

2010 FAST LCM SPMA & Southwest Zone Champs
 50 Long Course Meters
 Janet Evans Swim Complex, Fullerton, CA
 07/23/2010-07/25/2010
 Meet Referee: Paul Szuszkiewicz
 Stroke & Turn/Starter: Virgil Chancy
 Stroke & Turn/Starter: Matthew Whalen
 Stroke & Turn: Jan Szuszkiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 1

*** WOMEN 18-24 ***

50 METER FREESTYLE			
1	Colavito, Shannon J	23 LVM	30.00
2	Gooch, Allison L	20 NOVA	30.70
100 METER FREESTYLE			
1	Pearson, Samantha	19 LVM	1:03.37
	31.29		
2	Kelley, Megan D	20 LVM	1:05.16
	31.96		
3	Colavito, Shannon J	23 LVM	1:06.18
	32.11		
4	Gooch, Allison L	20 NOVA	1:06.81
	32.06		
5	Brearey, Pamela R	23 LVM	1:21.39
	38.60		
200 METER FREESTYLE			
1	Pearson, Samantha	19 LVM	2:17.63
	32.22	1:06.97	1:41.92
2	Kelley, Megan D	20 LVM	2:22.08
	33.94	1:11.09	1:47.86
3	Smith, Christine	20 LVM	2:22.39
	34.20	1:11.36	1:47.80
400 METER FREESTYLE			
1	Smith, Christine	20 LVM	4:51.71
	33.45	1:09.67	1:47.01
	3:00.86	3:38.10	4:15.87
2	Kelley, Megan D	20 LVM	4:53.73
	32.77	1:08.65	1:45.53
	3:00.11	3:38.43	4:16.37
3	Brearey, Pamela R	23 LVM	5:56.90
	39.52	1:23.03	2:07.44
	3:38.59	4:24.78	5:10.62
800 METER FREESTYLE			
1	Pearson, Samantha	19 LVM	9:54.53
	33.71	1:10.37	1:47.37
	3:01.63	3:39.36	4:16.84
	5:31.75	6:09.73	6:47.87
	0:00	0:00	9:18.92
2	Smith, Christine	20 LVM	10:05.26
	34.43	1:11.71	1:43.71
	3:06.14	3:44.37	4:13.81
	5:32.24	6:17.63	6:51.09
	8:12.99	8:51.09	9:22.90
3	Kelley, Megan D	20 LVM	10:08.78
	34.84	1:13.64	1:53.10
	3:11.33	3:50.12	4:29.21
	5:45.31	6:23.57	7:01.97
	8:17.67	8:55.39	9:32.80
4	Moore, Katie M	22 MVN	10:23.93
	35.53	1:13.10	1:51.87
	3:10.82	3:50.04	4:29.57
	5:49.24	6:28.79	7:08.45
	8:27.64	9:06.83	9:45.55
5	Brearey, Pamela R	23 LVM	12:39.19
	42.00	1:27.32	2:13.60
	3:49.09	4:36.27	5:24.39
	7:01.07	7:49.27	8:38.25
	10:15.68	11:03.70	11:51.36
1500 METER FREESTYLE			
1	Smith, Christine	20 LVM	19:32.21
	35.87	1:14.13	1:53.39
	3:10.39	3:49.49	4:28.97
	5:47.98	6:27.23	7:06.71
	8:24.74	9:03.96	9:45.55
50 METER BACKSTROKE			
1	Pearson, Samantha	19 LVM	31.92
2	Colavito, Shannon J	23 LVM	37.19
100 METER BACKSTROKE			
1	Pearson, Samantha	19 LVM	1:07.81
	33.98		
2	Colavito, Shannon J	23 LVM	1:18.68
	38.78		
3	Gooch, Allison L	20 NOVA	1:20.29
	39.14		
4	Brearey, Pamela R	23 LVM	1:36.98
	48.09		
200 METER BACKSTROKE			
1	Pearson, Samantha	19 LVM	2:32.17
	37.08	1:15.65	1:53.84
2	Colavito, Shannon J	23 LVM	2:44.15
	40.22	1:22.27	2:04.16
50 METER BREASTSTROKE			
1	Smith, Christine	20 LVM	40.65
100 METER BREASTSTROKE			
1	Smith, Christine	20 LVM	1:26.48
	40.26		
200 METER BREASTSTROKE			
1	Moore, Katie M	22 MVN	3:10.06
	42.60	1:30.75	2:20.19
50 METER BUTTERFLY			
1	Kelley, Megan D	20 LVM	31.22
2	Pearson, Samantha	19 LVM	32.42

100 METER BUTTERFLY			
1	Kelley, Megan D	20 LVM	1:06.20
	31.48		
2	Gooch, Allison L	20 NOVA	1:12.40
	33.49		
3	Moore, Katie M	22 MVN	1:17.28
	36.12		
200 METER BUTTERFLY			
1	Kelley, Megan D	20 LVM	2:34.37
	33.61	1:11.85	1:52.64
200 METER INDIVIDUAL MEDLEY			
1	Gooch, Allison L	20 NOVA	2:44.90
	34.28	1:20.50	2:08.48
400 METER INDIVIDUAL MEDLEY			
1	Smith, Christine	20 LVM	5:44.49
	35.82	1:17.02	2:04.12
	3:36.16	4:25.28	5:05.61
2	Moore, Katie M	22 MVN	5:49.20
	36.67	1:18.74	2:05.37
	3:39.55	4:29.25	5:09.70
* WOMEN 25-29 *			
50 METER FREESTYLE			
1	Margalis, Beth R	26 FMT	28.32
2	Val, Jamie	27 LVM	30.87
3	Colavito, Violet A	27 LVM	31.91
4	Bronson, Jennifer L	29 SCAQ	33.56
5	Robertson, Suzanne C	25 SCAQ	36.18
100 METER FREESTYLE			
1	Margalis, Beth R	26 FMT	1:01.47
	29.88		
2	Val, Jamie	27 LVM	1:08.22
	33.21		
3	Colavito, Violet A	27 LVM	1:12.67
	36.04		
4	Merritt, Melissa J	29 ROSE	1:12.85
	34.91		
5	Robertson, Suzanne C	25 SCAQ	1:17.20
	37.11		
200 METER FREESTYLE			
1	Yearwood, Ann	26 SCAQ	2:20.09
	32.72	1:07.69	1:43.33
2	Val, Jamie	27 LVM	2:35.19
	36.59	1:16.70	1:56.80
3	Bronson, Jennifer L	29 SCAQ	2:39.17
	35.93	1:15.79	1:58.18
400 METER FREESTYLE			
1	Yearwood, Ann	26 SCAQ	4:57.32
	33.89	1:10.64	1:47.39
	3:02.56	3:40.59	4:18.83
2	Val, Jamie	27 LVM	5:33.56
	37.51	1:20.29	2:03.97
	3:31.62	4:14.52	4:55.19
3	Bronson, Jennifer L	29 SCAQ	5:35.50
	37.30	1:17.98	2:00.45
	3:26.77	4:10.47	4:53.80
4	Merritt, Melissa J	29 ROSE	5:37.75
	36.16	1:17.37	2:00.23
	3:26.86	4:10.68	4:54.45
800 METER FREESTYLE			
1	Val, Jamie	27 LVM	11:35.61
	38.46	1:21.37	2:05.70
	3:34.40	4:19.08	5:04.06
	6:33.82	7:18.92	8:03.33
	9:30.35	10:13.80	10:55.67
2	Bronson, Jennifer L	29 SCAQ	11:43.05
	39.88	1:24.51	2:09.58
	3:39.31	4:24.22	4:59.07
	6:36.94	7:21.35	8:00.76
	9:27.70	10:18.61	11:02.15
3	Colavito, Violet A	27 LVM	12:14.76
	42.51	1:29.60	2:18.00
	3:51.96	4:39.68	5:25.53
	6:57.30	7:44.61	8:30.90
	10:03.31	10:48.69	11:34.28
50 METER BACKSTROKE			
1	Goldacre, Jessica A	27 NOVA	35.08
2	Bronson, Jennifer L	29 SCAQ	41.74
100 METER BACKSTROKE			
1	Goldacre, Jessica A	27 NOVA	1:16.03
	36.47		
200 METER BACKSTROKE			
1	Goldacre, Jessica A	27 NOVA	2:44.16
	38.35	1:20.17	2:03.14
50 METER BREASTSTROKE			
1	Goldacre, Jessica A	27 NOVA	43.83
2	Bronson, Jennifer L	29 SCAQ	44.48
100 METER BREASTSTROKE			
1	Bronson, Jennifer L	29 SCAQ	1:39.76
	46.71		
50 METER BUTTERFLY			
1	Margalis, Beth R	26 FMT	30.18
2	Goldacre, Jessica A	27 NOVA	34.01
3	Colavito, Violet A	27 LVM	34.96
4	Val, Jamie	27 LVM	35.09
100 METER BUTTERFLY			
1	Margalis, Beth R	26 FMT	1:06.67
	31.31		
2	Yearwood, Ann	26 SCAQ	1:08.87
	32.44		
3	Goldacre, Jessica A	27 NOVA	1:17.24
	35.41		

200 METER INDIVIDUAL MEDLEY			
1	Colavito, Violet A	27 LVM	3:07.49
	36.68	1:27.08	2:24.59
NP	Goldacre, Jessica A	27 NOVA	DQ
* WOMEN 30-34 *			
50 METER FREESTYLE			
1	Thompson, Christina M	32 LVM	30.90
2	Meloney, Kathleen A	30 NOVA	35.32
3	Perez, Emily C	30 NOVA	35.57
4	Tiernan, Joy	31 SCAQ	36.35
5	Barry, Paula C	30 LVM	40.47
6	Kirker, Amanda G	31 NOVA	41.30
7	Sgobba, Jacqueline R	33 LVM	48.90
100 METER FREESTYLE			
1	Vucinic, Elizabeth A	30 WH2O	1:06.09
	31.46		
2	Thompson, Christina M	32 LVM	1:11.42
	34.43		
3	Tiernan, Joy	31 SCAQ	1:22.22
	38.72		
4	Meloney, Kathleen A	30 NOVA	1:22.91
	39.00		
5	Barry, Paula C	30 LVM	1:33.04
	43.08		
200 METER FREESTYLE			
1	Maclean, Tanya	34 NOVA	2:52.49
	41.04	1:25.73	2:10.34
2	Meloney, Kathleen A	30 NOVA	2:59.26
	40.03	1:26.51	2:13.77
3	Tiernan, Joy	31 SCAQ	3:03.16
	41.49	1:28.04	2:17.08
4	Sgobba, Jacqueline R	33 LVM	4:19.43
	56.41	2:01.82	3:12.76
400 METER FREESTYLE			
1	Maclean, Tanya	34 NOVA	5:58.45
	39.39	1:23.99	2:10.31
	3:43.24	4:29.44	5:13.82
2	Meloney, Kathleen A	30 NOVA	6:22.05
	42.13	1:29.60	2:19.09
	3:58.30	4:48.11	5:36.91
800 METER FREESTYLE			
1	Maclean, Tanya	34 NOVA	12:18.53
	43.83	1:30.78	2:19.58
	3:54.74	4:42.19	5:30.09
	7:03.96	7:50.29	8:37.01
	10:08.26	10:52.98	11:37.11
2	Meloney, Kathleen A	30 NOVA	12:58.87
	41.68	1:30.62	2:20.39
	3:59.05	4:48.92	5:38.10
	7:17.45	8:06.85	8:56.47
	10:35.01	11:23.49	12:05.82
3	Kirker, Amanda G	31 NOVA	16:16.02
	48.95	1:44.54	2:44.78
	4:48.86	5:50.52	6:53.94
	9:04.25	10:09.00	11:04.83
	13:19.89	14:21.32	15:22.42
50 METER BACKSTROKE			
1	Thompson, Christina M	32 LVM	38.66
2	Maclean, Tanya	34 NOVA	40.22
3	Perez, Emily C	30 NOVA	42.00
4	Tiernan, Joy	31 SCAQ	46.83
5	Kirker, Amanda G	31 NOVA	54.96
100 METER BACKSTROKE			
1	Vucinic, Elizabeth A	30 WH2O	1:16.83
	37.99		
2	Thompson, Christina M	32 LVM	1:31.54
	45.26		
3	Maclean, Tanya	34 NOVA	1:32.56
	46.16		
4	Azuma, Andrea	33 ROSE	1:34.02
	45.91		
5	Perez, Emily C	30 NOVA	1:34.95
	46.31		
200 METER BACKSTROKE			
1	Maclean, Tanya	34 NOVA	3:30.54
	48.82	1:42.07	2:38.69
50 METER BREASTSTROKE			
1	Thompson, Christina M	32 LVM	42.98
2	Perez, Emily C	30 NOVA	47.06
3	Azuma, Andrea	33 ROSE	47.54
4	Tiernan, Joy	31 SCAQ	48.10
5	Meloney, Kathleen A	30 NOVA	51.20
6	Sgobba, Jacqueline R	33 LVM	1:09.32

2010 FAST LCM SPMA & Southwest Zone Champs
 50 Long Course Meters
 Janet Evans Swim Complex, Fullerton, CA
 07/23/2010-07/25/2010
 Meet Referee: Paul Szuskiewicz
 Stroke & Turn/ Starter: Virgil Chancy
 Stroke & Turn/ Starter: Matthew Whalen
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 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 2

*** WOMEN 30-34 ***

50 METER BUTTERFLY
 1 Vucinich, Elizabeth A 30 WH20 32.15
 2 Thompson, Christina M 32 LVM 37.77
 3 Azuma, Andrea 33 ROSE 38.39
 4 Maclean, Tanya 34 NOVA 39.69
 5 Tiernan, Joy 31 SCAQ 40.92

200 METER INDIVIDUAL MEDLEY
 1 Vucinich, Elizabeth A 30 WH20 2:53.62
 35.56 1:19.71 2:12.33
 2 Barry, Paula C 30 LVM 3:46.53
 52.91 1:47.69 2:52.76

*** WOMEN 35-39 ***

50 METER FREESTYLE
 1 Cybulskis, Astrid A 36 NOVA 32.04
 2 Hannon, Martina V 39 LVM 36.84

50 METER FREESTYLE SPLIT
 1 Lewis, Cynthia J 35 MVN 28.22

100 METER FREESTYLE
 1 Cybulskis, Astrid A 36 NOVA 1:10.11
 33.98
 2 Hannon, Martina V 39 LVM 1:21.87
 38.76

200 METER FREESTYLE
 1 Tomtan-Brayman, Brenda 37 LVM 2:34.89
 36.58 1:15.84 1:56.23
 2 Hannon, Martina V 39 LVM 3:05.25
 40.17 1:26.44 2:16.70

400 METER FREESTYLE
 1 Tomtan-Brayman, Brenda 37 LVM 5:17.56
 36.20 1:15.15 1:55.64 2:36.06
 3:16.50 3:57.39 4:37.70

800 METER FREESTYLE
 1 Lewis, Cynthia J 35 MVN 9:55.70
 33.83 1:10.13 1:47.06 2:24.53
 3:02.44 3:40.49 4:18.86 4:57.11
 5:35.33 6:13.23 6:50.95 7:28.47
 8:05.67 8:42.86 9:20.41

2 Tomtan-Brayman, Brenda 37 LVM 10:52.75
 36.99 1:17.40 1:58.07 2:39.11
 3:20.42 4:02.09 4:43.56 5:25.36
 6:06.92 6:48.92 7:30.43 8:11.57
 8:52.67 9:33.69 10:13.80

3 Hannon, Martina V 39 LVM 14:47.65
 45.45 1:35.59 2:31.60 3:28.29
 4:25.00 5:20.65 6:17.64 7:14.56
 8:12.65 9:06.36 10:02.01 10:57.51
 11:55.56 12:53.31 13:52.18

1500 METER FREESTYLE
 1 Lewis, Cynthia J 35 MVN 18:57.09
 34.46 1:11.99 1:49.61 2:27.98
 3:06.48 3:44.88 4:23.06 5:01.26
 5:39.51 6:17.58 6:56.00 7:34.00
 8:12.07 8:50.13

2 Tomtan-Brayman, Brenda 37 LVM 20:30.65
 37.60 1:17.89 1:59.79 2:40.98
 3:22.39 4:04.10 4:45.46 5:26.57
 6:08.44 6:49.97 7:32.30 8:14.09
 8:55.94 9:37.70

3 Helliwell, Jessica M 35 MVN 21:38.89
 37.75 1:19.06 2:02.04 2:45.63
 3:29.02 4:13.07 4:56.64 5:40.20
 0.00 7:08.26 0.00 8:36.54
 0.00 10:05.27

50 METER BACKSTROKE
 1 Tomtan-Brayman, Brenda 37 LVM 38.86
 2 Cybulskis, Astrid A 36 NOVA 39.86
 3 Hannon, Martina V 39 LVM 43.55

100 METER BACKSTROKE
 1 Pescatori, Rossella 39 SCAQ 1:19.59
 39.82
 2 Cybulskis, Astrid A 36 NOVA 1:37.65
 47.42
 3 Hannon, Martina V 39 LVM 1:37.77
 46.38

200 METER BACKSTROKE
 1 Pescatori, Rossella 39 SCAQ 2:50.89
 41.25 1:24.42 2:08.04
 2 Tomtan-Brayman, Brenda 37 LVM 3:00.10
 43.20 1:29.68 2:16.27

50 METER BREASTSTROKE
 1 Pescatori, Rossella 39 SCAQ 37.98

100 METER BREASTSTROKE
 1 Pescatori, Rossella 39 SCAQ 1:20.28
 39.00

200 METER BREASTSTROKE
 1 Lewis, Cynthia J 35 MVN 2:47.28
 38.67 1:21.04 2:03.27
 2 Pescatori, Rossella 39 SCAQ 2:54.54
 40.71 1:24.58 2:10.23
 3 Tomtan-Brayman, Brenda 37 LVM 3:20.38
 45.22 1:36.45 2:28.95

50 METER BUTTERFLY
 1 Cybulskis, Astrid A 36 NOVA 38.96
 2 Hannon, Martina V 39 LVM 39.59

200 METER INDIVIDUAL MEDLEY
 1 Pescatori, Rossella 39 SCAQ 2:41.45
 36.73 1:22.02 2:05.33
 2 Cybulskis, Astrid A 36 NOVA 3:05.85
 40.83 1:29.02 2:26.22

400 METER INDIVIDUAL MEDLEY
 1 Pescatori, Rossella 39 SCAQ 5:47.07
 38.37 1:24.08 2:12.11 2:59.68
 3:44.42 4:30.48 5:10.04
 2 Cybulskis, Astrid A 36 NOVA 6:49.41
 44.28 1:36.96 2:30.14 3:23.54
 4:22.54 5:22.87 6:08.36

*** WOMEN 40-44 ***

50 METER FREESTYLE
 1 Carlson, Jenni 40 SCAQ 30.22
 2 Landreth, Ursula S 41 LVM 33.66
 3 Gomez, Mika A 43 NOVA 34.48

100 METER FREESTYLE
 1 Adams, Kari S 44 LVM 1:07.34
 32.55
 2 Lamph, Becky L 42 LVM 1:11.80
 35.24
 3 Landreth, Ursula S 41 LVM 1:11.99
 34.70
 4 Feld, Karen Ann 43 UNAT 1:23.34
 39.62

200 METER FREESTYLE
 1 Adams, Kari S 44 LVM 2:28.93
 33.78 1:12.03 1:51.50
 2 Carlson, Jenni 40 SCAQ 2:32.08
 35.85 1:14.92 1:54.21
 3 Landreth, Ursula S 41 LVM 2:46.30
 37.43 1:18.65 2:02.10
 4 Gomez, Mika A 43 NOVA 3:01.27
 38.89 1:24.01 2:12.14
 5 Feld, Karen Ann 43 UNAT 3:22.37
 45.41 1:38.08 2:31.30

400 METER FREESTYLE
 1 Adams, Kari S 44 LVM 5:13.45
 35.55 1:14.71 1:55.07 2:34.96
 3:15.52 3:55.63 4:35.96
 2 Lamph, Becky L 42 LVM 5:29.98
 38.26 1:18.47 2:00.42 2:42.72
 3:24.76 4:07.18 4:49.42
 3 Landreth, Ursula S 41 LVM 5:35.79
 37.66 1:17.98 1:59.78 2:42.41
 3:25.46 4:08.77 4:52.68
 4 Feld, Karen Ann 43 UNAT 6:32.30
 42.63 1:30.94 2:21.97 3:12.94
 4:04.05 4:54.47 5:45.13

800 METER FREESTYLE
 1 Adams, Kari S 44 LVM 10:59.60
 36.77 1:17.81 1:59.97 2:41.76
 3:24.22 4:06.28 4:48.47 5:30.40
 6:12.81 6:54.41 7:36.47 8:17.97
 8:59.16 9:40.30 10:21.26
 2 Landreth, Ursula S 41 LVM 11:48.13
 40.04 1:22.92 2:08.55 2:53.85
 3:39.25 4:23.65 5:09.54 5:54.01
 6:38.58 7:22.40 8:07.43 8:51.57
 9:36.60 10:21.37 11:05.10

1500 METER FREESTYLE
 1 Lamph, Becky L 42 LVM 21:25.32
 38.30 1:19.44 2:02.06 2:44.59
 3:27.64 4:10.14 4:53.52 5:36.63
 6:19.99 7:03.09 7:41.39 8:29.72
 9:13.35 9:55.95

50 METER BACKSTROKE
 1 Carlson, Jenni 40 SCAQ 36.38
 2 Feld, Karen Ann 43 UNAT 41.32
 3 Gomez, Mika A 43 NOVA 45.01

100 METER BACKSTROKE
 1 Feld, Karen Ann 43 UNAT 1:32.37
 45.09

200 METER BACKSTROKE
 1 Adams, Kari S 44 LVM 3:04.34
 44.93 1:32.69 2:19.15
 2 Feld, Karen Ann 43 UNAT 3:21.01
 47.25 1:38.83 2:31.37

50 METER BREASTSTROKE
 1 Landreth, Ursula S 41 LVM 41.67
 2 Jackson, Kirsten L 42 LVM 43.55

100 METER BREASTSTROKE
 1 Landreth, Ursula S 41 LVM 1:31.88
 43.19
 2 Jackson, Kirsten L 42 LVM 1:34.54
 45.46

200 METER BREASTSTROKE
 1 Jackson, Kirsten L 42 LVM 3:31.92
 47.12 1:40.58 2:36.78
 2 Post, Heather M 40 LVM 4:06.78
 55.90 2:00.55 3:04.07

50 METER BUTTERFLY
 1 Adams, Kari S 44 LVM 33.24

100 METER BUTTERFLY
 1 Adams, Kari S 44 LVM 1:18.43
 36.37
 2 Gomez, Mika A 43 NOVA 1:40.12
 48.00

200 METER BUTTERFLY
 1 Post, Heather M 40 LVM 3:51.43
 47.32 1:46.59 2:48.89

200 METER INDIVIDUAL MEDLEY
 1 Post, Heather M 40 LVM 3:36.20
 45.24 1:42.49 2:44.42

400 METER INDIVIDUAL MEDLEY
 1 Post, Heather M 40 LVM 7:42.32
 48.17 1:46.57 2:46.53 3:46.19
 4:51.24 5:56.08 6:49.42

*** WOMEN 45-49 ***

50 METER FREESTYLE
 1 Burton, Kim L 48 MVN 35.52
 2 Latt, Melissa J 47 SCAQ 36.29
 3 Cook, Sally A 49 ROSE 48.41

100 METER FREESTYLE
 1 Godges, Arlette A 46 SCAQ 1:10.49
 34.50
 2 Latt, Melissa J 47 SCAQ 1:19.22
 38.21
 3 Juliusson, Julia M 45 NOVA 1:19.30
 37.14
 4 Burton, Kim L 48 MVN 1:21.37
 37.92
 5 Deputy, Kerry 49 NOVA 1:23.03
 39.52

200 METER FREESTYLE
 1 Latt, Melissa J 47 SCAQ 2:51.82
 39.99 1:23.99 2:08.56

400 METER FREESTYLE
 1 Dantzler, Amy L 46 WH20 5:03.37
 34.59 1:11.84 1:50.45 2:29.16
 3:08.54 3:47.38 4:26.53
 2 Juliusson, Julia M 45 NOVA 6:19.70
 40.70 1:27.63 2:15.74 3:06.26
 3:55.33 4:44.76 5:33.35
 3 Deputy, Kerry 49 NOVA 6:22.28
 40.64 1:26.67 2:15.75 3:05.82
 3:55.86 4:45.55 5:36.66
 4 Fell, Paula J 45 NOVA 7:09.88
 48.80 1:40.92 2:34.51 3:29.23
 4:23.84 5:19.75 6:15.25

800 METER FREESTYLE
 1 Dantzler, Amy L 46 WH20 10:21.02
 35.77 1:13.61 1:52.33 2:31.10
 3:10.00 3:48.97 4:28.00 5:07.11
 5:46.49 6:25.67 7:05.15 7:44.43
 8:23.82 9:03.22 9:42.76
 2 Deputy, Kerry 49 NOVA 12:59.41
 42.43 1:29.65 2:18.89 3:09.07
 3:59.59 4:49.83 5:39.69 6:29.83
 7:20.25 8:09.96 8:59.06 9:48.93
 10:38.23 11:27.31 12:15.47

1500 METER FREESTYLE
 1 Dantzler, Amy L 46 WH20 19:34.44
 35.59 1:13.38 1:52.07 2:30.77
 3:09.64 3:48.51 4:27.58 5:06.42
 5:45.76 6:24.64 7:03.72 7:42.54
 8:21.71 9:00.67

50 METER BACKSTROKE
 1 Burton, Kim L 48 MVN 42.48
 2 Fell, Paula J 45 NOVA 45.17
 3 Latt, Melissa J 47 SCAQ 45.96
 4 Deputy, Kerry 49 NOVA 46.38
 5 Cook, Sally A 49 ROSE 55.08

100 METER BACKSTROKE
 1 Burton, Kim L 48 MVN 1:37.68
 45.63
 2 Deputy, Kerry 49 NOVA 1:42.82
 50.07
 3 Fell, Paula J 45 NOVA 1:44.81
 50.90

200 METER BACKSTROKE
 1 Fell, Paula J 45 NOVA 3:38.91
 53.04 1:49.38 2:46.38
 2 Cook, Sally A 49 ROSE 4:19.41
 57.38 2:04.02 3:12.64
 NP Deputy, Kerry 49 NOVA DQ

50 METER BREASTSTROKE
 1 Godges, Arlette A 46 SCAQ 43.30
 2 Latt, Melissa J 47 SCAQ 46.80
 3 Fell, Paula J 45 NOVA 48.99
 4 Burton, Kim L 48 MVN 53.83

100 METER BREASTSTROKE
 1 Latt, Melissa J 47 SCAQ 1:47.43
 49.61
 2 Fell, Paula J 45 NOVA 1:49.04
 51.85

200 METER BREASTSTROKE
 1 Fell, Paula J 45 NOVA 3:59.16
 55.18 1:56.12 2:58.93

50 METER BUTTERFLY
 1 Godges, Arlette A 46 SCAQ 33.00
 2 Burton, Kim L 48 MVN 44.72

2010 FAST LCM SPMA & Southwest Zone Champs
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 Stroke & Turn/Starter: Virgil Chancy
 Stroke & Turn/Starter: Matthew Whalen
 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
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*** WOMEN 50-54 ***

50 METER FREESTYLE
 1 Brooks, Sherry M Wendze 50 NOVA 38.03
 NP Cook, Jenny L 52 SCAQ DQ

100 METER FREESTYLE
 1 Kalin, Melinda A 54 SOBA 1:40.75
 47.42

400 METER FREESTYLE
 1 Cook, Jenny L 52 SCAQ 5:03.57
 34.70 1:11.75 1:51.08 2:29.51
 3:08.78 3:47.49 4:26.50

2 Lumbert Gentry, Kerri 53 UNAT 6:11.00
 41.27 1:27.02 2:14.29 3:01.84
 3:50.40 4:38.42 5:26.33

3 Brooks, Sherry M Wendze 50 NOVA 7:01.54
 44.20 1:34.90 2:27.32 3:22.50
 4:17.66 5:14.35 6:08.82

4 Kalin, Melinda A 54 SOBA 7:55.22
 53.31 1:51.91 2:55.27 3:56.95
 5:00.21 5:59.00 6:58.97

800 METER FREESTYLE
 1 Brooks, Sherry M Wendze 50 NOVA 14:40.74
 45.82 1:36.62 2:31.48 3:26.21
 4:21.28 5:17.74 6:15.49 7:13.06
 8:11.03 9:08.72 10:06.30 11:03.51
 12:00.53 12:56.05 13:50.97

1500 METER FREESTYLE
 1 Cook, Jenny L 52 SCAQ 20:27.20
 35.30 1:12.85 1:51.71 2:31.02
 3:10.10 3:50.45 4:30.08 5:10.23
 5:50.89 6:31.98 7:13.51 7:54.62
 8:36.38 9:18.08

50 METER BACKSTROKE
 1 Brooks, Sherry M Wendze 50 NOVA 50.57

100 METER BACKSTROKE
 1 Lumbert Gentry, Kerri 53 UNAT 1:33.27
 46.64
 2 Brooks, Sherry M Wendze 50 NOVA 1:57.77
 54.25

50 METER BREASTSTROKE
 1 Melick, Karen L 53 SCAQ 42.12
 2 Lumbert Gentry, Kerri 53 UNAT 49.67

100 METER BREASTSTROKE
 1 Cook, Jenny L 52 SCAQ 1:25.34
 40.71
 2 Melick, Karen L 53 SCAQ 1:34.37
 44.59
 3 Kalin, Melinda A 54 SOBA 2:08.45
 1:02.92

200 METER BREASTSTROKE
 1 Cook, Jenny L 52 SCAQ 3:10.30
 42.69 1:31.21 2:21.21

50 METER BUTTERFLY
 1 Brooks, Sherry M Wendze 50 NOVA 48.46

200 METER INDIVIDUAL MEDLEY
 1 Cook, Jenny L 52 SCAQ 2:44.70
 34.56 1:17.82 2:06.73

400 METER INDIVIDUAL MEDLEY
 1 Cook, Jenny L 52 SCAQ 5:52.44
 35.87 1:18.01 2:05.95 2:52.76
 3:43.86 4:34.91 5:14.63

*** WOMEN 55-59 ***

50 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 33.01
 2 Uthus, Gwen 56 MVN 37.61
 3 Thornton, Kim S 58 NOVA 38.66
 4 Rogers, Darlene M 55 LVM 43.08
 5 McConkle, Cori M 56 NOVA 45.89
 6 McKinley, Maureen M 57 NOVA 52.60

100 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 1:13.13
 35.74
 2 Uthus, Gwen 56 MVN 1:19.66
 38.57
 3 Thornton, Kim S 58 NOVA 1:28.96
 42.87
 4 McConkle, Cori M 56 NOVA 1:40.35
 48.38

200 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 2:35.77
 36.91 1:17.25 1:57.32
 2 Uthus, Gwen 56 MVN 2:55.73
 40.50 1:25.32 2:11.20
 3 McConkle, Cori M 56 NOVA 3:25.23
 48.74 1:39.57 2:33.27
 4 Rogers, Darlene M 55 LVM 3:39.87
 50.54 1:48.99 2:48.74
 5 McKinley, Maureen M 57 NOVA 4:12.18
 54.60 2:00.14 3:05.97

400 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 5:24.37
 38.07 1:19.72 2:02.21 2:44.23
 3:24.81 4:05.19 4:45.62
 2 Rogers, Darlene M 55 LVM 7:39.01
 49.01 1:47.10 2:49.21 3:48.11
 4:48.77 5:49.85 6:49.16

800 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 11:17.83
 38.96 1:22.34 2:05.96 2:49.53
 3:33.19 4:16.46 4:59.77 5:42.86
 6:24.88 7:07.14 7:49.78 8:32.05
 9:14.62 9:56.57 10:33.29
 2 Uthus, Gwen 56 MVN 12:27.68
 42.38 1:29.01 2:16.82 3:04.43
 3:52.10 4:40.03 5:28.41 6:15.70
 7:03.62 7:50.45 8:37.67 9:24.52
 10:11.59 10:58.00 11:44.34
 3 Rogers, Darlene M 55 LVM 16:00.09
 50.99 1:51.27 2:52.82 3:55.15
 4:58.48 6:01.00 7:05.36 8:05.42
 9:06.14 10:07.76 11:07.67 12:08.39
 13:08.91 14:09.16 15:09.45

1500 METER FREESTYLE
 1 Battin, Carolyn H 56 LVM 21:10.21
 0.00 1:22.56 0.00 2:49.25
 0.00 4:15.80 0.00 5:42.29
 0.00 7:07.74 0.00 8:32.79
 0.00 9:57.61 0.00 11:22.56
 2 McKinley, Maureen M 57 NOVA 35:50.33
 58.25 2:05.03 3:13.91 4:23.05
 5:33.03 6:42.09 7:53.05 9:03.49
 10:15.12 11:25.95 12:37.99 13:49.72
 15:01.89 16:13.64

50 METER BACKSTROKE
 1 Thornton, Kim S 58 NOVA 48.58
 2 McConkle, Cori M 56 NOVA 52.54
 3 Rogers, Darlene M 55 LVM 52.69

100 METER BACKSTROKE
 1 Thornton, Kim S 58 NOVA 1:44.15
 51.47
 2 McConkle, Cori M 56 NOVA 1:56.84
 56.12

200 METER BACKSTROKE
 1 McConkle, Cori M 56 NOVA 3:58.03
 57.86 1:57.60 3:00.29
 50 METER BREASTSTROKE
 1 Smith, Robin M 55 MVN 45.76
 2 Thornton, Kim S 58 NOVA 48.93
 3 Uthus, Gwen 56 MVN 50.66
 4 Rogers, Darlene M 55 LVM 1:03.44

100 METER BREASTSTROKE
 1 Smith, Robin M 55 MVN 1:42.82
 47.97
 2 Thornton, Kim S 58 NOVA 1:46.18
 51.60
 3 Uthus, Gwen 56 MVN 1:47.97
 51.19

200 METER BREASTSTROKE
 1 McKinley, Maureen M 57 NOVA 4:41.03
 1:06.45 2:16.85 3:30.00

50 METER BUTTERFLY
 1 Battin, Carolyn H 56 LVM 37.55
 2 Lambert, Heather C 56 LBG 39.27

200 METER BUTTERFLY
 1 Lambert, Heather C 56 LBG 3:47.04
 49.24 1:45.86 2:46.00
 200 METER INDIVIDUAL MEDLEY
 1 Smith, Robin M 55 MVN 3:26.76
 44.58 1:39.70 2:39.43

*** WOMEN 60-64 ***

200 METER FREESTYLE
 1 Goodman, Lois A 63 OJAI 4:00.84
 56.49 1:58.87 3:01.06

400 METER FREESTYLE
 1 Dunbar, Barbara G 61 SDSM 5:45.28
 39.92 1:22.86 2:07.13 2:50.84
 3:35.29 4:19.22 5:03.19

800 METER FREESTYLE
 1 Dunbar, Barbara G 61 SDSM 11:41.51
 40.65 1:24.55 2:09.58 2:54.74
 3:39.52 4:24.21 5:09.00 5:53.35
 6:37.30 7:21.12 8:05.63 8:49.89
 9:33.52 10:17.25 11:00.46
 2 Goodman, Lois A 63 OJAI 16:17.18
 57.24 2:00.27 3:03.33 4:06.15
 5:07.59 6:09.65 7:11.67 8:13.63
 9:14.41 10:16.27 11:16.88 12:18.19
 13:18.66 14:19.28 15:10.15

1500 METER FREESTYLE
 1 Goodman, Lois A 63 OJAI 30:50.32
 57.40 1:59.45 3:00.83 4:02.49
 5:04.21 6:05.66 7:07.26 8:09.99
 9:11.66 10:13.84 11:16.02 12:17.97
 13:20.51 14:22.64

2 Jacobus, Anne M 60 LBG 32:41.53
 54.79 1:55.73 3:00.26 4:06.88
 5:12.92 6:19.28 7:25.38 8:31.54
 9:38.10 10:43.99 11:49.82 12:55.67
 14:01.72 15:08.18

50 METER BACKSTROKE
 1 Goodman, Lois A 63 OJAI 56.49

100 METER BACKSTROKE
 1 Goodman, Lois A 63 OJAI 2:11.55
 1:05.89

200 METER BACKSTROKE
 1 Goodman, Lois A 63 OJAI 4:32.62
 1:06.13 2:14.68 3:25.25

50 METER BUTTERFLY
 1 Dunbar, Barbara G 61 SDSM 39.85
 2 Goodman, Lois A 63 OJAI 1:06.62

100 METER BUTTERFLY
 1 Dunbar, Barbara G 61 SDSM 1:26.63
 40.95

200 METER BUTTERFLY
 1 Dunbar, Barbara G 61 SDSM 3:17.76
 42.26 1:32.10 2:25.44

200 METER INDIVIDUAL MEDLEY
 1 Dunbar, Barbara G 61 SDSM 3:14.09
 40.35 1:32.81 2:32.79

400 METER INDIVIDUAL MEDLEY
 1 Dunbar, Barbara G 61 SDSM 6:50.20
 41.17 1:28.97 2:25.41 3:23.07
 4:22.95 5:23.32 6:07.50

*** WOMEN 70-74 ***

50 METER FREESTYLE SPLIT
 1 Glenn, Sylvia 73 OJAI 1:03.07

100 METER FREESTYLE SPLIT
 1 Glenn, Sylvia 73 OJAI 2:14.47

200 METER FREESTYLE SPLIT
 1 Glenn, Sylvia 73 OJAI 4:36.17

400 METER FREESTYLE
 1 Glenn, Sylvia 73 OJAI 9:31.65
 1:03.07 2:14.47 3:27.75 4:40.30
 5:55.42 7:08.89 8:22.97

400 METER FREESTYLE SPLIT
 1 Glenn, Sylvia 73 OJAI 9:28.30

800 METER FREESTYLE SPLIT
 1 Glenn, Sylvia 73 OJAI 19:27.54

1500 METER FREESTYLE
 1 Glenn, Sylvia 73 OJAI 37:11.08
 1:03.59 2:12.74 3:24.81 4:36.17
 5:49.68 7:01.80 8:15.32 9:28.30
 10:42.99 11:56.53 13:12.11 14:26.43
 15:40.49 16:55.79

50 METER BACKSTROKE
 1 Glenn, Sylvia 73 OJAI 1:08.36

100 METER BACKSTROKE
 1 Glenn, Sylvia 73 OJAI 2:32.00
 1:13.33

200 METER BACKSTROKE
 1 Glenn, Sylvia 73 OJAI 5:12.57
 1:12.28 2:33.87 3:53.11

100 METER BREASTSTROKE
 1 Glenn, Sylvia 73 OJAI 2:52.32
 1:21.76

200 METER BREASTSTROKE
 1 Glenn, Sylvia 73 OJAI 5:54.23
 1:21.06 2:53.67 4:26.60

*** WOMEN 75-79 ***

50 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 49.26

100 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 1:51.05
 53.22

2 Graef, Margrit 79 MVN 1:55.55
 55.39

200 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 4:14.21
 58.48 2:05.36 3:12.19

400 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 8:38.78
 3:11.41 0.00 0.00 0.00
 5:25.84 6:31.47 7:36.85

800 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 17:09.87
 56.36 2:00.73 3:07.37 4:13.80
 5:19.13 6:23.85 7:27.24 8:33.42
 9:39.12 10:44.31 11:49.16 12:54.23
 13:59.19 15:04.80 16:10.23

1500 METER FREESTYLE
 1 Caldwell, Dionne B 78 NOVA 32:58.70
 55.78 1:59.53 3:03.73 4:10.41
 5:15.93 6:23.13 7:29.58 8:36.58
 9:42.56 10:50.13 11:55.85 13:03.05
 14:08.58 15:16.12

50 METER BREASTSTROKE
 1 Graef, Margrit 79 MVN 1:01.69

100 METER BREASTSTROKE
 1 Graef, Margrit 79 MVN 2:22.71
 1:07.01

2010 FAST LCM SPMA & Southwest Zone Champs
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 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
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*** WOMEN 85-89 ***

50 METER FREESTYLE
 1 Kornfeld, Maurine E 89 MVN 1:02.15
100 METER FREESTYLE
 1 Kornfeld, Maurine E 89 MVN 2:19.36
 1:06.33

400 METER FREESTYLE
 1 Kornfeld, Maurine E 89 MVN 9:46.68
 1:04.65 2:23.21 3:41.34 4:56.63
 6:11.94 7:27.15 8:40.91

800 METER FREESTYLE
 1 Kornfeld, Maurine E 89 MVN 20:56.14
 1:08.82 2:25.97 3:49.24 5:09.50
 6:30.45 7:50.57 9:07.66 10:26.88
 11:51.19 13:07.08 14:29.25 15:49.12
 0:00 18:29.89 19:48.84

50 METER BACKSTROKE
 1 Kornfeld, Maurine E 89 MVN 1:14.92

100 METER BACKSTROKE
 1 Kornfeld, Maurine E 89 MVN 2:47.76
 1:18.92

200 METER BACKSTROKE
 1 Kornfeld, Maurine E 89 MVN 5:31.81
 1:23.10 2:46.08 4:15.47

*** WOMEN 90-94 ***

100 METER FREESTYLE
 1 Simonton, Rita 92 LOST 2:18.37
 1:04.64

400 METER FREESTYLE
 1 Simonton, Rita 92 LOST 9:47.42
 1:04.92 2:15.67 3:30.95 4:46.00
 6:01.99 7:17.39 8:33.09

*** MEN 18-24 ***

50 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 27.06
 2 Tiebout, Andre L 22 LVM 28.41

100 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 59.22
 29.05

2 Ly, Max 19 ROSE 1:04.25
 31.32

3 Tiebout, Andre L 22 LVM 1:04.29
 31.32

4 Messner, David A 24 ROSE 1:05.10
 31.25

200 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 2:13.63
 32.26 1:05.60 1:40.35

2 Langendoen, Michael 19 ROSE 2:22.10
 32.10 1:07.60 1:45.75

400 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 4:44.57
 32.18 1:07.02 1:42.34 2:18.75

2:55.68 3:33.21 4:10.52

2 Lau, Alexander H 24 ROSE 5:32.46
 34.97 1:14.57 1:56.34 2:38.64

3:21.76 4:05.34 4:49.82

800 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 10:38.34
 37.17 1:15.48 1:54.15 2:32.77

3:12.24 3:51.10 4:31.37 5:10.91

5:52.25 6:32.74 7:13.96 7:54.94

8:37.00 9:17.78 9:59.13

1500 METER FREESTYLE
 1 O'Brien, Timothy J 20 LVM 19:49.16
 35.52 1:13.35 1:51.47 2:29.94

2:59.38 3:47.30 4:26.36 5:04.95

5:37.28 6:23.31 7:02.86 7:43.08

50 METER BACKSTROKE
 1 Langendoen, Michael 19 ROSE 31.42

100 METER BACKSTROKE
 1 Langendoen, Michael 19 ROSE 1:09.71
 33.68

50 METER BREASTSTROKE
 1 Ly, Max 19 ROSE 34.65
 2 Tiebout, Andre L 22 LVM 35.38
 3 Austin, Jamie T 20 SCAQ 38.70

100 METER BREASTSTROKE
 1 Ly, Max 19 ROSE 1:18.84
 37.89

2 Tiebout, Andre L 22 LVM 1:19.40
 37.70

3 Austin, Jamie T 20 SCAQ 1:29.01
 43.06

200 METER BREASTSTROKE
 1 Tiebout, Andre L 22 LVM 2:57.28
 40.07 1:24.27 2:10.74

50 METER BUTTERFLY
 1 O'Brien, Timothy J 20 LVM 29.64
 2 Messner, David A 24 ROSE 31.93
 3 Lau, Alexander H 24 ROSE 32.11

200 METER INDIVIDUAL MEDLEY
 1 Messner, David A 24 ROSE 2:53.90
 32.67 1:13.41 2:12.52

*** MEN 25-29 ***

50 METER FREESTYLE
 1 Puchalski, Danny R 29 NOVA 25.53

100 METER FREESTYLE
 1 Puchalski, Danny R 29 NOVA 58.34
 28.88

2 Pansing, Craig 29 ROSE 1:04.52
 31.43

3 Grice, Jeff 26 MVN 1:10.42
 33.76

400 METER FREESTYLE
 1 Pansing, Craig 29 ROSE 5:03.93
 36.12 1:15.34 1:53.83 2:33.57

3:10.76 3:48.95 4:26.46

1500 METER FREESTYLE
 1 Pansing, Craig 29 ROSE 20:16.37
 37.50 1:18.07 1:59.29 2:41.05

3:22.12 4:04.05 4:45.58 5:27.38

6:07.78 6:48.21 7:28.88 8:10.01

8:50.34 9:30.62

50 METER BREASTSTROKE
 1 Puchalski, Danny R 29 NOVA 31.92
 2 Grice, Jeff 26 MVN 38.74

100 METER BREASTSTROKE
 1 Puchalski, Danny R 29 NOVA 1:07.53
 32.06

2 Ecklund, Tait C 29 LVM 1:17.04
 36.77

3 Grice, Jeff 26 MVN 1:23.95
 40.15

200 METER BREASTSTROKE
 1 Puchalski, Danny R 29 NOVA 2:37.45
 35.71 1:15.40 1:56.37

2 Ecklund, Tait C 29 LVM 2:50.57
 40.09 1:23.91 2:07.41

50 METER BUTTERFLY
 1 Grice, Jeff 26 MVN 35.64

100 METER BUTTERFLY
 1 Puchalski, Danny R 29 NOVA 1:04.41
 29.85

200 METER INDIVIDUAL MEDLEY
 1 Puchalski, Danny R 29 NOVA 2:24.86
 31.05 1:13.04 1:51.40

2 Ecklund, Tait C 29 LVM 2:28.76
 31.35 1:12.58 1:53.82

400 METER INDIVIDUAL MEDLEY
 1 Ecklund, Tait C 29 LVM 5:25.40
 32.18 1:09.93 1:55.71 2:40.43

3:24.88 4:09.87 4:48.23

*** MEN 30-34 ***

50 METER FREESTYLE
 1 Brayman, Brook T 33 LVM 28.25
 2 Cheung, Alex H 30 NOVA 31.28

3 Espino, Stanley C 34 NOVA 31.34
 4 Goldner, Steve M 34 LVM 37.76

50 METER FREESTYLE SPLIT
 1 Kerekjarto, Tamas 31 FMT 24.22

100 METER FREESTYLE
 1 Espino, Stanley C 34 NOVA 1:09.00
 32.88

2 Cheung, Alex H 30 NOVA 1:09.54
 34.06

3 Goldner, Steve M 34 LVM 1:34.80
 43.62

200 METER FREESTYLE
 1 Kerekjarto, Tamas 31 FMT 1:56.08
 27.25 56.99 1:26.57

2 Brayman, Brook T 33 LVM 2:14.87
 30.60 1:04.17 1:39.77

3 Fletcher, Slater 34 NOVA 2:28.65
 34.79 1:12.91 1:51.50

400 METER FREESTYLE
 1 Brayman, Brook T 33 LVM 4:46.27
 31.19 1:05.11 1:40.47 2:17.20

2:54.21 3:32.12 4:08.99

800 METER FREESTYLE
 1 Brayman, Brook T 33 LVM 10:05.80
 33.35 1:09.95 1:47.74 2:26.19

3:04.84 3:43.51 4:22.30 5:00.61

5:39.53 6:18.22 6:56.67 7:35.42

8:13.73 8:52.28 9:29.81

2 Fletcher, Slater 34 NOVA 11:20.12
 34.43 1:13.64 1:54.69 2:36.84

3:20.26 4:03.50 4:46.94 5:30.86

6:15.36 6:59.84 7:44.09 8:27.26

9:11.64 9:55.58 10:38.96

3 Espino, Stanley C 34 NOVA 12:01.23
 38.30 1:21.12 2:06.30 2:52.71

3:39.23 4:26.27 5:12.83 5:58.75

6:44.37 7:30.01 8:15.33 9:01.83

9:49.61 10:34.37 11:19.60

1500 METER FREESTYLE
 1 Brayman, Brook T 33 LVM 19:06.99
 33.97 1:11.21 1:49.77 2:28.38

3:07.25 3:46.15 4:25.13 5:04.08

5:43.14 6:22.35 7:01.04 7:39.66

8:17.89 8:56.71

2 Fletcher, Slater 34 NOVA 20:46.72
 36.45 1:17.10 1:58.30 2:40.05

3:22.17 4:03.87 4:45.71 5:28.41

6:10.56 6:52.48 7:34.85 8:17.27

8:59.27 9:41.11

3 Espino, Stanley C 34 NOVA 22:38.29
 38.41 1:21.35 2:07.53 2:52.90

3:38.95 4:23.26 5:08.82 5:54.47

6:40.81 7:26.43 8:12.35 8:58.71

9:44.78 10:30.41

50 METER BACKSTROKE
 1 Durieux, Chad A 31 ROSE 35.43
 2 Cheung, Alex H 30 NOVA 36.92

3 Espino, Stanley C 34 NOVA 40.83
 4 Goldner, Steve M 34 LVM 47.82

100 METER BACKSTROKE
 1 Cheung, Alex H 30 NOVA 1:25.30
 43.14

200 METER BACKSTROKE
 1 Durieux, Chad A 31 ROSE 2:49.13
 39.40 1:21.45 2:05.54

2 Cheung, Alex H 30 NOVA 3:05.16
 45.26 1:33.78 2:21.96

50 METER BREASTSTROKE
 1 Durieux, Chad A 31 ROSE 34.18

100 METER BREASTSTROKE
 1 Durieux, Chad A 31 ROSE 1:17.63
 36.22

200 METER BREASTSTROKE
 1 Durieux, Chad A 31 ROSE 2:56.55
 39.48 1:24.59 2:10.96

50 METER BUTTERFLY
 1 Durieux, Chad A 31 ROSE 30.00
 2 Fletcher, Slater 34 NOVA 32.30

3 Espino, Stanley C 34 NOVA 35.51
 4 Cheung, Alex H 30 NOVA 36.58

100 METER BUTTERFLY
 1 Kerekjarto, Tamas 31 FMT 55.16
 25.80

2 Brayman, Brook T 33 LVM 1:10.12
 31.85

200 METER INDIVIDUAL MEDLEY
 1 Kerekjarto, Tamas 31 FMT 2:05.60
 26.13 57.97 1:34.81

2 Durieux, Chad A 31 ROSE 2:37.87
 31.93 1:16.14 2:01.06

3 Espino, Stanley C 34 NOVA 3:01.07
 37.74 1:28.71 2:21.29

*** MEN 35-39 ***

50 METER FREESTYLE
 1 Joyce, Kevin T 38 MVN 27.72
 2 Kirker, John J 39 NOVA 27.74

3 Dietrich, Jim 39 NOVA 27.97
 4 Paris, Dave M 36 ROSE 28.20

5 Santamaria, Jason A 39 NOVA 29.02
 6 Castleton, Tom 39 ROSE 30.29

7 Rovinsky, Jeff L 39 NOVA 32.79
 8 Kremers, Brian J 37 LBG 34.80

9 Prieto, Jorge 39 SGM 35.07

50 METER FREESTYLE SPLIT
 1 Castleton, Tom 39 ROSE 30.78

100 METER FREESTYLE
 1 Joyce, Kevin T 38 MVN 1:01.38
 29.31

2 Kirker, John J 39 NOVA 1:03.81
 29.64

3 Castleton, Tom 39 ROSE 1:08.18
 33.14

4 Santamaria, Jason A 39 NOVA 1:08.52
 32.96

5 Shinen, Brock B 38 FMT 1:10.42
 33.12

6 Rovinsky, Jeff L 39 NOVA 1:11.30
 34.06

7 Ono, Satoshi 36 ROSE 1:18.59
 36.84

200 METER FREESTYLE
 1 Joyce, Kevin T 38 MVN 2:14.14
 30.34 1:04.52 1:39.88

2 Paris, Dave M 36 ROSE 2:22.07
 33.92 1:10.74 1:47.41

3 Kremers, Brian J 37 LBG 2:38.03
 35.55 1:15.20 1:56.70

4 Ono, Satoshi 36 ROSE 3:04.79
 37.27 1:22.88 2:16.18

400 METER FREESTYLE
 1 Joyce, Kevin T 38 MVN 4:48.05
 33.42 1:09.03 1:45.20 2:21.59

2:58.33 3:35.25 4:13.17

Wegner, Dan 39 UNAT 5:01.75
 31.07 1:06.21 1:44.53 2:23.40

3:03.38 3:43.04 4:23.17

3 Rovinsky, Jeff L 39 NOVA 5:38.27
 37.24 1:18.63 2:02.04 2:46.39

3:30.15 4:14.20 4:57.96

4 Prieto, Jorge 39 SGM 6:10.59
 40.38 1:24.14 2:10.83 2:58.56

3:48.65 4:37.36 5:27.48

2010 FAST LCM SPMA & Southwest Zone Champs
 50 Long Course Meters
 Janet Evans Swim Complex, Fullerton, CA
 07/23/2010-07/25/2010
 Meet Referee: Paul Szuszkiewicz
 Stroke & Turn/Starter: Virgil Chancy
 Stroke & Turn/Starter: Matthew Whalen
 Stroke & Turn: Jan Szuszkiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 5

*** MEN 40-44 ***

50 METER FREESTYLE
 1 Levy, Jared 43 ROSE 28.34
 2 Cienega, Julio 44 ROSE 28.63
 3 Kent, Aric 40 MYST 28.68
 4 Skelly, Drew K 44 ROSE 29.23
 5 Borton, Dan 42 ROSE 29.78
 6 Lamm, Steve M 44 NOVA 32.59
 7 Patterson, Stephen G 44 LVM 34.80

*** MEN 35-39 ***

800 METER FREESTYLE
 1 Joyce, Kevin T 38 MVN 10:00.47
 33.53 1:10.33 1:47.52 2:25.02
 3:02.66 3:40.42 4:17.78 4:55.50
 5:33.61 6:11.82 6:49.88 7:28.02
 8:06.62 8:45.67 9:24.23
 2 Ripic, Steve 37 MVN 10:45.19
 35.25 1:14.22 1:42.79 2:33.84
 3:14.10 3:55.00 4:35.70 5:16.51
 5:57.35 6:38.34 7:19.24 8:00.27
 8:41.37 9:22.98 10:04.95
 3 Kremers, Brian J 37 LBG 11:16.56
 37.24 1:20.21 2:03.25 2:47.35
 3:31.84 4:15.62 4:59.10 5:42.98
 6:25.56 7:08.03 7:49.35 8:31.03
 9:12.20 9:53.80 10:35.05
 4 Rovinsky, Jeff L 39 NOVA 12:10.58
 38.84 1:23.31 2:09.21 2:56.75
 3:44.14 4:31.57 5:18.75 6:06.28
 6:52.64 7:39.75 8:26.41 9:13.03
 9:59.48 10:45.17 11:29.79

50 METER BACKSTROKE
 1 Dietrich, Jim 39 NOVA 34.61
 2 Kirker, John J 39 NOVA 36.40
 3 Ono, Satoshi 36 ROSE 43.79

200 METER BACKSTROKE
 1 Castleton, Tom 39 ROSE 3:38.75
 52.19 1:49.28 2:47.56

50 METER BREASTSTROKE
 1 Dietrich, Jim 39 NOVA 35.13
 2 Ripic, Steve 37 MVN 37.52
 3 Kirker, John J 39 NOVA 38.88
 4 Rovinsky, Jeff L 39 NOVA 40.30
 5 Castleton, Tom 39 ROSE 40.90
 6 Ono, Satoshi 36 ROSE 45.89

100 METER BREASTSTROKE
 1 Ripic, Steve 37 MVN 1:22.62
 39.63
 2 Dietrich, Jim 39 NOVA 1:24.75
 39.25
 3 Shiner, Brock B 38 FMT 1:29.41
 40.60
 4 Rovinsky, Jeff L 39 NOVA 1:34.05
 44.99
 5 Castleton, Tom 39 ROSE 1:35.76
 42.45
 6 Ono, Satoshi 36 ROSE 1:38.50
 46.78

200 METER BREASTSTROKE
 1 Ripic, Steve 37 MVN 3:05.33
 41.73 1:28.90 2:17.04
 2 Rovinsky, Jeff L 39 NOVA 3:31.70
 49.35 1:44.70 2:40.89
 3 Ono, Satoshi 36 ROSE 3:42.02
 51.46 1:47.07 2:47.40
 4 Kremers, Brian J 37 LBG 3:42.49
 51.93 1:47.66 2:45.28
 5 Castleton, Tom 39 ROSE 3:55.96
 51.41 1:49.06 2:52.27

50 METER BUTTERFLY
 1 Santamaria, Jason A 39 NOVA 31.80
 2 Castleton, Tom 39 ROSE 33.21
 3 Kirker, John J 39 NOVA 33.84
 4 Prieto, Jorge 39 SGM 41.21

100 METER BUTTERFLY
 1 Ripic, Steve 37 MVN 1:16.72
 34.89
 2 Prieto, Jorge 39 SGM 1:35.23
 41.58

200 METER INDIVIDUAL MEDLEY
 1 Joyce, Kevin T 38 MVN 2:37.52
 32.25 1:15.29 2:03.25
 2 Ripic, Steve 37 MVN 2:39.76
 32.30 1:15.88 2:02.98
 3 Ono, Satoshi 36 ROSE 3:23.72
 41.21 1:34.79 2:32.44
 4 Prieto, Jorge 39 SGM 3:32.10
 44.02 1:43.31 2:46.18

400 METER INDIVIDUAL MEDLEY
 1 Ripic, Steve 37 MVN 5:53.14
 34.86 1:15.27 2:04.86 2:53.89
 3:43.24 4:33.12 5:13.92
 2 Kremers, Brian J 37 LBG 6:14.75
 39.33 1:28.76 2:15.11 2:59.53
 3:56.03 4:49.30 5:32.07

50 METER FREESTYLE
 43 ROSE 28.34
 44 ROSE 28.63
 40 MYST 28.68
 44 ROSE 29.23
 42 ROSE 29.78
 44 NOVA 32.59
 44 LVM 34.80

100 METER FREESTYLE
 1 Jones, Kenton R 43 SDSM 1:01.49
 30.02
 2 Cienega, Julio 44 ROSE 1:01.94
 29.97
 3 Kent, Aric 40 MYST 1:03.47
 29.61
 4 Rippetoe, Kenneth R 41 SCAQ 1:03.62
 30.25
 5 Skelly, Drew K 44 ROSE 1:04.08
 30.46
 6 Lamm, Steve M 44 NOVA 1:17.08
 36.34
 7 Patterson, Stephen G 44 LVM 1:20.46
 39.67

200 METER FREESTYLE
 1 Cienega, Julio 44 ROSE 2:17.50
 32.29 1:06.54 1:41.70
 2 Jacobs, Lee 41 NOVA 2:22.48
 34.37 1:09.88 1:46.90
 3 Kent, Aric 40 MYST 2:24.27
 32.74 1:08.90 1:46.86
 4 Skelly, Drew K 44 ROSE 2:25.03
 33.83 1:10.78 1:48.08
 5 Patterson, Stephen G 44 LVM 3:01.04
 41.64 1:28.41 2:17.41

200 METER FREESTYLE SPLIT
 1 Borton, Dan 42 ROSE 2:25.83

400 METER FREESTYLE
 1 Magee, Mark A 42 LVM 4:35.30
 31.13 1:04.98 1:39.55 2:14.27
 2:49.73 3:25.02 4:00.59
 2 Cienega, Julio 44 ROSE 4:57.73
 33.56 1:08.98 1:46.30 2:24.25
 3:02.89 3:41.20 4:20.58
 3 Skelly, Drew K 44 ROSE 5:06.82
 34.54 1:12.59 1:51.52 2:31.45
 3:09.93 3:49.64 4:28.53
 4 Borton, Dan 42 ROSE 5:09.33
 34.36 1:11.98 1:51.21 2:30.64
 3:10.23 3:50.12 4:30.47
 5 Kent, Aric 40 MYST 5:15.76
 33.90 1:12.27 1:52.52 2:33.65
 3:14.88 3:56.42 4:36.89

400 METER FREESTYLE SPLIT
 1 Kostich, Alex G 40 UNAT 4:16.50

800 METER FREESTYLE
 1 Kostich, Alex G 40 UNAT 8:37.81
 29.36 1:01.57 1:34.03 2:06.46
 2:38.81 3:11.14 3:43.85 4:16.50
 4:48.97 5:21.62 5:54.62 6:27.29
 7:00.46 7:33.47 8:06.23
 2 Collins, Michael D 44 NOVA 10:36.78
 35.80 1:14.37 1:53.96 2:34.03
 3:14.48 3:54.36 4:34.51 5:15.19
 5:55.49 6:35.51 7:16.42 7:56.65
 8:37.50 9:17.63 9:57.76

1500 METER FREESTYLE
 1 Kostich, Alex G 40 UNAT 16:36.91
 29.91 1:02.43 1:35.21 2:07.99
 2:40.57 3:13.66 3:46.48 4:19.53
 4:52.40 5:25.55 5:58.75 6:31.76
 7:04.90 7:38.55

2 Collins, Michael D 44 NOVA 20:15.95
 0.00 1:15.89 1:57.23 2:38.60
 3:19.76 4:00.50 4:41.77 5:22.25
 6:02.77 6:43.77 7:24.25 8:04.89
 8:45.56 9:26.06

50 METER BACKSTROKE
 1 Levy, Jared 43 ROSE 34.99
 2 Borton, Dan 42 ROSE 35.22
 3 Collins, Michael D 44 NOVA 36.35

100 METER BACKSTROKE
 1 Hochstein, Erik 42 SCAQ 1:09.05
 34.19

200 METER BACKSTROKE
 1 Hochstein, Erik 42 SCAQ 2:31.82
 35.60 1:13.25 1:52.35
 2 Borton, Dan 42 ROSE 2:45.45
 38.07 1:19.42 2:02.62
 3 Collins, Michael D 44 NOVA 2:54.68
 42.07 1:26.04 2:10.78

50 METER BREASTSTROKE
 1 Boodt, Bradley N 42 LVM 34.21
 2 Rippetoe, Kenneth R 41 SCAQ 36.32
 3 Cienega, Julio 44 ROSE 39.11
 4 Lamm, Steve M 44 NOVA 43.81
 5 Patterson, Stephen G 44 LVM 46.62

100 METER BREASTSTROKE
 1 Boodt, Bradley N 42 LVM 1:17.89
 37.79
 2 Skelly, Drew K 44 ROSE 1:25.56
 40.95
 3 Adamavich, Doug P 41 ARIZ 1:26.69
 41.07

200 METER BREASTSTROKE
 1 Magee, Mark A 42 LVM 2:45.51
 37.10 1:18.98 2:02.34
 2 Boodt, Bradley N 42 LVM 2:52.64
 40.24 1:24.87 2:09.50
 3 Jones, Kenton R 43 SDSM 2:53.75
 39.53 1:24.77 2:10.02
 4 Collins, Michael D 44 NOVA 3:00.58
 42.21 1:28.21 2:14.63
 5 Adamavich, Doug P 41 ARIZ 3:05.16
 43.49 1:30.54 2:18.33
 6 Borton, Dan 42 ROSE 3:16.81
 43.93 1:33.47 2:25.58
 7 Lamm, Steve M 44 NOVA 3:52.89
 52.36 1:51.35 2:53.71

50 METER BUTTERFLY
 1 Jones, Kenton R 43 SDSM 30.58
 2 Jacobs, Lee 41 NOVA 30.81
 3 Kent, Aric 40 MYST 30.97
 4 Rippetoe, Kenneth R 41 SCAQ 31.08
 5 Borton, Dan 42 ROSE 31.85
 6 Adamavich, Doug P 41 ARIZ 32.46

100 METER BUTTERFLY
 1 Jones, Kenton R 43 SDSM 1:07.69
 31.48
 2 Borton, Dan 42 ROSE 1:11.85
 33.56
 3 Jacobs, Lee 41 NOVA 1:13.56
 33.34
 4 Skelly, Drew K 44 ROSE 1:15.19
 33.52
 5 Collins, Michael D 44 NOVA 1:16.11
 35.88

200 METER BUTTERFLY
 1 Magee, Mark A 42 LVM 2:16.61
 30.54 1:04.97 1:40.49
 2 Hochstein, Erik 42 SCAQ 2:36.24
 35.22 1:14.84 1:56.04
 3 Jacobs, Lee 41 NOVA 3:08.22
 39.22 1:25.40 2:15.14

200 METER INDIVIDUAL MEDLEY
 1 Magee, Mark A 42 LVM 2:21.58
 30.06 1:08.02 1:49.39
 2 Hochstein, Erik 42 SCAQ 2:25.46
 30.45 1:07.55 1:53.66
 3 Jones, Kenton R 43 SDSM 2:34.23
 33.38 1:15.31 1:59.33
 4 Cienega, Julio 44 ROSE 2:45.22
 34.62 1:21.82 2:11.05
 5 Skelly, Drew K 44 ROSE 2:45.59
 34.33 1:19.54 2:08.16
 6 Adamavich, Doug P 41 ARIZ 2:45.99
 34.42 1:21.02 2:08.52
 7 Kent, Aric 40 MYST 2:50.27
 32.62 1:18.32 2:11.01
 8 Jacobs, Lee 41 NOVA 2:56.34
 34.95 1:22.37 2:15.99

400 METER INDIVIDUAL MEDLEY
 1 Magee, Mark A 42 LVM 5:00.58
 30.40 1:05.97 1:45.55 2:24.36
 3:08.05 3:52.55 4:27.28
 2 Adamavich, Doug P 41 ARIZ 6:01.53
 38.06 1:22.86 2:14.06 3:02.11
 3:52.82 4:42.80 5:22.81

*** MEN 45-49 ***

50 METER FREESTYLE
 1 Wall, Chris L 48 SCAQ 26.82
 2 Wyatt, Robby W 49 NOVA 27.30
 3 Thompson, Garrett J 48 LVM 27.57
 4 Riddle, James M 48 NOVA 27.73
 5 Ortega, Adan 48 FMT 30.75

100 METER FREESTYLE
 1 Thompson, Garrett J 48 LVM 1:01.21
 29.22
 2 Andelin, Roger 47 FXCM 1:01.56
 29.45
 3 Wall, Chris L 48 SCAQ 1:02.57
 29.70
 4 Wyatt, Robby W 49 NOVA 1:03.12
 29.91
 5 Sayre, John A 47 ROSE 1:04.26
 31.31
 6 Werner, John C 47 LBG 1:26.85
 40.86

100 METER FREESTYLE SPLIT
 1 McGinley, Patrick B 47 ROSE 1:06.84

200 METER FREESTYLE
 1 Jennings, Bryan V 47 LVM 2:12.48
 30.56 1:04.69 1:39.41
 2 Thompson, Garrett J 48 LVM 2:17.46
 31.55 1:05.83 1:41.58
 3 Riddle, James M 48 NOVA 2:18.54
 32.14 1:07.07 1:43.64
 4 Wyatt, Robby W 49 NOVA 2:23.97
 32.93 1:09.76 1:47.66
 5 Wall, Chris L 48 SCAQ 2:33.80
 35.54 1:14.24 1:54.55

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 50 Long Course Meters
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 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 6

*** MEN 45-49 ***

400 METER FREESTYLE

1	Pearson, John C	45 ROSE	4:48.23
	33.17	1:08.75	1:45.43
	2:59.24	3:36.22	4:13.00
2	Riddle, James M	48 NOVA	4:52.55
	33.63	1:10.29	1:48.16
	3:03.42	3:40.67	4:17.79
3	Wyatt, Robby W	49 NOVA	5:09.01
	33.94	1:11.52	1:50.44
	3:10.17	3:50.44	4:30.47
4	Arshat, Brad	48 NOVA	6:12.49
	41.27	1:25.86	2:13.98
	3:50.51	4:38.66	5:25.84

800 METER FREESTYLE

1	Pearson, John C	45 ROSE	9:54.99
	34.19	1:10.70	1:48.13
	3:03.15	3:40.91	4:18.74
	5:34.00	6:12.29	6:50.23
	8:07.12	8:44.35	9:21.22
2	Riddle, James M	48 NOVA	10:18.95
	35.06	1:13.33	1:52.82
	3:12.52	3:52.46	4:31.90
	5:51.05	6:30.45	7:09.12
	8:25.64	9:04.19	9:42.02
3	Wyatt, Robby W	49 NOVA	10:54.64
	35.31	1:16.06	1:57.70
	3:22.14	4:04.26	4:46.20
	6:08.98	6:50.98	7:32.95
	8:55.62	9:35.81	10:15.63

800 METER FREESTYLE SPLIT

1500 METER FREESTYLE

1	Shaffer, Mike G	45 VCM	17:44.65
	0:00	1:06.00	1:41.12
	2:52.50	3:28.49	4:04.37
	5:16.09	5:52.18	6:27.89
	7:39.87	8:16.03	8:59.11
2	Werner, John C	47 LBG	27:01.67
	46.21	1:36.29	2:28.62
	4:17.01	5:11.94	6:07.11
	7:55.91	8:50.38	9:44.81
	11:32.74	12:26.84	

50 METER BACKSTROKE

1	Jennings, Bryan V	47 LVM	30.62
2	Shaffer, Mike G	45 VCM	31.55
3	McGinley, Patrick B	47 ROSE	33.67
4	Riddle, James M	48 NOVA	34.01

50 METER BACKSTROKE SPLIT

100 METER BACKSTROKE

1	McGinley, Patrick B	47 ROSE	34.20
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100 METER BACKSTROKE

1	Jennings, Bryan V	47 LVM	1:04.65
	31.72		
2	McGinley, Patrick B	47 ROSE	1:13.93
	35.73		
3	Riddle, James M	48 NOVA	1:14.90
	37.33		
4	Sayre, John A	47 ROSE	1:22.16
	40.22		
5	Werner, John C	47 LBG	1:57.95
	56.81		

100 METER BACKSTROKE SPLIT

100 METER BACKSTROKE

1	McGinley, Patrick B	47 ROSE	1:15.02
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200 METER BACKSTROKE

1	Jennings, Bryan V	47 LVM	2:25.43
	32.79	1:08.15	1:46.21
2	Goldschmidt, Aaron	48 SBM	2:36.29
	37.23	1:16.51	1:56.65
3	McGinley, Patrick B	47 ROSE	2:52.10
	40.21	1:25.22	2:09.62

50 METER BREASTSTROKE

1	Wall, Chris L	48 SCAQ	36.48
2	Andelin, Roger	47 FXCM	37.79

100 METER BREASTSTROKE

1	McGinley, Patrick B	47 ROSE	1:29.52
	41.93		
2	Werner, John C	47 LBG	1:42.90
	48.34		

200 METER BREASTSTROKE

1	McGinley, Patrick B	47 ROSE	3:19.33
	46.07	1:37.53	2:28.82

50 METER BUTTERFLY

1	Andelin, Roger	47 FXCM	29.34
2	Thompson, Garrett J	48 LVM	30.28
3	McGinley, Patrick B	47 ROSE	32.31
4	Sayre, John A	47 ROSE	32.81
5	Ortega, Adan	48 FMT	33.96
6	Werner, John C	47 LBG	46.42

100 METER BUTTERFLY

1	Shaffer, Mike G	45 VCM	1:01.68
	28.62		
2	Arshat, Brad	48 NOVA	1:49.47
	50.34		

NP Thompson, Garrett J 48 LVM DQ

200 METER BUTTERFLY

1	Shaffer, Mike G	45 VCM	2:18.06
	30.33	1:04.37	1:40.34
2	Arshat, Brad	48 NOVA	4:01.44
	52.63	1:54.16	2:57.53

200 METER INDIVIDUAL MEDLEY

1	Jennings, Bryan V	47 LVM	2:27.65
	30.77	1:07.49	1:52.79
2	Andelin, Roger	47 FXCM	2:38.32
	31.98	1:13.30	2:01.22
3	Riddle, James M	48 NOVA	2:39.06
	33.21	1:15.40	2:04.84
4	Thompson, Garrett J	48 LVM	2:39.41
	32.08	1:15.02	2:03.46
5	Pearson, John C	45 ROSE	2:44.96
	35.47	1:18.96	2:07.42
6	Arshat, Brad	48 NOVA	3:26.70
	47.60	1:42.14	2:41.16
7	Werner, John C	47 LBG	3:35.71
	48.21	1:48.61	2:48.52

400 METER INDIVIDUAL MEDLEY

1	Arshat, Brad	48 NOVA	7:24.58
	50.06	1:50.11	2:49.83
	4:48.92	5:49.76	6:37.44

*** MEN 50-54 ***

50 METER FREESTYLE

1	Franklin, Sam D	53 LVM	27.62
2	Olson, Jeff	51 ROSE	28.79
3	Mitchell, Robert W	52 FMT	29.41
4	Austin, Tony K	53 SCAQ	30.46

100 METER FREESTYLE

1	Magit, Brad	52 SCAQ	1:03.48
	30.95		
2	Franklin, Sam D	53 LVM	1:04.94
	31.70		
3	Mitchell, Robert W	52 FMT	1:05.49
	31.57		
4	Andelin, Darcy M	50 FMT	1:06.12
	31.13		
5	Austin, Tony K	53 SCAQ	1:10.48
	33.76		
6	Glezen, Jonathan T	51 ROSE	1:10.89
	34.72		

200 METER FREESTYLE

1	Austin, Tony K	53 SCAQ	2:43.37
	38.21	1:20.22	2:02.69

400 METER FREESTYLE

1	Thomas, Bruce W	53 SCAQ	4:44.77
	33.50	1:08.96	1:44.84
	2:57.11	3:33.28	4:09.80
2	Magit, Brad	52 SCAQ	4:59.79
	34.22	1:11.19	1:49.25
	3:06.65	3:45.13	4:23.01
3	Glezen, Jonathan T	51 ROSE	5:31.41
	36.69	1:17.75	2:00.56
	3:27.75	4:10.55	4:52.43

800 METER FREESTYLE

1	Glezen, Jonathan T	51 ROSE	11:17.15
	38.51	1:20.68	2:04.54
	3:31.63	4:14.89	4:58.63
	6:24.71	7:07.92	7:50.95
	9:17.05	9:59.27	10:40.31

1500 METER FREESTYLE

1	Thomas, Bruce W	53 SCAQ	18:27.56
	34.75	1:12.22	1:49.30
	3:03.75	3:40.78	4:17.89
	5:31.69	6:08.43	6:45.42
	7:59.28	8:36.27	
2	Jackson, Dale E	50 MICH	19:48.49
	35.94	1:14.21	1:53.62
	3:12.53	3:52.09	4:31.51
	5:50.83	6:30.41	7:10.04
	8:29.63	9:09.44	

800 METER FREESTYLE

1	Glezen, Jonathan T	51 ROSE	21:48.04
	38.87	1:21.05	2:03.99
	3:30.42	4:14.23	4:57.97
	6:25.33	7:08.81	7:52.33
	9:20.25	10:05.28	
4	Austin, Tony K	53 SCAQ	24:09.36
	40.60	1:26.46	2:13.85
	3:50.74	4:39.42	5:27.84
	7:05.20	7:54.63	8:43.92
	10:22.42	11:11.71	

50 METER BACKSTROKE

1	Kajiwara, Doug	53 SCAQ	33.88
2	Franklin, Sam D	53 LVM	34.93
3	Olson, Jeff	51 ROSE	36.06
4	Mitchell, Robert W	52 FMT	36.62
5	Chao, Coochung (JJ)	54 MVN	43.57

100 METER BACKSTROKE

1	Ireland, Bill	51 SCAQ	1:20.98
	39.21		
2	Mitchell, Robert W	52 FMT	1:27.80
	43.92		
3	Chao, Coochung (JJ)	54 MVN	1:42.13
	50.85		

200 METER BACKSTROKE

1	Kajiwara, Doug	53 SCAQ	2:38.08
	36.78	1:17.12	1:57.71
2	Olson, Jeff	51 ROSE	3:11.38
	0.00	1:31.74	0.00
3	Chao, Coochung (JJ)	54 MVN	3:34.38
	51.92	1:46.14	2:41.97

50 METER BREASTSTROKE

1	Baird, Michael J	50 SCAQ	40.99
2	Chao, Coochung (JJ)	54 MVN	42.21
3	Austin, Tony K	53 SCAQ	45.43

100 METER BREASTSTROKE

1	Baird, Michael J	50 SCAQ	1:30.44
	42.06		
2	Chao, Coochung (JJ)	54 MVN	1:35.29
	45.60		

200 METER BREASTSTROKE

1	Olson, Jeff	51 ROSE	3:31.24
	46.80	1:41.42	2:37.84
2	Chao, Coochung (JJ)	54 MVN	3:41.44
	47.38	1:41.10	2:40.63

50 METER BUTTERFLY

1	Franklin, Sam D	53 LVM	29.14
2	Magit, Brad	52 SCAQ	30.52
3	Andelin, Darcy M	50 FMT	31.96
4	Ireland, Bill	51 SCAQ	32.01
5	Hayward, David S	50 NOVA	34.38
6	Chao, Coochung (JJ)	54 MVN	37.58

100 METER BUTTERFLY

1	Franklin, Sam D	53 LVM	1:08.55
	32.84		
2	Hayward, David S	50 NOVA	1:26.27
	38.77		

200 METER INDIVIDUAL MEDLEY

1	Magit, Brad	52 SCAQ	2:46.24
	33.03	1:17.39	2:08.80

*** MEN 55-59 ***

50 METER FREESTYLE

1	Blatt, Michael J	55 VCM	27.06
2	McLintock, John E	56 SDSM	29.43
3	Chang, David M	59 FMT	32.02
4	Sanchez, Pedro R	56 SGM	32.12

100 METER FREESTYLE

1	Blatt, Michael J	55 VCM	1:00.12
	28.72		
2	Graham, Donald	56 PNA	1:07.04
	31.59		
3	Sanchez, Pedro R	56 SGM	1:12.13
	33.64		
4	Chang, David M	59 FMT	1:15.05
	35.71		

200 METER FREESTYLE

1	Blatt, Michael J	55 VCM	2:19.39
	33.23	1:09.01	1:44.37
2	Leonard, Dan P	56 SCAQ	2:28.08
	33.97	1:11.96	1:50.63
3	Heather, Michael R	56 MVN	2:29.64
	33.86	1:12.06	1:51.38
4	Chang, David M	59 FMT	2:57.54
	40.74	1:25.88	2:13.14

400 METER FREESTYLE

1	Buckley, Tim P	55 FMT	5:03.37
	34.81	1:12.81	1:51.68
	3:09.81	3:48.93	4:27.11
2	Blatt, Michael J	55 VCM	5:05.92
	35.63	1:14.86	1:54.40
	3:13.68	3:52.53	4:30.56
3	Phillips, Rick	56 ROSE	5:06.93
	36.59	1:16.78	1:57.78
	3:15.77	3:54.43	4:32.34
4	Leonard, Dan P	56 SCAQ	5:19.39
	35.72	1:15.29	1:56.00
	3:17.58	3:58.77	4:39.80
5	Heather, Michael R	56 MVN	5:24.27
	38.52	1:20.43	2:02.83
	3:26.59	4:06.97	4:46.35

800 METER FREESTYLE

1	Leonard, Dan P	56 SCAQ	11:10.48
	37.99	1:19.89	0.00
	2:03.24	2:39.94	3:28.93
	4:55.07	5:12.28	0.00
	9:07.88	9:49.86	10:31.37
2	Strybel, David	55 ROSE	12:15.98
	40.29	1:24.88	2:10.39
	3:43.51	4:30.01	5:16.68
	6:50.67	7:37.94	8:24.99
	9:58.78	10:46.22	11:33.04

1500 METER FREESTYLE

1	Phillips, Rick	56 ROSE	20:37.81
	36.43		

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 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023

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200 METER BACKSTROKE

1 Heather, Michael R 56 MVN 2:59.80
 43.84 1:29.65 2:15.53
 2 Strybel, David 55 ROSE 3:34.86
 50.03 1:44.93 2:41.60

50 METER BREASTSTROKE

1 Blatt, Michael J 55 VCM 37.02
 2 Graham, Donald 56 PNA 38.98
 3 Sanchez, Pedro R 56 SGM 39.17
 4 Leonard, Dan P 56 SCAQ 39.79
 5 McLintock, John E 56 SDSM 40.69

100 METER BREASTSTROKE

1 Blatt, Michael J 55 VCM 1:22.18
 39.33
 2 Leonard, Dan P 56 SCAQ 1:29.63
 42.83
 3 Sanchez, Pedro R 56 SGM 1:30.35
 40.98
 4 McLintock, John E 56 SDSM 1:30.36
 42.01

200 METER BREASTSTROKE

1 Blatt, Michael J 55 VCM 3:07.13
 44.07 1:31.62 2:19.73
 2 Leonard, Dan P 56 SCAQ 3:19.96
 46.56 1:37.11 2:29.05
 3 Strybel, David 55 ROSE 3:33.46
 49.89 1:44.55 2:40.04

50 METER BUTTERFLY

1 Graham, Donald 56 PNA 29.79
 2 Heather, Michael R 56 MVN 31.81
 3 McLintock, John E 56 SDSM 33.28
 4 Phillips, Rick 56 ROSE 34.17

100 METER BUTTERFLY

1 Graham, Donald 56 PNA 1:10.42
 33.26
 2 Heather, Michael R 56 MVN 1:12.96
 33.69

200 METER INDIVIDUAL MEDLEY

1 McLintock, John E 56 SDSM 3:03.98
 35.46 1:28.86 2:19.82
 2 Chang, David M 59 FMT 3:20.65
 41.70 1:35.78 2:34.93

400 METER INDIVIDUAL MEDLEY

1 Graham, Donald 56 PNA 6:03.03
 40.43 1:25.52 2:12.38 2:58.57
 3:48.74 4:40.67 5:23.22
 2 McLintock, John E 56 SDSM 7:00.04
 40.08 1:39.99 2:38.43 3:33.28
 4:28.06 5:26.66 6:13.69

*** MEN 60-64 ***

50 METER FREESTYLE
 1 Smith, Stanley M 63 UNAT 40.47

100 METER FREESTYLE

1 Gruber, Glenn A 61 VCM 1:03.94
 30.67
 2 Darby, Bill 63 UNAT 1:07.22
 32.22
 3 Smith, Stanley M 63 UNAT 1:32.92
 44.53

200 METER FREESTYLE

1 Darby, Bill 63 UNAT 2:24.79
 33.44 1:10.13 1:48.15
 2 Finizio, Francesco 61 NOVA 4:21.19
 53.03 2:01.50 3:15.61

400 METER FREESTYLE

1 McConica, Jim 60 VCM 4:40.52
 33.40 1:09.23 1:44.90 2:20.70
 2:56.28 3:31.80 4:06.85
 2 Gruber, Glenn A 61 VCM 5:10.18
 35.44 1:14.19 1:53.89 2:34.25
 3:13.71 3:53.68 4:33.12
 3 Darby, Bill 63 UNAT 5:13.64
 36.18 1:14.63 1:54.70 2:34.82
 3:15.20 3:55.39 4:35.95

1500 METER FREESTYLE

1 Darby, Bill 63 UNAT 20:22.81
 35.53 1:13.93 1:53.78 2:33.89
 3:15.19 3:56.18 4:36.66 5:18.31
 5:59.79 6:40.89 7:22.12 8:02.89
 8:43.94 9:25.19
 2 Greenberg, Henry 62 NOVA 27:28.76
 48.36 1:42.47 2:39.83 3:36.21
 4:34.08 5:30.31 6:27.41 7:23.62
 8:20.44 9:16.49 10:12.69 11:08.04
 12:04.21 12:59.37

50 METER BACKSTROKE

1 Lucas, James B 60 LAAC 35.74
 2 Martinez, Jorge E 63 SDSM 46.35

100 METER BACKSTROKE

1 Lucas, James B 60 LAAC 1:18.73
 0.00
 2 Martinez, Jorge E 63 SDSM 1:38.77
 50.16

200 METER BACKSTROKE

1 Lucas, James B 60 LAAC 3:02.55
 42.43 1:28.07 2:16.80
 NP Martinez, Jorge E 63 SDSM DQ

100 METER BREASTSTROKE

1 Greenberg, Henry 62 NOVA 1:45.47
 50.54
 2 Finizio, Francesco 61 NOVA 2:07.58
 58.91

200 METER BREASTSTROKE

1 Greenberg, Henry 62 NOVA 3:53.67
 54.89 1:55.61 2:57.56
 2 Finizio, Francesco 61 NOVA 4:57.53
 1:05.64 2:21.86 3:42.79

50 METER BUTTERFLY

1 Martinez, Jorge E 63 SDSM 35.35

100 METER BUTTERFLY

1 Martinez, Jorge E 63 SDSM 1:23.94
 38.92
 2 Greenberg, Henry 62 NOVA 1:24.92
 40.53
 3 Finizio, Francesco 61 NOVA 2:52.41
 1:19.21

200 METER BUTTERFLY

1 Martinez, Jorge E 63 SDSM 3:27.73
 47.53 1:42.96 2:38.78
 2 Greenberg, Henry 62 NOVA 3:35.49
 47.98 1:42.71 2:40.31
 NP Finizio, Francesco 61 NOVA DQ

200 METER INDIVIDUAL MEDLEY

1 Greenberg, Henry 62 NOVA 3:36.60
 43.24 1:42.24 2:48.15
 2 Finizio, Francesco 61 NOVA 4:55.38
 1:11.74 0.00 3:49.13

400 METER INDIVIDUAL MEDLEY

1 Greenberg, Henry 62 NOVA 7:36.81
 45.30 1:38.35 2:41.46 3:42.23
 4:48.77 5:53.49 6:47.64
 2 Finizio, Francesco 61 NOVA 10:37.27
 1:13.96 2:44.37 4:17.28 5:38.68
 6:56.83 8:16.71 9:30.10

*** MEN 65-69 ***

50 METER FREESTYLE
 1 Van Baalen, Vinus 68 SDSM 29.23
 2 Langendoen, Gary 65 ROSE 31.50
 3 Andersen, Richard H 66 NOVA 34.59
 4 Holder, Richard H 66 LVM 38.68
 5 Stewart, Jim M 69 MVN 39.66

100 METER FREESTYLE

1 Van Baalen, Vinus 68 SDSM 1:08.40
 32.61
 2 Langendoen, Gary 65 ROSE 1:12.59
 34.98
 3 Freshley, Mike R 69 SDSM 1:13.17
 34.58
 4 Andersen, Richard H 66 NOVA 1:21.99
 38.66
 5 Stewart, Jim M 69 MVN 1:26.51
 40.89
 6 Holder, Richard H 66 LVM 1:36.03
 46.44
 7 Krakower, Mark A 67 UNAT 1:40.89
 47.72

200 METER FREESTYLE

1 Langendoen, Gary 65 ROSE 2:48.78
 37.90 1:19.82 2:04.06
 2 Andersen, Richard H 66 NOVA 3:02.55
 40.58 1:26.31 2:14.20
 3 Holder, Richard H 66 LVM 3:46.98
 49.00 1:47.69 2:48.97
 4 Krakower, Mark A 67 UNAT 3:47.41
 49.87 1:46.63 2:49.01

400 METER FREESTYLE

1 Milam, Chuck D 65 MMM 5:46.93
 40.11 1:24.18 2:10.04 2:54.14
 3:40.20 4:22.83 5:06.07
 2 Ronay, Peter E 68 ROSE 6:53.58
 45.14 1:35.81 2:28.55 3:21.97
 4:16.03 5:10.09 6:03.07
 3 Holder, Richard H 66 LVM 8:01.77
 50.96 1:50.67 2:51.56 3:53.46
 4:56.84 5:59.83 7:02.06
 4 Krakower, Mark A 67 UNAT 8:08.24
 49.73 1:51.07 2:53.99 3:57.23
 5:01.16 6:05.70 7:08.43

800 METER FREESTYLE

1 Krakower, Mark A 67 UNAT 16:55.23
 54.31 1:55.71 3:01.99 4:07.01
 5:12.61 6:16.58 7:21.85 8:26.73
 9:32.47 10:36.25 11:42.11 12:45.99
 13:51.39 14:53.56 15:57.17

1500 METER FREESTYLE

1 Krakower, Mark A 67 UNAT 32:40.97
 54.38 1:56.55 3:01.03 4:05.66
 5:11.48 6:17.92 7:23.43 8:29.74
 9:35.19 10:41.69 11:47.18 12:54.05
 14:00.67 15:07.83

50 METER BACKSTROKE

1 Van Baalen, Vinus 68 SDSM 36.57
 2 Freshley, Mike R 69 SDSM 40.09
 3 Stewart, Jim M 69 MVN 47.85
 4 Holder, Richard H 66 LVM 59.18

100 METER BACKSTROKE

1 Stewart, Jim M 69 MVN 1:44.56
 50.88

200 METER BACKSTROKE

1 Stewart, Jim M 69 MVN 3:44.71
 52.25 1:48.10 2:46.82

50 METER BREASTSTROKE

1 Langendoen, Gary 65 ROSE 45.10
 2 Holder, Richard H 66 LVM 47.06

100 METER BREASTSTROKE

1 Freshley, Mike R 69 SDSM 1:31.40
 43.43
 2 Holder, Richard H 66 LVM 1:48.11
 52.19

200 METER BREASTSTROKE

1 Freshley, Mike R 69 SDSM 3:27.40
 45.69 1:37.62 2:32.50

50 METER BUTTERFLY

1 Langendoen, Gary 65 ROSE 34.56
 2 Van Baalen, Vinus 68 SDSM 34.71
 3 Freshley, Mike R 69 SDSM 34.99
 4 Milam, Chuck D 65 MMM 37.65
 5 Ronay, Peter E 68 ROSE 49.10

100 METER BUTTERFLY

1 Langendoen, Gary 65 ROSE 1:32.13
 41.19

200 METER BUTTERFLY

1 Milam, Chuck D 65 MMM 3:43.15
 50.18 1:50.38 2:50.82
 2 Ronay, Peter E 68 ROSE 4:27.33
 57.50 2:04.32 3:14.92

200 METER INDIVIDUAL MEDLEY

1 Freshley, Mike R 69 SDSM 3:07.72
 41.25 1:32.91 2:24.76
 2 Langendoen, Gary 65 ROSE 3:20.32
 40.81 1:36.13 2:36.18
 3 Ronay, Peter E 68 ROSE 3:54.33
 53.19 1:58.08 3:05.52

400 METER INDIVIDUAL MEDLEY

1 Freshley, Mike R 69 SDSM 6:48.48
 43.27 1:36.30 2:32.28 3:28.30
 4:21.84 5:16.57 6:02.29

*** MEN 70-74 ***

50 METER FREESTYLE
 1 Angell, Tom 70 NOVA 31.60
 2 Goode, Douglas J 71 ROSE 50.87

100 METER FREESTYLE

1 Angell, Tom 70 NOVA 1:15.76
 35.42
 2 Goode, Douglas J 71 ROSE 1:56.21
 52.67

200 METER FREESTYLE

1 Angell, Tom 70 NOVA 3:05.86
 40.56 1:26.28 2:15.55

400 METER FREESTYLE

1 Coale, Bob 70 SDSM 6:06.57
 42.07 1:28.50 2:15.56 3:02.31
 3:49.56 4:36.22 5:22.23
 2 Carpenter, Bob L 73 NOVA 8:52.06
 58.34 2:06.33 3:14.82 4:23.45
 5:32.41 6:40.30 7:49.88
 3 Carter, Louis 73 SCAQ 9:59.70
 1:00.45 2:10.08 3:28.14 4:46.01
 6:06.17 7:26.80 8:47.36

800 METER FREESTYLE

1 Carpenter, Bob L 73 NOVA 18:34.80
 59.84 2:08.44 3:17.81 4:29.61
 5:42.39 6:54.63 8:06.01 9:17.47
 10:28.37 11:40.82 12:51.40 14:03.31
 15:14.09 16:23.13 17:32.37

1500 METER FREESTYLE

1 Carpenter, Bob L 73 NOVA 35:45.29
 1:03.56 2:15.17 3:27.74 4:39.85
 5:52.88 7:06.01 8:18.60 9:30.86
 10:43.47 11:54.83 13:06.43 14:18.48
 15:31.55 16:43.97
 2 Carter, Louis 73 SCAQ 38:32.81
 1:00.56 2:16.68 3:28.87 4:43.65
 5:56.89 7:11.62 8:25.28 9:40.71
 10:57.68 12:16.87 13:32.49 14:50.37
 16:08.19 17:27.01

50 METER BACKSTROKE

1 Goode, Douglas J 71 ROSE 1:19.60

100 METER BACKSTROKE

1 Goode, Douglas J 71 ROSE 2:40.63
 1:19.48

50 METER BREASTSTROKE

1 Goode, Douglas J 71 ROSE 1:02.71

100 METER BREASTSTROKE

1 Goode, Douglas J 71 ROSE 2:37.93
 1:09.38

50 METER BUTTERFLY

1 Goode, Douglas J 71 ROSE 1:08.82

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 Sanction: 330-023

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*** MEN 75-79 ***

50 METER FREESTYLE
 1 Best, Bob 78 SDSM 33.72
 2 Rauch, Will 76 LVM 35.48
 3 Hubach, Eric 77 UNAT 41.05
 4 Smethurst, Everett W 75 NOVA 41.71
 5 Farrell, Ed L 78 LOST 42.47
 6 McMeekin, Robert F 76 SCMC 52.59

100 METER FREESTYLE
 1 Rauch, Will 76 LVM 1:19.04
 38.41
 2 Smethurst, Everett W 75 NOVA 1:32.69
 42.37

100 METER FREESTYLE SPLIT
 1 Mitchell, Tom 77 SDSM 1:31.27

200 METER FREESTYLE
 1 Rauch, Will 76 LVM 3:04.13
 43.36 1:31.78 2:19.89
 2 Mitchell, Tom 77 SDSM 3:51.23
 50.74 1:51.02 2:53.30

400 METER FREESTYLE
 1 Rauch, Will 76 LVM 6:36.09
 43.76 1:33.23 2:23.57 3:16.25
 4:07.46 5:00.05 5:49.75

400 METER FREESTYLE SPLIT
 1 Mitchell, Tom 77 SDSM 8:23.73

800 METER FREESTYLE
 1 Rauch, Will 76 LVM 13:54.28
 0.00 0.00 2:28.56 3:22.41
 4:15.79 5:09.91 6:03.07 6:57.55
 7:50.89 8:45.31 9:37.41 10:30.36
 11:22.13 12:14.50 13:05.61

800 METER FREESTYLE SPLIT
 1 Mitchell, Tom 77 SDSM 17:15.84

1500 METER FREESTYLE
 1 Mitchell, Tom 77 SDSM 32:41.06
 0.00 1:53.13 0.00 4:02.23
 0.00 6:12.55 0.00 8:23.73
 0.00 10:38.11 0.00 12:51.67
 0.00 15:05.59

50 METER BACKSTROKE
 1 Smethurst, Everett W 75 NOVA 46.84
 2 Hubach, Eric 77 UNAT 48.52
 3 Coles, Bill A 75 CTMA 50.58

100 METER BACKSTROKE
 1 Smethurst, Everett W 75 NOVA 1:46.99
 51.88
 2 Hubach, Eric 77 UNAT 1:50.15
 53.68
 3 Coles, Bill A 75 CTMA 1:52.15
 53.29

200 METER BACKSTROKE
 1 Smethurst, Everett W 75 NOVA 3:45.30
 53.68 1:50.54 2:46.76
 2 Hubach, Eric 77 UNAT 3:49.49
 53.31 1:52.35 2:53.53
 3 Coles, Bill A 75 CTMA 4:06.89
 59.43 2:04.44 3:08.21

50 METER BREASTSTROKE
 1 Best, Bob 78 SDSM 43.85
 2 Rauch, Will 76 LVM 48.32
 3 Hubach, Eric 77 UNAT 53.30
 4 Farrell, Ed L 78 LOST 54.66

100 METER BREASTSTROKE
 1 Best, Bob 78 SDSM 1:48.45
 50.37
 2 Rauch, Will 76 LVM 1:50.66
 51.42
 3 Hubach, Eric 77 UNAT 1:57.39
 54.67
 4 Farrell, Ed L 78 LOST 2:04.06
 57.02

200 METER BREASTSTROKE
 1 Best, Bob 78 SDSM 3:57.29
 52.56 1:53.69 2:56.18
 2 Hubach, Eric 77 UNAT 4:21.47
 1:01.38 2:07.92 3:17.10
 3 Farrell, Ed L 78 LOST 4:57.70
 1:07.11 2:24.37 3:44.06

50 METER BUTTERFLY
 1 Smethurst, Everett W 75 NOVA 46.12
 2 Mitchell, Tom 77 SDSM 53.23

100 METER BUTTERFLY
 1 Mitchell, Tom 77 SDSM 2:07.78
 59.20

100 METER BUTTERFLY SPLIT
 1 Mitchell, Tom 77 SDSM 2:09.81

200 METER INDIVIDUAL MEDLEY
 1 Best, Bob 78 SDSM 3:33.56
 47.19 1:43.66 2:43.84
 2 Mitchell, Tom 77 SDSM 4:10.15
 58.56 2:06.41 3:17.41

400 METER INDIVIDUAL MEDLEY

1 Best, Bob 78 SDSM 8:06.40
 55.02 1:56.04 2:58.81 4:00.56
 5:08.63 6:17.68 7:12.46
 2 Mitchell, Tom 77 SDSM 9:10.65
 58.03 2:09.81 3:23.49 4:44.82
 5:58.73 7:13.86 8:12.37

*** MEN 80-84 ***

50 METER FREESTYLE
 1 Szillard, Zoltan M 80 LVM 51.66

50 METER BACKSTROKE
 1 Szillard, Zoltan M 80 LVM 57.92

100 METER BACKSTROKE
 1 Szillard, Zoltan M 80 LVM 2:09.94
 1:00.83

200 METER BACKSTROKE
 1 Szillard, Zoltan M 80 LVM 5:09.53
 1:06.19 2:22.01 3:45.64

*** MEN 85-89 ***

50 METER FREESTYLE
 1 Piemme, Frank M 85 LOST 36.40
 2 Schmidt, Jurgen B 87 LOST 45.09

100 METER FREESTYLE
 1 Piemme, Frank M 85 LOST 1:25.72
 41.15
 2 Schmidt, Jurgen B 87 LOST 1:41.44
 49.00
 3 Arth, Lee C 85 SDSM 2:10.29
 1:01.71

200 METER FREESTYLE
 1 Piemme, Frank M 85 LOST 3:20.41
 46.78 1:38.13 2:30.51

200 METER FREESTYLE SPLIT
 1 Schmidt, Jurgen B 87 LOST 4:17.65

400 METER FREESTYLE
 1 Schmidt, Jurgen B 87 LOST 8:21.05
 54.43 1:56.50 3:00.84 4:06.47
 5:11.59 6:14.37 7:21.00
 2 Arth, Lee C 85 SDSM 9:33.05
 3:30.53 0.00 0.00 0.00
 5:58.04 7:10.28 8:23.51

800 METER FREESTYLE
 1 Schmidt, Jurgen B 87 LOST 18:43.13
 55.79 2:02.22 3:12.38 4:24.95
 5:35.10 6:46.96 7:59.30 9:09.09
 10:21.49 11:33.27 12:44.04 13:56.12
 15:08.88 16:20.44 17:32.92

100 METER BACKSTROKE
 1 Piemme, Frank M 85 LOST 1:58.11
 56.91
 2 Arth, Lee C 85 SDSM 2:17.43
 1:05.34

200 METER BACKSTROKE
 1 Schmidt, Jurgen B 87 LOST 5:05.32
 1:07.77 2:23.43 3:46.71

50 METER BREASTSTROKE
 1 Piemme, Frank M 85 LOST 49.49

100 METER BREASTSTROKE
 1 Piemme, Frank M 85 LOST 1:51.79
 52.36
 2 Arth, Lee C 85 SDSM 2:32.04
 1:11.32

100 METER BUTTERFLY
 1 Piemme, Frank M 85 LOST 2:05.39
 57.17

200 METER INDIVIDUAL MEDLEY
 1 Schmidt, Jurgen B 87 LOST 4:51.41
 1:16.13 2:33.52 3:56.92
 2 Arth, Lee C 85 SDSM 5:09.34
 1:18.36 2:31.62 3:59.26

RELAYS

*** WOMEN 72-99 ***

200 METER FREESTYLE RELAY
 1 LVM - B 2:02.93
 Kelley, Megan D 20 (31.00)
 Smith, Christine 20 (32.11)
 Colavito, Shannon J 23 (30.45)
 Pearson, Samantha 19 (29.37)

200 METER MEDLEY RELAY
 1 LVM - B 2:16.05
 Pearson, Samantha 19 (32.74)
 Smith, Christine 20 (40.94)
 Kelley, Megan D 20 (32.05)
 Colavito, Shannon J 23 (30.32)

400 METER FREESTYLE RELAY
 1 LVM - G 4:19.34
 Colavito, Shannon J 23 (1:05.30)
 Smith, Christine 20 (1:06.92)
 Kelley, Megan D 20 (1:04.82)
 Pearson, Samantha 19 (1:02.30)

400 METER MEDLEY RELAY
 1 LVM - C 4:52.87
 Pearson, Samantha 19 (1:08.86)
 Smith, Christine 20 (1:28.19)
 Kelley, Megan D 20 (1:09.05)
 Colavito, Shannon J 23 (1:06.77)

800 METER FREESTYLE RELAY

1 LVM - C 9:33.71
 Kelley, Megan D 20 (2:19.72)
 Smith, Christine 20 (2:28.74)
 Colavito, Shannon J 23 (2:27.09)
 Pearson, Samantha 19 (2:18.16)

*** WOMEN 100-119 ***

200 METER FREESTYLE RELAY
 1 SCAQ - B 2:16.86
 Tiernan, Joy 31 (38.00)
 Yearwood, Ann 26 (30.78)
 Robertson, Suzanne C 25 (34.22)
 Bronson, Jenifer L 29 (33.86)

2 LVM - F 2:19.60
 Colavito, Violet A 27 (32.40)
 Brearey, Pamela R 23 (43.53)
 Val, Jamie 27 (32.94)
 Thompson, Christina M 32 (30.73)

200 METER MEDLEY RELAY
 1 NOVA - K 2:29.11
 Goldacre, Jessica A 27 (37.78)
 Perez, Emily C 30 (44.39)
 Gooch, Allison L 20 (33.28)
 Merlo, Ashley 29 (33.66)

2 SCAQ - B 2:40.50
 Bronson, Jenifer L 29 (45.32)
 Tiernan, Joy 31 (48.17)
 Yearwood, Ann 26 (31.35)
 Robertson, Suzanne C 25 (35.66)

3 LVM - F 2:46.19
 Thompson, Christina M 32 (39.85)
 Colavito, Violet A 27 (48.02)
 Val, Jamie 27 (35.35)
 Brearey, Pamela R 23 (42.97)

400 METER FREESTYLE RELAY
 1 LVM - D 5:02.04
 Colavito, Violet A 27 (1:14.51)
 Brearey, Pamela R 23 (1:19.94)
 Val, Jamie 27 (1:14.64)
 Thompson, Christina M 32 (1:12.95)

400 METER MEDLEY RELAY
 1 LVM - F 6:21.02
 Val, Jamie 27 (1:29.72)
 Colavito, Violet A 27 (1:44.85)
 Brearey, Pamela R 23 (1:46.87)
 Thompson, Christina M 32 (1:19.58)

800 METER FREESTYLE RELAY
 1 LVM - F 11:25.29
 Colavito, Violet A 27 (2:51.50)
 Brearey, Pamela R 23 (2:55.02)
 Val, Jamie 27 (2:48.97)
 Thompson, Christina M 32 (2:49.80)

*** WOMEN 120-159 ***

200 METER FREESTYLE RELAY
 1 NOVA - J 2:20.24
 Merlo, Ashley 29 (33.65)
 Cybulskis, Astrid A 36 (32.17)
 Wang, Regina 37 (39.21)
 Maclean, Tanya 34 (35.21)

2 LVM - C 2:33.06
 Hannon, Martina V 39 (37.26)
 Jackson, Kirsten L 42 (35.67)
 Post, Heather M 40 (39.82)
 Barry, Paula C 30 (40.31)

200 METER MEDLEY RELAY
 1 NOVA - J 2:50.00
 Maclean, Tanya 34 (43.20)
 Meloney, Kathleen A 30 (49.42)
 Cybulskis, Astrid A 36 (37.99)
 Wang, Regina 37 (39.39)

2 LVM - A 2:57.04
 Hannon, Martina V 39 (46.50)
 Jackson, Kirsten L 42 (44.04)
 Post, Heather M 40 (45.73)
 Barry, Paula C 30 (40.77)

400 METER FREESTYLE RELAY
 1 SCAQ - C 4:45.53
 Godges, Arlette A 46 (1:09.60)
 Pescatori, Rossella 39 (1:11.81)
 Yearwood, Ann 26 (1:08.51)
 Robertson, Suzanne C 25 (1:15.61)

2 NOVA - B 5:16.60
 Perez, Emily C 30 (1:18.25)
 Maclean, Tanya 34 (1:22.35)
 Meloney, Kathleen A 30 (1:23.16)
 Cybulskis, Astrid A 36 (1:12.84)

NP LVM - F DQ
 Tomtan-Brayman, Brenda 37
 Hannon, Martina V 39
 Jackson, Kirsten L 42
 Post, Heather M 40

400 METER MEDLEY RELAY
 1 NOVA - C 6:26.00
 Maclean, Tanya 34 (1:40.42)
 Meloney, Kathleen A 30 (51.62)
 Cybulskis, Astrid A 36 (2:35.73)
 Perez, Emily C 30 (1:18.23)

2 LVM - B 6:34.49
 Hannon, Martina V 39 (1:40.79)
 Jackson, Kirsten L 42 (1:36.47)
 Post, Heather M 40 (1:43.25)
 Barry, Paula C 30 (1:33.98)

2010 FAST LCM SPMA & Southwest Zone Champs
 50 Long Course Meters
 Janet Evans Swim Complex, Fullerton, CA
 07/23/2010-07/25/2010
 Meet Referee: Paul Szuszkiewicz
 Stroke & Turn/Starter: Virgil Chancy
 Stroke & Turn/Starter: Matthew Whalen
 Stroke & Turn: Jan Szuszkiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 9

800 METER FREESTYLE RELAY

1	NOVA - B	15:26.55
1	MVN - A	(4:51.84)
	Kornfeld, Maurine E	89 (3:08.67)
	Smith, Robin M	55 (3:01.41)
	Uthus, Gwen	56 (4:24.63)
	Graef, Margrit	79

*** MEN 72-99 ***

200 METER FREESTYLE RELAY

1	ROSE - A	1:53.45
	Langendoen, Michael	19 (28.26)
	Rezek, Ronald A	22 (27.71)
	Paris, Dave M	36 (27.52)
	McDonnell, Patrick E	22 (29.96)

200 METER MEDLEY RELAY

1	ROSE - B	2:09.22
	Langendoen, Michael	19 (32.28)
	Durieux, Chad A	31 (35.37)
	Rezek, Ronald A	22 (31.91)
	McDonnell, Patrick E	22 (29.66)

*** MEN 100-119 ***

200 METER FREESTYLE RELAY

1	LVM - A	1:49.64
	Brayman, Brook T	33 (28.13)
	Tiebout, Andre L	22 (27.58)
	Ecklund, Tait C	29 (27.46)
	O'Brien, Timothy J	20 (26.47)

200 METER MEDLEY RELAY

1	LVM - C	2:09.90
	Ecklund, Tait C	29 (35.63)
	Tiebout, Andre L	22 (35.09)
	Brayman, Brook T	33 (31.41)
	O'Brien, Timothy J	20 (27.77)

400 METER FREESTYLE RELAY

1	LVM - E	4:09.16
	Brayman, Brook T	33 (1:00.92)
	Ecklund, Tait C	29 (1:03.90)
	Tiebout, Andre L	22 (1:05.30)
	O'Brien, Timothy J	20 (59.04)
2	ROSE - A	4:39.15
	Ono, Satoshi	36 (1:17.17)
	Lau, Alexander H	24 (1:05.69)
	Messner, David A	24 (1:09.91)
	Ly, Max	19 (1:06.38)

800 METER FREESTYLE RELAY

1	ROSE - V	10:15.13
	Castleton, Tom	39 (2:35.01)
	Ly, Max	19 (2:39.05)
	Pansing, Craig	29 (2:26.30)
	Messner, David A	24 (2:34.77)

*** MEN 120-159 ***

200 METER FREESTYLE RELAY

1	NOVA - A	1:48.90
	Dietrich, Jim	39 (28.05)
	Fernandez, Dickie	39 (28.15)
	Kirker, John J	39 (27.81)
	Puchalski, Danny R	29 (24.89)
2	NOVA - B	1:59.73
	Cheung, Alex H	30 (32.69)
	Espino, Stanley C	34 (30.84)
	Mall, Bill	33 (28.11)
	Santamaria, Jason A	39 (28.09)

200 METER MEDLEY RELAY

1	NOVA - A	2:08.41
	Dietrich, Jim	39 (34.46)
	Puchalski, Danny R	29 (32.07)
	Kirker, John J	39 (33.28)
	Fernandez, Dickie	39 (28.60)
2	NOVA - B	2:21.27
	Cheung, Alex H	30 (48.25)
	Rovinsky, Jeff L	39 (33.70)
	Santamaria, Jason A	39 (31.67)
	Mall, Bill	33 (27.65)

400 METER FREESTYLE RELAY

1	NOVA - C	4:45.51
	Cheung, Alex H	30 (1:11.04)
	Espino, Stanley C	34 (1:08.97)
	Rovinsky, Jeff L	39 (1:11.05)
	Wyatt, Robby W	49 (1:14.45)

400 METER MEDLEY RELAY

1	LVM - D	4:48.29
	Franklin, Sam D	53 (1:18.01)
	Tiebout, Andre L	22 (1:20.36)
	Ecklund, Tait C	29 (1:09.32)
	O'Brien, Timothy J	20 (1:00.60)
2	NOVA - H	5:11.78
	Kirker, John J	39 (1:24.79)
	Dietrich, Jim	39 (1:26.51)
	Santamaria, Jason A	39 (1:17.47)
	Fernandez, Dickie	39 (1:03.01)
3	ROSE - A	5:16.65
	Cienega, Julio	44 (1:31.16)
	Durieux, Chad A	31 (1:20.92)
	Messner, David A	24 (1:17.65)
	Pansing, Craig	29 (1:06.92)

800 METER FREESTYLE RELAY

1	LVM - B	10:18.10
	Franklin, Sam D	53 (2:31.05)
	Tiebout, Andre L	22 (2:43.62)
	Ecklund, Tait C	29 (2:43.03)
	O'Brien, Timothy J	20 (2:20.40)

2	NOVA - B	10:30.96
	Dietrich, Jim	39 (2:33.57)
	Fernandez, Dickie	39 (2:34.31)
	Kirker, John J	39 (2:36.88)
	Santamaria, Jason A	39 (2:46.20)
3	MVN - B	10:59.59
	Joyce, Kevin T	38 (2:18.47)
	Grice, Jeff	26 (2:53.87)
	Chao, Coochung (JJ)	54 (3:06.75)
	Ripic, Steve	37 (2:40.50)

*** MEN 160-199 ***

200 METER FREESTYLE RELAY

1	LVM - D	1:49.19
	Jennings, Bryan V	47 (27.09)
	Boodt, Bradley N	42 (27.98)
	Magee, Mark A	42 (27.66)
	Thompson, Garrett J	48 (26.46)
2	FMT - A	1:54.39
	Kerekjarto, Tamas	31 (24.22)
	Ortega, Adan	48 (29.89)
	Lamar, Simon J	49 (31.03)
	Mitchell, Robert W	52 (29.25)
3	ROSE - B	1:57.73
	Castleton, Tom	39 (30.78)
	Borton, Dan	42 (30.00)
	Levy, Jared	43 (28.51)
	Cienega, Julio	44 (28.44)

400 METER FREESTYLE RELAY

4	ROSE - C	1:57.78
	Olson, Jeff	51 (29.02)
	Skelly, Drew K	44 (28.76)
	McGinley, Patrick B	47 (29.48)
	Strybel, David	55 (30.52)
5	NOVA - C	1:58.35
	Fletcher, Slater	34 (30.60)
	Cornelius, Jeffrey T	39 (30.25)
	Riddle, James M	48 (27.51)
	Jacobs, Lee	41 (29.99)
6	NOVA - F	2:06.40
	Collins, Michael D	44 (29.74)
	Marinari, Aaron P	46 (29.76)
	Hayward, David S	50 (32.63)
	Lamm, Steve M	44 (34.27)

200 METER MEDLEY RELAY

1	LVM - D	2:00.99
	Jennings, Bryan V	47 (31.21)
	Boodt, Bradley N	42 (31.18)
	Magee, Mark A	42 (29.52)
	Thompson, Garrett J	48 (27.08)
2	ROSE - A	2:14.10
	McGinley, Patrick B	47 (34.20)
	Skelly, Drew K	44 (39.15)
	Borton, Dan	42 (32.28)
	Levy, Jared	43 (28.47)
3	NOVA - C	2:16.19
	Riddle, James M	48 (34.84)
	Cornelius, Jeffrey T	39 (40.30)
	Jacobs, Lee	41 (30.95)
	Fletcher, Slater	34 (30.10)

400 METER FREESTYLE RELAY

4	MVN - A	2:20.89
	Joyce, Kevin T	38 (36.70)
	Ripic, Steve	37 (38.19)
	Heather, Michael R	56 (32.53)
	Chao, Coochung (JJ)	54 (33.47)
5	NOVA - F	2:21.80
	Collins, Michael D	44 (36.37)
	Lamm, Steve M	44 (39.30)
	Hayward, David S	50 (33.43)
	Marinari, Aaron P	46 (32.70)

NP FMT - A

	Mitchell, Robert W	52
	Chang, David M	59
	Kerekjarto, Tamas	31
	Lamar, Simon J	49

400 METER FREESTYLE RELAY

1	ROSE - C	4:19.12
	McGinley, Patrick B	47 (1:06.84)
	Pearson, John C	45 (1:03.64)
	Sayre, John A	47 (1:04.46)
	Skelly, Drew K	44 (1:04.18)
2	NOVA - D	4:21.75
	Riddle, James M	48 (1:02.26)
	Dietrich, Jim	39 (1:08.59)
	Santamaria, Jason A	39 (1:07.92)
	Kirker, John J	39 (1:02.98)
3	SCAQ - A	4:21.80
	Austin, Tony K	53 (1:09.05)
	Rippetoe, Kenneth R	41 (1:04.86)
	Ireland, Bill	51 (1:09.66)
	Hochstein, Erik	42 (58.23)

400 METER MEDLEY RELAY

1	LVM - A	4:32.15
	Jennings, Bryan V	47 (1:06.63)
	Boodt, Bradley N	42 (1:17.61)
	Magee, Mark A	42 (1:07.01)
	Thompson, Garrett J	48 (1:00.90)
2	ROSE - C	4:58.01
	McGinley, Patrick B	47 (1:15.02)
	Pearson, John C	45 (1:25.69)
	Borton, Dan	42 (1:12.20)
	Sayre, John A	47 (1:05.10)
3	NOVA - F	6:07.63
	Espino, Stanley C	34 (1:31.02)
	Lamm, Steve M	44 (1:33.66)
	Arshat, Brad	48 (1:46.34)
	Rovinsky, Jeff L	39 (1:16.61)

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 Stroke & Turn/ Starter: Virgil Chancy
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 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 10

*** MEN 160-199 ***

800 METER FREESTYLE RELAY

1	LVM - A		9:25.51
	Jennings, Bryan V	47	(2:19.06)
	Boodt, Bradley N	42	(2:27.27)
	Magee, Mark A	42	(2:16.44)
	Thompson, Garrett J	48	(2:22.74)
2	ROSE - B		9:44.01
	Borton, Dan	42	(2:25.83)
	Sayre, John A	47	(2:33.16)
	Pearson, John C	45	(2:22.87)
	Cienega, Julio	44	(2:22.15)
3	NOVA - A		11:20.74
	Espino, Stanley C	34	(2:35.68)
	Arshat, Brad	48	(2:59.91)
	Lamm, Steve M	44	(3:00.67)
	Rovinsky, Jeff L	39	(2:44.48)

*** MEN 200-239 ***

200 METER FREESTYLE RELAY

1	SCAQ - C		1:55.49
	Austin, Tony K	53	(30.59)
	Kajiwaru, Doug	53	(28.27)
	Wall, Chris L	48	(26.40)
	Leonard, Dan P	56	(30.23)
2	MVN - A		2:10.93
	Stewart, Jim M	69	(39.99)
	Heather, Michael R	56	(29.67)
	Chao, Coochung (JJ)	54	(33.25)
	Joyce, Kevin T	38	(28.02)
3	LVM - E		2:20.09
	Franklin, Sam D	53	(29.79)
	Holder, Richard H	66	(39.48)
	Patterson, Stephen G	44	(35.41)
	Rauch, Will	76	(35.41)

200 METER MEDLEY RELAY

1	SCAQ - A		2:16.09
	Kajiwaru, Doug	53	(34.27)
	Wall, Chris L	48	(37.10)
	Leonard, Dan P	56	(34.20)
	Austin, Tony K	53	(30.52)
2	ROSE - C		2:21.11
	Olson, Jeff	51	(36.12)
	Cienega, Julio	44	(39.40)
	Strybel, David	55	(34.21)
	Langendoen, Gary	65	(31.38)
3	LVM - G		2:45.22
	Rauch, Will	76	(50.30)
	Holder, Richard H	66	(49.99)
	Franklin, Sam D	53	(29.99)
	Patterson, Stephen G	44	(34.94)

400 METER FREESTYLE RELAY

1	SCAQ - B		4:17.76
	Leonard, Dan P	56	(1:07.79)
	Wall, Chris L	48	(1:00.71)
	Magit, Brad	52	(1:03.21)
	Thomas, Bruce W	53	(1:06.05)

*** MEN 240-279 ***

200 METER FREESTYLE RELAY

1	NOVA - D		2:10.27
	Andersen, Richard H	66	(36.56)
	Greenberg, Henry	62	(34.28)
	Angell, Tom	70	(32.14)
	Wyatt, Robby W	49	(27.29)
2	NOVA - E		2:50.10
	Finizio, Francesco	61	(42.69)
	Huszcz, M J	63	(46.28)
	Carpenter, Bob L	73	(43.78)
	Owen, Steven P	59	(37.35)

200 METER MEDLEY RELAY

1	NOVA - D		2:49.67
	Andersen, Richard H	66	(1:00.20)
	Wyatt, Robby W	49	(38.67)
	Greenberg, Henry	62	(36.79)
	Angell, Tom	70	(34.01)
2	NOVA - E		3:43.14
	Owen, Steven P	59	(43.56)
	Huszcz, M J	63	(1:09.52)
	Finizio, Francesco	61	(1:04.21)
	Carpenter, Bob L	73	(45.85)

400 METER FREESTYLE RELAY

1	LVM - A		5:47.13
	Thompson, Garrett J	48	(1:04.03)
	Rauch, Will	76	(1:28.19)
	Holder, Richard H	66	(1:38.80)
	Schiffman, Bob L	58	(1:36.11)
2	ROSE - B		5:47.48
	Langendoen, Gary	65	
	Goeden, Jonathan T	51	
	Goode, Douglas J	71	(1:56.15)
	Ronay, Peter E	68	(1:23.12)

400 METER MEDLEY RELAY

1	SDSM - A		5:56.77
	Jones, Kenton R	43	(1:15.69)
	Freshley, Mike R	69	(1:35.04)
	McLintock, John E	56	(1:37.23)
	Best, Bob	78	(1:28.81)
2	ROSE - D		7:20.50
	Ronay, Peter E	68	(1:59.53)
	Goode, Douglas J	71	(2:37.66)
	Castleton, Tom	39	(1:19.20)
	Langendoen, Gary	65	(1:24.11)
NP	LVM - G		DQ
	Rauch, Will	76	
	Patterson, Stephen G	44	
	Holder, Richard H	66	
	Schiffman, Bob L	58	

800 METER FREESTYLE RELAY

1	LVM - E		13:52.37
	Rauch, Will	76	(3:07.31)
	Patterson, Stephen G	44	(3:03.52)
	Holder, Richard H	66	(3:51.24)
	Schiffman, Bob L	58	(3:50.30)

*** MEN 280-319 ***

200 METER FREESTYLE RELAY

1	SDSM - A		2:21.02
	Mitchell, Tom	77	(41.71)
	Martinez, Jorge E	63	(35.87)
	Best, Bob	78	(34.58)
	Van Baalen, Vinus	68	(28.86)

200 METER MEDLEY RELAY

1	SDSM - A		2:38.98
	Van Baalen, Vinus	68	
	Best, Bob	78	
	Martinez, Jorge E	63	(35.73)
	Mitchell, Tom	77	(40.84)

400 METER FREESTYLE RELAY

1	SDSM - A		5:30.84
	Mitchell, Tom	77	(1:31.27)
	Freshley, Mike R	69	(1:13.76)
	Best, Bob	78	(1:27.65)
	Astudillo, Fabio	58	(1:18.16)

400 METER MEDLEY RELAY

1	SDSM - B		7:19.21
	Arth, Lee C	85	(2:16.06)
	Astudillo, Fabio	58	(1:50.19)
	Martinez, Jorge E	63	(1:39.54)
	Mitchell, Tom	77	(1:33.42)

*** MIXED 72-99 ***

200 METER FREESTYLE RELAY

1	LVM - C		1:55.19
	Pearson, Samantha	19	(29.67)
	Tiebout, Andre L	22	(27.88)
	Kelley, Megan D	20	(30.74)
	O'Brien, Timothy J	20	(26.90)
200 METER MEDLEY RELAY			
1	LVM - B		2:07.07
	Pearson, Samantha	19	(32.57)
	Tiebout, Andre L	22	(35.34)
	Kelley, Megan D	20	(31.84)
	O'Brien, Timothy J	20	(27.32)

400 METER MEDLEY RELAY

1	ROSE - B		5:33.99
	Langendoen, Michael	19	(1:10.82)
	Azuma, Andrea	33	(1:44.50)
	Ly, Max	19	(1:18.84)
	Shdo, Elizabeth A	25	(1:19.83)

*** MIXED 100-119 ***

200 METER FREESTYLE RELAY

1	LVM - G		1:57.00
	Colavito, Shannon J	23	(30.34)
	Ecklund, Tait C	29	(27.17)
	Brayman, Brook T	33	(27.99)
	Smith, Christine	20	(31.50)
2	NOVA - J		1:59.11
	Gooch, Allison L	20	(30.72)
	Goldacre, Jessica A	27	(32.02)
	Cheung, Alex H	30	
	Puchalski, Danny R	29	

200 METER MEDLEY RELAY

1	NOVA - A		2:13.55
	Goldacre, Jessica A	27	(35.53)
	Puchalski, Danny R	29	(32.59)
	Gooch, Allison L	20	(33.27)
	Cheung, Alex H	30	(32.16)
2	LVM - F		2:14.46
	Colavito, Shannon J	23	(36.23)
	Ecklund, Tait C	29	(35.92)
	Brayman, Brook T	33	(30.91)
	Smith, Christine	20	(31.40)

400 METER FREESTYLE RELAY

1	ROSE - D		4:53.69
	Azuma, Andrea	33	(1:21.16)
	Shdo, Elizabeth A	25	(1:17.03)
	Durieux, Chad A	31	(1:08.75)
	Pansing, Craig	29	(1:06.75)

400 METER MEDLEY RELAY

1	NOVA - A		4:56.81
	Goldacre, Jessica A	27	(1:17.59)
	Puchalski, Danny R	29	(1:09.55)
	Gooch, Allison L	20	(1:16.54)
	Cheung, Alex H	30	(1:13.13)

800 METER FREESTYLE RELAY

1	NOVA - D		10:28.00
	Gooch, Allison L	20	(2:36.90)
	Goldacre, Jessica A	27	(2:34.88)
	Cheung, Alex H	30	(2:56.69)
	Puchalski, Danny R	29	(2:19.53)
2	ROSE - A		10:34.73
	Azuma, Andrea	33	(2:49.19)
	Merritt, Melissa J	29	(2:44.36)
	Durieux, Chad A	31	(2:27.40)
	Langendoen, Michael	19	(2:33.78)

*** MIXED 120-159 ***

200 METER FREESTYLE RELAY

1	MVN - A		1:58.58
	Lewis, Cynthia J	35	(28.22)
	Ripic, Steve	37	(30.38)
	Moore, Katie M	22	(32.38)
	Joyce, Kevin T	38	(27.60)
2	LVM - E		1:59.24
	Magee, Mark A	42	(27.77)
	Tomtan-Brayman, Brenda	37	(33.77)
	Thompson, Garrett J	48	(26.89)
	Val, Jamie	27	(30.81)
3	NOVA - E		2:07.05
	Perez, Emily C	30	(35.33)
	Espino, Stanley C	34	(29.79)
	Merlo, Ashley	29	(33.13)
	Kirker, John J	39	(28.80)
4	NOVA - C		2:08.91
	Maclean, Tanya	34	(35.25)
	Meloney, Kathleen A	30	(35.42)
	Dietrich, Jim	39	(27.99)
	Marinari, Aaron P	46	(30.25)
5	NOVA - H		2:12.21
	Fletcher, Slater	34	(30.23)
	Cybulskis, Astrid A	36	(32.34)
	Riddle, James M	48	(28.42)
	Wang, Regina	37	(41.22)
6	NOVA - D		2:19.51
	Kirker, Amanda G	31	(42.52)
	Mall, Bill	33	(26.90)
	Santamaria, Jason A	39	(29.41)
	Fell, Paula J	45	(40.68)

200 METER MEDLEY RELAY

1	LVM - E		2:17.67
	Magee, Mark A	42	(32.48)
	Tomtan-Brayman, Brenda	37	(43.97)
	Thompson, Garrett J	48	(29.53)
	Val, Jamie	27	(31.69)
2	MVN - A		2:20.55
	Moore, Katie M	22	(42.09)
	Ripic, Steve	37	(37.53)
	Lewis, Cynthia J	35	(38.49)
	Joyce, Kevin T	38	(22.44)
3	NOVA - H		2:27.22
	Merlo, Ashley	29	(39.35)
	Perez, Emily C	30	(45.76)
	Espino, Stanley C	34	(33.81)
	Kirker, John J	39	(28.30)
4	NOVA - G		2:32.65
	Maclean, Tanya	34	(43.61)
	Meloney, Kathleen A	30	(47.34)
	Dietrich, Jim	39	(31.90)
	Marinari, Aaron P	46	(29.80)
5	NOVA - D		2:36.93
	Riddle, James M	48	(35.59)
	Wang, Regina	37	(53.25)
	Cybulskis, Astrid A	36	(38.00)
	Mall, Bill	33	(30.09)
6	NOVA - F		2:43.53
	Fell, Paula J	45	(46.64)
	Rovinsky, Jeff L	39	(41.57)
	Santamaria, Jason A	39	(31.95)
	Kirker, Amanda G	31	(43.37)

400 METER MEDLEY RELAY

1	SCAQ - C		5:07.97
	Bronson, Jenifer L	29	(1:39.65)
	Pescatori, Rossella	39	(1:12.41)
	Rippetoe, Kenneth R	41	(1:11.17)
	Wall, Chris L	48	(1:04.74)

2010 FAST LCM SPMA & Southwest Zone Champs
 50 Long Course Meters
 Janet Evans Swim Complex, Fullerton, CA
 07/23/2010-07/25/2010
 Meet Referee: Paul Szuskiewicz
 Stroke & Turn/ Starter: Virgil Chancy
 Stroke & Turn/ Starter: Matthew Whalen
 Stroke & Turn: Jan Szuskiewicz
 Results: Robert Mitchell (949) 689-7946
 Sanction: 330-023 Page: 11

800 METER FREESTYLE RELAY

1 NOVA - G		11:25.84
Deputy, Kerry	49	(3:05.27)
Juliusson, Julia M	45	(3:11.75)
Riddle, James M	48	(2:26.53)
Jacobs, Lee	41	(2:42.29)

*** MIXED 200-239 ***

200 METER FREESTYLE RELAY

1 SCAQ - A		2:04.90
Wall, Chris L	48	(27.73)
Latt, Melissa J	47	(34.72)
Cook, Jenny L	52	(52.93)
Leonard, Dan P	56	(9.52)
2 LVM - B		2:12.72
Thompson, Christina M	32	(37.11)
Landreth, Ursula S	41	(34.25)
Franklin, Sam D	53	(30.06)
Rauch, Will	76	(31.30)
3 NOVA - G		2:26.11
Thornton, Kim S	58	(40.79)
Brooks, Sherry M Wendze	50	(39.33)
Hayward, David S	50	(33.58)
Collins, Michael D	44	(32.41)
4 NOVA - F		2:36.96
Peterson, Ellena M	61	(43.47)
Daniel, Deborah A	59	(47.07)
Wyatt, Robby W	49	(30.88)
Lamm, Steve M	44	(35.54)
5 NOVA - A		2:48.23
McConkle, Cori M	56	(45.23)
Dauser, Kristi D	54	(41.40)
Greenberg, Henry	62	(35.50)
Huszczyk, M J	63	(46.10)

200 METER MEDLEY RELAY

1 SCAQ - B		2:18.53
Kajiwara, Doug	53	(33.84)
Pescatori, Rossella	39	(38.58)
Cook, Jenny L	52	(34.93)
Leonard, Dan P	56	(31.18)
2 LVM - C		2:29.12
Thompson, Christina M	32	(39.82)
Landreth, Ursula S	41	(44.12)
Franklin, Sam D	53	(29.16)
Rauch, Will	76	(36.02)
3 MVN - B		2:46.73
Stewart, Jim M	69	(48.44)
Uthus, Gwen	56	(50.25)
Heather, Michael R	56	(31.76)
Burton, Kim L	48	(36.28)
4 NOVA - C		2:52.12
Lamm, Steve M	44	(48.24)
Thornton, Kim S	58	(51.40)
Hayward, David S	50	(34.99)
Brooks, Sherry M Wendze	50	(37.49)
5 NOVA - B		2:54.82
Wyatt, Robby W	49	(44.39)
Daniel, Deborah A	59	(55.35)
Collins, Michael D	44	(36.02)
Peterson, Ellena M	61	(37.35)
6 NOVA - I		3:02.10
McConkle, Cori M	56	(53.10)
Dauser, Kristi D	54	(54.05)
Greenberg, Henry	62	(37.60)
Andersen, Richard H	66	(37.35)

400 METER FREESTYLE RELAY

1 LVM - C		4:23.05
Adams, Kari S	44	(1:07.91)
Franklin, Sam D	53	(1:04.56)
Battin, Carolyn H	56	(1:12.41)
Jennings, Bryan V	47	(58.17)

400 METER MEDLEY RELAY

1 SCAQ - A		5:24.91
Magit, Brad	52	(1:21.42)
Leonard, Dan P	56	(1:29.31)
Cook, Jenny L	52	(1:15.95)
Latt, Melissa J	47	(1:18.23)

800 METER FREESTYLE RELAY

1 SCAQ - A		10:11.40
Leonard, Dan P	56	(3:54.49)
Godges, Arlette A	46	(1:20.70)
Cook, Jenny L	52	(2:31.58)
Magit, Brad	52	(2:24.63)

*** MIXED 240-279 ***

200 METER FREESTYLE RELAY

1 NOVA - B		2:56.40
McKinley, Maureen M	57	(51.83)
Caldwell, Dionne B	78	(51.22)
Angell, Tom	70	(35.89)
Andersen, Richard H	66	(37.46)

200 METER MEDLEY RELAY

1 NOVA - J		3:31.44
Caldwell, Dionne B	78	(1:07.87)
McKinley, Maureen M	57	(1:05.45)
Owen, Steven P	59	(43.19)
Angell, Tom	70	(34.93)

400 METER FREESTYLE RELAY

1 NOVA - E		5:29.17
Brooks, Sherry M Wendze	50	(1:27.96)
Thornton, Kim S	58	(1:28.52)
Greenberg, Henry	62	(1:14.50)
Angell, Tom	70	(1:18.19)

2 NOVA - G		6:39.10
McConkle, Cori M	56	(1:39.89)
Andersen, Richard H	66	(1:25.14)
Finizio, Francesco	61	(1:44.72)
Caldwell, Dionne B	78	(1:49.35)

400 METER MEDLEY RELAY

1 NOVA - E		6:36.31
Brooks, Sherry M Wendze	50	(1:58.95)
Thornton, Kim S	58	(1:50.08)
Greenberg, Henry	62	(1:28.59)
Angell, Tom	70	(1:18.69)
2 MVN - A		7:27.94
Stewart, Jim M	69	(1:44.81)
Uthus, Gwen	56	(1:51.77)
Chao, Coochung (JJ)	54	(1:48.25)
Graef, Margrit	79	(2:03.11)
NP NOVA - B		DQ
McConkle, Cori M	56	
Andersen, Richard H	66	
Finizio, Francesco	61	
Caldwell, Dionne B	78	

800 METER FREESTYLE RELAY

1 NOVA - H		12:55.43
Angell, Tom	70	(3:12.22)
Brooks, Sherry M Wendze	50	(3:20.84)
Greenberg, Henry	62	(3:12.64)
Thornton, Kim S	58	(3:09.73)
2 NOVA - F		15:11.09
McConkle, Cori M	56	(3:26.46)
Andersen, Richard H	66	(3:16.91)
Finizio, Francesco	61	(4:19.97)
Caldwell, Dionne B	78	(4:07.75)

INDIVIDUAL HIGH POINT WINNER

*** WOMEN 18-24 ***

Pearson, Samantha	19	LVM	75.0
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*** WOMEN 25-29 ***

Goldacre, Jessica A	27	NOVA	61.0
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Bronson, Jenifer L	29	SCAQ	61.0
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*** WOMEN 30-34 ***

Thompson, Christina M	32	LVM	71.0
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*** WOMEN 35-39 ***

Pescatori, Rossella	39	SCAQ	75.0
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*** WOMEN 40-44 ***

Adams, Kari S	44	LVM	77.0
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*** WOMEN 45-49 ***

Fell, Paula J	45	NOVA	63.0
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*** WOMEN 50-54 ***

Cook, Jenny L	52	SCAQ	66.0
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*** WOMEN 55-59 ***

Battin, Carolyn H	56	LVM	77.0
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*** WOMEN 60-64 ***

Dunbar, Barbara A	61	SDSM	77.0
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*** WOMEN 70-74 ***

Glenn, Sylvia	73	OJAI	77.0
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*** WOMEN 75-79 ***

Caldwell, Dionne B	78	NOVA	66.0
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*** WOMEN 85-89 ***

Kornfeld, Maurine E	89	MVN	77.0
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*** WOMEN 90-94 ***

Simonton, Rita	92	LOST	22.0
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*** MEN 18-24 ***

O'Brien, Timothy J	20	LVM	77.0
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*** MEN 25-29 ***

Puchalski, Danny R	29	NOVA	77.0
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*** MEN 30-34 ***

Durieux, Chad A	31	ROSE	75.0
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*** MEN 35-39 ***

Ripic, Steve	37	MVN	71.0
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*** MEN 40-44 ***

Magie, Mark A	42	LVM	55.0
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*** MEN 45-49 ***

Riddle, James M	48	NOVA	56.0
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*** MEN 50-54 ***

Chao, Coochung (JJ)	54	MVN	54.0
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*** MEN 55-59 ***

Blatt, Michael J	55	VCM	75.0
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*** MEN 60-64 ***

Greenberg, Henry	62	NOVA	71.0
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*** MEN 65-69 ***

Langendoen, Gary	65	ROSE	71.0
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*** MEN 70-74 ***

Goode, Douglas J	71	ROSE	73.0
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*** MEN 75-79 ***

Rauch, Will	76	LVM	71.0
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*** MEN 80-84 ***

Szilard, Zoltan M	80	LVM	44.0
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*** MEN 85-89 ***

Piemme, Frank M	85	LOST	77.0
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*** MIXED 160-199 ***

200 METER FREESTYLE RELAY

1 LVM - A		1:59.48
Jennings, Bryan V	47	(26.91)
Boodt, Bradley N	42	(28.44)
Adams, Kari S	44	(30.88)
Battin, Carolyn H	56	(33.25)
2 SCAQ - B		2:04.10
Carlson, Jenni	40	(30.94)
Kajiwara, Doug	53	(28.61)
Austin, Tony K	53	(31.17)
Pescatori, Rossella	39	(33.38)
3 NOVA - I		2:12.25
Jacobs, Lee	41	(30.54)
Cornelius, Jeffrey T	39	(29.88)
Gomez, Mika A	43	(35.04)
Deputy, Kerry	49	(36.79)
4 LVM - D		2:29.56
Holder, Richard H	66	(39.85)
Jackson, Kirsten L	42	(37.19)
Hannon, Martina V	39	(36.80)
Patterson, Stephen G	44	(35.72)
5 LVM - F		2:31.76
Brearey, Pamela R	23	(32.13)
Schiffman, Bob L	58	(39.64)
Post, Heather M	40	(39.68)
Holder, Richard H	66	(40.31)

200 METER MEDLEY RELAY

1 LVM - A		2:10.08
Jennings, Bryan V	47	(30.48)
Boodt, Bradley N	42	(33.65)
Adams, Kari S	44	(33.13)
Battin, Carolyn H	56	(32.82)
2 SCAQ - A		2:23.21
Carlson, Jenni	40	(37.27)
Austin, Tony K	53	(47.20)
Yearwood, Ann	26	(31.84)
Wall, Chris L	48	(26.90)
3 NOVA - E		2:42.97
Deputy, Kerry	49	(46.42)
Fletcher, Slater	34	(48.16)
Jacobs, Lee	41	(32.32)
Gomez, Mika A	43	(36.07)
4 LVM - D		2:57.67
Holder, Richard H	66	(58.99)
Jackson, Kirsten L	42	(43.61)
Hannon, Martina V	39	(40.23)
Patterson, Stephen G	44	(34.84)
5 LVM - G		3:01.93
Barry, Paula C	30	(46.11)
Schiffman, Bob L	58	(51.47)
Post, Heather M	40	(45.53)
Goldner, Steve M	34	(38.82)

400 METER FREESTYLE RELAY

1 LVM - B		4:33.19
Magee, Mark A	42	(1:04.02)
Lamph, Becky L	42	(1:11.71)
Boodt, Bradley N	42	(1:03.50)
Landreth, Ursula S	41	(1:13.96)
2 MVN - A		4:55.11
Ripic, Steve	37	(1:05.92)
Burton, Kim L	48	(1:25.76)
Uthus, Gwen	56	(1:18.53)
Joyce, Kevin T	38	(1:04.90)
3 NOVA - H		5:05.89
Deputy, Kerry	49	(1:21.81)</

CLUB POINTS

Place	Club Name	Ind. Women	Ind. Men	Relay Women	Relay Men	Relay Mixed	Overall Points
1	Novaquatics Masters	770.0	906.0	246.0	314.0	498.0	2734.0
2	Las Vegas Masters	1007.0	669.0	362.0	274.0	318.0	2630.0
3	Rose Bowl Masters	69.0	908.0	0.0	264.0	62.0	1303.0
4	Southern California Aquatic Masters	437.0	356.0	106.0	82.0	168.0	1149.0
5	Mission Viejo Masters	325.0	312.0	38.0	48.0	86.0	809.0
6	San Diego Swim Masters	77.0	440.0	0.0	110.0	0.0	627.0
	Unattached	78.0	189.0	0.0	0.0	0.0	267.0
7	Fullerton FAST Masters Team	44.0	148.0	0.0	18.0	0.0	210.0
8	Lompoc's Other Swim Team	22.0	167.0	0.0	0.0	0.0	189.0
9	Ojai Masters	150.0	0.0	0.0	0.0	0.0	150.0
10	Ventura County Masters	0.0	148.0	0.0	0.0	0.0	148.0
11	Long Beach Grunions	29.0	73.0	0.0	0.0	0.0	102.0
12	West Hollywood Aquatics	77.0	0.0	0.0	0.0	0.0	77.0
13	Pacific Northwest Aquatics	0.0	73.0	0.0	0.0	0.0	73.0
14	South Gate Masters	0.0	72.0	0.0	0.0	0.0	72.0
15	Masters of Yucaipa Swim Team	0.0	42.0	0.0	0.0	0.0	42.0
16	Fairfax County Masters	0.0	38.0	0.0	0.0	0.0	38.0
17T	Arizona Masters	0.0	33.0	0.0	0.0	0.0	33.0
17T	L A Athletic Club Masters	0.0	33.0	0.0	0.0	0.0	33.0
19	Manhattan Magnum Masters	0.0	29.0	0.0	0.0	0.0	29.0
20	South Bay Swim Team	26.0	0.0	0.0	0.0	0.0	26.0
21	City of Temecula Masters	0.0	24.0	0.0	0.0	0.0	24.0
22T	Michigan Masters	0.0	9.0	0.0	0.0	0.0	9.0
22T	Santa Barbara Masters	0.0	9.0	0.0	0.0	0.0	9.0
24	Santa Clarita Masters Club	0.0	5.0	0.0	0.0	0.0	5.0