

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

## Women 18-24 50 LC Meter Freestyle

NATL: 27.24 \* 8/17/2003 JESSICA FOSCHI

1	Denby, Kara	23	CSAM-SP	26.22*	9
2	Girard, Jill E	19	CIM-SP	31.00	7
3	Bradley, Gabrielle E	18	OJAI-SP	32.27	6
4	Pelaez, Cristina	22	NOVA-SP	32.45	5
5	MacDonald, Megan	24	NOVA-SP	32.74	4
6	Riedel, Taylor	21	OJAI-SP	34.03	3

## Women 18-24 100 LC Meter Freestyle

NATL: 58.94 \* 8/3/2003 JESSICA FOSCHI

1	Denby, Kara	23	CSAM-SP	58.47*	9
2	Girard, Jill E	19	CIM-SP	1:09.36	7
3	Horgan, Michelle B	19	OJAI-SP	1:10.81	6
4	Bradley, Gabrielle E	18	OJAI-SP	1:11.12	5
5	Momeni, Neda	21	UNAT-SP	1:13.97	4
6	MacDonald, Megan	24	NOVA-SP	1:15.43	3
7	Nelson, Regina N	19	LVM-SP	1:15.62	2
8	Riedel, Taylor	21	OJAI-SP	1:20.61	1
9	Casagrande, Jena L	18	OJAI-SP	1:40.29	

## Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 \* 8/17/2003 JESSICA FOSCHI

1	Bradley, Gabrielle E	18	OJAI-SP	2:32.35	9
	1:12.61	2:32.35			
2	Girard, Jill E	19	CIM-SP	2:37.07	7
	1:16.14	2:37.07			
3	Riedel, Taylor	21	OJAI-SP	3:04.42	6
	1:28.45	3:04.42			

## Women 18-24 400 LC Meter Freestyle

NATL: 4:16.72 \* 7/5/2003 JULIA STOWERS

1	Bradley, Gabrielle E	18	OJAI-SP	5:31.37	9
	1:19.86	2:45.46	4:09.97	5:31.37	
2	Momeni, Neda	21	UNAT-SP	5:35.15	7
3	Nelson, Regina N	19	LVM-SP	5:55.36	6
	1:21.62	2:53.04	4:25.06	5:55.36	

## Women 18-24 800 LC Meter Freestyle

NATL: 9:28.19 \* 6/10/2000 S SCHWEITZER

1	Bradley, Gabrielle E	18	OJAI-SP	11:18.81	9
	1:20.25	2:46.26	4:12.84	5:38.92	
	7:05.82	8:31.99	9:56.26	11:18.81	

## Women 18-24 1500 LC Meter Freestyle

NATL: 18:13.47 \* 8/20/2000 SAMANTHA BAUSHER

1	Bradley, Gabrielle E	18	OJAI-SP	21:47.08	9
	39.25	1:23.46	2:08.51	2:53.03	
	3:37.46	4:22.40	5:06.81	5:51.38	
	6:35.60	7:20.01	8:04.98	8:49.46	
	9:33.70	10:17.64	11:02.25	11:46.30	
	12:30.39	13:14.00	13:58.03	14:42.08	
	15:25.72	16:09.24	16:52.62	17:36.24	
	18:19.31	19:02.34	19:45.02	20:26.31	
	21:07.32	21:47.08			
2	Nelson, Regina N	19	LVM-SP	23:45.81	7
	1:25.68	3:00.60	4:36.55	6:12.94	
	7:49.90	9:25.65	11:01.57	12:36.76	
	14:14.23	15:51.20	17:26.23	19:01.50	
	20:37.21	22:12.69	23:45.81		

## Women 18-24 50 LC Meter Backstroke

NATL: 31.55 \* 6/3/1990 TORI SMITH

1	Denby, Kara	23	CSAM-SP	31.96	9
2	Horgan, Michelle B	19	OJAI-SP	37.62	7
3	Pelaez, Cristina	22	NOVA-SP	40.88	6
4	Riedel, Taylor	21	OJAI-SP	44.98	5
5	MacDonald, Megan	24	NOVA-SP	45.22	4

## Women 18-24 100 LC Meter Backstroke

NATL: 1:04.87 \* 8/20/2000 S SCHWEITZER

1	Momeni, Neda	21	UNAT-SP	1:29.83	9
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## Women 18-24 50 LC Meter Breaststroke

NATL: 33.66 \* 8/20/1995 ELIZABETH NELSON

1	Denby, Kara	23	CSAM-SP	34.35	9
2	Dakin, Lauren	21	CSAM-SP	38.49	7
3	Pelaez, Cristina	22	NOVA-SP	44.97	6
4	Bradley, Gabrielle E	18	OJAI-SP	45.35	5
5	Nelson, Regina N	19	LVM-SP	46.57	4
6	Casagrande, Jena L	18	OJAI-SP	58.73	3

## Women 18-24 100 LC Meter Breaststroke

NATL: 1:13.62 \* 8/20/1995 ELIZABETH NELSON

1	Dakin, Lauren	21	CSAM-SP	1:23.65	9
2	Horgan, Michelle B	19	OJAI-SP	1:32.70	7
3	Nelson, Regina N	19	LVM-SP	1:40.63	6
4	Casagrande, Jena L	18	OJAI-SP	2:14.57	5

## Women 18-24 200 LC Meter Breaststroke

NATL: 2:44.25 \* 7/9/2006 LAURA DAVIS

1	Horgan, Michelle B	19	OJAI-SP	3:22.90	9
	1:38.32	3:22.90			

## Women 18-24 50 LC Meter Butterfly

NATL: 28.99 \* 7/9/2006 LAURA DAVIS

1	Horgan, Michelle B	19	OJAI-SP	34.10	9
2	MacDonald, Megan	24	NOVA-SP	34.68	7
3	Pelaez, Cristina	22	NOVA-SP	36.79	6
4	Riedel, Taylor	21	OJAI-SP	37.98	5
5	Momeni, Neda	21	UNAT-SP	40.96	4

## Women 18-24 100 LC Meter Butterfly

NATL: 1:03.08 \* 7/9/2006 LAURA DAVIS

1	Denby, Kara	23	CSAM-SP	1:06.58	9
2	MacDonald, Megan	24	NOVA-SP	1:25.10	7

## Women 18-24 200 LC Meter IM

NATL: 2:24.14 \* 7/9/2006 LAURA DAVIS

1	Denby, Kara	23	CSAM-SP	2:26.90	9
	1:10.98	2:26.90			
2	Horgan, Michelle B	19	OJAI-SP	2:53.66	7
	1:24.85	2:53.66			
3	MacDonald, Megan	24	NOVA-SP	3:18.37	6
	1:30.55	3:18.37			
4	Pelaez, Cristina	22	NOVA-SP	3:18.79	5
	1:35.12	3:18.79			

## Women 18-24 400 LC Meter IM

NATL: 5:15.81 \* 8/20/2000 SAMANTHA BAUSHER

1	Horgan, Michelle B	19	OJAI-SP	6:09.50	9
	1:24.78	3:01.55	4:46.81	6:09.50	

## Women 25-29 50 LC Meter Freestyle

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

NATL: 26.68 \* 8/18/1991 SARA SHAND

WORLD: 25.42 &amp; 2/15/2004 ANNABEL KOSTEN

1	Vucinich, Elizabeth A	29	WH2O-SP	29.25	9
2	Andrus, Megan M	28	SCAQ-SP	30.82	7
3	Bronson, Jenifer L	28	SCAQ-SP	31.66	6
4	Hayes, Lyndal M	26	KCM-SP	31.86	5

## Women 25-29 100 LC Meter Freestyle

NATL: 57.76 \* 3/18/1995 SHEILA TAORMINA

WORLD: 57.71 &amp; 6/21/2008 AIMEE RAMM

1	Johnson, Merritt H	28	SAM-SP	1:03.22	9
2	Vucinich, Elizabeth A	29	WH2O-SP	1:05.26	7
3	Yearwood, Ann	25	SCAQ-SP	1:05.77	6
4	Andrus, Megan M	28	SCAQ-SP	1:09.27	5
5	Hayes, Lyndal M	26	KCM-SP	1:09.85	4
6	Bronson, Jenifer L	28	SCAQ-SP	1:10.94	3

## Women 25-29 200 LC Meter Freestyle

NATL: 2:02.06 \* 12/2/1995 SHEILA TAORMINA

WORLD: 2:06.81 &amp; 10/23/2005 HITOMI MATSUDA

1	Hancock, Lauren M	27	CSAM-SP	2:17.95	9
				1:08.22 2:17.95	
2	Yearwood, Ann	25	SCAQ-SP	2:18.77	7
				1:08.00 2:18.77	
3	Bronson, Jenifer L	28	SCAQ-SP	2:37.98	6
				1:16.64 2:37.98	

## Women 25-29 400 LC Meter Freestyle

NATL: 4:13.03 \* 12/2/1995 SHEILA TAORMINA

WORLD: 4:27.53 &amp; 1989 SARA SHAND

1	Corcoran, Jacqueline D	27	SCAQ-SP	4:38.06	9
2	Johnson, Merritt H	28	SAM-SP	5:01.67	7
				1:12.82 2:29.27 3:46.06 5:01.67	
3	Evans, Emily A	27	MBAC-SP	5:18.60	6
				1:14.96 2:35.65 3:57.62 5:18.60	
4	Bronson, Jenifer L	28	SCAQ-SP	5:35.04	5
				1:19.24 2:46.82 4:15.38 5:35.04	

## Women 25-29 800 LC Meter Freestyle

NATL: 8:47.44 \* 7/19/2001 RACHEL KOMISARZ

WORLD: 9:15.63 &amp; 3/2/2007 PAULA WOOD

1	Hancock, Lauren M	27	CSAM-SP	9:41.90	9
				1:09.41 2:22.81 3:35.89 4:49.30	
				6:02.27 7:16.77 8:31.15 9:41.90	
2	Evans, Emily A	27	MBAC-SP	10:53.29	7
				1:16.95 2:38.98 4:02.57 5:25.89	
				6:48.33 8:10.75 9:31.99 10:53.29	
3	Bronson, Jenifer L	28	SCAQ-SP	11:31.78	6
				1:22.21 2:49.90 4:18.43 5:46.60	
				7:15.93 8:44.20 10:09.37 11:31.78	

## Women 25-29 50 LC Meter Backstroke

NATL: 30.80 \* 8/20/1989 DIANE GRANER

WORLD: 29.60 &amp; 10/4/2008 MAI NAKAMURA

1	Vucinich, Elizabeth A	29	WH2O-SP	35.41	9
2	Hayes, Lyndal M	26	KCM-SP	38.38	7
3	Bronson, Jenifer L	28	SCAQ-SP	40.74	6

## Women 25-29 100 LC Meter Backstroke

NATL: 1:07.13 \* 6/26/2005 PAMELA HANSON

WORLD: 1:04.82 &amp; 7/16/2007 AKIKO MIZUMOTO

1	Vucinich, Elizabeth A	29	WH2O-SP	1:17.56	9
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## Women 25-29 200 LC Meter Backstroke

NATL: 2:19.97 \* 8/20/1989 DIANE GRANER

WORLD: 2:17.30 &amp; 7/16/2007 KANA OHASHI

1	Hancock, Lauren M	27	CSAM-SP	2:38.33	9
				1:19.44 2:38.33	

## Women 25-29 100 LC Meter Breaststroke

NATL: 1:15.48 \* 8/18/2002 HELEN SALCEDO

WORLD: 1:12.65 &amp; 9/24/2006 HITOMI MATSUDA

1	Johnson, Merritt H	28	SAM-SP	1:26.03	9
2	Yearwood, Ann	25	SCAQ-SP	1:26.41	7
3	Evans, Emily A	27	MBAC-SP	1:32.10	6

## Women 25-29 200 LC Meter Breaststroke

NATL: 2:45.04 \* 8/20/2000 REBECCA BRUCH

WORLD: 2:35.46 &amp; 7/17/2006 HITOMI MATSUDA

1	Evans, Emily A	27	MBAC-SP	3:11.61	9
				1:32.58 3:11.61	

## Women 25-29 50 LC Meter Butterfly

NATL: 28.19 \* 8/3/2003 JENNIFER BROOKS

WORLD: 28.09 &amp; 10/26/1997 MARJA PARSSINEN

1	Yearwood, Ann	25	SCAQ-SP	30.20	9
2	Andrus, Megan M	28	SCAQ-SP	31.05	7
3	Vucinich, Elizabeth A	29	WH2O-SP	31.46	6
4	Hayes, Lyndal M	26	KCM-SP	37.86	5

## Women 25-29 100 LC Meter Butterfly

NATL: 1:01.04 \* 7/19/2001 RACHEL KOMISARZ

WORLD: 1:03.18 &amp; 8/7/2006 SHELLY JOHNSTON

1	Yearwood, Ann	25	SCAQ-SP	1:07.08	9
2	Andrus, Megan M	28	SCAQ-SP	1:12.85	7
3	Evans, Emily A	27	MBAC-SP	1:17.20	6

## Women 25-29 200 LC Meter Butterfly

NATL: 2:17.51 \* 12/17/1995 SHEILA TAORMINA

WORLD: 2:18.69 &amp; 3/13/1992 S.PALMER-WHITE

1	Andrus, Megan M	28	SCAQ-SP	2:44.44	9
				1:14.71 2:44.44	
2	Evans, Emily A	27	MBAC-SP	2:56.35	7
				1:21.14 2:56.35	

## Women 25-29 200 LC Meter IM

NATL: 2:21.98 \* 8/15/2005 ALLISON WAGNER

WORLD: 2:20.71 &amp; 10/2/2005 HITOMI MATSUDA

1	Corcoran, Jacqueline D	27	SCAQ-SP	2:36.52	9
				1:14.62 2:36.52	
2	Yearwood, Ann	25	SCAQ-SP	2:41.40	7
				1:17.67 2:41.40	
3	Evans, Emily A	27	MBAC-SP	2:54.45	6
				1:25.21 2:54.45	
4	Hayes, Lyndal M	26	KCM-SP	3:07.57	5
				1:27.62 3:07.57	
5	Bronson, Jenifer L	28	SCAQ-SP	3:11.03	4
				1:31.50 3:11.03	

## Women 25-29 400 LC Meter IM

NATL: 5:06.34 \* 7/30/1989 SARA SHAND

WORLD: 5:02.78 &amp; 11/5/2006 HITOMI MATSUDA

1	Hancock, Lauren M	27	CSAM-SP	5:27.81	9
				1:15.14 2:41.43 4:14.81 5:27.81	

## Women 30-34 50 LC Meter Freestyle

NATL: 25.74 \* 6/6/2008 MARTINA MORAVCOVA

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**WORLD: 25.74 & 6/6/2008 MARTINA MORAVCOVA**

1	Thompson, Christina M	31	LVM-SP	30.82	9
2	Binder, Alexis H	30	SCAQ-SP	31.16	7
3	Maclean, Tanya	33	NOVA-SP	32.43	6
4	Tiernan, Joy	30	SCAQ-SP	34.65	5
5	Wooten, Jaime L	32	CSAM-SP	37.65	4
6	Kretz, Carey	31	CSAM-SP	38.89	3
7	Ho, Mary E	34	CSAM-SP	41.31	2

9:56.77 11:57.61 13:59.09 15:58.06

**Women 30-34 100 LC Meter Freestyle****NATL: 55.62 \* 6/8/2008 MARTINA MORAVCOVA****WORLD: 55.62 & 6/8/2008 MARTINA MORAVCOVA**

1	Binder, Alexis H	30	SCAQ-SP	1:08.00	9
2	Helliwell, Jessica M	34	MVN-SP	1:09.61	7
3	Klingenberg, Alyssa S	30	TCC-SP	1:09.67	6
4	Thompson, Christina M	31	LVM-SP	1:09.79	5
5	Maclean, Tanya	33	NOVA-SP	1:12.33	4
6	Tiernan, Joy	30	SCAQ-SP	1:18.72	3
7	Mannix, Christina	30	NOVA-SP	1:19.87	2
8	Wooten, Jaime L	32	CSAM-SP	1:28.46	1
9	Ho, Mary E	34	CSAM-SP	1:34.80	

**Women 30-34 200 LC Meter Freestyle****NATL: 2:06.80 \* 8/16/1996 K PIPES-NEILSEN****WORLD: 2:06.00 & 10/18/2008 HITOMI MATSUDA**

1	Helliwell, Jessica M	34	MVN-SP	2:30.79	9
				1:10.56 2:30.79	
2	Thompson, Christina M	31	LVM-SP	2:42.83	7
				1:20.04 2:42.83	
3	Tiernan, Joy	30	SCAQ-SP	2:57.23	6
				1:26.00 2:57.23	
4	Kretz, Carey	31	CSAM-SP	3:24.51	5
				1:38.93 3:24.51	

**Women 30-34 400 LC Meter Freestyle****NATL: 4:28.76 \* 8/11/1996 K PIPES-NEILSEN****WORLD: 4:25.60 & 9/26/2008 HITOMI MATSUDA**

1	Helliwell, Jessica M	34	MVN-SP	5:16.22	9
				1:11.85 2:32.67 3:55.54 5:16.22	
2	Martinez, Heather J	33	NOVA-SP	5:28.81	7
				1:20.06 2:45.84 4:09.87 5:28.81	
3	Mannix, Christina	30	NOVA-SP	6:13.18	6
				1:28.83 3:04.52 4:42.75 6:13.18	
4	Wooten, Jaime L	32	CSAM-SP	7:09.67	5
				1:35.46 3:27.75 5:21.11 7:09.67	

**Women 30-34 800 LC Meter Freestyle****NATL: 9:19.96 \* 8/28/1994 SUSAN PORTER****WORLD: 9:13.22 & 5/4/2007 KIRSTEN CAMERON**

1	Helliwell, Jessica M	34	MVN-SP	10:44.03	9
				1:13.27 2:34.60 3:57.94 5:20.67 6:43.29 8:04.95 9:25.58 10:44.03	
2	Martinez, Heather J	33	NOVA-SP	11:46.17	7
				1:26.36 2:58.28 4:28.39 5:58.63 7:28.13 8:58.51 10:24.78 11:46.17	
3	Wooten, Jaime L	32	CSAM-SP	14:09.93	6
				1:39.33 3:26.72 5:16.16 7:05.19 8:53.00 10:39.30 12:27.07 14:09.93	
4	Kretz, Carey	31	CSAM-SP	14:58.01	5
				1:43.64 3:35.11 5:30.56 7:24.41 9:17.92 11:10.57 13:04.88 14:58.01	
5	Ho, Mary E	34	CSAM-SP	15:58.06	4
				1:47.69 3:50.60 5:51.75 7:54.22	

**Women 30-34 1500 LC Meter Freestyle****NATL: 17:38.70 \* 5/19/1996 KAREN BURTON****WORLD: 17:38.70 & 5/19/1996 KAREN BURTON**

1	Lewin, Cynthia J	34	MVN-SP	18:40.53	9
				33.66 1:09.77 1:46.88 2:24.61 3:02.65 3:40.73 4:18.92 4:56.73 5:34.73 6:12.59 6:50.67 7:28.29 8:05.95 8:43.54 9:21.51 9:58.82 10:36.24 11:13.84 11:51.57 12:29.33 13:06.54 13:44.15 14:21.50 14:58.79 15:35.68 16:12.84 16:49.91 17:27.59 18:04.67 18:40.53	
2	Helliwell, Jessica M	34	MVN-SP	20:52.61	7
				34.37 1:12.10 1:52.63 2:34.10 3:15.98 3:57.30 4:39.58 5:21.64 6:04.26 6:46.26 7:28.90 8:11.48 8:54.20 9:36.78 10:19.00 11:02.10 11:44.69 12:26.82 13:09.39 13:51.65 14:34.29 15:16.83 15:59.63 16:42.62 17:25.74 18:08.98 18:51.43 19:33.22 20:14.50 20:52.61	
3	Martinez, Heather J	33	NOVA-SP	21:36.75	6
				39.79 1:23.31 2:08.20 2:52.39 3:36.65 4:20.41 5:04.61 5:48.23 6:32.29 7:15.65 7:59.49 8:42.41 9:26.36 10:09.88 10:53.80 11:37.01 12:21.05 13:04.57 13:48.13 14:31.06 15:14.12 15:56.59 16:39.95 17:23.20 18:07.17 18:50.74 19:34.32 20:16.95 20:59.37 21:36.75	
4	Wooten, Jaime L	32	CSAM-SP	28:50.62	5
				1:38.55 3:34.64 5:32.33 7:30.05 9:26.58 11:22.78 13:17.47 15:13.85 17:12.56 19:11.66 21:08.61 23:04.93 25:00.52 26:57.24 28:50.62	
5	Kretz, Carey	31	CSAM-SP	28:53.80	4
				1:38.58 3:27.83 5:23.10 7:17.68 9:16.19 11:12.91 13:11.82 15:11.17 17:13.72 19:13.39 21:12.44 23:11.57 25:10.29 27:06.57 28:53.80	

**Women 30-34 50 LC Meter Backstroke****NATL: 29.15 \* 8/16/2008 NORIKO INADA****WORLD: 29.15 & 8/16/2008 NORIKO INADA**

1	Binder, Alexis H	30	SCAQ-SP	37.18	9
2	Maclean, Tanya	33	NOVA-SP	37.51	7
3	Thompson, Christina M	31	LVM-SP	40.69	6
4	Tiernan, Joy	30	SCAQ-SP	45.53	5
5	Ho, Mary E	34	CSAM-SP	59.46	4

**Women 30-34 100 LC Meter Backstroke****NATL: 1:02.83 \* 8/17/2008 NORIKO INADA****WORLD: 1:02.83 & 8/17/2008 NORIKO INADA**

1	Maclean, Tanya	33	NOVA-SP	1:26.55	9
2	Mannix, Christina	30	NOVA-SP	1:40.59	7

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Women 30-34 200 LC Meter Backstroke**

NATL: 2:17.73 \* 8/16/1996 K PIPES-NEILSEN

WORLD: 2:18.98 &amp; 8/11/1996 K.PIPES-NEILSEN

1	Maclean, Tanya	33 NOVA-SP	3:14.72	9
	1:35.81	3:14.72		

**Women 30-34 50 LC Meter Breaststroke**

NATL: 33.20 \* 8/15/2008 KATIE MCCLELLAND

WORLD: 33.12 &amp; 10/7/2007 HITOMI MATSUDA

1	Binder, Alexis H	30 SCAQ-SP	40.81	9
2	Thompson, Christina M	31 LVM-SP	41.59	7
3	Tiernan, Joy	30 SCAQ-SP	46.68	6
4	Maclean, Tanya	33 NOVA-SP	48.98	5
5	Ho, Mary E	34 CSAM-SP	1:07.33	4

**Women 30-34 100 LC Meter Breaststroke**

NATL: 1:13.29 \* 8/16/2008 KATIE MCCLELLAND

WORLD: 1:11.87 &amp; 10/4/2008 HITOMI MATSUDA

1	Lewin, Cynthia J	34 MVN-SP	1:15.50	9
2	Tiernan, Joy	30 SCAQ-SP	1:41.18	7
3	Ho, Mary E	34 CSAM-SP	2:29.54	6

**Women 30-34 200 LC Meter Breaststroke**

NATL: 2:41.51 \* 8/23/1999 WENKE HANSEN

WORLD: 2:35.33 &amp; 7/16/2007 HITOMI MATSUDA

1	Lewin, Cynthia J	34 MVN-SP	2:44.61	9
	1:19.96	2:44.61		

**Women 30-34 50 LC Meter Butterfly**

NATL: 27.48 \* 6/7/2008 MARTINA MORAVCOVA

WORLD: 27.48 &amp; 6/7/2008 MARTINA MORAVCOVA

1	Binder, Alexis H	30 SCAQ-SP	32.78	9
2	Martinez, Heather J	33 NOVA-SP	33.25	7
3	Klingenberg, Alyssa S	30 TCC-SP	34.60	6
4	Helliwell, Jessica M	34 MVN-SP	35.17	5
5	Thompson, Christina M	31 LVM-SP	36.48	4
6	Maclean, Tanya	33 NOVA-SP	36.62	3
7	Tiernan, Joy	30 SCAQ-SP	39.11	2
8	Mannix, Christina	30 NOVA-SP	44.70	1
9	Ho, Mary E	34 CSAM-SP	1:12.64	

**Women 30-34 100 LC Meter Butterfly**

NATL: 58.81 \* 6/7/2008 MARTINA MORAVCOVA

WORLD: 58.81 &amp; 6/7/2008 MARTINA MORAVCOVA

1	Lewin, Cynthia J	34 MVN-SP	1:08.43	9
2	Martinez, Heather J	33 NOVA-SP	1:18.45	7

**Women 30-34 200 LC Meter Butterfly**

NATL: 2:20.12 \* 8/11/1996 K PIPES-NEILSEN

WORLD: 2:13.60 &amp; 5/7/2006 METTE JACOBSEN

1	Martinez, Heather J	33 NOVA-SP	3:13.97	9
	1:35.11	3:13.97		

**Women 30-34 200 LC Meter IM**

NATL: 2:23.12 \* 1/14/1996 K PIPES-NEILSEN

WORLD: 2:21.59 &amp; 10/7/2007 HITOMI MATSUDA

1	Lewin, Cynthia J	34 MVN-SP	2:28.91	9
	1:12.14	2:28.91		
2	Helliwell, Jessica M	34 MVN-SP	3:01.17	7
	1:25.11	3:01.17		
3	Klingenberg, Alyssa S	30 TCC-SP	3:08.28	6
	1:26.21	3:08.28		

**Women 35-39 50 LC Meter Freestyle**

NATL: 25.98 \* 8/8/2006 DARA TORRES

WORLD: 25.98 &amp; 8/8/2006 DARA TORRES

1	Carlson, Jenni	39 SCAQ-SP	30.16	9
2	Cicolini, Sonia	35 NOVA-SP	34.12	7
3	Salderfer, Melissa H	39 CSAM-SP	42.51	6
4	Gyalay, Melinda	39 CSAM-SP	42.95	5

**Women 35-39 100 LC Meter Freestyle**

NATL: 58.87 \* 7/2/1995 S NEILSON-BELL

WORLD: 58.38 &amp; 8/23/1998 TRACIE MOLL

1	Bryce, Laura	36 SCMC-SP	1:10.26	9
2	Cicolini, Sonia	35 NOVA-SP	1:17.71	7
3	Hannon, Martina	38 VLVM-SP	1:19.62	6
4	Grant, Lindsay	36 CSAM-SP	1:20.13	5
5	Schreder, Mari F	39 MVN-SP	1:21.85	4
6	Zeitler, Liz	35 SCAQ-SP	1:30.66	3
7	Salderfer, Melissa H	39 CSAM-SP	1:38.62	2

**Women 35-39 200 LC Meter Freestyle Swim-off**

NATL: 2:06.62 \* 8/15/1998 K PIPES-NEILSEN

WORLD: 2:06.94 &amp; 8/10/1997 K.PIPES-NEILSEN

**- Swim-off**

1	Dodd, Laurie Z	37 UCLA-SP	2:22.39
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**Women 35-39 200 LC Meter Freestyle**

NATL: 2:06.62 \* 8/15/1998 K PIPES-NEILSEN

WORLD: 2:06.94 &amp; 8/10/1997 K.PIPES-NEILSEN

1	Pescatori, Rossella	38 SCAQ-SP	2:23.88	9
	1:11.38	2:23.88		
2	Tomtan-Brayman, Brenda	36 LVM-SP	2:31.43	7
	1:13.05	2:31.43		
3	Cicolini, Sonia	35 NOVA-SP	3:01.68	6
	1:26.18	3:01.68		

**Women 35-39 400 LC Meter Freestyle**

NATL: 4:26.17 \* 8/10/1997 K PIPES-NEILSEN

WORLD: 4:26.17 &amp; 8/10/1997 K.PIPES-NEILSEN

1	Pescatori, Rossella	38 SCAQ-SP	4:58.54	9
	1:10.50	2:26.13	3:43.07	4:58.54
2	Tomtan-Brayman, Brenda	36 LVM-SP	5:17.10	7
	1:14.16	2:34.50	3:56.20	5:17.10
3	Grant, Lindsay	36 CSAM-SP	6:21.33	6
	1:26.77	3:05.13	4:45.25	6:21.33
4	Schreder, Mari F	39 MVN-SP	6:28.89	5
	1:30.29	3:09.44	4:50.24	6:28.89

**Women 35-39 400 LC Meter Freestyle Swim-off**

NATL: 4:26.17 \* 8/10/1997 K PIPES-NEILSEN

WORLD: 4:26.17 &amp; 8/10/1997 K.PIPES-NEILSEN

**- Swim-off**

1	Dodd, Laurie Z	37 UCLA-SP	4:48.93
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**Women 35-39 800 LC Meter Freestyle**

NATL: 9:13.49 \* 8/4/2006 SHEILA TAORMINA

WORLD: 9:11.15 &amp; 4/18/2008 KIRSTEN CAMERON

1	Dodd, Laurie Z	37 UCLA-SP	9:43.77	9
	1:10.13	2:22.39	3:35.43	4:48.93
	6:02.36	7:16.06	8:30.41	9:43.77
2	Tomtan-Brayman, Brenda	36 LVM-SP	10:54.50	7
	1:17.03	2:38.90	4:00.94	5:23.81
	6:47.30	8:11.28	9:34.24	10:54.50
3	Salderfer, Melissa H	39 CSAM-SP	15:37.84	6

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

	1:47.59	3:45.63	5:44.69	7:45.82	
	9:45.68	11:46.07	13:45.79	15:37.84	
4 Gyalay, Melinda			39 CSAM-SP	16:33.66	5
	1:59.73	4:07.18	6:12.73	8:19.66	
	10:26.33	12:33.08	14:38.86	16:33.66	

## Women 35-39 800 LC Meter Freestyle Swim-off

NATL: 9:13.49 \* 8/4/2006 SHEILA TAORMINA

WORLD: 9:11.15 &amp; 4/18/2008 KIRSTEN CAMERON

## - Swim-off

1 Dodd, Laurie Z	37 UCLA-SP	9:49.93
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## Women 35-39 1500 LC Meter Freestyle

NATL: 17:46.58 \* 8/13/2000 K PIPES-NEILSEN

WORLD: 17:33.46 &amp; 3/13/2009 KIRSTEN CAMERON

1 Dodd, Laurie Z	37 UCLA-SP	18:33.01	9	
	35.37	1:11.71	1:48.77	2:26.01
	3:03.04	3:39.83	4:17.06	4:53.83
	5:30.68	6:07.47	6:44.44	7:21.34
	7:58.67	8:35.72	9:13.05	9:49.93
	10:27.31	11:04.33	11:41.63	12:18.94
	12:56.47	13:33.56	14:11.15	14:48.79
	15:26.25	16:03.52	16:41.24	17:18.82
	17:56.75	18:33.01		
2 Tomtan-Brayman, Brenda	36 LVM-SP	20:30.45	7	
	36.30	1:16.45	1:57.43	2:38.63
	3:20.18	4:01.82	4:43.52	5:25.67
	6:07.24	6:48.93	7:30.68	8:12.37
	8:54.36	9:35.30	10:16.50	10:57.70
	11:38.71	12:19.83	13:01.50	13:42.61
	14:24.22	15:05.00	15:45.76	16:26.93
	17:07.76	17:49.08	18:30.33	19:10.98
	19:51.46	20:30.45		
3 Grant, Lindsay	36 CSAM-SP	25:43.63	6	
	1:30.05	3:11.57	4:53.30	6:36.30
	8:20.80	10:05.82	11:50.56	13:35.63
	15:20.19	17:05.80	18:50.28	20:36.42
	22:21.12	24:05.06	25:43.63	
4 Schreder, Mari F	39 MVN-SP	26:00.65	5	
	1:32.84	3:13.15	4:55.26	6:37.49
	8:20.73	10:04.66	11:48.03	13:32.75
	15:18.30	17:04.23	18:50.12	20:38.10
	22:25.41	24:15.14	26:00.65	
5 Salderfer, Melissa H	39 CSAM-SP	29:53.97	4	
	1:47.54		3:46.37	
	5:46.16	6:47.74	7:46.01	
	9:46.11		11:47.14	
	13:47.57		15:47.94	
	17:48.18		19:49.10	
	21:49.82		23:52.00	
	25:55.21		27:58.12	
	29:53.97			

## Women 35-39 50 LC Meter Backstroke

NATL: 30.40 \* 8/10/2006 SHERI HART

WORLD: 30.40 &amp; 8/10/2006 SHERI HART

1 Carlson, Jenni	39 SCAQ-SP	35.80	9
2 Hannon, Martina	38 VLVM-SP	40.81	7
3 Cicolini, Sonia	35 NOVA-SP	48.66	6
4 Gyalay, Melinda	39 CSAM-SP	53.36	5

## Women 35-39 100 LC Meter Backstroke

NATL: 1:05.41 \* 8/1/1997 K PIPES-NEILSEN

WORLD: 1:06.04 &amp; 8/9/2006 SHERI HART

1 Grant, Lindsay	36 CSAM-SP	1:31.76	9
2 Hannon, Martina	38 VLVM-SP	1:34.77	7
3 Cicolini, Sonia	35 NOVA-SP	1:54.22	6

## Women 35-39 200 LC Meter Backstroke

NATL: 2:18.20 \* 8/10/1997 K PIPES-NEILSEN

WORLD: 2:18.20 &amp; 8/10/1997 K.PIPES-NEILSEN

---	Hannon, Martina	38 VLVM-SP	DQ
	1:39.32	DQ	

## Women 35-39 50 LC Meter Breaststroke

NATL: 33.91 \* 8/18/2001 CAROLINE KRATTLI

WORLD: 33.64 &amp; 6/6/2004 SYLVIA GERASCH

1 Pescatori, Rossella	38 SCAQ-SP	37.12	9
2 Tomtan-Brayman, Brenda	36 LVM-SP	40.97	7
3 Bryce, Laura	36 SCMC-SP	42.13	6

## Women 35-39 100 LC Meter Breaststroke

NATL: 1:13.81 \* 8/17/2001 CAROLINE KRATTLI

WORLD: 1:13.81 &amp; 8/17/2001 CAROLINE KRATTLI

1 Pescatori, Rossella	38 SCAQ-SP	1:19.04	9
2 Tomtan-Brayman, Brenda	36 LVM-SP	1:30.51	7
3 Grant, Lindsay	36 CSAM-SP	1:48.39	6

## Women 35-39 200 LC Meter Breaststroke

NATL: 2:41.76 \* 8/19/2001 CAROLINE KRATTLI

WORLD: 2:41.76 &amp; 8/19/2001 CAROLINE KRATTLI

1 Pescatori, Rossella	38 SCAQ-SP	2:51.86	9
	1:23.19	2:51.86	
2 Tomtan-Brayman, Brenda	36 LVM-SP	3:18.88	7
	1:34.66	3:18.88	
3 Post, Heather M	39 LVM-SP	4:15.94	6
	2:03.02	4:15.94	

## Women 35-39 50 LC Meter Butterfly

NATL: 28.32 \* 8/23/1999 TRACIE MOLL

WORLD: 28.32 &amp; 8/23/1999 TRACIE MOLL

1 Bryce, Laura	36 SCMC-SP	36.26	9
2 Hannon, Martina	38 VLVM-SP	37.25	7
3 Cicolini, Sonia	35 NOVA-SP	40.23	6

## Women 35-39 100 LC Meter Butterfly

NATL: 1:03.79 \* 8/23/1999 TRACIE MOLL

WORLD: 1:03.39 &amp; 4/21/2008 LYNNE HAYES

1 Hannon, Martina	38 VLVM-SP	1:34.96	9
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## Women 35-39 200 LC Meter Butterfly

NATL: 2:20.21 \* 8/10/1997 K PIPES-NEILSEN

WORLD: 2:20.21 &amp; 8/10/1997 K.PIPES-NEILSEN

1 Post, Heather M	39 LVM-SP	4:02.26	9
	1:50.66	4:02.26	

## Women 35-39 200 LC Meter IM

NATL: 2:22.42 \* 7/19/1997 K PIPES-NEILSEN

WORLD: 2:25.31 &amp; 6/29/1997 K.PIPES-NEILSEN

1 Pescatori, Rossella	38 SCAQ-SP	2:39.13	9
	1:20.54	2:39.13	
2 Bryce, Laura	36 SCMC-SP	3:03.05	7
	1:27.83	3:03.05	
3 Hannon, Martina	38 VLVM-SP	3:27.53	6

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

1:34.66 3:27.53  
 4 Post, Heather M 39 LVM-SP 3:48.52 5  
 1:48.07 3:48.52

## Women 35-39 400 LC Meter IM

NATL: 5:02.67 \* 8/15/1998 K PIPES-NEILSEN

WORLD: 5:07.21 &amp; 6/29/1997 K.PIPES-NEILSEN

1 Pescatori, Rossella 38 SCAQ-SP 5:35.98 9  
 1:19.39 2:53.14 4:21.27 5:35.98  
 2 Post, Heather M 39 LVM-SP 8:08.61 7  
 1:54.94 4:00.04 6:15.24 8:08.61

## Women 40-44 50 LC Meter Freestyle

NATL: 24.25 \* 7/6/2008 DARA TORRES

WORLD: 26.56 &amp; 2/22/2009 EDITH OTTERMANN

1 Flores, Julie S 42 CSAM-SP 31.30 9  
 2 Moser, Ursula S 40 LVM-SP 31.87 7  
 3 Hagadorn, Heather 44 CMS-CO 31.88 6  
 4 Adams, Kari S 43 LVM-SP 31.96 5  
 5 Rearwin, Laura 44 OJAI-SP 32.13 4  
 6 Wong, Carolyn K 42 NOVA-SP 37.22 3  
 7 Christou, Andre 43 OJAI-SP 37.52 2  
 8 Thomas, Stephanie 43 OJAI-SP 37.85 1  
 9 Clawson, Kristen S 44 OJAI-SP 40.83  
 10 Haddock, Kristi 41 CSAM-SP 41.16

## Women 40-44 100 LC Meter Freestyle

NATL: 53.78 \* 7/4/2008 DARA TORRES

WORLD: 58.43 &amp; 8/17/2003 MARIA DOELGER

1 Hagadorn, Heather 44 CMS-CO 1:08.22 9  
 2 Xepoleas, Monterey 42 OJAI-SP 1:09.69 7  
 3 Moser, Ursula S 40 LVM-SP 1:10.37 6  
 4 Adams, Kari S 43 LVM-SP 1:11.03 5  
 5 Lamph, Becky L 41 LVM-SP 1:12.33 4  
 6 Rearwin, Laura 44 OJAI-SP 1:12.52 3  
 7 Woll, Shandon R 41 OJAI-SP 1:26.13 2  
 8 Christou, Andre 43 OJAI-SP 1:27.63 1  
 9 Thomas, Stephanie 43 OJAI-SP 1:29.15  
 10 Wong, Carolyn K 42 NOVA-SP 1:29.86

## Women 40-44 200 LC Meter Freestyle

NATL: 2:09.00 \* 5/25/2003 K PIPES-NEILSEN

WORLD: 2:09.28 &amp; 8/15/2005 K.PIPES-NEILSEN

1 Hagadorn, Heather 44 CMS-CO 2:25.48 9  
 1:10.38 2:25.48  
 2 Moser, Ursula S 40 LVM-SP 2:31.32 7  
 1:13.38 2:31.32  
 3 Adams, Kari S 43 LVM-SP 2:31.59 6  
 1:14.16 2:31.59

## Women 40-44 400 LC Meter Freestyle

NATL: 4:28.24 \* 8/11/2002 K PIPES-NEILSEN

WORLD: 4:28.24 &amp; 8/11/2002 K.PIPES-NEILSEN

1 Hagadorn, Heather 44 CMS-CO 5:08.19 9  
 1:12.41 2:29.78 3:48.60 5:08.19  
 2 Adams, Kari S 43 LVM-SP 5:19.02 7  
 1:18.31 2:40.07 4:01.29 5:19.02  
 3 Moser, Ursula S 40 LVM-SP 5:21.26 6  
 1:16.42 2:38.01 4:00.08 5:21.26  
 4 Lamph, Becky L 41 LVM-SP 5:29.03 5  
 1:16.81 2:41.38 4:06.30 5:29.03

5 Xepoleas, Monterey 42 OJAI-SP 5:54.62 4  
 1:22.85 5:54.62  
 6 Sproles, Juliana 40 OJAI-SP 6:40.06 3  
 1:32.03 3:13.99 4:57.79 6:40.06  
 7 Woll, Shandon R 41 OJAI-SP 7:04.43 2  
 1:33.01 3:24.73 5:16.44 7:04.43

## Women 40-44 800 LC Meter Freestyle

NATL: 9:21.75 \* 6/29/2003 K PIPES-NEILSEN

WORLD: 9:24.77 &amp; 9/29/2002 K.PIPES-NEILSEN

1 Flores, Julie S 42 CSAM-SP 10:37.24 9  
 1:13.47 2:33.59 3:54.91 5:16.11  
 6:36.59 7:57.70 9:18.59 10:37.24  
 2 Adams, Kari S 43 LVM-SP 10:53.74 7  
 1:16.33 2:37.68 4:00.09 5:23.27  
 6:46.49 8:09.46 9:32.18 10:53.74  
 3 Hagadorn, Heather 44 CMS-CO 10:54.84 6  
 1:17.93 2:40.06 4:02.96 5:25.50  
 6:47.77 8:11.06 9:34.02 10:54.84  
 4 Moser, Ursula S 40 LVM-SP 11:13.94 5  
 1:18.90 2:44.83 4:11.21 5:36.38  
 7:01.97 8:28.02 9:51.85 11:13.94  
 5 Sproles, Juliana 40 OJAI-SP 13:45.46 4  
 1:32.16 3:15.31 4:59.79 6:45.86  
 8:31.90 10:17.50 12:03.09 13:45.46  
 6 Haddock, Kristi 41 CSAM-SP 17:29.48 3  
 1:45.38 3:53.24 6:07.92 8:21.80  
 10:39.10 12:58.78 15:16.49 17:29.48

## Women 40-44 1500 LC Meter Freestyle

NATL: 17:56.52 \* 8/11/2003 K PIPES-NEILSEN

WORLD: 17:56.52 &amp; 8/11/2003 K.PIPES-NEILSEN

1 Flores, Julie S 42 CSAM-SP 20:21.35 9  
 35.06 1:13.43 1:53.21 2:33.10  
 3:13.60 3:54.03 4:34.94 5:15.81  
 5:57.03 6:37.90 7:18.87 7:59.42  
 8:40.16 9:21.26 10:02.96 10:43.97  
 11:25.65 12:06.73 12:48.13 13:29.47  
 14:10.98 14:52.36 15:33.87 16:15.37  
 16:57.61 17:39.21 18:20.62 19:01.83  
 19:42.56 20:21.35  
 2 Hagadorn, Heather 44 CMS-CO 20:45.53 7  
 36.67 1:16.54 1:56.95 2:37.51  
 3:18.09 3:58.74 4:39.64 5:20.95  
 6:02.09 6:43.21 7:24.39 8:05.87  
 8:47.31 9:29.33 10:11.45 10:53.43  
 11:35.98 12:18.84 13:01.19 13:43.41  
 14:25.76 15:07.54 15:49.79 16:31.78  
 17:14.35 17:56.62 18:39.10 19:21.49  
 20:04.03 20:45.53  
 3 Lamph, Becky L 41 LVM-SP 21:06.11 6  
 38.37 1:19.16 2:00.61 2:42.86  
 3:24.54 4:06.61 4:48.91 5:31.52  
 6:13.83 6:56.69 7:38.96 8:21.26  
 9:04.28 9:46.57 10:29.01 11:11.49  
 11:54.13 12:36.44 13:18.70 14:01.36  
 14:44.13 15:26.29 16:08.99 16:51.88  
 17:34.80 18:18.01 19:00.73 19:43.31  
 20:25.62 21:06.11  
 4 Sproles, Juliana 40 OJAI-SP 26:02.49 5  
 1:31.55 3:15.43 4:58.67 6:42.99  
 8:27.42 10:11.00 11:55.82 13:40.89  
 15:25.72 17:11.76 18:59.10 20:45.77  
 22:32.38 24:19.94 26:02.49

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

5	Woll, Shandon R	41	OJAI-SP	27:05.67	4	2	Jurey, Mary K	43	SCAQ-SP	3:11.61	7
	1:34.92	3:23.52	5:15.28	7:06.28			1:32.59	3:11.61			
	8:57.89	10:47.55	12:35.73	14:23.69		3	Rearwin, Laura	44	OJAI-SP	3:35.30	6
	16:13.34	18:02.51	19:53.50	21:43.00			1:41.20	3:35.30			
	23:33.89	25:23.69	27:05.67			4	Fell, Paula J	44	NOVA-SP	3:52.85	5
							1:49.66	3:52.85			
6	Mix, Susan	42	CSAM-SP	28:28.23	3	5	Clawson, Kristen S	44	OJAI-SP	4:49.05	4
	1:36.65	3:28.04	5:22.64	7:17.10			2:13.45	4:49.05			
	9:11.12	11:05.54	13:01.65	14:58.24							
	16:55.19	18:51.41	20:47.37	22:43.02							
	24:40.41	26:35.22	28:28.23								

## Women 40-44 50 LC Meter Backstroke

NATL: 32.19 \* 5/26/2002 K PIPES-NEILSEN

WORLD: 31.49 &amp; 3/7/2009 CINDY MABEE

1	Sproles, Juliana	40	OJAI-SP	45.46	9
2	Fell, Paula J	44	NOVA-SP	45.93	7
3	Christou, Andre	43	OJAI-SP	49.36	6
4	Thomas, Stephanie	43	OJAI-SP	52.37	5
5	Wong, Carolyn K	42	NOVA-SP	53.16	4
6	Clawson, Kristen S	44	OJAI-SP	57.69	3

## Women 40-44 100 LC Meter Backstroke

NATL: 1:07.69 \* 6/8/2003 K PIPES-NEILSEN

WORLD: 1:07.06 &amp; 3/7/2009 CINDY MABEE

1	Xepoleas, Monterey	42	OJAI-SP	1:27.64	9
2	Fell, Paula J	44	NOVA-SP	1:43.91	7
3	Sproles, Juliana	40	OJAI-SP	1:46.54	6
4	Thomas, Stephanie	43	OJAI-SP	1:55.37	5

## Women 40-44 200 LC Meter Backstroke

NATL: 2:23.64 \* 5/25/2003 K PIPES-NEILSEN

WORLD: 2:25.91 &amp; 8/11/2003 K.PIPES-NEILSEN

1	Sproles, Juliana	40	OJAI-SP	3:42.27	9
	1:47.63	3:42.27			
2	Fell, Paula J	44	NOVA-SP	3:46.94	7
	1:51.12	3:46.94			

## Women 40-44 50 LC Meter Breaststroke

NATL: 33.25 \* 7/23/2006 S VON DER LIPPE

WORLD: 33.25 &amp; 7/23/2006 S.VON DER LIPPE

1	Flores, Julie S	42	CSAM-SP	38.79	9
2	Moser, Ursula S	40	LVM-SP	42.02	7
3	Rearwin, Laura	44	OJAI-SP	46.14	6
4	Fell, Paula J	44	NOVA-SP	46.22	5
5	Wong, Carolyn K	42	NOVA-SP	51.55	4
6	Christou, Andre	43	OJAI-SP	53.23	3

## Women 40-44 100 LC Meter Breaststroke

NATL: 1:13.34 \* 6/18/2006 S VON DER LIPPE

WORLD: 1:13.80 &amp; 8/5/2007 S.VON DER LIPPE

1	Flores, Julie S	42	CSAM-SP	1:27.11	9
2	Jurey, Mary K	43	SCAQ-SP	1:27.85	7
3	Moser, Ursula S	40	LVM-SP	1:29.19	6
4	Fell, Paula J	44	NOVA-SP	1:42.71	5
5	Woll, Shandon R	41	OJAI-SP	1:49.35	4
6	Wong, Carolyn K	42	NOVA-SP	1:54.31	3
7	Christou, Andre	43	OJAI-SP	1:55.73	2

## Women 40-44 200 LC Meter Breaststroke

NATL: 2:38.44 \* 8/9/2006 S VON DER LIPPE

WORLD: 2:38.44 &amp; 8/9/2006 S.VON DER LIPPE

1	Flores, Julie S	42	CSAM-SP	3:10.39	9
	1:30.73	3:10.39			

## Women 40-44 50 LC Meter Butterfly

NATL: 28.62 \* 8/6/2006 S VON DER LIPPE

WORLD: 28.62 &amp; 8/6/2006 S.VON DER LIPPE

1	Jurey, Mary K	43	SCAQ-SP	33.18	9
2	Rearwin, Laura	44	OJAI-SP	34.81	7
3	Xepoleas, Monterey	42	OJAI-SP	36.54	6
4	Hagadorn, Heather	44	CMS-CO	36.86	5
5	Sproles, Juliana	40	OJAI-SP	45.02	4
6	Woll, Shandon R	41	OJAI-SP	46.86	3
7	Thomas, Stephanie	43	OJAI-SP	47.29	2

## Women 40-44 100 LC Meter Butterfly

NATL: 1:03.38 \* 8/7/2006 S VON DER LIPPE

WORLD: 1:03.38 &amp; 8/7/2006 S.VON DER LIPPE

1	Jurey, Mary K	43	SCAQ-SP	1:17.29	9
2	Rearwin, Laura	44	OJAI-SP	1:26.63	7
3	Thomas, Stephanie	43	OJAI-SP	1:58.04	6

## Women 40-44 200 LC Meter IM

NATL: 2:25.03 \* 8/5/2007 S VON DER LIPPE

WORLD: 2:25.03 &amp; 8/5/2007 S.VON DER LIPPE

1	Flores, Julie S	42	CSAM-SP	2:48.43	9
	1:20.90	2:48.43			
2	Jurey, Mary K	43	SCAQ-SP	2:52.00	7
	1:22.17	2:52.00			
3	Woll, Shandon R	41	OJAI-SP	3:39.26	6
	1:47.33	3:39.26			

## Women 45-49 50 LC Meter Freestyle

NATL: 27.44 \* 8/13/2007 SUSAN WALSH

WORLD: 27.44 &amp; 8/13/2007 SUSAN WALSH

1	Rogers, Bonnie S	46	FMT-SP	29.50	9
2	Cleavenger, Becky	46	CSAM-SP	30.57	7
3	Canning, Lynn A	48	ROSE-SP	34.49	6
4	Latt, Melissa J	46	SCAQ-SP	35.39	5
5	Denton, Camilla	48	OJAI-SP	37.37	4
6	Christiansen, Mary	47	CSAM-SP	37.79	3
7	Wachtell, Kathryn R	46	OJAI-SP	40.09	2
8	Johnson, Lainie	48	NOVA-SP	42.98	1
9	Le, Anh N	49	TVM-PC	1:00.86	

## Women 45-49 100 LC Meter Freestyle

NATL: 59.79 \* 8/5/2007 K PIPES-NEILSEN

WORLD: 59.79 &amp; 8/5/2007 K.PIPES-NEILSEN

1	Rogers, Bonnie S	46	FMT-SP	1:05.83	9
2	Najjar, Ellie S	48	CMS-CO	1:07.41	7
3	Cleavenger, Becky	46	CSAM-SP	1:10.69	6
4	Shore, Susan D	47	WH2O-SP	1:16.03	5
5	Latt, Melissa J	46	SCAQ-SP	1:18.47	4
6	van Houten, Kelly L	46	OJAI-SP	1:25.74	3
7	Denton, Camilla	48	OJAI-SP	1:26.96	2
8	Wachtell, Kathryn R	46	OJAI-SP	1:32.06	1
9	Christiansen, Mary	47	CSAM-SP	1:33.71	
10	Fernandez, Susan	48	CSAM-SP	1:34.72	





## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

17:45.99		18:15.81	19:30.39
20:47.30	21:57.65	23:11.43	24:13.55
25:29.23	26:41.06	27:45.94	28:50.48
32:26.14	33:24.47		

**Women 45-49 50 LC Meter Backstroke**

NATL: 31.71 \* 8/17/2008 VALERIE JENKINS

WORLD: 31.71 &amp; 8/17/2008 VALERIE JENKINS

1	Cleavenger, Becky	46	CSAM-SP	41.51	9
2	Bossard, Laurie L	46	SCMC-SP	41.80	7
3	Latt, Melissa J	46	SCAQ-SP	45.74	6
4	Denton, Camilla	48	OJAI-SP	47.97	5
5	Commons, Trisha M	45	SWM-SP	49.16	4

**Women 45-49 100 LC Meter Backstroke**

NATL: 1:08.48 \* 8/17/2008 K PIPES-NEILSEN

WORLD: 1:08.48 &amp; 8/17/2008 K.PIPES-NEILSEN

1	Najjar, Ellie S	48	CMS-CO	1:22.50	9
2	Bossard, Laurie L	46	SCMC-SP	1:27.63	7
3	Commons, Trisha M	45	SWM-SP	1:45.74	6
4	van Houten, Kelly L	46	OJAI-SP	1:46.85	5
5	Focha, Teresa M	48	MAAC-PC	1:53.51	4
6	Brooks, Sherry M Wendze	49	NOVA-SP	2:00.10	3

**Women 45-49 200 LC Meter Backstroke**

NATL: 2:26.30 \* 8/15/2008 K PIPES-NEILSEN

WORLD: 2:26.30 &amp; 8/15/2008 K.PIPES-NEILSEN

1	Bossard, Laurie L	46	SCMC-SP	3:10.11	9
				1:32.26	3:10.11
2	Commons, Trisha M	45	SWM-SP	3:56.81	7
				1:53.69	3:56.81
3	Focha, Teresa M	48	MAAC-PC	4:03.79	6
				1:59.66	4:03.79

**Women 45-49 50 LC Meter Breaststroke**

NATL: 33.98 \* 8/5/2007 CAROLINE KRATTLI

WORLD: 33.98 &amp; 8/5/2007 CAROLINE KRATTLI

1	Latt, Melissa J	46	SCAQ-SP	45.62	9
2	Denton, Camilla	48	OJAI-SP	47.15	7
3	Christiansen, Mary	47	CSAM-SP	49.26	6
4	van Houten, Kelly L	46	OJAI-SP	50.37	5
5	Wachtell, Kathryn R	46	OJAI-SP	52.29	4
6	Brooks, Sherry M Wendze	49	NOVA-SP	52.86	3
7	Fernandez, Susan	48	CSAM-SP	53.19	2
8	Johnson, Lainie	48	NOVA-SP	54.37	1

**Women 45-49 100 LC Meter Breaststroke**

NATL: 1:15.65 \* 8/5/2007 CAROLINE KRATTLI

WORLD: 1:15.65 &amp; 8/5/2007 CAROLINE KRATTLI

1	Denton, Camilla	48	OJAI-SP	1:41.44	9
2	Latt, Melissa J	46	SCAQ-SP	1:46.13	7
3	Valenti, Lisa E	49	SCMC-SP	1:47.13	6
4	Christiansen, Mary	47	CSAM-SP	1:53.37	5
5	Wachtell, Kathryn R	46	OJAI-SP	1:58.83	4
6	Johnson, Lainie	48	NOVA-SP	1:59.73	3

**Women 45-49 200 LC Meter Breaststroke**

NATL: 2:45.20 \* 8/5/2007 CAROLINE KRATTLI

WORLD: 2:45.20 &amp; 8/5/2007 CAROLINE KRATTLI

1	Denton, Camilla	48	OJAI-SP	3:42.55	9
				1:46.82	3:42.55
2	Daley, Elana S	45	OJAI-SP	4:40.15	7
				2:09.69	4:40.15

**Women 45-49 50 LC Meter Butterfly**

NATL: 29.52 \* 9/7/2008 K PIPES-NEILSEN

WORLD: 29.52 &amp; 9/7/2008 K.PIPES-NEILSEN

1	Rogers, Bonnie S	46	FMT-SP	31.50	9
2	Najjar, Ellie S	48	CMS-CO	34.99	7
3	Brooks, Sherry M Wendze	49	NOVA-SP	46.78	6
4	Commons, Trisha M	45	SWM-SP	54.12	5

**Women 45-49 100 LC Meter Butterfly**

NATL: 1:05.69 \* 9/6/2008 K PIPES-NEILSEN

WORLD: 1:05.69 &amp; 9/6/2008 K.PIPES-NEILSEN

1	Rogers, Bonnie S	46	FMT-SP	1:17.08	9
2	Mac Donald, Maureen E	47	SCAQ-SP	1:19.07	7
3	Focha, Teresa M	48	MAAC-PC	1:45.43	6
4	Aguilar, Nancy C	48	UCLA-SP	1:50.51	5

**Women 45-49 200 LC Meter Butterfly**

NATL: 2:27.33 \* 8/5/2007 K PIPES-NEILSEN

WORLD: 2:27.33 &amp; 8/5/2007 K.PIPES-NEILSEN

1	Mac Donald, Maureen E	47	SCAQ-SP	2:54.02	9
				1:20.02	2:54.02
2	Focha, Teresa M	48	MAAC-PC	3:42.64	7
				1:45.90	3:42.64

**Women 45-49 200 LC Meter IM**

NATL: 2:27.57 \* 8/16/2008 K PIPES-NEILSEN

WORLD: 2:27.57 &amp; 8/16/2008 K.PIPES-NEILSEN

1	Najjar, Ellie S	48	CMS-CO	2:56.46	9
				1:22.41	2:56.46
2	Mac Donald, Maureen E	47	SCAQ-SP	3:02.90	7
				1:27.74	3:02.90
3	Cleavenger, Becky	46	CSAM-SP	3:10.88	6
				1:32.17	3:10.88
4	Denton, Camilla	48	OJAI-SP	3:36.76	5
				1:47.89	3:36.76
5	Brooks, Sherry M Wendze	49	NOVA-SP	4:00.26	4
				2:03.02	4:00.26

**Women 45-49 400 LC Meter IM**

NATL: 5:13.85 \* 9/6/2008 K PIPES-NEILSEN

WORLD: 5:13.85 &amp; 9/5/2008 K.PIPES-NEILSEN

1	Mac Donald, Maureen E	47	SCAQ-SP	6:17.35	9		
				1:20.88	3:06.97	4:56.36	6:17.35
2	Focha, Teresa M	48	MAAC-PC	7:51.11	7		
				1:44.46	3:51.11	6:08.23	7:51.11

**Women 50-54 50 LC Meter Freestyle**

NATL: 28.22 \* 8/18/2001 LAURA VAL

WORLD: 28.22 &amp; 8/18/2001 LAURA VAL

1	Pierson, Nancy S	50	OJAI-SP	35.79	9
2	Heather, Julie P	51	MVN-SP	36.29	7
3	Wood, Barbara J	52	OJAI-SP	39.18	6
4	Hirsch, Helene I	52	PVM-SP	41.05	5
5	Horgan, Sue	54	OJAI-SP	48.37	4

**Women 50-54 100 LC Meter Freestyle**

NATL: 1:01.13 \* 8/19/2001 LAURA VAL

WORLD: 1:01.13 &amp; 8/19/2001 LAURA VAL

1	Osborn, Ahelee Sue M	51	MVN-SP	1:06.92	9
2	Lumbert Gentry, Kerri	52	UNAT-SP	1:14.89	7
3	Pierson, Nancy S	50	OJAI-SP	1:20.26	6
4	Mc Mahon, Susan J	53	OJAI-SP	1:22.41	5

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

5	Heather, Julie P	51	MVN-SP	1:23.44	4
6	Wood, Barbara J	52	OJAI-SP	1:25.34	3
7	Simonson, Mira	51	OJAI-SP	1:26.60	2
8	Brody, Bethann M	50	SCMC-SP	1:33.19	1
9	Hirsch, Helene I	52	PVM-SP	1:41.64	
10	Horgan, Sue	54	OJAI-SP	1:46.98	

## Women 50-54 100 LC Meter Freestyle Swim-off

NATL: 1:01.13 \* 8/19/2001 LAURA VAL

WORLD: 1:01.13 &amp; 8/19/2001 LAURA VAL

## - Swim-off

1	Cook, Jenny L	51	SCAQ-SP	1:07.33	
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## Women 50-54 200 LC Meter Freestyle

NATL: 2:15.00 \* 4/20/2008 S HEIM-BOWEN

WORLD: 2:15.00 &amp; 4/20/2008 S.HEIM-BOWEN

1	Osborn, Ahelee Sue M	51	MVN-SP	2:25.56	9
	1:10.51	2:25.56			
2	Ellington, Cheri	52	SCMC-SP	2:35.73	7
	1:15.25	2:35.73			
3	Pierson, Nancy S	50	OJAI-SP	2:57.65	6
	1:26.61	2:57.65			
4	Heather, Julie P	51	MVN-SP	3:09.98	5
	1:30.15	3:09.98			
5	Wood, Barbara J	52	OJAI-SP	3:14.56	4
	1:30.61	3:14.56			
6	Horgan, Sue	54	OJAI-SP	3:50.12	3
	1:52.65	3:50.12			

## Women 50-54 200 LC Meter Freestyle Swim-off

NATL: 2:15.00 \* 4/20/2008 S HEIM-BOWEN

WORLD: 2:15.00 &amp; 4/20/2008 S.HEIM-BOWEN

## - Swim-off

1	Christensen, Heidi L	51	CSAM-SP	2:37.04	
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## Women 50-54 400 LC Meter Freestyle

NATL: 4:42.37 \* 4/24/2008 S HEIM-BOWEN

WORLD: 4:42.37 &amp; 4/24/2008 S.HEIM-BOWEN

1	Osborn, Ahelee Sue M	51	MVN-SP	5:11.09	9
	1:13.14	2:31.99	3:51.30	5:11.09	
2	Christensen, Heidi L	51	CSAM-SP	5:20.01	7
	1:15.93	2:37.04	3:58.72	5:20.01	
3	Lumbert Gentry, Kerri	52	UNAT-SP	5:55.34	6
	1:22.36	2:53.27	4:25.53	5:55.34	
4	Mc Mahon, Susan J	53	OJAI-SP	6:16.61	5
	1:28.91	3:04.19	4:40.92	6:16.61	
5	Simonson, Mira	51	OJAI-SP	7:42.09	4
	1:41.54	3:40.35	5:42.12	7:42.09	

## Women 50-54 800 LC Meter Freestyle Swim-off

NATL: 9:48.81 \* 4/18/2008 S HEIM-BOWEN

WORLD: 9:48.81 &amp; 4/18/2008 S.HEIM-BOWEN

## - Swim-off

1	Christensen, Heidi L	51	CSAM-SP	10:44.80	
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## Women 50-54 800 LC Meter Freestyle

NATL: 9:48.81 \* 4/18/2008 S HEIM-BOWEN

WORLD: 9:48.81 &amp; 4/18/2008 S.HEIM-BOWEN

1	Ellington, Cheri	52	SCMC-SP	11:21.76	9
	1:20.88	2:48.49	4:16.02	5:42.57	
	7:08.38	8:34.42	9:59.61	11:21.76	
2	Stokols, Niki F	52	CSAM-SP	11:50.16	7
	1:24.89	2:54.85	4:24.35	5:54.41	

7:24.68 8:53.90 10:22.87 11:50.16

## Women 50-54 1500 LC Meter Freestyle

NATL: 18:32.76 \* 8/14/2008 S HEIM-BOWEN

WORLD: 18:32.76 &amp; 8/14/2008 S.HEIM-BOWEN

1	Christensen, Heidi L	51	CSAM-SP	20:28.20	9
	36.62	1:16.18	1:56.80	2:37.05	
	3:17.59	3:57.73	4:38.47	5:18.77	
	5:59.61	6:39.56	7:20.55	8:00.83	
	8:41.92	9:22.73	10:03.85	10:44.80	
	11:25.82	12:07.05	12:48.60	13:30.23	
	14:12.47	14:54.30	15:36.73	16:18.77	
	17:01.01	17:42.86	18:25.09	19:06.78	
	19:48.53	20:28.20			
2	Cook, Jenny L	51	SCAQ-SP	20:31.40	7
	36.16	1:14.88	1:55.38	2:35.28	
	3:15.52	3:55.31	4:36.00	5:16.47	
	5:58.00	6:38.47	7:20.00	8:00.87	
	8:42.52	9:23.76	10:05.66	10:47.37	
	11:29.28	12:11.24	12:53.45	13:35.40	
	14:17.66	14:59.77	15:42.23	16:24.75	
	17:06.71	17:48.61	18:30.18	19:11.53	
	19:52.08	20:31.40			
3	Stokols, Niki F	52	CSAM-SP	22:54.85	6
	42.46	1:27.95	2:12.16	3:00.80	
	3:46.52	4:32.39	5:18.04	6:03.66	
	6:49.51	7:35.21	8:21.83	9:08.00	
	9:53.83	10:40.28	11:26.26	12:12.47	
	12:57.67	13:43.80	14:29.31	15:15.59	
	16:01.00	16:47.11	17:33.67	18:19.95	
	19:06.26	19:52.60	20:38.62	21:25.21	
	22:10.31	22:54.85			
4	Smith, Robin M	54	MVN-SP	25:10.40	5
	1:32.01	3:12.10	4:53.82	6:35.69	
	8:17.25	9:59.49	11:42.20	13:23.94	
	15:06.07	16:47.76	18:29.24	20:09.88	
	21:50.58	23:31.55	25:10.40		

## Women 50-54 50 LC Meter Backstroke

NATL: 32.87 \* 8/18/2002 J SWAGERTY-HILL

WORLD: 32.87 &amp; 8/18/2002 J.SWAGERTY-HILL

1	Osborn, Ahelee Sue M	51	MVN-SP	34.94	9
2	James, Paula	50	LVM-SP	37.66	7
3	Kirkpatrick-Reno, Nancy	54	CSAM-SP	38.40	6
4	Pierson, Nancy S	50	OJAI-SP	41.41	5
5	Smith, Robin M	54	MVN-SP	43.96	4
6	Hirsch, Helene I	52	PVM-SP	52.77	3
7	Horgan, Sue	54	OJAI-SP	56.28	2

## Women 50-54 100 LC Meter Backstroke

NATL: 1:13.55 \* 8/17/2008 K ANDRUS-HUGHES

WORLD: 1:13.55 &amp; 8/17/2008 K.ANDRUS-HUGHES

1	Osborn, Ahelee Sue M	51	MVN-SP	1:15.73	9
2	James, Paula	50	LVM-SP	1:22.53	7
3	Kirkpatrick-Reno, Nancy	54	CSAM-SP	1:29.87	6
4	Lumbert Gentry, Kerri	52	UNAT-SP	1:30.10	5
5	Pierson, Nancy S	50	OJAI-SP	1:30.67	4
6	Simonson, Mira	51	OJAI-SP	1:51.04	3
---	Horgan, Sue	54	OJAI-SP	DQ	

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**Women 50-54 200 LC Meter Backstroke**

NATL: 2:41.88 \* 8/15/2008 BONNIE BILICH

WORLD: 2:41.88 &amp; 8/15/2008 BONNIE BILICH

1 Osborn, Ahelee Sue M	51 MVN-SP	2:46.31	9
		1:20.38 2:46.31	
2 James, Paula	50 LVM-SP	3:00.32	7
		1:25.97 3:00.32	
3 Pierson, Nancy S	50 OJAI-SP	3:14.00	6
		1:35.05 3:14.00	

**Women 50-54 50 LC Meter Breaststroke**

NATL: 37.51 \* 8/7/2006 MELINDA MANN

WORLD: 36.19 &amp; 4/21/2008 JENNY WHITELEY

1 Cook, Jenny L	51 SCAQ-SP	40.00	9
2 Melick, Karen L	52 SCAQ-SP	41.52	7
3 James, Paula	50 LVM-SP	44.01	6
4 Smith, Robin M	54 MVN-SP	44.27	5
5 Hirsch, Helene I	52 PVM-SP	49.88	4
6 Wood, Barbara J	52 OJAI-SP	50.14	3
7 Brody, Bethann M	50 SCMC-SP	51.07	2

**Women 50-54 100 LC Meter Breaststroke**

NATL: 1:24.35 \* 6/15/2008 MELINDA MANN

WORLD: 1:19.91 &amp; 4/19/2008 JENNY WHITELEY

1 Cook, Jenny L	51 SCAQ-SP	1:27.32	9
2 Melick, Karen L	52 SCAQ-SP	1:32.61	7
3 Smith, Robin M	54 MVN-SP	1:40.16	6
4 Kirkpatrick-Reno, Nancy	54 CSAM-SP	1:41.07	5
5 Wood, Barbara J	52 OJAI-SP	1:49.68	4
6 Hirsch, Helene I	52 PVM-SP	1:55.30	3
7 Brody, Bethann M	50 SCMC-SP	1:57.07	2

**Women 50-54 200 LC Meter Breaststroke**

NATL: 3:05.84 \* 4/23/2008 JENNY COOK

WORLD: 2:55.15 &amp; 4/23/2008 JENNY WHITELEY

1 Cook, Jenny L	51 SCAQ-SP	3:06.54	9
		1:27.52 3:06.54	
2 Melick, Karen L	52 SCAQ-SP	3:17.74	7
		1:36.03 3:17.74	
3 James, Paula	50 LVM-SP	3:21.71	6
		1:39.01 3:21.71	
4 Ellington, Cheri	52 SCMC-SP	3:22.82	5
		1:38.75 3:22.82	
5 Smith, Robin M	54 MVN-SP	3:49.82	4
		1:47.77 3:49.82	
6 Wood, Barbara J	52 OJAI-SP	4:03.93	3
		1:54.71 4:03.93	

**Women 50-54 50 LC Meter Butterfly**

NATL: 30.72 \* 8/19/2001 LAURA VAL

WORLD: 30.24 &amp; 6/4/2004 ANGELA ZINGLER

1 Cook, Jenny L	51 SCAQ-SP	33.22	9
2 Heather, Julie P	51 MVN-SP	40.61	7
3 Pierson, Nancy S	50 OJAI-SP	41.53	6
4 Smith, Robin M	54 MVN-SP	41.57	5
5 Mc Mahon, Susan J	53 OJAI-SP	45.02	4
6 Hirsch, Helene I	52 PVM-SP	47.87	3

**Women 50-54 100 LC Meter Butterfly**

NATL: 1:07.81 \* 8/17/2001 LAURA VAL

WORLD: 1:07.81 &amp; 8/17/2001 LAURA VAL

1 Heather, Julie P	51 MVN-SP	1:37.63	9
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**Women 50-54 200 LC Meter Butterfly**

NATL: 2:31.55 \* 8/18/2001 LAURA VAL

WORLD: 2:31.55 &amp; 8/18/2001 LAURA VAL

1 Cook, Jenny L	51 SCAQ-SP	2:51.25	9
		1:18.66 2:51.25	
2 Heather, Julie P	51 MVN-SP	3:40.63	7
		1:43.20 3:40.63	
3 Mc Mahon, Susan J	53 OJAI-SP	3:45.06	6
		1:50.47 3:45.06	

**Women 50-54 200 LC Meter IM**

NATL: 2:39.49 \* 8/16/2008 JENNY COOK

WORLD: 2:38.80 &amp; 12/13/2008 JENNY WHITELEY

1 Osborn, Ahelee Sue M	51 MVN-SP	2:43.79	9
		1:18.29 2:43.79	
2 James, Paula	50 LVM-SP	3:02.76	7
		1:25.29 3:02.76	
3 Smith, Robin M	54 MVN-SP	3:24.66	6
		1:40.09 3:24.66	
4 Mc Mahon, Susan J	53 OJAI-SP	3:40.45	5
		1:46.49 3:40.45	
5 Wood, Barbara J	52 OJAI-SP	3:54.59	4
		1:55.57 3:54.59	

**Women 50-54 400 LC Meter IM**

NATL: 5:42.80 \* 7/14/2002 LAURA VAL

WORLD: 5:42.80 &amp; 7/14/2002 LAURA VAL

1 Cook, Jenny L	51 SCAQ-SP	5:51.54	9
		1:19.73 2:54.31 4:33.92 5:51.54	
2 James, Paula	50 LVM-SP	6:23.78	7
		1:23.94 3:04.99 4:56.98 6:23.78	

**Women 55-59 50 LC Meter Freestyle**

NATL: 28.69 \* 8/17/2008 LAURA VAL

WORLD: 28.69 &amp; 8/17/2008 LAURA VAL

1 Battin, Carolyn H	55 LVM-SP	30.82	9
2 Knapp, Lo D	55 UTAH-UT	31.38	7
3 Scotten, Pamela K	59 OJAI-SP	41.24	6
4 Watson, Holly	55 CSAM-SP	1:08.24	5

**Women 55-59 100 LC Meter Freestyle**

NATL: 1:02.02 \* 8/16/2008 LAURA VAL

WORLD: 1:02.02 &amp; 8/16/2008 LAURA VAL

1 Battin, Carolyn H	55 LVM-SP	1:07.99	9
2 Knapp, Lo D	55 UTAH-UT	1:08.41	7
3 Ciraulo, Christie	56 UCLA-SP	1:10.62	6
4 Kessinger, Katy L	55 UTAH-UT	1:24.26	5
5 Walz, Susannah S	57 NSLO-SP	1:33.21	4
6 Scotten, Pamela K	59 OJAI-SP	1:42.05	3
7 Mc Kinley, Maureen M	56 NOVA-SP	2:03.66	2
8 Watson, Holly	55 CSAM-SP	2:50.01	1

**Women 55-59 200 LC Meter Freestyle**

NATL: 2:17.67 \* 8/15/2008 LAURA VAL

WORLD: 2:17.67 &amp; 8/15/2008 LAURA VAL

1 Battin, Carolyn H	55 LVM-SP	2:29.54	9
		1:13.98 2:29.54	
2 Thornton, Kim S	57 NOVA-SP	2:52.51	7
		1:24.90 2:52.51	
3 Kessinger, Katy L	55 UTAH-UT	2:55.50	6
		1:26.45 2:55.50	
4 Mitchell, Alison A	55 MVN-SP	2:59.35	5
		1:27.60 2:59.35	

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

5	Scotten, Pamela K	59	OJAI-SP	3:57.62	4
	1:54.36			3:57.62	
6	Watson, Holly	55	CSAM-SP	5:59.35	3
	2:54.99			5:59.35	

**Women 55-59 400 LC Meter Freestyle**

NATL: 4:50.56 \* 4/24/2008 LAURA VAL

WORLD: 4:50.56 &amp; 4/24/2008 LAURA VAL

1	Ciraulo, Christie	56	UCLA-SP	5:09.88	9
	1:15.20		2:33.59	3:52.30	5:09.88
2	Battin, Carolyn H	55	LVM-SP	5:23.07	7
	1:17.77		2:39.46	4:02.17	5:23.07
3	Thornton, Kim S	57	NOVA-SP	5:49.85	6
	1:23.76		2:52.47	4:21.40	5:49.85
4	Mitchell, Alison A	55	MVN-SP	6:08.81	5
	1:29.43		3:02.30	4:36.52	6:08.81
5	Kessinger, Katy L	55	UTAH-UT	6:14.95	4
	1:27.20		3:03.51	4:40.67	6:14.95
6	Walz, Susannah S	57	NSLO-SP	7:21.78	3
7	Mc Kinley, Maureen M	56	NOVA-SP	9:09.73	2

**Women 55-59 800 LC Meter Freestyle**

NATL: 10:05.28 \* 7/12/2008 LAURA VAL

WORLD: 10:05.28 &amp; 7/12/2008 LAURA VAL

1	Ciraulo, Christie	56	UCLA-SP	10:38.30	9
	1:17.21		2:38.87	4:00.25	5:20.55
	6:41.20		8:02.01	9:21.47	10:38.30
2	Battin, Carolyn H	55	LVM-SP	10:40.54	7
	1:16.72		2:37.71	3:57.99	5:18.76
	6:39.63		8:00.72	9:22.01	10:40.54
3	Kessinger, Katy L	55	UTAH-UT	12:38.87	6
	1:31.73		3:07.87	4:44.63	6:20.83
	7:57.43		9:33.44	11:08.69	12:38.87

**Women 55-59 1500 LC Meter Freestyle**

NATL: 19:14.70 \* 7/8/2007 LAURA VAL

WORLD: 19:14.70 &amp; 7/8/2007 LAURA VAL

1	Knapp, Lo D	55	UTAH-UT	20:38.99	9
	37.36		1:18.16	2:00.48	2:42.93
	3:24.90		4:07.48	4:49.08	5:31.75
	6:13.50		6:55.85	7:37.41	8:19.36
	9:00.72		9:42.42	10:23.42	11:04.91
	11:46.11		12:27.94	13:09.21	13:50.93
	14:31.83		15:13.27	15:48.10	16:36.01
	17:17.37		17:58.82	18:38.97	19:19.34
	19:59.25		20:38.99		
2	Kessinger, Katy L	55	UTAH-UT	24:11.55	7
	1:29.11		3:04.90	4:41.82	6:18.86
	7:56.77		9:34.50	11:12.41	12:50.45
	14:28.37		16:05.83	17:43.51	19:21.35
	20:58.93		22:36.69	24:11.55	

**Women 55-59 50 LC Meter Backstroke**

NATL: 33.96 \* 8/13/2007 LAURA VAL

WORLD: 33.96 &amp; 8/13/2007 LAURA VAL

1	Knapp, Lo D	55	UTAH-UT	38.35	9
2	Battin, Carolyn H	55	LVM-SP	39.75	7
3	Scotten, Pamela K	59	OJAI-SP	57.19	6

**Women 55-59 100 LC Meter Backstroke**

NATL: 1:14.41 \* 8/17/2008 LAURA VAL

WORLD: 1:14.41 &amp; 8/17/2008 LAURA VAL

1	Ciraulo, Christie	56	UCLA-SP	1:28.30	9
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**Women 55-59 200 LC Meter Backstroke**

NATL: 2:47.98 \* 8/15/2008 EVIE LYNCH

WORLD: 2:47.98 &amp; 8/15/2008 EVIE LYNCH

1	Mitchell, Alison A	55	MVN-SP	3:29.50	9
	1:45.42			3:29.50	

**Women 55-59 50 LC Meter Breaststroke**

NATL: 39.63 \* 6/22/2008 BARBARA HUMMEL

WORLD: 38.30 &amp; 7/28/2001 JAN WICKS

1	Thornton, Kim S	57	NOVA-SP	45.09	9
2	Walz, Susannah S	57	NSLO-SP	48.85	7
3	Mc Kinley, Maureen M	56	NOVA-SP	1:01.51	6
4	Scotten, Pamela K	59	OJAI-SP	1:03.01	5

**Women 55-59 100 LC Meter Breaststroke**

NATL: 1:27.94 \* 7/27/2008 DEB WALKER

WORLD: 1:27.40 &amp; 6/18/2006 JENNIFER MERRITT

1	Knapp, Lo D	55	UTAH-UT	1:28.48	9
2	Thornton, Kim S	57	NOVA-SP	1:39.68	7
3	Walz, Susannah S	57	NSLO-SP	1:51.17	6
4	Mc Kinley, Maureen M	56	NOVA-SP	2:12.52	5
5	Scotten, Pamela K	59	OJAI-SP	2:19.88	4

**Women 55-59 200 LC Meter Breaststroke**

NATL: 3:13.35 \* 7/27/2008 DEB WALKER

WORLD: 3:09.28 &amp; 3/5/2006 JENNIFER MERRITT

1	Knapp, Lo D	55	UTAH-UT	3:05.56&	9
	1:29.93			3:05.56	
2	Thornton, Kim S	57	NOVA-SP	3:39.29	7
	1:46.76			3:39.29	
3	Kessinger, Katy L	55	UTAH-UT	3:43.46	6
	1:48.55			3:43.46	

**Women 55-59 50 LC Meter Butterfly**

NATL: 31.77 \* 7/13/2008 LAURA VAL

WORLD: 31.77 &amp; 7/13/2008 LAURA VAL

1	Ciraulo, Christie	56	UCLA-SP	32.63	9
2	Battin, Carolyn H	55	LVM-SP	36.22	7
3	Kessinger, Katy L	55	UTAH-UT	41.27	6

**Women 55-59 200 LC Meter Butterfly**

NATL: 2:41.51 \* 7/8/2007 LAURA VAL

WORLD: 2:41.51 &amp; 7/8/2007 LAURA VAL

1	Ciraulo, Christie	56	UCLA-SP	3:10.48	9
	1:30.48			3:10.48	
2	Mitchell, Alison A	55	MVN-SP	3:45.85	7
	1:48.23			3:45.85	

**Women 55-59 200 LC Meter IM**

NATL: 2:43.45 \* 8/16/2008 LAURA VAL

WORLD: 2:43.45 &amp; 8/16/2008 LAURA VAL

1	Thornton, Kim S	57	NOVA-SP	3:18.54	9
	1:35.78			3:18.54	
2	Mitchell, Alison A	55	MVN-SP	3:35.09	7
	1:46.03			3:35.09	

**Women 55-59 400 LC Meter IM**

NATL: 5:53.40 \* 7/11/2008 LAURA VAL

WORLD: 5:53.40 &amp; 7/11/2008 LAURA VAL

1	Thornton, Kim S	57	NOVA-SP	6:58.60	9
	1:41.24		3:30.84	5:27.83	6:58.60
2	Mitchell, Alison A	55	MVN-SP	7:21.82	7

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

1:50.57    3:41.18    5:45.88    7:21.82

17:23.39    18:24.27    19:27.66    20:28.57

21:31.77    22:32.94    23:36.78    24:38.24

25:41.40    26:42.84    27:46.41    28:47.21

29:50.23    30:50.18

**Women 60-64 50 LC Meter Freestyle**

**NATL: 31.60 \* 8/10/2006 CAROLYN BOAK**

**WORLD: 30.96 & 12/6/2008 LYNETTE STEVENSON**

1	Ornelas, Sherril T	60	OJAI-SP	45.65	9
2	Cate, Sheri Ann	64	OJAI-SP	46.75	7
3	Bronson, Julie L	60	SCAQ-SP	49.08	6

**Women 60-64 100 LC Meter Freestyle**

**NATL: 1:09.29 \* 8/16/2008 F WILLIAMSON**

**WORLD: 1:09.29 & 8/16/2008 F.WILLIAMSON**

1	Montrella, Beverly J	63	MVN-SP	1:20.59	9
2	Cate, Sheri Ann	64	OJAI-SP	1:44.55	7
3	Goodman, Lois A	62	OJAI-SP	1:53.36	6
4	Bronson, Julie L	60	SCAQ-SP	1:54.77	5

**Women 60-64 200 LC Meter Freestyle**

**NATL: 2:31.98 \* 8/6/2006 B BARNETT-SALLEE**

**WORLD: 2:31.98 & 8/6/2006 B.BARNETT-SALLEE**

1	Bauer, Jeannette M	60	SCA-SP	3:02.17	9
				1:27.00    3:02.17	
2	Goodman, Lois A	62	OJAI-SP	3:53.61	7
				1:56.47    3:53.61	
3	Ornelas, Sherril T	60	OJAI-SP	4:25.16	6
				2:06.45    4:25.16	

**Women 60-64 400 LC Meter Freestyle**

**NATL: 5:21.79 \* 8/10/2006 B BARNETT-SALLEE**

**WORLD: 5:21.79 & 8/10/2006 B.BARNETT-SALLEE**

1	Bauer, Jeannette M	60	SCA-SP	6:11.69	9
				1:29.45    3:04.23    4:38.35    6:11.69	

**Women 60-64 800 LC Meter Freestyle**

**NATL: 11:24.14 \* 8/14/2008 BETTYANN BARNETT**

**WORLD: 11:24.14 & 8/14/2008 BETTYANN BARNETT**

1	Bauer, Jeannette M	60	SCA-SP	12:38.84	9
				1:32.52    3:10.06    4:46.52    6:21.40	
				7:57.13    9:32.65    11:06.84    12:38.84	
2	Montrella, Beverly J	63	MVN-SP	12:40.67	7
				1:31.00    3:08.49    4:45.50    6:22.16	
				7:57.88    9:34.20    11:08.81    12:40.67	
3	Goodman, Lois A	62	OJAI-SP	15:59.60	6
				1:59.44    4:00.19    6:00.78    8:01.28	
				10:00.64    12:00.27    14:01.18    15:59.60	

**Women 60-64 1500 LC Meter Freestyle**

**NATL: 22:05.65 \* 7/10/2005 JACKIE MARR**

**WORLD: 22:05.65 & 7/10/2005 JACKIE MARR**

1	Bauer, Jeannette M	60	SCA-SP	23:23.20	9
				44.46    1:31.74    2:20.00    3:07.27	
				3:54.96    4:41.78    5:28.63    6:15.14	
				7:02.02    7:48.55    8:35.25    9:21.96	
				10:08.62    10:55.49    11:42.72    12:29.02	
				13:15.96    14:02.92    14:49.72    15:36.69	
				16:23.13    17:09.70    17:56.66    18:44.22	
				19:30.96    20:17.51    21:04.84    21:51.39	
				22:38.23    23:23.20	
2	Goodman, Lois A	62	OJAI-SP	30:50.18	7
				58.89    2:00.93    3:03.26    4:04.07	
				5:06.57    6:07.11    7:08.88    8:10.12	
				9:11.91    10:12.74    11:14.66    12:15.31	
				13:18.13    14:18.08    15:20.10    16:20.75	

**Women 60-64 50 LC Meter Backstroke**

**NATL: 35.79 \* 8/10/2006 B BARNETT-SALLEE**

**WORLD: 35.79 & 8/10/2006 B.BARNETT-SALLEE**

1	Montrella, Beverly J	63	MVN-SP	44.95	9
2	Goodman, Lois A	62	OJAI-SP	54.57	7
3	Cate, Sheri Ann	64	OJAI-SP	55.56	6
4	Bronson, Julie L	60	SCAQ-SP	1:08.10	5
5	Ornelas, Sherril T	60	OJAI-SP	1:09.76	4

**Women 60-64 100 LC Meter Backstroke**

**NATL: 1:18.91 \* 8/9/2006 B BARNETT-SALLEE**

**WORLD: 1:18.91 & 8/9/2006 B.BARNETT-SALLEE**

1	Montrella, Beverly J	63	MVN-SP	1:38.57	9
2	Cate, Sheri Ann	64	OJAI-SP	2:01.77	7
3	Goodman, Lois A	62	OJAI-SP	2:01.95	6
4	Bronson, Julie L	60	SCAQ-SP	2:28.39	5

**Women 60-64 200 LC Meter Backstroke**

**NATL: 2:50.16 \* 8/5/2006 B BARNETT-SALLEE**

**WORLD: 2:50.16 & 8/5/2006 B.BARNETT-SALLEE**

1	Goodman, Lois A	62	OJAI-SP	4:10.72	9
				2:06.87    4:10.72	
2	Cate, Sheri Ann	64	OJAI-SP	4:48.28	7
				2:17.63    4:48.28	

**Women 60-64 50 LC Meter Breaststroke**

**NATL: 41.43 \* 8/23/1998 JAYNE BRUNER**

**WORLD: 38.48 & 3/27/2002 MONIKA SENFTLEBEN**

1	Bauer, Jeannette M	60	SCA-SP	48.40	9
---	Cate, Sheri Ann	64	OJAI-SP	DQ	

**Women 60-64 100 LC Meter Breaststroke**

**NATL: 1:31.41 \* 8/24/2008 DALE BARNHARD**

**WORLD: 1:27.64 & 3/28/2002 BONNIE PRONK**

1	Bauer, Jeannette M	60	SCA-SP	1:47.24	9
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**Women 60-64 200 LC Meter Breaststroke**

**NATL: 3:23.62 \* 7/25/1999 JOANN LEILICH**

**WORLD: 3:14.49 & 3/26/2002 BONNIE PRONK**

1	Montrella, Beverly J	63	MVN-SP	3:51.38	9
				1:52.93    3:51.38	

**Women 60-64 50 LC Meter Butterfly**

**NATL: 33.88 \* 8/16/2008 RUTH SHAPS**

**WORLD: 33.47 & 6/4/2004 JUDY WILSON**

1	Montrella, Beverly J	63	MVN-SP	41.73	9
2	Cate, Sheri Ann	64	OJAI-SP	57.67	7

**Women 60-64 200 LC Meter IM**

**NATL: 3:00.74 \* 8/10/2006 CAROLYN BOAK**

**WORLD: 2:58.08 & 8/7/2006 BRIGITTE MERTEN**

1	Montrella, Beverly J	63	MVN-SP	3:27.98	9
				1:42.63    3:27.98	

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**Women 65-69 50 LC Meter Freestyle**

NATL: 33.55 \* 8/20/2000 JAYNE BRUNER  
 WORLD: 32.52 & 5/28/2005 CHRISTEL SCHULZ  
 1 Borland, Carole J 66 OJAI-SP 42.82 9

**Women 65-69 100 LC Meter Freestyle**

NATL: 1:15.75 \* 8/16/2008 JACKIE MARR  
 WORLD: 1:12.00 & 8/19/2005 CHRISTEL SCHULZ  
 1 Borland, Carole J 66 OJAI-SP 1:37.52 9

**Women 65-69 50 LC Meter Backstroke**

NATL: 39.85 \* 8/23/1992 CLARA WALKER  
 WORLD: 37.93 & 10/7/2007 SATOKO TAKEUJI  
 1 Borland, Carole J 66 OJAI-SP 53.15 9

**Women 65-69 100 LC Meter Backstroke**

NATL: 1:30.97 \* 7/2/1991 CLARA WALKER  
 WORLD: 1:24.67 & 7/16/2007 SATOKO TAKEUJI  
 1 Borland, Carole J 66 OJAI-SP 1:58.59 9

**Women 65-69 200 LC Meter Backstroke**

NATL: 3:15.75 \* 4/6/2008 JACKIE MARR  
 WORLD: 3:06.41 & 4/19/2008 BONNIE PRONK  
 1 Borland, Carole J 66 OJAI-SP 4:08.29 9  
 2:03.15 4:08.29

**Women 65-69 50 LC Meter Butterfly**

NATL: 38.47 \* 6/10/2007 JOY WARD  
 WORLD: 35.77 & 8/6/2006 CHRISTEL SCHULZ  
 1 Borland, Carole J 66 OJAI-SP 56.54 9

**Women 65-69 200 LC Meter IM**

NATL: 3:13.33 \* 8/16/2008 JACKIE MARR  
 WORLD: 3:08.85 & 8/7/2006 CHRISTEL SCHULZ  
 --- Borland, Carole J 66 OJAI-SP DQ  
 2:07.85 DQ

**Women 70-74 50 LC Meter Freestyle**

NATL: 35.28 \* 8/23/1999 GAIL ROPER  
 WORLD: 34.35 & 9/27/2008 YOSHIKO OSAKI  
 1 Little, Jeanne 72 MVN-SP 37.71 9  
 2 Winkler, Renate M 71 UCLA-SP 49.53 7

**Women 70-74 100 LC Meter Freestyle**

NATL: 1:19.94 \* 8/23/1999 GAIL ROPER  
 WORLD: 1:16.50 & 4/19/2008 YOSHIKO OSAKI  
 1 Little, Jeanne 72 MVN-SP 1:27.82 9

**Women 70-74 400 LC Meter Freestyle**

NATL: 6:11.92 \* 6/28/2003 LAVELLE STOINOFF  
 WORLD: 5:54.97 & 7/18/2008 YOSHIKO OSAKI  
 1 Little, Jeanne 72 MVN-SP 7:24.99 9  
 1:43.01 3:39.09 5:35.20 7:24.99

**Women 70-74 800 LC Meter Freestyle**

NATL: 12:35.14 \* 8/15/2004 LAVELLE STOINOFF  
 WORLD: 12:32.21 & 3/24/2002 JANE ASHER  
 1 Little, Jeanne 72 MVN-SP 15:31.19 9  
 1:48.27 3:47.26 5:46.73 7:46.10  
 9:43.95 11:42.30 13:40.79 15:31.19

**Women 70-74 50 LC Meter Backstroke**

NATL: 42.29 \* 6/26/1996 DORIS STEADMAN  
 WORLD: 41.10 & 4/22/2008 PAMELA HUTCHINGS  
 1 Winkler, Renate M 71 UCLA-SP 1:02.41 9

**Women 70-74 100 LC Meter Backstroke**

NATL: 1:34.84 \* 6/3/2007 BETSY JORDAN  
 WORLD: 1:33.49 & 9/25/2005 SHOKO YONEZAWA  
 1 Winkler, Renate M 71 UCLA-SP 2:26.72 9

**Women 70-74 200 LC Meter Backstroke**

NATL: 3:28.69 \* 8/27/1995 DORIS STEADMAN  
 WORLD: 3:22.49 & 8/19/2005 V.JOHANSSON  
 1 Winkler, Renate M 71 UCLA-SP 5:07.80 9  
 2:30.61 5:07.80

**Women 70-74 50 LC Meter Breaststroke**

NATL: 46.80 \* 8/15/2005 DIANE STOWELL  
 WORLD: 43.45 & 12/4/2005 SHOKO YONEZAWA  
 1 Winkler, Renate M 71 UCLA-SP 1:12.95 9

**Women 70-74 50 LC Meter Butterfly**

NATL: 41.26 \* 7/9/2000 GAIL ROPER  
 WORLD: 38.65 & 9/27/2008 HARUMI SUGIMOTO  
 1 Little, Jeanne 72 MVN-SP 45.96 9

**Women 70-74 200 LC Meter IM**

NATL: 3:32.94 \* 8/8/1999 GAIL ROPER  
 WORLD: 3:13.19 & 6/21/2008 YOSHIKO OSAKI  
 1 Winkler, Renate M 71 UCLA-SP 5:12.56 9  
 2:42.47 5:12.56

**Women 75-79 50 LC Meter Freestyle**

NATL: 36.87 \* 8/15/2005 GAIL ROPER  
 WORLD: 34.85 & 3/3/2006 JANE ASHER  
 1 Caldwell, Dionne B 77 NOVA-SP 47.48 9  
 2 Voyer, Nancy L 77 OJAI-SP 1:33.18 7

**Women 75-79 100 LC Meter Freestyle**

NATL: 1:26.36 \* 7/31/2005 GAIL ROPER  
 WORLD: 1:20.15 & 8/5/2006 JANE ASHER  
 1 Caldwell, Dionne B 77 NOVA-SP 1:48.34 9  
 2 Voyer, Nancy L 77 OJAI-SP 3:49.98 7

**Women 75-79 200 LC Meter Freestyle**

NATL: 3:13.24 \* 7/31/2005 GAIL ROPER  
 WORLD: 2:56.57 & 4/20/2008 JANE ASHER  
 1 Voyer, Nancy L 77 OJAI-SP 8:09.93 9  
 4:03.45 8:09.93

**Women 75-79 400 LC Meter Freestyle**

NATL: 6:55.62 \* 8/11/2002 JEAN TROY  
 WORLD: 6:13.20 & 8/10/2006 JANE ASHER  
 1 Caldwell, Dionne B 77 NOVA-SP 8:11.01 9

**Women 75-79 800 LC Meter Freestyle**

NATL: 14:10.50 \* 9/9/2001 JUNE KRAUSER  
 WORLD: 12:58.94 & 10/22/2006 JANE ASHER  
 1 Caldwell, Dionne B 77 NOVA-SP 16:26.36 9  
 1:57.29 4:03.83 6:08.02 8:12.36  
 10:17.81 12:22.31 14:27.55 16:26.36

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Women 75-79 1500 LC Meter Freestyle**

NATL: 27:09.75 \* 8/17/2003 JEAN TROY

WORLD: 24:41.76 &amp; 3/3/2006 JANE ASHER

1	Caldwell, Dionne B	77	NOVA-SP	32:04.71	9
	56.52	1:58.99	3:03.92	4:09.11	
	5:13.86	6:19.22	7:24.13	8:28.54	
	9:33.40	10:38.38	11:42.50	12:46.80	
	13:52.36	14:57.44	16:01.89	17:06.52	
	18:10.41	19:14.81	20:19.27	21:24.35	
	22:28.38	23:32.90	24:37.27	25:42.17	
	26:46.18	27:51.24	28:56.34	30:01.20	
	31:05.43	32:04.71			

**Women 75-79 50 LC Meter Backstroke**

NATL: 44.43 \* 8/23/1999 DORIS STEADMAN

WORLD: 43.93 &amp; 10/22/2006 JANE ASHER

1	Voyer, Nancy L	77	OJAI-SP	1:35.33	9
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**Women 75-79 100 LC Meter Backstroke**

NATL: 1:39.06 \* 8/23/1999 DORIS STEADMAN

WORLD: 1:38.62 &amp; 10/21/2006 JANE ASHER

1	Voyer, Nancy L	77	OJAI-SP	3:43.55	9
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**Women 75-79 200 LC Meter Backstroke**

NATL: 3:39.41 \* 8/23/1999 DORIS STEADMAN

WORLD: 3:34.35 &amp; 6/16/2006 JANE ASHER

1	Voyer, Nancy L	77	OJAI-SP	7:29.89	9
	3:46.88	7:29.89			

**Women 75-79 50 LC Meter Breaststroke**

NATL: 51.55 \* 8/15/2008 ANN HIRSCH

WORLD: 47.27 &amp; 4/21/2008 ELIANE PELLIS

1	Voyer, Nancy L	77	OJAI-SP	1:40.10	9
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**Women 90-94 100 LC Meter Freestyle**

NATL: 2:03.52 \* 8/3/2008 RITA SIMONTON

WORLD: 2:00.12 &amp; 10/7/2007 HISAKO KOGA

1	Simonton, Rita	91	LOST-SP	2:05.24	9
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**Women 90-94 400 LC Meter Freestyle**

NATL: 9:04.93 \* 8/3/2008 RITA SIMONTON

WORLD: 9:04.93 &amp; 8/3/2008 RITA SIMONTON

1	Simonton, Rita	91	LOST-SP	9:13.03	9
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**Women 90-94 100 LC Meter Breaststroke**

NATL: 3:12.88 \* 8/15/2005 MARIA LENK-ZIGLER

WORLD: 3:12.88 &amp; 8/15/2005 MARIA LENK

1	Simonton, Rita	91	LOST-SP	3:54.14	9
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**Men 18-24 50 LC Meter Freestyle**

NATL: 23.19 \* 7/8/2001 JERROD KAPPLER

1	Federer, Wade M	20	CSAM-SP	25.98	9
2	Eskridge, Brian	24	UNAT-SP	26.48	7
3	Kristiansen, Evan B	19	OJAI-SP	27.15	6
4	Futo Tendai, Jr, Geza	23	NOVA-SP	27.69	5
5	Feldman, Samuel A	19	LVM-SP	28.12	4
6	Battin, David	20	LVM-SP	29.61	3

**Men 18-24 100 LC Meter Freestyle**

NATL: 51.81 \* 7/11/1999 JOE TRISTAN

1	Federer, Wade M	20	CSAM-SP	57.16	9
2	Kristiansen, Evan B	19	OJAI-SP	1:00.37	7
3	Eskridge, Brian	24	UNAT-SP	1:01.23	6

4	Agafonoff, Slava	22	WH2O-SP	1:03.45	5
5	Battin, David	20	LVM-SP	1:04.24	4
6	Futo Tendai, Jr, Geza	23	NOVA-SP	1:04.35	3
7	Feldman, Samuel A	19	LVM-SP	1:04.77	2

**Men 18-24 200 LC Meter Freestyle**

NATL: 1:52.74 \* 8/16/1998 JOE TRISTAN

1	Federer, Wade M	20	CSAM-SP	2:04.57	9
	59.30	2:04.57			
2	Ramos, Christopher D	20	CSAM-SP	2:08.90	7
	1:01.01	2:08.90			
3	Kristiansen, Evan B	19	OJAI-SP	2:20.54	6
	1:03.94	2:20.54			
4	Feldman, Samuel A	19	LVM-SP	2:32.10	5
	1:13.89	2:32.10			
5	Futo Tendai, Jr, Geza	23	NOVA-SP	2:32.62	4
	1:13.19	2:32.62			
6	Battin, David	20	LVM-SP	2:37.23	3
	1:14.10	2:37.23			
7	Austin, Jamie T	19	SCAQ-SP	3:19.91	2
	1:33.65	3:19.91			

**Men 18-24 1500 LC Meter Freestyle**

NATL: 17:12.07 \* 6/23/2007 KEITH RYAN

1	Ramos, Christopher D	20	CSAM-SP	19:03.27	9
	31.99	1:07.95	1:45.37	2:23.74	
	3:01.87	3:40.68	4:20.02	5:00.02	
	5:39.24	6:18.83	6:58.89	7:38.65	
	8:18.60	8:58.28	9:37.55	10:17.22	
	10:55.71	11:35.22	12:13.81	12:52.76	
	13:30.89	14:09.02	14:46.59	15:24.95	
	16:02.99	16:41.56	17:17.94	17:55.30	
	18:30.64	19:03.27			

**Men 18-24 50 LC Meter Backstroke**

NATL: 26.91 \* 8/15/2005 DAVE ROLLINS

1	Ramos, Christopher D	20	CSAM-SP	32.90	9
2	Eskridge, Brian	24	UNAT-SP	33.18	7
3	Battin, David	20	LVM-SP	35.64	6

**Men 18-24 100 LC Meter Backstroke**

NATL: 58.92 \* 8/13/2007 LEIF LYONS

1	Campana, Robert O	20	OJAI-SP	1:09.33	9
2	Eskridge, Brian	24	UNAT-SP	1:14.30	7
3	Futo Tendai, Jr, Geza	23	NOVA-SP	1:14.67	6
4	Battin, David	20	LVM-SP	1:18.59	5

**Men 18-24 200 LC Meter Backstroke**

NATL: 2:13.60 \* 6/15/1997 JOE TRISTAN

1	Ramos, Christopher D	20	CSAM-SP	2:35.28	9
	1:15.63	2:35.28			

**Men 18-24 50 LC Meter Breaststroke**

NATL: 28.87 \* 8/15/2005 DAVE ROLLINS

1	Agafonoff, Slava	22	WH2O-SP	34.54	9
2	Federer, Wade M	20	CSAM-SP	34.98	7
3	Austin, Jamie T	19	SCAQ-SP	38.52	6
4	Kristiansen, Evan B	19	OJAI-SP	40.43	5

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**Men 18-24 100 LC Meter Breaststroke**

**NATL: 1:05.76 \* 8/15/2005 DAVE ROLLINS**

1	Agafonoff, Slava	22	WH2O-SP	1:15.31	9
2	Futo Tendai, Jr, Geza	23	NOVA-SP	1:22.22	7
3	Austin, Jamie T	19	SCAQ-SP	1:29.96	6

**Men 18-24 50 LC Meter Butterfly**

**NATL: 25.44 \* 7/16/2000 NEI-KUAN CHIA**

1	Federer, Wade M	20	CSAM-SP	26.43	9
2	Ramos, Christopher D	20	CSAM-SP	28.60	7
3	Battin, David	20	LVM-SP	30.25	6
4	Kristiansen, Evan B	19	OJAI-SP	31.10	5
5	Feldman, Samuel A	19	LVM-SP	31.54	4

**Men 18-24 100 LC Meter Butterfly**

**NATL: 56.16 \* 8/13/2007 HYUN SEUNG LEE**

1	Federer, Wade M	20	CSAM-SP	58.92	9
2	Futo Tendai, Jr, Geza	23	NOVA-SP	1:13.64	7
3	Feldman, Samuel A	19	LVM-SP	1:14.91	6

**Men 18-24 200 LC Meter Butterfly**

**NATL: 2:08.62 \* 8/13/2007 HYUN SEUNG LEE**

1	Federer, Wade M	20	CSAM-SP	2:27.36	9
				1:07.64	2:27.36
2	Feldman, Samuel A	19	LVM-SP	3:00.71	7
				1:22.48	3:00.71

**Men 18-24 200 LC Meter IM**

**NATL: 2:09.30 \* 8/15/2005 DAVE ROLLINS**

1	Ramos, Christopher D	20	CSAM-SP	2:28.02	9
				1:09.33	2:28.02
2	Agafonoff, Slava	22	WH2O-SP	2:36.28	7
				1:15.99	2:36.28
3	Kristiansen, Evan B	19	OJAI-SP	2:49.75	6
				1:18.48	2:49.75
4	Battin, David	20	LVM-SP	2:50.17	5
				1:17.99	2:50.17
5	Feldman, Samuel A	19	LVM-SP	2:56.73	4
				1:23.13	2:56.73

**Men 18-24 400 LC Meter IM**

**NATL: 4:44.83 \* 8/19/2007 PETER GALAN**

1	Ramos, Christopher D	20	CSAM-SP	5:21.64	9
				1:09.67	2:37.30
				4:10.99	5:21.64

**Men 25-29 50 LC Meter Freestyle**

**NATL: 22.59 \* 8/28/1983 KEVIN DEFORREST**

**WORLD: 22.59 & 8/28/1983 KEVIN DEFORREST**

1	Tolmachoff, Erik D	28	SCAQ-SP	23.56	9
2	Puchalski, Danny	28	NOVA-SP	24.92	7
3	Fairchild, Douglas	27	NOVA-SP	25.05	6
4	Britton, Jermaine P	28	OJAI-SP	25.07	5
5	Maczka, Evan C	26	UNAT-PC	25.58	4
6	Janos, Nathan R	29	SCAQ-SP	25.73	3
7	Pronin, Yan	29	LVM-SP	26.38	2
8	Hurst, Clayton K	27	LVM-SP	26.43	1
9	Glaze, Nick	26	CSAM-SP	28.32	
10	Uchitel, Dmitry	29	LVM-SP	29.11	
11	Dumouchel, Rob	28	CSAM-SP	29.28	
12	Cheung, Alex H	29	NOVA-SP	31.66	

**Men 25-29 100 LC Meter Freestyle Swim-off**

**NATL: 50.74 \* 8/13/2000 NICK SHACKELL**

**WORLD: 50.74 & 8/13/2000 NICK SHACKELL**

**- Swim-off**

1	Fairchild, Douglas	27	NOVA-SP	55.66	
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**Men 25-29 100 LC Meter Freestyle**

**NATL: 50.74 \* 8/13/2000 NICK SHACKELL**

**WORLD: 50.74 & 8/13/2000 NICK SHACKELL**

1	Tolmachoff, Erik D	28	SCAQ-SP	51.93	9
2	Girard, Alex J	27	CIM-SP	56.46	7
3	Britton, Jermaine P	28	OJAI-SP	56.63	6
4	Janos, Nathan R	29	SCAQ-SP	57.58	5
5	Maczka, Evan C	26	UNAT-PC	57.76	4
6	Hurst, Clayton K	27	LVM-SP	58.08	3
7	Pronin, Yan	29	LVM-SP	58.28	2
8	Enns, James W	25	KCM-SP	1:01.01	1
9	Yang, Antonio	27	NOVA-SP	1:01.66	
10	Spiegel, Michael D	26	NOVA-SP	1:03.22	
11	Dumouchel, Rob	28	CSAM-SP	1:05.60	
12	Cheung, Alex H	29	NOVA-SP	1:11.99	
13	Uchitel, Dmitry	29	LVM-SP	1:12.60	

**Men 25-29 200 LC Meter Freestyle**

**NATL: 1:51.00 \* 3/12/1996 JOHN KEPPELER**

**WORLD: 1:52.17 & 8/23/1992 JOHN KEPPELER**

1	Girard, Alex J	27	CIM-SP	2:04.78	9
				1:00.12	2:04.78
2	Janos, Nathan R	29	SCAQ-SP	2:08.92	7
				1:01.79	2:08.92
3	Erickson, Ben	28	LVM-SP	2:12.46	6
				1:05.30	2:12.46
4	Hurst, Clayton K	27	LVM-SP	2:13.71	5
				1:02.85	2:13.71
5	Britton, Jermaine P	28	OJAI-SP	2:14.40	4
				1:03.53	2:14.40
6	Tolmachoff, Erik D	28	SCAQ-SP	2:21.73	3
				1:06.75	2:21.73
7	Fairchild, Douglas	27	NOVA-SP	2:26.27	2
				55.66	2:26.27
8	Dumouchel, Rob	28	CSAM-SP	2:33.23	1
				1:12.17	2:33.23

**Men 25-29 400 LC Meter Freestyle**

**NATL: 4:00.98 \* 8/18/2002 HONZA VITAZKA**

**WORLD: 4:00.98 & 8/18/2002 HONZA VITAZKA**

1	Girard, Alex J	27	CIM-SP	4:26.73	9
				1:00.77	2:08.79
				3:17.55	4:26.73
2	Hurst, Clayton K	27	LVM-SP	4:38.71	7
				1:05.91	2:16.42
				3:28.05	4:38.71
3	Spiegel, Michael D	26	NOVA-SP	4:44.13	6
				1:06.91	2:19.80
				3:32.73	4:44.13
4	Enns, James W	25	KCM-SP	4:57.22	5
				1:07.22	2:21.11
				3:38.47	4:57.22
5	Pronin, Yan	29	LVM-SP	4:57.23	4
				1:09.26	2:24.92
				3:40.78	4:57.23

**Men 25-29 800 LC Meter Freestyle**

**NATL: 8:24.67 \* 6/29/1997 ALEX KOSTICH**

**WORLD: 8:24.67 & 6/29/1997 ALEX KOSTICH**

1	Hurst, Clayton K	27	LVM-SP	9:41.07	9
				1:08.86	2:22.63
				3:35.64	4:49.56
				6:03.97	7:18.75
				8:32.32	9:41.07



## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

2	Liebowitz, Daniel A	25	SWM-SP	11:46.52	7
	1:19.06	2:46.68	4:17.03	5:48.62	
	7:20.93	8:53.61	10:21.18	11:46.52	

## Men 25-29 1500 LC Meter Freestyle

NATL: 16:13.89 \* 8/10/1997 ALEX KOSTICH

WORLD: 16:13.89 &amp; 8/10/1997 ALEX KOSTICH

1	Hurst, Clayton K	27	LVM-SP	18:45.17	9
	33.58	1:09.38	1:46.18	2:23.33	
	3:00.99	3:38.79	4:16.56	4:54.57	
	5:32.19	6:09.88	6:47.90	7:25.78	
	8:03.95	8:42.00	9:20.12	9:58.26	
	10:36.14	11:14.01	11:52.18	12:30.16	
	13:08.03	13:45.64	14:23.06	15:01.21	
	15:39.63	16:17.56	16:55.41	17:33.02	
	18:10.47	18:45.17			

## Men 25-29 50 LC Meter Backstroke

NATL: 26.75 \* 7/20/2008 KEVIN DOAK

WORLD: 26.68 &amp; 6/5/1994 MARTIN HARRIS

1	Erickson, Ben	28	LVM-SP	29.03	9
2	Maczka, Evan C	26	UNAT-PC	32.29	7
3	Janos, Nathan R	29	SCAQ-SP	33.27	6
4	Britton, Jermaine P	28	OJAI-SP	33.30	5
5	Uchitel, Dmitry	29	LVM-SP	39.87	4
6	Cheung, Alex H	29	NOVA-SP	40.91	3

## Men 25-29 100 LC Meter Backstroke

NATL: 57.00 \* 4/6/2008 KEVIN DOAK

WORLD: 57.45 &amp; 4/13/1997 JON WINTER

1	Erickson, Ben	28	LVM-SP	1:03.65	9
2	Spiegel, Michael D	26	NOVA-SP	1:08.18	7
3	Pekarek, David N	26	ROSE-SP	1:18.34	6
---	Cheung, Alex H	29	NOVA-SP	DQ	

## Men 25-29 200 LC Meter Backstroke

NATL: 2:07.57 \* 8/23/1992 JOHN KEPPELER

WORLD: 2:05.86 &amp; 6/5/1994 MARTIN HARRIS

1	Erickson, Ben	28	LVM-SP	2:31.53	9
	1:13.19	2:31.53			
2	Liebowitz, Daniel A	25	SWM-SP	2:52.07	7
	1:23.47	2:52.07			

## Men 25-29 50 LC Meter Breaststroke

NATL: 28.98 \* 8/18/1997 SETH VAN NEERDEN

WORLD: 28.33 &amp; 3/29/2008 EDUARDO FISCHER

1	Puchalski, Danny	28	NOVA-SP	29.96	9
2	Britton, Jermaine P	28	OJAI-SP	34.85	7
3	Janos, Nathan R	29	SCAQ-SP	35.74	6
4	Pekarek, David N	26	ROSE-SP	36.66	5
5	Glaze, Nick	26	CSAM-SP	38.07	4
6	Yang, Antonio	27	NOVA-SP	38.94	3
7	Uchitel, Dmitry	29	LVM-SP	39.42	2

## Men 25-29 100 LC Meter Breaststroke

NATL: 1:02.44 \* 7/6/2008 GARY MARSHALL

WORLD: 1:02.65 &amp; 8/30/2007 CHRISTOPHER JONES

1	Puchalski, Danny	28	NOVA-SP	1:06.00	9
2	Pekarek, David N	26	ROSE-SP	1:23.16	7
3	Uchitel, Dmitry	29	LVM-SP	1:30.41	6

## Men 25-29 200 LC Meter Breaststroke

NATL: 2:16.70 \* 8/17/2008 GARY MARSHALL

WORLD: 2:16.70 &amp; 8/17/2008 GARY MARSHALL

1	Puchalski, Danny	28	NOVA-SP	2:32.19	9
	1:13.25	2:32.19			

## Men 25-29 50 LC Meter Butterfly

NATL: 23.71 \* 8/16/2008 KOHEI KAWAMOTO

WORLD: 23.71 &amp; 8/16/2008 KOHEI KAWAMOTO

1	Tolmachoff, Erik D	28	SCAQ-SP	24.75	9
2	Britton, Jermaine P	28	OJAI-SP	25.95	7
3	Maczka, Evan C	26	UNAT-PC	27.75	6
4	Janos, Nathan R	29	SCAQ-SP	27.98	5
5	Erickson, Ben	28	LVM-SP	28.16	4
6	Yang, Antonio	27	NOVA-SP	29.78	3
7	Dumouchel, Rob	28	CSAM-SP	29.90	2
8	Spiegel, Michael D	26	NOVA-SP	30.11	1
9	Glaze, Nick	26	CSAM-SP	31.35	
10	Uchitel, Dmitry	29	LVM-SP	31.75	
11	Cheung, Alex H	29	NOVA-SP	37.19	

## Men 25-29 100 LC Meter Butterfly

NATL: 53.09 \* 8/15/2008 KOHEI KAWAMOTO

WORLD: 53.09 &amp; 8/15/2008 KOHEI KAWAMOTO

1	Puchalski, Danny	28	NOVA-SP	1:00.70	9
2	Britton, Jermaine P	28	OJAI-SP	1:02.20	7
3	Janos, Nathan R	29	SCAQ-SP	1:02.27	6
4	Erickson, Ben	28	LVM-SP	1:06.98	5
5	Dumouchel, Rob	28	CSAM-SP	1:09.33	4
6	Uchitel, Dmitry	29	LVM-SP	1:26.00	3
7	Cheung, Alex H	29	NOVA-SP	1:26.08	2

## Men 25-29 200 LC Meter Butterfly

NATL: 2:05.76 \* 7/21/2002 JASON EADDY

WORLD: 2:03.26 &amp; 4/23/2008 SATOSHI TORATANI

1	Pekarek, David N	26	ROSE-SP	3:15.99	9
	1:31.48	3:15.99			
---	Ryan, Keith R	25	UCI-SP	X2:14.40	
	1:02.28	2:14.40			

## Men 25-29 200 LC Meter IM

NATL: 2:06.33 \* 8/18/2002 HONZA VITAZKA

WORLD: 2:06.33 &amp; 8/18/2002 HONZA VITAZKA

1	Erickson, Ben	28	LVM-SP	2:32.82	9
	1:10.64	2:32.82			
2	Pekarek, David N	26	ROSE-SP	2:42.76	7
	1:17.58	2:42.76			
3	Cheung, Alex H	29	NOVA-SP	3:13.08	6
	1:28.32	3:13.08			

## Men 30-34 50 LC Meter Freestyle

NATL: 22.80 \* 3/12/1996 ROBERT PEEL

WORLD: 23.21 &amp; 11/24/1990 ROWDY GAINES

1	Cornue, Matthew	34	SCAQ-SP	24.37	9
2	Achberger, Peter	30	CSAM-SP	26.72	7
3	Stapleton, Erin	30	CSAM-SP	30.32	6
4	Petty, Richard W	34	ROSE-SP	30.93	5

## Men 30-34 100 LC Meter Freestyle

NATL: 51.50 \* 7/12/1991 ROWDY GAINES

WORLD: 51.34 &amp; 7/19/2008 HIDEAKI HARA

1	Kerekjarto, Tamas	30	FMT-SP	51.61	9
2	Achberger, Peter	30	CSAM-SP	59.06	7

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

3	Lee, Mark K	34	CSAM-SP	59.07	6
4	Harrigan, Matthew J	31	SCAQ-SP	1:00.78	5
5	Brayman, Brook T	32	LVM-SP	1:03.35	4
6	Stapleton, Erin	30	CSAM-SP	1:09.45	3
7	Petty, Richard W	34	ROSE-SP	1:11.08	2
8	Stava, Kjell N	31	LBG-SP	1:13.41	1

## Men 30-34 200 LC Meter Freestyle

NATL: 1:54.04 \* 7/15/1990 ROWDY GAINES

WORLD: 1:54.04 &amp; 7/13/1990 ROWDY GAINES

1	Kerekjarto, Tamas	30	FMT-SP	1:53.46*	9
	55.18	1:53.46			
2	Achberger, Peter	30	CSAM-SP	2:12.68	7
	1:03.97	2:12.68			
3	Kretz, Jonathan S	31	CSAM-SP	2:16.67	6
	1:07.19	2:16.67			
4	Brayman, Brook T	32	LVM-SP	2:17.07	5
	1:05.20	2:17.07			

## Men 30-34 400 LC Meter Freestyle

NATL: 4:05.61 \* 8/11/2002 ERIK HOCHSTEIN

WORLD: 4:05.19 &amp; 11/16/2007 C.EDUARDO PAVAO

1	Schlesinger, David A	34	SCAQ-SP	4:13.89	9
2	Kretz, Jonathan S	31	CSAM-SP	4:48.44	7
	1:07.61	2:22.12	3:35.79	4:48.44	
3	Brayman, Brook T	32	LVM-SP	4:54.03	6
	1:07.56	2:22.70	3:38.74	4:54.03	
4	Achberger, Peter	30	CSAM-SP	4:57.30	5
	1:07.05	2:22.96	3:41.27	4:57.30	

## Men 30-34 800 LC Meter Freestyle

NATL: 8:40.19 \* 11/14/1993 ROWDY GAINES

WORLD: 8:26.26 &amp; 11/15/2007 C.EDUARDO PAVAO

1	Kretz, Jonathan S	31	CSAM-SP	10:03.13	9
	1:10.48	2:26.00	3:41.43	4:58.05	
	6:14.44	7:31.44	8:47.86	10:03.13	
2	Brayman, Brook T	32	LVM-SP	10:17.87	7
	1:13.54	2:30.89	3:48.81	5:07.77	
	6:26.27	7:44.74	9:02.44	10:17.87	
3	Stava, Kjell N	31	LBG-SP	12:54.37	6
	1:23.49	2:58.16	4:36.86	6:16.48	
	7:56.55	9:36.53	11:16.86	12:54.37	

## Men 30-34 1500 LC Meter Freestyle

NATL: 16:36.06 \* 8/22/1993 BOBBY PATTEN

WORLD: 16:33.70 &amp; 11/9/2008 IGOR PIOVESAN

1	Kretz, Jonathan S	31	CSAM-SP	19:21.36	9
	34.07	1:10.79	1:48.50	2:26.73	
	3:05.28	3:43.26	4:21.72	4:59.88	
	5:38.24	6:17.02	6:54.19	7:32.70	
	8:12.03	8:51.04	9:30.94	10:10.49	
	10:49.30	11:29.50	12:09.18	12:48.51	
	13:28.76	14:08.70	14:48.26	15:27.81	
	16:07.33	16:47.43	17:26.70	18:05.90	
	18:44.47	19:21.36			

## Men 30-34 50 LC Meter Backstroke

NATL: 27.26 \* 7/9/1994 SEAN MURPHY

WORLD: 26.64 &amp; 3/29/2002 MARTIN HARRIS

1	Cornue, Matthew	34	SCAQ-SP	30.40	9
2	Durieux, Chad A	30	ROSE-SP	35.58	7
3	Petty, Richard W	34	ROSE-SP	41.27	6

## Men 30-34 100 LC Meter Backstroke

NATL: 58.66 \* 7/9/1994 SEAN MURPHY

WORLD: 57.24 &amp; 6/2/2000 MARTIN HARRIS

1	Petty, Richard W	34	ROSE-SP	1:31.76	9
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## Men 30-34 200 LC Meter Backstroke

NATL: 2:05.62 \* 7/9/1994 SEAN MURPHY

WORLD: 2:02.75 &amp; 11/24/2000 ROGERIO ROMERO

1	Durieux, Chad A	30	ROSE-SP	2:50.10	9
	1:22.55	2:50.10			
2	Stava, Kjell N	31	LBG-SP	3:28.73	7
	1:39.09	3:28.73			

## Men 30-34 50 LC Meter Breaststroke

NATL: 29.01 \* 8/7/2006 JEFF COMMINGS

WORLD: 29.01 &amp; 8/7/2006 JEFF COMMINGS

1	Durieux, Chad A	30	ROSE-SP	33.36	9
2	Stapleton, Erin	30	CSAM-SP	37.16	7
3	Petty, Richard W	34	ROSE-SP	42.90	6

## Men 30-34 100 LC Meter Breaststroke

NATL: 1:05.10 \* 6/3/2007 JEFF COMMINGS

WORLD: 1:04.40 &amp; 8/29/2003 P.SCHMOLLINGER

1	Lee, Mark K	34	CSAM-SP	1:12.65	9
2	Durieux, Chad A	30	ROSE-SP	1:16.57	7
3	Kretz, Jonathan S	31	CSAM-SP	1:21.25	6
4	Stapleton, Erin	30	CSAM-SP	1:21.74	5
5	Stava, Kjell N	31	LBG-SP	1:42.98	4

## Men 30-34 200 LC Meter Breaststroke

NATL: 2:24.06 \* 8/18/1991 DAVID LUNDBERG

WORLD: 2:20.43 &amp; 8/25/1999 NICK GILLINGHAM

1	Lee, Mark K	34	CSAM-SP	2:49.02	9
	1:22.78	2:49.02			
2	Durieux, Chad A	30	ROSE-SP	3:01.76	7
	1:25.22	3:01.76			
3	Stapleton, Erin	30	CSAM-SP	3:03.81	6
	1:26.68	3:03.81			

## Men 30-34 50 LC Meter Butterfly

NATL: 24.73 \* 8/10/2006 OSWALDO QUEVEDO

WORLD: 24.73 &amp; 8/6/2006 OSWALDO QUEVEDO

1	Durieux, Chad A	30	ROSE-SP	30.47	9
2	Achberger, Peter	30	CSAM-SP	30.48	7
3	Petty, Richard W	34	ROSE-SP	33.20	6

## Men 30-34 100 LC Meter Butterfly

NATL: 56.25 \* 8/15/2004 RAZVAN PETCU

WORLD: 56.14 &amp; 9/24/2007 HIROKI NAKAZONO

1	Kerekjarto, Tamas	30	FMT-SP	55.01	&
9					
2	Lee, Mark K	34	CSAM-SP	1:08.15	7
3	Petty, Richard W	34	ROSE-SP	1:21.30	6

## Men 30-34 200 LC Meter Butterfly

NATL: 2:03.85 \* 8/4/1995 BOBBY PATTEN

WORLD: 2:03.85 &amp; 8/4/1995 BOBBY PATTEN

1	Brayman, Brook T	32	LVM-SP	2:46.85	9
	1:18.22	2:46.85			

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

## Men 30-34 200 LC Meter IM

NATL: 2:09.69 \* 8/18/1991 DAVID LUNDBURG

WORLD: 2:08.89 &amp; 7/29/2000 NICOLAS GRANGER

1	Kerekjarto, Tamas	30	FMT-SP	2:06.76&	9
	59.04			2:06.76	
2	Harrigan, Matthew J	31	SCAQ-SP	2:22.60	7
	1:07.94			2:22.60	
3	Lee, Mark K	34	CSAM-SP	2:33.49	6
	1:11.23			2:33.49	
4	Durieux, Chad A	30	ROSE-SP	2:36.39	5
	1:13.50			2:36.39	
5	Kretz, Jonathan S	31	CSAM-SP	2:36.73	4
	1:16.25			2:36.73	
6	Brayman, Brook T	32	LVM-SP	2:39.01	3
	1:16.24			2:39.01	
7	Stapleton, Erin	30	CSAM-SP	2:53.91	2
	1:27.42			2:53.91	

## Men 30-34 400 LC Meter IM

NATL: 4:40.22 \* 7/9/1994 SEAN MURPHY

WORLD: 4:36.65 &amp; 1/17/2009 ASUKA KOIZUMI

1	Kretz, Jonathan S	31	CSAM-SP	5:40.17	9
	1:20.62			4:29.40	5:40.17
2	Brayman, Brook T	32	LVM-SP	5:42.55	7
	1:17.99			4:26.57	5:42.55

## Men 35-39 50 LC Meter Freestyle

NATL: 23.98 \* 8/17/2008 BRIAN JACOBSON

WORLD: 22.76 &amp; 8/20/2005 MARK FOSTER

1	Delgado, Felipe	36	NOVA-SP	24.52	9
2	Dennison, Keith	39	LVM-SP	25.17	7
3	Fernandez, Dickie	38	NOVA-SP	26.12	6
4	Salagean, Corneliu	35	LVM-SP	28.01	5
5	Warren, Carl M	36	CSAM-SP	28.76	4
6	Castleton, Tom	38	ROSE-SP	31.56	3
7	Brooks, Zachary	39	SCAQ-SP	40.52	2

## Men 35-39 100 LC Meter Freestyle

NATL: 51.49 \* 7/16/1995 ROWDY GAINES

WORLD: 51.49 &amp; 7/16/1995 ROWDY GAINES

1	Dennison, Keith	39	LVM-SP	54.77	9
2	Fernandez, Dickie	38	NOVA-SP	56.54	7
3	Wegner, Dan	38	SCAQ-SP	57.38	6
4	Rinzler, Marcel	38	NOVA-SP	59.94	5
5	Emerson, Mitch	38	KCM-SP	1:01.55	4
6	Dietrich, Jim	38	NOVA-SP	1:02.12	3
7	Birkholz, Erik P	35	NOVA-SP	1:02.17	2
8	Salagean, Corneliu	35	LVM-SP	1:03.20	1
9	Kent, Aric	39	MYST-SP	1:03.36	
10	Warren, Carl M	36	CSAM-SP	1:04.54	
11	Porter, Drew A	36	SCAQ-SP	1:07.16	
12	Hanes, Braemon M	35	CSAM-SP	1:07.27	
*13	Rovinsky, Jeff L	38	NOVA-SP	1:10.23	
*13	Castleton, Tom	38	ROSE-SP	1:10.23	

## Men 35-39 200 LC Meter Freestyle

NATL: 1:52.84 \* 8/6/2006 VLAD PYSHNENKO

WORLD: 1:52.84 &amp; 8/6/2006 VLAD PYSHNENKO

1	Fernandez, Dickie	38	NOVA-SP	2:08.22	9
	1:02.93			2:08.22	
2	Wegner, Dan	38	SCAQ-SP	2:09.65	7
	1:00.65			2:09.65	
3	Castleton, Tom	38	ROSE-SP	2:41.99	6

			1:18.46	2:41.99	
4	Brooks, Zachary	39	SCAQ-SP	4:11.93	5
			1:49.24	4:11.93	

## Men 35-39 400 LC Meter Freestyle

NATL: 4:07.64 \* 7/16/1995 ROWDY GAINES

WORLD: 4:07.64 &amp; 7/16/1995 ROWDY GAINES

1	Lucero, Michael D	39	UNAT-SP	4:37.60	9
	1:07.14			3:29.56	4:37.60
2	Fernandez, Dickie	38	NOVA-SP	4:40.05	7
3	Gregory, John F	38	MBAC-SP	4:47.04	6
	1:06.59			3:33.95	4:47.04
4	Porter, Drew A	36	SCAQ-SP	5:25.14	5
5	Rovinsky, Jeff L	38	NOVA-SP	5:30.50	4
	1:15.01			4:07.70	5:30.50
6	Hanes, Braemon M	35	CSAM-SP	5:58.17	3
	1:20.08			4:24.71	5:58.17

## Men 35-39 800 LC Meter Freestyle

NATL: 8:38.73 \* 11/12/1995 ROWDY GAINES

WORLD: 8:38.73 &amp; 11/12/1995 ROWDY GAINES

1	Lucero, Michael D	39	UNAT-SP	9:46.69	9
	1:09.37			3:38.86	4:54.76
	6:11.10			7:26.14	8:38.01
2	Fernandez, Dickie	38	NOVA-SP	9:56.68	7
	1:10.17			2:24.55	3:38.98
	6:09.23			7:27.53	8:43.13
3	Warren, Carl M	36	CSAM-SP	10:48.85	6
	1:14.38			2:33.87	3:54.46
	6:38.79			8:02.57	9:26.74
					5:16.15
					10:48.85

## Men 35-39 1500 LC Meter Freestyle

NATL: 16:32.72 \* 8/14/2008 CHRISTOPHER DERKS

WORLD: 16:32.72 &amp; 8/14/2008 CHRISTOPHER DERKS

1	Birkholz, Erik P	35	NOVA-SP	21:33.80	9
	37.99			1:19.18	2:01.93
	3:28.19			4:11.51	4:54.05
	6:24.32			7:08.26	7:53.46
	9:22.46			10:05.96	10:50.21
	12:16.55			12:59.09	13:42.50
	15:09.06			15:52.21	16:36.46
	18:03.89			18:47.97	19:31.74
	20:58.06			21:33.80	20:16.15
---	Porter, Drew A	36	SCAQ-SP		DQ
	40.94			1:24.27	2:10.63
	3:45.13			4:32.94	5:20.69
	6:54.85			7:41.51	8:28.71
	10:03.21			10:49.83	11:36.75
	13:09.08			13:55.95	14:43.68
	16:21.90			17:09.92	17:57.98
	19:33.49			20:21.17	21:09.53
	22:43.19				21:55.85

## Men 35-39 50 LC Meter Backstroke

NATL: 27.50 \* 8/15/2004 MICHAEL ROSS

WORLD: 27.50 &amp; 8/15/2004 MICHAEL ROSS

1	Gregory, John F	38	MBAC-SP	30.85	9
2	Warren, Carl M	36	CSAM-SP	33.97	7

## Men 35-39 100 LC Meter Backstroke

NATL: 59.18 \* 8/10/2006 MICHAEL ROSS

WORLD: 59.18 &amp; 8/9/2006 MICHAEL ROSS

1	Guffey, Derek L	35	UNAT-PC	1:01.46	9
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## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

2	Gregory, John F	38	MBAC-SP	1:08.48	7
3	Rinzler, Marcel	38	NOVA-SP	1:09.17	6
4	Warren, Carl M	36	CSAM-SP	1:15.91	5
5	Birkholz, Erik P	35	NOVA-SP	1:18.90	4

## Men 35-39 200 LC Meter Backstroke

NATL: 2:07.16 \* 7/29/2001 RON KARNAUGH

WORLD: 2:09.26 &amp; 7/9/2000 DANIEL VEATCH

1	Guffey, Derek L	35	UNAT-PC	2:12.18	9
				1:04.81 2:12.18	
2	Gregory, John F	38	MBAC-SP	2:41.69	7
				1:17.01 2:41.69	

## Men 35-39 50 LC Meter Breaststroke

NATL: 29.09 \* 8/23/1998 WALLY DICKS

WORLD: 28.95 &amp; 8/29/2007 VLADISLAV BRAGIN

1	Dietrich, Jim	38	NOVA-SP	33.52	9
2	Warren, Carl M	36	CSAM-SP	34.99	7
3	Salagean, Corneliu	35	LVM-SP	37.47	6
4	Castleton, Tom	38	ROSE-SP	39.89	5
5	Rovinsky, Jeff L	38	NOVA-SP	41.74	4

## Men 35-39 100 LC Meter Breaststroke

NATL: 1:05.00 \* 4/1/2000 WALLY DICKS

WORLD: 1:04.73 &amp; 6/7/2004 NICK GILLINGHAM

1	Dennison, Keith	39	LVM-SP	1:10.33	9
2	Lucero, Michael D	39	UNAT-SP	1:15.43	7
3	Dietrich, Jim	38	NOVA-SP	1:18.13	6
4	Warren, Carl M	36	CSAM-SP	1:19.53	5
5	Rinzler, Marcel	38	NOVA-SP	1:21.03	4
6	Porter, Drew A	36	SCAQ-SP	1:28.90	3
7	Rovinsky, Jeff L	38	NOVA-SP	1:35.43	2
8	Castleton, Tom	38	ROSE-SP	1:35.77	1
---	Salagean, Corneliu	35	LVM-SP	DQ	

## Men 35-39 200 LC Meter Breaststroke

NATL: 2:21.87 \* 7/29/2001 RON KARNAUGH

WORLD: 2:20.29 &amp; 6/5/2004 NICK GILLINGHAM

1	Lucero, Michael D	39	UNAT-SP	2:47.57	9
				1:21.88 2:47.57	

## Men 35-39 50 LC Meter Butterfly

NATL: 25.00 \* 8/18/2002 WADE KING

WORLD: 24.70 &amp; 8/19/2005 MARK FOSTER

1	Dennison, Keith	39	LVM-SP	26.02	9
2	Wegner, Dan	38	SCAQ-SP	28.04	7
3	Rinzler, Marcel	38	NOVA-SP	28.15	6
4	Kent, Aric	39	MYST-SP	30.45	5
5	Emerson, Mitch	38	KCM-SP	30.56	4
6	Porter, Drew A	36	SCAQ-SP	30.86	3
7	Salagean, Corneliu	35	LVM-SP	31.03	2
8	Birkholz, Erik P	35	NOVA-SP	31.51	1
9	Castleton, Tom	38	ROSE-SP	34.14	

## Men 35-39 100 LC Meter Butterfly

NATL: 56.07 \* 8/15/2004 MICHAEL ROSS

WORLD: 55.84 &amp; 3/8/2009 EIJI NOMURA

1	Dennison, Keith	39	LVM-SP	58.51	9
2	Fernandez, Dickie	38	NOVA-SP	1:09.65	7
3	Salagean, Corneliu	35	LVM-SP	1:11.53	6
4	Castleton, Tom	38	ROSE-SP	1:29.32	5
---	Martinez, Shawn A	37	NOVA-SP	DQ	

## Men 35-39 200 LC Meter Butterfly

NATL: 2:06.74 \* 6/28/1996 JEFF STUART

WORLD: 2:06.74 &amp; 6/27/1996 JEFF STUART

1	Porter, Drew A	36	SCAQ-SP	3:06.66	9
				1:27.43 3:06.66	

## Men 35-39 200 LC Meter IM

NATL: 2:05.64 \* 12/7/2002 RON KARNAUGH

WORLD: 2:08.19 &amp; 8/3/2002 RON KARNAUGH

1	Guffey, Derek L	35	UNAT-PC	2:14.87	9
				1:02.97 2:14.87	
2	Lucero, Michael D	39	UNAT-SP	2:27.23	7
				1:12.65 2:27.23	
3	Fernandez, Dickie	38	NOVA-SP	2:38.45	6
				1:17.36 2:38.45	
4	Kent, Aric	39	MYST-SP	2:52.68	5
				1:17.73 2:52.68	
5	Martinez, Shawn A	37	NOVA-SP	3:12.38	4
				1:24.03 3:12.38	

## Men 35-39 400 LC Meter IM

NATL: 4:34.10 \* 7/29/2001 RON KARNAUGH

WORLD: 4:42.45 &amp; 3/28/2002 NICOLAS GRANGER

1	Guffey, Derek L	35	UNAT-PC	4:45.47	9
				1:04.56 2:16.12 3:40.36 4:45.47	
2	Lucero, Michael D	39	UNAT-SP	5:27.30	7
				1:14.85 2:48.95 4:21.26 5:27.30	

## Men 40-44 50 LC Meter Freestyle

NATL: 24.14 \* 7/13/2003 DAVID BOATWRIGHT

WORLD: 23.86 &amp; 4/21/2008 M.GIALDI

1	Power, Michael L	41	WMAC-WI	25.69	9
2	Beach, Christopher E	40	SCAQ-SP	25.79	7
3	Sproles, Greg	41	OJAI-SP	27.02	6
4	Rippetoe, Kenneth R	40	SCAQ-SP	27.12	5
5	Skelly, Drew K	43	ROSE-SP	27.50	4
6	Bauman, Jeremiah L	41	SCMC-SP	27.74	3
7	Muth, Daniel F	43	SCAQ-SP	27.94	2
8	Boshoff, Nick	41	UNAT-SP	27.99	1
9	Dajnowicz, Mark A	44	SCA-SP	28.40	
10	Cienega, Julio	43	ROSE-SP	28.64	
11	Paxton, Sean C	40	ROSE-SP	28.78	
12	Parent, Doug	42	OJAI-SP	29.14	
13	McGillicuddy, Matthew K	40	SCMC-SP	30.01	
14	Afaghi, Keyhan	43	CSAM-SP	37.65	
15	Kim, Dennis	41	CSAM-SP	43.04	
16	Mix, Chris	43	CSAM-SP	45.16	
17	Houston, David	43	UNAT-SP	1:00.40	

## Men 40-44 100 LC Meter Freestyle Swim-off

NATL: 52.48 \* 8/3/2008 ERIK HOCHSTEIN

WORLD: 52.48 &amp; 8/3/2008 ERIK HOCHSTEIN

## - Swim-off

1	Muth, Daniel F	43	SCAQ-SP	1:03.70	
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## Men 40-44 100 LC Meter Freestyle

NATL: 52.48 \* 8/3/2008 ERIK HOCHSTEIN

WORLD: 52.48 &amp; 8/3/2008 ERIK HOCHSTEIN

1	Hochstein, Erik	41	SCAQ-SP	52.10*	9
2	Beach, Christopher E	40	SCAQ-SP	55.18	7
3	Sproles, Greg	41	OJAI-SP	58.61	6
4	Power, Michael L	41	WMAC-WI	58.82	5
5	Bauman, Jeremiah L	41	SCMC-SP	1:00.84	4

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

6	Rippetoe, Kenneth R	40	SCAQ-SP	1:01.57	3
7	Millar, Simon A	43	UCLA-SP	1:01.74	2
8	Rachmel, Leo	42	LVM-SP	1:03.14	1
9	Cienega, Julio	43	ROSE-SP	1:03.40	
10	Boshoff, Nick	41	UNAT-SP	1:03.69	
11	Muth, Daniel F	43	SCAQ-SP	1:04.31	
12	Dajnowicz, Mark A	44	SCA-SP	1:04.71	
13	Jacobs, Lee	40	NOVA-SP	1:04.72	
14	Paxton, Sean C	40	ROSE-SP	1:07.32	
15	McGillicuddy, Matthew K	40	SCMC-SP	1:10.95	
16	Bleuel, Eric S	40	VCM-SP	1:11.70	
17	Pappas, Garth A	44	SCMC-SP	1:17.08	
18	Kim, Dennis	41	CSAM-SP	1:43.94	
19	Mix, Chris	43	CSAM-SP	1:50.12	

**Men 40-44 200 LC Meter Freestyle****NATL: 1:55.06 \* 8/10/2006 RICH SAEGER****WORLD: 1:55.06 & 8/6/2006 RICHARD SAEGER**

1	Hochstein, Erik	41	SCAQ-SP	1:59.70	9
	56.36	1:59.70			
2	Beach, Christopher E	40	SCAQ-SP	2:07.41	7
	1:00.75	2:07.41			
3	Bauman, Jeremiah L	41	SCMC-SP	2:13.72	6
	1:05.40	2:13.72			
4	Cienega, Julio	43	ROSE-SP	2:20.67	5
	1:07.10	2:20.67			
5	Dajnowicz, Mark A	44	SCA-SP	2:25.85	4
	1:08.34	2:25.85			
6	Muth, Daniel F	43	SCAQ-SP	2:28.72	3
	1:11.96	2:28.72			
7	Pappas, Garth A	44	SCMC-SP	2:52.31	2
	1:22.76	2:52.31			
8	Kim, Dennis	41	CSAM-SP	3:39.67	1
	1:47.96	3:39.67			
9	Mix, Chris	43	CSAM-SP	4:13.11	
	1:59.24	4:13.11			

**Men 40-44 400 LC Meter Freestyle Swim-off****NATL: 4:12.26 \* 8/15/2005 DENNIS BAKER****WORLD: 4:12.26 & 8/15/2005 DENNIS BAKER****- Swim-off**

1	Hochstein, Erik	41	SCAQ-SP	4:06.74*	
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**Men 40-44 400 LC Meter Freestyle****NATL: 4:12.26 \* 8/15/2005 DENNIS BAKER****WORLD: 4:12.26 & 8/15/2005 DENNIS BAKER**

1	Moreno, Alejandro	41	MEX	4:19.07	9
2	Magee, Mark A	41	LVM-SP	4:22.05	7
3	Hochstein, Erik	41	SCAQ-SP	4:38.32	6
4	Millar, Simon A	43	UCLA-SP	4:49.27	5
	1:08.24	2:23.17	3:39.04	4:49.27	
5	Cienega, Julio	43	ROSE-SP	4:58.21	4
	1:09.44	2:23.86	3:41.22	4:58.21	
6	Rachmel, Leo	42	LVM-SP	5:02.18	3
	1:12.03	2:29.22	3:47.85	5:02.18	
7	Borton, Dan	41	ROSE-SP	5:02.73	2
	1:09.64	2:26.59	3:44.52	5:02.73	
8	Skelly, Drew K	43	ROSE-SP	5:03.23	1
	1:10.70	2:28.41	3:47.05	5:03.23	
9	Parent, Doug	42	OJAI-SP	5:27.53	
10	Bleuel, Eric S	40	VCM-SP	5:57.50	
	1:19.86	2:51.78	4:25.43	5:57.50	
11	Pappas, Garth A	44	SCMC-SP	6:16.80	
	1:27.15	3:04.01	4:41.11	6:16.80	

12	Kim, Dennis	41	CSAM-SP	7:57.99	
	1:52.34	3:55.52	6:00.23	7:57.99	
13	Mix, Chris	43	CSAM-SP	8:35.06	

**Men 40-44 800 LC Meter Freestyle****NATL: 8:41.65 \* 7/27/2005 JEFF ERWIN****WORLD: 8:41.65 & 7/27/2005 JEFF ERWIN**

1	Moreno, Alejandro	41	MEX	8:51.87	9
	1:02.35	2:08.30	3:15.00	4:22.33	
	5:29.28	6:36.89	7:44.74	8:51.87	
2	Millar, Simon A	43	UCLA-SP	9:52.38	7
	1:09.63	2:24.28	3:39.70	4:55.51	
	6:11.57	7:26.94	8:42.05	9:52.38	
3	Cienega, Julio	43	ROSE-SP	10:37.97	6
	1:15.03	2:33.89	3:53.99	5:14.38	
	6:34.96	7:56.85	9:19.56	10:37.97	
4	Skelly, Drew K	43	ROSE-SP	10:41.18	5
	1:15.79	2:36.87	3:58.88	5:21.01	
	6:42.19	8:03.34	9:23.91	10:41.18	
5	Pappas, Garth A	44	SCMC-SP	13:09.88	4
	1:29.91	3:08.28	4:49.33	6:30.15	
	8:10.38	9:51.71	11:32.34	13:09.88	
6	Kim, Dennis	41	CSAM-SP	16:31.92	3
	1:58.59	4:04.19	6:10.02	8:15.41	
	10:25.19	12:29.46	14:34.41	16:31.92	
7	Mix, Chris	43	CSAM-SP	18:40.27	2
	2:10.50	4:34.18	6:57.39	9:21.66	
	11:44.44	14:06.29	16:27.73	18:40.27	

**Men 40-44 800 LC Meter Freestyle Swim-off****NATL: 8:41.65 \* 7/27/2005 JEFF ERWIN****WORLD: 8:41.65 & 7/27/2005 JEFF ERWIN****- Swim-off**

1	Millar, Simon A	43	UCLA-SP	10:07.64	
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**Men 40-44 1500 LC Meter Freestyle****NATL: 16:39.60 \* 8/14/2008 JEFF ERWIN****WORLD: 16:39.60 & 8/14/2008 JEFF ERWIN**

1	Moreno, Alejandro	41	MEX	16:56.13	9
	1:02.95			2:09.53	
	3:16.68			4:23.97	
	5:31.57			6:39.52	
	7:47.83			8:56.21	
	10:04.24	10:38.02	11:12.70		
	12:21.25		13:29.92		
	14:38.76		15:47.77		
	16:56.13				
2	Shaffer, Mike G	44	VCM-SP	17:09.14	7
	30.58	1:03.37	1:37.06	2:11.08	
	2:44.87	3:18.99	3:52.78	4:26.83	
	5:01.00	5:35.44	6:09.50	6:43.96	
	7:18.41	7:53.25	8:28.07	9:02.58	
	9:37.35	10:12.48	10:47.34	11:22.31	
	11:57.15	12:32.39	13:07.17	13:42.26	
	14:17.24	14:52.45	15:27.32	16:02.14	
	16:36.33	17:09.14			
3	Hochstein, Erik	41	SCAQ-SP	18:46.81	6
	28.04	58.66	1:29.71	2:01.07	
	2:32.53	3:04.13	3:35.60	4:06.74	
	5:16.10	6:05.95	6:49.03	7:30.57	
	8:13.49	8:52.05	9:29.72	10:08.30	
	10:47.47	11:24.41	12:01.23	12:37.98	
	13:15.10	13:52.45	14:29.48	15:05.89	
	15:43.14	16:19.71	16:57.22	17:34.66	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

18:11.31	18:46.81			
4 Millar, Simon A	43 UCLA-SP	18:58.06	5	
33.46	1:10.52	1:48.96	2:27.48	
3:05.71	3:44.07	4:22.26	5:00.53	
5:38.67	6:17.07	6:55.27	7:33.58	
8:12.14	8:50.92	9:29.51	10:07.64	
10:45.98	11:24.75	12:03.17	12:41.43	
13:19.19	13:57.61	14:35.72	15:14.25	
15:52.45	16:30.82	17:09.17	17:47.39	
18:23.97	18:58.06			
5 Collins, Michael D	43 NOVA-SP	19:19.75	4	
34.40	1:11.68	1:39.69	2:29.96	
3:09.10	3:48.30	4:27.89	5:06.86	
5:46.22	6:24.96	7:04.22	7:42.86	
8:22.00	9:00.74	9:39.75	10:18.64	
10:57.63	11:36.48	12:15.39	12:54.02	
13:33.06	14:11.92	14:51.10	15:29.93	
16:08.70	16:47.25	17:25.66	18:04.43	
18:42.94	19:19.75			
6 Jacobs, Lee	40 NOVA-SP	20:14.60	3	
35.33	1:14.11	1:53.89	2:33.16	
3:13.26	3:52.45	4:33.18	5:12.37	
5:52.40	6:32.33	7:13.05	7:53.26	
8:34.45	9:14.93	9:56.07	10:36.84	
11:18.40	11:59.56	12:41.02	13:21.91	
14:03.90	14:44.93	15:26.41	16:07.58	
16:49.78	17:30.64	18:12.77	18:53.41	
19:34.14	20:14.60			
7 Sproles, Greg	41 OJAI-SP	20:27.81	2	
	1:10.01		2:28.66	
	3:49.95		5:12.50	
	6:37.28		8:00.93	
	9:24.14	10:06.25	10:48.96	
	12:12.14	12:54.39	13:36.29	
	15:01.64		16:27.72	
	17:52.64		19:16.68	
20:27.81				
8 Borton, Dan	41 ROSE-SP	20:29.61	1	
34.92	1:13.59	1:53.20	2:33.83	
3:14.66	3:55.86	4:36.98	5:18.12	
5:59.74	6:40.34	7:21.88	8:03.57	
8:44.86	9:27.15	10:08.85	10:50.84	
11:32.20	12:13.89	12:55.58	13:37.03	
14:18.56	14:59.67	15:40.79	16:22.29	
17:03.88	17:45.06	18:26.40	19:07.29	
19:48.76	20:29.61			
9 Kim, Dennis	41 CSAM-SP	29:49.97		
53.62	1:52.20	2:52.78	3:52.61	
4:53.78	5:54.17	6:54.59	7:53.93	
8:55.40	9:55.44	10:56.50	11:58.15	
12:59.24	13:59.79	14:58.67	15:58.22	
16:58.03	17:57.36	18:56.72	19:56.26	
20:56.03	21:55.04	22:55.36	23:53.90	
24:54.84	25:54.22	26:54.68	27:53.32	
28:53.76	29:49.97			
10 Mix, Chris	43 CSAM-SP	33:38.33		
53.98	1:56.62	3:04.85	4:16.13	
5:24.92	6:34.16	7:45.21	8:53.51	
10:03.29	11:11.75	12:20.05	13:28.74	
14:35.62	15:42.44	16:49.47	17:56.80	
19:02.13	20:10.52	21:18.26	22:25.60	
23:33.60	24:39.92	25:48.31	26:56.36	
28:03.66	29:11.18	30:18.60	31:28.68	
32:34.58	33:38.33			

## Men 40-44 50 LC Meter Backstroke

NATL: 27.47 \* 8/23/2008 MICHAEL ROSS

WORLD: 27.47 &amp; 8/23/2008 MICHAEL ROSS

1 Sproles, Greg	41 OJAI-SP	30.90	9
2 Beach, Christopher E	40 SCAQ-SP	32.15	7
3 Power, Michael L	41 WMAC-WI	33.23	6
4 Rippetoe, Kenneth R	40 SCAQ-SP	34.03	5
5 Muth, Daniel F	43 SCAQ-SP	35.63	4
6 Boshoff, Nick	41 UNAT-SP	35.90	3
7 Parent, Doug	42 OJAI-SP	36.25	2
8 Skelly, Drew K	43 ROSE-SP	36.43	1
9 Pappas, Garth A	44 SCMC-SP	41.64	

## Men 40-44 100 LC Meter Backstroke Swim-off

NATL: 59.82 \* 8/24/2008 MICHAEL ROSS

WORLD: 59.82 &amp; 8/24/2008 MICHAEL ROSS

## - Swim-off

1 Muth, Daniel F	43 SCAQ-SP	1:19.45
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## Men 40-44 100 LC Meter Backstroke

NATL: 59.82 \* 8/24/2008 MICHAEL ROSS

WORLD: 59.82 &amp; 8/24/2008 MICHAEL ROSS

1 Shaffer, Mike G	44 VCM-SP	1:06.82	9
2 Sproles, Greg	41 OJAI-SP	1:08.13	7
3 Power, Michael L	41 WMAC-WI	1:11.81	6
4 Rachmel, Leo	42 LVM-SP	1:14.41	5
5 Rippetoe, Kenneth R	40 SCAQ-SP	1:18.28	4
6 Millar, Simon A	43 UCLA-SP	1:19.51	3
7 Muth, Daniel F	43 SCAQ-SP	1:22.51	2
8 Bleuel, Eric S	40 VCM-SP	1:26.84	1

## Men 40-44 200 LC Meter Backstroke

NATL: 2:13.37 \* 8/10/2006 SEAN MURPHY

WORLD: 2:13.37 &amp; 8/5/2006 SEAN MURPHY

1 Hochstein, Erik	41 SCAQ-SP	2:14.37	9
	1:04.94	2:14.37	
2 Rachmel, Leo	42 LVM-SP	2:37.85	7
	1:16.45	2:37.85	
3 Borton, Dan	41 ROSE-SP	2:40.04	6
	1:18.38	2:40.04	
4 Parent, Doug	42 OJAI-SP	3:01.52	5
	1:26.59	3:01.52	

## Men 40-44 50 LC Meter Breaststroke

NATL: 30.41 \* 8/15/2008 JAMES CORBEAU

WORLD: 29.61 &amp; 1/18/2009 YOZO FUJII

1 Beach, Christopher E	40 SCAQ-SP	32.79	9
2 Rippetoe, Kenneth R	40 SCAQ-SP	34.71	7
3 Boshoff, Nick	41 UNAT-SP	35.41	6
4 Paxton, Sean C	40 ROSE-SP	37.12	5
5 Skelly, Drew K	43 ROSE-SP	37.75	4
6 McGillicuddy, Matthew K	40 SCMC-SP	40.91	3
7 Muth, Daniel F	43 SCAQ-SP	40.96	2
8 Greene, Ray	40 NOVA-SP	42.67	1

## Men 40-44 100 LC Meter Breaststroke

NATL: 1:08.01 \* 8/20/2000 DAVID GUTHRIE

WORLD: 1:05.93 &amp; 4/19/2008 ALBERTO MONTINI

1 Beach, Christopher E	40 SCAQ-SP	1:16.19	9
2 Boshoff, Nick	41 UNAT-SP	1:23.22	7
3 Skelly, Drew K	43 ROSE-SP	1:23.49	6
4 Collins, Michael D	43 NOVA-SP	1:26.08	5

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

5 Mix, Chris 43 CSAM-SP 1:56.26 4

1:08.24 2:24.24

5 Rachmel, Leo 42 LVM-SP 2:36.66 4

1:14.13 2:36.66

**Men 40-44 200 LC Meter Breaststroke**

NATL: 2:24.19 \* 5/18/2008 ROQUE SANTOS

WORLD: 2:23.33 &amp; 4/23/2008 ALBERTO MONTINI

1 Rippetoe, Kenneth R 40 SCAQ-SP 3:03.45 9  
1:26.16 3:03.452 Boshoff, Nick 41 UNAT-SP 3:09.77 7  
1:27.84 3:09.77

6 Bauman, Jeremiah L 41 SCMC-SP 2:40.37 3

1:14.63 2:40.37

7 Cienega, Julio 43 ROSE-SP 2:47.49 2

1:23.54 2:47.49

8 Bleuel, Eric S 40 VCM-SP 3:22.05 1

1:34.06 3:22.05

**Men 40-44 50 LC Meter Butterfly**

NATL: 25.87 \* 8/20/2000 PAUL SMITH

WORLD: 25.87 &amp; 8/20/2000 PAUL SMITH

1 Shaffer, Mike G 44 VCM-SP 26.98 9

2 Beach, Christopher E 40 SCAQ-SP 26.99 7

3 Power, Michael L 41 WMAC-WI 28.36 6

4 Rippetoe, Kenneth R 40 SCAQ-SP 29.50 5

5 Millar, Simon A 43 UCLA-SP 29.66 4

6 Bauman, Jeremiah L 41 SCMC-SP 29.80 3

7 Jacobs, Lee 40 NOVA-SP 30.33 2

8 Collins, Michael D 43 NOVA-SP 31.05 1

9 Parent, Doug 42 OJAI-SP 31.06

10 Borton, Dan 41 ROSE-SP 31.12

11 Muth, Daniel F 43 SCAQ-SP 31.31

12 Dajnowicz, Mark A 44 SCA-SP 31.96

13 Paxton, Sean C 40 ROSE-SP 32.04

14 Cienega, Julio 43 ROSE-SP 34.44

15 McGillicuddy, Matthew K 40 SCMC-SP 34.65

--- Sproles, Greg 41 OJAI-SP DQ

**Men 40-44 400 LC Meter IM**

NATL: 4:49.42 \* 8/15/2005 DENNIS BAKER

WORLD: 4:47.01 &amp; 4/22/2007 PETER BERMEL

1 Magee, Mark A 41 LVM-SP 4:57.41 9

1:05.04 2:22.20 3:49.23 4:57.41

2 Hochstein, Erik 41 SCAQ-SP 5:09.96 7

1:05.94 2:24.04 3:58.63 5:09.96

3 Rachmel, Leo 42 LVM-SP 5:37.46 6

1:18.60 2:44.08 4:21.34 5:37.46

4 Borton, Dan 41 ROSE-SP 5:46.53 5

1:15.93 2:44.84 4:28.84 5:46.53

**Men 45-49 50 LC Meter Freestyle**

NATL: 24.29 \* 8/10/2006 PAUL SMITH

WORLD: 24.26 &amp; 7/19/2004 BRENT BARNES

1 Wall, Chris L 47 SCAQ-SP 26.74 9

2 Wyatt, Robby 48 NOVA-SP 26.91 7

3 Riddle, James M 47 NOVA-SP 27.03 6

4 Helgason, Tryggvi 46 LVM-SP 27.05 5

5 Ward, Bob A 46 OJAI-SP 27.21 4

6 Ozun, Sabri 46 LVM-SP 27.98 3

7 McCracken, Bill 48 TVM-PC 28.12 2

8 Stolshek, Bradley S 48 CSAM-SP 29.62 1

9 Bunenko, Andrew 49 SCMC-SP 30.17

10 Hecker, Dennis 46 LVM-SP 30.20

11 Marcroft, Sacha 47 CSAM-SP 30.45

12 Fields, Tom W 49 CSAM-SP 30.72

13 Schauwecker, Eric 45 CSAM-SP 31.56

14 Epstein, Matt 49 SCAQ-SP 31.69

15 Aamoth, James R 48 CSAM-SP 32.20

**Men 40-44 100 LC Meter Butterfly**

NATL: 56.43 \* 8/23/2008 MICHAEL ROSS

WORLD: 56.43 &amp; 8/23/2008 MICHAEL ROSS

1 Magee, Mark A 41 LVM-SP 1:00.92 9

2 Bauman, Jeremiah L 41 SCMC-SP 1:06.50 7

3 Skelly, Drew K 43 ROSE-SP 1:08.55 6

4 Parent, Doug 42 OJAI-SP 1:13.94 5

--- Power, Michael L 41 WMAC-WI DQ

**Men 40-44 200 LC Meter Butterfly**

NATL: 2:05.55 \* 7/11/2004 DENNIS BAKER

WORLD: 2:05.55 &amp; 7/11/2004 DENNIS BAKER

1 Shaffer, Mike G 44 VCM-SP 2:10.22 9

1:02.27 2:10.22

2 Magee, Mark A 41 LVM-SP 2:13.50 7

1:02.94 2:13.50

3 Borton, Dan 41 ROSE-SP 2:48.53 6

1:15.00 2:48.53

4 Jacobs, Lee 40 NOVA-SP 3:09.12 5

1:27.73 3:09.12

5 Bleuel, Eric S 40 VCM-SP 4:07.38 4

1:52.59 4:07.38

**Men 40-44 200 LC Meter IM**

NATL: 2:14.39 \* 6/3/2007 LORENZO BENUCCI

WORLD: 2:12.41 &amp; 6/29/2007 PETER BERMEL

1 Hochstein, Erik 41 SCAQ-SP 2:14.13\* 9

1:01.93 2:14.13

2 Magee, Mark A 41 LVM-SP 2:19.47 7

1:06.26 2:19.47

3 Moreno, Alejandro 41 MEX 2:21.84 6

1:07.66 2:21.84

4 Shaffer, Mike G 44 VCM-SP 2:24.24 5

**Men 45-49 100 LC Meter Freestyle**

NATL: 53.90 \* 8/23/1999 JACK GROSELLE

WORLD: 53.77 &amp; 8/19/2005 MARCO COLOMBO

1 Mc Closkey, James 45 SCAQ-SP 59.12 9

2 Baer, Marc H 45 SCAQ-SP 59.14 7

3 Riddle, James M 47 NOVA-SP 59.25 6

4 McCracken, Bill 48 TVM-PC 1:00.24 5

5 Hathaway, David 49 OREG-OR 1:00.57 4

6 Wyatt, Robby 48 NOVA-SP 1:01.68 3

7 Wall, Chris L 47 SCAQ-SP 1:02.14 2

8 Crowley, Sean T 45 SCAQ-SP 1:04.21 1

9 Sayre, John A 46 ROSE-SP 1:04.36

10 Campana, Franco M 48 OJAI-SP 1:04.99

11 Roney, Brian K 49 SCMC-SP 1:08.42

12 Marcroft, Sacha 47 CSAM-SP 1:09.36

13 Fields, Tom W 49 CSAM-SP 1:09.71

14 Aamoth, James R 48 CSAM-SP 1:14.69

15 Schauwecker, Eric 45 CSAM-SP 1:15.55

16 Durkin, Michael T 45 ROSE-SP 1:19.93

**Men 45-49 100 LC Meter Freestyle Swim-off**

NATL: 53.90 \* 8/23/1999 JACK GROSELLE

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**WORLD: 53.77 & 8/19/2005 MARCO COLOMBO****- Swim-off**

1 Wall, Chris L 47 SCAQ-SP 1:03.64

5 Arshat, Brad 47 NOVA-SP 12:51.56 4  
1:29.99 3:05.76 4:42.81 6:20.41  
7:59.76 9:38.76 11:15.57 12:51.56**Men 45-49 200 LC Meter Freestyle****NATL: 2:00.44 \* 8/10/2006 PAUL SMITH****WORLD: 1:59.37 & 5/3/2008 KAI DITZEL**1 McCracken, Bill 48 TVM-PC 2:08.60 9  
1:02.72 2:08.60  
2 Riddle, James M 47 NOVA-SP 2:12.79 7  
1:04.93 2:12.79  
3 Wyatt, Robby 48 NOVA-SP 2:24.76 6  
1:09.53 2:24.76  
4 Epstein, Matt 49 SCAQ-SP 2:42.26 5  
1:17.61 2:42.26  
5 Aamoth, James R 48 CSAM-SP 2:42.27 4  
1:16.45 2:42.27  
6 Schauwecker, Eric 45 CSAM-SP 2:52.44 3  
1:22.67 2:52.44  
7 Savage, Mark G 46 SCAQ-SP 2:58.33 2  
1:20.01 2:58.33**Men 45-49 800 LC Meter Freestyle Swim-off****NATL: 8:58.84 \* 8/23/1999 JIM MCCONICA****WORLD: 8:42.85 & 8/4/2006 MARCUS MATTIOLI****- Swim-off**

1 Hathaway, David 49 OREG-OR 10:02.75

**Men 45-49 1500 LC Meter Freestyle****NATL: 17:10.90 \* 8/15/2005 GEORGE TIDMARSH****WORLD: 17:10.90 & 8/15/2005 GEORGE TIDMARSH**1 Nadel, Craig M 48 SCAQ-SP 17:44.90 9  
34.03 1:09.52 1:45.94 2:21.04  
2:56.64 3:31.76 4:07.58 4:42.33  
5:17.97 5:52.58 6:27.76 7:02.39  
7:37.89 8:12.60 8:48.40 9:23.14  
9:58.95 10:34.07 11:10.24 11:45.53  
12:21.83 12:57.09 13:33.55 14:09.07  
14:45.88 15:21.58 15:58.47 16:34.38  
17:08.44 17:44.90**Men 45-49 400 LC Meter Freestyle****NATL: 4:09.20 \* 7/19/2008 DENNIS BAKER****WORLD: 4:14.81 & 5/7/2006 MARCUS MATTIOLI**1 McCracken, Bill 48 TVM-PC 4:32.54 9  
1:08.15 2:20.09 3:31.26 4:38.88  
2 Baron, Kurtis C 45 VCM-SP 4:38.88 7  
1:08.33 2:21.20 3:35.16 4:43.92  
3 Riddle, James M 47 NOVA-SP 4:43.92 6  
1:02.34 2:14.60 3:30.62 4:45.44  
4 Mc Closkey, James 45 SCAQ-SP 4:45.44 5  
1:02.34 2:14.60 3:30.62 4:45.44  
5 Hathaway, David 49 OREG-OR 4:46.77 4  
1:09.45 2:22.51 3:35.07 4:46.77  
6 Wyatt, Robby 48 NOVA-SP 5:11.30 3  
1:10.04 2:29.51 3:51.73 5:11.30  
7 Farach, Wadi N 48 CSAM-SP 5:30.59 2  
1:13.98 2:37.89 4:05.72 5:30.59  
8 Roney, Brian K 49 SCMC-SP 5:33.19 1  
1:18.16 2:41.03 4:06.20 5:33.19  
9 Stolshek, Bradley S 48 CSAM-SP 5:39.35  
1:16.43 2:41.97 4:11.92 5:39.35  
10 Schauwecker, Eric 45 CSAM-SP 6:05.02  
1:24.69 2:57.79 6:05.02  
11 Arshat, Brad 47 NOVA-SP 6:10.15  
1:24.33 2:58.42 4:35.48 6:10.15  
12 Durkin, Michael T 45 ROSE-SP 6:23.64  
1:27.10 3:04.95 4:45.55 6:23.642 McCracken, Bill 48 TVM-PC 18:13.76 7  
33.66 1:08.91 1:44.84 2:20.73  
2:57.17 3:32.64 4:08.78 4:45.00  
5:21.43 5:57.69 6:33.84 7:09.70  
7:45.85 8:21.43 8:57.93 9:33.89  
10:10.62 10:47.32 11:24.04 12:00.46  
12:37.32 13:13.15 13:50.31 14:26.45  
15:04.42 15:42.02 16:20.28 16:58.42  
17:36.56 18:13.763 Riddle, James M 47 NOVA-SP 18:55.06 6  
34.17 1:11.30 1:49.64 2:28.32  
3:07.43 3:46.28 4:25.24 5:03.85  
5:42.52 6:20.57 6:59.04 7:37.00  
8:15.30 8:53.24 9:31.52 10:09.10  
10:46.88 11:24.81 12:02.94 12:40.72  
13:18.45 13:56.12 14:33.96 15:11.67  
15:49.60 16:27.52 17:05.25 17:42.88  
18:20.07 18:55.064 Baron, Kurtis C 45 VCM-SP 19:03.29 5  
34.34 1:10.67 1:48.79 2:26.49  
3:04.58 3:42.17 4:20.63 4:58.53  
5:36.63 6:14.16 6:52.34 7:29.78  
8:07.19 8:44.97 9:23.01 10:00.80  
10:39.00 11:17.13 11:56.05 12:34.56  
13:13.33 13:52.36 14:31.12 15:10.03  
15:49.44 16:28.77 17:08.58 17:47.16  
18:26.56 19:03.29**Men 45-49 800 LC Meter Freestyle****NATL: 8:58.84 \* 8/23/1999 JIM MCCONICA****WORLD: 8:42.85 & 8/4/2006 MARCUS MATTIOLI**1 McCracken, Bill 48 TVM-PC 9:26.70 9  
1:07.77 2:20.41 3:32.63 4:44.52  
5:54.91 7:05.08 8:15.91 9:26.70  
2 Riddle, James M 47 NOVA-SP 9:53.11 7  
1:10.29 2:26.54 3:42.70 4:58.63  
6:13.85 7:28.94 8:43.12 9:53.11  
3 Stolshek, Bradley S 48 CSAM-SP 11:47.78 6  
1:21.36 2:48.17 4:17.22 5:47.02  
7:17.66 8:48.45 10:19.88 11:47.78  
4 Hecker, Dennis 46 LVM-SP 12:42.77 5  
1:23.46 2:57.06 4:36.32 6:15.05  
7:52.40 9:31.74 11:12.07 12:42.775 Osorio, Gabriel E 45 LVM-SP 21:37.25 4  
1:24.33 2:08.47 2:53.22  
4:20.96 5:48.56  
7:16.56 8:41.63  
10:07.40 11:33.35  
13:01.35 14:29.83  
15:57.05 17:24.17  
18:51.75 20:18.26  
21:37.25



## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

6	Hathaway, David	49	OREG-OR	21:45.50	3
	35.65	1:13.54	1:52.93	2:31.70	
	3:10.25		4:27.35	5:05.27	
	5:42.54	6:20.09	6:57.55	7:35.12	
	8:12.54	8:49.66	9:27.08	10:02.75	
		12:06.28		13:33.69	
	14:16.11		17:03.41	17:44.33	
	18:25.30	19:05.87	19:46.59	20:26.74	
	21:06.73	21:45.50			
7	Marcroft, Sacha	47	CSAM-SP	23:39.37	2
	38.67	1:20.71	2:05.51	2:51.23	
	3:37.33	4:23.81	5:10.98	5:57.87	
	6:45.67	7:33.04	8:21.19	9:08.92	
	9:56.98	10:44.77	11:32.68	12:20.56	
	13:08.92	13:56.65	14:44.41	15:32.74	
	16:21.56	17:10.28	17:59.22	18:48.37	
	19:37.51	20:26.54	21:15.05	22:04.20	
	22:53.26	23:39.37			
8	Arshat, Brad	47	NOVA-SP	24:50.38	1
	42.18	1:27.75	2:14.84	3:02.46	
	3:50.21	4:38.81	5:27.67	6:17.33	
	7:07.53	7:57.85	8:48.09	9:38.98	
	10:29.62	11:20.09	12:10.18	13:00.81	
	13:51.88	14:43.28	15:33.30	16:23.79	
	17:14.30	18:05.15	18:56.03	19:47.01	
	20:38.33	21:29.01	22:19.49	23:09.83	
	24:00.60	24:50.38			

## Men 45-49 50 LC Meter Backstroke

NATL: 28.05 \* 6/7/2008 STEVE WOOD

WORLD: 28.05 &amp; 6/7/2008 STEVE WOOD

1	Barker, Douglas C	46	MVN-SP	33.33	9
2	Ozun, Sabri	46	LVM-SP	35.45	7
3	Bunenkeno, Andrew	49	SCMC-SP	36.02	6
4	Wall, Chris L	47	SCAQ-SP	36.06	5
5	Epstein, Matt	49	SCAQ-SP	41.43	4

## Men 45-49 100 LC Meter Backstroke

NATL: 1:00.13 \* 6/8/2008 STEVE WOOD

WORLD: 1:00.13 &amp; 6/8/2008 STEVE WOOD

1	Mc Closkey, James	45	SCAQ-SP	1:13.02	9
2	Riddle, James M	47	NOVA-SP	1:14.11	7
3	Mc Ginley, Patrick B	46	ROSE-SP	1:15.55	6
4	Campana, Franco M	48	OJAI-SP	1:16.25	5
5	Barker, Douglas C	46	MVN-SP	1:17.13	4
6	Stolshek, Bradley S	48	CSAM-SP	1:20.42	3
7	Sayre, John A	46	ROSE-SP	1:21.42	2
8	McCracken, Bill	48	TVM-PC	1:26.20	1

## Men 45-49 200 LC Meter Backstroke

NATL: 2:18.44 \* 6/7/2008 STEVE WOOD

WORLD: 2:18.25 &amp; 6/21/2008 LEN GUSHE

1	Farach, Wadi N	48	CSAM-SP	2:54.45	9
	1:23.06	2:54.45			

## Men 45-49 50 LC Meter Breaststroke

NATL: 30.59 \* 6/8/2008 DAVID GUTHRIE

WORLD: 30.41 &amp; 3/27/2002 GLEN CHRISTIANSEN

1	Helgason, Tryggvi	46	LVM-SP	32.75	9
2	Ward, Bob A	46	OJAI-SP	33.25	7
3	Wyatt, Robby	48	NOVA-SP	35.62	6
4	Wall, Chris L	47	SCAQ-SP	35.73	5
5	Mc Closkey, James	45	SCAQ-SP	36.36	4

6	Young, Chad R	45	WH2O-SP	36.45	3
7	Crowley, Sean T	45	SCAQ-SP	36.71	2
8	Ozun, Sabri	46	LVM-SP	36.92	1
9	Sayre, John A	46	ROSE-SP	39.68	
10	Mc Ginley, Patrick B	46	ROSE-SP	41.61	
---	Bunenkeno, Andrew	49	SCMC-SP	DQ	

## Men 45-49 100 LC Meter Breaststroke

NATL: 1:07.38 \* 8/16/2008 DAVID GUTHRIE

WORLD: 1:07.38 &amp; 8/16/2008 DAVID GUTHRIE

1	Helgason, Tryggvi	46	LVM-SP	1:12.44	9
2	Ward, Bob A	46	OJAI-SP	1:15.47	7
3	Young, Chad R	45	WH2O-SP	1:18.44	6
4	Crowley, Sean T	45	SCAQ-SP	1:18.95	5
5	Mc Ginley, Patrick B	46	ROSE-SP	1:29.59	4
6	Sayre, John A	46	ROSE-SP	1:30.31	3

## Men 45-49 200 LC Meter Breaststroke

NATL: 2:27.79 \* 8/17/2008 DAVID GUTHRIE

WORLD: 2:27.79 &amp; 8/17/2008 DAVID GUTHRIE

1	Helgason, Tryggvi	46	LVM-SP	2:47.14	9
	1:21.97	2:47.14			
2	Crowley, Sean T	45	SCAQ-SP	2:57.51	7
	1:25.97	2:57.51			
3	Hecker, Dennis	46	LVM-SP	3:32.21	6
	1:38.69	3:32.21			
---	Ward, Bob A	46	OJAI-SP	X2:48.89	
	1:20.29	2:48.89			

## Men 45-49 50 LC Meter Butterfly

NATL: 25.90 \* 8/10/2006 PAUL SMITH

WORLD: 25.90 &amp; 8/6/2006 PAUL SMITH

1	Egan, Peter F	45	SCAQ-SP	27.37	9
2	Helgason, Tryggvi	46	LVM-SP	28.03	7
3	Mc Closkey, James	45	SCAQ-SP	28.43	6
4	Ozun, Sabri	46	LVM-SP	29.09	5
5	Baer, Marc H	45	SCAQ-SP	29.17	4
6	Ward, Bob A	46	OJAI-SP	29.51	3
7	Campana, Franco M	48	OJAI-SP	30.09	2
8	Hayward, David S	49	NOVA-SP	31.64	1
9	Wall, Chris L	47	SCAQ-SP	31.88	
10	Sayre, John A	46	ROSE-SP	32.28	
11	Bunenkeno, Andrew	49	SCMC-SP	32.36	
12	Mc Ginley, Patrick B	46	ROSE-SP	32.38	
13	Fields, Tom W	49	CSAM-SP	33.26	
14	Aamoth, James R	48	CSAM-SP	39.52	
---	Marcroft, Sacha	47	CSAM-SP	DQ	

## Men 45-49 100 LC Meter Butterfly

NATL: 56.42 \* 8/4/2002 PAUL CARTER

WORLD: 56.85 &amp; 8/11/2002 PAUL CARTER

1	Hontas, Mark	46	SCA-SP	1:02.88	9
2	Helgason, Tryggvi	46	LVM-SP	1:04.39	7
3	Ozun, Sabri	46	LVM-SP	1:04.69	6
4	Ward, Bob A	46	OJAI-SP	1:05.50	5
5	Fields, Tom W	49	CSAM-SP	1:18.47	4
6	Epstein, Matt	49	SCAQ-SP	1:22.24	3

## Men 45-49 200 LC Meter Butterfly

NATL: 2:04.07 \* 7/19/2008 DENNIS BAKER

WORLD: 2:06.94 &amp; 8/9/2006 DENNIS BAKER

1	Hontas, Mark	46	SCA-SP	2:25.03	9
	1:08.32	2:25.03			

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

2	Ozun, Sabri	46	LVM-SP	2:50.27	7
	1:15.96	2:50.27			
---	Baron, Kurtis C	45	VCM-SP	DQ	
	1:24.79	DQ			

## Men 45-49 200 LC Meter IM

NATL: 2:16.12 \* 8/10/2006 DENNIS BAKER

WORLD: 2:16.12 &amp; 8/7/2006 DENNIS BAKER

1	Egan, Peter F	45	SCAQ-SP	2:27.45	9
	1:07.82	2:27.45			
2	Helgason, Tryggvi	46	LVM-SP	2:27.65	7
	1:11.52	2:27.65			
3	Ward, Bob A	46	OJAI-SP	2:31.01	6
	1:11.37	2:31.01			
4	Young, Chad R	45	WH2O-SP	2:43.81	5
	1:20.13	2:43.81			
5	Stolshek, Bradley S	48	CSAM-SP	2:54.56	4
	1:22.12	2:54.56			
---	Irwin, Jon	48	SCAQ-SP	X2:40.80	
	1:17.29	2:40.80			

## Men 45-49 400 LC Meter IM

NATL: 4:50.73 \* 8/10/2006 DENNIS BAKER

WORLD: 4:50.27 &amp; 11/20/2008 MARCUS MATTIOLI

1	Arshat, Brad	47	NOVA-SP	7:20.73	9
	1:48.66	3:46.73	5:51.42	7:20.73	
---	Irwin, Jon	48	SCAQ-SP	X5:47.26	
	1:19.12	2:48.38	4:29.29	5:47.26	

## Men 50-54 50 LC Meter Freestyle

NATL: 24.60 \* 8/23/1998 RICHARD ABRAHAMS

WORLD: 24.47 &amp; 4/21/2008 BRENT BARNES

1	Franklin, Sam D	52	LVM-SP	26.89	9
2	Von Hoffmann, Gerard	53	NOVA-SP	27.21	7
3	Hagen, Robert W	50	MBAC-SP	27.22	6
4	Whitman, Marc	51	OJAI-SP	27.39	5
5	Livingston, Jerry	51	SDSM-SI	28.15	4
6	Benner, Tord E	50	NOVA-SP	28.75	3
7	Austin, Tony K	52	SCAQ-SP	29.16	2
8	Mader, Douglas E	50	MVN-SP	30.36	1
9	Williams, Scott	54	UNAT-PC	30.97	
10	Moxie, Jeff	51	CSAM-SP	31.19	
11	Tally, Bryan J	51	OJAI-SP	31.87	
12	Heins, Barry	53	RGSC-BD	32.63	
13	Feldman, Michael H	51	LVM-SP	36.88	

## Men 50-54 100 LC Meter Freestyle

NATL: 54.93 \* 3/21/2004 JACK GROSELLE

WORLD: 55.11 &amp; 8/13/2007 DAN STEPHENSON

1	Von Hoffmann, Gerard	53	NOVA-SP	59.75	9
2	Hagen, Robert W	50	MBAC-SP	1:00.28	7
3	Livingston, Jerry	51	SDSM-SI	1:00.95	6
4	Whitman, Marc	51	OJAI-SP	1:01.41	5
5	Franklin, Sam D	52	LVM-SP	1:02.04	4
6	Austin, Tony K	52	SCAQ-SP	1:07.33	3
7	Tally, Bryan J	51	OJAI-SP	1:14.03	2
8	Salazar, Gabriel	53	CSAM-SP	1:14.99	1
9	Heins, Barry	53	RGSC-BD	1:15.00	
10	Feldman, Michael H	51	LVM-SP	1:26.52	
11	Giacomazzi, Albert M	54	SCMC-SP	1:30.85	

## Men 50-54 200 LC Meter Freestyle

NATL: 2:00.34 \* 8/13/2007 DAN STEPHENSON

WORLD: 2:00.34 &amp; 8/13/2007 DAN STEPHENSON

1	Hagen, Robert W	50	MBAC-SP	2:14.29	9
	1:04.93	2:14.29			
2	Livingston, Jerry	51	SDSM-SI	2:15.52	7
	1:05.65	2:15.52			
3	Whitman, Marc	51	OJAI-SP	2:24.50	6
	1:10.34	2:24.50			
4	Mader, Douglas E	50	MVN-SP	2:34.28	5
	1:15.47	2:34.28			
5	Austin, Tony K	52	SCAQ-SP	2:36.28	4
	1:14.47	2:36.28			
6	Tally, Bryan J	51	OJAI-SP	2:45.32	3
	1:17.71	2:45.32			
7	Salazar, Gabriel	53	CSAM-SP	2:48.70	2
	1:19.61	2:48.70			
8	Heins, Barry	53	RGSC-BD	2:50.38	1
	1:20.33	2:50.38			

## Men 50-54 400 LC Meter Freestyle

NATL: 4:16.61 \* 8/13/2007 DAN STEPHENSON

WORLD: 4:16.61 &amp; 8/13/2007 DAN STEPHENSON

1	Livingston, Jerry	51	SDSM-SI	4:48.52	9
	1:06.86	2:19.96	3:34.90	4:48.52	
2	Thomas, Bruce W	52	SCAQ-SP	4:48.96	7
	1:09.41	2:21.99	3:35.84	4:48.96	
3	Slosberg, Daniel	52	SCAQ-SP	5:15.65	6
	1:18.39	2:40.13	3:59.54	5:15.65	
4	Kajiwara, Doug	52	SCAQ-SP	5:19.58	5
	1:18.94	2:40.83	4:00.11	5:19.58	
5	Glezen, Jonathan T	50	ROSE-SP	5:27.56	4
	1:17.22	2:41.81	4:07.32	5:27.56	
6	Lannert, Thomas D	51	SWM-SP	5:53.29	3
	1:24.29	2:55.10	4:25.55	5:53.29	
7	Pani, Tom N	53	CSAM-SP	6:04.90	2
	1:25.47	2:57.40	4:31.59	6:04.90	
8	Salazar, Gabriel	53	CSAM-SP	6:17.05	1
	1:20.86	2:55.95	4:35.45	6:17.05	
9	Giacomazzi, Albert M	54	SCMC-SP	7:15.36	
	1:44.51	3:36.04	5:28.23	7:15.36	

## Men 50-54 800 LC Meter Freestyle

NATL: 9:03.84 \* 8/16/2001 JIM MCCONICA

WORLD: 9:03.84 &amp; 8/16/2001 JIM MCCONICA

1	Livingston, Jerry	51	SDSM-SI	10:10.26	9
	1:10.41	2:25.59	3:42.62	5:00.26	
	6:17.99	7:36.66	8:55.14	10:10.26	
2	Mader, Douglas E	50	MVN-SP	11:20.40	7
	1:17.42	2:41.38	4:08.38	5:35.78	
	7:03.20	8:30.04	9:58.08	11:20.40	
3	Pani, Tom N	53	CSAM-SP	12:39.24	6
	1:30.19	3:05.91	4:41.67	6:17.82	
	7:52.89	9:28.53	11:05.45	12:39.24	
4	Salazar, Gabriel	53	CSAM-SP	12:42.13	5
	1:23.26	2:58.29	4:35.97	6:13.21	
	7:51.28	9:28.76	11:07.91	12:42.13	

## Men 50-54 1500 LC Meter Freestyle

NATL: 17:08.33 \* 8/20/2000 JIM MCCONICA

WORLD: 17:08.33 &amp; 8/20/2000 JIM MCCONICA

1	Livingston, Jerry	51	SDSM-SI	19:09.81	9
	34.64	1:11.23	2:27.15		
	3:06.13	3:44.50	5:00.86		

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

	6:18.64		7:36.39		20:29.78	22:05.52	23:33.65		
	8:54.32		10:12.46		9 Heins, Barry		53 RGSC-BD	23:35.54	
	11:29.50		12:46.33		38.12	1:23.04	2:10.85	2:58.49	
	14:03.49		15:20.87		3:46.15	4:33.64	5:20.31	6:08.08	
	16:39.22		17:56.63		6:55.65	7:43.84	8:31.79	9:19.95	
18:34.59	19:09.81				10:07.35	10:55.18	11:42.78	12:30.67	
2 Thomas, Bruce W		52 SCAQ-SP	19:17.85	7	13:18.74	14:07.27	14:55.20	15:43.03	
35.35	1:13.26	1:52.08	2:30.94		16:29.97	17:17.59	18:05.13	18:52.49	
3:09.83	3:48.63	4:27.22	5:05.95		19:39.94	20:27.43	21:15.53	22:03.87	
5:44.51	6:23.29	7:01.73	7:40.38		22:51.58	23:35.54			
8:18.90	8:57.48	9:35.89	10:14.59		10 Kalmenson, Bill B		53 SCAQ-SP	24:24.11	
10:53.10	11:32.23	12:11.25	12:50.36		42.58	1:30.05	2:18.95	3:08.23	
13:29.56	14:08.76	14:47.51	15:26.24		3:58.10	4:47.39	5:36.89	6:26.01	
16:04.86	16:44.23	17:23.12	18:02.38		7:15.71	8:04.72	8:54.21	9:43.44	
18:40.86	19:17.85				10:33.02	11:22.19	12:12.16	13:00.78	
3 Slosberg, Daniel		52 SCAQ-SP	20:25.27	6	13:50.22	14:39.46	15:28.88	16:17.68	
37.40	1:17.79	1:58.07	2:38.76		17:06.90	17:55.90	18:45.44	19:34.37	
3:20.57	4:01.40	4:42.30	5:23.44		20:24.01	21:12.28	22:00.86	22:49.77	
6:04.44	6:45.03	7:26.22	8:07.10		23:38.20	24:24.11			
8:48.36	9:29.22	10:10.42	10:51.42		11 Pani, Tom N		53 CSAM-SP	24:36.97	
11:33.00	12:13.80	12:55.33	13:36.61		44.11	1:30.52	2:18.16	3:06.34	
14:18.25	14:59.57	15:41.38	16:22.45		3:55.04	4:43.52	5:32.39	6:20.99	
17:03.80	17:44.34	18:25.01	19:05.18		7:10.21	7:58.62	8:48.01	9:36.80	
19:45.35	20:25.27				10:25.85	11:15.05	12:05.08	12:54.66	
4 Glezen, Jonathan T		50 ROSE-SP	21:44.00	5	13:44.89	14:34.32	15:24.35	16:14.04	
38.20	1:19.20	2:01.59	2:43.56		17:04.14	17:54.04	18:44.84	19:35.43	
3:26.85	4:10.23	4:52.97	5:35.90		20:26.37	21:16.93	22:07.71	22:58.06	
6:19.51	7:02.17	7:46.57	8:29.98		23:48.44	24:36.97			
9:13.82	9:57.53	10:41.44	11:25.42						
12:09.97	12:54.07	13:38.45	14:22.69						
15:07.99	15:52.76	16:37.46	17:21.45						
18:07.01	18:51.07	19:36.09	20:20.10						
21:04.20	21:44.00								
5 Mader, Douglas E		50 MVN-SP	21:55.20	4					
38.16	1:19.86	2:02.69	2:45.88						
3:28.86	4:11.66	4:55.37	5:38.85						
6:23.19	7:07.00	7:50.99	8:34.92						
9:19.30	10:03.30	10:48.15	11:32.25						
12:17.39	13:01.68	13:47.07	14:31.06						
15:16.73	16:00.98	16:45.59	17:30.64						
18:15.61	18:59.33	19:45.32	20:30.25						
21:14.67	21:55.20								
6 Franklin, Sam D		52 LVM-SP	22:28.78	3					
	1:19.53	2:45.22							
	4:12.27	5:39.82							
	7:08.12	8:36.40							
	10:05.63	11:35.96							
	13:07.79	14:39.91							
	16:13.29	17:47.59							
	19:22.24	20:56.94							
22:28.78									
7 Ireland, Bill		50 SCAQ-SP	23:02.79	2					
36.54	1:17.27	1:59.67	2:43.15						
3:26.98	4:10.83	4:55.93	5:40.10						
6:25.34	7:10.71	7:56.39	8:41.79						
9:27.98	10:14.41	11:05.98	11:51.04						
12:42.37	13:28.17	14:19.05	15:05.12						
15:56.22	16:42.23	17:34.16	18:19.02						
19:11.51	19:56.66	20:48.38	21:33.25						
22:23.88	23:02.79								
8 Austin, Tony K		52 SCAQ-SP	23:33.65	1					
1:28.13	3:02.83	4:38.31	6:14.03						
7:48.94	9:24.71	10:59.92	12:32.56						
14:06.66	15:42.18	17:17.45	18:53.64						

## Men 50-54 50 LC Meter Backstroke

NATL: 29.81 \* 8/15/2004 TOM WOLF

WORLD: 29.81 &amp; 8/15/2004 TOM WOLF

1 Fowler, Jamie	50 NOVA-SP	29.43*	9
2 Benner, Tord E	50 NOVA-SP	32.89	7
3 Wilson, Grant	52 NOVA-SP	35.64	6
4 Whitman, Marc	51 OJAI-SP	37.92	5
5 Moxie, Jeff	51 CSAM-SP	39.82	4
6 Tally, Bryan J	51 OJAI-SP	41.10	3
7 Salazar, Gabriel	53 CSAM-SP	41.51	2
8 Mader, Douglas E	50 MVN-SP	44.38	1

## Men 50-54 100 LC Meter Backstroke

NATL: 1:04.83 \* 8/15/2004 TOM WOLF

WORLD: 1:04.83 &amp; 8/15/2004 TOM WOLF

1 Kajiwara, Doug	52 SCAQ-SP	1:13.35	9
2 Benner, Tord E	50 NOVA-SP	1:13.71	7
3 Wilson, Grant	52 NOVA-SP	1:20.46	6
4 Ireland, Bill	50 SCAQ-SP	1:21.50	5
5 Lannert, Thomas D	51 SWM-SP	1:30.62	4

## Men 50-54 200 LC Meter Backstroke

NATL: 2:20.51 \* 8/15/2004 TOM WOLF

WORLD: 2:20.51 &amp; 8/15/2004 TOM WOLF

1 Benner, Tord E	50 NOVA-SP	2:47.46	9
	1:22.75	2:47.46	
2 Wilson, Grant	52 NOVA-SP	2:49.69	7
	1:24.60	2:49.69	
3 Austin, Tony K	52 SCAQ-SP	3:54.40	6
	1:59.32	3:54.40	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Men 50-54 50 LC Meter Breaststroke**

NATL: 31.37 \* 6/2/2007 DOUG MALCOLM

WORLD: 31.37 &amp; 6/2/2007 DOUG MALCOLM

1	Von Hoffmann, Gerard	53	NOVA-SP	33.09	9
2	Uchiyama, Winston S	52	ROSE-SP	35.15	7
3	Moxie, Jeff	51	CSAM-SP	37.98	6
4	Williams, Scott	54	UNAT-PC	38.25	5
5	Heins, Barry	53	RGSC-BD	38.44	4
6	Whitman, Marc	51	OJAI-SP	38.58	3
7	Benner, Tord E	50	NOVA-SP	40.01	2
8	Robinson, Keith A	51	UNAT-SP	42.26	1
9	Salazar, Gabriel	53	CSAM-SP	43.49	
10	Giacomazzi, Albert M	54	SCMC-SP	50.13	

**Men 50-54 100 LC Meter Breaststroke**

NATL: 1:11.49 \* 6/13/2004 JACK GROSELLE

WORLD: 1:11.49 &amp; 6/7/2004 JACK GROSELLE

1	Von Hoffmann, Gerard	53	NOVA-SP	1:13.38	9
2	Uchiyama, Winston S	52	ROSE-SP	1:17.97	7
3	Heins, Barry	53	RGSC-BD	1:28.46	6
4	Robinson, Keith A	51	UNAT-SP	1:33.69	5
5	Salazar, Gabriel	53	CSAM-SP	1:39.20	4

**Men 50-54 200 LC Meter Breaststroke**

NATL: 2:39.08 \* 8/19/2001 RICK COLELLA

WORLD: 2:35.08 &amp; 6/5/2004 LORENZO MARUGO

1	Von Hoffmann, Gerard	53	NOVA-SP	2:44.68	9
				1:19.95	2:44.68
2	Uchiyama, Winston S	52	ROSE-SP	2:50.37	7
				1:21.74	2:50.37
3	Small, Kent W	53	UCLA-SP	3:08.93	6
				1:27.60	3:08.93
4	Heins, Barry	53	RGSC-BD	3:21.53	5
				1:33.10	3:21.53

**Men 50-54 50 LC Meter Butterfly**

NATL: 25.88 \* 8/16/2008 PAUL CARTER

WORLD: 25.88 &amp; 8/16/2008 PAUL CARTER

1	Franklin, Sam D	52	LVM-SP	27.73	9
2	Von Hoffmann, Gerard	53	NOVA-SP	28.19	7
3	Whitman, Marc	51	OJAI-SP	29.76	6
4	Uchiyama, Winston S	52	ROSE-SP	30.02	5
5	Benner, Tord E	50	NOVA-SP	31.12	4
6	Williams, Scott	54	UNAT-PC	31.33	3
7	Moxie, Jeff	51	CSAM-SP	32.55	2
8	Tally, Bryan J	51	OJAI-SP	34.32	1

**Men 50-54 100 LC Meter Butterfly**

NATL: 57.23 \* 8/15/2008 PAUL CARTER

WORLD: 57.23 &amp; 8/15/2008 PAUL CARTER

1	Franklin, Sam D	52	LVM-SP	1:05.10	9
2	Uchiyama, Winston S	52	ROSE-SP	1:09.43	7
3	Whitman, Marc	51	OJAI-SP	1:12.23	6
4	Small, Kent W	53	UCLA-SP	1:20.82	5

**Men 50-54 200 LC Meter Butterfly**

NATL: 2:18.57 \* 8/17/2008 PAUL CARTER

WORLD: 2:15.29 &amp; 1/19/2008 HUGO BREGMAN

1	Slosberg, Daniel	52	SCAQ-SP	2:59.02	9
				1:25.31	2:59.02
2	Austin, Tony K	52	SCAQ-SP	4:14.30	7
				1:58.34	4:14.30

**Men 50-54 200 LC Meter IM**

NATL: 2:20.02 \* 8/16/2008 MICHAEL MANN

WORLD: 2:20.02 &amp; 8/16/2008 MICHAEL MANN

1	Fowler, Jamie	50	NOVA-SP	2:18.05*	9
				1:02.83	2:18.05
2	Uchiyama, Winston S	52	ROSE-SP	2:35.95	7
				1:14.36	2:35.95
3	Magin, James W	52	SCAQ-SP	2:42.72	6
				1:17.06	2:42.72
4	Livingston, Jerry	51	SDSM-SI	2:45.26	5
				1:17.73	2:45.26
5	Kajiwara, Doug	52	SCAQ-SP	2:48.86	4
				1:21.17	2:48.86
6	Benner, Tord E	50	NOVA-SP	2:51.80	3
				1:22.01	2:51.80
7	Ireland, Bill	50	SCAQ-SP	2:58.81	2
				1:20.65	2:58.81
8	Lannert, Thomas D	51	SWM-SP	3:06.91	1
				1:28.24	3:06.91
9	Tally, Bryan J	51	OJAI-SP	3:16.12	
				1:28.92	3:16.12
---	Williams, Scott	54	UNAT-PC	DQ	
				1:31.25	DQ

**Men 50-54 400 LC Meter IM**

NATL: 5:05.82 \* 8/17/2001 RICK COLELLA

WORLD: 5:03.27 &amp; 6/7/2004 LORENZO MARUGO

1	Fowler, Jamie	50	NOVA-SP	5:04.32*	9
				1:08.02	2:26.79
				3:57.28	5:04.32
2	Uchiyama, Winston S	52	ROSE-SP	5:33.90	7
				1:11.30	2:46.53
				4:19.82	5:33.90
3	Small, Kent W	53	UCLA-SP	6:23.17	6
				1:26.18	3:14.69
				4:59.71	6:23.17
4	Austin, Tony K	52	SCAQ-SP	7:39.48	5
				1:49.55	4:03.69
				6:08.65	7:39.48

**Men 55-59 50 LC Meter Freestyle**

NATL: 25.31 \* 8/16/2008 MIKE TENNANT

WORLD: 25.31 &amp; 8/16/2008 MIKE TENNANT

1	Ross, Robert J	55	SCAQ-SP	28.35	9
2	Fowler, Gregory L	56	MVN-SP	29.41	7
3	Heather, Michael R	55	MVN-SP	29.45	6
4	Harris, Courtney	57	OJAI-SP	29.51	5
5	Leonard, Dan P	55	SCAQ-SP	29.63	4
6	Ellison, Kerry L	56	OJAI-SP	29.97	3
7	Sicard, Federico	59	SDSM-SI	31.43	2
8	Nelson, James L	55	DSSM-SP	31.67	1
9	Wilson, Scott	58	OJAI-SP	33.11	
10	Schiffman, Robert L	57	LVM-SP	38.03	
11	Comstock, Tom	55	CSAM-SP	39.39	

**Men 55-59 100 LC Meter Freestyle**

NATL: 58.07 \* 7/8/2006 PAUL TREVISAN

WORLD: 56.20 &amp; 3/29/2009 JACK GROSELLE

1	Mann, Michael T	55	CMS-CO	57.08*	9
2	Townsend, R Scott	56	LVM-SP	1:01.72	7
3	Ross, Robert J	55	SCAQ-SP	1:03.79	6
4	Heather, Michael R	55	MVN-SP	1:06.90	5
5	Harris, Courtney	57	OJAI-SP	1:08.33	4
6	Sicard, Federico	59	SDSM-SI	1:09.40	3
7	Nelson, James L	55	DSSM-SP	1:10.12	2
8	Ellison, Kerry L	56	OJAI-SP	1:11.52	1
9	Edwards, Clive G	56	SWM-SP	1:13.63	
10	Harding, Reed	57	OJAI-SP	1:29.79	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

11	Comstock, Tom	55	CSAM-SP	1:35.30	
<b>Men 55-59 200 LC Meter Freestyle</b>					
NATL: 2:08.03 * 8/15/2005 JIM MCCONICA					
WORLD: 2:07.21 & 3/27/2009 JACK GROSELLE					
1	Mann, Michael T	55	CMS-CO	2:04.01&	9
	59.26			2:04.01	
2	Townsend, R Scott	56	LVM-SP	2:18.21	7
	1:06.98			2:18.21	
3	Ross, Robert J	55	SCAQ-SP	2:29.23	6
	1:12.26			2:29.23	
4	Heather, Michael R	55	MVN-SP	2:34.55	5
	1:17.19			2:34.55	
5	Sicard, Federico	59	SDSM-SI	2:38.67	4
	1:17.90			2:38.67	
6	Lucas, James B	59	LAAC-SP	2:39.29	3
	1:16.77			2:39.29	
7	Harris, Courtney	57	OJAI-SP	2:42.68	2
	1:18.17			2:42.68	
8	Ferguson, Howard A	55	LBG-SP	2:54.91	1
	1:21.95			2:54.91	
9	Wilson, Scott	58	OJAI-SP	2:59.54	
	1:26.93			2:59.54	
10	Comstock, Tom	55	CSAM-SP	4:00.98	
	1:47.20			4:00.98	

**Men 55-59 400 LC Meter Freestyle**

NATL: 4:25.34 \* 8/15/2005 JIM MCCONICA

WORLD: 4:25.34 &amp; 8/15/2005 JIM MCCONICA

1	Mann, Michael T	55	CMS-CO	4:22.49*	9
2	Townsend, R Scott	56	LVM-SP	4:39.56	7
	1:07.18		3:31.15	4:39.56	
3	Phillips, Jr, Rick	55	SCAQ-SP	5:00.70	6
	1:12.30		3:47.96	5:00.70	
4	Leonard, Dan P	55	SCAQ-SP	5:15.85	5
	1:14.08		3:56.08	5:15.85	
5	Sicard, Federico	59	SDSM-SI	5:27.68	4
	1:15.94		4:04.72	5:27.68	
6	Ellison, Kerry L	56	OJAI-SP	5:40.43	3
	1:17.33		4:12.65	5:40.43	
7	Harris, Courtney	57	OJAI-SP	5:46.39	2
	1:17.88		4:14.80	5:46.39	
8	Wilson, Scott	58	OJAI-SP	6:16.65	1
	1:28.01		4:43.16	6:16.65	
9	Comstock, Tom	55	CSAM-SP	8:48.10	

**Men 55-59 800 LC Meter Freestyle**

NATL: 9:06.86 \* 4/2/2006 JIM MCCONICA

WORLD: 9:06.86 &amp; 4/2/2006 JIM MCCONICA

1	Townsend, R Scott	56	LVM-SP	9:42.16	9
	1:09.93		3:36.84	4:50.61	
	6:04.58		8:32.15	9:42.16	
2	Ferguson, Howard A	55	LBG-SP	12:37.15	7
	1:24.30		4:35.96	6:13.55	
	7:51.33		11:06.44	12:37.15	
3	Comstock, Tom	55	CSAM-SP	18:25.84	6
	2:00.11		6:36.36	8:55.61	
	11:19.92		16:08.53	18:25.84	

**Men 55-59 800 LC Meter Freestyle Swim-off**

NATL: 9:06.86 \* 4/2/2006 JIM MCCONICA

WORLD: 9:06.86 &amp; 4/2/2006 JIM MCCONICA

**- Swim-off**

1	Mann, Michael T	55	CMS-CO	9:00.09*
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**Men 55-59 1500 LC Meter Freestyle**

NATL: 17:40.10 \* 8/15/2005 JIM MCCONICA

WORLD: 17:40.10 &amp; 8/15/2005 JIM MCCONICA

1	Mann, Michael T	55	CMS-CO	18:19.13	9
	31.67		1:05.21	1:39.19	2:13.43
	2:47.16		3:21.31	3:55.72	4:29.77
	5:03.66		5:37.23	6:11.10	6:44.70
	7:18.73		7:52.66	8:27.12	9:00.09
	10:05.95		10:53.47	11:29.31	12:06.52
	12:43.27		13:28.08	14:06.42	14:42.59
	15:18.78		15:54.78	16:31.53	17:08.12
	17:43.83		18:19.13		
2	Phillips, Jr, Rick	55	SCAQ-SP	20:04.23	7
	35.33		1:14.99	1:55.24	2:35.62
	3:16.16		3:56.54	4:37.64	5:18.59
	6:00.03		6:40.75	7:22.22	8:03.04
	8:44.10		9:24.29	10:05.39	10:45.59
	11:26.43		12:06.90	12:47.14	13:27.28
	14:07.75		14:47.90	15:28.47	16:08.83
	16:49.06		17:29.14	18:09.19	18:48.68
	19:28.04		20:04.23		
3	Nelson, James L	55	DSSM-SP	23:03.24	6
	38.95		1:21.79	2:06.88	2:52.21
	3:39.31		4:26.61	5:14.00	6:01.34
	6:49.06		7:36.06	8:23.43	9:10.46
	9:58.01		10:45.09	11:32.31	12:18.60
	13:05.45		13:51.72	14:38.62	15:24.90
	16:12.08		16:58.95	17:45.73	18:31.84
	19:18.71		20:04.85	20:51.03	21:36.48
	22:21.37		23:03.24		
4	Harris, Courtney	57	OJAI-SP	23:59.03	5
	39.58		1:23.11	2:52.47	
			4:23.71	5:57.32	
			7:32.08	9:07.58	
			10:44.54	12:22.23	
			14:00.52	15:39.14	
			17:19.06	18:59.32	
			20:42.94	22:24.22	
			23:59.03		
---	Murphy, Brian J	58	CSAM-SP	X25:10.21	
	1:30.45		3:08.76	4:48.55	6:28.93
	8:09.86		9:51.11	11:33.36	13:14.76
	14:57.06		16:40.53	18:23.53	20:06.29
	21:49.83		23:31.82	25:10.21	

**Men 55-59 50 LC Meter Backstroke**

NATL: 30.37 \* 8/10/2006 GARY HALL

WORLD: 30.37 &amp; 8/8/2006 GARY HALL

1	Evans, Clay T	56	SCAQ-SP	34.07	9
2	Lucas, James B	59	LAAC-SP	34.19	7
3	Fowler, Gregory L	56	MVN-SP	36.45	6
4	Edwards, Clive G	56	SWM-SP	38.41	5
5	Nelson, James L	55	DSSM-SP	40.23	4
6	Ferguson, Howard A	55	LBG-SP	45.23	3

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Men 55-59 100 LC Meter Backstroke**

NATL: 1:06.16 \* 8/10/2006 GARY HALL

WORLD: 1:06.16 &amp; 8/9/2006 GARY HALL

1	Townsend, R Scott	56	LVM-SP	1:14.34	9
2	Lucas, James B	59	LAAC-SP	1:15.17	7
3	O'Keefe, Peter R	59	UCLA-SP	1:16.46	6
4	Evans, Clay T	56	SCAQ-SP	1:17.64	5
5	Astudillo, Fabio	57	SDSM-SI	1:40.17	4
6	Ferguson, Howard A	55	LBG-SP	1:46.59	3

**Men 55-59 200 LC Meter Backstroke**

NATL: 2:25.89 \* 8/15/2005 JIM MCCONICA

WORLD: 2:25.89 &amp; 8/15/2005 JIM MCCONICA

1	Townsend, R Scott	56	LVM-SP	2:38.24	9
				1:18.37	2:38.24
2	Lucas, James B	59	LAAC-SP	2:45.27	7
				1:21.06	2:45.27
3	Ferguson, Howard A	55	LBG-SP	3:54.32	6
				1:54.46	3:54.32
---	Evans, Clay T	56	SCAQ-SP	DQ	
				1:24.39	DQ

**Men 55-59 50 LC Meter Breaststroke**

NATL: 33.32 \* 3/27/2002 ROBERT STRAND

WORLD: 32.07 &amp; 4/21/2008 TIMOTHY SHEAD

1	Leonard, Dan P	55	SCAQ-SP	35.31	9
2	Templin, Philip John	55	UCI-SP	36.12	7
3	Edwards, Clive G	56	SWM-SP	37.14	6
4	Ellison, Kerry L	56	OJAI-SP	39.83	5
5	Nelson, James L	55	DSSM-SP	42.60	4
6	Harding, Reed	57	OJAI-SP	43.23	3
7	Ferguson, Howard A	55	LBG-SP	48.09	2
8	Schiffman, Robert L	57	LVM-SP	48.69	1

**Men 55-59 100 LC Meter Breaststroke**

NATL: 1:14.30 \* 8/16/2008 RICK COLELLA

WORLD: 1:11.13 &amp; 4/19/2008 TIMOTHY SHEAD

1	Leonard, Dan P	55	SCAQ-SP	1:19.92	9
2	Templin, Philip John	55	UCI-SP	1:21.71	7
3	Edwards, Clive G	56	SWM-SP	1:27.27	6
4	Ellison, Kerry L	56	OJAI-SP	1:31.88	5
5	Nelson, James L	55	DSSM-SP	1:33.49	4
6	Harding, Reed	57	OJAI-SP	1:38.20	3

**Men 55-59 200 LC Meter Breaststroke**

NATL: 2:38.66 \* 8/17/2008 RICK COLELLA

WORLD: 2:38.66 &amp; 8/17/2008 RICK COLELLA

1	Templin, Philip John	55	UCI-SP	2:58.43	9
				1:28.19	2:58.43
2	Leonard, Dan P	55	SCAQ-SP	3:03.40	7
				1:26.07	3:03.40
3	Ellison, Kerry L	56	OJAI-SP	3:15.60	6
				1:32.15	3:15.60
4	Edwards, Clive G	56	SWM-SP	3:19.95	5
				1:35.23	3:19.95
5	Evans, Clay T	56	SCAQ-SP	3:21.16	4
				1:34.61	3:21.16
6	Lucas, James B	59	LAAC-SP	3:21.99	3
				1:36.62	3:21.99

**Men 55-59 50 LC Meter Butterfly**

NATL: 27.08 \* 6/24/2007 GREG SHAW

WORLD: 27.08 &amp; 6/24/2007 GREG SHAW

1	Ross, Robert J	55	SCAQ-SP	30.46	9
2	Heather, Michael R	55	MVN-SP	30.72	7
3	Evans, Clay T	56	SCAQ-SP	30.87	6
4	O'Keefe, Peter R	59	UCLA-SP	31.19	5
5	Leonard, Dan P	55	SCAQ-SP	31.83	4
6	Buckley, Mark	56	UNAT-SP	32.08	3
7	Astudillo, Fabio	57	SDSM-SI	33.18	2
8	Harris, Courtney	57	OJAI-SP	33.62	1
9	Sicard, Federico	59	SDSM-SI	37.67	

**Men 55-59 100 LC Meter Butterfly**

NATL: 1:01.05 \* 8/10/2006 GREG SHAW

WORLD: 1:01.05 &amp; 8/7/2006 GREG SHAW

1	Ross, Robert J	55	SCAQ-SP	1:08.75	9
2	Leonard, Dan P	55	SCAQ-SP	1:10.08	7
3	Heather, Michael R	55	MVN-SP	1:12.06	6
4	Astudillo, Fabio	57	SDSM-SI	1:22.43	5

**Men 55-59 200 LC Meter Butterfly**

NATL: 2:25.35 \* 7/16/2006 GREG SHAW

WORLD: 2:26.37 &amp; 6/14/2008 SCOTT LAUTMAN

1	Ross, Robert J	55	SCAQ-SP	2:40.66	9
				1:16.12	2:40.66
2	Buckley, Mark	56	UNAT-SP	3:27.08	7
				1:33.42	3:27.08
3	Astudillo, Fabio	57	SDSM-SI	3:35.84	6
				1:39.18	3:35.84

**Men 55-59 200 LC Meter IM**

NATL: 2:24.12 \* 8/16/2008 RICK COLELLA

WORLD: 2:24.12 &amp; 8/16/2008 RICK COLELLA

1	Mann, Michael T	55	CMS-CO	2:21.93*	9
				1:07.63	2:21.93
2	Templin, Philip John	55	UCI-SP	2:42.27	7
				1:19.08	2:42.27
3	O'Keefe, Peter R	59	UCLA-SP	2:49.01	6
				1:18.07	2:49.01
4	Evans, Clay T	56	SCAQ-SP	2:53.86	5
				1:19.47	2:53.86
5	Heather, Michael R	55	MVN-SP	2:55.64	4
				1:21.82	2:55.64
6	Ellison, Kerry L	56	OJAI-SP	3:07.79	3
				1:31.37	3:07.79

**Men 55-59 400 LC Meter IM**

NATL: 5:17.10 \* 8/15/2005 JIM MCCONICA

WORLD: 5:17.10 &amp; 8/15/2005 JIM MCCONICA

1	Mann, Michael T	55	CMS-CO	5:04.07*	9		
				1:07.29	2:28.71	3:56.17	5:04.07
2	Templin, Philip John	55	UCI-SP	5:52.66	7		
				1:27.41	3:02.56	4:37.36	5:52.66
3	Evans, Clay T	56	SCAQ-SP	6:13.08	6		
				1:25.46	3:00.36	4:47.88	6:13.08
4	Ferguson, Howard A	55	LBG-SP	7:16.30	5		
				1:43.67	3:43.98	5:44.58	7:16.30

**Men 60-64 50 LC Meter Freestyle**

NATL: 25.23 \* 8/10/2006 RICHARD ABRAHAMS

WORLD: 25.23 &amp; 8/7/2006 RICHARD ABRAHAMS

1	Gruber, Glenn A	60	VCM-SP	28.32	9
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**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

2 Strand, Robert	63 TOC-PC	28.73	7
3 Goeden, Rick L	62 OJAI-SP	29.53	6
4 La Plante, Richard S	64 OJAI-SP	31.88	5

**Men 60-64 100 LC Meter Freestyle Swim-off**

**NATL: 58.61 \* 8/15/2005 RICHARD ABRAHAMS**  
**WORLD: 58.61 & 8/15/2005 RICHARD ABRAHAMS**

**- Swim-off**

1 Greenberg, Henry	61 NOVA-SP	1:13.23	
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**Men 60-64 100 LC Meter Freestyle**

**NATL: 58.61 \* 8/15/2005 RICHARD ABRAHAMS**  
**WORLD: 58.61 & 8/15/2005 RICHARD ABRAHAMS**

1 Gruber, Glenn A	60 VCM-SP	1:03.97	9
2 Darby, Bill	62 UNAT-SP	1:06.79	7
3 Goeden, Rick L	62 OJAI-SP	1:09.01	6
4 Berkedal, David J	61 TCC-SP	1:28.50	5

**Men 60-64 200 LC Meter Freestyle**

**NATL: 2:12.69 \* 6/22/2008 FRED SCHLICHER**  
**WORLD: 2:12.69 & 6/21/2008 FRED SCHLICHER**

1 Gruber, Glenn A	60 VCM-SP	2:23.79	9
		1:10.24	2:23.79
2 Goeden, Rick L	62 OJAI-SP	2:36.56	7
		1:14.75	2:36.56

**Men 60-64 400 LC Meter Freestyle**

**NATL: 4:49.83 \* 8/16/2008 GEORGE WENDT**  
**WORLD: 4:48.25 & 4/24/2008 GRAHAM CROFT**

1 Gruber, Glenn A	60 VCM-SP	5:02.65	9
		1:13.61	2:31.69
		3:48.42	5:02.65
2 Darby, Bill	62 UNAT-SP	5:18.34	7
		1:12.53	2:33.99
		3:57.61	5:18.34
3 Goeden, Rick L	62 OJAI-SP	5:48.56	6
		1:17.62	2:46.69
		4:18.36	5:48.56
4 Sovero, Emilio A	61 DSSM-SP	6:42.62	5
		1:32.15	3:14.25
		4:59.82	6:42.62
5 Delatre, Harry J	63 OJAI-SP	7:09.89	4
		1:40.64	3:31.55
		5:22.17	7:09.89

**Men 60-64 800 LC Meter Freestyle**

**NATL: 10:09.12 \* 8/10/2006 JOHN CALVERT**  
**WORLD: 10:02.40 & 8/16/2005 DUNCAN MCCREADIE**

1 Sovero, Emilio A	61 DSSM-SP	13:44.68	9
		1:33.76	3:16.83
		5:00.72	6:46.11
		8:32.15	10:18.53
		12:05.03	13:44.68
2 Finizio, Francesco	60 NOVA-SP	17:41.70	7
		1:53.40	4:06.02
		6:18.84	8:36.70
		10:55.74	13:14.65
		15:30.83	17:41.70

**Men 60-64 1500 LC Meter Freestyle**

**NATL: 19:07.93 \* 8/14/2008 GEORGE WENDT**  
**WORLD: 19:07.93 & 8/14/2008 GEORGE WENDT**

1 Darby, Bill	62 UNAT-SP	20:33.98	9
		34.79	1:13.20
		1:53.55	2:34.91
		3:15.76	3:57.95
		4:39.30	5:21.34
		6:02.75	6:44.11
		7:25.93	8:07.48
		8:49.45	9:30.95
		10:12.75	10:54.39
		11:36.11	12:17.59
		12:59.38	13:41.31
		14:23.16	15:05.27
		15:46.44	16:28.08
		17:09.55	17:51.44
		18:32.68	19:14.54
		19:55.51	20:33.98

2 Greenberg, Henry	61 NOVA-SP	25:22.72	7
		1:34.50	3:17.40
		5:00.86	6:44.19
		8:27.20	10:10.17
		11:53.31	13:35.98
		15:19.37	17:01.82
		18:44.72	20:28.28
		22:10.93	23:50.06
		25:22.72	

3 Sovero, Emilio A	61 DSSM-SP	26:20.72	6
		133.:78001	3:15.95
		5:03.36	6:49.74
		8:36.27	10:23.01
		12:09.63	13:55.78
		15:41.55	17:27.67
		19:14.77	21:01.61
		22:49.58	24:36.55
		26:20.72	

4 Delatre, Harry J	63 OJAI-SP	28:54.85	5
		1:48.10	3:47.30
		5:47.95	7:47.64
		9:45.09	11:42.25
		13:38.25	15:33.18
		17:29.10	19:24.03
		21:19.57	23:14.20
		25:08.82	27:03.44
		28:54.85	

5 Finizio, Francesco	60 NOVA-SP	34:37.26	4
		1:51.64	4:02.25
		6:17.12	8:33.47
		10:53.85	13:15.64
		15:34.02	17:55.84
		20:17.24	22:40.10
		25:03.43	27:27.12
		29:54.40	32:18.82
		34:37.26	

**Men 60-64 50 LC Meter Backstroke**

**NATL: 31.46 \* 6/2/2007 HUGH WILDER**  
**WORLD: 31.46 & 6/2/2007 HUGH WILDER**

1 Gruber, Glenn A	60 VCM-SP	36.06	9
2 Goeden, Rick L	62 OJAI-SP	43.33	7
3 Martinez, Jorge E	62 SDSM-SI	43.77	6
4 Delatre, Harry J	63 OJAI-SP	55.10	5

**Men 60-64 100 LC Meter Backstroke**

**NATL: 1:08.77 \* 6/2/2007 HUGH WILDER**  
**WORLD: 1:08.77 & 6/2/2007 HUGH WILDER**

1 Martinez, Jorge E	62 SDSM-SI	1:35.32	9
2 Delatre, Harry J	63 OJAI-SP	2:03.69	7

**Men 60-64 200 LC Meter Backstroke**

**NATL: 2:39.01 \* 8/10/2006 JOHN CALVERT**  
**WORLD: 2:39.01 & 8/5/2006 JOHN CALVERT**

1 Martinez, Jorge E	62 SDSM-SI	3:16.98	9
		1:39.75	3:16.98
2 Greenberg, Henry	61 NOVA-SP	3:23.50	7
		1:41.60	3:23.50
3 Finizio, Francesco	60 NOVA-SP	5:04.79	6
		2:29.88	5:04.79

**Men 60-64 50 LC Meter Breaststroke**

**NATL: 33.41 \* 8/15/2008 ROBERT STRAND**  
**WORLD: 33.41 & 8/15/2008 ROBERT STRAND**

1 Strand, Robert	63 TOC-PC	34.46	9
2 Gruber, Glenn A	60 VCM-SP	38.98	7
3 Goeden, Rick L	62 OJAI-SP	39.84	6
4 Delatre, Harry J	63 OJAI-SP	50.97	5

**Men 60-64 100 LC Meter Breaststroke**

**NATL: 1:15.42 \* 8/16/2008 ROBERT STRAND**  
**WORLD: 1:15.42 & 8/16/2008 ROBERT STRAND**

1 Strand, Robert	63 TOC-PC	1:19.75	9
2 Delatre, Harry J	63 OJAI-SP	1:48.91	7
3 Berkedal, David J	61 TCC-SP	1:52.23	6

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Men 60-64 200 LC Meter Breaststroke**

NATL: 2:50.77 \* 8/3/2008 ROBERT STRAND

WORLD: 2:50.77 &amp; 8/3/2008 ROBERT STRAND

1	Delatre, Harry J	63	OJAI-SP	3:53.98	9
	1:50.00	3:53.98			
2	Finizio, Francesco	60	NOVA-SP	4:49.64	7
	2:17.39	4:49.64			

**Men 60-64 50 LC Meter Butterfly**

NATL: 27.92 \* 8/15/2005 RICHARD ABRAHAMS

WORLD: 27.92 &amp; 8/15/2005 RICHARD ABRAHAMS

1	Goeden, Rick L	62	OJAI-SP	32.03	9
2	Martinez, Jorge E	62	SDSM-SI	33.66	7
3	Greenberg, Henry	61	NOVA-SP	34.10	6
4	Berkedal, David J	61	TCC-SP	43.54	5

**Men 60-64 100 LC Meter Butterfly**

NATL: 1:03.03 \* 8/15/2005 RICHARD ABRAHAMS

WORLD: 1:03.03 &amp; 8/15/2005 RICHARD ABRAHAMS

1	Martinez, Jorge E	62	SDSM-SI	1:19.61	9
2	Greenberg, Henry	61	NOVA-SP	1:24.06	7

**Men 60-64 200 LC Meter Butterfly**

NATL: 2:31.58 \* 6/22/2008 FRED SCHLICHER

WORLD: 2:31.58 &amp; 6/22/2008 FRED SCHLICHER

1	Martinez, Jorge E	62	SDSM-SI	3:16.98	9
	1:28.68	3:16.98			
2	Greenberg, Henry	61	NOVA-SP	3:29.61	7
	1:42.31	3:29.61			
3	Finizio, Francesco	60	NOVA-SP	5:53.41	6
	2:45.79	5:53.41			

**Men 60-64 200 LC Meter IM**

NATL: 2:30.72 \* 6/22/2008 FRED SCHLICHER

WORLD: 2:30.72 &amp; 6/22/2008 FRED SCHLICHER

1	Gruber, Glenn A	60	VCM-SP	2:47.27	9
	1:17.24	2:47.27			
2	Greenberg, Henry	61	NOVA-SP	3:15.29	7
	1:32.91	3:15.29			
3	Berkedal, David J	61	TCC-SP	3:47.79	6
	1:48.58	3:47.79			
4	Finizio, Francesco	60	NOVA-SP	4:41.47	5
	2:23.93	4:41.47			
---	Martinez, Jorge E	62	SDSM-SI	DQ	
	1:29.74	DQ			

**Men 60-64 400 LC Meter IM**

NATL: 5:30.99 \* 6/22/2008 FRED SCHLICHER

WORLD: 5:30.99 &amp; 6/21/2008 FRED SCHLICHER

1	Greenberg, Henry	61	NOVA-SP	7:05.61	9
	1:34.39	3:29.55	5:30.23	7:05.61	
2	Finizio, Francesco	60	NOVA-SP	10:13.51	7
	2:37.18	5:22.31	8:02.62	10:13.51	

**Men 65-69 50 LC Meter Freestyle**

NATL: 27.15 \* 3/30/2002 JEFF FARRELL

WORLD: 27.15 &amp; 3/30/2002 JEFF FARRELL

1	Stewart, Jim M	68	MVN-SP	36.98	9
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**Men 65-69 100 LC Meter Freestyle**

NATL: 1:01.75 \* 8/16/2008 KEEFE LODWIG

WORLD: 1:01.75 &amp; 8/16/2008 KEEFE LODWIG

1	Freshley, Mike R	68	SDSM-SI	1:08.58	9
2	Anderson, Eric R	65	LAPS-SP	1:09.88	7
3	Ronay, Peter E	67	ROSE-SP	1:17.00	6
4	Stewart, Jim M	68	MVN-SP	1:21.72	5
5	Bleuel, Bart S	68	VCM-SP	1:21.93	4
6	Krakower, Mark A	66	CROC-SP	1:39.32	3

**Men 65-69 200 LC Meter Freestyle**

NATL: 2:18.53 \* 8/15/2008 TOM LANDIS

WORLD: 2:18.53 &amp; 8/15/2008 TOM LANDIS

1	Anderson, Eric R	65	LAPS-SP	2:36.48	9
	1:13.45	2:36.48			
2	Delmer, Thomas N	68	OJAI-SP	3:38.19	7
	1:45.23	3:38.19			

**Men 65-69 400 LC Meter Freestyle**

NATL: 5:00.26 \* 3/10/2007 TOM LANDIS

WORLD: 5:00.26 &amp; 3/10/2007 TOM LANDIS

1	Anderson, Eric R	65	LAPS-SP	5:37.43	9
	1:19.45	2:47.68	4:14.71	5:37.43	
2	Bleuel, Bart S	68	VCM-SP	6:15.57	7
	3:08.96	4:41.62	6:15.57		
3	Krakower, Mark A	66	CROC-SP	7:46.75	6
	1:46.67	3:49.15	5:50.83	7:46.75	

**Men 65-69 800 LC Meter Freestyle**

NATL: 10:25.94 \* 6/10/2007 TOM LANDIS

WORLD: 10:25.94 &amp; 6/10/2007 TOM LANDIS

1	Anderson, Eric R	65	LAPS-SP	11:34.76	9
	1:20.98	2:49.99	4:19.86	5:48.64	
	7:17.38	8:45.34	10:11.88	11:34.76	
2	Krakower, Mark A	66	CROC-SP	16:03.77	7
	1:49.56	3:50.95	5:53.86	7:56.95	
	9:59.81	12:04.59	14:07.14	16:03.77	

**Men 65-69 1500 LC Meter Freestyle**

NATL: 20:00.97 \* 4/6/2008 TOM LANDIS

WORLD: 20:00.97 &amp; 4/6/2008 TOM LANDIS

1	Bleuel, Bart S	68	VCM-SP	24:44.82	9
	1:28.45	3:07.72	4:47.58	6:27.56	
	8:07.59	9:47.79	11:27.97	13:09.35	
	14:50.85	16:31.21	18:11.88	19:51.95	
	21:31.18	23:10.15	24:44.82		
2	Krakower, Mark A	66	CROC-SP	31:09.31	7
	52.66	1:52.68	2:55.12	3:56.01	
	4:59.62	6:02.28	7:06.63	8:07.65	
	9:11.47	10:12.21	11:15.58	12:17.54	
	13:22.13	14:25.36	15:28.84	16:31.90	
	17:35.12	18:38.27	19:41.60	20:44.73	
	21:47.87	22:51.01	23:54.36	24:57.05	
	25:59.87	27:02.37	28:06.14	29:08.06	
	30:09.42	31:09.31			

**Men 65-69 50 LC Meter Backstroke**

NATL: 32.65 \* 8/16/2008 RICHARD BURNS

WORLD: 32.65 &amp; 8/16/2008 RICHARD BURNS

1	Freshley, Mike R	68	SDSM-SI	37.97	9
2	Stewart, Jim M	68	MVN-SP	45.70	7
3	Delmer, Thomas N	68	OJAI-SP	1:00.34	6



**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**Men 65-69 100 LC Meter Backstroke**

**NATL: 1:12.92 \* 8/17/2008 RICHARD BURNS**

**WORLD: 1:12.92 & 8/17/2008 RICHARD BURNS**

1	Stewart, Jim M	68	MVN-SP	1:41.14	9
2	Delmer, Thomas N	68	OJAI-SP	2:16.73	7

**Men 65-69 200 LC Meter Backstroke**

**NATL: 2:44.09 \* 4/19/2008 RICHARD BURNS**

**WORLD: 2:40.95 & 2/22/2008 BERND HORSTMANN**

1	Anderson, Eric R	65	LAPS-SP	3:15.15	9
				1:34.71	3:15.15
2	Stewart, Jim M	68	MVN-SP	3:39.39	7
				1:46.60	3:39.39

**Men 65-69 50 LC Meter Breaststroke**

**NATL: 36.30 \* 7/13/2008 RICHARD TODD**

**WORLD: 35.56 & 6/6/2004 YOSHIHIKO OSAKI**

1	Delmer, Thomas N	68	OJAI-SP	57.45	9
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**Men 65-69 100 LC Meter Breaststroke**

**NATL: 1:22.82 \* 8/16/2008 RICHARD TODD**

**WORLD: 1:21.75 & 4/19/2008 GERSHON SHEFA**

1	Freshley, Mike R	68	SDSM-SI	1:29.29	9
2	Bleuel, Bart S	68	VCM-SP	1:45.05	7
3	Delmer, Thomas N	68	OJAI-SP	2:10.67	6
4	Krakower, Mark A	66	CROC-SP	2:12.46	5

**Men 65-69 200 LC Meter Breaststroke**

**NATL: 3:02.85 \* 8/17/2008 RICHARD TODD**

**WORLD: 2:59.99 & 4/23/2008 GERSHON SHEFA**

1	Freshley, Mike R	68	SDSM-SI	3:19.98	9
				1:36.51	3:19.98

**Men 65-69 50 LC Meter Butterfly**

**NATL: 28.68 \* 8/16/2008 KEEFE LODWIG**

**WORLD: 28.68 & 8/16/2008 KEEFE LODWIG**

1	Freshley, Mike R	68	SDSM-SI	32.42	9
2	Bleuel, Bart S	68	VCM-SP	44.31	7
---	Ronay, Peter E	67	ROSE-SP	DQ	

**Men 65-69 200 LC Meter Butterfly**

**NATL: 2:51.06 \* 6/7/2008 ROBERT POILETMAN**

**WORLD: 2:51.06 & 6/7/2008 ROBERT POILETMAN**

1	Ronay, Peter E	67	ROSE-SP	4:09.70	9
				1:56.38	4:09.70

**Men 65-69 200 LC Meter IM**

**NATL: 2:48.63 \* 6/10/2007 TOM LANDIS**

**WORLD: 2:44.44 & 4/21/2008 GERSHON SHEFA**

1	Freshley, Mike R	68	SDSM-SI	2:56.03	9
				1:25.61	2:56.03
2	Anderson, Eric R	65	LAPS-SP	3:10.55	7
				1:31.27	3:10.55
3	Ronay, Peter E	67	ROSE-SP	3:36.28	6
				1:45.59	3:36.28
4	Bleuel, Bart S	68	VCM-SP	3:42.01	5
				1:55.43	3:42.01

**Men 65-69 400 LC Meter IM**

**NATL: 6:03.31 \* 6/10/2007 TOM LANDIS**

**WORLD: 5:52.79 & 3/20/2004 BARRY YOUNG**

1	Freshley, Mike R	68	SDSM-SI	6:24.97	9
				1:31.15	3:15.82
				4:59.69	6:24.97

**Men 70-74 50 LC Meter Freestyle**

**NATL: 28.53 \* 7/14/2007 JEFF FARRELL**

**WORLD: 28.53 & 7/14/2007 JEFF FARRELL**

1	Ats, Jen	73	CAN	33.08	9
2	Becket, James	73	OJAI-SP	40.99	7
3	Goode, Douglas J	70	ROSE-SP	50.55	6
4	Carter, Louis	72	SCAQ-SP	51.39	5

**Men 70-74 100 LC Meter Freestyle**

**NATL: 1:05.40 \* 8/15/2005 CAV CAVANAUGH**

**WORLD: 1:05.40 & 8/15/2005 CAV CAVANAUGH**

1	Ats, Jen	73	CAN	1:16.75	9
2	Smethurst, Everett W	74	NOVA-SP	1:29.57	7
3	Becket, James	73	OJAI-SP	1:45.71	6
4	Goode, Douglas J	70	ROSE-SP	1:59.80	5
5	Carter, Louis	72	SCAQ-SP	2:09.40	4

**Men 70-74 200 LC Meter Freestyle**

**NATL: 2:26.20 \* 8/15/2008 DAVID RADCLIFF**

**WORLD: 2:26.20 & 8/15/2008 DAVID RADCLIFF**

1	Ats, Jen	73	CAN	3:05.57	9
				1:31.40	3:05.57
2	Becket, James	73	OJAI-SP	4:15.96	7
				2:01.54	4:15.96
3	Carter, Louis	72	SCAQ-SP	4:34.59	6

**Men 70-74 50 LC Meter Backstroke**

**NATL: 35.31 \* 8/17/2003 YOSHI OYAKAWA**

**WORLD: 35.31 & 8/17/2003 YOSHI OYAKAWA**

1	Ats, Jen	73	CAN	40.98	9
2	Becket, James	73	OJAI-SP	1:07.21	7
3	Goode, Douglas J	70	ROSE-SP	1:08.20	6

**Men 70-74 100 LC Meter Backstroke**

**NATL: 1:19.12 \* 8/8/2004 YOSHI OYAKAWA**

**WORLD: 1:19.12 & 8/8/2004 YOSHI OYAKAWA**

1	Ats, Jen	73	CAN	1:37.22	9
2	Smethurst, Everett W	74	NOVA-SP	1:53.78	7
3	Goode, Douglas J	70	ROSE-SP	2:35.72	6

**Men 70-74 200 LC Meter Backstroke**

**NATL: 2:55.19 \* 8/15/2005 BURWELL JONES**

**WORLD: 2:48.10 & 3/14/2009 BARRY YOUNG**

1	Ats, Jen	73	CAN	4:04.37	9
				1:59.54	4:04.37

**Men 70-74 50 LC Meter Breaststroke**

**NATL: 37.47 \* 4/21/2008 KARL WIEDAMANN**

**WORLD: 37.47 & 4/21/2008 KARL WIEDAMANN**

1	Smethurst, Everett W	74	NOVA-SP	54.52	9
2	Becket, James	73	OJAI-SP	56.94	7
3	Goode, Douglas J	70	ROSE-SP	1:01.62	6
4	Carter, Louis	72	SCAQ-SP	1:17.74	5

**Men 70-74 100 LC Meter Breaststroke**

**NATL: 1:24.71 \* 4/19/2008 KARL WIEDAMANN**

**WORLD: 1:24.71 & 4/19/2008 KARL WIEDAMANN**

1	Becket, James	73	OJAI-SP	2:16.96	9
2	Goode, Douglas J	70	ROSE-SP	2:23.05	7
---	Carter, Louis	72	SCAQ-SP	DQ	

**Men 70-74 50 LC Meter Butterfly**

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

<b>NATL:</b>	<b>32.11</b>	<b>*</b>	<b>8/19/2001</b>	<b>RONALD JOHNSON</b>			
<b>WORLD:</b>	<b>31.49</b>	<b>&amp;</b>	<b>9/24/2007</b>	<b>HIROSHI MATSUMOTO</b>			
1	Ats, Jenó		73	CAN		37.00	9
2	Smethurst, Everett W		74	NOVA-SP		46.42	7
3	Goode, Douglas J		70	ROSE-SP		1:13.63	6

**Men 75-79 50 LC Meter Freestyle**

<b>NATL:</b>	<b>31.19</b>	<b>*</b>	<b>8/4/2000</b>	<b>FRANK PIEMME</b>			
<b>WORLD:</b>	<b>30.63</b>	<b>&amp;</b>	<b>9/15/2008</b>	<b>SHINGO YAMAMOTO</b>			
1	Rauch, Will		75	LVM-SP		33.51	9
2	Best, Bob		77	SDSM-SI		33.61	7
3	Mc Meekin, Robert F		75	SCMC-SP		48.09	6
4	Pops, Marty A		75	OJAI-SP		56.76	5

**Men 75-79 100 LC Meter Freestyle**

<b>NATL:</b>	<b>1:10.38</b>	<b>*</b>	<b>6/4/2006</b>	<b>GRAHAM JOHNSTON</b>			
<b>WORLD:</b>	<b>1:07.07</b>	<b>&amp;</b>	<b>3/7/2009</b>	<b>DAVID RADCLIFF</b>			
1	Rauch, Will		75	LVM-SP		1:14.97	9
2	Best, Bob		77	SDSM-SI		1:20.49	7
3	Baker, Donald J		78	SDSM-SI		1:28.20	6
4	Mc Meekin, Robert F		75	SCMC-SP		2:00.17	5

**Men 75-79 200 LC Meter Freestyle**

<b>NATL:</b>	<b>2:30.01</b>	<b>*</b>	<b>7/27/2008</b>	<b>BURWELL JONES</b>			
<b>WORLD:</b>	<b>2:36.30</b>	<b>&amp;</b>	<b>8/6/2006</b>	<b>GRAHAM JOHNSTON</b>			
1	Rauch, Will		75	LVM-SP		2:50.93	9
						1:21.53	2:50.93
2	Baker, Donald J		78	SDSM-SI		3:30.14	7
						1:40.22	3:30.14
3	Pops, Marty A		75	OJAI-SP		4:27.17	6
						2:08.56	4:27.17

**Men 75-79 400 LC Meter Freestyle**

<b>NATL:</b>	<b>5:32.06</b>	<b>*</b>	<b>8/10/2006</b>	<b>GRAHAM JOHNSTON</b>			
<b>WORLD:</b>	<b>5:17.77</b>	<b>&amp;</b>	<b>3/7/2009</b>	<b>DAVID RADCLIFF</b>			
1	Rauch, Will		75	LVM-SP		6:12.23	9
						1:27.15	3:03.29
						4:41.07	6:12.23

**Men 75-79 800 LC Meter Freestyle**

<b>NATL:</b>	<b>11:25.95</b>	<b>*</b>	<b>8/10/2006</b>	<b>GRAHAM JOHNSTON</b>			
<b>WORLD:</b>	<b>11:14.61</b>	<b>&amp;</b>	<b>3/7/2009</b>	<b>DAVID RADCLIFF</b>			
1	Rauch, Will		75	LVM-SP		12:50.72	9
						1:28.98	3:04.27
						4:42.61	6:21.62
						8:00.22	9:39.36
						11:18.31	12:50.72
2	Pops, Marty A		75	OJAI-SP		19:01.76	7
						2:10.89	4:36.29
						7:01.53	9:26.48
						11:50.48	14:13.87
						16:39.54	19:01.76

**Men 75-79 50 LC Meter Backstroke**

<b>NATL:</b>	<b>36.14</b>	<b>*</b>	<b>8/16/2008</b>	<b>YOSHI OYAKAWA</b>			
<b>WORLD:</b>	<b>36.14</b>	<b>&amp;</b>	<b>8/16/2008</b>	<b>YOSHI OYAKAWA</b>			
1	Rauch, Will		75	LVM-SP		48.35	9
2	Szilard, Zoltan M		79	LVM-SP		56.98	7

**Men 75-79 200 LC Meter Backstroke**

<b>NATL:</b>	<b>3:00.32</b>	<b>*</b>	<b>6/15/2008</b>	<b>BURWELL JONES</b>			
<b>WORLD:</b>	<b>3:00.32</b>	<b>&amp;</b>	<b>6/14/2008</b>	<b>BURWELL JONES</b>			
1	Szilard, Zoltan M		79	LVM-SP		5:01.36	9
						2:24.57	5:01.36

**Men 75-79 50 LC Meter Breaststroke**

<b>NATL:</b>	<b>40.82</b>	<b>*</b>	<b>6/3/2006</b>	<b>JOHN KORTHEUER</b>			
<b>WORLD:</b>	<b>40.38</b>	<b>&amp;</b>	<b>7/15/2001</b>	<b>TOSHIO TAJIMA</b>			

1	Best, Bob		77	SDSM-SI		43.82	9
2	Rauch, Will		75	LVM-SP		48.22	7
3	Baker, Donald J		78	SDSM-SI		53.28	6
4	Mitchell, Tom		76	SDSM-SI		53.88	5

**Men 75-79 100 LC Meter Breaststroke**

<b>NATL:</b>	<b>1:34.93</b>	<b>*</b>	<b>6/3/2006</b>	<b>JOHN KORTHEUER</b>			
<b>WORLD:</b>	<b>1:31.90</b>	<b>&amp;</b>	<b>3/2/2008</b>	<b>TSUTOMU KAJIHARA</b>			
1	Baker, Donald J		78	SDSM-SI		2:02.00	9

**Men 75-79 200 LC Meter Breaststroke**

<b>NATL:</b>	<b>3:32.60</b>	<b>*</b>	<b>8/15/2004</b>	<b>ROBERT MACDONALD</b>			
<b>WORLD:</b>	<b>3:28.51</b>	<b>&amp;</b>	<b>9/24/2007</b>	<b>SHUNSAKU TAKAHIRA</b>			
1	Mitchell, Tom		76	SDSM-SI		4:19.74	9
						2:04.92	4:19.74
---	Best, Bob		77	SDSM-SI		DQ	
						1:53.20	DQ

**Men 75-79 50 LC Meter Butterfly**

<b>NATL:</b>	<b>35.66</b>	<b>*</b>	<b>8/20/2000</b>	<b>FRANK PIEMME</b>			
<b>WORLD:</b>	<b>35.66</b>	<b>&amp;</b>	<b>8/20/2000</b>	<b>FRANK PIEMME</b>			
1	Mitchell, Tom		76	SDSM-SI		49.24	9
2	Baker, Donald J		78	SDSM-SI		57.30	7

**Men 75-79 100 LC Meter Butterfly**

<b>NATL:</b>	<b>1:35.81</b>	<b>*</b>	<b>8/20/2000</b>	<b>FRANK PIEMME</b>			
<b>WORLD:</b>	<b>1:26.04</b>	<b>&amp;</b>	<b>7/19/2008</b>	<b>TAKASHI HAYASHI</b>			
1	Mitchell, Tom		76	SDSM-SI		1:57.24	9

**Men 75-79 200 LC Meter Butterfly**

<b>NATL:</b>	<b>3:43.56</b>	<b>*</b>	<b>7/5/1992</b>	<b>ANTON CERER</b>			
<b>WORLD:</b>	<b>3:26.28</b>	<b>&amp;</b>	<b>7/18/2008</b>	<b>TAKASHI HAYASHI</b>			
1	Mitchell, Tom		76	SDSM-SI		4:37.80	9
						2:06.73	4:37.80

**Men 75-79 200 LC Meter IM**

<b>NATL:</b>	<b>3:09.97</b>	<b>*</b>	<b>6/15/2008</b>	<b>BURWELL JONES</b>			
<b>WORLD:</b>	<b>3:09.97</b>	<b>&amp;</b>	<b>6/14/2008</b>	<b>BURWELL JONES</b>			
1	Best, Bob		77	SDSM-SI		3:26.57	9
						1:42.70	3:26.57
2	Mitchell, Tom		76	SDSM-SI		4:00.74	7
						2:01.18	4:00.74

**Men 75-79 400 LC Meter IM**

<b>NATL:</b>	<b>6:52.51</b>	<b>*</b>	<b>6/15/2008</b>	<b>BURWELL JONES</b>			
<b>WORLD:</b>	<b>6:52.51</b>	<b>&amp;</b>	<b>6/15/2008</b>	<b>BURWELL JONES</b>			
1	Mitchell, Tom		76	SDSM-SI		8:31.57	9
						2:02.09	4:23.55
						6:41.25	8:31.57
---	Baker, Donald J		78	SDSM-SI		DQ	
						2:52.16	

**Men 80-84 50 LC Meter Freestyle**

<b>NATL:</b>	<b>33.09</b>	<b>*</b>	<b>5/22/2005</b>	<b>FRANK PIEMME</b>			
<b>WORLD:</b>	<b>32.73</b>	<b>&amp;</b>	<b>1/19/2002</b>	<b>B.SCHLURIKE</b>			
1	Piemme, Frank M		84	LOST-SP		35.01	9
2	Ford, Boyd		84	OJAI-SP		54.50	7

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Men 80-84 100 LC Meter Freestyle**

NATL: 1:18.77 \* 8/15/2005 FRANK PIEMME

WORLD: 1:17.11 &amp; 7/21/2003 KEIJIRO NAKAMURA

1 Piemme, Frank M 84 LOST-SP 1:26.16 9

**Men 80-84 200 LC Meter Freestyle**

NATL: 3:04.65 \* 8/15/2005 FRANK PIEMME

WORLD: 2:59.28 &amp; 2/3/2008 HIROSHI YOSHIMURA

1	Piemme, Frank M	84	LOST-SP	3:16.71	9
	1:36.72		3:16.71		
2	Ford, Boyd	84	OJAI-SP	5:20.12	7
	2:33.91		5:20.12		

**Men 80-84 50 LC Meter Backstroke**

NATL: 41.40 \* 6/13/2004 PAUL HUTINGER

WORLD: 38.41 &amp; 7/21/2003 KEIJIRO NAKAMURA

1	Piemme, Frank M	84	LOST-SP	49.44	9
2	Ford, Boyd	84	OJAI-SP	1:45.11	7

**Men 80-84 50 LC Meter Breaststroke**

NATL: 45.92 \* 4/21/2008 CHARLES URSTADT

WORLD: 41.68 &amp; 9/18/2006 TOSHIO TAJIMA

1 Piemme, Frank M 84 LOST-SP 49.72 9

**Men 80-84 100 LC Meter Breaststroke**

NATL: 1:43.21 \* 4/19/2008 ROBERT MACDONALD

WORLD: 1:41.02 &amp; 7/18/2005 TOSHIO TAJIMA

1 Piemme, Frank M 84 LOST-SP 1:53.31 9

**Men 80-84 50 LC Meter Butterfly**

NATL: 40.65 \* 5/22/2005 FRANK PIEMME

WORLD: 40.92 &amp; 8/15/2005 FRANK PIEMME

1 Piemme, Frank M 84 LOST-SP 44.67 9

**Men 85-89 50 LC Meter Freestyle**

NATL: 35.77 \* 8/15/1998 WOODROW BOWERSOCK

WORLD: 33.94 &amp; 3/2/2008 KEIJIRO NAKAMURA

1 Schmidt, Jurgen B 86 LOST-SP 41.74 9

**Men 85-89 100 LC Meter Freestyle**

NATL: 1:23.87 \* 6/2/2001 JIM EUBANK

WORLD: 1:23.52 &amp; 9/7/2008 KEIJIRO NAKAMURA

1 Schmidt, Jurgen B 86 LOST-SP 1:37.83 9

**Men 85-89 200 LC Meter Freestyle**

NATL: 3:16.95 \* 8/15/2008 WILLARD LAMB

WORLD: 3:13.78 &amp; 7/16/2000 HIKOJI UEKI

1	Schmidt, Jurgen B	86	LOST-SP	3:37.81	9
	1:44.46		3:37.81		

**Men 85-89 400 LC Meter Freestyle**

NATL: 7:10.12 \* 4/6/2008 WILLARD LAMB

WORLD: 7:05.53 &amp; 7/16/2000 HIKOJI UEKI

1	Schmidt, Jurgen B	86	LOST-SP	7:48.78	9
	1:47.54		3:49.72	5:51.35	7:48.78

**Men 85-89 800 LC Meter Freestyle**

NATL: 14:36.90 \* 4/6/2008 WILLARD LAMB

WORLD: 14:36.90 &amp; 4/6/2008 WILLARD LAMB

1	Schmidt, Jurgen B	86	LOST-SP	15:58.89	9
	1:51.15		3:52.56	5:53.67	7:54.70
	9:57.50		11:59.78	14:01.61	15:58.89

**Men 85-89 50 LC Meter Butterfly**

NATL: 46.48 \* 6/19/2004 ANDREW HOLDEN

WORLD: 46.48 &amp; 6/19/2004 ANDREW HOLDEN

1 Schmidt, Jurgen B 86 LOST-SP 1:07.56 9

**Men 85-89 200 LC Meter IM**

NATL: 4:13.14 \* 7/15/2001 ANTON CERER

WORLD: 4:13.14 &amp; 7/15/2001 ANTON CERER

1	Schmidt, Jurgen B	86	LOST-SP	4:36.08	9
	2:24.60		4:36.08		

**Women 72-99 200 LC Meter Medley Relay**

NATL: 2:12.59 \* 8/23/1992 UNIV SAN FRAN

C HINSHAW, J HAUER, N EFFA, B WICKLUND

1	CSAM-SP	A	2:21.00	18
	1) Hancock, Lauren M W27	2) Aamoth, Genny W20		
	3) Denby, Kara W23	4) Rosas, Erin W20		
	1:21.66	2:21.00		

**Women 100-119 200 LC Meter Freestyle Relay**

NATL: 1:52.47 \* 8/23/1992 OREGON

S HERINGER, G GODDARD, L MILLS, L FINLEY

WORLD: 1:51.41 &amp; 10/8/2006 GOLD RUSH -JPN

N SHIRATA, A YAMAMOTO, A NAKAMURA, M OKUHARA

1	CSAM-SP	A	1:58.56	18
	1) Rosas, Erin W20	2) Denby, Kara W23		
	3) Hancock, Lauren M W27	4) Flores, Julie S W42		
	57.61	1:58.56		
2	SCAQ-SP	A	2:10.85	14
	1) Tiernan, Joy W30	2) Yearwood, Ann W25		
	3) Binder, Alexis H W30	4) Bronson, Jenifer L W28		
	1:06.74	2:10.85		

**Women 100-119 200 LC Meter Medley Relay**

NATL: 2:06.67 \* 8/28/1988 HOLMES

BETH MAUER, DEB WALKER, TISH BUCHER, MARY HOLMES

WORLD: 2:04.99 &amp; 10/8/2006 GOLD RUSH -JPN

N SHIRATA, M MASEDA, A YAMAMOTO, M OKUHARA

1	SCAQ-SP	A	2:20.63	18
	1) Bronson, Jenifer L W28	2) Andrus, Megan M W28		
	3) Yearwood, Ann W25	4) Pescatori, Rossella W38		
	1:17.83	2:20.63		

**Women 120-159 200 LC Meter Freestyle Relay**

NATL: 1:52.10 \* 8/15/2004 ILLINOIS

N DAY, H LINGNER, J RIDGE, Z TUSA

WORLD: 1:50.94 &amp; 10/2/2005 GOLD RUSH -JPN

M OKUHARA, N SHIRATA, C SAITO, Y OZAWA

1	SCAQ-SP	A	2:17.07	18
	1) Zeitler, Liz W35	2) Andrus, Megan M W28		
	3) Mac Donald, Maureen E W4	4) McMahan, Ashley W32		
	1:12.19	2:17.07		
2	OJAI-SP	A	2:23.13	14
	1) Cheverez, Elin W34	2) Rogero, Christel W42		
	3) Sproles, Juliana W40	4) Christou, Andre W43		
	1:09.02	2:23.13		
3	CSAM-SP	A	2:45.76	12
	1) Agel, Reem W33	2) Salderfer, Melissa H W39		
	3) Ho, Mary E W34	4) Kretz, Carey W31		
	1:23.39	2:45.76		

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Women 120-159 400 LC Meter Freestyle Relay**

NATL: 4:17.94 \* 7/31/1994 STANFORD

**M MCKINNEY, C CHICHESTER, D OGIER, K SHIBUYA**

1	SCAQ-SP	A	4:52.08	18
	1) Andrus, Megan M W28	2) Tiernan, Joy W30		
	3) Jurey, Mary K W43	4) Bronson, Jenifer L W28		
	1:07.97	2:29.64	3:41.57 4:52.08	
2	OJAI-SP	A	5:48.73	14
	1) Woll, Shandon R W41	2) Riedel, Taylor W21		
	3) Sproles, Juliana W40	4) Casagrande, Jena L W18		
	1:26.95	2:47.01	4:13.31 5:48.73	

**Women 120-159 800 LC Meter Freestyle Relay**

NATL: 9:41.97 \* 7/24/1999 GOLD COAST

**T MOLL, G DERKS-GARDNER, J HERRINGTON, C VICTORIA**

1	SCAQ-SP	A	10:15.49	18
	1) Cook, Jenny L W51	2) Pescatori, Rossella W38		
	3) Binder, Alexis H W30	4) Motherway, Nancy W33		
	1:12.70	2:31.52	3:44.47 5:02.28	
	6:14.04	7:35.94	8:48.88 10:15.49	
2	LVM-SP	A	11:09.02	14
	1) Lamph, Becky L W41	2) James, Paula W50		
	3) Thompson, Christina M W3	4) Nelson, Regina N W19		
	1:19.83	2:45.96	4:06.95 5:37.60	
	7:03.15	8:30.35	9:47.95 11:09.02	
3	CSAM-SP	B	12:47.43	12
	1) Mix, Susan W42	2) Salderfer, Melissa H W39		
	3) Rosas, Erin W20	4) Grant, Lindsay W36		
	1:28.35	3:17.07	5:05.94 7:01.81	
	8:15.73	9:39.21	11:08.82 12:47.43	
4	OJAI-SP	A	12:59.76	10
	1) Sproles, Juliana W40	2) Woll, Shandon R W41		
	3) Cheverez, Elin W34	4) Christou, Andre W43		
	1:34.04	3:09.67	4:45.91 6:27.39	
	7:56.92	9:32.95	11:08.52 12:59.76	
5	OJAI-SP	B	14:36.64	8
	1) Horgan, Sue W54	2) Riedel, Taylor W21		
	3) Thomas, Stephanie W43	4) Casagrande, Jena L W18		
	1:51.72	3:49.85	5:20.68 8:42.07	
			12:27.92 14:36.64	

**Women 120-159 200 LC Meter Medley Relay**

NATL: 2:04.19 \* 8/23/1998 GOLD

**B GARDNER, S GEYER, T MOLL, J HERRINGTON**

WORLD: 2:04.02 &amp; 8/8/2006 GOLD RUSH -JPN

**N SHIRATA, M OKUHARA, C SAITO, Y OZAWA**

1	SCAQ-SP	A	2:33.79	18
	1) Binder, Alexis H W30	2) Tiernan, Joy W30		
	3) Jurey, Mary K W43	4) Zeitler, Liz W35		
	1:22.99	2:33.79		
2	OJAI-SP	A	2:46.67	14
	1) Sproles, Juliana W40	2) Rogero, Christel W42		
	3) Cheverez, Elin W34	4) Christou, Andre W43		
	1:29.28	2:46.67		
3	CSAM-SP	A	3:00.73	12
	1) Agel, Reem W33	2) Christiansen, Mary W47		
	3) Salderfer, Melissa H W39	4) Cleavenger, Becky W46		
	1:35.89	3:00.73		

**Women 120-159 400 LC Meter Medley Relay**

NATL: 4:53.42 \* 8/18/1997 TEAM ORLANDO

**M KELLER, B LENSE, R SEAMAN, C SHONKWILER**

1	OJAI-SP	A	6:44.80	18
	1) Sproles, Juliana W40	2) Cheverez, Elin W34		

3) Woll, Shandon R W41	4) Christou, Andre W43
1:42.83	2:11.71
3:28.44	6:44.80

**Women 160-199 200 LC Meter Freestyle Relay**

NATL: 1:48.44 \* 8/8/2006 TEAM TYR

**S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE**

WORLD: 1:48.44 &amp; 8/8/2006 TEAM TYR -USA

**S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE**

1	SCAQ-SP	A	2:03.77	18
	1) Cook, Jenny L W51	2) Carlson, Jenni W39		
	3) Godges, Arlette A W45	4) Pescatori, Rossella W38		
	1:01.41	2:03.77		
2	OJAI-SP	A	2:34.84	14
	1) Rearwin, Laura W44	2) Wachtell, Kathryn R W46		
	3) Clawson, Kristen S W44	4) Daley, Elana S W45		
	1:12.93	2:34.84		
3	CSAM-SP	A	2:35.64	12
	1) Christiansen, Mary W47	2) Aamoth, Genny W20		
	3) Gyalay, Melinda W39	4) Haddock, Kristi W41		
	1:11.85	2:35.64		
---	CSAM-SP	B	DQ	
	3) Watson, Holly W55	4) Wooten, Jaime L W32		

**Women 160-199 400 LC Meter Freestyle Relay**

NATL: 4:23.44 \* 8/5/2001 SAN DIEGO

**K PIPES-NEILSEN, J MARR, J BUYS, C KRATTLI**

1	OJAI-SP	A	5:13.38	18
	1) Rearwin, Laura W44	2) Pierson, Nancy S W50		
	3) Denton, Camilla W48	4) Xepoleas, Monterey W42		
	1:13.79	2:34.89	3:59.96 5:13.38	
2	OJAI-SP	B	5:41.32	14
	1) van Houten, Kelly L W46	2) Cheverez, Elin W34		
	3) Christou, Andre W43	4) Wachtell, Kathryn R W46		
	1:23.25	2:41.33	4:09.71 5:41.32	
3	CSAM-SP	A	5:51.05	12
	1) Cleavenger, Becky W46	2) Salderfer, Melissa H W39		
	3) Christiansen, Mary W47	4) Fernandez, Susan W48		
	1:10.70	2:47.50	4:19.74 5:51.05	

**Women 160-199 800 LC Meter Freestyle Relay**

NATL: 9:51.60 \* 6/4/2006 MOST

**A BREWER, S INGRAHAM, T ELIAS, E FINCHAM**

1	LVM-SP	A	10:58.53	18
	1) Adams, Kari S W43	2) Tomtan-Brayman, Brenda K		
	3) Moser, Ursula S W40	4) Battin, Carolyn H W55		
	1:17.10	2:37.45	3:55.12 5:19.30	
	6:42.35	8:10.72	9:32.29 10:58.53	
2	SCAQ-SP	A	11:41.43	14
	1) Jurey, Mary K W43	2) Latt, Melissa J W46		
	3) Mac Donald, Maureen E W4	4) Zeitler, Liz W35		
	1:17.82	2:40.24	4:05.09 5:35.90	
	6:52.54	8:16.55	9:59.56 11:41.43	
3	OJAI-SP	A	11:51.90	12
	1) Rearwin, Laura W44	2) Denton, Camilla W48		
	3) Pierson, Nancy S W50	4) Xepoleas, Monterey W42		
	1:20.63	2:47.46	4:17.20 5:57.57	
	7:26.82	9:01.05	10:22.85 11:51.90	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Women 160-199 200 LC Meter Medley Relay**

NATL: 2:04.75 \* 8/8/2006 TEAM TYR

**J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY**

WORLD: 2:04.75 &amp; 8/8/2006 TEAM TYR -USA

**J STEIN, S VON DER LIPPE, B CLEARY, C SAPPEY**

1	SCAQ-SP	A	2:20.53	18
	1) Carlson, Jenni W39	2) Melick, Karen L W52		
	3) Godges, Arlette A W45	4) Cook, Jenny L W51		
	1:18.14	2:20.53		
2	SCAQ-SP	B	2:47.71	14
	1) McMahon, Ashley W32	2) Latt, Melissa J W46		
	3) Mac Donald, Maureen E W4	4) Bronson, Julie L W60		
	1:22.09	2:47.71		
3	OJAI-SP	A	2:59.40	12
	1) Wachtell, Kathryn R W46	2) Clawson, Kristen S W44		
	3) Rearwin, Laura W44	4) Daley, Elana S W45		
	1:44.75	2:59.40		

**Women 160-199 400 LC Meter Medley Relay**

NATL: 4:56.33 \* 8/5/2001 SAN DIEGO

**J MARR, C KRATTLI, K PIPES-NEILSEN, J BUYS**

1	SCAQ-SP	A	5:31.60	18
	1) Binder, Alexis H W30	2) Jurey, Mary K W43		
	3) Mac Donald, Maureen E W4	4) Latt, Melissa J W46		
	1:23.47	2:52.17	4:12.73	5:31.60
2	OJAI-SP	A	5:57.75	14
	1) Xepoleas, Monterey W42	2) Denton, Camilla W48		
	3) Rearwin, Laura W44	4) Pierson, Nancy S W50		
	1:32.35	3:14.95	4:43.25	5:57.75
3	LVM-SP	A	6:07.62	12
	1) Tomtan-Brayman, Brenda K	2) Moser, Ursula S W40		
	3) Post, Heather M W39	4) Battin, Carolyn H W55		
	1:24.69	2:58.68	4:51.88	6:07.62

**Women 200-239 200 LC Meter Freestyle Relay**

NATL: 1:57.21 \* 8/8/2006 PNA

**L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD**

WORLD: 1:57.21 &amp; 8/8/2006 PACIFIC NORTHWEST

**L DAHL, D GLASSMAN, C DAVIS, M LIPPOLD**

1	CSAM-SP	A	2:18.82	18
	1) Stokols, Niki F W52	2) Wyels, Cynthia J W45		
	3) Kirkpatrick-Reno, Nancy W	4) Cleavenger, Becky W46		
	1:13.95	2:18.82		
2	SCAQ-SP	A	2:37.96	14
	1) Latt, Melissa J W46	2) Bronson, Julie L W60		
	3) Melick, Karen L W52	4) Jurey, Mary K W43		
	1:27.80	2:37.96		
3	OJAI-SP	A	2:43.90	12
	1) Pierson, Nancy S W50	2) Denton, Camilla W48		
	3) Wood, Barbara J W52	4) Horgan, Sue W54		
	1:14.68	2:43.90		

**Women 200-239 400 LC Meter Freestyle Relay**

NATL: 4:45.18 \* 7/10/2005 GOLD COAST

**C DEVANNEY, A LABORWIT, D CAVANAUGH, P MCDONNELL**

1	OJAI-SP	A	6:18.94	18
	1) Scotten, Pamela K W59	2) Mc Mahon, Susan J W53		
	3) Horgan, Sue W54	4) Wood, Barbara J W52		
	1:39.61	3:04.79	4:50.54	6:18.94

**Women 200-239 800 LC Meter Freestyle Relay**

NATL: 10:19.41 \* 5/25/2003 SAN DIEGO

**B JORDAN, C KRATTLI, K PIPES-NEILSEN, B DUNBAR**

1	OJAI-SP	A	13:22.62	18
	1) Mc Mahon, Susan J W53	2) Wood, Barbara J W52		
	3) Simonson, Mira W51	4) Wachtell, Kathryn R W46		
	1:30.09	3:05.59	4:37.94	6:25.19
	8:06.66	9:59.70	11:39.07	13:22.62

**Women 200-239 200 LC Meter Medley Relay**

NATL: 2:10.98 \* 8/17/2008 OREGON

**K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI**

WORLD: 2:10.98 &amp; 8/17/2008 OREGON MASTERS

**K ANDRUS-HUGHES, B OBLETZ, A DELMAGE, R PARISI**

1	CSAM-SP	A	2:42.21	18
	1) Wyels, Cynthia J W45	2) Kirkpatrick-Reno, Nancy W		
	3) Flores, Julie S W42	4) Stokols, Niki F W52		
	1:30.37	2:42.21		
2	OJAI-SP	A	3:02.26	14
	1) Horgan, Sue W54	2) Denton, Camilla W48		
	3) Pierson, Nancy S W50	4) Wood, Barbara J W52		
	1:39.90	3:02.26		

**Women 200-239 400 LC Meter Medley Relay**

NATL: 5:13.65 \* 5/25/2003 SAN DIEGO

**B JORDAN, C KRATTLI, K PIPES-NEILSEN, B DUNBAR**

1	OJAI-SP	A	7:21.98	18
	1) van Houten, Kelly L W46	2) Wachtell, Kathryn R W46		
	3) Mc Mahon, Susan J W53	4) Scotten, Pamela K W59		
	1:47.55	2:10.54	3:48.51	7:21.98

**Women 240-279 200 LC Meter Freestyle Relay**

NATL: 2:13.33 \* 8/16/2008 PNA

**S DILLON, S WELCH, S DILLS, D GLASSMAN**

WORLD: 2:13.33 &amp; 8/16/2008 PACIFIC NORTHWEST

**S DILLON, S WELCH, S DILLS, D GLASSMAN**

1	OJAI-SP	A	3:22.54	18
	1) Goodman, Lois A W62	2) Borland, Carole J W66		
	3) Cate, Sheri Ann W64	4) Duque, Mitnee W74		
	1:35.57	3:22.54		

**Women 240-279 800 LC Meter Freestyle Relay**

NATL: 11:59.24 \* 7/20/2008 SAN DIEGO

**A WILLIAMS, L RUDOLF, B JORDAN, B DUNBAR**

1	OJAI-SP	A	16:03.79	18
	1) Goodman, Lois A W62	2) Scotten, Pamela K W59		
	3) Borland, Carole J W66	4) Cate, Sheri Ann W64		
	1:59.73	4:01.60	5:54.76	8:03.88
	9:50.52	11:50.24	13:49.85	16:03.79

**Women 240-279 200 LC Meter Medley Relay**

NATL: 2:33.52 \* 8/8/2006 SAN DIEGO

**B JORDAN, A WILLIAMS, K PIPES-NEILSEN, J MARR**

WORLD: 2:30.69 &amp; 4/22/2008 SPENCER -GBR

**C FELLOWS, D FORD, A HEATH, J HOWARD-JONES**

---	OJAI-SP	A	DQ
	1) Cate, Sheri Ann W64	2) Duque, Mitnee W74	
	3) Goodman, Lois A W62	4) Borland, Carole J W66	
	2:08.43	DQ	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**Men 72-99 200 LC Meter Freestyle Relay**

NATL: 1:40.10 \* 8/13/2007 FLAQ

**P BULLOCK, H SEUNG LEE, L LYONS, C BULLOCK**

1 CSAM-SP	A	1:49.53	18
1) Dumouchel, Rob M28	2) Federer, Wade M M20		
3) Ramos, Christopher D M20	4) Achberger, Peter M30		
55.07	1:49.53		

**Men 72-99 200 LC Meter Medley Relay**

NATL: 1:49.35 \* 8/27/1995 OLYMPIC CLUB

**M COLLEY, J PATRICK, B BUDNEY, G LARSON**

1 CSAM-SP	A	2:05.86	18
1) Ramos, Christopher D M20	2) Dumouchel, Rob M28		
3) Federer, Wade M M20	4) Glaze, Nick M26		
1:10.94	2:05.86		

**Men 100-119 200 LC Meter Freestyle Relay**

NATL: 1:35.57 \* 8/8/2006 OLYMPIC CLUB

**T HOLSMAN, S BROWN, C HESSLER, S GREENWOOD**

WORLD: 1:35.57 &amp; 9/24/2006 PX SANNOBASHI

**N NAGURA, K ISHII, H SAKURAI, A HASHIRATANI**

-JPN

1 SCAQ-SP	A	1:48.24	18
1) Ford, Peter M30	2) Janos, Nathan R M29		
3) Wegner, Dan M38	4) Austin, Jamie T M19		
50.95	1:48.24		

**Men 100-119 800 LC Meter Freestyle Relay**

NATL: 8:04.17 \* 5/29/1994 SANTA CLARA

**S MARINIUK, F MORTENSEN, J PARRACK, M MOORE**

1 LVM-SP	B	9:22.90	18
1) Erickson, Ben M28	2) Pronin, Yan M29		
3) Hurst, Clayton K M27	4) Brayman, Brook T M32		
1:07.81	2:18.41	3:26.64	4:41.17
5:45.27	6:56.11	8:07.98	9:22.90
2 LVM-SP	A	10:53.91	14
1) Salagean, Corneliu M35	2) Battin, David M20		
3) Feldman, Samuel A M19	4) Uchitel, Dmitry M29		
1:19.17	2:48.67	4:07.17	5:34.70
6:50.23	8:13.10	9:27.14	10:53.91

**Men 100-119 200 LC Meter Medley Relay**

NATL: 1:48.46 \* 8/20/1990 HOUSTONION CLUB

**C BRITT, D PUTTERMAN, R KILLEEN, J PRINGLE**

WORLD: 1:44.60 &amp; 5/14/2005 MOBI DICK

**J SUMIDA, L DEFRANCA, E FISCHER, P HORST**

-BRA

1 SCAQ-SP	A	2:00.51	18
1) Wegner, Dan M38	2) Austin, Jamie T M19		
3) Tolmachoff, Erik D M28	4) Janos, Nathan R M29		
1:08.26	2:00.51		

**Men 100-119 400 LC Meter Medley Relay**

NATL: 4:07.97 \* 10/10/2004 NEW ENGLAND

**C, A OKTAVIAN, D SEARLES, B FEHLAU**

1 NOVA-SP	A	4:35.76	18
1) Futo Tendai, Jr, Geza M23	2) Puchalski, Danny M28		
3) Fernandez, Dickie M38	4) Yang, Antonio M27		
1:14.17	2:21.93	3:33.15	4:35.76
2 LVM-SP	B	4:47.98	14
1) Erickson, Ben M28	2) Pronin, Yan M29		
3) Hurst, Clayton K M27	4) Brayman, Brook T M32		
1:13.17	2:35.61	3:49.66	4:47.98
3 LVM-SP	A	5:14.70	12
1) Salagean, Corneliu M35	2) Battin, David M20		

3) Feldman, Samuel A M19	4) Uchitel, Dmitry M29
1:22.49	2:46.51
4:04.04	5:14.70

**Men 120-159 200 LC Meter Freestyle Relay**

NATL: 1:36.53 \* 8/8/2006 NOVA

**O QUEVEDO, F DELGADO, B ZERUHN, P CARTER**

WORLD: 1:36.34 &amp; 7/4/2001 KALERA LAHTI -FIN

**J VIRTANEN, T PAAJANEN, P LEHTINEN, T RUNDGREN**

1 SCAQ-SP	A	1:34.82	18
1) Cornue, Matthew M34	2) Hochstein, Erik M41		
3) Tolmachoff, Erik D M28	4) Beach, Christopher E M40		
47.59	1:34.82		
*2 CSAM-SP	A	1:53.16	14
1) Warren, Carl M M36	2) Lee, Mark K M34		
3) Kretz, Jonathan S M31	4) Glaze, Nick M26		
56.27	1:53.16		
*2 ROSE-SP	A	1:53.33	14
1) Uchiyama, Winston S M52	2) Paxton, Sean C M40		
3) Cienega, Julio M43	4) Skelly, Drew K M43		
57.17	1:53.33		
3 CSAM-SP	B	2:26.11	12
1) Stapleton, Erin M30	2) Afaghi, Keyhan M43		
3) Aamoth, James R M48	4) Kim, Dennis M41		
1:12.09	2:26.11		

**Men 120-159 400 LC Meter Freestyle Relay**

NATL: 3:39.60 \* 7/3/2005 TYR

**R SAEGER, B HIBBARD, M RUFFNER, D WEGNER**

1 NOVA-SP	A	4:00.55	18
1) Fernandez, Dickie M38	2) Spiegel, Michael D M26		
3) Dietrich, Jim M38	4) Rinzler, Marcel M38		
58.53	1:58.65	2:59.96	4:00.55
2 CSAM-SP	A	4:01.94	14
1) Lee, Mark K M34	2) Kretz, Jonathan S M31		
3) Warren, Carl M M36	4) Achberger, Peter M30		
59.58	2:00.38	3:03.68	4:01.94

**Men 120-159 800 LC Meter Freestyle Relay**

NATL: 8:13.69 \* 11/8/2002 SF TSUNAMI

**C CARLISLE, G GLASER, S ROBINSON, D VEATCH**

1 SCAQ-SP	A	8:03.21*	18
1) Schlesinger, David A M34	2) Wegner, Dan M38		
3) Harrigan, Matthew J M31	4) Hochstein, Erik M41		
58.74	2:02.92	3:01.62	4:05.35
5:03.60	6:07.13	7:03.21	8:03.21
2 CSAM-SP	A	9:16.87	14
1) Kretz, Jonathan S M31	2) Warren, Carl M M36		
3) Achberger, Peter M30	4) Lee, Mark K M34		
1:06.35	2:16.53	3:25.93	4:41.11
5:46.63	6:58.67	8:05.76	9:16.87
3 ROSE-SP	A	10:12.38	12
1) Durieux, Chad A M30	2) Petty, Richard W M34		
3) Hixson, Peter M43	4) Pekarek, David N M26		
1:11.84	2:26.84	3:51.36	5:19.02
6:33.67	7:55.05	9:01.00	10:12.38

**Men 120-159 200 LC Meter Medley Relay**

NATL: 1:48.58 \* 8/8/2006 TEAM TYR

**J COMMINGS, M RUFFNER, B HIBBARD, M EISENHUTH**

WORLD: 1:46.33 &amp; 3/7/2009 JAC MORIYA -JPN

**S ADACHI, Y KUSUDA, S SUGIMOTO, Y OKADA**

1 SCAQ-SP	A	2:01.77	18
1) Cornue, Matthew M34	2) Rippetoe, Kenneth R M40		

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

3) Beach, Christopher E M40	4) Muth, Daniel F M43		
1:06.16	2:01.77		
2 CSAM-SP	A	2:11.70	14
1) Lee, Mark K M34	2) Stapleton, Erin M30		
3) Kretz, Jonathan S M31	4) Achberger, Peter M30		
1:12.51	2:11.70		

**Men 120-159 400 LC Meter Medley Relay**

NATL: 4:04.49 \* 5/29/1994 THE OLYMPIC CLB

**S MURPHY, S CORLISS, D LUNDBERG, M KECK**

1 ROSE-SP	A	5:06.71	18
1) Mc Ginley, Patrick B M46	2) Skelly, Drew K M43		
3) Petty, Richard W M34	4) Hixson, Peter M43		
1:17.47	2:42.74	4:04.23	5:06.71
2 ROSE-SP	B	5:09.84	14
1) Sayre, John A M46	2) Uchiyama, Winston S M52		
3) Castleton, Tom M38	4) Cienega, Julio M43		
1:18.92	2:36.96	4:05.50	5:09.84
--- CSAM-SP	A		DQ
1) Warren, Carl M M36	2) Lee, Mark K M34		
3) Kretz, Jonathan S M31	4) Achberger, Peter M30		
1:16.13	2:30.47	3:45.50	DQ

**Men 160-199 200 LC Meter Freestyle Relay**

NATL: 1:36.28 \* 8/8/2006 TEAM TYR

**M EISENHUTH, JOHN SMITH, RICH SAEGER, PAUL SMITH**

WORLD: 1:36.28 &amp; 8/8/2006 TEAM TYR -USA

**M EISENHUTH, J SMITH, R SAEGER, P SMITH**

1 OJAI-SP	A	1:49.98	18
1) Ward, Bob A M46	2) Parent, Doug M42		
3) Whitman, Marc M51	4) Sproles, Greg M41		
56.53	1:49.98		
3 SCAQ-SP	A	1:53.97	12
1) Muth, Daniel F M43	2) Rippetoe, Kenneth R M40		
3) Wall, Chris L M47	4) Epstein, Matt M49		
55.88	1:53.97		
4 SCMC-SP	A	2:01.82	10
1) McGillicuddy, Matthew K	2) Bauman, Jeremiah L M41		
3) Pappas, Garth A M44	4) Bunenko, Andrew M49		
58.90	2:01.82		
5 CSAM-SP	A	2:04.57	8
1) Marcroft, Sacha M47	2) Fields, Tom W M49		
3) Schauwecker, Eric M45	4) Stolshek, Bradley S M48		
1:01.86	2:04.57		
--- NOVA-SP	A		DQ
	2) Von Hoffmann, Gerard M53		
3) Fairchild, Douglas M27	4) Benner, Tord E M50		

**Men 160-199 400 LC Meter Freestyle Relay**

NATL: 3:47.67 \* 6/4/2006 ARIZONA MASTERS

**S MENCKE, B ROTH, D FERNANDEZ, J UTSCH**

1 SCAQ-SP	A	3:41.49*	18
1) Wegner, Dan M38	2) Egan, Peter F M45		
3) Beach, Christopher E M40	4) Hochstein, Erik M41		
56.36	1:54.53	2:48.66	3:41.49
2 OJAI-SP	A	4:04.95	14
1) Sproles, Greg M41	2) Whitman, Marc M51		
3) Campana, Franco M M48	4) Ward, Bob A M46		
58.72	2:00.15	3:04.47	4:04.95
3 SCAQ-SP	B	4:07.82	12
1) Muth, Daniel F M43	2) Mc Closkey, James M45		
3) Rippetoe, Kenneth R M40	4) Porter, Drew A M36		
1:03.70	2:02.18	3:03.93	4:07.82
4 ROSE-SP	A	4:13.62	10

1) Borton, Dan M41	2) Skelly, Drew K M43		
3) Sayre, John A M46	4) Hixson, Peter M43		
1:05.42	2:08.59	3:12.10	4:13.62
5 NOVA-SP	A	4:22.55	8
1) Jacobs, Lee M40	2) Wyatt, Robby M48		
3) Greene, Ray M40	4) Collins, Michael D M43		
1:06.14	2:10.08	3:17.97	4:22.55
6 SCMC-SP	A	4:28.39	6
1) Roney, Brian K M49	2) Bauman, Jeremiah L M41		
3) McGillicuddy, Matthew K	4) Bunenko, Andrew M49		
1:09.47	2:11.16	3:23.16	4:28.39
7 ROSE-SP	B	4:33.29	4
1) Durieux, Chad A M30	2) Uchiyama, Winston S M52		
3) Castleton, Tom M38	4) Petty, Richard W M34		
1:06.74	2:10.92	3:20.56	4:33.29
8 CSAM-SP	A	4:36.87	2
1) Farach, Wadi N M48	2) Fields, Tom W M49		
3) Hanes, Braemon M M35	4) Stolshek, Bradley S M48		
1:10.11	2:19.23	3:28.37	4:36.87
9 CSAM-SP	B	6:17.70	
1) Schauwecker, Eric M45	2) Mix, Chris M43		
3) Afaghi, Keyhan M43	4) Kim, Dennis M41		
1:15.95	3:03.93	4:38.20	6:17.70

**Men 160-199 800 LC Meter Freestyle Relay**

NATL: 8:15.15 \* 7/16/2006 TEAM TYR

**R SAEGER, P SMITH, M RUFFNER, D WEGNER**

1 SCAQ-SP	A	9:22.07	18
1) Mc Closkey, James M45	2) Muth, Daniel F M43		
3) Rippetoe, Kenneth R M40	4) Beach, Christopher E M40		
1:03.27	2:19.25	3:30.61	4:47.36
5:58.44	7:13.53	8:15.30	9:22.07
2 OJAI-SP	A	9:42.25	14
1) Sproles, Greg M41	2) Whitman, Marc M51		
3) Campana, Franco M M48	4) Ward, Bob A M46		
1:07.73	2:16.58	3:29.73	4:48.18
6:01.57	7:22.61	8:29.41	9:42.25
3 CSAM-SP	A	10:44.50	12
1) Stolshek, Bradley S M48	2) Fields, Tom W M49		
3) Farach, Wadi N M48	4) Hanes, Braemon M M35		
1:16.29	2:37.10	3:58.80	5:27.25
6:40.74	8:04.00	9:19.98	10:44.50
4 LVM-SP	A	11:39.20	10
1) Rachmel, Leo M42	2) Rauch, Will M75		
3) Feldman, Michael H M51	4) Magee, Mark A M41		
1:11.97	2:31.55	4:00.95	5:37.25
7:21.43	9:19.20	10:27.47	11:39.20
5 NOVA-SP	A	11:51.96	8
1) Greenberg, Henry M61	2) Greene, Ray M40		
3) Fernandez, Dickie M38	4) Martinez, Shawn A M37		
1:13.23	3:23.77	4:49.51	8:48.19
		10:18.33	11:51.96
6 CSAM-SP	B	12:37.04	6
1) Marcroft, Sacha M47	2) Schauwecker, Eric M45		
3) Mix, Chris M43	4) Salazar, Gabriel M53		
1:17.63	2:43.71	4:07.76	5:37.19
7:33.74	9:45.36	11:06.58	12:37.04

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

**Men 160-199 200 LC Meter Medley Relay**

NATL: 1:47.72 \* 8/8/2006 TEAM TYR

**R SAEGER, G RHODENBAUGH, P SMITH, J SMITH**

WORLD: 1:47.72 &amp; 8/8/2006 TEAM TYR

**R SAEGER, G RHODENBAUGH, P SMITH, J SMITH**

-USA

1	OJAI-SP	A	2:01.79	18
	1) Sproles, Greg M41	2) Ward, Bob A M46		
	3) Parent, Doug M42	4) Whitman, Marc M51		
	1:03.64	2:01.79		
2	SCAQ-SP	A	2:15.79	14
	1) Hochstein, Erik M41	2) Wall, Chris L M47		
	3) Epstein, Matt M49	4) Savage, Mark G M46		
	1:08.91	2:15.79		
*3	ROSE-SP	A	2:19.98	12
	1) Strybel, David M54	2) Besocke, Daniel M33		
	3) Paxton, Sean C M40	4) Skelly, Drew K M43		
	1:17.60	2:19.98		
*3	CSAM-SP	A	2:25.04	12
	1) Stolshek, Bradley S M48	2) Warren, Carl M M36		
	3) Fields, Tom W M49	4) Afaghi, Keyhan M43		
	1:13.28	2:25.04		
4	CSAM-SP	B	2:53.13	10
	1) Marcroft, Sacha M47	2) Mix, Chris M43		
	3) Schauwecker, Eric M45	4) Comstock, Tom M55		
	1:31.81	2:53.13		
---	NOVA-SP	A	DQ	
	1) Benner, Tord E M50	2) Von Hoffmann, Gerard M53		
		4) Fairchild, Douglas M27		

**Men 160-199 400 LC Meter Medley Relay**

NATL: 4:11.72 \* 6/4/2006 ARIZONA MASTERS

**S SHAKE, G OWEN, J UTSCH, B ROTH**

1	SCAQ-SP	A	4:13.61	18
	1) Hochstein, Erik M41	2) Beach, Christopher E M40		
	3) Egan, Peter F M45	4) Wegner, Dan M38		
	1:02.56	2:15.93	3:18.42	4:13.61
2	OJAI-SP	A	4:44.70	14
	1) Campana, Franco M M48	2) Ward, Bob A M46		
	3) Sproles, Greg M41	4) Whitman, Marc M51		
	1:15.79	2:32.65	3:43.82	4:44.70
3	SCAQ-SP	B	5:02.94	12
	1) Porter, Drew A M36	2) Rippetoe, Kenneth R M40		
	3) Ireland, Bill M50	4) Slosberg, Daniel M52		
	1:12.21	2:33.85	3:50.39	5:02.94

**Men 200-239 200 LC Meter Freestyle Relay**

NATL: 1:38.24 \* 8/8/2006 COLORADO

**J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS**

WORLD: 1:38.24 &amp; 8/8/2006 COLORADO

**J GROSELLE, T HEDRICK, S WOOD, R ABRAHAMS**

-USA

1	SCAQ-SP	A	1:59.01	18
	1) Leonard, Dan P M55	2) Austin, Tony K M52		
	3) Ross, Robert J M55	4) Irwin, Jon M48		
	1:00.72	1:59.01		
2	ROSE-SP	A	2:01.44	14
	1) Durieux, Chad A M30	2) Strybel, David M54		
	3) Besocke, Daniel M33	4) Castleton, Tom M38		
	1:00.61	2:01.44		
3	OJAI-SP	A	2:05.01	12
	1) Ellison, Kerry L M56	2) Tally, Bryan J M51		
	3) La Plante, Richard S M64	4) Harris, Courtney M57		
	1:03.19	2:05.01		
4	CSAM-SP	A	2:17.99	10
	1) Moxie, Jeff M51	2) Pani, Tom N M53		

3) Salazar, Gabriel M53  
1:05.80 2:17.99

4) Comstock, Tom M55

**Men 200-239 400 LC Meter Freestyle Relay**

NATL: 4:00.31 \* 7/17/2005 NCMS

**R SCHMITZ, T DIMSDALE, J KLEIN, D GILCHRIST**

1	NOVA-SP	A	4:08.73	18
	1) Fowler, Jamie M50	2) Von Hoffmann, Gerard M53		
	3) Riddle, James M M47	4) Benner, Tord E M50		
	59.59	2:00.64	3:02.77	4:08.73
2	SCAQ-SP	A	4:23.14	14
	1) Wall, Chris L M47	2) Thomas, Bruce W M52		
	3) Ross, Robert J M55	4) Ireland, Bill M50		
	1:03.64	2:09.31	3:13.20	4:23.14
3	OJAI-SP	A	4:48.22	12
	1) Harris, Courtney M57	2) Ellison, Kerry L M56		
	3) Tally, Bryan J M51	4) Wilson, Scott M58		
	1:08.69	2:18.47	3:34.61	4:48.22
4	CSAM-SP	A	5:19.43	10
	1) Comstock, Tom M55	2) Murphy, Brian J M58		
	3) Pani, Tom N M53	4) Marcroft, Sacha M47		
	1:37.95	2:53.04	4:30.30	5:19.43
5	ROSE-SP	A	5:45.47	8
	1) Mc Ginley, Patrick B M46	2) Durkin, Michael T M45		
	3) Goode, Douglas J M70	4) Ronay, Peter E M67		
	1:06.91	2:27.96	4:28.21	5:45.47

**Men 200-239 800 LC Meter Freestyle Relay**

NATL: 8:53.73 \* 8/19/2007 N CAROLINA

**J KLEIN, R SCHMITZ, J RHYNE, P HOLLETT**

1	LVM-SP	A	9:33.65	18
	1) Helgason, Tryggvi M46	2) Franklin, Sam D M52		
	3) Townsend, R Scott M56	4) Ozun, Sabri M46		
	1:05.20	2:13.15	3:24.98	4:38.55
	5:46.12	6:56.31	8:12.63	9:33.65
2	SCAQ-SP	B	9:38.05	14
	1) Kajiwara, Doug M52	2) Irwin, Jon M48		
	3) Leonard, Dan P M55	4) Slosberg, Daniel M52		
	1:09.01	2:19.26	3:27.42	4:43.84
	5:54.55	7:10.63	8:23.96	9:38.05
3	SCAQ-SP	A	9:47.78	12
	1) Magit, Brad M51	2) Thomas, Bruce W M52		
	3) Austin, Tony K M52	4) Ross, Robert J M55		
	1:05.69	2:16.86	3:26.61	4:40.11
	5:55.58	7:18.38	8:31.07	9:47.78
4	OJAI-SP	A	11:52.16	10
	1) Tally, Bryan J M51	2) Harding, Reed M57		
	3) Ellison, Kerry L M56	4) Harris, Courtney M57		
	1:21.92	2:55.68	4:30.61	6:13.36
	7:31.05	8:58.21	10:24.40	11:52.16

**Men 200-239 200 LC Meter Medley Relay**

NATL: 1:50.83 \* 8/8/2006 COLORADO

**S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS**

WORLD: 1:50.83 &amp; 8/8/2006 COLORADO

**S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS**

-USA

1	SCAQ-SP	A	2:12.43	18
	1) Irwin, Jon M48	2) Leonard, Dan P M55		
	3) Ross, Robert J M55	4) Austin, Tony K M52		
	1:11.57	2:12.43		
2	OJAI-SP	A	2:29.09	14
	1) Tally, Bryan J M51	2) Ellison, Kerry L M56		
	3) Harris, Courtney M57	4) La Plante, Richard S M64		
	1:22.14	2:29.09		



**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

3	ROSE-SP	A	2:37.50	12
	1) Cienega, Julio M43		2) Uchiyama, Winston S M52	
	3) Castleton, Tom M38		4) Goode, Douglas J M70	
	1:14.70	2:37.50		
4	CSAM-SP	A	2:37.98	10
	1) Pani, Tom N M53		2) Moxie, Jeff M51	
	3) Aamoth, James R M48		4) Salazar, Gabriel M53	
	1:25.13	2:37.98		

**Men 200-239 400 LC Meter Medley Relay**

NATL: 4:28.50 \* 8/19/2007 N CAROLINA

**J KLEIN, R SCHMITZ, J RHYNE, P HOLLETT**

1	SCAQ-SP	A	4:39.83	18
	1) Kajiwaru, Doug M52		2) Leonard, Dan P M55	
	3) Magit, Brad M51		4) Wall, Chris L M47	
	1:11.60	2:31.75	3:38.46	4:39.83
2	LVM-SP	A	4:56.29	14
	1) Helgason, Tryggvi M46		2) Franklin, Sam D M52	
	3) Townsend, R Scott M56		4) Ozun, Sabri M46	
	1:15.91	2:33.82	3:41.95	4:56.29
3	OJAI-SP	A	5:47.31	12
	1) Tally, Bryan J M51		2) Harding, Reed M57	
	3) Harris, Courtney M57		4) Ellison, Kerry L M56	
	1:34.83	3:11.64	4:35.47	5:47.31
---	NOVA-SP	A	DQ	
	1) Benner, Tord E M50		2) Von Hoffmann, Gerard M53	
	3) Fowler, Jamie M50		4) Riddle, James M M47	
	1:15.83	2:31.29	3:35.43	DQ
---	LVM-SP	B	DQ	
	1) Rachmel, Leo M42		2) Rauch, Will M75	
	3) Feldman, Michael H M51		4) Magee, Mark A M41	
	1:16.66	3:07.22	4:18.02	DQ

**Men 240-279 800 LC Meter Freestyle Relay**

NATL: 9:41.00 \* 7/13/2003 OREGON

**T LANDIS, D RADCLIFF, B BRUCE, S JOHNSON**

1	OJAI-SP	A	15:07.33	18
	1) Becket, James M73		2) Delatre, Harry J M63	
	3) Goeden, Rick L M62		4) Delmer, Thomas N M68	
	1:48.78	3:44.73	5:05.49	6:32.65
	8:30.81	10:30.90	12:40.73	15:07.33

**Men 240-279 400 LC Meter Medley Relay**

NATL: 4:55.69 \* 6/14/2008 OREG

**R SMITH, A STARK, T LANDIS, M TENNANT**

1	SDSM-SI	A	6:05.23	18
	1) Livingston, Jerry M51		2) Astudillo, Fabio M57	
	3) Martinez, Jorge E M62		4) Baker, Donald J M78	
	1:21.20	3:06.81	4:32.77	6:05.23

**Men 280-319 200 LC Meter Freestyle Relay**

NATL: 2:04.45 \* 8/16/2008 OREGON

**D RADCLIFF, G THAYER, B PETERSEN, K VON TAGEN**

WORLD: 2:03.16 &amp; 4/22/2008 HELLAS MASTERS -S

**A SODERQVIST, B FURBERG, O SODERQVIST, P BERGENGRE**

1	SDSM-SI	A	2:27.35	18
	1) Sicard, Federico M59		2) Mitchell, Tom M76	
	3) Best, Bob M77		4) Baker, Donald J M78	
	1:09.40	2:27.35		
2	OJAI-SP	A	3:32.83	14
	1) Ford, Boyd M84		2) Delmer, Thomas N M68	
	3) Becket, James M73		4) Pops, Marty A M75	
	1:45.53	3:32.83		

**Men 280-319 200 LC Meter Medley Relay**

NATL: 2:21.46 \* 8/8/2006 N CAROLINA

**C MITCHELL, J KORTHEUER, R KITCHELL, J CLARK**

WORLD: 2:21.46 &amp; 8/8/2006 NORTH CAROLINA -U

**C MITCHELL, J KORTHEUER, R KITCHELL, J CLARK**

---	OJAI-SP	A	DQ	
	1) Ford, Boyd M84		2) Delmer, Thomas N M68	
	3) Becket, James M73		4) Pops, Marty A M75	
	2:35.35	DQ		

**Mixed 72-99 200 LC Meter Freestyle Relay**

NATL: 1:48.50 \* 8/23/1992 UNIV SAN FRAN

**C HINSHAW, G YANG, J HAUER, A GELLER**

1	CSAM-SP	A	1:47.94*	18
	1) Federer, Wade M M20		2) Hancock, Lauren M W27	
	3) Ramos, Christopher D M20		4) Denby, Kara W23	
	55.41	1:47.94		
2	OJAI-SP	A	1:55.93	14
	1) Kristiansen, Evan B M19		2) Bradley, Gabrielle E W18	
	3) Horgan, Michelle B W19		4) Britton, Jermaine P M28	
	59.28	1:55.93		
3	CSAM-SP	B	2:01.34	12
	1) Dumouchel, Rob M28		2) Aamoth, Genny W20	
	3) Rosas, Erin W20		4) Achberger, Peter M30	
	1:03.72	2:01.34		

**Mixed 72-99 400 LC Meter Freestyle Relay**

NATL: 4:04.97 \* 7/30/1995 OLYMPIC CLUB

**B BUDNEY, M COOLEY, E WEIGAND, A ROWELL**

1	CSAM-SP	A	3:56.54*	18
	1) Federer, Wade M M20		2) Hancock, Lauren M W27	
	3) Ramos, Christopher D M20		4) Denby, Kara W23	
	56.81	2:00.11	2:57.97	3:56.54
2	OJAI-SP	A	4:19.15	14
	1) Kristiansen, Evan B M19		2) Bradley, Gabrielle E W18	
	3) Horgan, Michelle B W19		4) Campana, Robert O M20	
	59.57	2:10.50	3:19.98	4:19.15
3	NOVA-SP	A	4:32.63	12
	1) Puchalski, Danny M28		2) Futo Tendai, Jr, Geza M23	
	3) MacDonald, Megan W24		4) Pelaez, Cristina W22	
	59.07	2:15.33	3:31.67	4:32.63

**Mixed 72-99 800 LC Meter Freestyle Relay**

NATL: 9:13.51 \* 7/31/1994 DAVIS AQUATIC

**D MOUNTS, C SCHULTZ, E WOODS, B NABETA**

1	CSAM-SP	A	8:55.39*	18
	1) Denby, Kara W23		2) Hancock, Lauren M W27	
	3) Ramos, Christopher D M20		4) Federer, Wade M M20	
	1:07.26	2:14.51	3:22.82	4:33.19
	5:36.94	6:47.28	7:49.42	8:55.39
2	OJAI-SP	A	10:11.68	14
	1) Kristiansen, Evan B M19		2) Bradley, Gabrielle E W18	
	3) Horgan, Michelle B W19		4) Campana, Robert O M20	
	1:10.92	2:30.78	3:46.09	5:06.23
	6:24.60	7:48.75	8:57.19	10:11.68

**Mixed 72-99 200 LC Meter Medley Relay**

NATL: 2:02.31 \* 8/23/1992 UNIV SAN FRAN

**G YANG, J HAUER, G MACKEM, C HINSHAW**

1	CSAM-SP	A	2:02.84	18
	1) Hancock, Lauren M W27		2) Denby, Kara W23	
	3) Federer, Wade M M20		4) Ramos, Christopher D M20	

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

1:10.15	2:02.84			
2 OJAI-SP	A	2:15.69	14	
1) Horgan, Michelle B W19	2) Kristiansen, Evan B M19			
3) Britton, Jermaine P M28	4) Bradley, Gabrielle E W18			
1:23.06	2:15.69			

## Mixed 72-99 400 LC Meter Medley Relay

NATL: 4:36.72 \* 6/15/1991 UNIV SAN FRAN

## C HINSHAW, J DEARBORN, D PANZICA, J HAUER

1 CSAM-SP	A	4:35.26*	18	
1) Hancock, Lauren M W27	2) Denby, Kara W23			
3) Federer, Wade M M20	4) Glaze, Nick M26			
1:13.23	2:28.72	3:28.96	4:35.26	
2 OJAI-SP	A	5:14.83	14	
1) Campana, Robert O M20	2) Kristiansen, Evan B M19			
3) Bradley, Gabrielle E W18	4) Horgan, Michelle B W19			
1:12.77	2:40.15	4:04.91	5:14.83	

## Mixed 100-119 200 LC Meter Freestyle Relay

NATL: 1:43.30 \* 8/8/2006 OLYMPIC CLUB

## T HOLSMAN, M VON HARTITZSCH, N TAMAYO, S GREENWOOD

K KAWAMOTO, I MAEDA, H MATSUDA, S ITO				
1 SCAQ-SP	A	1:50.61	18	
1) Janos, Nathan R M29	2) Yearwood, Ann W25			
3) Bronson, Jenifer L W28	4) Cornue, Matthew M34			
55.16	1:50.61			
2 NOVA-SP	A	2:06.33	14	
1) Cheung, Alex H M29	2) Maclean, Tanya W33			
3) Pelaez, Cristina W22	4) Futo Tendai, Jr, Geza M23			
1:05.53	2:06.33			

## Mixed 100-119 400 LC Meter Freestyle Relay

NATL: 4:00.76 \* 8/4/2001 NEM

## J STOKES, B FEHLAU, S MOROAWSKI, J EADDY

1 SCAQ-SP	A	3:54.81*	18	
1) Janos, Nathan R M29	2) Corcoran, Jacqueline D W27			
3) Yearwood, Ann W25	4) Tolmachoff, Erik D M28			
57.47	1:59.74	3:03.58	3:54.81	
2 CSAM-SP	A	4:27.63	14	
1) Dumouchel, Rob M28	2) Dakin, Lauren W21			
3) Glaze, Nick M26	4) Flores, Julie S W42			
1:09.02	2:15.89	3:22.37	4:27.63	

## Mixed 100-119 800 LC Meter Freestyle Relay

NATL: 8:45.64 \* 5/28/1995 SANTA CLARA

## A WATKINS, L HAZEN, M MOORE, G SCHAFFER

1 SCAQ-SP	A	8:39.99*	18	
1) Tolmachoff, Erik D M28	2) Janos, Nathan R M29			
3) Corcoran, Jacqueline D W27	4) Yearwood, Ann W25			
58.47	2:00.47	3:01.31	4:09.90	
5:15.23	6:23.99	7:29.11	8:39.99	

## Mixed 100-119 200 LC Meter Medley Relay

NATL: 1:56.50 \* 8/20/1990 HOUSTONIAN CLUB

## C BRITT, L WETZEL-OSBORNE, S KNOWLES, R WETZEL

T KITASHITA, H MATSUDA, K KAWAMOTO, I MAEDA				
1 SCAQ-SP	A	2:13.03	18	
1) Bronson, Jenifer L W28	2) Tolmachoff, Erik D M28			
3) Yearwood, Ann W25	4) Janos, Nathan R M29			
1:15.00	2:13.03			
2 NOVA-SP	A	2:25.31	14	

1) Maclean, Tanya W33	2) Futo Tendai, Jr, Geza M23
3) Cheung, Alex H M29	4) Pelaez, Cristina W22
1:14.92	2:25.31

## Mixed 100-119 400 LC Meter Medley Relay

NATL: 4:36.14 \* 7/22/1990 WALNUT CREEK

## P BOSCOVICH, J JAQUES, K O'BRIEN, P ROEMER

1 SCAQ-SP	A	4:37.24	18	
1) Janos, Nathan R M29	2) Harrigan, Matthew J M31			
3) Yearwood, Ann W25	4) Corcoran, Jacqueline D W27			
1:14.02	2:28.99	3:34.54	4:37.24	
2 CSAM-SP	A	4:56.79	14	
1) Ramos, Christopher D M20	2) Dakin, Lauren W21			
3) Dumouchel, Rob M28	4) Flores, Julie S W42			
1:12.91	2:37.49	3:46.94	4:56.79	

## Mixed 120-159 200 LC Meter Freestyle Relay

NATL: 1:42.65 \* 8/23/1998 GOLD

## T PACE, T MOLL, J HERRINGTON, K WIENANTS

WORLD: 1:42.44 & 2/15/2004 AZ and PC -NED  
A KOSTEN, C MARSMAN, T VAN GORKOM, E VAN NORDEN

1 SCAQ-SP	B	1:54.80	18	
1) Wegner, Dan M38	2) McMahon, Ashley W32			
3) Binder, Alexis H W30	4) Rippetoe, Kenneth R M40			
55.38	1:54.80			
2 NOVA-SP	A	1:58.19	14	
1) Martinez, Heather J W33	2) Martinez, Shawn A M37			
3) MacDonald, Megan W24	4) Puchalski, Danny M28			
1:01.23	1:58.19			
3 SCAQ-SP	A	1:58.34	12	
1) Ford, Peter M30	2) Pescatori, Rossella W38			
3) Tiernan, Joy W30	4) Beach, Christopher E M40			
57.29	1:58.34			
4 CSAM-SP	B	2:18.11	10	
1) Kretz, Jonathan S M31	2) Glaze, Nick M26			
3) Kretz, Carey W31	4) Salderfer, Melissa H W39			
56.84	2:18.11			
5 CSAM-SP	A	2:19.00	8	
1) Stapleton, Erin M30	2) Agel, Reem W33			
3) Ho, Mary E W34	4) Lee, Mark K M34			
1:08.16	2:19.00			
6 CSAM-SP	C	3:03.97	6	
1) Haddock, Kristi W41	2) Kim, Dennis M41			
3) Watson, Holly W55	4) Pani, Tom N M53			
1:24.17	3:03.97			

## Mixed 120-159 400 LC Meter Freestyle Relay

NATL: 4:01.94 \* 7/28/1991 WALNUT CREEK

## C LEWIS, P ROEMER, T FRISTOE, G REMMERT

1 SCAQ-SP	A	4:12.59	18	
1) Schlesinger, David A M34	2) Binder, Alexis H W30			
3) Pescatori, Rossella W38	4) Harrigan, Matthew J M31			
57.47	2:05.43	3:15.14	4:12.59	
2 WH20-SP	A	4:31.48	14	
1) Vucinich, Elizabeth A W29	2) Shore, Susan D W47			
3) Young, Chad R M45	4) Agafonoff, Slava M22			
1:06.46	2:21.63	3:29.23	4:31.48	
3 NOVA-SP	A	4:53.68	12	
1) Rovinsky, Jeff L M38	2) Martinez, Heather J W33			
3) Mannix, Christina W30	4) Martinez, Shawn A M37			
1:09.18	2:21.08	3:43.92	4:53.68	
4 NOVA-SP	B	4:53.70	10	
1) Wilson, Grant M52	2) Cicolini, Sonia W35			
3) Maclean, Tanya W33	4) Cheung, Alex H M29			

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

1:14.28	2:26.44	3:46.40	4:53.70		
5 CSAM-SP		A	5:21.17	8	
1) Stapleton, Erin M30		2) Grant, Lindsay W36			
3) Ho, Mary E W34		4) Aamoth, James R M48			
1:08.77	2:29.08	2:50.15	5:21.17		

1:25.46	3:06.65	4:44.91	5:59.04		
6 SCAQ-SP		B	6:45.80	6	
1) Bronson, Jenifer L W28		2) Austin, Jamie T M19			
3) Austin, Tony K M52		4) Bronson, Julie L W60			
1:30.72	2:57.83	4:42.94	6:45.80		

**Mixed 120-159 800 LC Meter Freestyle Relay**

NATL: 8:50.48 \* 6/23/2002 PATRIOT

M MIDDLEMORE, D CHESTNUT, C WARD, T BOYD

1 CSAM-SP		A	10:33.14	18	
1) Cleavenger, Becky W46		2) Glaze, Nick M26			
3) Flores, Julie S W42		4) Dumouchel, Rob M28			
1:17.86	2:39.76	3:58.65	5:19.83		
6:32.87	7:54.01	9:09.53	10:33.14		
2 SCAQ-SP		A	11:08.74	14	
1) Ireland, Bill M50		2) Tiernan, Joy W30			
3) Bronson, Jenifer L W28		4) Porter, Drew A M36			
1:12.82	2:34.04	4:03.07	5:41.30		
7:01.36	8:25.99	9:44.16	11:08.74		

**Mixed 120-159 200 LC Meter Medley Relay**

NATL: 1:54.81 \* 8/16/2008 DALLAS AQUAT

J YARID, K MCCLELLAND, G SARGENT, L GLASS

WORLD: 1:54.81 &amp; 8/16/2008 DALLAS AQUATIC MASTERS

J YARID, K MCCLELLAND, G SARGENT, L GLASS

1 NOVA-SP		A	2:18.88	18	
1) MacDonald, Megan W24		2) Puchalski, Danny M28			
3) Martinez, Heather J W33		4) Martinez, Shawn A M37			
1:14.54	2:18.88				
2 CSAM-SP		A	2:18.89	14	
1) Warren, Carl M M36		2) Flores, Julie S W42			
3) Dumouchel, Rob M28		4) Aamoth, Genny W20			
1:14.65	2:18.89				
3 SCAQ-SP		B	2:18.95	12	
1) Cornue, Matthew M34		2) Leonard, Dan P M55			
3) McMahon, Ashley W32		4) Zeitler, Liz W35			
1:07.76	2:18.95				
--- SCAQ-SP		A	DQ		
1) Wegner, Dan M38		2) Beach, Christopher E M40			
3) Binder, Alexis H W30		4) Tiernan, Joy W30			
1:03.19	DQ				

**Mixed 120-159 400 LC Meter Medley Relay**

NATL: 4:30.83 \* 8/1/2004 PCAT

T WOLF, K WILLIS, J BROOKS, A EDMONDSON

1 SCAQ-SP		A	4:31.62	18	
1) Schlesinger, David A M34		2) Pescatori, Rossella W38			
3) Tolmachoff, Erik D M28		4) Motherway, Nancy W33			
1:05.37	2:25.24	3:21.26	4:31.62		
2 WH2O-SP		A	5:06.84	14	
1) Vucinich, Elizabeth A W29		2) Young, Chad R M45			
3) Agafonoff, Slava M22		4) Shore, Susan D W47			
1:18.34	2:36.15	3:52.65	5:06.84		
3 NOVA-SP		B	5:41.46	12	
1) Pelaez, Cristina W22		2) Rovinsky, Jeff L M38			
3) Martinez, Heather J W33		4) Martinez, Shawn A M37			
1:36.58	3:12.89	4:30.23	5:41.46		
4 NOVA-SP		A	5:56.18	10	
1) Wilson, Grant M52		2) Maclean, Tanya W33			
3) Cheung, Alex H M29		4) Cicolini, Sonia W35			
1:19.74	3:09.81	4:37.93	5:56.18		
5 LVM-SP		A	5:59.04	8	
1) Lamph, Becky L W41		2) James, Paula W50			
3) Thompson, Christina M W3		4) Nelson, Regina N W19			

**Mixed 160-199 200 LC Meter Freestyle Relay**

NATL: 1:42.27 \* 8/8/2006 TEAM TYR

J SMITH, R SAEGER, C SAPPEY, S HART

WORLD: 1:42.27 &amp; 8/8/2006 TEAM TYR

-USA

J SMITH, R SAEGER, C SAPPEY, S HART

1 SCAQ-SP		A	1:50.98	18	
1) Hochstein, Erik M41		2) Godges, Arlette A W45			
3) Carlson, Jenni W39		4) Muth, Daniel F M43			
54.20	1:50.98				
2 CSAM-SP		A	2:04.90	14	
1) Warren, Carl M M36		2) Schauwecker, Eric M45			
3) Cleavenger, Becky W46		4) Flores, Julie S W42			
1:02.55	2:04.90				
3 SCAQ-SP		B	2:10.32	12	
1) Wall, Chris L M47		2) Latt, Melissa J W46			
3) Mac Donald, Maureen E W4		4) Epstein, Matt M49			
1:03.87	2:10.32				
4 CSAM-SP		B	2:27.18	10	
1) Comstock, Tom M55		2) Christiansen, Mary W47			
3) Wooten, Jaime L W32		4) Marcroft, Sacha M47			
1:18.63	2:27.18				
--- NOVA-SP		A	DQ		
1) Takahashi, Katsuya M42		2) Johnson, Lainie W48			
3) Wong, Carolyn K W42		4) Fairchild, Douglas M27			
1:04.53	DQ				

**Mixed 160-199 400 LC Meter Freestyle Relay**

NATL: 4:02.04 \* 8/18/1997 TEAM ORLANDO

R SEAMAN, C MILTENBERGER, C SHONKWILER, L MEISENHE

1 SCAQ-SP		A	4:57.63	18	
1) Austin, Tony K M52		2) Latt, Melissa J W46			
3) Zeitler, Liz W35		4) Leonard, Dan P M55			
1:07.63	1:28.93	2:25.58	4:57.63		
2 ROSE-SP		A	5:03.98	14	
1) McMahon, Jane W59		2) Moon, Grace W38			
3) Paxton, Sean C M40		4) Cienega, Julio M43			
1:41.72	2:50.66	4:00.14	5:03.98		
3 NOVA-SP		A	5:11.64	12	
1) Birkholz, Erik P M35		2) Brooks, Sherry M Wendzel			
3) Fell, Paula J W44		4) Bonano, Greg M52			
1:14.48	2:41.68	4:07.90	5:11.64		

**Mixed 160-199 800 LC Meter Freestyle Relay**

NATL: 9:07.41 \* 8/18/1997 TEAM TEXAS

L WOOD, S NEILSON-BELL, K WISE, K BELL

1 ROSE-SP		A	11:14.52	18	
1) McMahon, Jane W59		2) Moon, Grace W38			
3) Mc Ginley, Patrick B M46		4) Uchiyama, Winston S M52			
1:41.86	3:30.80	4:44.33	6:04.91		
7:23.76	8:48.58	9:58.16	11:14.52		
--- CSAM-SP		A	DQ		
1) Christiansen, Mary W47		2) Kim, Dennis M41			
3) Comstock, Tom M55					

**Mixed 160-199 200 LC Meter Medley Relay**

NATL: 1:58.35 \* 8/10/2006 TEAM TYR

M MCCUE, M RUFFNER, R SMIT, S VON DER LIPPE

## CSA LCM Regional &amp; Zone Championships, Sanction #: 339-017

Cal Lutheran University, Thousand Oaks, CA

## Results

**WORLD: 1:56.86 & 6/7/2004 POLISPORTIV -ITA**  
**P FELOTTI, S SEMINATORE, R TARRICONE, M ALWINE EDE**

1	SCAQ-SP	A	2:06.34	18
	1) Hochstein, Erik M41	2) Pescatori, Rossella W38		
	3) Godges, Arlette A W45	4) Muth, Daniel F M43		
	1:07.17	2:06.34		
2	SCMC-SP	A	2:20.68	14
	1) Bossard, Laurie L W46	2) Bunenko, Andrew M49		
	3) Bauman, Jeremiah L M41	4) Ellington, Cheri W52		
	1:17.72	2:20.68		
3	SCAQ-SP	B	2:21.56	12
	1) Carlson, Jenni W39	2) Jurey, Mary K W43		
	3) Rippetoe, Kenneth R M40	4) Epstein, Matt M49		
	1:17.34	2:21.56		
4	CSAM-SP	A	2:31.76	10
	1) Stolshek, Bradley S M48	2) Christiansen, Mary W47		
	3) Fields, Tom W M49	4) Cleavenger, Becky W46		
	1:26.06	2:31.76		
5	NOVA-SP	A	2:55.74	8
	1) Wong, Carolyn K W42	2) Johnson, Lainie W48		
	3) Takahashi, Katsuya M42	4) Arshat, Brad M47		
	1:49.89	2:55.74		

**Mixed 160-199 400 LC Meter Medley Relay**

NATL: 4:41.21 \* 8/18/1997 TEAM ORLANDO

**C SHONKWILER, C MILTENBERGER, R SEAMAN, L MEISENHE**

1	CSAM-SP	A	5:49.24	18
	1) Stolshek, Bradley S M48	2) Christiansen, Mary W47		
	3) Fields, Tom W M49	4) Cleavenger, Becky W46		
	1:20.38	3:13.79	4:37.01	5:49.24
2	NOVA-SP	A	6:09.66	14
	1) Birkholz, Erik P M35	2) Fell, Paula J W44		
	3) Bonano, Greg M52	4) Brooks, Sherry M Wendzel		
	1:22.46	3:11.32	4:39.86	6:09.66
---	SCAQ-SP	A	DQ	
	1) Muth, Daniel F M43	2) Tiernan, Joy W30		
	3) Ross, Robert J M55	4) Zeitler, Liz W35		
	1:19.45	3:01.64	4:09.36	DQ

**Mixed 200-239 200 LC Meter Freestyle Relay**

NATL: 1:44.96 \* 8/8/2006 COLORADO

**T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS**

WORLD: 1:44.96 &amp; 8/8/2006 COLORADO

**T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS -USA**

1	SCAQ-SP	A	2:04.44	18
	1) Austin, Tony K M52	2) Cook, Jenny L W51		
	3) Jurey, Mary K W43	4) Leonard, Dan P M55		
	1:01.88	2:04.44		
2	CSAM-SP	A	2:16.36	14
	1) Stolshek, Bradley S M48	2) Salazar, Gabriel M53		
	3) Stokols, Niki F W52	4) Kirkpatrick-Reno, Nancy W		
	1:04.53	2:16.36		
3	NOVA-SP	A	2:28.77	12
	1) Wilson, Grant M52	2) Cicolini, Sonia W35		
	3) Thornton, Kim S W57	4) Finizio, Francesco M60		
	1:06.17	2:28.77		

**Mixed 200-239 400 LC Meter Freestyle Relay**

NATL: 4:13.62 \* 6/3/2006 OREGON

**K, S MANN, A DELMAGE, M TENNANT**

1	SCAQ-SP	A	4:23.82	18
	1) Cook, Jenny L W51	2) Magit, Brad M51		
	3) Mac Donald, Maureen E W4	4) Kajiwara, Doug M52		
	1:07.33	2:07.94	3:22.57	4:23.82
2	CSAM-SP	A	4:56.85	14
	1) Moxie, Jeff M51	2) Salazar, Gabriel M53		
	3) Stokols, Niki F W52	4) Christensen, Heidi L W51		
	1:09.45	2:23.57	3:44.68	4:56.85
3	NOVA-SP	A	5:22.45	12
	1) Thornton, Kim S W57	2) Greenberg, Henry M61		
	3) Wong, Carolyn K W42	4) Hayward, David S M49		
	1:25.63	2:41.90	4:43.13	5:22.45

**Mixed 200-239 800 LC Meter Freestyle Relay**

NATL: 9:33.45 \* 7/9/2006 OREGON

**A DELMAGE, K ANDRUS-HUGHES, B BRUCE, M TENNANT**

1	CSAM-SP	A	11:03.09	18
	1) Christensen, Heidi L W51	2) Stokols, Niki F W52		
	3) Pani, Tom N M53	4) Moxie, Jeff M51		
	1:17.83	2:37.58	4:03.84	5:32.57
	6:57.22	8:26.23	9:42.58	11:03.09

**Mixed 200-239 200 LC Meter Medley Relay**

NATL: 2:02.32 \* 8/15/2005 SDSM

**K PIPES-NEILSEN, C KRATTL, S LAUTMAN, V VAN BAAL**

WORLD: 2:02.32 &amp; 8/15/2005 SAN DIEGO SWIM MASTERS

**K PIPES-NEILSEN, C KRATTL, S LAUTMAN, V VAN BAAL**

1	SCAQ-SP	A	2:19.29	18
	1) Evans, Clay T M56	2) Melick, Karen L W52		
	3) Cook, Jenny L W51	4) Wall, Chris L M47		
	1:17.92	2:19.29		
2	SCAQ-SP	B	2:33.39	14
	1) Austin, Tony K M52	2) Latt, Melissa J W46		
	3) Mac Donald, Maureen E W4	4) Ross, Robert J M55		
	1:27.92	2:33.39		
3	CSAM-SP	A	2:37.33	12
	1) Kirkpatrick-Reno, Nancy W	2) Salazar, Gabriel M53		
	3) Moxie, Jeff M51	4) Wyels, Cynthia J W45		
	1:26.42	2:37.33		
4	NOVA-SP	A	2:57.94	10
	1) Wilson, Grant M52	2) Thornton, Kim S W57		
	3) Finizio, Francesco M60	4) Cicolini, Sonia W35		
	1:25.39	2:57.94		

**Mixed 200-239 400 LC Meter Medley Relay**

NATL: 4:41.46 \* 6/14/2008 OREGON

**K, P ALLENDER, A DELMAGE, M TENNANT**

1	SCAQ-SP	A	5:11.39	18
	1) Thomas, Bruce W M52	2) Melick, Karen L W52		
	3) Cook, Jenny L W51	4) Mc Closkey, James M45		
	1:21.26	2:55.88	4:11.68	5:11.39
2	CSAM-SP	A	5:42.09	14
	1) Kirkpatrick-Reno, Nancy W	2) Salazar, Gabriel M53		
	3) Moxie, Jeff M51	4) Christensen, Heidi L W51		
	1:29.73	3:08.92	4:28.14	5:42.09
3	NOVA-SP	A	6:20.91	12
	1) Greenberg, Henry M61	2) Thornton, Kim S W57		
	3) Hayward, David S M49	4) Wong, Carolyn K W42		
	1:38.81	3:31.68	3:52.10	6:20.91
4	ROSE-SP	A	7:24.23	10
	1) McMahon, Jane W59	2) Moon, Grace W38		

**CSA LCM Regional & Zone Championships, Sanction #: 339-017**  
**Cal Lutheran University, Thousand Oaks, CA**  
**Results**

3) Ronay, Peter E M67      4) Goode, Douglas J M70  
 2:01.02      3:30.41      5:24.24      7:24.23

**NATL: 1:56.99 \* 8/10/2008 GOLD COAST**  
**P SARGEANT, D CAVANAUGH, C CAVANAUGH, D QUIGGIN**  
**WORLD: 1:56.99 & 8/10/2008 GOLD COAST MASTERS**  
**P SARGEANT, D CAVANAUGH, C CAVANAUGH, D QUIGGIN**

**Mixed 240-279 200 LC Meter Freestyle Relay****NATL: 1:56.99 \* 8/10/2008 GOLD COAST**

**P SARGEANT, D CAVANAUGH, C CAVANAUGH, D QUIGGIN**  
**WORLD: 1:56.99 & 8/10/2008 GOLD COAST MASTERS**  
**P SARGEANT, D CAVANAUGH, C CAVANAUGH, D QUIGGIN**

1 OJAI-SP      A      2:44.87      18  
 1) Goeden, Rick L M62      2) Scotten, Pamela K W59  
 3) Delatre, Harry J M63      4) Ornelas, Sherril T W60  
 1:16.59      2:44.87

2 SCAQ-SP      A      2:52.25      14  
 1) Carter, Louis M72      2) Bronson, Julie L W60  
 3) Melick, Karen L W52      4) Evans, Clay T M56  
 1:44.50      2:52.25

**Mixed 240-279 400 LC Meter Freestyle Relay****NATL: 4:30.74 \* 8/10/2008 GOLD COAST****D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN**

1 SCAQ-SP      A      6:23.84      18  
 1) Carter, Louis M72      2) Melick, Karen L W52  
 3) Bronson, Julie L W60      4) Evans, Clay T M56  
 1:59.72      3:19.12      5:15.31      6:23.84

2 OJAI-SP      A      6:24.28      14  
 1) Cate, Sheri Ann W64      2) Goodman, Lois A W62  
 3) Delatre, Harry J M63      4) Goeden, Rick L M62  
 1:48.12      3:43.31      5:12.42      6:24.28

3 NOVA-SP      A      6:58.47      12  
 1) Finizio, Francesco M60      2) Smethurst, Everett W M74  
 3) Caldwell, Dionne B W77      4) Mc Kinley, Maureen M W56  
 1:39.08      3:11.00      4:58.21      6:58.47

**Mixed 240-279 200 LC Meter Medley Relay****NATL: 2:13.23 \* 8/16/2008 TAMALPAIS****R BURNS, K FROST, L VAL, N RIDOUT****WORLD: 2:13.23 & 8/16/2008 TAMALPAIS -USA****R BURNS, K FROST, L VAL, N RIDOUT**

--- OJAI-SP      A      DQ  
 1) Delatre, Harry J M63      2) Scotten, Pamela K W59  
 3) Goeden, Rick L M62      4) Ornelas, Sherril T W60  
 2:03.32      DQ

**Mixed 240-279 400 LC Meter Medley Relay****NATL: 5:12.82 \* 7/9/2006 TAMALPAIS****RICHARD BURNS, KEN FROST, LAURA VAL, NANCY RIDOUT**

1 OJAI-SP      A      7:41.54      18  
 1) Cate, Sheri Ann W64      2) Delatre, Harry J M63  
 3) Goodman, Lois A W62      4) Goeden, Rick L M62  
 2:02.53      3:58.49      6:25.19      7:41.54

2 NOVA-SP      A      8:20.07      14  
 1) Smethurst, Everett W M74      2) Mc Kinley, Maureen M W56  
 3) Finizio, Francesco M60      4) Caldwell, Dionne B W77  
 1:50.08      4:03.02      4:28.03      8:20.07

**Mixed 280-319 400 LC Meter Freestyle Relay****NATL: 5:40.99 \* 8/26/2006 FLA MAVERICK****P TULLMAN, J TROY, C WEATHERBEE, G HOPKINS**

1 OJAI-SP      A      9:04.07      18  
 1) Delmer, Thomas N M68      2) Becket, James M73  
 3) Borland, Carole J W66      4) Voyer, Nancy L W77  
 2:02.16      5:40.66      7:23.06      9:04.07

## Combined Team Scores - Through Event 42

1. Southern Ca Aquatics Masters	2082
2. Ojai Masters	1817
3. Csa Masters	1456
4. Novaquatics Masters	1280
5. Las Vegas Masters	1080
6. Rose Bowl Masters	516
7. Mission Viejo Masters	509
8. San Diego Swim Masters	351
9. UCLA Bruin Masters	192
10. Unattached	180
11. Santa Clarita Masters Club	175
12. Ventura County Masters	157
13. Colorado Masters Swimming	155
14. Lompoc's Other Swim Team	153
15. West Hollywood Aquatics	131
16. Bakersfield Aquatic Club Masters	98
17. Utah Masters	90
18. South Coast Aquatics	76
19. South West Aquatic Masters	73
20. Fullerton Fast Masters Team	72
21. Unattached	65
22. Pointe Claire, Canada	63
23. Los Angeles Peninsula Swimmers	50
24. Tri Valley Masters	48
25. Channel Island Masters	46
26. Long Beach Grunnions	45
27. Modesto Area Aquatic Club	42
27. Viva Las Vegas Masters	42
29. Daland Swim School Masters	41
30. Claremont Club	40
30. Kennedy Club Masters	40
32. UC Irvine	37
33. Sport City, Mexico	33
34. Wisconsin Masters Aquatic Club	32
35. Corona Crocodiles	28
36. L A Athletic Club Masters	27
37. The Olympic Club	25
37. Long Beach Shore Aquatics	25
39. No. Slo Masters	20
40. Porter Valley Masters	18
41. Rio Grande Swim Club	16
42. Oregon Masters	11
43. Masters of Yucaipa Swim Team	10