

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 1 Women 30-34 1500 SC Meter Freestyle

NATL: 17:23.60 12/11/1994 KAREN BURTON

WORLD: 17:01.56 10/12/2007 KIRSTEN CAMERON

| | | | | |
|-----------------|----------|----------|----------|--|
| 1 Erica Seubert | 30 ROSE | 22:03.21 | | |
| 38.25 | 1:21.69 | 2:05.63 | 2:50.07 | |
| 3:34.26 | 4:18.89 | 5:03.42 | 5:48.07 | |
| 6:32.60 | 7:17.98 | 8:02.28 | 8:47.63 | |
| 9:32.98 | 10:17.82 | 11:02.35 | 11:46.71 | |
| 12:30.99 | 13:15.06 | 13:58.75 | 14:42.46 | |
| 15:26.23 | 16:10.01 | 16:53.92 | 17:38.21 | |
| 18:22.71 | 19:07.09 | 19:52.03 | 20:36.81 | |
| 21:21.52 | 22:03.21 | | | |

Event 1 Women 40-44 1500 SC Meter Freestyle

NATL: 17:35.49 1/16/2010 ALISON ZAMANIAN

WORLD: 17:35.49 1/16/2010 ALISON ZAMANIAN

| | | | | |
|---------------|------------|----------|----------|--|
| 1 Nancy North | 43 HSAM-SI | 21:20.51 | | |
| 41.62 | 1:25.43 | 2:08.97 | 2:51.98 | |
| 3:34.22 | 4:16.97 | 5:00.00 | 5:42.61 | |
| 6:25.21 | 7:07.74 | 7:50.38 | 8:33.12 | |
| 9:15.92 | 9:58.56 | 10:41.30 | 11:24.23 | |
| 12:06.76 | 12:49.52 | 13:32.20 | 14:15.01 | |
| 14:57.96 | 15:41.31 | 16:24.36 | 17:07.12 | |
| 17:50.30 | 18:33.34 | 19:16.19 | 19:58.76 | |
| 20:40.74 | 21:20.51 | | | |

Event 1 Women 45-49 1500 SC Meter Freestyle

NATL: 17:50.64 10/10/2004 S HEIM-BOWEN

WORLD: 17:46.32 5/18/2007 LYNN MARSHALL

| | | | | |
|------------------|----------|----------|----------|--|
| 1 Trisha Commons | 47 MVN | 28:35.48 | | |
| 47.03 | 1:36.92 | 2:28.99 | 3:22.97 | |
| 4:16.66 | 5:10.79 | 6:05.56 | 7:01.09 | |
| 7:57.24 | 8:53.62 | 9:51.37 | | |
| 11:55.66 | 12:58.31 | 13:55.76 | 14:54.42 | |
| 15:52.78 | 16:50.45 | 17:49.50 | 18:47.85 | |
| 19:45.44 | 20:44.62 | 21:43.63 | 22:43.39 | |
| 23:43.65 | 24:42.43 | 25:40.92 | 26:41.56 | |
| 27:42.58 | 28:35.48 | | | |

Event 1 Women 50-54 1500 SC Meter Freestyle

NATL: 17:51.33 12/4/2009 S HEIM-BOWEN

WORLD: 17:51.33 12/4/2009 S.HEIM-BOWEN

| | | | | |
|----------------|----------|----------|----------|--|
| 1 Lynn Kubasek | 53 NOVA | 25:54.27 | | |
| 49.38 | 1:40.32 | 2:32.00 | 3:24.88 | |
| 4:16.99 | 5:09.23 | 6:01.56 | 6:53.67 | |
| 7:45.23 | 8:37.36 | 9:29.59 | 10:22.36 | |
| 11:14.36 | 12:05.96 | 12:58.14 | 13:49.55 | |
| 14:41.58 | 15:33.23 | 16:26.26 | 17:18.75 | |
| 18:10.55 | 19:02.21 | 19:55.04 | 20:46.98 | |
| 21:38.64 | 22:30.84 | 23:22.03 | 24:12.51 | |
| 25:03.85 | 25:54.27 | | | |

Event 1 Women 55-59 1500 SC Meter Freestyle

NATL: 18:43.73 1/16/2010 LAURA VAL

WORLD: 18:43.73 1/16/2010 LAURA VAL

| | | | | |
|-------------------|----------|----------|----------|--|
| 1 Heather Lambert | 57 LBG | 24:59.35 | | |
| 44.88 | 1:33.84 | 2:24.11 | 3:15.02 | |
| 4:05.95 | 4:56.77 | 5:47.61 | 6:38.29 | |
| 7:29.40 | 8:20.10 | 9:11.33 | 10:02.58 | |
| 10:54.38 | 11:45.11 | 12:35.81 | 13:25.69 | |
| 14:16.21 | 15:06.29 | 15:56.59 | 16:46.20 | |
| 17:36.44 | 18:26.12 | 19:15.98 | 20:05.17 | |
| 20:55.06 | 21:44.84 | 22:33.69 | 23:22.36 | |
| 24:11.08 | 24:59.35 | | | |

Event 1 Women 60-64 1500 SC Meter Freestyle

NATL: 20:46.72 10/4/2009 BARBARA DUNBAR

WORLD: 19:38.63 1/15/2011 LAURA VAL

| | | | | |
|------------------|------------|----------|----------|--|
| 1 Barbara Dunbar | 62 SDSM-44 | 22:01.40 | | |
| 40.82 | 1:24.34 | 2:08.79 | 2:52.45 | |
| 3:35.96 | 4:19.85 | 5:04.19 | 5:48.19 | |
| 6:32.02 | 7:15.90 | 7:59.56 | 8:43.25 | |
| 9:27.57 | 10:11.22 | 10:55.34 | 11:39.52 | |
| 12:23.89 | 13:08.04 | 13:52.81 | 14:37.42 | |
| 15:22.27 | 16:07.13 | 16:51.72 | 17:36.34 | |
| 18:21.01 | 19:05.71 | 19:50.36 | 20:34.83 | |
| 21:18.66 | 22:01.40 | | | |

Event 1 Women 65-69 1500 SC Meter Freestyle

NATL: 22:09.43 12/5/2008 JACKIE MARR

WORLD: 21:43.60 8/30/2008 JEN THOMASSEN

| | | | | |
|-----------------|----------|----------|----------|--|
| 1 Ellen Shockro | 69 NOVA | 29:44.89 | | |
| 52.60 | 1:51.58 | 2:52.94 | 3:53.69 | |
| 4:54.06 | 5:55.02 | 6:56.43 | 7:55.82 | |
| 8:56.16 | 9:56.30 | 10:56.11 | 11:55.23 | |
| 12:54.65 | 13:54.78 | 14:54.53 | 15:55.63 | |
| 16:55.27 | 17:55.96 | 18:56.06 | 19:56.14 | |
| 20:56.47 | 21:57.05 | 22:56.94 | 23:56.19 | |
| 24:55.85 | 25:55.15 | 26:53.90 | 27:51.99 | |
| 28:49.01 | 29:44.89 | | | |

Event 1 Women 70-74 1500 SC Meter Freestyle

NATL: 24:57.85 11/2/1996 JUNE KRAUSER

WORLD: 23:54.74 11/28/2004 JANE ASHER

| | | | | |
|-------------------|----------|----------|----------|--|
| 1 Helen Geoffrion | 72 UCLA | 32:26.58 | | |
| 58.08 | 2:01.28 | 3:06.11 | 4:11.06 | |
| 5:16.02 | 6:21.18 | 7:27.43 | 8:32.87 | |
| 9:38.59 | 10:44.13 | 11:48.93 | 12:53.86 | |
| 13:59.18 | 15:04.55 | 16:09.87 | 17:15.61 | |
| 18:21.07 | 19:26.28 | 20:31.16 | 21:37.08 | |
| 22:41.77 | 23:48.22 | 24:54.31 | 26:00.03 | |
| 27:05.65 | 28:11.74 | 29:17.22 | 30:21.80 | |
| 31:26.11 | 32:26.58 | | | |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 1 Men 18-24 1500 SC Meter Freestyle

NATL: 16:08.13 10/31/2010 ANDREW MUELLER

| | | | | |
|---------------|----------|----------|----------|----------|
| 1 Alec Alders | | 22 ROSE | | 16:57.05 |
| | 29.53 | 1:03.41 | 1:37.90 | 2:12.43 |
| | 2:47.06 | 3:21.51 | 3:55.96 | 4:30.47 |
| | 5:04.99 | 5:39.54 | 6:14.70 | 6:49.95 |
| | 7:24.18 | 7:59.49 | 8:34.02 | 9:08.61 |
| | 9:43.05 | 10:17.24 | 10:50.91 | 11:24.37 |
| | 11:57.91 | 12:30.84 | 13:04.28 | 13:37.68 |
| | 14:11.24 | 14:44.38 | 15:17.77 | 15:51.53 |
| | 16:24.63 | 16:57.05 | | |

Event 1 Men 25-29 1500 SC Meter Freestyle

NATL: 15:41.81 12/14/1997 ALEX KOSTICH

WORLD: 15:29.68 10/24/2003 GREG ORPHANIDES

| | | | | |
|------------------|----------|----------|----------|----------|
| 1 Daniel Ellison | | 26 FONT | | 25:06.89 |
| | 42.14 | 1:27.26 | 2:14.51 | 3:03.74 |
| | 3:53.57 | 4:44.08 | 5:35.38 | 6:25.99 |
| | 7:16.77 | 8:07.19 | 8:57.25 | 9:48.17 |
| | 10:38.89 | 11:29.95 | 12:20.88 | 13:11.98 |
| | 14:02.88 | 14:53.57 | 15:45.05 | 16:36.38 |
| | 17:28.59 | 18:21.60 | 19:13.25 | 20:04.26 |
| | 20:55.27 | 21:46.23 | 22:38.20 | 23:31.35 |
| | 24:22.16 | 25:06.89 | | |

Event 1 Men 30-34 1500 SC Meter Freestyle

NATL: 15:51.07 12/10/2000 ALEX KOSTICH

WORLD: 15:51.07 12/10/2000 ALEX KOSTICH

| | | | | |
|------------------|----------|----------|----------|----------|
| 1 Erik Pronovost | | 30 SOBA | | 19:58.05 |
| | 32.19 | 1:09.38 | 1:48.99 | 2:28.92 |
| | 3:09.36 | 3:49.51 | 4:30.09 | 5:10.56 |
| | 5:51.73 | 6:31.93 | 7:12.68 | 7:53.22 |
| | 8:32.88 | 9:13.69 | 9:54.17 | 10:34.59 |
| | 11:15.72 | 11:55.38 | 12:35.59 | 13:15.56 |
| | 13:56.32 | 14:36.71 | 15:16.28 | 15:57.23 |
| | 16:36.88 | 17:18.30 | 17:58.59 | 18:39.88 |
| | 19:18.98 | 19:58.05 | | |

Event 1 Men 35-39 1500 SC Meter Freestyle

NATL: 15:56.57 12/4/2009 ALEX KOSTICH

WORLD: 15:56.57 12/4/2009 ALEX KOSTICH

| | | | | |
|----------------|----------|----------|----------|----------|
| 1 Kadima Lonji | | 39 MVN | | 24:54.73 |
| | 42.62 | 1:28.33 | 2:17.24 | 3:06.81 |
| | 3:56.38 | 4:46.25 | 5:36.41 | 6:26.25 |
| | 7:16.06 | 8:06.16 | 8:56.93 | 9:47.17 |
| | 10:38.14 | 11:28.82 | 12:19.07 | 13:09.68 |
| | 14:00.63 | 14:51.02 | 15:41.63 | 16:32.68 |
| | 17:24.06 | 18:14.81 | 19:05.19 | 19:55.40 |
| | 20:45.74 | 21:36.43 | 22:26.36 | 23:16.21 |
| | 24:05.05 | 24:54.73 | | |

Event 1 Men 45-49 1500 SC Meter Freestyle

NATL: 16:51.21 12/12/1999 JIM MCCONICA

WORLD: 16:28.63 1/19/2008 MICHAEL KLEIBER

| | | | | |
|---------------------|----------|----------|----------|----------|
| 1 John Bright | | 47 MVN | | 20:41.47 |
| | 39.68 | 1:21.89 | 2:04.72 | 2:47.80 |
| | 3:30.45 | 4:12.88 | 4:55.37 | 5:37.84 |
| | 6:20.29 | 7:02.21 | 7:44.12 | 8:25.75 |
| | 9:07.39 | 9:49.24 | 10:30.81 | 11:12.29 |
| | 11:53.87 | 12:35.38 | 13:16.57 | 13:57.99 |
| | 14:38.97 | 15:19.56 | 16:00.21 | 16:40.75 |
| | 17:21.27 | 18:01.52 | 18:41.95 | 19:22.61 |
| | 20:03.17 | 20:41.47 | | |
| 2 Mark Terry | | 47 MVN | | 22:57.60 |
| | 41.38 | 1:25.58 | 2:10.98 | 2:56.70 |
| | 3:42.47 | 4:28.46 | 5:15.09 | 6:01.26 |
| | 6:48.03 | 7:33.31 | 8:18.53 | 9:04.41 |
| | 9:50.04 | 10:36.07 | 11:22.41 | 12:08.60 |
| | | 13:41.34 | 14:26.62 | 15:12.60 |
| | 15:59.14 | 16:45.71 | | 18:17.93 |
| | 19:04.69 | 19:51.74 | 20:38.45 | 21:25.45 |
| | 22:12.89 | 22:57.60 | | |
| 3 Michael Whitehead | | 46 ROSE | | 23:00.44 |
| | 42.58 | 1:27.29 | 2:12.57 | 2:58.50 |
| | 3:44.49 | 4:31.44 | 5:17.65 | 6:04.79 |
| | 6:51.98 | 7:38.80 | 8:25.19 | 9:11.23 |
| | 9:58.52 | 10:44.50 | 11:31.12 | 12:17.02 |
| | 13:02.98 | 13:49.16 | 14:35.15 | 15:21.70 |
| | 16:08.00 | 16:54.20 | 17:40.54 | 18:26.42 |
| | 19:12.28 | 19:58.26 | 20:44.25 | 21:29.96 |
| | 22:15.95 | 23:00.44 | | |
| 4 Duncan Parlett | | 49 NOVA | | 24:43.41 |
| | 48.87 | 1:39.36 | 2:29.23 | 3:19.40 |
| | 4:09.34 | 4:59.17 | 5:49.22 | 6:39.06 |
| | 7:29.49 | 8:19.05 | 9:07.90 | 9:56.94 |
| | 10:45.98 | 11:35.61 | 12:25.96 | 13:16.11 |
| | 14:05.56 | 14:55.65 | 15:45.67 | 16:35.85 |
| | 17:25.60 | 18:16.04 | 19:06.55 | 19:55.97 |
| | 20:45.35 | 21:34.00 | 22:23.04 | 23:11.35 |
| | 23:58.90 | 24:43.41 | | |

Event 1 Men 55-59 1500 SC Meter Freestyle

NATL: 17:14.15 10/2/2005 JIM MCCONICA

WORLD: 17:14.15 10/2/2005 JIM MCCONICA

| | | | | |
|------------------|----------|----------|----------|----------|
| 1 Val Trowbridge | | 57 MVN | | 26:55.78 |
| | 45.73 | 1:37.32 | 2:30.77 | 3:25.15 |
| | 4:19.04 | 5:13.64 | 6:07.66 | 7:02.18 |
| | 7:56.59 | 8:51.44 | 9:46.44 | 10:40.94 |
| | 11:35.10 | 12:30.95 | 13:27.52 | 14:24.70 |
| | 15:19.75 | 16:15.61 | 17:11.92 | 18:08.51 |
| | 19:02.88 | 19:57.94 | 20:52.99 | 21:47.22 |
| | 22:39.10 | 23:31.17 | 24:23.47 | 25:15.74 |
| | 26:06.71 | 26:55.78 | | |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

Event 1 Men 65-69 1500 SC Meter Freestyle

NATL: 19:32.78 2/18/2007 TOM LANDIS

WORLD: 19:32.78 2/18/2007 TOM LANDIS

| | | | | |
|---|---------------|----------|----------|----------|
| 1 | Mark Krakower | 68 | SDSM-44 | 32:26.32 |
| | 55.22 | 1:57.13 | 3:01.36 | 4:05.26 |
| | 5:09.29 | 6:12.15 | 7:16.22 | 8:20.96 |
| | 9:25.54 | 10:30.15 | 11:34.66 | 12:39.60 |
| | 13:44.75 | 14:50.35 | 15:56.09 | 17:01.00 |
| | 18:07.39 | 19:13.70 | 20:20.33 | 21:26.70 |
| | 22:33.02 | 23:39.31 | 24:45.53 | 25:52.43 |
| | 26:59.57 | 28:06.00 | 29:11.67 | 30:17.75 |
| | 31:23.52 | 32:26.32 | | |

Event 1 Men 70-74 1500 SC Meter Freestyle

NATL: 20:54.56 10/6/2001 GRAHAM JOHNSTON

WORLD: 20:54.56 10/6/2001 GRAHAM JOHNSTON

| | | | | |
|---|------------------|----------|----------|----------|
| 1 | Robert Bergstrom | 70 | FMT | 25:47.07 |
| | 47.12 | 1:37.94 | 2:29.98 | 3:21.79 |
| | 4:13.07 | 5:05.27 | 5:56.36 | 6:47.73 |
| | 7:38.97 | 8:30.44 | 9:22.31 | 10:13.80 |
| | 11:05.20 | 11:56.49 | 12:48.32 | 13:40.81 |
| | 14:32.56 | 15:24.50 | 16:16.93 | 17:08.40 |
| | 18:00.33 | 18:52.56 | 19:45.33 | 20:37.56 |
| | 21:29.55 | 22:21.11 | 23:12.62 | 24:04.42 |
| | 24:56.38 | 25:47.07 | | |
| 2 | Stephen Cross | 70 | SDSM-44 | 30:57.71 |
| | 57.26 | 1:57.11 | 2:58.12 | 4:00.15 |
| | 5:02.36 | 6:03.76 | 7:05.91 | 8:07.89 |
| | 9:10.09 | 10:12.24 | 11:14.67 | 12:16.97 |
| | 13:19.81 | 14:22.81 | 15:24.95 | 16:27.40 |
| | 17:30.19 | 18:33.13 | 19:35.95 | 20:37.68 |
| | 21:40.52 | 22:42.32 | 23:44.92 | 24:47.40 |
| | 25:48.37 | 26:49.66 | 27:51.71 | 28:53.27 |
| | 29:56.03 | 30:57.71 | | |

Event 1 Men 85-89 1500 SC Meter Freestyle

NATL: 28:17.36 1/13/2008 WILLARD LAMB

WORLD: 28:17.36 1/13/2008 WILLARD LAMB

| | | | | |
|---|----------------|----------|----------|----------|
| 1 | Jurgen Schmidt | 88 | LOST | 32:38.15 |
| | 59.75 | 2:02.54 | 3:06.60 | 4:12.53 |
| | 5:17.21 | 6:24.19 | 7:29.73 | 8:34.31 |
| | 9:41.00 | 10:45.64 | 11:50.73 | 12:54.95 |
| | 14:01.45 | 15:07.34 | 16:12.81 | 17:16.76 |
| | 18:23.13 | 19:28.68 | 20:34.33 | 21:39.53 |
| | 22:46.15 | 23:51.26 | 24:57.24 | 26:04.13 |
| | 27:11.38 | 28:17.84 | 29:24.78 | 30:30.63 |
| | 31:36.27 | 32:38.15 | | |

Event 2 Women 18-24 400 SC Meter IM

NATL: 4:58.55 12/9/2001 DAWN HECKMAN

| | | | | |
|---|------------------|---------|---------|---------|
| 1 | Stefanie Capizzi | 24 | ROSE | 6:02.52 |
| | 36.81 | 1:21.72 | 2:09.78 | 2:56.22 |
| | 3:45.92 | 4:36.69 | 5:20.40 | 6:02.52 |

Event 2 Women 25-29 400 SC Meter IM

NATL: 5:02.54 12/13/1998 WENKE HANSEN

WORLD: 4:52.13 11/19/2006 HITOMI MATSUDA

| | | | | |
|---|--------------|---------|---------|---------|
| 1 | Emily Parker | 26 | SDSM-44 | 5:28.87 |
| | 34.27 | 1:13.50 | 1:53.72 | 2:33.92 |
| | 3:24.35 | 4:14.94 | 4:52.17 | 5:28.87 |

Event 2 Women 30-34 400 SC Meter IM

NATL: 4:53.85 12/15/1996 K PIPES-NEILSEN

WORLD: 4:45.07 4/17/2010 HITOMI MATSUDA

| | | | | |
|---|-------------|---------|---------|---------|
| 1 | Heidi Cough | 30 | NOVA | 5:35.24 |
| | 34.87 | 1:14.67 | 1:57.03 | 2:39.51 |
| | 3:29.15 | 4:20.19 | 4:57.67 | 5:35.24 |

Event 2 Women 35-39 400 SC Meter IM

NATL: 4:52.85 12/14/1997 K PIPES-NEILSEN

WORLD: 4:52.85 12/14/1997 K.PIPES-NEILSEN

| | | | | |
|---|---------------|---------|---------|---------|
| 1 | Cynthia Lewis | 36 | NOVA | 5:10.08 |
| | 33.32 | 1:09.58 | 1:51.08 | 2:31.63 |
| | 3:14.88 | 3:58.17 | 4:34.51 | 5:10.08 |

Event 2 Women 55-59 400 SC Meter IM

NATL: 5:39.30 11/21/2009 LAURA VAL

WORLD: 5:39.30 11/21/2009 LAURA VAL

| | | | | |
|---|-----------------|---------|---------|---------|
| 1 | Heather Lambert | 57 | LBG | 7:34.13 |
| | 49.72 | 1:46.48 | 2:47.62 | 3:48.58 |
| | 4:53.78 | 5:59.01 | 6:46.78 | 7:34.13 |

Event 2 Women 70-74 400 SC Meter IM

NATL: 7:24.32 10/13/1996 JUNE KRAUSER

WORLD: 6:56.79 5/10/2008 YOSHIKO OSAKI

| | | | | |
|---|-----------------|---------|---------|---------|
| 1 | Helen Geoffrion | 72 | UCLA | 9:20.62 |
| | 1:06.63 | 2:28.73 | 3:41.55 | 4:56.31 |
| | 6:09.70 | 7:23.34 | 8:23.35 | 9:20.62 |

Event 2 Men 35-39 400 SC Meter IM

NATL: 4:24.36 12/7/2003 RON KARNAUGH

WORLD: 4:24.36 12/7/2003 RON KARNAUGH

| | | | | |
|-----|---------------|---------|---------|---------|
| 1 | David Hughes | 37 | SDSM-44 | 6:10.61 |
| | 34.83 | 1:16.42 | 2:05.97 | 2:56.54 |
| | 3:52.50 | 4:50.03 | 5:30.67 | 6:10.61 |
| --- | Henry Morales | 39 | SDSM-44 | DQ |

Event 2 Men 40-44 400 SC Meter IM

NATL: 4:32.05 11/16/2008 ROQUE SANTOS

WORLD: 4:32.05 11/15/2008 ROQUE SANTOS

| | | | | |
|---|---------------|---------|---------|---------|
| 1 | Michael Clark | 43 | MVN | 6:07.22 |
| | 42.33 | 1:29.65 | 2:17.95 | 3:04.48 |
| | 3:56.80 | 4:50.43 | 5:31.39 | 6:07.22 |

Event 2 Men 45-49 400 SC Meter IM

NATL: 4:46.68 12/13/2009 CHRIS STEVENSON

WORLD: 4:42.15 4/18/2009 TAIHEI SAKA

| | | | | |
|---|------------|---------|---------|---------|
| 1 | Peter Merz | 49 | SDSM-44 | 5:59.36 |
| | 37.93 | 1:20.55 | 2:09.03 | 2:55.89 |
| | 3:48.37 | 4:40.82 | 5:21.19 | 5:59.36 |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

(Event 2 Men 45-49 400 SC Meter IM)

| | | |
|---------------------|---------|---------|
| 2 Michael Whitehead | 46 ROSE | 7:21.23 |
| 52.89 | 1:51.37 | 2:54.31 |
| 4:51.32 | 5:47.52 | 6:35.48 |
| | | 7:21.23 |

Event 2 Men 55-59 400 SC Meter IM

| | | | |
|---|------------|---------|--|
| NATL: 4:51.97 11/21/2009 MICHAEL MANN | | | |
| WORLD: 4:51.97 11/21/2009 MICHAEL MANN | | | |
| 1 Jon Schlueter | 55 SDSM-44 | 6:54.85 | |
| 43.31 | 1:36.42 | 2:30.60 | |
| 4:20.13 | 5:19.46 | 6:07.87 | |
| | | 6:54.85 | |

Event 3 Women 18-24 50 SC Meter Butterfly

| | | | |
|---------------------------------------|---------|-------|--|
| NATL: 28.37 12/5/2009 MEG GILL | | | |
| 1 Kelley LeBeau | 22 MBAC | 33.57 | |
| 2 Cristina Pelaez | 24 NOVA | 36.29 | |

Event 3 Women 35-39 50 SC Meter Butterfly

| | | | |
|--|---------|-------|--|
| NATL: 28.58 11/21/2009 SHERI HART | | | |
| WORLD: 28.37 9/26/2009 GISELI PEREIRA | | | |
| 1 Martha Rothwell | 35 FONT | 39.99 | |

Event 3 Women 45-49 50 SC Meter Butterfly

| | | | |
|--|---------|-------|--|
| NATL: 28.84 10/10/2010 S VON DER LIPPE | | | |
| WORLD: 28.84 10/10/2010 S.VON DER LIPPE | | | |
| 1 Lisa Augerson | 48 MVN | 35.51 | |
| 2 Julia Juliusson | 46 NOVA | 38.12 | |
| 3 Jennifer Smith | 45 FONT | 46.29 | |

Event 3 Women 50-54 50 SC Meter Butterfly

| | | | |
|---|-----------|-------|--|
| NATL: 30.60 12/6/2008 TRACI GRANGER | | | |
| WORLD: 30.50 3/19/2011 LESLIE LIVINGSTON | | | |
| 1 Jana Strycker | 50 NBA-38 | 35.32 | |

Event 3 Women 60-64 50 SC Meter Butterfly

| | | | |
|--|------------|-------|--|
| NATL: 34.47 10/11/2008 RUTH SHAPS | | | |
| WORLD: 32.77 10/3/2011 LAURA VAL | | | |
| 1 Alta Stengel | 61 SDSM-44 | 45.47 | |

Event 3 Men 25-29 50 SC Meter Butterfly

| | | | |
|--|---------|-------|--|
| NATL: 24.98 10/2/2005 OSWALDO QUEVEDO | | | |
| WORLD: 23.66 4/29/2009 DAISUKE ABE | | | |
| 1 James Granados | 29 ROSE | 30.66 | |
| 2 Luca Bolsieri | 27 FONT | 34.11 | |
| 3 Daniel Ellison | 26 FONT | 40.40 | |

Event 3 Men 35-39 50 SC Meter Butterfly

| | | | |
|--|------------|-------|--|
| NATL: 25.23 12/4/2005 BRIAN ALDERMAN | | | |
| WORLD: 23.72 3/20/2011 LARS FROLANDER | | | |
| 1 Jay Akin | 36 SDSM-44 | 31.04 | |

Event 3 Men 40-44 50 SC Meter Butterfly

| | | | |
|--|------------|-------|--|
| NATL: 24.91 12/6/2008 MICHAEL ROSS | | | |
| WORLD: 24.91 12/6/2008 MICHAEL ROSS | | | |
| 1 Steve Gunnell | 41 MVN | 29.40 | |
| 2 Kenton Jones | 44 SDSM-44 | 30.09 | |
| 3 Tom Castleton | 40 ROSE | 33.37 | |

Event 3 Men 45-49 50 SC Meter Butterfly

| | | | |
|--|---------|-------|--|
| NATL: 25.74 12/13/2009 FRITZ BEDFORD | | | |
| WORLD: 25.74 12/13/2009 FRITZ BEDFORD | | | |
| 1 Tres Simmons | 46 RCYM | 32.82 | |
| 2 David Kirvan | 47 WH2O | 35.75 | |

Event 3 Men 60-64 50 SC Meter Butterfly

| | | | |
|---|------------|-------|--|
| NATL: 27.87 12/6/2008 RICH ABRAHAMS | | | |
| WORLD: 27.87 12/6/2008 RICH ABRAHAMS | | | |
| 1 Bill Behun | 60 SDSM-44 | 29.85 | |
| 2 Glenn Gruber | 62 VCM | 31.97 | |

Event 3 Men 70-74 50 SC Meter Butterfly

| | | | |
|---|------------|---------|--|
| NATL: 31.55 2/17/2008 BERT PETERSEN | | | |
| WORLD: 31.55 2/17/2008 BERT PETERSEN | | | |
| 1 Mike Freshley | 70 SDSM-44 | 34.15 | |
| 2 Douglas Goode | 72 ROSE | 1:12.95 | |

Event 3 Men 75-79 50 SC Meter Butterfly

| | | | |
|--|------------|-------|--|
| NATL: 34.83 12/10/2000 FRANK PIEMME | | | |
| WORLD: 33.28 6/5/2011 HIROSHI MATSUMOTO | | | |
| 1 Bob Best | 79 SDSM-44 | 47.64 | |

Event 3 Men 80-84 50 SC Meter Butterfly

| | | | |
|---|------------|-------|--|
| NATL: 40.24 11/5/2005 FRANK PIEMME | | | |
| WORLD: 39.66 1/23/2011 YOSHIO ISHIGURO | | | |
| 1 Frederick Hoppe | 84 SDSM-44 | 53.79 | |

Event 4 Women 18-24 100 SC Meter Backstroke

| | | | |
|---|---------|---------|--|
| NATL: 59.45 11/21/2009 PETRA KLOSOVA | | | |
| 1 Dannielle Shiomoto | 22 FONT | 1:12.85 | |
| 35.09 | | 1:12.85 | |
| 2 Cristina Pelaez | 24 NOVA | 1:27.98 | |
| 42.01 | | 1:27.98 | |

Event 4 Women 30-34 100 SC Meter Backstroke

| | | | |
|---|------------|---------|--|
| NATL: 59.53 11/22/2009 NORIKO INADA | | | |
| WORLD: 1:00.90 3/7/2010 KANA YAMAGUCHI | | | |
| 1 Catherine Moyer | 31 SDSM-44 | 1:31.81 | |
| 43.20 | | 1:31.81 | |
| 2 Erica Seubert | 30 ROSE | 1:34.86 | |
| 46.38 | | 1:34.86 | |

Event 4 Women 35-39 100 SC Meter Backstroke

| | | | |
|---|--------|---------|--|
| NATL: 1:02.36 11/22/2009 SHERI HART | | | |
| WORLD: 1:02.36 11/22/2009 SHERI HART | | | |
| 1 Tami Dismas | 39 MVN | 1:46.00 | |
| 50.70 | | 1:46.00 | |

Event 4 Women 40-44 100 SC Meter Backstroke

| | | | |
|--|------------|---------|--|
| NATL: 1:05.43 6/16/2002 K PIPES-NEILSEN | | | |
| WORLD: 1:04.63 4/18/2009 CINDY MABEE | | | |
| 1 Lara Paul | 43 SDSM-44 | 1:19.56 | |
| 38.21 | | 1:19.56 | |

Event 4 Women 45-49 100 SC Meter Backstroke

| | | | |
|---|------------|---------|--|
| NATL: 1:04.79 5/16/2009 K PIPES-NEILSEN | | | |
| WORLD: 1:04.46 2/27/2009 K.PIPES-NEILSEN | | | |
| 1 Caroline Krattli | 49 SDSM-44 | 1:13.68 | |
| 36.43 | | 1:13.68 | |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

(Event 4 Women 45-49 100 SC Meter Backstroke)

| | | | | |
|---|-------------------|---------|------|---------|
| 2 | Dara Goldsmith | 45 | LVM | 1:29.05 |
| | 42.86 | 1:29.05 | | |
| 3 | Debbie Kilpatrick | 49 | UNAT | 1:29.41 |
| | 43.75 | 1:29.41 | | |

Event 4 Women 50-54 100 SC Meter Backstroke

| | | | | |
|--|---------------|---------|---------|---------|
| NATL: 1:10.35 9/9/2007 K ANDRUS-HUGHES | | | | |
| WORLD: 1:09.25 3/19/2011 LESLIE LIVINGSTON | | | | |
| 1 | Lolita Veloso | 54 | SDSM-44 | 1:36.09 |
| | 47.41 | 1:36.09 | | |

Event 4 Women 55-59 100 SC Meter Backstroke

| | | | | |
|-------------------------------------|---------------|---------|--------|---------|
| NATL: 1:12.23 11/16/2008 LAURA VAL | | | | |
| WORLD: 1:12.23 11/16/2008 LAURA VAL | | | | |
| 1 | Sally De Moss | 59 | NBA-38 | 1:29.79 |
| | 43.40 | 1:29.79 | | |
| 2 | Kim Thornton | 59 | NOVA | 1:36.53 |
| | 47.53 | 1:36.53 | | |

Event 4 Women 60-64 100 SC Meter Backstroke

| | | | | |
|--------------------------------------|--------------|---------|---------|---------|
| NATL: 1:22.40 12/5/2009 DIANN UUSTAL | | | | |
| WORLD: 1:15.51 10/15/2011 LAURA VAL | | | | |
| 1 | Alta Stengel | 61 | SDSM-44 | 1:50.66 |
| | 53.15 | 1:50.66 | | |

Event 4 Men 18-24 100 SC Meter Backstroke

| | | | | |
|---------------------------------------|-------------|---------|------|---------|
| NATL: 58.98 12/13/1998 OSIRIS BRISENO | | | | |
| 1 | Alec Alders | 22 | ROSE | 1:05.71 |
| | 31.02 | 1:05.71 | | |

Event 4 Men 30-34 100 SC Meter Backstroke

| | | | | |
|---|-------------|---------|------|---------|
| NATL: 52.68 10/24/2009 DERYA BUYUKUNCU | | | | |
| WORLD: 52.68 10/24/2009 DERYA BUYUKUNCU | | | | |
| 1 | Alex Cheung | 31 | NOVA | 1:18.42 |
| | 38.99 | 1:18.42 | | |

Event 4 Men 35-39 100 SC Meter Backstroke

| | | | | |
|-------------------------------------|--------------------|---------|---------|---------|
| NATL: 55.95 12/5/2004 MICHAEL ROSS | | | | |
| WORLD: 55.95 12/5/2004 MICHAEL ROSS | | | | |
| 1 | Jay Akin | 36 | SDSM-44 | 1:13.72 |
| | 36.33 | 1:13.72 | | |
| 2 | Duncan Houldsworth | 35 | MVN | 1:16.25 |
| | 36.66 | 1:16.25 | | |

Event 4 Men 40-44 100 SC Meter Backstroke

| | | | | |
|-------------------------------------|------------|---------|---------|---------|
| NATL: 54.85 12/7/2008 MICHAEL ROSS | | | | |
| WORLD: 54.85 12/7/2008 MICHAEL ROSS | | | | |
| 1 | John Gross | 42 | SDSM-44 | 1:30.98 |
| | 43.35 | 1:30.98 | | |

Event 4 Men 45-49 100 SC Meter Backstroke

| | | | | |
|---|-------------------|---------|------|---------|
| NATL: 57.00 12/13/2009 CHRIS STEVENSON | | | | |
| WORLD: 57.00 12/13/2009 CHRIS STEVENSON | | | | |
| 1 | Patrick Mc Ginley | 48 | ROSE | 1:13.75 |
| | 36.41 | 1:13.75 | | |
| 2 | David Kirvan | 47 | WH2O | 1:26.58 |
| | 41.70 | 1:26.58 | | |

Event 4 Men 50-54 100 SC Meter Backstroke

| | | | | |
|--------------------------------------|-----------|---------|-----|---------|
| NATL: 1:00.38 12/5/2009 JAMIE FOWLER | | | | |
| WORLD: 59.92 10/15/2011 STEVE WOOD | | | | |
| 1 | Ham Homan | 52 | MVN | 1:16.21 |
| | 38.58 | 1:16.21 | | |

Event 4 Men 70-74 100 SC Meter Backstroke

| | | | | |
|---------------------------------------|---------------|---------|------|---------|
| NATL: 1:15.85 11/1/2003 YOSHI OYAKAWA | | | | |
| WORLD: 1:14.31 5/16/2009 BARRY YOUNG | | | | |
| 1 | Douglas Goode | 72 | ROSE | 2:26.86 |
| | 1:13.61 | 2:26.86 | | |

Event 4 Men 75-79 100 SC Meter Backstroke

| | | | | |
|--|-------------|---------|---------|---------|
| NATL: 1:18.47 12/6/2009 BURWELL JONES | | | | |
| WORLD: 1:18.47 12/6/2009 BURWELL JONES | | | | |
| 1 | Eric Hubach | 78 | SDSM-44 | 1:47.36 |
| | 51.90 | 1:47.36 | | |
| 2 | Bill Coles | 76 | SDSM-44 | 1:48.29 |

Event 5 Women 18-24 200 SC Meter Breaststroke

| | | | | |
|------------------------------------|------------------|---------|---------|---------|
| NATL: 2:38.63 11/2/1997 ANITA NALL | | | | |
| 1 | Stefanie Capizzi | 24 | ROSE | 3:10.02 |
| | 42.46 | 1:30.08 | 2:19.83 | 3:10.02 |

Event 5 Women 35-39 200 SC Meter Breaststroke

| | | | | |
|--|---------------|---------|---------|---------|
| NATL: 2:36.04 12/10/2000 CAROLINE KRATTLI | | | | |
| WORLD: 2:36.04 12/10/2000 CAROLINE KRATTLI | | | | |
| 1 | Cynthia Lewis | 36 | NOVA | 2:39.80 |
| | 37.72 | 1:18.93 | 1:58.81 | 2:39.80 |

Event 5 Women 45-49 200 SC Meter Breaststroke

| | | | | |
|---|----------------|---------|---------|---------|
| NATL: 2:42.10 10/7/2007 CAROLINE KRATTLI | | | | |
| WORLD: 2:38.00 11/21/2010 S.VON DER LIPPE | | | | |
| 1 | Lisa Augerson | 48 | MVN | 3:25.30 |
| | 47.31 | 1:39.67 | 2:32.66 | 3:25.30 |
| 2 | Suzanne Hughes | 45 | ROSE | 3:47.43 |
| | 50.57 | 1:47.55 | 2:47.10 | 3:47.43 |

Event 5 Women 50-54 200 SC Meter Breaststroke

| | | | | |
|---|--------------|---------|---------|---------|
| NATL: 2:57.11 12/7/2008 JENNY COOK | | | | |
| WORLD: 2:48.69 8/29/2009 JENNY WHITELEY | | | | |
| 1 | Lynn Kubasek | 53 | NOVA | 4:00.04 |
| | 56.60 | 1:58.28 | 2:58.62 | 4:00.04 |

Event 5 Women 55-59 200 SC Meter Breaststroke

| | | | | |
|--|-----------------|---------|---------|---------|
| NATL: 3:02.37 10/31/2009 CATHERINE KOHN | | | | |
| WORLD: 3:02.37 10/31/2009 CATHERINE KOHN | | | | |
| 1 | Heather Lambert | 57 | LBG | 4:10.26 |
| | 57.06 | 2:00.82 | 3:05.74 | 4:10.26 |

Event 5 Women 60-64 200 SC Meter Breaststroke

| | | | | |
|---------------------------------------|----------------|---------|---------|---------|
| NATL: 3:18.25 3/31/2001 JOANN LEILICH | | | | |
| WORLD: 3:06.48 3/16/2002 BONNIE PRONK | | | | |
| 1 | Diane Hirakawa | 62 | SDSM-44 | 4:33.05 |
| | 1:01.59 | 2:12.12 | 3:24.40 | 4:33.05 |

Event 5 Men 30-34 200 SC Meter Breaststroke

| | | | | |
|--|--------------|---------|---------|---------|
| NATL: 2:17.56 12/12/1999 ROQUE SANTOS | | | | |
| WORLD: 2:12.58 2/13/2010 HIROYUKI KOSAKA | | | | |
| 1 | Chad Durieux | 32 | ROSE | 2:48.19 |
| | 38.52 | 1:21.47 | 2:05.05 | 2:48.19 |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 5 Men 35-39 200 SC Meter Breaststroke

NATL: 2:16.66 12/6/2009 STEVE WEST

WORLD: 2:15.90 12/5/2010 STEVE WEST

| | | | | |
|---|--------------|----|---------|---------|
| 1 | David Hughes | 37 | SDSM-44 | 2:59.10 |
| | | | | 39.89 |
| | | | | 1:25.17 |
| | | | | 2:12.35 |
| | | | | 2:59.10 |
| 2 | Kelly Karren | 38 | UTAH-34 | 3:08.12 |
| | | | | 43.82 |
| | | | | 1:33.43 |
| | | | | 2:22.21 |
| | | | | 3:08.12 |
| 3 | Peter Attia | 38 | SDSM-44 | 3:10.29 |
| | | | | 42.23 |
| | | | | 1:29.24 |
| | | | | 2:19.44 |
| | | | | 3:10.29 |

Event 5 Men 40-44 200 SC Meter Breaststroke

NATL: 2:16.03 12/6/2009 ROQUE SANTOS

WORLD: 2:15.95 12/21/2008 ALBERTO MONTINI

| | | | | |
|---|----------------|----|------|---------|
| 1 | Steve Gunnell | 41 | MVN | 2:47.52 |
| | | | | 38.15 |
| | | | | 1:20.94 |
| | | | | 2:05.14 |
| | | | | 2:47.52 |
| 2 | Tom Castleton | 40 | ROSE | 3:33.19 |
| | | | | 47.65 |
| | | | | 1:41.53 |
| | | | | 2:37.86 |
| | | | | 3:33.19 |
| 3 | Michael Nitsch | 43 | HSNM | 3:45.89 |
| | | | | 46.69 |
| | | | | 1:42.42 |
| | | | | 2:44.60 |
| | | | | 3:45.89 |

Event 5 Men 45-49 200 SC Meter Breaststroke

NATL: 2:22.68 6/22/2008 GLENN MILLS

WORLD: 2:22.68 6/22/2008 GLENN MILLS

| | | | | |
|---|----------------|----|------|---------|
| 1 | Duncan Parlett | 49 | NOVA | 3:40.35 |
| | | | | 51.77 |
| | | | | 1:49.45 |
| | | | | 2:45.91 |
| | | | | 3:40.35 |

Event 5 Men 50-54 200 SC Meter Breaststroke

NATL: 2:32.06 2/15/2009 LINCOLN DJANG

WORLD: 2:28.59 12/4/2010 DAVID GUTHRIE

| | | | | |
|-----|-----------------|----|------|---------|
| 1 | Marlow Peterson | 51 | MVN | 3:02.42 |
| | | | | 41.73 |
| | | | | 1:28.10 |
| | | | | 2:15.78 |
| | | | | 3:02.42 |
| --- | Eyal Zuker | 51 | UNAT | DQ |

Event 5 Men 55-59 200 SC Meter Breaststroke

NATL: 2:33.79 12/6/2009 TIMOTHY SHEAD

WORLD: 2:33.79 12/6/2009 TIMOTHY SHEAD

| | | | | |
|---|---------------------|----|------|---------|
| 1 | Gerard Von Hoffmann | 55 | NOVA | 2:39.99 |
| | | | | 37.41 |
| | | | | 1:18.33 |
| | | | | 1:59.40 |
| | | | | 2:39.99 |

Event 5 Men 60-64 200 SC Meter Breaststroke

NATL: 2:40.76 12/6/2009 ROBERT STRAND

WORLD: 2:40.76 12/6/2009 ROBERT STRAND

| | | | | |
|---|--------------|----|-----|---------|
| 1 | Howard Burns | 60 | MVN | 3:09.42 |
| | | | | 41.89 |
| | | | | 1:28.99 |
| | | | | 2:18.69 |
| | | | | 3:09.42 |

Event 5 Men 70-74 200 SC Meter Breaststroke

NATL: 3:12.98 10/5/2003 RONALD JOHNSON

WORLD: 3:05.27 1/20/2007 HANS REICHEL

| | | | | |
|---|---------------|----|---------|---------|
| 1 | Stephen Cross | 70 | SDSM-44 | 4:34.14 |
| | | | | 1:05.98 |
| | | | | 2:15.38 |
| | | | | 4:34.14 |

Event 5 Men 75-79 200 SC Meter Breaststroke

NATL: 3:29.54 11/11/2003 AL CRAIG

WORLD: 3:15.57 3/20/2011 HANS REICHEL

| | | | | |
|---|-------------|----|---------|---------|
| 1 | Eric Hubach | 78 | SDSM-44 | 4:20.84 |
| | | | | 1:02.08 |
| | | | | 2:07.82 |
| | | | | 3:15.20 |
| | | | | 4:20.84 |

Event 6 Women 18-24 50 SC Meter Freestyle

NATL: 26.33 12/5/2009 MEG GILL

| | | | | |
|---|---------------|----|------|-------|
| 1 | Jenny Berry | 24 | MBAC | 29.65 |
| 2 | Jen King | 24 | MBAC | 29.83 |
| 3 | Kelley LeBeau | 22 | MBAC | 29.96 |

Event 6 Women 25-29 50 SC Meter Freestyle

NATL: 26.63 11/2/1997 HEATHER HAGEMAN

WORLD: 25.42 3/12/2006 SUMIKA KOMATSU

| | | | | |
|---|-------------------|----|------|-------|
| 1 | Katherine Gillett | 25 | MBAC | 30.15 |
|---|-------------------|----|------|-------|

Event 6 Women 30-34 50 SC Meter Freestyle

NATL: 25.98 10/24/2004 KATRINA RADKE

WORLD: 25.57 9/27/2009 SUMIKA KOMATSU

| | | | | |
|---|-------------------|----|------|-------|
| 1 | Kathleen Meloney | 31 | NOVA | 32.82 |
| 2 | Christine Elliott | 32 | TCC | 39.01 |

Event 6 Women 35-39 50 SC Meter Freestyle

NATL: 25.10 12/3/2006 DARA TORRES

WORLD: 25.10 12/3/2006 DARA TORRES

| | | | | |
|---|------------------|----|-----|-------|
| 1 | Stephanie Kramer | 37 | FMT | 31.67 |
| 2 | Tami Dismas | 39 | MVN | 39.25 |

Event 6 Women 40-44 50 SC Meter Freestyle

NATL: 26.66 12/7/1996 S NEILSON-BELL

WORLD: 26.40 3/8/2008 MARIKA JOHANSSON

| | | | | |
|---|---------------------|----|------|-------|
| 1 | Heidi Khalil | 40 | ROSE | 36.41 |
| 2 | M. Heather Messerly | 43 | UNAT | 37.42 |

Event 6 Women 45-49 50 SC Meter Freestyle

NATL: 27.09 12/2/2007 K PIPES-NEILSEN

WORLD: 26.59 4/14/2011 EDITH OTTERMANN

| | | | | |
|---|-----------------|----|---------|-------|
| 1 | Jasmine Stiles | 45 | SDSM-44 | 30.98 |
| 2 | Julia Juliusson | 46 | NOVA | 33.71 |
| 3 | Dara Goldsmith | 45 | LVM | 36.52 |
| 4 | Marcie Coon | 47 | MVAC | 44.56 |

Event 6 Women 50-54 50 SC Meter Freestyle

NATL: 28.11 12/5/2009 S HEIM-BOWEN

WORLD: 27.81 4/17/2011 SARAH MACDONALD

| | | | | |
|---|---------------|----|---------|-------|
| 1 | Jana Strycker | 50 | NBA-38 | 33.11 |
| 2 | Lolita Veloso | 54 | SDSM-44 | 37.72 |

Event 6 Women 55-59 50 SC Meter Freestyle

NATL: 28.49 12/5/2009 LAURA VAL

WORLD: 28.49 12/5/2009 LAURA VAL

| | | | | |
|---|--------------|----|---------|-------|
| 1 | Kim Thornton | 59 | NOVA | 37.26 |
| 2 | Kim Miller | 56 | SDSM-44 | 48.87 |

Event 6 Women 60-64 50 SC Meter Freestyle

NATL: 31.42 10/12/2008 RUTH SHAPS

WORLD: 29.48 10/3/2011 LAURA VAL

| | | | | |
|---|----------------|----|---------|-------|
| 1 | Deborah Raboin | 60 | SDSM-44 | 37.14 |
|---|----------------|----|---------|-------|

Event 6 Men 25-29 50 SC Meter Freestyle

NATL: 22.48 93/1996 PEEL/WAGNER

WORLD: 22.11 3/25/2006 STEFAN NYSTRAND

| | | | | |
|---|----------------|----|------|-------|
| 1 | Luca Bolsieri | 27 | FONT | 30.52 |
| 2 | Daniel Ellison | 26 | FONT | 36.37 |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

Event 6 Men 30-34 50 SC Meter Freestyle

| | | | |
|------------------|--------------|-------------------|------------------------|
| NATL: | 22.76 | 11/23/2002 | ED WAGNER |
| WORLD: | 22.13 | 5/16/2009 | THOMAS RUPPRATH |
| 1 Erik Pronovost | 30 | SOBA | 26.29 |
| 2 Alex Cheung | 31 | NOVA | 30.73 |

Event 6 Men 35-39 50 SC Meter Freestyle

| | | | |
|----------------------|--------------|-------------------|-----------------------|
| NATL: | 22.73 | 12/5/2009 | FELIPE DELGADO |
| WORLD: | 21.53 | 10/27/2007 | MARK FOSTER |
| 1 Jay Akin | 36 | SDSM-44 | 28.07 |
| 2 Giuseppe Lauritano | 38 | SDSM-44 | 39.01 |

Event 6 Men 40-44 50 SC Meter Freestyle

| | | | |
|--------------------|--------------|------------------|-----------------------|
| NATL: | 23.25 | 12/6/2008 | ERIK HOCHSTEIN |
| WORLD: | 23.06 | 12/6/2009 | M.GIALDI |
| 1 Jim Dietrich | 40 | NOVA | 26.58 |
| 2 Dickie Fernandez | 40 | NOVA | 27.13 |
| 3 John Gross | 42 | SDSM-44 | 30.78 |
| 4 Michael Nitsch | 43 | HSNM | 31.78 |
| 5 Jon Dubrick | 43 | ROSE | 32.49 |
| 6 John Parker | 43 | MVN | 34.06 |
| 7 Tom Slider | 40 | FONT | 43.97 |

Event 6 Men 45-49 50 SC Meter Freestyle

| | | | |
|------------------|--------------|-------------------|-----------------------|
| NATL: | 23.80 | 12/13/2009 | FRITZ BEDFORD |
| WORLD: | 23.67 | 3/28/2009 | JANNE VIRTANEN |
| 1 Peter Merz | 49 | SDSM-44 | 30.19 |
| 2 David Kirvan | 47 | WH2O | 30.81 |
| 3 Larry Spejcher | 47 | UNAT | 31.88 |

Event 6 Men 50-54 50 SC Meter Freestyle

| | | | |
|---------------|--------------|-------------------|---------------------|
| NATL: | 23.38 | 10/18/2009 | ROWDY GAINES |
| WORLD: | 23.38 | 10/18/2009 | ROWDY GAINES |
| 1 Ham Homan | 52 | MVN | 27.59 |
| 2 Steven Ey | 51 | UNAT | 27.71 |
| 3 Gil Ochoa | 53 | FONT | 29.82 |

Event 6 Men 55-59 50 SC Meter Freestyle

| | | | |
|-----------------------|--------------|-----------------|----------------------|
| NATL: | 24.70 | 4/1/2006 | PAUL TREVISAN |
| WORLD: | 24.70 | 4/1/2006 | PAUL TREVISAN |
| 1 Gerard Von Hoffmann | 55 | NOVA | 27.60 |

Event 6 Men 60-64 50 SC Meter Freestyle

| | | | |
|------------------|--------------|------------------|----------------------|
| NATL: | 24.90 | 12/3/2006 | RICH ABRAHAMS |
| WORLD: | 24.90 | 12/3/2006 | RICH ABRAHAMS |
| 1 Glenn Gruber | 62 | VCM | 28.77 |
| 2 Michael Farmer | 64 | ROSE | 34.11 |

Event 6 Men 65-69 50 SC Meter Freestyle

| | | | |
|---------------|--------------|------------------|-------------------------|
| NATL: | 26.68 | 12/6/2008 | KEEFE LODWIG |
| WORLD: | 25.80 | 12/4/2010 | RICHARD ABRAHAMS |
| 1 Dale Wilson | 66 | UNATS | 34.79 |

Event 6 Men 70-74 50 SC Meter Freestyle

| | | | |
|-----------------|--------------|------------------|---------------------|
| NATL: | 27.70 | 12/6/2008 | JEFF FARRELL |
| WORLD: | 27.70 | 12/6/2008 | JEFF FARRELL |
| 1 Mike Freshley | 70 | SDSM-44 | 30.95 |

Event 6 Men 75-79 50 SC Meter Freestyle

| | | | |
|-------------------|--------------|------------------|-----------------------|
| NATL: | 30.15 | 4/19/2009 | DAVID RADCLIFF |
| WORLD: | 30.15 | 4/19/2009 | DAVID RADCLIFF |
| 1 Bob Best | 79 | SDSM-44 | 34.75 |
| 2 Bill Coles | 76 | SDSM-44 | 40.22 |
| 3 Robert McMeekin | 77 | SCMC | 52.15 |

Event 7 Women 18-24 100 SC Meter Butterfly

| | | | |
|---------------------|----------------|-------------------|--------------------|
| NATL: | 1:03.67 | 10/21/2007 | LAURA DAVIS |
| 1 Dannielle Shimoto | 22 | FONT | 1:18.38 |
| | 36.32 | 1:18.38 | |

Event 7 Women 30-34 100 SC Meter Butterfly

| | | | |
|-------------------|----------------|-------------------|-----------------------|
| NATL: | 1:02.70 | 12/10/2000 | WENKE HANSEN |
| WORLD: | 1:00.11 | 3/25/2006 | METTE JACOBSEN |
| 1 Catherine Moyer | 31 | SDSM-44 | 1:25.54 |
| | 40.23 | 1:25.54 | |

Event 7 Women 45-49 100 SC Meter Butterfly

| | | | |
|-----------------|----------------|-------------------|------------------------|
| NATL: | 1:03.96 | 12/12/2009 | K PIPES-NEILSEN |
| WORLD: | 1:03.47 | 11/20/2010 | S.VON DER LIPPE |
| 1 Lisa Augerson | 48 | MVN | 1:24.00 |
| | 38.92 | 1:24.00 | |

Event 7 Women 50-54 100 SC Meter Butterfly

| | | | |
|-----------------|----------------|-------------------|----------------------|
| NATL: | 1:09.05 | 10/21/2001 | LAURA VAL |
| WORLD: | 1:08.50 | 7/3/2010 | JUDITH HATTLE |
| 1 Jana Strycker | 50 | NBA-38 | 1:26.96 |
| | 37.94 | 1:26.96 | |
| 2 Lynn Kubasek | 53 | NOVA | 2:05.86 |
| | 56.43 | 2:05.86 | |

Event 7 Women 60-64 100 SC Meter Butterfly

| | | | |
|------------------|----------------|-------------------|-----------------------|
| NATL: | 1:19.38 | 6/14/2009 | BARBARA DUNBAR |
| WORLD: | 1:12.67 | 10/16/2011 | LAURA VAL |
| 1 Diane Hirakawa | 62 | SDSM-44 | 2:10.05 |
| | 59.12 | 2:10.05 | |

Event 7 Men 25-29 100 SC Meter Butterfly

| | | | |
|------------------|--------------|-------------------|----------------------|
| NATL: | 53.82 | 11/15/2008 | JEFF DASH |
| WORLD: | 52.92 | 12/12/2009 | DANIEL BELINI |
| 1 James Granados | 29 | ROSE | 1:07.91 |
| | 32.00 | 1:07.91 | |

Event 7 Men 35-39 100 SC Meter Butterfly

| | | | |
|-----------------|--------------|------------------|--------------------|
| NATL: | 55.85 | 12/9/2001 | JIM HARVEY |
| WORLD: | 54.56 | 4/29/2010 | ELJI NOMURA |
| 1 Henry Morales | 39 | SDSM-44 | 1:15.29 |
| | 36.12 | 1:15.29 | |

Event 7 Men 40-44 100 SC Meter Butterfly

| | | | |
|-----------------|--------------|-------------------|---------------------|
| NATL: | 55.82 | 12/14/2008 | MICHAEL ROSS |
| WORLD: | 55.82 | 12/14/2008 | MICHAEL ROSS |
| 1 Michael Clark | 43 | MVN | 1:13.52 |
| | 34.77 | 1:13.52 | |
| 2 Tom Castleton | 40 | ROSE | 1:24.71 |
| | 38.85 | 1:24.71 | |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

Event 7 Men 45-49 100 SC Meter Butterfly

NATL: 57.17 12/14/2003 PAUL CARTER

WORLD: 57.17 12/14/2003 PAUL CARTER

| | | | | |
|---|-------------------|---------|------|---------|
| 1 | Patrick Mc Ginley | 48 | ROSE | 1:15.14 |
| | 35.57 | 1:15.14 | | |
| 2 | Tres Simmons | 46 | RCYM | 1:20.02 |
| | 36.52 | 1:20.02 | | |

Event 7 Men 55-59 100 SC Meter Butterfly

NATL: 1:00.35 12/17/2006 GREG SHAW

WORLD: 59.82 5/21/2011 DAN THOMPSON

| | | | | |
|---|---------------|---------|---------|---------|
| 1 | Jon Schlueter | 55 | SDSM-44 | 1:28.41 |
| | 41.82 | 1:28.41 | | |

Event 7 Men 60-64 100 SC Meter Butterfly

NATL: 1:03.76 12/3/2006 RICH ABRAHAMS

WORLD: 1:03.67 4/17/2010 TAKEO HIRAMOTO

| | | | | |
|---|------------|---------|---------|---------|
| 1 | Bill Behun | 60 | SDSM-44 | 1:12.49 |
| | 33.40 | 1:12.49 | | |

Event 8 Women 30-34 200 SC Meter Backstroke

NATL: 2:12.47 11/22/2008 L.OBERSTAR-BROWN

WORLD: 2:12.40 11/14/2009 KANA OHASHI

| | | | | |
|---|--------------------|---------|---------|---------|
| 1 | Elizabeth Vucinich | 31 | WH2O | 2:35.02 |
| | 36.27 | 1:15.01 | 1:55.00 | 2:35.02 |

Event 8 Women 45-49 200 SC Meter Backstroke

NATL: 2:18.95 5/15/2009 K.PIPES-NEILSEN

WORLD: 2:18.15 2/26/2009 K.PIPES-NEILSEN

| | | | | |
|---|----------------|---------|---------|---------|
| 1 | Dara Goldsmith | 45 | LVM | 3:16.38 |
| | 45.74 | 1:34.01 | 2:25.40 | 3:16.38 |

Event 8 Women 50-54 200 SC Meter Backstroke

NATL: 2:34.24 12/4/2009 AHELEE SUE OSBORN

WORLD: 2:25.94 1/9/2011 LYNN MARSHALL

| | | | | |
|---|--------------|---------|---------|---------|
| 1 | Lynn Kubasek | 53 | NOVA | 3:56.86 |
| | 56.91 | 1:57.17 | 2:57.00 | 3:56.86 |

Event 8 Women 55-59 200 SC Meter Backstroke

NATL: 2:40.05 10/12/2008 LAURA VAL

WORLD: 2:40.05 10/12/2008 LAURA VAL

| | | | | |
|---|-----------------|---------|---------|---------|
| 1 | Heather Lambert | 57 | LBG | 3:44.56 |
| | 54.82 | 1:51.31 | 2:49.17 | 3:44.56 |

Event 8 Women 60-64 200 SC Meter Backstroke

NATL: 3:01.86 5/19/2003 JACKIE MARR

WORLD: 2:47.97 9/25/2011 LAURA VAL

| | | | | |
|---|--------------|---------|---------|---------|
| 1 | Alta Stengel | 61 | SDSM-44 | 3:50.38 |
| | 53.64 | 1:52.47 | 2:52.75 | 3:50.38 |

Event 8 Men 35-39 200 SC Meter Backstroke

NATL: 2:00.34 12/8/2002 RON KARNAUGH

WORLD: 2:00.34 12/8/2002 RON KARNAUGH

| | | | | |
|---|--------------------|---------|---------|---------|
| 1 | Kelly Karren | 38 | UTAH-34 | 2:38.11 |
| | 37.70 | 1:18.49 | 1:59.21 | 2:38.11 |
| 2 | Duncan Houldsworth | 35 | MVN | 2:57.35 |
| | 39.65 | 1:24.85 | 2:10.76 | 2:57.35 |

Event 8 Men 40-44 200 SC Meter Backstroke

NATL: 2:03.84 12/14/2008 MICHAEL ROSS

WORLD: 2:03.84 12/14/2008 MICHAEL ROSS

| | | | | |
|---|--------------|---------|---------|---------|
| 1 | Kenton Jones | 44 | SDSM-44 | 2:37.20 |
| | 37.91 | 1:18.10 | 1:58.67 | 2:37.20 |

Event 8 Men 45-49 200 SC Meter Backstroke

NATL: 2:05.54 12/12/2009 CHRIS STEVENSON

WORLD: 2:05.54 12/12/2009 CHRIS STEVENSON

| | | | | |
|---|---------------|---------|---------|---------|
| 1 | Matthew Nance | 46 | SCAQ | 2:16.04 |
| | 31.46 | 1:05.19 | 1:39.89 | 2:16.04 |

Event 8 Men 75-79 200 SC Meter Backstroke

NATL: 2:49.20 11/22/2009 BURWELL JONES

WORLD: 2:49.20 11/22/2009 BURWELL JONES

| | | | | |
|---|-------------|---------|---------|---------|
| 1 | Eric Hubach | 78 | SDSM-44 | 3:47.75 |
| | 54.78 | 1:53.25 | 2:52.32 | 3:47.75 |
| 2 | Bill Coles | 76 | SDSM-44 | 3:49.38 |
| | 55.22 | 1:54.06 | 3:49.38 | |

Event 9 Women 72-99 200 SC Meter Freestyle Relay

NATL: 1:54.83 12/12/1999 NEW ENGLAND

C MURPHY, L ALLEN, M HACKMER, S STRINGFELLOW

| | | | | |
|---|--------------------|--------------------------|---------|---------|
| 1 | MBAC | A | | 1:58.40 |
| | 1) Jen King W24 | 2) Katherine Gillett W25 | | |
| | 3) Jenny Berry W24 | 4) Kelley LeBeau W22 | | |
| | 30.27 | 1:00.16 | 1:29.14 | 1:58.40 |

Event 9 Men 160-199 200 SC Meter Freestyle Relay

NATL: 1:35.44 11/16/2008 LONGHORN

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

WORLD: 1:33.91 3/28/2009 LAHDEN KALEVA -FIN

J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN

| | | | | |
|---|---------------------------|------------------------|---------|---------|
| 1 | MVN | A | | 1:59.36 |
| | 1) Steve Gunnell M41 | 2) Michael Clark M43 | | |
| | 3) Duncan Houldsworth M35 | 4) Marlow Peterson M51 | | |
| | 30.25 | 58.36 | 1:30.74 | 1:59.36 |

Event 9 Men 200-239 200 SC Meter Freestyle Relay

NATL: 1:40.17 11/22/2009 LONGHORN

F LEMAISTRE, J SMILEY, M, A RASMUSSEN

WORLD: 1:38.79 10/16/2010 BLU FROG -USA

A GAINES, K SWITZER, M MIDDLETON, S WEISS

| | | | | |
|---|-----------------------|------------------------|---------|---------|
| 1 | MVN | B | | 2:05.22 |
| | 1) Howard Burns M60 | 2) Robert Bakh M39 | | |
| | 3) Val Trowbridge M57 | 4) Philip Albright M51 | | |
| | 32.04 | 1:01.24 | 1:36.31 | 2:05.22 |

Event 9 Men 280-319 200 SC Meter Freestyle Relay

NATL: 1:57.07 12/6/2009 GOLD COAST

C CAVANAUGH, D PAINTER, D MCINTYRE, D QUIGGIN

WORLD: 1:57.07 12/6/2009 GOLD COAST MASTERS -US

C CAVANAUGH, D PAINTER, D MCINTYRE, D QUIGGIN

| | | | | |
|---|--------------------|----------------------|---------|---------|
| 1 | SDSM-44 | A | | 3:01.74 |
| | 1) Bill Coles M76 | 2) Stephen Cross M70 | | |
| | 3) Eric Hubach M78 | 4) Mark Krakower M68 | | |
| | 42.97 | 1:30.53 | 2:15.12 | 3:01.74 |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 9 Mixed 120-159 200 SC Meter Freestyle Relay

NATL: 1:41.37 12/10/2000 EL SEGUNDO

B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON

WORLD: 1:41.47 2/28/2009 AC BOULOGNE -FRA

S BILLON, B FERRY, S BOUCHIER, K PIPES-NEILSEN

1 FONT A 2:20.02

1) Jennifer Smith W45 2) Martha Rothwell W35

3) Daniel Ellison M26 4) Luca Bolsieri M27

40.10 1:15.82 1:50.49 2:20.02

Event 9 Mixed 160-199 200 SC Meter Freestyle Relay

NATL: 1:42.03 11/22/2009 CMS

R ABRAHAMAS, S DER LIPPE, S HART, C O'SULLIVAN

WORLD: 1:42.03 11/22/2009 COLORADO MASTERS SWIMM

R ABRAHAMAS, S VON DER LIPPE, S HART, C O'SULLIVAN

1 SDSM-44 B 2:09.71

1) Jay Akin M36 2) Peter Merz M49

3) Catherine Moyer W31 4) Lolita Veloso W54

28.58 58.74 1:34.49 2:09.71

2 MVN C 2:12.30

1) Ham Homan M52 2) John Parker M43

3) Lisa Augerson W48 4) Tami Dismas W39

34.21 1:07.53 1:44.63 2:12.30

Event 9 Mixed 200-239 200 SC Meter Freestyle Relay

NATL: 1:48.74 4/5/2009 OHIO MASTERS

J GROSELLE, T STULTZ, L KESSLER, K STAURSKY

WORLD: 1:48.74 4/5/2009 OHIO MASTERS -USA

J GROSELLE, T STULTZ, L KESSLER, K STAURSKY

1 SDSM-44 D 2:09.50

1) Kenton Jones M44 2) Lara Paul W43

3) Deborah Raboin W60 4) Jon Schlueter M55

28.54 1:02.19 1:38.15 2:09.50

2 SDSM-44 C 2:15.21

1) Bill Behun M60 2) Mike Freshley M70

3) Kristina Maroudis W36 4) Jasmine Stiles W45

31.21 1:01.56 1:29.56 2:15.21

Event 10 Women 18-24 200 SC Meter IM

NATL: 2:19.73 12/4/2009 KARA DENBY

1 Stefanie Capizzi 24 ROSE 2:50.35

37.30 1:22.47 2:10.89 2:50.35

2 Jen King 24 MBAC 2:54.09

38.45 1:25.49 2:13.51 2:54.09

3 Cristina Pelaez 24 NOVA 3:04.42

39.22 1:27.89 2:22.10 3:04.42

Event 10 Women 25-29 200 SC Meter IM

NATL: 2:21.79 12/12/1998 WENKE HANSEN

WORLD: 2:17.17 4/23/2006 HITOMI MATSUDA

1 Katherine Gillett 25 MBAC 2:50.65

36.22 1:21.04 2:14.32 2:50.65

Event 10 Women 35-39 200 SC Meter IM

NATL: 2:19.08 12/10/2000 K PIPES-NEILSEN

WORLD: 2:19.08 12/10/2000 K.PIPES-NEILSEN

1 Stephanie Kramer 37 FMT 2:56.78

38.01 1:24.15 2:16.93 2:56.78

Event 10 Women 45-49 200 SC Meter IM

NATL: 2:21.55 5/17/2009 K PIPES-NEILSEN

WORLD: 2:21.55 5/17/2009 K.PIPES-NEILSEN

1 Suzanne Hughes 45 ROSE 3:31.73

46.56 1:44.18 2:42.28 3:31.73

Event 10 Women 50-54 200 SC Meter IM

NATL: 2:35.86 10/18/2008 JENNY COOK

WORLD: 2:30.98 9/19/2009 JENNY WHITELEY

1 Lolita Veloso 54 SDSM-44 3:41.09

51.06 1:48.41 2:53.57 3:41.09

Event 10 Women 55-59 200 SC Meter IM

NATL: 2:36.98 12/4/2009 LAURA VAL

WORLD: 2:36.98 12/4/2009 LAURA VAL

1 Heather Lambert 57 LBG 3:29.32

42.16 1:38.08 2:43.99 3:29.32

Event 10 Men 18-24 200 SC Meter IM

NATL: 2:00.32 12/11/2005 NICK BRUNELLI

1 Alec Alders 22 ROSE 2:22.70

29.56 1:05.35 1:49.45 2:22.70

Event 10 Men 35-39 200 SC Meter IM

NATL: 2:03.29 12/8/2002 RON KARNAUGH

WORLD: 2:03.29 12/8/2002 RON KARNAUGH

1 Kelly Karren 38 UTAH-34 2:44.35

33.56 1:16.90 2:07.37 2:44.35

Event 10 Men 40-44 200 SC Meter IM

NATL: 2:05.46 12/4/2009 ROQUE SANTOS

WORLD: 2:05.46 12/4/2009 ROQUE SANTOS

1 Michael Clark 43 MVN 2:50.21

37.06 1:23.81 2:14.67 2:50.21

Event 10 Men 45-49 200 SC Meter IM

NATL: 2:09.71 3/20/2010 JEROME FRENTSOS

WORLD: 2:09.71 3/20/2010 JEROME FRENTSOS

1 Tres Simmons 46 RCYM 2:44.71

34.82 1:16.32 2:06.93 2:44.71

2 Peter Merz 49 SDSM-44 2:51.49

36.15 1:23.18 2:14.09 2:51.49

3 David Kirvan 47 WH2O 3:05.29

41.26 1:29.15 2:24.16 3:05.29

Event 10 Men 55-59 200 SC Meter IM

NATL: 2:16.44 11/22/2009 MICHAEL MANN

WORLD: 2:16.44 11/22/2009 MICHAEL MANN

1 Jon Schlueter 55 SDSM-44 3:09.43

38.97 1:27.65 2:23.66 3:09.43

Event 10 Men 60-64 200 SC Meter IM

NATL: 2:30.48 5/21/2005 JOHN CALVERT

WORLD: 2:28.47 10/15/2011 TIM BRODERICK

1 Howard Burns 60 MVN 2:54.41

36.32 1:24.85 2:15.04 2:54.41

Event 11 Women 18-24 50 SC Meter Breaststroke

NATL: 32.09 12/10/1995 BEATA KASZUBA

1 Stefanie Capizzi 24 ROSE 40.07

2 Jen King 24 MBAC 40.11

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 11 Women 35-39 50 SC Meter Breaststroke

NATL: 33.03 12/10/2000 CAROLINE KRATTLI

WORLD: 32.79 1/29/2011 R.CRESCENTINI

| | | | | |
|---|------------------|----|------|-------|
| 1 | Stephanie Kramer | 37 | FMT | 41.58 |
| 2 | Martha Rothwell | 35 | FONT | 44.00 |

Event 11 Women 40-44 50 SC Meter Breaststroke

NATL: 32.29 11/22/2009 S VON DER LIPPE

WORLD: 32.29 11/22/2009 S.VON DER LIPPE

| | | | | |
|---|--------------|----|------|-------|
| 1 | Heidi Khalil | 40 | ROSE | 46.04 |
|---|--------------|----|------|-------|

Event 11 Women 45-49 50 SC Meter Breaststroke

NATL: 33.82 10/10/2010 S VON DER LIPPE

WORLD: 33.82 10/10/2010 S.VON DER LIPPE

| | | | | |
|---|------------------|----|---------|-------|
| 1 | Caroline Krattli | 49 | SDSM-44 | 36.27 |
| 2 | Jasmine Stiles | 45 | SDSM-44 | 40.60 |
| 3 | Lisa Augerson | 48 | MVN | 41.67 |

Event 11 Women 60-64 50 SC Meter Breaststroke

NATL: 40.24 6/22/2008 DALE BARNHARD

WORLD: 38.60 3/18/2002 MONIKA SENFTLEBEN

| | | | | |
|---|----------------|----|---------|-------|
| 1 | Deborah Raboin | 60 | SDSM-44 | 47.56 |
|---|----------------|----|---------|-------|

Event 11 Men 30-34 50 SC Meter Breaststroke

NATL: 28.01 12/7/2008 JEFF COMMINGS

WORLD: 27.11 9/26/2009 MARCELO TOMAZINI

| | | | | |
|---|--------------|----|------|-------|
| 1 | Chad Durieux | 32 | ROSE | 33.44 |
|---|--------------|----|------|-------|

Event 11 Men 35-39 50 SC Meter Breaststroke

NATL: 27.79 12/6/2009 JEFF COMMINGS

WORLD: 27.79 12/6/2009 JEFF COMMINGS

| | | | | |
|---|--------------------|----|---------|-------|
| 1 | Peter Attia | 38 | SDSM-44 | 36.73 |
| 2 | Robert Bakh | 39 | MVN | 41.51 |
| 3 | Giuseppe Lauritano | 38 | SDSM-44 | 44.91 |

Event 11 Men 40-44 50 SC Meter Breaststroke

NATL: 29.22 12/6/2009 ROQUE SANTOS

WORLD: 28.86 10/26/2008 ALBERTO MONTINI

| | | | | |
|---|----------------|----|------|-------|
| 1 | Jim Dietrich | 40 | NOVA | 33.61 |
| 2 | Michael Nitsch | 43 | HSNM | 44.04 |
| 3 | Tom Slider | 40 | FONT | 51.40 |

Event 11 Men 45-49 50 SC Meter Breaststroke

NATL: 29.85 12/5/2009 CHRIS WEISSMAN

WORLD: 28.87 1/17/2010 RICO ROLLI

| | | | | |
|---|-------------------|----|------|-------|
| 1 | Patrick Mc Ginley | 48 | ROSE | 38.55 |
|---|-------------------|----|------|-------|

Event 11 Men 50-54 50 SC Meter Breaststroke

NATL: 31.08 12/7/2008 BENN DOYLE

WORLD: 30.73 12/5/2010 DAVID GUTHRIE

| | | | | |
|---|-----------------|----|-----|-------|
| 1 | Marlow Peterson | 51 | MVN | 37.18 |
|---|-----------------|----|-----|-------|

Event 11 Men 55-59 50 SC Meter Breaststroke

NATL: 31.82 12/12/2009 TIMOTHY SHEAD

WORLD: 30.50 9/26/2009 WALTER KUSCH

| | | | | |
|---|---------------------|----|------|-------|
| 1 | Gerard Von Hoffmann | 55 | NOVA | 33.23 |
| 2 | Val Trowbridge | 57 | MVN | 42.77 |

Event 11 Men 60-64 50 SC Meter Breaststroke

NATL: 32.31 12/6/2009 ROBERT STRAND

WORLD: 32.31 12/6/2009 ROBERT STRAND

| | | | | |
|---|---------------|----|------|-------|
| 1 | Howard Burns | 60 | MVN | 37.45 |
| 2 | J Steven Mott | 62 | UNAT | 46.45 |

Event 11 Men 70-74 50 SC Meter Breaststroke

NATL: 37.26 12/2/2007 JEFF FARRELL

WORLD: 35.85 5/10/2009 YOSHIHIKO OSAKI

| | | | | |
|---|---------------|----|---------|---------|
| 1 | Mike Freshley | 70 | SDSM-44 | 39.89 |
| 2 | Douglas Goode | 72 | ROSE | 1:06.19 |

Event 11 Men 80-84 50 SC Meter Breaststroke

NATL: 45.39 12/7/2008 CHARLES URSTADT

WORLD: 41.42 5/15/2005 TOSHIO TAJIMA

| | | | | |
|---|-----------------|----|---------|-------|
| 1 | Frederick Hoppe | 84 | SDSM-44 | 51.52 |
|---|-----------------|----|---------|-------|

Event 12 Women 18-24 100 SC Meter Freestyle

NATL: 56.54 12/4/2009 KARA DENBY

| | | | | |
|---|---------------|-------|---------|---------|
| 1 | Jenny Berry | 24 | MBAC | 1:05.50 |
| | | 31.08 | 1:05.50 | |
| 2 | Kelley LeBeau | 22 | MBAC | 1:07.86 |
| | | 32.04 | 1:07.86 | |

Event 12 Women 25-29 100 SC Meter Freestyle

NATL: 56.30 3/31/1996 SHEILA TAORMINA

WORLD: 55.28 1/31/2010 HANNA SHCHERBA

| | | | | |
|---|-------------------|-------|---------|---------|
| 1 | Emily Parker | 26 | SDSM-44 | 1:04.09 |
| | | 30.74 | 1:04.09 | |
| 2 | Katherine Gillett | 25 | MBAC | 1:07.05 |
| | | 31.45 | 1:07.05 | |

Event 12 Women 30-34 100 SC Meter Freestyle

NATL: 57.35 5/18/1988 S NEILSON-BELL

WORLD: 55.11 1/25/2009 ALENA POPCHANKA

| | | | | |
|---|--------------------|-------|---------|---------|
| 1 | Elizabeth Vucinich | 31 | WH2O | 1:03.05 |
| | | 30.59 | 1:03.05 | |
| 2 | Erica Seubert | 30 | ROSE | 1:10.20 |
| | | 34.07 | 1:10.20 | |
| 3 | Kathleen Meloney | 31 | NOVA | 1:13.94 |
| | | 35.04 | 1:13.94 | |
| 4 | Christine Elliott | 32 | TCC | 1:28.72 |
| | | 41.57 | 1:28.72 | |

Event 12 Women 35-39 100 SC Meter Freestyle

NATL: 54.95 12/3/2006 DARA TORRES

WORLD: 54.95 12/3/2006 DARA TORRES

| | | | | |
|---|-------------|-------|---------|---------|
| 1 | Tami Dismas | 39 | MVN | 1:29.17 |
| | | 41.23 | 1:29.17 | |

Event 12 Women 40-44 100 SC Meter Freestyle

NATL: 57.55 11/16/2008 S VON DER LIPPE

WORLD: 57.55 11/16/2008 S.VON DER LIPPE

| | | | | |
|---|---------------------|-------|---------|---------|
| 1 | Heidi Khalil | 40 | ROSE | 1:21.34 |
| | | 37.25 | 1:21.34 | |
| 2 | M. Heather Messerly | 43 | UNAT | 1:22.53 |
| | | 39.35 | 1:22.53 | |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

Event 12 Women 45-49 100 SC Meter Freestyle

| | | | | |
|---|------------------|----|---------|---------|
| NATL: 58.61 12/2/2007 K PIPES-NEILSEN | | | | |
| WORLD: 58.61 12/2/2007 K.PIPES-NEILSEN | | | | |
| 1 | Caroline Krattli | 49 | SDSM-44 | 1:06.54 |
| | 32.77 | | | 1:06.54 |
| 2 | Julia Juliusson | 46 | NOVA | 1:15.55 |
| | 36.94 | | | 1:15.55 |
| 3 | Dara Goldsmith | 45 | LVM | 1:22.19 |
| | 38.62 | | | 1:22.19 |
| 4 | Marcie Coon | 47 | MVAC | 1:46.98 |
| | 46.25 | | | 1:46.98 |

Event 12 Women 55-59 100 SC Meter Freestyle

| | | | | |
|---|--------------|----|------|---------|
| NATL: 1:01.33 12/4/2009 LAURA VAL | | | | |
| WORLD: 1:01.33 12/4/2009 LAURA VAL | | | | |
| 1 | Kim Thornton | 59 | NOVA | 1:23.23 |
| | 39.97 | | | 1:23.23 |

Event 12 Women 60-64 100 SC Meter Freestyle

| | | | | |
|---|----------------|----|---------|---------|
| NATL: 1:11.03 6/2008 BOAK/SHAPS | | | | |
| WORLD: 1:05.16 1/15/2011 LAURA VAL | | | | |
| 1 | Deborah Raboin | 60 | SDSM-44 | 1:24.82 |
| | 40.63 | | | 1:24.82 |
| 2 | Alta Stengel | 61 | SDSM-44 | 1:37.31 |
| | 44.94 | | | 1:37.31 |

Event 12 Men 30-34 100 SC Meter Freestyle

| | | | | |
|---|----------------|----|------|---------|
| NATL: 49.30 12/4/2009 TAMAS KEREKJARTO | | | | |
| WORLD: 49.04 10/12/2008 S.KUNZELMANN | | | | |
| 1 | Erik Pronovost | 30 | SOBA | 1:01.35 |
| | 29.43 | | | 1:01.35 |
| 2 | Alex Cheung | 31 | NOVA | 1:07.88 |
| | 32.79 | | | 1:07.88 |

Event 12 Men 35-39 100 SC Meter Freestyle

| | | | | |
|--|--------------------|----|---------|---------|
| NATL: 50.72 11/6/2009 MICHAEL PICOTTE | | | | |
| WORLD: 49.53 3/19/2000 JOHN MIRANDA | | | | |
| 1 | David Hughes | 37 | SDSM-44 | 1:00.04 |
| | 28.47 | | | 1:00.04 |
| 2 | Kelly Karren | 38 | UTAH-34 | 1:03.52 |
| | 30.01 | | | 1:03.52 |
| 3 | Giuseppe Lauritano | 38 | SDSM-44 | 1:27.81 |
| | 41.52 | | | 1:27.81 |

Event 12 Men 40-44 100 SC Meter Freestyle

| | | | | |
|--|------------------|----|---------|---------|
| NATL: 50.43 12/6/2008 MICHAEL ROSS | | | | |
| WORLD: 50.43 12/6/2008 MICHAEL ROSS | | | | |
| 1 | Dickie Fernandez | 40 | NOVA | 56.77 |
| | 27.49 | | | 56.77 |
| 2 | Kenton Jones | 44 | SDSM-44 | 59.52 |
| | 29.44 | | | 59.52 |
| 3 | Michael Clark | 43 | MVN | 1:03.05 |
| | 30.82 | | | 1:03.05 |
| 4 | Steve Gunnell | 41 | MVN | 1:03.15 |
| | 29.57 | | | 1:03.15 |
| 5 | John Gross | 42 | SDSM-44 | 1:11.38 |
| | 34.07 | | | 1:11.38 |
| 6 | Michael Nitsch | 43 | HSNM | 1:14.01 |
| | 33.81 | | | 1:14.01 |

| | | | | |
|---|-------------|----|------|---------|
| 7 | Jon Dubrick | 43 | ROSE | 1:17.34 |
| | 36.94 | | | 1:17.34 |
| 8 | John Parker | 43 | MVN | 1:17.81 |

Event 12 Men 45-49 100 SC Meter Freestyle

| | | | | |
|--|----------------|----|------|---------|
| NATL: 52.54 12/2/2007 PAUL SMITH | | | | |
| WORLD: 52.54 12/2/2007 PAUL SMITH | | | | |
| 1 | Tres Simmons | 46 | RCYM | 1:05.24 |
| | 31.85 | | | 1:05.24 |
| 2 | Larry Spejcher | 47 | UNAT | 1:14.65 |
| | 35.59 | | | 1:14.65 |
| 3 | Duncan Parlett | 49 | NOVA | 1:18.68 |
| | 38.25 | | | 1:18.68 |

Event 12 Men 50-54 100 SC Meter Freestyle

| | | | | |
|---|-----------------|----|------|---------|
| NATL: 51.61 10/17/2009 ROWDY GAINES | | | | |
| WORLD: 51.61 10/17/2009 ROWDY GAINES | | | | |
| 1 | Steven Ey | 51 | UNAT | 1:01.02 |
| | 29.37 | | | 1:01.02 |
| 2 | Ham Homan | 52 | MVN | 1:02.88 |
| | 30.24 | | | 1:02.88 |
| 3 | Philip Albright | 51 | MVN | 1:04.50 |
| | 30.62 | | | 1:04.50 |
| 4 | Gil Ochoa | 53 | FONT | 1:08.21 |
| | 32.62 | | | 1:08.21 |

Event 12 Men 60-64 100 SC Meter Freestyle

| | | | | |
|---|----------------|----|---------|---------|
| NATL: 56.63 12/7/2008 RICH ABRAHAMS | | | | |
| WORLD: 56.63 12/7/2008 RICH ABRAHAMS | | | | |
| 1 | Bill Behun | 60 | SDSM-44 | 1:00.87 |
| | 29.60 | | | 1:00.87 |
| 2 | Michael Farmer | 64 | ROSE | 1:24.42 |
| | 38.19 | | | 1:24.42 |

Event 12 Men 65-69 100 SC Meter Freestyle

| | | | | |
|--|---------------|----|---------|---------|
| NATL: 59.40 12/6/2009 DAVID QUIGGIN | | | | |
| WORLD: 58.68 12/3/2010 RICHARD ABRAHAMS | | | | |
| 1 | Dale Wilson | 66 | UNATS | 1:23.47 |
| | 37.92 | | | 1:23.47 |
| 2 | Mark Krakower | 68 | SDSM-44 | 1:45.45 |
| | 50.14 | | | 1:45.45 |

Event 12 Men 70-74 100 SC Meter Freestyle

| | | | | |
|--|---------------|----|---------|---------|
| NATL: 1:03.33 12/2/2007 JEFF FARRELL | | | | |
| WORLD: 1:03.33 12/2/2007 JEFF FARRELL | | | | |
| 1 | Stephen Cross | 70 | SDSM-44 | 1:45.68 |
| | 51.19 | | | 1:45.68 |

Event 12 Men 75-79 100 SC Meter Freestyle

| | | | | |
|--|-----------------|----|---------|---------|
| NATL: 1:05.13 4/19/2009 DAVID RADCLIFF | | | | |
| WORLD: 1:05.13 4/19/2009 DAVID RADCLIFF | | | | |
| 1 | Bob Best | 79 | SDSM-44 | 1:21.68 |
| | 38.02 | | | 1:21.68 |
| 2 | Robert McMeekin | 77 | SCMC | 2:15.53 |
| | 1:03.77 | | | 2:15.53 |

Mission Viejo Nadadores, Sanction #: 331-020
SCM Swim Meet - November 6, 2011

Results

Event 13 Women 30-34 200 SC Meter Butterfly

NATL: 2:19.34 10/5/2003 KATRINA RADKE

WORLD: 2:13.09 5/25/2008 HITOMI MATSUDA

1 Heidi Cough 30 NOVA 2:39.11
 35.98 1:16.58 1:57.93 2:39.11

Event 13 Men 55-59 200 SC Meter Butterfly

NATL: 2:19.72 3/21/2009 JOHN CRAIG

WORLD: 2:19.72 3/21/2009 JOHN CRAIG

1 Jon Schlueter 55 SDSM-44 3:35.45
 44.33 1:38.04 2:34.99 3:35.45

Event 14 Women 72-99 200 SC Meter Medley Relay

NATL: 2:07.15 10/17/2009 WALNUT CREEK

C MCGOWAN, R TUKUA, M STRUEMPF, A LEE

1 MBAC A 2:21.28
 1) Kelley LeBeau W22 2) Jen King W24
 3) Katherine Gillett W25 4) Jenny Berry W24
 36.47 1:16.03 1:51.17 2:21.28

Event 14 Women 200-239 200 SC Meter Medley Relay

NATL: 2:16.23 11/20/2005 OREGON

V JENKINS, C CRABBE, J WARD, K ANDRUS-HUGHES

WORLD: 2:15.65 5/22/2011 MSABC -CAN

S MACDONALD, D BRAULT, M KRZIC, R KELSALL

1 SDSM-44 A 3:09.76
 1) Catherine Moyer W31 2) Diane Hirakawa W62
 3) Kim Miller W56 4) Deborah Raboin W60
 43.05 1:40.75 2:31.13 3:09.76

Event 14 Men 160-199 200 SC Meter Medley Relay

NATL: 1:45.13 11/16/2008 LONGHORN

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

WORLD: 1:45.13 11/16/2008 LONGHORN AQUATICS -US

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1 SDSM-44 B 2:24.67
 1) Jay Akin M36 2) Giuseppe Lauritano M38
 3) Henry Morales M39 4) Peter Merz M49
 34.64 1:19.74 1:53.51 2:24.67

Event 14 Men 280-319 200 SC Meter Medley Relay

NATL: 2:15.49 12/6/2008 SAN DIEGO

V VAN BAALEN, P ANDERSEN, M FRESHLEY, D WEBSTER

WORLD: 2:15.49 12/6/2008 SAN DIEGO SWIM MASTERS -I

V VAN BAALEN, P ANDERSEN, M FRESHLEY, D WEBSTER

1 SDSM-44 C 2:59.12
 1) Eric Hubach M78 2) Frederick Hoppe M84
 3) John Gross M42 4) Bill Coles M76
 48.18 1:41.00 2:16.08 2:59.12

Event 14 Mixed 120-159 200 SC Meter Medley Relay

NATL: 1:53.07 12/10/2000 EL SEGUNDO

P FRANCIS, B BERGEN, M RINZLER, D GRANER-GALLAS

WORLD: 1:52.32 2/15/2009 TEAM DASH -JPN

H OGAWA, T HIRAKAWA, Y YAMAGUCHI, Y SAKAMOTO

1 SDSM-44 D 2:14.80
 1) Lara Paul W43 2) Caroline Krattli W49
 3) Kenton Jones M44 4) Mike Freshley M70
 36.52 1:12.74 1:43.93 2:14.80

2 FONT A 2:35.94

1) Martha Rothwell W35 2) Dannielle Shiomoto W22

3) Tom Slider M40 4) Gil Ochoa M53

35.11 1:26.34 2:06.77 2:35.94

Event 14 Mixed 200-239 200 SC Meter Medley Relay

NATL: 2:01.94 11/19/2006 OREGON

K ANDRUS-HUGHES, A STARK, A DELMAGE, W EDWARDS

WORLD: 2:01.94 11/19/2006 OREGON MASTERS -USA

K ANDRUS-HUGHES, A STARK, A DELMAGE, W EDWARDS

1 SDSM-44 E 2:46.18

1) Lolita Veloso W54 2) Bill Behun M60

3) Jon Schlueter M55 4) Kristina Maroudis W36

44.52 1:23.43 2:01.79 2:46.18

Event 15 Women 18-24 50 SC Meter Backstroke

NATL: 29.69 12/10/2000 PAIGE FRANCIS

1 Kelley LeBeau 22 MBAC 36.17

2 Cristina Pelaez 24 NOVA 37.69

Event 15 Women 30-34 50 SC Meter Backstroke

NATL: 27.61 11/21/2009 NORIKO INADA

WORLD: 27.43 4/19/2009 MAI NAKAMURA

1 Catherine Moyer 31 SDSM-44 41.65

2 Kathleen Meloney 31 NOVA 44.82

Event 15 Women 35-39 50 SC Meter Backstroke

NATL: 28.68 11/21/2009 SHERI HART

WORLD: 28.68 11/21/2009 SHERI HART

1 Tami Dismas 39 MVN 49.04

Event 15 Women 40-44 50 SC Meter Backstroke

NATL: 30.72 12/6/2009 JODY SMITH

WORLD: 30.00 4/18/2009 CINDY MABEE

1 Lara Paul 43 SDSM-44 35.67

2 M. Heather Messerly 43 UNAT 40.44

3 Heidi Khalil 40 ROSE 45.20

Event 15 Women 45-49 50 SC Meter Backstroke

NATL: 30.58 12/2/2007 K PIPES-NEILSEN

WORLD: 30.31 3/1/2009 K.PIPES-NEILSEN

1 Dara Goldsmith 45 LVM 41.94

2 Marcie Coon 47 MVAC 51.37

Event 15 Women 50-54 50 SC Meter Backstroke

NATL: 32.13 12/7/2008 K ANDRUS-HUGHES

WORLD: 30.58 3/19/2011 LESLIE LIVINGSTON

1 Lolita Veloso 54 SDSM-44 43.80

Event 15 Women 55-59 50 SC Meter Backstroke

NATL: 32.62 10/24/2009 LAURA VAL

WORLD: 32.62 10/24/2009 LAURA VAL

1 Kim Thornton 59 NOVA 45.76

Event 15 Women 60-64 50 SC Meter Backstroke

NATL: 36.81 12/12/2009 DIANN UUSTAL

WORLD: 33.94 10/3/2011 LAURA VAL

1 Alta Stengel 61 SDSM-44 52.60

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 15 Men 30-34 50 SC Meter Backstroke

NATL: 24.81 10/24/2009 DERYA BUYUKUNCU

WORLD: 24.81 10/24/2009 DERYA BUYUKUNCU

1 Alex Cheung 31 NOVA 36.59

Event 15 Men 35-39 50 SC Meter Backstroke

NATL: 25.72 10/18/2009 EDILSON SILVA

WORLD: 25.72 10/18/2009 EDILSON SILVA

1 Jay Akin 36 SDSM-44 34.56

Event 15 Men 60-64 50 SC Meter Backstroke

NATL: 30.80 12/5/2009 HUGH WILDER

WORLD: 30.50 4/18/2010 TAKEO HIRAMOTO

1 Michael Farmer 64 ROSE 45.52

Event 15 Men 70-74 50 SC Meter Backstroke

NATL: 33.90 12/7/2003 YOSHI OYAKAWA

WORLD: 33.90 12/7/2003 YOSHI OYAKAWA

1 Mike Freshley 70 SDSM-44 37.91

2 Douglas Goode 72 ROSE 1:10.82

Event 15 Men 75-79 50 SC Meter Backstroke

NATL: 35.51 11/16/2008 YOSHI OYAKAWA

WORLD: 35.51 11/16/2008 YOSHI OYAKAWA

1 Eric Hubach 78 SDSM-44 48.03

2 Bill Coles 76 SDSM-44 49.26

Event 16 Women 18-24 100 SC Meter Breaststroke

NATL: 1:08.89 12/10/1995 BEATA KASZUBA

1 Jen King 24 MBAC 1:25.88

40.55 1:25.88

2 Stefanie Capizzi 24 ROSE 1:29.16

41.50 1:29.16

Event 16 Women 35-39 100 SC Meter Breaststroke

NATL: 1:11.97 12/10/2000 CAROLINE KRATTLI

WORLD: 1:11.19 7/17/2010 LINLEY FRAME

1 Cynthia Lewis 36 NOVA 1:12.94

35.11 1:12.94

2 Martha Rothwell 35 FONT 1:36.37

45.74 1:36.37

Event 16 Women 45-49 100 SC Meter Breaststroke

NATL: 1:13.30 10/10/2010 S VON DER LIPPE

WORLD: 1:13.30 10/10/2010 S.VON DER LIPPE

1 Jasmine Stiles 45 SDSM-44 1:29.48

42.22 1:29.48

2 Lisa Augerson 48 MVN 1:34.38

45.00 1:34.38

Event 16 Women 50-54 100 SC Meter Breaststroke

NATL: 1:20.72 11/8/2008 JENNY COOK

WORLD: 1:16.49 8/30/2009 JENNY WHITELEY

1 Lynn Kubasek 53 NOVA 1:49.54

51.46 1:49.54

Event 16 Women 60-64 100 SC Meter Breaststroke

NATL: 1:30.58 3/25/2000 JOANN LEILICH

WORLD: 1:26.43 10/6/2002 HANNELORE ROSE

1 Diane Hirakawa 62 SDSM-44 2:10.82

1:02.42 2:10.82

Event 16 Men 30-34 100 SC Meter Breaststroke

NATL: 1:01.34 12/6/2008 JEFF COMMINGS

WORLD: 1:00.72 12/13/2008 MARCELO TOMAZINI

1 Chad Durieux 32 ROSE 1:13.69

34.91 1:13.69

Event 16 Men 35-39 100 SC Meter Breaststroke

NATL: 1:01.47 12/20/2009 JEFF COMMINGS

WORLD: 1:01.47 12/20/2009 JEFF COMMINGS

1 David Hughes 37 SDSM-44 1:21.31

38.48 1:21.31

2 Peter Attia 38 SDSM-44 1:25.56

40.35 1:25.56

3 Giuseppe Lauritano 38 SDSM-44 1:40.54

48.43 1:40.54

Event 16 Men 40-44 100 SC Meter Breaststroke

NATL: 1:03.33 12/5/2009 ROQUE SANTOS

WORLD: 1:02.42 11/30/2008 ALBERTO MONTINI

1 Jim Dietrich 40 NOVA 1:17.45

35.55 1:17.45

2 John Gross 42 SDSM-44 1:29.98

42.80 1:29.98

3 Michael Nitsch 43 HSNM 1:41.96

47.24 1:41.96

Event 16 Men 45-49 100 SC Meter Breaststroke

NATL: 1:04.69 12/5/2009 CHRIS WEISSMAN

WORLD: 1:04.62 3/26/2011 ROLLI RICO

1 Larry Spejcher 47 UNAT 1:36.20

44.77 1:36.20

Event 16 Men 50-54 100 SC Meter Breaststroke

NATL: 1:08.27 12/6/2008 BENN DOYLE

WORLD: 1:06.84 12/5/2010 DAVID GUTHRIE

1 Marlow Peterson 51 MVN 1:22.46

39.76 1:22.46

Event 16 Men 55-59 100 SC Meter Breaststroke

NATL: 1:09.93 12/5/2009 TIMOTHY SHEAD

WORLD: 1:08.13 9/25/2009 WALTER KUSCH

1 Gerard Von Hoffmann 55 NOVA 1:13.14

34.50 1:13.14

2 Val Trowbridge 57 MVN 1:41.14

47.35 1:41.14

Event 16 Men 60-64 100 SC Meter Breaststroke

NATL: 1:12.09 12/5/2009 ROBERT STRAND

WORLD: 1:12.09 12/5/2009 ROBERT STRAND

1 Howard Burns 60 MVN 1:27.06

40.92 1:27.06

2 J Steven Mott 62 UNAT 1:42.73

48.68 1:42.73

Event 16 Men 75-79 100 SC Meter Breaststroke

NATL: 1:35.87 10/12/2003 ROBERT MACDONALD

WORLD: 1:26.76 3/19/2011 HANS REICHEL

1 Bob Best 79 SDSM-44 1:53.66

52.20 1:53.66

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 17 Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 12/6/2009 ALEXANDRA LEE

| | | | | |
|---|-------------|---------|---------|---------|
| 1 | Jenny Berry | 24 | MBAC | 2:27.16 |
| | 33.49 | 1:09.85 | 1:48.63 | 2:27.16 |

Event 17 Women 25-29 200 SC Meter Freestyle

NATL: 1:59.78 3/31/1996 SHEILA TAORMINA

WORLD: 1:59.78 3/31/1996 SHEILA TAORMINA

| | | | | |
|---|-------------------|---------|---------|---------|
| 1 | Katherine Gillett | 25 | MBAC | 2:25.92 |
| | 33.88 | 1:10.85 | 1:49.37 | 2:25.92 |

Event 17 Women 30-34 200 SC Meter Freestyle

NATL: 2:04.64 12/15/1996 K PIPES-NEILSEN

WORLD: 2:02.60 11/20/2010 HITOMI MATSUDA

| | | | | |
|---|------------------|---------|---------|---------|
| 1 | Erica Seubert | 30 | ROSE | 2:39.90 |
| | 36.73 | 1:18.43 | 2:00.50 | 2:39.90 |
| 2 | Kathleen Meloney | 31 | NOVA | 2:47.07 |
| | 38.14 | 1:21.26 | 2:04.55 | 2:47.07 |

Event 17 Men 18-24 200 SC Meter Freestyle

NATL: 1:47.32 12/11/2005 NICK BRUNELLI

| | | | | |
|---|-------------|-------|---------|---------|
| 1 | Alec Alders | 22 | ROSE | 2:04.24 |
| | 27.99 | 59.63 | 1:32.17 | 2:04.24 |

Event 17 Men 25-29 200 SC Meter Freestyle

NATL: 1:48.81 12/10/1995 JOHN KEPPELER

WORLD: 1:48.81 12/10/1995 JOHN KEPPELER

| | | | | |
|---|----------------|---------|---------|---------|
| 1 | Daniel Ellison | 26 | FONT | 3:00.87 |
| | 40.34 | 1:26.47 | 2:14.93 | 3:00.87 |

Event 17 Men 30-34 200 SC Meter Freestyle

NATL: 1:49.58 10/24/2009 TAMAS KEREKJARTO

WORLD: 1:48.40 1/19/2008 JACOB CARSTENSEN

| | | | | |
|---|----------------|---------|---------|---------|
| 1 | Erik Pronovost | 30 | SOBA | 2:20.51 |
| | 31.54 | 1:07.48 | 1:44.77 | 2:20.51 |

Event 17 Men 35-39 200 SC Meter Freestyle

NATL: 1:51.31 12/14/2003 ERIK HOCHSTEIN

WORLD: 1:51.31 12/14/2003 ERIK HOCHSTEIN

| | | | | |
|---|--------------------|---------|---------|---------|
| 1 | Henry Morales | 39 | SDSM-44 | 2:28.59 |
| | 35.53 | 1:14.46 | 1:52.89 | 2:28.59 |
| 2 | Robert Bakh | 39 | MVN | 2:30.73 |
| | 34.51 | 1:12.61 | 1:51.78 | 2:30.73 |
| 3 | Giuseppe Lauritano | 38 | SDSM-44 | 3:27.93 |
| | 48.19 | 1:40.84 | 2:34.40 | 3:27.93 |

Event 17 Men 40-44 200 SC Meter Freestyle

NATL: 1:50.08 12/6/2008 MICHAEL ROSS

WORLD: 1:50.08 12/6/2008 MICHAEL ROSS

| | | | | |
|---|------------------|---------|---------|---------|
| 1 | Dickie Fernandez | 40 | NOVA | 2:07.30 |
| | 29.89 | 1:02.30 | 1:34.94 | 2:07.30 |
| 2 | Jon Dubrick | 43 | ROSE | 2:59.81 |
| | 38.03 | 1:24.09 | 2:59.81 | |

Event 17 Men 45-49 200 SC Meter Freestyle

NATL: 1:56.00 12/2/2007 PAUL SMITH

WORLD: 1:54.73 3/8/2008 KAI DITZEL

| | | | | |
|---|------------|---------|---------|---------|
| 1 | Peter Merz | 49 | SDSM-44 | 2:28.06 |
| | 34.91 | 1:13.12 | 1:52.09 | 2:28.06 |

| | | | | |
|---|-------------------|---------|---------|---------|
| 2 | Michael Whitehead | 46 | ROSE | 2:53.29 |
| | 40.26 | 1:23.39 | 2:08.75 | 2:53.29 |
| 3 | Duncan Parlett | 49 | NOVA | 2:56.01 |
| | 42.99 | 1:27.89 | 2:12.91 | 2:56.01 |

Event 17 Men 50-54 200 SC Meter Freestyle

NATL: 1:56.75 10/17/2009 BOB BUGG

WORLD: 1:54.61 10/14/2011 AMBROSE GAINES

| | | | | |
|---|-----------------|---------|---------|---------|
| 1 | Steven Ey | 51 | UNAT | 2:18.13 |
| | 31.45 | 1:06.18 | 1:42.81 | 2:18.13 |
| 2 | Philip Albright | 51 | MVN | 2:27.22 |
| | 34.49 | 1:11.93 | 1:50.39 | 2:27.22 |

Event 17 Men 60-64 200 SC Meter Freestyle

NATL: 2:10.04 12/13/2008 FRED SCHLICHER

WORLD: 2:09.50 12/5/2010 JIM MCCONICA

| | | | | |
|---|------------|---------|---------|---------|
| 1 | Bill Behun | 60 | SDSM-44 | 2:22.01 |
| | 31.88 | 1:08.02 | 1:45.58 | 2:22.01 |

Event 17 Men 65-69 200 SC Meter Freestyle

NATL: 2:15.39 10/17/2009 DAVID QUIGGIN

WORLD: 2:15.39 10/17/2009 DAVID QUIGGIN

| | | | | |
|---|---------------|---------|---------|---------|
| 1 | Mark Krakower | 68 | SDSM-44 | 3:52.97 |
| | 51.19 | 1:50.83 | 2:54.62 | 3:52.97 |

Event 18 Women 18-24 100 SC Meter IM

NATL: 1:01.74 12/6/2009 KARA DENBY

| | | | | |
|---|--------------------|---------|------|---------|
| 1 | Dannielle Shiomoto | 22 | FONT | 1:18.16 |
| | 35.80 | 1:18.16 | | |
| 2 | Cristina Pelaez | 24 | NOVA | 1:22.21 |
| | 37.61 | 1:22.21 | | |
| 3 | Jenny Berry | 24 | MBAC | 1:23.82 |
| | 40.19 | 1:23.82 | | |

Event 18 Women 30-34 100 SC Meter IM

NATL: 1:04.96 12/12/1999 WENKE HANSEN

WORLD: 1:02.55 2/13/2010 HITOMI MATSUDA

| | | | | |
|---|------------------|---------|------|---------|
| 1 | Kathleen Meloney | 31 | NOVA | 1:28.99 |
| | 41.90 | 1:28.99 | | |

Event 18 Women 35-39 100 SC Meter IM

NATL: 1:04.61 11/22/2009 SHERI HART

WORLD: 1:04.61 11/22/2009 SHERI HART

| | | | | |
|---|------------------|---------|------|---------|
| 1 | Stephanie Kramer | 37 | FMT | 1:22.97 |
| | 39.42 | 1:22.97 | | |
| 2 | Martha Rothwell | 35 | FONT | 1:30.18 |
| | 42.78 | 1:30.18 | | |
| 3 | Tami Dismas | 39 | MVN | 1:46.21 |
| | 51.15 | 1:46.21 | | |

Event 18 Women 40-44 100 SC Meter IM

NATL: 1:04.25 11/16/2008 S VON DER LIPPE

WORLD: 1:04.25 11/16/2008 S.VON DER LIPPE

| | | | | |
|---|-----------|---------|---------|---------|
| 1 | Lara Paul | 43 | SDSM-44 | 1:20.60 |
| | 36.39 | 1:20.60 | | |

Event 18 Women 45-49 100 SC Meter IM

NATL: 1:05.75 12/12/2009 K PIPES-NEILSEN

WORLD: 1:05.61 2/26/2009 K.PIPES-NEILSEN

| | | | | |
|---|----------------|---------|---------|---------|
| 1 | Jasmine Stiles | 45 | SDSM-44 | 1:18.54 |
| | 36.54 | 1:18.54 | | |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

(Event 18 Women 45-49 100 SC Meter IM)

| | | | | |
|---|-----------------|---------|------|---------|
| 2 | Julia Juliusson | 46 | NOVA | 1:28.39 |
| | 41.00 | 1:28.39 | | |
| 3 | Jennifer Smith | 45 | FONT | 1:41.07 |
| | 48.52 | 1:41.07 | | |

Event 18 Women 60-64 100 SC Meter IM

| | | | | |
|-------------------------------------|----------------|---------|---------|---------|
| NATL: 1:22.11 10/12/2008 RUTH SHAPS | | | | |
| WORLD: 1:16.59 10/3/2011 LAURA VAL | | | | |
| 1 | Diane Hirakawa | 62 | SDSM-44 | 2:06.67 |
| | 1:01.06 | 2:06.67 | | |

Event 18 Men 30-34 100 SC Meter IM

| | | | | |
|---|--------------|---------|------|---------|
| NATL: 56.46 10/24/2009 TAMAS KEREKJARTO | | | | |
| WORLD: 55.00 12/20/2008 STEFAN HERBST | | | | |
| 1 | Chad Durieux | 32 | ROSE | 1:12.37 |
| | 34.11 | 1:12.37 | | |

Event 18 Men 35-39 100 SC Meter IM

| | | | | |
|--------------------------------------|--------------|---------|---------|---------|
| NATL: 56.94 12/7/2003 RON KARNAUGH | | | | |
| WORLD: 56.37 12/21/2009 C.SORRENTINO | | | | |
| 1 | Kelly Karren | 38 | UTAH-34 | 1:11.94 |
| | 32.55 | 1:11.94 | | |
| 2 | Jay Akin | 36 | SDSM-44 | 1:13.95 |
| | 34.06 | 1:13.95 | | |
| 3 | Robert Bakh | 39 | MVN | 1:23.18 |
| | 39.72 | 1:23.18 | | |

Event 18 Men 40-44 100 SC Meter IM

| | | | | |
|--|--------------|---------|---------|---------|
| NATL: 57.71 10/18/2008 MICHAEL ROSS | | | | |
| WORLD: 57.39 1/10/2010 ALBERTO MONTINI | | | | |
| 1 | Jim Dietrich | 40 | NOVA | 1:08.97 |
| | 31.55 | 1:08.97 | | |
| 2 | John Gross | 42 | SDSM-44 | 1:22.99 |
| | 38.52 | 1:22.99 | | |

Event 18 Men 45-49 100 SC Meter IM

| | | | | |
|--|----------------|---------|------|---------|
| NATL: 1:00.14 11/22/2009 ANDERS RASMUSSEN | | | | |
| WORLD: 1:00.13 11/29/2009 EDWIN VAN NORDEN | | | | |
| 1 | Tres Simmons | 46 | RCYM | 1:15.32 |
| | 34.88 | 1:15.32 | | |
| 2 | Larry Spejcher | 47 | UNAT | 1:25.06 |
| | 40.22 | 1:25.06 | | |

Event 18 Men 55-59 100 SC Meter IM

| | | | | |
|---|---------------|---------|---------|---------|
| NATL: 1:03.48 12/12/2009 TIMOTHY SHEAD | | | | |
| WORLD: 1:03.48 12/12/2009 TIMOTHY SHEAD | | | | |
| 1 | Jon Schlueter | 55 | SDSM-44 | 1:24.00 |
| | 38.70 | 1:24.00 | | |

Event 18 Men 60-64 100 SC Meter IM

| | | | | |
|---|--------------|---------|-----|---------|
| NATL: 1:07.80 3/20/2010 GEORGE SCHMIDT | | | | |
| WORLD: 1:06.53 4/18/2010 TAKEO HIRAMOTO | | | | |
| 1 | Howard Burns | 60 | MVN | 1:17.92 |
| | 37.24 | 1:17.92 | | |

Event 18 Men 70-74 100 SC Meter IM

| | | | | |
|--|---------------|---------|------|---------|
| NATL: 1:15.92 6/16/2001 RONALD JOHNSON | | | | |
| WORLD: 1:14.73 4/19/2009 JACK KELSO | | | | |
| 1 | Douglas Goode | 72 | ROSE | 2:23.66 |
| | 1:09.40 | 2:23.66 | | |

Event 18 Men 75-79 100 SC Meter IM

| | | | | |
|--|----------|---------|---------|---------|
| NATL: 1:18.80 12/6/2009 BURWELL JONES | | | | |
| WORLD: 1:18.80 12/6/2009 BURWELL JONES | | | | |
| 1 | Bob Best | 79 | SDSM-44 | 1:38.62 |
| | 47.33 | 1:38.62 | | |

Event 18 Men 80-84 100 SC Meter IM

| | | | | |
|--|-----------------|---------|---------|---------|
| NATL: 1:32.65 12/4/2005 FRANK PIEMME | | | | |
| WORLD: 1:30.18 4/6/2008 ZENJI NAKAHARI | | | | |
| 1 | Frederick Hoppe | 84 | SDSM-44 | 1:51.95 |
| | 53.90 | 1:51.95 | | |

Event 19 Women 25-29 400 SC Meter Freestyle

| | | | | |
|--|--------------|---------|---------|---------|
| NATL: 4:24.18 3/31/1996 SHEILA TAORMINA | | | | |
| WORLD: 4:24.18 3/31/1996 SHEILA TAORMINA | | | | |
| 1 | Emily Parker | 26 | SDSM-44 | 4:40.58 |
| | 32.43 | 1:07.73 | 1:43.06 | 2:18.91 |
| | 2:54.58 | 3:30.27 | 4:05.91 | 4:40.58 |

Event 19 Women 30-34 400 SC Meter Freestyle

| | | | | |
|--|---------------|---------|---------|---------|
| NATL: 4:22.70 12/1/1996 K PIPES-NEILSEN | | | | |
| WORLD: 4:18.86 11/13/2010 HITOMI MATSUDA | | | | |
| 1 | Heidi Cough | 30 | NOVA | 4:54.54 |
| | 34.14 | 1:10.96 | 1:48.16 | 2:25.51 |
| | 3:02.59 | 3:40.16 | 4:17.55 | 4:54.54 |
| 2 | Erica Seubert | 30 | ROSE | 5:43.69 |
| | 38.18 | 1:21.04 | 2:05.03 | 2:50.67 |
| | 3:34.92 | 4:18.74 | 5:02.37 | 5:43.69 |

Event 19 Women 45-49 400 SC Meter Freestyle

| | | | | |
|--|----------------|---------|---------|---------|
| NATL: 4:25.34 5/16/2009 K PIPES-NEILSEN | | | | |
| WORLD: 4:25.34 5/16/2009 K.PIPES-NEILSEN | | | | |
| 1 | Suzanne Hughes | 45 | ROSE | 6:28.13 |
| | 44.56 | 1:32.67 | 2:21.76 | 3:11.20 |
| | 4:01.51 | 4:51.54 | 5:40.77 | 6:28.13 |

Event 19 Men 18-24 400 SC Meter Freestyle

| | | | | |
|--------------------------------------|-------------|---------|---------|---------|
| NATL: 4:03.45 12/10/1995 BRAD WINSOR | | | | |
| 1 | Alec Alders | 22 | ROSE | 4:20.56 |
| | 29.33 | 1:02.23 | 1:35.71 | 2:08.87 |
| | 2:42.50 | 3:15.98 | 3:48.73 | 4:20.56 |

Event 19 Men 25-29 400 SC Meter Freestyle

| | | | | |
|---------------------------------------|----------------|---------|---------|---------|
| NATL: 3:58.23 12/14/1997 ALEX KOSTICH | | | | |
| WORLD: 3:53.60 3/16/2007 SYLVAIN CROS | | | | |
| 1 | James Granados | 29 | ROSE | 4:52.25 |
| | 33.79 | 1:10.06 | 1:47.13 | 2:24.35 |
| | 3:01.31 | 3:38.46 | 4:15.48 | 4:52.25 |
| 2 | Daniel Ellison | 26 | FONT | 6:25.72 |
| | 41.71 | 1:28.71 | 2:17.71 | 3:08.08 |
| | 3:58.12 | 4:48.83 | 5:39.09 | 6:25.72 |

Mission Viejo Nadadores, Sanction #: 331-020

SCM Swim Meet - November 6, 2011

Results

Event 19 Men 30-34 400 SC Meter Freestyle

NATL: 3:57.47 10/4/2009 TAMAS KEREKJARTO

WORLD: 3:57.47 10/4/2009 TAMAS KEREKJARTO

| | | |
|------------------|---------|---------|
| 1 Erik Pronovost | 30 SOBA | 5:01.88 |
| 32.34 | 1:07.68 | 1:46.32 |
| 3:04.88 | 3:45.38 | 4:23.56 |
| | | 5:01.88 |

Event 19 Men 35-39 400 SC Meter Freestyle

NATL: 3:57.77 12/14/2003 ERIK HOCHSTEIN

WORLD: 3:57.77 12/14/2003 ERIK HOCHSTEIN

| | | |
|-----------------|------------|---------|
| 1 David Hughes | 37 SDSM-44 | 4:51.29 |
| 33.87 | 1:09.73 | 1:46.80 |
| 3:01.17 | 3:38.21 | 4:15.16 |
| | | 4:51.29 |
| 2 Henry Morales | 39 SDSM-44 | 5:17.18 |
| 36.81 | 1:17.28 | 1:58.67 |
| 3:20.68 | 4:00.73 | 4:40.23 |
| | | 5:17.18 |
| 3 Robert Bakh | 39 MVN | 5:29.08 |
| | 1:18.40 | 1:59.88 |
| | 3:23.34 | 4:05.63 |
| | | 4:48.09 |
| | | 5:29.08 |

Event 19 Men 45-49 400 SC Meter Freestyle

NATL: 4:09.19 11/1/2009 KEITH SWITZER

WORLD: 4:05.90 2/8/2008 KAI DITZEL

| | | |
|---------------------|---------|---------|
| 1 Michael Whitehead | 46 ROSE | 6:12.52 |
| 42.82 | 1:28.55 | 2:14.79 |
| 3:48.77 | 4:37.26 | 5:24.91 |
| | | 6:12.52 |

Event 20 Women 40-44 800 SC Meter Freestyle Requested Split

NATL: 9:09.71 6/20/2003 K PIPES-NEILSEN

WORLD: 9:09.71 6/20/2003 K.PIPES-NEILSEN

| | | |
|---------------|------------|----------|
| 1 Nancy North | 43 HSAM-SI | 11:24.43 |
|---------------|------------|----------|

Event 20 Women 60-64 800 SC Meter Freestyle Requested Split

NATL: 10:58.58 6/14/2009 BARBARA DUNBAR

WORLD: 10:21.68 1/15/2011 LAURA VAL

| | | |
|------------------|------------|----------|
| 1 Barbara Dunbar | 62 SDSM-44 | 11:39.52 |
|------------------|------------|----------|

Event 20 Men 85-89 800 SC Meter Freestyle Requested Split

NATL: 14:04.48 5/18/2008 WILLARD LAMB

WORLD: 14:04.48 5/18/2008 WILLARD LAMB

| | | |
|------------------|---------|----------|
| 2 Jurgen Schmidt | 88 LOST | 17:16.76 |
|------------------|---------|----------|

Event 21 Women 60-64 400 SC Meter Freestyle Requested Split

NATL: 5:22.47 11/1/2009 BARBARA DUNBAR

WORLD: 4:55.54 10/16/2011 LAURA VAL

| | | |
|------------------|------------|---------|
| 1 Barbara Dunbar | 62 SDSM-44 | 5:48.19 |
|------------------|------------|---------|