4) Dodd, Laurie W32

**Mixed 120-159 400 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A		5:22.59
	1) Smith, Kyle M24	2) Barish, Rory W48	3) Behrens, Michael M35	4) Dodd, Laurie W32
2	Ucla Bruin Masters-CA	B		6:55.81
	1) Stern, Laurie W37	2) Misuraca, Molly W31	3) Erickson, Stephen M35	4) Pomerantz, Andrew M44

**Mixed 160-199 200 SC Meter Freestyle Relay**

1	Ucla Bruin Masters-CA	A		1:58.89
	1) Bowers, George M56	2) Pottie, Greg M43	3) Oliver, Dianna W22	4) Ciraulo, Christie W51
	27.93	58.85 (30.92)	1:30.76 (31.91)	1:58.89 (28.13)
2	Ucla Bruin Masters-CA	B		2:22.90
	1) Wen, Patrick M32	2) Merchant, Guy M41	3) Serianni, Vicki W53	4) Nakamatsu, Judith W37
	37.12	1:17.83 (40.71)	1:54.40 (36.57)	2:22.90 (28.50)

**Mixed 160-199 400 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A		4:36.62
	1) Page, Erin W38	2) Schafer, Ron M47	3) Mench, Lee M52	4) Lovell-Hampton, Surrena W38
2	Mission Viejo Nadadores-CA	A		5:11.34
	1) Kolarov, Michael M32	2) Richter, Jennifer W36	3) Barrett, Connie W35	4) Hayashi, Kyle M19

**Mixed 160-199 800 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A		9:53.16
	1) Mench, Lee M52	2) Lovell-Hampton, Surrena W38	3) Starks, Patty W44	4) Schafer, Ron M47
	31.50	1:05.16 (1:05.16)	1:39.42 (1:39.42)	2:13.16 (2:13.16)
	2:46.49 (33.33)	3:24.38 (1:11.22)	4:02.43 (1:49.27)	4:38.75 (2:25.59)
	5:15.14 (36.39)	5:55.97 (1:17.22)	6:37.85 (1:59.10)	7:18.80 (2:40.05)
	7:54.01 (35.21)	8:33.37 (1:14.57)	9:13.93 (1:55.13)	9:53.16 (2:34.36)

**Mixed 160-199 200 SC Meter Medley Relay**

1	Carlsbad Swim Masters-CA	A		2:17.70
	1) Sing, Karen W47	2) Lutzker, Kerry W38	3) Swank, Dieter M34	4) Thornhill, Don M47
2	Mission Viejo Nadadores-CA	A		2:31.01
	1) Richter, Jennifer W36	2) Tongate, Terry M44	3) Carlsen, Richard M45	4) Batcheller, Jennifer W36
3	Ucla Bruin Masters-CA	A		2:32.96
	1) Ciraulo, Christie W51	2) Nakamatsu, Judith W37	3) Dann, Francis M58	4) Behrens, Michael M35
4	Long Beach Grunions-CA	A		2:37.32
	1) Scollon, Erik M33	2) Richards, Steve M40	3) Roberts, Vicki W41	4) Spatz, Barbara W56
5	Ucla Bruin Masters-CA	B		2:37.62
	1) Lasarenko, Lisa W39	2) Buhl, Annette W47	3) Gardner, Nick M39	4) Erickson, Stephen M35

**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004****Results****(Mixed 160-199 200 SC Meter Medley Relay)**

---	Long Beach Grunions-CA	B		DQ			
1)	Stanford, Kimberly W40	2)	Werner, John M41	3)	Blasco, John M46	4)	Ball, Liz W39

**Mixed 160-199 400 SC Meter Medley Relay**

1	Heartland Swim Association-CA	A		5:17.25			
1)	Page, Erin W38	2)	Schafer, Ron M47	3)	Mench, Lee M52	4)	Lovell-Hampton, Surrena W38
2	Ucla Bruin Masters-CA	A		7:05.36			
1)	Thomas, Kelly W29	2)	Gardner, Nick M39	3)	Litchmann, John M48	4)	Harding, Nancy W52

**Mixed 200-239 200 SC Meter Freestyle Relay**

1	Irvine Novaquatics-CA	A		2:20.14			
1)	Greenberg, Henry M56	2)	Deschenes, Elizabeth W51	3)	von Hoffmann, Gerard M48	4)	Ball, Jennifer W45
	32.32	1:08.91 (36.59)	1:36.31 (27.40)	2:20.14 (43.83)			
2	Long Beach Grunions-CA	A		2:33.37			
1)	Powers, Patricia W47	2)	Carbuto, Michael M51	3)	Jacobus, Anne W54	4)	Butler, Bill M48
	38.37	1:20.08 (41.71)	2:01.06 (40.98)	2:33.37 (32.31)			
3	Mission Viejo Nadadores-CA	A		2:36.72			
1)	Campbell, John M57	2)	Barrett, Connie W35	3)	Richter, Jennifer W36	4)	Rolph, Robert M73
	32.15	1:14.67 (42.52)	1:53.91 (39.24)	2:36.72 (42.81)			

**Mixed 200-239 400 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A		8:12.20			
1)	Nielson, Patricia W72	2)	Carbuto, Michael M51	3)	Stanford, Kimberly W40	4)	Armstrong, Bill M62

**Mixed 200-239 800 SC Meter Freestyle Relay**

1	Long Beach Grunions-CA	A		16:25.19			
1)	Nielson, Patricia W72	2)	Carbuto, Michael M51	3)	Marthell, Yvette W28	4)	Ferguson, Howard M50
	1:05.43	2:18.48 (2:18.48)	3:35.72 (3:35.72)	4:53.27 (4:53.27)			
	5:45.11 (51.84)	6:44.15 (1:50.88)	7:48.58 (2:55.31)	8:52.38 (3:59.11)			
	9:48.68 (56.30)	10:47.98 (1:55.60)	11:50.70 (2:58.32)				
	13:36.50 ( )	14:31.18 ( )	15:29.28 ( )	16:25.19 ( )			

**Mixed 200-239 200 SC Meter Medley Relay**

1	Ucla Bruin Masters-CA	A		2:22.21			
1)	Serianni, Vicki W53	2)	Small, Kent M48	3)	Bowers, George M56	4)	Wallace, Marcy W47
2	Mission Viejo Nadadores-CA	A		2:32.08			
1)	Uthus, Gwen W50	2)	Trowbridge, Val M50	3)	Campbell, John M57	4)	Leutner, Joy W46
3	Long Beach Grunions-CA	A		3:15.46			
1)	Nielson, Patricia W72	2)	Jacobus, Anne W54	3)	Ferguson, Howard M50	4)	Armstrong, Bill M62

**Mixed 240-279 200 SC Meter Freestyle Relay**

1	San Diego Swim Masters-SI	A		2:04.52			
1)	Pipes-Neilsen, Karlyn W42	2)	Baker, Donald M73	3)	Lund, Lynne W64	4)	van Baalen, Vinus M62
	27.55	1:00.72 (33.17)	1:52.85 (52.13)	2:04.52 (11.67)			

**Mixed 240-279 400 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A		6:27.90			
1)	Szuch, David M61	2)	Emerich, Patricia W51	3)	Sapper, Gene M75	4)	Brassy, Sue W57

**Mixed 240-279 800 SC Meter Freestyle Relay**

1	Heartland Swim Association-CA	A		15:40.52			
1)	Szuch, David M61	2)	Sapper, Gene M75	3)	Reed, Nancy W77	4)	Emerich, Patricia W51
	42.43	1:29.76 (1:29.76)	2:18.31 (2:18.31)	3:05.13 (3:05.13)			
	3:53.68 (48.55)	4:46.40 (1:41.27)	5:41.78 (2:36.65)	6:31.81 (3:26.68)			
	6:51.40 (19.59)	7:31.34 (59.53)	8:43.01 (2:11.20)	9:55.16 (3:23.35)			
	12:08.36 (2:13.20)	13:21.04 (3:25.88)	14:31.31 (4:36.15)	15:40.52 (5:45.36)			



**SPMA 2004 SCM Championships - 12/4/2004 to 12/6/2004**

**Results**

**Mixed 240-279 200 SC Meter Medley Relay**

1 San Diego Swim Masters-SI	A		2:25.60
1) Pipes-Neilsen, Karlyn W42	2) Baker, Donald M73	3) Lund, Lynne W64	4) van Baalen, Vinus M62

**Mixed 240-279 400 SC Meter Medley Relay**

1 San Diego Swim Masters-SI	A		5:26.79
1) Pipes-Neilsen, Karlyn W42	2) Freshley, Mike M63	3) Lund, Lynne W64	4) Baker, Donald M73